

Munch the friendly dragon



**Kirklees school
meals service**
with weekly menus



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School name:

St Mary's Catholic Primary School, Batley

For further information
Tel: 01484 221928
www.kirklees.gov.uk/schoolmeals

 **Kirklees**
COUNCIL

Introduction



It is very important for all young people to eat a healthy, balanced diet and Kirklees Catering Service takes this responsibility very seriously. Here are some facts about our service and the meals we offer in school:

- Schools serve a nutritious and tasty two course meal, freshly prepared on site at a set price of **£1.90** each day.
- Every menu is tailored to each individual school after consulting with our customers (you, your children and their teachers).
- All menus are planned in line with the Government's School Food Standards.
- We cater for Vegetarian, Halal and special diets. (If your child has a special dietary requirement or an allergy to any foods please inform the Head Teacher at their school, who will liaise with the kitchen supervisor to ensure your child's needs are met).
- Our service holds the prestigious Food for Life Silver Catering Mark Award. This means all our menus include a minimum of 75% freshly prepared dishes using local, seasonal and organic produce. We use free range eggs, farm assured meat, sustainable fish and ensure all food used is free from undesirable additives and preservatives .
- Primary schools have regular visits from our mascot, Munch the School Meals Dragon. Munch promotes healthy foods and educates children about healthy eating and lifestyles.
- We hold themed events, linked to what's happening in and out of school which make lunchtime educational and fun.
- Research has shown that children concentrate much better if they have eaten a healthy, balanced meal at lunchtime, which can support your child's learning in school.
- To find out more about school meals and view your child's school menu on line go to: www.kirklees.gov.uk/schoolmeals
- From September 2014 all children in Reception and Years 1 and 2 are entitled to free school meals. If you're on a low income and receive certain benefits you may be eligible for additional support such as free milk and free school meals for children not in reception or years 1 and 2. To find out more call **01484 221928**. All eligible parents should apply as it gives your child extra support and helps their school.

Week 1



School name: St Mary's Catholic Primary School, Batley

Monday

Oven Baked Sausage
Quorn Sausage
Pasta Bar with Various
Toppings
Fresh Seasonal Vegetables
Golden Sweetcorn
Creamed Mashed Potatoes

Fresh Fruit Salad & Ice
Cream
Assorted Muffins
Fresh Fruit
Yoghurts

Tuesday

Oven Baked Fish Fingers
Spaghetti Bolognese
Pasta & Jacket Potato Bar
with Various Toppings
Fresh Seasonal Vegetables
Garden Peas
New Potatoes with Parsley or
Garlic Bread

Chocolate Sponge with
Chocolate Sauce
Fruit & Jelly
Fresh Fruit
Yoghurts

Wednesday

Roast Pork Loin with
Seasoning & Gravy
Cheese & Onion Quiche
Pasta & Jacket Potato Bar
with Various Toppings
Carrot Batons
Cabbage
Roast & Creamed Potatoes

Assorted Homemade Biscuits
Angel Delight
Fresh Fruit
Yoghurts

Thursday

Chief's Homemade Pie of the
Day & Gravy
Bean & Cheese Pie
Panini & Jacket Potato Bar
with Various Toppings
Fresh Seasonal Vegetables
Broccoli
Saute Potatoes

Jam Sponge with Creamy
Custard
Gateau
Fresh Fruit
Yoghurts

Friday

A Selection of Homemade
Loaded Vegetable Pizzas
Chili Tortilla Wrap
Pasta & Jacket Potato Bar
with Various Toppings
Crunchy Coleslaw
Baked Beans
Oven Baked Chips
Wholegrain Rice

Fruit Scones
Abbey Crunch Biscuits
Fresh Fruit
Yoghurts

Week 2

Monday

Chicken Tikka Masala
Quorn Shepherds Pie
Pasta & Jacket Potato Bar
with Various Toppings
Fresh Seasonal Vegetables
Steamed Patna Rice

Creamy Rice Pudding with
Fresh Fruit
Raspberry Buns
Fresh Fruit
Yoghurts

Tuesday

Homemade Burger served in
a Bun
Salmon Fishcakes
Pasta & Jacket Potato Bar
with Various Toppings
Baked Beans
Crunchy Coleslaw
Oven Baked Chips

Fruit Crumble served with
Vanilla Custard
Shortbread Biscuits
Fresh Fruit
Yoghurts

Wednesday

Roast Turkey with Seasoning
& Gravy
Cheese & Onion Quiche
Pasta Bar & Various Toppings
Fresh Seasonal Vegetables
Carrot Batons
Cabbage
Oven Roast & Creamed
Potatoes

Chocolate & Courgette Cake
Raspberry Ice Cream Roll
Fresh Fruit
Yoghurts

Thursday

Sausage Rolls
Baked Bean & Pasta Cheese
Bake
Panini & Jacket Potato Bar
with Various Toppings
Sweetcorn
Fresh Seasonal Vegetables
Baby New Potatoes
Petit Pain Roll

Ginger Sponge served with
Creamy Custard
Devonshire Cream Split
Fresh Fruit, Yoghurts

Friday

Oven Baked Fish & Parsley
Sauce
Pizza Swirls
Pasta & Jacket Potato Bar
with Various Toppings
Garden Peas
Crispy Mixed Salad
Oven Baked Wedges

Fairy Bun served with
Milkshake or Fruit Juice
Assorted Fruit Cookie
Fresh Fruit
Yoghurts