

RONAN MCCORMACK PRESENTS

Riverdance 2014

THE IRISH DANCE WORKSHOP WITH



RONAN MCCORMACK ADCRG
DR BREANDÁN DE GALLAÍ
ZARA CURTIS TCRG
BELINDA MURPHY ADCRG
KEVIN MCCORMACK ADCRG
ÁINE CROSSAN NCEF NSSM

CELEBRATING 20 YEARS SINCE
RIVERDANCE
PREMIERED IN DUBLIN AT
THE EUROVISION SONG CONTEST

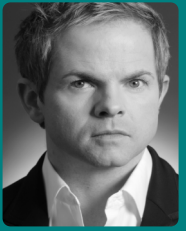
LIFFEY TRUST STUDIOS
DUBLIN
JULY 28TH - AUGUST 1ST 2014

CONTACT: [INFO@TREBLEHOP.COM](mailto:info@treblehop.com)

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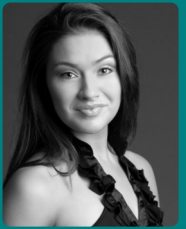
Join original troupe members, former lead dancers and the sports therapist from Riverdance for **Rince 2014** – a challenging week of Irish Dance aimed at improving your fitness, footwork and performance skills. All levels and ages are welcome, so come along and learn to dance like a pro!



Ronan Mc Cormack ADCRG is one of the worlds most sought after Irish Dance choreographers. Following a 20-year competitive career that saw Irish, British, North American and World successes, he became part of the original Riverdance troupe. He subsequently toured the UK, USA and Canada with Riverdance, not only dancing but also playing keyboards with the Orchestra. Ronan's numerous television appearances include Celebrity Jigs 'n' Reels for RTE, Strictly Irish Dancing for TV3 and Jigs & Wigs - The Extreme World of Irish Dancing for BBC/RTE.



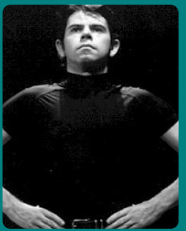
As principal dancer with Riverdance for seven years, **Dr Breandán de Gallaí** performed in Europe, Asia, Australia and New Zealand. He graduated with an MA in Ethnochoreology from the University of Limerick in 2009 and recently received his PHD in Arts Practice. His choreography includes Balor, The Rite of Spring and The Rising and he produced, directed and choreographed **Noctú**, which was nominated for 2 Drama Desk Awards on Broadway in 2012. He is also one of the judges on TG4's An Jig Gig.



Zara Curtis TCRG began performing professionally at the age of 15 and within a year became a member of the Riverdance Flying Squad. In 2003, she put her studies on hold to tour full-time with the show. As principal dancer for 4 years, she performed throughout Europe, Asia and North America. In 2007 she qualified as a TCRG. The following year she featured in Celtic Thunder on PBS and subsequently toured with the show. She recently graduated from St. Patrick's College in Dublin. She also runs the successful Curtis Academy of Irish Dance.



Belinda Murphy ADCRG was not only a member of the original Riverdance troupe, but she was also the assistant choreographer for Eurovision '94. Alongside her successful competitive Irish Dance school - Beldance Academy, Belinda is also one of Ireland's most sought after choreographers for stage and screen. She is the staging director for the hugely popular Celtic Thunder. Her screen credits include choreography for The Tudors (Showtime), Camelot (Starz Network), The Vikings (History Channel) and the Golden Globe winning Albert Nobbs starring Glen Close.



A 10 time World Irish Dance Champion, **Kevin McCormack ADCRG** was a member of the original Riverdance troupe for Eurovision. He went on to tour with the show for 6 years. He was Dance Captain for the Lee and Lagan companies, as well as principal understudy. Before Riverdance he graduated from Trinity College in Dublin with a Bachelor of Science in Pharmacy. He now runs his own pharmacy in Dublin, though he still finds time to teach - traveling regularly to Poland to give classes. He is in constant demand to adjudicate feiseanna worldwide.



Áine Crossan is a leading professional in Pain Management, Pilates and Personal Training. She works with clients from across the globe, specialising in chronic pain, sports injuries, postural and pain rehabilitation. Áine has a background in performance, graduating with a BA in Drama and English from the University of Coleraine. She understands the stress placed on those in the arts and having worked for two years as a sports injury therapist with Riverdance, she offers tailor-made instruction to Irish Dancers, helping to increase fitness and strength while avoiding injury.



There will be an evening of Set Dancing at The Green Room with **Gerard Butler** on Thursday, July 31st. This is included in the cost of the workshop, friends & family may attend for a nominal fee. We will also arrange group rates for any Irish Dance productions on in Dublin at the time. More information to follow.



Venue: **Liffey Trust Studios** (117-126 Upper Sheriff Street, Dublin 1) is a state-of-the-art facility in Dublin's Docklands. Located next to the O2 Arena and The Point LUAS stop, it has nine fully equipped dance studios and it's own restaurant/bar **The Green Room**.

Classes

Everyday starts with a class designed to warm up the body, improve core strength and prevent injury. Following this, each participant will take classes, at the appropriate level, in solo technique, stage performance, céilí and show style. The schedule/content will vary from day to day and the participants will work with all the teachers over the course of the workshop.

Levels

Intending participants are asked to provide accurate information about their previous dance experience. This will allow them to be placed in the appropriate class. If, at the time of the workshop, the teachers feel a participant has been misplaced, they will be changed to the group/class that best suits their level of ability.

Minors

A chaperone will be on hand to accompany younger participants during break times. Parents or friends will not be permitted into a class unless they themselves are taking the class. During breaks, participants under 16 will not be allowed to leave the venue without parental consent. The organisers of "Rince 2014" request that minors be collected promptly when their scheduled classes have finished for the day.

Injury

If the participant has an existing injury or medical condition that may be aggravated by intense dancing, he/she must state this on the application form. If, at any stage, a participant feels unwell or unable to dance, it is his/her responsibility to inform the teacher and to stop dancing.

Feis

If the participant is a competitive dancer and attends the classes of a teacher registered with one of the Irish Dancing organisations, it is his/her responsibility to inform the teacher(s) of their attendance at "Rince 2014". This must also be declared on the application form.

Dress

Appropriate soft/hard shoes or dance sneakers must be worn for all classes, except at beginner level, where a light running shoe or trainer will be permitted. Participants should wear comfortable clothing that allows movement i.e. track pants or shorts and a T-shirt. Denim jeans are not appropriate.

General

- Mobile phones must be switched off during class.
- Video recording will be permitted for personal use only. However, recording must not cause undue delay to the progress of the class.
- Water is the only beverage permitted in the studios. Food must not be consumed in any of the studios. Chewing gum is not permitted anywhere in the venue.
- Lunch can be purchased in **The Green Room** bar, part of the Liffey Trust facility.

Cost

The cost of the workshop is €350.00 To secure a place, a **non-refundable** deposit of €175.00 must accompany the application form. Closing date for applications by post is May 23rd, by e-mail is June 20th. The balance is payable on commencement of "Rince 2014". Bank transfer is preferable. Cheques/drafts are to be made payable to Ronan McCormack. Credit card payment through "Paypal" is possible, however, this will incur a €10.00 processing fee. Please e-mail to request account details for bank transfer or for the credit card option.

Extras

Classes in Comhrá Gaeilge (Irish language conversation), Bodhrán and Tin Whistle will be offered if there is sufficient demand. (Times & cost to be confirmed, pending applications.) Please indicate on your application form if you are interested in any of these classes.

Contact

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sms: +1 503 333 7088/+353 87 636 9371



APPLICATION FORM

NAME

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ADDRESS

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TELEPHONE

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E-MAIL

.....

AGE

OVER 18 UNDER 18 – PLEASE STATE

MINORS

MY **SON / DAUGHTER** (UNDER 16) **CAN / CAN NOT** LEAVE THE VENUE DURING BREAK TIMES WITHOUT ACCOMPANIMENT.

SIGNED: CONTACT NO:

INJURY

DO YOU SUFFER FROM ANY MEDICAL CONDITION OR HAVE YOU AN EXISTING INJURY THAT MAY BE AGGRAVATED BY INTENSE DANCING?

NO YES – PLEASE STATE:

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DANCE HISTORY

GIVE A BRIEF DESCRIPTION OF YOUR IRISH DANCE HISTORY. IF COMPETITIVE, GIVE THE NAME OF THE SCHOOL AND ORGANISATION. IF BEGINNER, GIVE DETAILS OF ANY OTHER DANCE EXPERIENCE.

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EXTRA CLASSES

GAEILGE BODHRÁN TIN WHISTLE

EXTRA CLASSES WILL BE CONFIRMED AFTER CLOSING DATE - SUBJECT TO DEMAND

CLOSING DATE FOR APPLICATIONS: by post – MAY 23rd 2014 / by e-mail – JUNE 20th 2014