



TAMAR

Trauma, Addiction, Mental Health And Recovery

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Where and Why

- SAMHSA grant through 2014
- Kent County
- Statewide expansion
- Billable

What TAMAR is

- Psychoeducational Treatment
 - 11 sessions
 - Male Veterans/Military
 - Men
 - Females
 - (Female Veterans/Military)
 - Educates clients on trauma
 - Prepares clients for more in-depth treatment

Male Military Modules

- Module 1: What is Trauma
- Module 2: PTSD and TBI
- Module 3: What is Battlemind
- Module 4: Adjusting to Cultural Change
- Module 5: Risky Behavior
- Module 6: Trauma and Addiction
- Modules 7 & 8: Containment
- Module 9: Tolerating Stress
- Module 10: Self Soothing
- Module 11: Wrap Up and Graduation

Statistics as of March 2012

- Over 156 people have been screened
- 42 have graduated from class and 9 dropped out
- 13 additional men and women are currently in class
- Several more are awaiting approval to start classes
- 10 have been denied approval for the program by the review panel

Evaluation Statistics

- 30 of 50 enrolled in the program have completed baseline interviews
- Age ranged 19 to 59 for all 50
- 73% (22) served in the military (14 Army, 4 Marines, 3 Air Force, 1 Navy)
- 13 clients served in Afghanistan/Iraq, 5 served from 5/75 thru 7/90, 3 in the Persian Gulf, and 3 in Vietnam

Anecdotal findings

- Veterans with combat trauma prefer to be in classes with other veterans with combat trauma
- Many veterans have trauma related issues that are derived from experiences prior to their military involvement
- There is a perception from some that non-combat-related trauma is less worthy of treatment than combat-related trauma



Access To Recovery 3 (ATR) Rhode Island

A Voucher Program for Substance Abuse Treatment and Recovery Support Services funded by a grant from SAMHSA to the Dept. of Behavioral Healthcare, Developmental Disabilities & Hospitals

Recovery Support Services



- **Child Care**
- **Employment Services or Job Training**
- **Recovery Housing**
- **Interpreter Services**
- **Life Skills**
- **Mental Health Counseling**
- **Psychiatric Eval/Assessment and medication checks**
- **Recovery Coach/Peer Mentoring**
- **Care Coordination**
- **Spiritual and Faith-Based support**
- **Transportation**

Questions?