

Yoga Program

12 days

Ban Sabai



Big Buddha Retreat & Spa - Samui



- 1 Arriving/ transfer
Aroma therapy
Herbal bath
diet menu
- 2 Morning Drink
Yoga
diet breakfast
Infrared Sauna
Thai Massage
diet lunch menu
Rreflexology
diet Dinner
- 3 Morning juices
Yoga
Breakfast
juices
Foot massage
Herbal bath
Body scrub
Diet dinner
- 4 Morning Drink
Yoga
Breakfast
Infrared Sauna
Thai Massage
vegetable juices
Diet Dinner



Ban Sabai Big Buddha
59 Moo 4, Ban bangrak
Koh Samui 84320 THAILAND
www.bansabai.com



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- 5 Morning Drink
- Yoga
- Breakfast
- swimming
- juices
- Herbal steam room
- Diet dinner

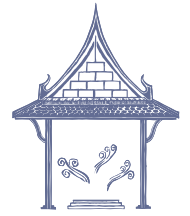
- 6 Morning Drink
- Yoga
- Breakfast
- Infrared Sauna
- swimming
- Steam or sauna room
- Juice
- facial massage
- Diet Dinner



- 7 Morning Drink
- Yoga
- Breakfast
- Thai Massage
- vegetable juices
- Diet Dinner

- 8 Morning Drink
- Yoga
- Breakfast
- Steam room
- Infrared Sauna
- Diet Lunch
- Body Scrub
- vegetable juices
- Diet Dinner





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- 9 Morning Drink
- Yoga
- Breakfast
- Diet Lunch
- juices
- herbal steam room
- juices
- diet Dinner

- 10 Morning Drink
- Yoga
- Breakfast
- Steam or sauna room
- Diet lunch
- facial massage
- Diet dinner



- 11 Morning Drink
- Yoga
- Breakfast
- Body Scrub
- diet lunch
- diet dinner

- 12 Morning Drink
- Yoga
- Breakfast
- departure/ transfer

Package as listed, price without accommodation
Bht 51,500 (tax and service included)

