

10th OPEN LUXEMBOURG NATIONALS
Luxembourg, 28. - 29.6.2014Event 2
28.06.2014 - 9:42

Women, 400m Freestyle

Open
Results

NatRec50	4:16.66	OLIVIER Monique	SL	Kirchberg	03.05.2014
MeetRec	4:13.40	TERINK Rieneke	NED	Luxembourg	29.06.2013

Luxembourg Champion : 5:26.00

Points: FINA 2014

Rank		YB			Time	Pts
Open						
1.	OLIVIER Monique	98	Swimming Luxembourg		4:20.44	774
	<i>Open Luxembourg Champion</i>					
	50m: 29.78 29.78	150m: 1:35.74	33.04	250m: 2:41.73	32.97	350m: 3:47.76 33.05
	100m: 1:02.70 32.92	200m: 2:08.76	33.02	300m: 3:14.71	32.98	400m: 4:20.44 32.68
2.	RUIVO Filipa Vilas	97	Portugal		4:27.80	712
	50m: 30.93 30.93	150m: 1:37.89	33.66	250m: 2:45.84	34.03	350m: 3:54.25 34.21
	100m: 1:04.23 33.30	200m: 2:11.81	33.92	300m: 3:20.04	34.20	400m: 4:27.80 33.55
3.	NETO Ana Goncalves	95	Portugal		4:33.93	665
	50m: 31.14 31.14	150m: 1:40.35	35.05	250m: 2:49.89	34.40	350m: 3:59.50 34.85
	100m: 1:05.30 34.16	200m: 2:15.49	35.14	300m: 3:24.65	34.76	400m: 4:33.93 34.43
4.	RUBIOLO Emma	99	Swimming Luxembourg		5:06.64	474
	50m: 33.02 33.02	150m: 1:50.11	39.79	250m: 3:09.24	39.87	350m: 4:28.86 40.15
	100m: 1:10.32 37.30	200m: 2:29.37	39.26	300m: 3:48.71	39.47	400m: 5:06.64 37.78
5.	BACK Jil	97	Schwammclub Deifferdang		5:08.59	465
	50m: 33.01 33.01	150m: 1:48.98	38.85	250m: 3:09.38	40.45	350m: 4:29.66 40.10
	100m: 1:10.13 37.12	200m: 2:28.93	39.95	300m: 3:49.56	40.18	400m: 5:08.59 38.93
6.	HEINEN Hannah	02	Schwammclub Deifferdang		5:21.44	411
	50m: 35.78 35.78	150m: 1:58.13	41.84	250m: 3:21.08	41.43	350m: 4:42.53 40.87
	100m: 1:16.29 40.51	200m: 2:39.65	41.52	300m: 4:01.66	40.58	400m: 5:21.44 38.91
7.	ROBAT Elize	02	Swimming Luxembourg		5:23.01	405
	50m: 35.38 35.38	150m: 1:58.31	42.18	250m: 3:20.59	41.36	350m: 4:43.42 41.28
	100m: 1:16.13 40.75	200m: 2:39.23	40.92	300m: 4:02.14	41.55	400m: 5:23.01 39.59
8.	HOLLERICH Anne	01	Swimming Club Le Dauphin Ett		5:23.83	402
	50m:	150m:		250m:		350m:
	100m: 1:15.99	200m: 2:40.12		300m: 4:02.99		400m: 5:23.83
9.	BLACK Rachael	01	Swimming Luxembourg		5:26.26	393
	<i>Time Limit</i>					
	50m: 32.86 32.86	150m: 1:53.55	42.29	250m: 3:19.48	43.03	350m: 4:45.81 43.46
	100m: 1:11.26 38.40	200m: 2:36.45	42.90	300m: 4:02.35	42.87	400m: 5:26.26 40.45
10.	WEYRICH Laura	01	Swimming Club Le Dauphin Ett		5:28.05	387
	<i>Time Limit</i>					
	50m: 36.58 36.58	150m: 2:00.74	41.71	250m: 3:24.65	41.94	350m: 4:49.49 41.43
	100m: 1:19.03 42.45	200m: 2:42.71	41.97	300m: 4:08.06	43.41	400m: 5:28.05 38.56
11.	REGENWETTER Laura	02	Schwammclub Deifferdang		5:29.17	383
	<i>Time Limit</i>					
	50m: 36.50 36.50	150m: 2:00.67	43.06	250m: 3:24.83	42.20	350m: 4:48.29 41.03
	100m: 1:17.61 41.11	200m: 2:42.63	41.96	300m: 4:07.26	42.43	400m: 5:29.17 40.88
12.	KUGENER Noemie	01	Cercle de Natation Dudelange		6:00.55	291
	<i>Time Limit</i>					
	50m: 37.46 37.46	150m: 2:06.60	45.42	250m: 3:39.53	45.56	350m: 5:14.34 46.58
	100m: 1:21.18 43.72	200m: 2:53.97	47.37	300m: 4:27.76	48.23	400m: 6:00.55 46.21



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Luxembourg Champion

1.	OLIVIER Monique	98	Swimming Luxembourg	4:20.44	774
	<i>Luxembourg Champion</i>				
	50m: 29.78 29.78	150m: 1:35.74 33.04	250m: 2:41.73 32.97	350m: 3:47.76 33.05	
	100m: 1:02.70 32.92	200m: 2:08.76 33.02	300m: 3:14.71 32.98	400m: 4:20.44 32.68	
2.	RUBIOLO Emma	99	Swimming Luxembourg	5:06.64	474
	50m: 33.02 33.02	150m: 1:50.11 39.79	250m: 3:09.24 39.87	350m: 4:28.86 40.15	
	100m: 1:10.32 37.30	200m: 2:29.37 39.26	300m: 3:48.71 39.47	400m: 5:06.64 37.78	
3.	BACK Jil	97	Schwammclub Deifferdang	5:08.59	465
	50m: 33.01 33.01	150m: 1:48.98 38.85	250m: 3:09.38 40.45	350m: 4:29.66 40.10	
	100m: 1:10.13 37.12	200m: 2:28.93 39.95	300m: 3:49.56 40.18	400m: 5:08.59 38.93	
4.	HEINEN Hannah	02	Schwammclub Deifferdang	5:21.44	411
	50m: 35.78 35.78	150m: 1:58.13 41.84	250m: 3:21.08 41.43	350m: 4:42.53 40.87	
	100m: 1:16.29 40.51	200m: 2:39.65 41.52	300m: 4:01.66 40.58	400m: 5:21.44 38.91	
5.	ROBAT Elize	02	Swimming Luxembourg	5:23.01	405
	50m: 35.38 35.38	150m: 1:58.31 42.18	250m: 3:20.59 41.36	350m: 4:43.42 41.28	
	100m: 1:16.13 40.75	200m: 2:39.23 40.92	300m: 4:02.14 41.55	400m: 5:23.01 39.59	
6.	HOLLERICH Anne	01	Swimming Club Le Dauphin Ett	5:23.83	402
	50m:	150m:	250m:	350m:	
	100m: 1:15.99	200m: 2:40.12	300m: 4:02.99	400m: 5:23.83	
7.	BLACK Rachael	01	Swimming Luxembourg	5:26.26	393
	<i>Time Limit</i>				
	50m: 32.86 32.86	150m: 1:53.55 42.29	250m: 3:19.48 43.03	350m: 4:45.81 43.46	
	100m: 1:11.26 38.40	200m: 2:36.45 42.90	300m: 4:02.35 42.87	400m: 5:26.26 40.45	
8.	WEYRICH Laura	01	Swimming Club Le Dauphin Ett	5:28.05	387
	<i>Time Limit</i>				
	50m: 36.58 36.58	150m: 2:00.74 41.71	250m: 3:24.65 41.94	350m: 4:49.49 41.43	
	100m: 1:19.03 42.45	200m: 2:42.71 41.97	300m: 4:08.06 43.41	400m: 5:28.05 38.56	
9.	REGENWETTER Laura	02	Schwammclub Deifferdang	5:29.17	383
	<i>Time Limit</i>				
	50m: 36.50 36.50	150m: 2:00.67 43.06	250m: 3:24.83 42.20	350m: 4:48.29 41.03	
	100m: 1:17.61 41.11	200m: 2:42.63 41.96	300m: 4:07.26 42.43	400m: 5:29.17 40.88	
10.	KUGENER Noemie	01	Cercle de Natation Dudelange	6:00.55	291
	<i>Time Limit</i>				
	50m: 37.46 37.46	150m: 2:06.60 45.42	250m: 3:39.53 45.56	350m: 5:14.34 46.58	
	100m: 1:21.18 43.72	200m: 2:53.97 47.37	300m: 4:27.76 48.23	400m: 6:00.55 46.21	

Luxembourg Juniors

1.	OLIVIER Monique	98	Swimming Luxembourg	4:20.44	774
	50m: 29.78 29.78	150m: 1:35.74 33.04	250m: 2:41.73 32.97	350m: 3:47.76 33.05	
	100m: 1:02.70 32.92	200m: 2:08.76 33.02	300m: 3:14.71 32.98	400m: 4:20.44 32.68	
2.	RUBIOLO Emma	99	Swimming Luxembourg	5:06.64	474
	50m: 33.02 33.02	150m: 1:50.11 39.79	250m: 3:09.24 39.87	350m: 4:28.86 40.15	
	100m: 1:10.32 37.30	200m: 2:29.37 39.26	300m: 3:48.71 39.47	400m: 5:06.64 37.78	

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Luxembourg Jeunes

1.	HOLLERICH Anne		01	Swimming Club Le Dauphin Ett	5:23.83	402
	50m:		150m:	250m:	350m:	
	100m: 1:15.99		200m: 2:40.12	300m: 4:02.99	400m: 5:23.83	
2.	BLACK Rachael		01	Swimming Luxembourg	5:26.26	393
	<i>Time Limit</i>					
	50m: 32.86	32.86	150m: 1:53.55	42.29	250m: 3:19.48	43.03
	100m: 1:11.26	38.40	200m: 2:36.45	42.90	300m: 4:02.35	42.87
					350m: 4:45.81	43.46
					400m: 5:26.26	40.45
3.	WEYRICH Laura		01	Swimming Club Le Dauphin Ett	5:28.05	387
	<i>Time Limit</i>					
	50m: 36.58	36.58	150m: 2:00.74	41.71	250m: 3:24.65	41.94
	100m: 1:19.03	42.45	200m: 2:42.71	41.97	300m: 4:08.06	43.41
					350m: 4:49.49	41.43
					400m: 5:28.05	38.56
4.	KUGENER Noemie		01	Cercle de Natation Dudelange	6:00.55	291
	<i>Time Limit</i>					
	50m: 37.46	37.46	150m: 2:06.60	45.42	250m: 3:39.53	45.56
	100m: 1:21.18	43.72	200m: 2:53.97	47.37	300m: 4:27.76	48.23
					350m: 5:14.34	46.58
					400m: 6:00.55	46.21

Luxembourg Pupilles

1.	HEINEN Hannah		02	Schwammclub Deifferdang	5:21.44	411
	50m: 35.78	35.78	150m: 1:58.13	41.84	250m: 3:21.08	41.43
	100m: 1:16.29	40.51	200m: 2:39.65	41.52	300m: 4:01.66	40.58
					350m: 4:42.53	40.87
					400m: 5:21.44	38.91
2.	ROBAT Elize		02	Swimming Luxembourg	5:23.01	405
	50m: 35.38	35.38	150m: 1:58.31	42.18	250m: 3:20.59	41.36
	100m: 1:16.13	40.75	200m: 2:39.23	40.92	300m: 4:02.14	41.55
					350m: 4:43.42	41.28
					400m: 5:23.01	39.59
3.	REGENWETTER Laura		02	Schwammclub Deifferdang	5:29.17	383
	<i>Time Limit</i>					
	50m: 36.50	36.50	150m: 2:00.67	43.06	250m: 3:24.83	42.20
	100m: 1:17.61	41.11	200m: 2:42.63	41.96	300m: 4:07.26	42.43
					350m: 4:48.29	41.03
					400m: 5:29.17	40.88