



Intermediate knit

Yarn required for striped socks:	LADY	MAN
100g balls of Double Knitting yarn by Lincraft		
Main Colour (MC)	1	1
Contrast Colour (CC)	1	1
Yarn required for one colour socks:		
100g balls of Double Knitting yarn by Lincraft	1	2
Set of four 3.75mm double-pointed knitting needles		
Yarn needle		

TENSION:

25 sts and 33 rows to 10cm over stocking st, using 3.75mm needles.

Note - These socks have been designed to be worked on smaller needles at a firmer tension than usually recommended.

MEASUREMENTS:

Size:	LADY	MAN
To Fit Foot Length (cm)	24	27
Sock Length (cm)	20	24

STRIPED SOCKS

Using set of 3.75mm needles and MC, cast on 44 (48) sts on 3 needles as foll - Lady 14-16-14, for Man 16-16-16.

1st rnd: * K2, P2, rep from * to end.

Rep 1st round until work measures 3 (4) cm from beg.

Using CC, knit 2 rounds. Using MC, knit 2 rounds. Last 4 rounds form stripe patt. Cont in stripe patt until work measures approx 20 (24) cm from beg, ending with 1 round in MC. Break off CC.

Divide for heel

Using MC only, knit first 12 (13) sts of round on to one needle, slip last 12 (13) sts of round on to other end of same needle [these 24 (26) sts are for heel].

Leave rem sts (for instep) on one needle. Work 13 (15) rows stocking st on heel sts (always slipping first st purlways on a purl row and knitways on a knit row).

Turn heel

Man size only: 1st row: SI 1, K14, K2tog, K1, turn. Lady size only: 1st row: SI 1, K13, K2tog, K1, turn.



Both sizes:

2nd row: SI 1, P5, P2tog tbl, P1, turn.
3rd row: SI 1, K6, K2tog, K1, turn.
4th row: SI 1, P7, P2tog tbl, P1, turn.
5th row: SI 1, K8, K2tog, K1, turn.
6th row: SI 1, P9, P2tog tbl, P1, turn.
7th row: SI 1, K10, K2tog, K1, turn.
8th row: SI 1, P11, P2tog tbl, P1, turn.

Man size only:

9th row: SI 1, K12, K2tog, K1, turn. **10th row:** SI 1, P13, P2tog tbl, P1, turn.

Both sizes:

Next row: SI 1, K14 (15). **Next row:** SI 1, P15.

Next row: K8.

Using 1st needle: Knit rem 8 sts of heel, then knit up 10 (12) sts along side of heel; using 2nd needle, knit across all instep sts; using 3rd needle, knit up 10 (12) sts along other side of heel, then knit rem 8 heel sts ... 56 (62) sts.

Dec for instep

1st rnd: Using CC, knit.

2nd rnd: 1st needle, knit to last 3 sts, K2tog, K1; 2nd needle, knit; 3rd needle, K1, sl 1, K1, psso, knit to end ... 54 (60) sts.

3rd rnd: Using MC, knit.

4th rnd: 1st needle, knit to last 3 sts, K2tog, K1; 2nd needle, knit; 3rd needle, K1,

sl 1, K1, psso, knit to end ... 52 (58) sts. Rep last 4 rounds until 44 (48) sts rem.

Keeping stripe patt correct, cont without further dec until work measures 15 (18) cm from side of heel where sts were knitted up.

Shape toe

1st rnd: Keeping stripe patt correct, 1st needle, knit to last 3 sts, K2tog, K1; 2nd needle, K1, sl 1, K1, psso, knit to last 3 sts, K2tog, K1; 3rd needle, K1, sl 1, K1, psso, knit to end.

2nd rnd: Knit.

Rep 1st and 2nd rounds until 24 (28) sts rem. Knit 1 round, then 1st needle of next round. Divide sts evenly between 2 needles and graft sts tog.

FINISHING

Sew in all ends.

ONE COLOUR SOCKS

Work as for Striped Socks, working in one colour only throughout.

