

Northern Region Gender Dysphoria Service

The Northern Region Gender Dysphoria Service provides a specialist assessment and treatment service for people who experience persistent confusion and / or discomfort with their gender. This includes people who want to change physical aspects of their gender as well as those who do not.

The service is based at Walkergate Park Hospital, Newcastle upon Tyne.

The service provides:

- Psychiatric and Psychological assessments
- Support and counselling
- Speech and language therapy, depending upon need
- Advice to other Professionals on medical treatments, such as hormone and surgical treatments

The service is commissioned by NHS England and is available to anyone over the age of 18 years.

The multidisciplinary Team includes staff who have a wide variety of skills and experience and include:

- Consultant Psychiatrists
- Consultant Endocrinologist
- Clinical Psychologist
- Speech and language therapist
- Sexual Health and Psychosexual Counsellors
- Mental Health Nurses
- Administration and Secretarial Staff

Shining a light on the future



Referrals

Referrals are accepted from General Practitioners (GP) and other Healthcare Professionals. It is important that any referral includes background information on physical and mental health medication.

For further information or to discuss a referral, please contact:

Northern Region Gender Dysphoria Service

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Walkergate Park Hospital
Benfield Road
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