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#### THE VIOLENCE GENE

## The violence gene has not been mentioned in the discussion of the Newtown Massacre! WHY NOT?

If you are a carrier of a particular set of genes, then your probability of committing a violent crime goes up by **eight hundred and eighty-two percent**.\*

The statistics from the U.S. Department of Justice can be broken down into two groups: crimes committed by the population that carries this specific set of genes and by the population that does not.

If you carry these genes, you are eight times more likely to commit aggravated assault, ten times more likely to commit armed robbery, and forty-four times more likely to commit sexual assault. The overwhelming majority of prisoners carry these genes, as do 98.4% of those on death row. "It seems clear enough that the carriers are strongly predisposed toward a different type of behavior-and these statistics alone indicate that we cannot presume that everyone is coming to the table equally equipped in terms of drives and behaviors." (INCOGNITO page 159) As regards to these dangerous set of genes, you've probably heard of them. They are summarized as the Y chromosome. If you're a carrier, we call you a male.

I would welcome emails of your opinion as to why these genes aren't mentioned in the discussion? Write me at <a href="Mewton@AngerBusters.com">Newton@AngerBusters.com</a>
\*INCOGNITO The Secret Lives of The Brain, by David Eagleman, Ph.D., (Neuroscientist at Baylor College of Medicine and Director of The Initiative on Neuroscience and The Law) page 158.

### **Weekend Intensive**

The Center for Anger Resolution, Inc. offers a limited number of Weekend Intensives throughout the year that are tailored to the specific recovery needs of each man and his partner. For men who want to be in recovery from angry and abusive behavior, it is strongly suggested that the intensive work be done with the spouse/mate present. The spouse/mate/girlfriend would serve in the role of a consultant to help the man do the work he needs to do.



I would be the therapist the entire weekend with just you and your partner. This is not a group session.

For More Information Click **HERE!** 

# Anger Busting 101: New ABC's For Angry Men and The Women Who Love Them



In this ground breaking book, Newton Hightower explains how he was once a rageaholic, tried meditation, pillow-pounding and other methods to release his anger to no avail. He kept thinking he could gain control and change his behavior. Through his own experience with rage, and the consequences of being fired and becoming depressed, he developed this revolutionary way to recover from anger. And now he shares his methods with you to free you from the chains of rage and destruction.

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## **Men's Group Openings - Wednesday**

Newton Hightower has been leading men's groups in Houston for the last 30 years, first at the V.A. hospital and then in private practice. He is a frequent speaker at local and national professional associations and is the Director of The Center for Anger Resolution. Newton has been selected for years by judges and psychiatrists to work with the most rageful, violent men they see.

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