

# Coach/Parent Open 2-Mile

## Final Results

Place	Name	Gender	Finish Time
1	Carlos Castillo	M	10:28.2
2	Zach Nave	M	10:36.3
3	Kevin Dinglasqu	M	10:44.2
4	Justin Coffeen	M	10:58.2
5	Chris Cola	M	10:58.7
6	Andy Howard	M	11:01.1
7	Joe Lehr	M	11:05.2
8	Sean Gwi	M	11:16.9
9	Brad Bryon	M	11:17.6
10	Wm. McGraff	M	11:47.3
11	Dominic Olguin	M	11:49.9
12	Monte Walia	M	11:50.2
13	Micael Zanetti	M	11:55.6
14	Ian Inman	M	12:22.8
15	Rubin Escamilla	M	12:32.5
16	Faith Hall	F	12:37.1
17	Ed Wahl	M	12:47.5
18	Art Martinson	M	12:54.0
19	Ian McCullough	M	12:55.7
20	Carl Triola	M	12:58.0
21	Paul Berg	M	13:00.6
22	Brad Zanetti	M	13:09.8
23	Adam Marcus	M	13:14.3
24	Chris Mason	M	13:15.5
25	Ann Aganon	F	13:35.7

## Final Results

Place	Frosh-Soph Boys 4x100 Team	Finish Time
1	Healdsburg	47.76
2	Rancho Cotate A	47.83
3	El Molino	48.36
4	Lowell	48.64
5	Tamalpais	48.89
6	Rancho Cotate B	48.96
7	San Rafael	48.99
8	Petaluma	49.19
9	Calaveras	49.32
10	Ukiah	NT

## Final Results

Place	Varsity Girls 4x100 Team	Finish Time
1	Novato	50.43
2	Petaluma	51.92
3	Fortuna	52.17
4	Skyline 'B'	52.55
5	Notre Dame Belmont 'A'	52.62
6	Rancho Cotate	53.09
7	Lowell	53.27
8	Tamalpais	53.80
9	Kelseyville	54.56
10	Tamalpais	55.49
11	Notre Dame Belmont 'B'	55.91
12	Rancho Cotate	56.09

## Final Results

Place	Varsity Boys 4x100 Team	Finish Time
1	Jesse Bethel	43.37
2	Elsie Allen	44.43
3	Calaveras	45.33
4	Tamalpais	45.34
5	Skyline	45.55
6	Washington	45.95
7	Petaluma	46.50
8	Rancho Cotate 'B'	46.60
9	Casa Grande	46.80
10	Lowell	46.88
11	Kelseyville	DQ

## Open Boys 1600

### Final Results

Place	Name	Team	Finish Time
1	Kavanaugh	DC	4:44.28
2	Justin Ferreira	Montg	4:46.63
3	Calvin Thigpen	MCar	4:46.97
4	Chris Bendana	MCar	4:47.89
5	Barrett Ross	SRosa	4:53.79
6	Phil Yee	Lowell	4:56.00
7	Alex Chan	Lowell	4:56.98
8	Nicky Miley	Lowell	4:57.00
9	Jacob Hollinger	CasaG	5:00.00
10	James Nguyen	Lowell	5:00.05
11	Ben Nelson	Petalum	5:01.25
12	Jin Dunn	SRosa	5:01.66
13	James Swearingen	MCar	5:02.20
14	Aller	Albany	5:03.63
15	David Hauge	CNewm	5:06.24
16	Eddie Gibbs	CNewm	5:06.30
17	Ryan Chodora	SRosa	5:06.55
18	Carlin Lee	Lowell	5:08.46
19	McCabe	MCar	5:09.00
20	Rinde	DC	5:09.22
21	Matt Henn	Tamal	5:09.42
22	Daniel Breazele	Montg	5:09.92
23	Jon Martindill	Montg	5:10.03
24	Tony Gomez	Ukiah	5:10.26
25	Nutter	DC	5:11.34
26	Robin Villeda	SRafael	5:11.80
27	Matteo D'Orio	Albany	5:11.85
28	Marks	DC	5:12.31
29	Kevin Xu	Lowell	5:12.80
30	Maseo Taylor	Albany	5:14.22
31	Arron Zvala	CNewm	5:14.90
32	Lucas Wilhelm	SFork	5:15.82
33	Andrew McGillivray	SRosa	5:16.57
34	Sam Congdon	Tamal	5:16.67
35	Jason Petersen	SRosa	5:16.72
36	Austin Hermsillo	SRosa	5:16.84
37	Travis Mueller	Healds	5:17.52
38	Vincent Gulli	Wash	5:17.72
39	Brendon James	Petalum	5:17.92
40	Hal Tayloe	CNewm	5:18.22
41	Jesse Eldridge	SFork	5:18.36
42	Timothy Pang	Skyline	5:18.42
43	Taylor Healy	Novato	5:18.91
44	John Vivio	Montg	5:21.86
45	Excel Love	Skyline	5:21.89
46	Daniel Otero	Ukiah	5:22.75
47	Jake Lindbloom	ElMo	5:23.00
48	Mike White	CasaG	5:24.23
49	Nick Olsen	Tamal	5:25.15
50	Juan Gonzalez	Healds	5:25.50
51	Tinsberg	DC	5:25.60
52	Brenner	DC	5:25.80
53	Ott	Montg	5:25.86
54	Jack Slevin	Petalum	5:25.90
55	Solomon Leung	CasaG	5:26.00
56	Samuel DeRose	Skyline	5:27.35
57	Connor Bryon	CasaG	5:27.62
58	James Anderson	Piner	5:28.75
59	Mike Goncalves	SanLor	5:29.89
60	Graham Farrington	Petalum	5:30.00
61	DeVron Randle	Skyline	5:31.60
62	Kevin Kwong	Wash	5:31.97
63	Brandon Christian	Skyline	5:38.39
64	Shawn Williams	Calav	5:42.26
65	Daniel Steiger	Montg	5:53.16
66	Kris Gerlinger	Calav	5:53.69
67	Matt Wright	Healds	5:59.74
68	Zander Fung	Montg	6:02.67
69	Thomas Dineen	StVinc	6:29.91
70	Bode	Calav	6:41.04
71	David Zou	Wash	6:41.21
72	William Bernick	Wash	7:23.50
73	Marcel Madison	Skyline	5:21.91

## Open Girls 1600

### Final Results

Place	Name	Team	Finish Time
1	Asma Mohammadi	Albany	5:38.50
2	Alex Bannet	DC	5:42.56
3	Steger	Novato	5:48.50
4	Rebecca Wheeler	Tamal	5:49.20
5	Kelly Lucchesi	Petalum	5:50.38
6	Claire Wilson	StHelena	5:50.47
7	Meghan Murnane	NDB	5:50.88
8	Kelsey Olson	Novato	5:52.32
9	Chelsea Fenton	SMarin	5:52.69
10	Evelina Vu	Lowell	5:56.46
11	Wen-Wai Yim	Lowell	5:58.54
12	Natalie Buck-Bauer	Albany	5:59.61
13	Marielle Ponticello	Ursu	5:59.88
14	Jordan Davis	MCar	6:00.61
15	Cassidy Reich	Healds	6:01.41
16	Lia Armstrong	NDB	6:03.71
17	Kelly O'Leary	MCar	6:04.06
18	Nikki Muench	Albany	6:05.26
19	Denisha Brekke	SRafael	6:07.23
20	Welch	DC	6:09.61
21	KT Trask	Montg	6:09.63
22	Michaela Powell	NDB	6:10.52
23	Mikaela DeRousseau	MCar	6:11.92
24	Marian Wahl	Montg	6:12.06
25	Stacy Lee	Lowell	6:12.21
26	Annie Immordino	Ursu	6:12.57
27	Yesenia Fernandez	NDB	6:14.83
28	Elena Thurman	Albany	6:16.69
29	Sara DiRado	MCar	6:17.93
30	Alana Nur	Tamal	6:18.17
31	Mandy Chan	Albany	6:23.11
32	Karyn Smoot	Lowell	6:23.94
33	Michelle Conklin	Healds	6:24.53
34	Denia Perez	SRosa	6:24.53
35	Carlston	Montg	6:27.24
36	Colleen Daley	NDB	6:27.90
37	Jenny Tse	Lowell	6:28.21
38	Carrie Coats	Tamal	6:29.88
39	Crystal Padilla	SanLor	6:30.49
40	Arielle Lehmer	Kelsey	6:30.55
41	Elsa Pearson	Tamal	6:30.57
42	Allison Hegarty	Midtown	6:30.79
43	Emily Woods	Tamal	6:31.10
44	Elana Martinez	RanchoC	6:31.33
45	Katharine Wyatt	Montg	6:31.37
46	Melinda Wong	Lowell	6:31.78
47	McManus	Montg	6:31.97
48	Dianna Gutierrez	CasaG	6:33.03
49	Maille McCallister	Kelsey	6:34.91
50	Kelsey Murphy	ElMo	6:35.21
51	Brittany Scott	ElMo	6:36.80
52	Guillermina De LaCruz	CasaG	6:37.32
53	Marief Rossman	Tamal	6:38.28
54	Cassandra Dorscht	SanLor	6:43.32
55	Juliana Rodriguez	SanLor	6:44.11
56	Emma Romero	SanLor	6:45.56
57	Vicky Lopez	EAllen	6:47.29
58	Hesther Fan	Wash	6:47.84
59	Hannah Duenwald	Wash	6:47.85
60	Serna	St. V	6:49.19
61	Claire Sanford	MCar	6:52.10
62	Alana Ayasse	Skyline	6:57.99
63	Madeleine Mountain	Skyline	6:58.22
64	Lauren Zanetti	Montg	6:59.15
65	Michelle Zanetti	Montg	7:02.57
66	Ailey	Montg	7:02.99
67	Kylie Kenney	CasaG	7:08.51
68	Katherine Krassovsky	RanchoC	7:15.14
69	Elizabeth Davey	Montg	7:16.25
70	Katherine Bagby Underwood	Skyline	7:24.66
71	Mary Morrila	RanchoC	7:26.50
72	Sara Peterson	Ukiah	7:29.63
73	Diana Klatt	Montg	7:32.62
74	Annette Bergeron	SanLor	7:40.94

## F/S Boys 1600

### Final Results

Place	Name	Team	Finish Time
1	Alex Hartz	MCar	4:40.07
2	Yungert	Petalum	4:42.34
3	Mark Bretan	Novato	4:47.79
4	Nathan Huckeba	MCar	4:48.31
5	Quin Coughlin	Montg	4:48.82
6	Brandon Felipe	Petalum	4:49.71
7	Grant Williams	MCar	4:49.73
8	Mitchell	DC	4:50.31
9	Grace	DC	4:54.27
10	Patrick Foley	Petalum	4:56.10
11	Eric Rodriguez	Lowell	4:56.65
12	James Cruz	Montg	4:58.02
13	Chris Lowell	Tamal	4:59.67
14	Hans Meimban	Lowell	5:01.57
15	Ryan Burger	RanchoC	5:02.62
16	Tristan Cole	StHelena	5:03.01
17	Anthony Blackburn	SRosa	5:03.54
18	Steven Chu	Skyline	5:04.28
19	Brian Shea	Albany	5:04.90
20	Bennett	Novato	5:05.45
21	Ray Cortes	CasaG	5:06.23
22	Sam Strobino	SRosa	5:06.56
23	Cesar Melgar	SMarin	5:06.80
24	Mark Henry	Windsor	5:08.43
25	Jeremy Dedmon	Midtown	5:08.53
26	Micheal Fearon	Tamal	5:08.82
27	Gabriel Patterson-King	Lowell	5:09.36
28	Mena	DC	5:11.50
29	Reza Rezvani	Albany	5:11.99
30	Daniel Wetmore	Skyline	5:13.92
31	Steven Morales	RanchoC	5:14.49
32	Cody Jones	Calav	5:17.58
33	Andrew Kincaide	StVinc	5:25.63
34	Stivi Vangadio	EAllen	5:27.57
35	Russell Rosenthal	Midtown	5:27.60
36	Billy McGrath	SanLor	5:28.30
37	Casey Burke	CasaG	5:28.34
38	Jonathan Oh	Wash	5:28.34
39	Travis Dornbush	Calav	5:30.27
40	Brendan McCormick	Wash	5:38.96
41	Tyler Soberanis	Ukiah	5:39.16
42	Trevor Carlsen	StVinc	5:45.70
43	Andrew Corpus	Ukiah	5:55.26
44	Beau Woodson	Kelsey	5:55.50
45	Arsenio Tah	EAllen	6:34.99

# Varsity Girls 1600

## Final Results

Place	Name	Team	Finish Time
1	Kristen Sanzari	MCar	5:07.72
2	Jacqui Wentz	MCar	5:13.84
3	Leanne Fogg	MCar	5:14.91
4	Brittney Escamilla	EIMo	5:21.83
5	Shannon Rich	RanchoC	5:25.85
6	Sam Smiley	NDB	5:29.02
7	Laura Rogina	Windsor	5:29.47
8	Corrina Carter	Novato	5:29.92
9	Jennifer Martindill	Montg	5:40.10
10	Susanna Liu	Lowell	5:40.22
11	Karin Dove	Montg	5:42.56
12	Kelsey Ripp	SRafael	5:43.31
13	Alizah Rotman	Novato	5:45.61
14	Lyle	Ukiah	5:47.79
15	Jessica Wi	Skyline	5:49.66
16	Briana Van Epps	SMarin	5:49.71
17	Jenny Liu	Wash	5:50.18
18	Alizia Ochoa	SanLor	5:56.03
19	Jaimie Ngo	Lowell	5:57.72
20	Candace Borders	SRosa	5:58.07
21	Kelly O'Brien	CasaG	6:01.27
22	Adina Lipitz	RanchoC	6:02.71
23	Gabrielle Siragusa	StVinc	6:30.32
24	Victoria Lam	Skyline	6:37.23



# Varsity Boys 1600

## Final Results

Place	Name	Team	Finish Time
1	Brian Cole	StHelena	4:27.17
2	Sterling Lockkey	Petalum	4:27.27
3	Blake McDowall	Montg	4:28.49
4	Justin Mcquaid	Windsor	4:30.93
5	Walker Weir	Lowell	4:33.25
6	Descalso	DC	4:33.36
7	Willie Godfrey	Skyline	4:33.58
8	Always	DC	4:33.71
9	John McGrath	Tamal	4:38.82
10	Sean Purcell	Skyline	4:39.50
11	Justin Huang	Albany	4:42.19
12	Michael Park	Tamal	4:43.16
13	Garcia	DC	4:45.53
14	Mike Novak	Lowell	4:46.15
15	Jeremy Cutcher	Montg	4:46.45
16	Bryant Benter	SMarin	4:47.15
17	Rory McLeod	SRosa	4:48.52
18	Cisneros	RanchoC	4:49.93
19	Matt Lamberson	Windsor	4:57.64
20	Javier Gonzalez	SanLor	5:01.93
21	Raymond Lee	Wash	5:10.23
22	Sean Hayes	RanchoC	5:12.12
23	Brendan von Koss	StVinc	5:15.79
24	Jorge Romero	SanLor	5:17.66
25	Joseph Hanson-Hirt	StVinc	5:41.13

# Varsity Girls 100 Hurdles

## Final Results

Place	Name	Team	Finish Time
1	Suzanne Howard	SRosa	16.09
2	Shelley Song	Lowell	16.16
3	Kara Hernandez	Novato	16.79
4	Claire Jansen	Tamal	16.90
5	Viktoria Low	Fortuna	17.40
6	Ali Carroll	Petalum	17.63
7	Kara Cunningham	RanchoC	17.75
8	Claire Frazer	Healds	17.75
9	Rachel Agostini	Montg	18.01
10	Anjelica Dupar	Piner	18.85
11	Shannon Jordon	RanchoC	18.88
12	Linda Tran	Novato	18.95
13	Claire Heidecker	EIMo	18.99
14	Aimee Eason	Calav	19.23
15	Becca Dunford	Piner	19.40
16	Maura Ruffallo	Montg	19.87
17	Adrianna Lomelli	SRosa	19.93
18	Chrystal Moore	Skyline	20.37
19	Tina Aong	Lowell	20.47
20	Kimia Beigi	NDB	20.65
21	Kelsey Leetham	Calav	20.92
22	Ashlyn Lazarom	Calav	21.32
23	Alexis Staver	NDB	21.52
24	Katie King	Kelsey	23.84
25	Alex Mitchel	Tamal	DQ

# Varsity Boys 110 Hurdles

## Final Results

Place	Name	Team	Finish Time
1	<b>Miles Callihan</b>	Fortuna	<b>16.22</b>
2	<b>Ross Blanchard</b>	Novato	<b>16.30</b>
3	<b>Richie Larson</b>	Windsor	<b>16.73</b>
4	<b>Andrew Codagnone</b>	CNewm	<b>17.02</b>
5	<b>Skylar Rice</b>	Fortuna	<b>17.05</b>
6	<b>Alex Vassall</b>	MCar	<b>17.06</b>
7	<b>Dale Willey</b>	EIMo	<b>17.10</b>
8	<b>Andrew Chau</b>	CNewm	<b>17.15</b>
9	<b>Jared Totemier</b>	EAllen	<b>17.48</b>
10	<b>Peter Geiszler</b>	Tamal	<b>17.64</b>
11	<b>Jesse Webster</b>	Healds	<b>17.96</b>
12	<b>Peter Abrahams</b>	RanchoC	<b>18.03</b>
13	<b>Gabe Martin</b>	EIMo	<b>18.07</b>
14	<b>James Grant</b>	CasaG	<b>18.41</b>
15	<b>Taylor Hilburn</b>	MCar	<b>18.42</b>
16	<b>Casey Zaro</b>	Calav	<b>19.24</b>
17	<b>Geoffrey Chu</b>	Lowell	<b>19.48</b>
18	<b>Charles Lee</b>	Wash	<b>19.75</b>
19	<b>Aaron Tse</b>	Albany	<b>20.93</b>
20	<b>Ray Giragossian</b>	SRafael	<b>21.41</b>
21	<b>Nick Gniadek</b>	Kelsey	<b>21.49</b>
22	<b>Brian Serbent</b>	Petalum	<b>21.84</b>
23	<b>Chris McCloskey</b>	SRosa	<b>NT</b>

# Open Boys 400

## Final Results

Place	Name	Team	Finish Time
1	<b>Matt Renolds</b>	Tamal	<b>53.54</b>
2	<b>Gavin Cahill</b>	Petalum	<b>54.19</b>
3	<b>Dan Haller</b>	Albany	<b>54.48</b>
4	<b>Hummel</b>	Calav	<b>54.99</b>
5	<b>Thomas Dineen</b>	StVinc	<b>55.10</b>
6	<b>Max Smith</b>	Montg	<b>56.06</b>
7	<b>Nathan Houle</b>	Healds	<b>56.63</b>
8	<b>Connor Fagent</b>	MCar	<b>56.64</b>
9	<b>Spencer Husen</b>	SMarin	<b>58.03</b>
10	<b>Jason Kitchen</b>	MCar	<b>58.04</b>
11	<b>Alex Chan</b>	Lowell	<b>58.23</b>
12	<b>Gabriel Patterson-King</b>	Lowell	<b>58.37</b>
13	<b>Solomon Leung</b>	CasaG	<b>58.89</b>
14	<b>Taylor</b>	CNewm	<b>59.13</b>
15	<b>Fillice</b>	StVinc	<b>59.69</b>
16	<b>Kai kaluahine</b>	Piner	<b>59.97</b>
17	<b>Hans Meimban</b>	Lowell	<b>60.24</b>
18	<b>Parwaiz Razban</b>	Albany	<b>60.32</b>
19	<b>Kyle Mancini</b>	Healds	<b>60.34</b>
20	<b>Taylor</b>	Albany	<b>60.39</b>
21	<b>Jeff McLaughlin</b>	SMarin	<b>60.83</b>
22	<b>Chris Nielands</b>	EIMo	<b>60.88</b>
23	<b>Camozzi</b>	StVinc	<b>60.98</b>
24	<b>Nicholas McCarthy</b>	StVinc	<b>61.00</b>
25	<b>Eric Rodriguez</b>	Lowell	<b>61.12</b>
26	<b>Joel Madera</b>	SRafael	<b>62.25</b>
27	<b>Shawn Rainey</b>	StVinc	<b>62.30</b>
28	<b>Carlin Lee</b>	Lowell	<b>63.34</b>
29	<b>Kevin Xu</b>	Lowell	<b>64.90</b>
30	<b>Ahmadra</b>	SRafael	<b>67.28</b>
31	<b>Kris Gerlinger</b>	Calav	<b>68.29</b>
32	<b>Eric Nadal</b>	StVinc	<b>70.88</b>

# Open Girls 400

## Final Results

Place	Name	Team	Finish Time
1	Rita Pearson	Montg	63.04
2	Alyssa Carey	MCar	64.07
3	Siena Von Knopka	Albany	64.52
4	Amy Hall	NDB	65.84
5	Molly Maloney	Tamal	66.24
6	Olivia Blackstone	Tamal	66.34
7	Arianna Gurrola	Montg	66.42
8	Leigh Whiting	Montg	67.66
9	Amy Lebichuck	Montg	68.24
10	Frances Leong	Lowell	68.31
11	Meagan Sweeney	Montg	68.36
12	Whitney Turner	SRafael	68.69
13	Jessica Reagon	EIMo	68.94
14	Victoria Frazier	Kelsey	69.06
15	Crystal Danelik	Montg	69.41
16	Wen-Wai Yim	Lowell	70.21
17	Melinda Wong	Lowell	70.49
18	Evelina Vu	Lowell	70.75
19	Carlie Kohler	EIMo	71.75
20	Stacy Lee	Lowell	73.60
21	Elise Levikow	Midtown	74.33
22	Karyn Smoot	Lowell	75.33

# F/S Boys 400

## Final Results

Place	Name	Team	Finish Time
1	Keegan Richerson	Albany	53.39
2	Jeremiah Mahan	EIMo	53.66
3	Alex Taylor	Healds	54.41
4	Cody Jinright	Petalum	55.80
5	Chace Hart	Midtown	56.21
6	Dominick Triola	MCar	56.23
7	Clint Jones	Calav	56.61
8	Marcus Fleming	RanchoC	57.13
9	Mario Galvez	SRafael	57.65
10	Ronnie Weidman	RanchoC	58.92
11	Jeff Admas	SRosa	59.02
12	Dante Fountain	Healds	59.17
13	Taylor Rubio	Ukiah	59.37
14	Matthew Leyva	SRafael	59.87
15	Hans Geiszler	Tamal	60.21
16	Kyle Bennelli	Piner	60.84
17	Troy Davis	Kelsey	62.04
18	Andrew Kincaide	StVinc	62.44
19	Kyle Teran	Ukiah	64.31
20	Paulo Wendt	Petalum	64.64
21	Brian Aller	Albany	DQ

# Varsity Girls 400

## Final Results

Place	Name	Team	Finish Time
1	Asha Treadwell	Skyline	62.70
2	Casandra Satingin	SanLor	63.34
3	Cara Brook	Petalum	63.83
4	Lindsay Yellen	Tamal	64.45
5	Chema Ahanotu	RanchoC	65.51
6	Natalie Cook	Healds	65.55
7	Lorien Patmore	Fortuna	65.84
8	Sandra Maravilla	Skyline	66.37
9	Devin Patrick	Tamal	66.82
10	Lea Steinhoff	RanchoC	67.50
11	Ashley Albert	SanLor	68.26
12	Lauren Swing	Calav	68.69
13	Stephanie Patterson	Windsor	69.78

# Varsity Boys 400

## Final Results

Place	Name	Team	Finish Time
1	Josh Jackson	EAllen	48.95
2	Alvin Dixon	JBeth	49.69
3	Michael Carroll	Petalum	52.02
4	Ty Olson	MCar	52.32
5	Jacob Erbeck	Calav	52.84
6	Ronnie Blakenship	RanchoC	53.62
7	Carl Braun	CasaG	53.92
8	Josh Lamden	Tamal	54.10
9	Mike McFarlin	SRosa	54.37
10	Michael Elliff	Piner	54.52
11	Noah Hompton	Tamal	55.74
12	Tim Derner	CNewm	55.92
13	B. Aller	Albany	56.54
14	Alex Embusch	SRafael	56.65
15	Tyler Bronstein	SRafael	56.87
16	Gabriel Osorio	Skyline	57.59
17	Bill Li	Skyline	58.71



# Open Boys 100

## Final Results

Place	Name	Team	Finish Time
1	Wes Briones	Albany	11.75
1	Tim Warren	EAllen	11.75
3	Kenny Prince	Montg	11.87
4	Tanner Olsen	Kelsey	12.05
5	Josh Wendler	EAllen	12.10
6	Michael Wong	Lowell	12.22
7	Casey Quinn	RanchoC	12.30
8	Mitch Bacci	EIMo	12.33
9	Tom Tower	Petalum	12.34
10	Eddie Whitmore	CNewm	12.37
11	Nicholas McCarthy	StVinc	12.48
12	Andrew Aviles	CNewm	12.51
13	Tony Massey	EIMo	12.54
14	Gebre	Piner	12.56
15	Matt Lucas	RanchoC	12.58
16	Smith	Montg	12.63
17	Eric Sory	RanchoC	12.66
18	Rey Carillo	Healds	12.69
19	Jared Beam	Healds	12.73
20	Ernie Garcia	Kelsey	12.73
21	Anthony Beradini	Petalum	12.75
22	Mike Bie	CNewm	12.75
23	Chris Courchaine	RanchoC	12.75
24	Michael Wu	Lowell	12.76
25	Michael Uyeno	Novato	12.78
26	Dillan Ellis	RanchoC	12.82
27	Eric Arneson	Healds	12.88
28	Neilands	EIMo	12.88
29	DeMon Jones	Wash	12.93
30	Andy Rush	RanchoC	12.94
31	Daniel Schwartz	Tamal	12.95
32	Kai Kaluahine	Piner	12.97
33	Justin Lee	CasaG	13.01
34	Edgar Martinez	SRafael	13.04
35	Joe Mederios	Piner	13.14
36	Demarcus Wysinger	SRafael	13.18
37	Minh Phung	SRafael	13.20
38	Ethan Shawlee	Montg	13.22
39	Lindbloom	EIMo	13.24
40	Roger Serrano	SRafael	13.25
41	Savanna Pin	EAllen	13.29
42	Tyler Hurley	Novato	13.30
43	Andrew Chen	Wash	13.36
44	Andrew Erikson	Novato	13.52
45	Svinth	Petalum	13.52
46	Ben Lowy	Tamal	13.65
47	Kamron Shushtar	Wash	14.20
48	Lamar Banks	Wash	14.28
49	Eric Nadal	StVinc	15.40

# Open Girls 100

## Final Results

Place	Name	Team	Finish Time
1	Malia Shannon	Kelsey	13.25
2	Karina Mcelroy	Petalum	13.40
3	Pang	Montg	13.67
4	Laura Tallent	Petalum	13.75
5	Abby Greenough	Calav	13.77
6	Kate Shubert	Healds	13.87
7	Breanna Izzo	Novato	13.87
8	Emily Hosea	Lowell	13.90
9	Hailey Ramirez	Calav	13.91
10	Scott	Tamal	13.94
11	Amanda Horne	Kelsey	13.99
12	Jenna Blemgino	EAllen	14.00
13	Jordan Bizzel	Novato	14.03
14	Angela Scherba	NDB	14.10
15	Caitlin Ellis	NDB	14.18
16	Claire Janson	Tamal	14.18
17	Angelina Ryan	Kelsey	14.19
18	Alexandria Skikos	EIMo	14.23
19	Christina Bretnbuecher	Tamal	14.25
20	Sarah Serbent	Petalum	14.28
21	Andrea Klinkman	SMarin	14.30
22	Maura Ruffatto	Montg	14.32
23	Elaine Polson	MCar	14.36
24	Courtney Raffaeli	Petalum	14.37
25	Hannah Shore	Tamal	14.38
26	Rebekah Selby	MCar	14.38
27	Arianna Gurrola	Montg	14.45
28	Tina Aong	Lowell	14.46
29	Bethany Lybeck	EIMo	14.46
30	Amanda Moore	Kelsey	14.47
31	Annie Greene	Tamal	14.59
32	Heather Hukill	RanchoC	14.67
33	Lazaron	Calav	14.72
34	Gina Erle	NDB	14.80
35	Kohler	EIMo	14.81
36	Rebecca Elliot	SRosa	15.12
37	Amie Lamden	Tamal	15.21
38	Kimia Beigi	NDB	15.26
39	Rebekah Row	Healds	15.52
40	Nina Polk	Montg	15.71
41	Freza Paro	Midtown	15.71
42	Amanda Matthews	SRafael	15.72
43	Alexis Staver	NDB	15.83
44	Melissa Pray	NDB	16.29
45	Carol Lee	Wash	16.85

# F/S Boys 100

## Final Results

Place	Name	Team	Finish Time
1	David Dinh	SRosa	11.75
2	Jordan Norris	Skyline	11.92
3	Steve Flynn	EIMo	11.94
4	Maurice Barton	Wash	12.05
5	Justin Hauser	SRosa	12.12
6	Andy Harris	CNewm	12.24
7	Alex Chu	CasaG	12.34
8	Dante Fountain	Healds	12.35
9	Maverick Bohn	Healds	12.38
10	Nick Dengler	MCar	12.40
11	Wang Han	Lowell	12.42
12	Jake Hummel	Calav	12.60
13	Josh McFarland	RanchoC	12.65
14	Juan Gramajo	SRafael	12.75
15	Tyler Carr	CNewm	12.82
16	Will Johnston	SRafael	12.89
17	Cody Jinright	Petalum	12.98
18	Enbysk	EA	13.33
19	Josh Hunter	Calav	13.92
20	Moreno	UK	14.90
21	Guerruro	UK	15.47

# Varsity Girls 100

## Final Results

Place	Name	Team	Finish Time
1	<b>Kelly Guyton</b>	Novato	<b>12.61</b>
2	<b>Kristin Jellison</b>	SRosa	<b>12.84</b>
3	<b>Malaina Payton</b>	Fremont	<b>12.94</b>
4	<b>Stephaine Labarthe</b>	Novato	<b>13.04</b>
5	<b>Linden McGreevy</b>	Tamal	<b>13.12</b>
6	<b>Sara Fletcher</b>	Fortuna	<b>13.14</b>
7	<b>Courtney Carter</b>	Lowell	<b>13.23</b>
8	<b>Carmen Calder</b>	Windsor	<b>13.24</b>
9	<b>Sadie Chen</b>	MCar	<b>13.31</b>
10	<b>Lundgrem</b>	MCar	<b>13.35</b>
11	<b>Amanda Boyle</b>	NDB	<b>13.36</b>
12	<b>Makala Keys</b>	CasaG	<b>13.37</b>
13	<b>Erin Foster</b>	StVinc	<b>13.54</b>
14	<b>Tara Bescancon</b>	Healds	<b>13.58</b>
15	<b>Natalie Cook</b>	Healds	<b>13.67</b>
16	<b>Emily Dalby</b>	Montg	<b>13.91</b>
17	<b>Devon Flannigan</b>	NDB	<b>14.02</b>
18	<b>Melissa Plinski</b>	Windsor	<b>14.30</b>

# Varsity Boys 100

## Final Results

Place	Name	Team	Finish Time
1	<b>Bobby Guillory Jr.</b>	JBeth	<b>10.87</b>
2	<b>Josh Jackson</b>	EAllen	<b>11.32</b>
3	<b>Ryan Gallagher</b>	Tamal	<b>11.33</b>
4	<b>Maurice Whitlock</b>	SRosa	<b>11.39</b>
5	<b>Carter Ebbensen</b>	CasaG	<b>11.41</b>
6	<b>Bismark Navarro</b>	Lowell	<b>11.47</b>
7	<b>Dustin Madsen</b>	Calav	<b>11.54</b>
8	<b>David Livingston</b>	MCar	<b>11.56</b>
9	<b>Phil Lucid</b>	Healds	<b>11.56</b>
10	<b>Cameron Marcuse</b>	JBeth	<b>11.56</b>
11	<b>Brett Barbosa</b>	Skyline	<b>11.60</b>
12	<b>Bryan Bei</b>	Montg	<b>11.65</b>
13	<b>Kevin Franzman</b>	Montg	<b>11.74</b>
14	<b>David Barnes</b>	Tamal	<b>11.80</b>
15	<b>Phil Rutherford</b>	Wash	<b>11.84</b>
16	<b>Marshall Owen</b>	RanchoC	<b>11.89</b>
17	<b>Tyler Drown</b>	Windsor	<b>11.92</b>
18	<b>Erdman</b>	Healds	<b>11.95</b>
19	<b>Simeon Thomas</b>	Ukiah	<b>12.17</b>
20	<b>Kevin Duong</b>	SRafael	<b>12.21</b>
21	<b>Max Pond</b>	CNewm	<b>12.22</b>
22	<b>Remy Verdeille</b>	CNewm	<b>12.29</b>
23	<b>Jordan Boone</b>	Wash	<b>12.49</b>
24	<b>John Camozzi</b>	StVinc	<b>12.69</b>

# Varsity Girls 800

## Final Results

Place	Name	Team	Finish Time
1	<b>Kristin Sanzari</b>	MCar	<b>2:18.47</b>
2	<b>Samantha Williams</b>	StFran	<b>2:23.59</b>
3	<b>Jacqui Wentz</b>	MCar	<b>2:24.33</b>
4	<b>Kimmy Vaughan</b>	Petalum	<b>2:25.11</b>
5	<b>Elena Carter</b>	Novato	<b>2:25.76</b>
6	<b>Brittney Escamilla</b>	EIMo	<b>2:27.40</b>
7	<b>Alyssa Arvin</b>	StFran	<b>2:27.51</b>
8	<b>Philbin</b>	StFran	<b>2:27.65</b>
9	<b>Meggie Johnson</b>	MCar	<b>2:28.05</b>
10	<b>Pearson</b>	Montg	<b>2:29.53</b>
11	<b>Maya Velez</b>	Skyline	<b>2:31.17</b>
12	<b>Siena Von Knopka</b>	Albany	<b>2:31.92</b>
13	<b>Sam Smiley</b>	NDB	<b>2:32.42</b>
14	<b>Karin Dove</b>	Montg	<b>2:32.55</b>
15	<b>Geraldine Chan</b>	Lowell	<b>2:34.20</b>
16	<b>Casandra Satingin</b>	SanLor	<b>2:34.72</b>
17	<b>Chia</b>	Ursu	<b>2:36.29</b>
18	<b>Julia Malvino</b>	Midtown	<b>2:36.96</b>
19	<b>Maggie Newton-Neal</b>	Healds	<b>2:37.64</b>
20	<b>Kimberly Killion</b>	SRafael	<b>2:38.76</b>
21	<b>Katie Conklin</b>	Novato	<b>2:38.87</b>
22	<b>Lyle</b>	Ukiah	<b>2:38.91</b>
23	<b>Simone Steger</b>	Novato	<b>2:39.46</b>
24	<b>Connie Nonan</b>	Ursu	<b>2:40.74</b>
25	<b>Elena Chin</b>	Lowell	<b>2:45.46</b>
26	<b>Ali Barber</b>	SMarin	<b>2:46.20</b>
27	<b>Lauren Swing</b>	Calav	<b>2:48.52</b>
28	<b>Erica Wagner</b>	Windsor	<b>2:49.65</b>
29	<b>Powell</b>	NDB	<b>2:50.53</b>
30	<b>Amy Yellen</b>	Tamal	<b>2:52.45</b>
31	<b>Nikki Muench</b>	Albany	<b>2:53.05</b>
32	<b>Joyce Lam</b>	Wash	<b>2:57.26</b>
33	<b>Hesther Fan</b>	Wash	<b>2:57.53</b>
34	<b>Denia Perez</b>	SRosa	<b>2:58.86</b>
35	<b>Shalena Srna</b>	StVinc	<b>3:04.00</b>
36	<b>Michelle Siran</b>	SFork	<b>3:11.86</b>

## Varsity Boys 800

### Final Results

Place	Name	Team	Finish Time
1	Tim Murphy	Healds	1:56.85
2	Brian Cole	StHelena	2:00.00
3	Kevon LeMaitre-Roberts	SRosa	2:01.20
4	Colin Bauer	Albany	2:01.92
5	Austin Williams	SRosa	2:02.47
6	Jared Smith	CasaG	2:02.77
7	Nick LaPlant	Tamal	2:03.04
8	Tom Wootton	SRafael	2:05.44
9	Nico Leyva	SRafael	2:05.84
10	David Okikawa	Skyline	2:08.09
11	Walker Weir	Lowell	2:08.45
12	Matt Lanz	MCar	2:09.30
13	Keegan Richerson	Albany	2:09.72
14	Brandon Henderson	Skyline	2:10.01
15	Descalso	DC	2:10.12
16	Dan Haller	Albany	2:10.26
17	Evan Ball	SMarin	2:10.82
18	Michael Finner	Montg	2:10.88
19	William Chau	Lowell	2:11.16
20	Matt Reynolds	Tamal	2:11.57
21	Kavanaugh	DC	2:12.04
22	Mitchell	DC	2:12.44
23	Matt Lamberson	Windsor	2:12.57
24	Raymond Lee	Wash	2:12.99
25	Garrett Baker	Windsor	2:15.81
26	Conroy	CNewm	2:16.58
27	Javier Gonzalez	SanLor	2:17.73
28	Michael Elliff	Piner	2:19.33
29	Jeremy Dedmon	Midtown	2:21.85
30	Mawhinney	RanchoC	2:22.11
31	Albert Filice	StVinc	2:25.58
32	Otero	Ukiah	2:28.27
33	Matthew Chiu	Wash	2:29.44
34	Marshall Moore	SFork	2:30.76
35	Mike White	CasaG	2:31.32
36	James Anderson	Piner	2:31.92
37	Russell Rosenthal	Midtown	2:33.28
38	Trevor Carlsen	StVinc	2:40.18

# Varsity Girls 300 Hurdles

## Final Results

Place	Name	Team	Finish Time
1	<b>Suzanne Howard</b>	SRosa	<b>46.57</b>
2	<b>Kara Hernandez</b>	Novato	<b>46.59</b>
3	<b>Sara Fletcher</b>	Fortuna	<b>46.72</b>
4	<b>Shelley Song</b>	Lowell	<b>48.10</b>
5	<b>Claire Frazer</b>	Healds	<b>49.82</b>
6	<b>Ali Carroll</b>	Petalum	<b>51.21</b>
7	<b>Alex Masse</b>	Tamal	<b>52.55</b>
8	<b>Rachel Aggostini</b>	Montg	<b>53.41</b>
9	<b>Maddie Lowder</b>	MCar	<b>53.46</b>
10	<b>Chrystal Moore</b>	Skyline	<b>54.57</b>
11	<b>Claire Heidecker</b>	EIMo	<b>55.61</b>
12	<b>Alex Mitchell</b>	Tamal	<b>56.64</b>
13	<b>Maura Ruffatto</b>	Montg	<b>56.91</b>
14	<b>Jasmine Morris</b>	Skyline	<b>57.26</b>
15	<b>Gina Erle</b>	NDB	<b>58.36</b>
16	<b>Linda Tran</b>	Novato	<b>59.99</b>
17	<b>Lizzy Nice</b>	NDB	<b>64.03</b>



# Varsity Boys 300 Hurdles

## Final Results

Place	Name	Team	Finish Time
1	<b>Miles Callihan</b>	Fortuna	<b>42.95</b>
2	<b>Michael Gruen</b>	Tamal	<b>42.98</b>
3	<b>Jared Totemier</b>	EAllen	<b>43.18</b>
4	<b>Adrian Dorsey</b>	Wash	<b>44.07</b>
5	<b>Chris McCloskey</b>	SRosa	<b>44.17</b>
6	<b>Dale Willey</b>	EIMo	<b>44.38</b>
7	<b>James Grant</b>	CasaG	<b>44.59</b>
8	<b>Skylar Rice</b>	Fortuna	<b>44.78</b>
9	<b>Jesse Webster</b>	Healds	<b>44.89</b>
10	<b>Charles Lee</b>	Wash	<b>45.88</b>
11	<b>Gabe Martin</b>	EIMo	<b>45.97</b>
12	<b>Andrew Codagnone</b>	CNewm	<b>45.98</b>
13	<b>Arregun</b>	Healds	<b>46.29</b>
14	<b>Taylor Hilburn</b>	MCar	<b>46.38</b>
15	<b>Andrew Chau</b>	CNewm	<b>46.78</b>
16	<b>James Nguyen</b>	Lowell	<b>46.83</b>
17	<b>Peter Abraham</b>	RanchoC	<b>47.02</b>
18	<b>Geoffrey Chu</b>	Lowell	<b>48.51</b>
19	<b>Jason Stewart</b>	Calav	<b>48.92</b>
20	<b>Aaron Tse</b>	Albany	<b>49.74</b>
21	<b>Pazban</b>	Albany	<b>51.18</b>
22	<b>Brian Serbent</b>	Petalum	<b>51.79</b>
23	<b>Nick Gniadek</b>	Kelsey	<b>52.28</b>
24	<b>Kyle Bennelli</b>	Piner	<b>54.48</b>
25	<b>Eric Jordan</b>	Midtown	<b>69.96</b>

# Varsity Girls 200

## Final Results

Place	Name	Team	Finish Time
1	Kelly Guyton	Novato	26.16
2	Malaina Payton	Fremont	26.26
3	Stephaine Labarthe	Novato	26.95
4	Linden McGreevy	Tamal	27.05
5	Jenna Lundgren	MCar	27.15
6	Makala Keys	CasaG	27.16
7	Courtney Carter	Lowell	27.61
8	Brook	Petalum	27.86
9	Malia Shannon	Kelsey	28.02
10	Chima Ahanaotu	RanchoC	28.07
11	Molly Jeppesen	RanchoC	28.14
12	Michelle Ajuria	NDB	28.45
13	Chen	MCar	28.46
14	Jenna Blemgino	EAllen	28.78
15	Amanda Horne	Kelsey	29.08
16	Kate Shubert	Healds	29.15
17	Katie Marden	Lowell	29.47
18	Lee Rong Sun	Tamal	29.51
19	Alexandria Skikos	EIMo	29.65
20	Ashley Albert	SanLor	29.77
21	Rebekah Row	Healds	29.98
22	Raffaelli	Petalum	30.16
23	Kelsey Leetham	Calav	30.89
24	Vicky Lopez	EAllen	30.99
25	Kohler	EIMo	30.99
26	Freza Paro	Midtown	32.93
27	Elise Levikow	Midtown	33.28

# Varsity Boys 200

## Final Results

Place	Name	Team	Finish Time
1	<b>Bobby Guillory Jr.</b>	JBeth	<b>22.21</b>
2	<b>Michael Carroll</b>	Petalum	<b>23.20</b>
3	<b>Phil Lucid</b>	Healds	<b>23.23</b>
4	<b>Maurice Whitlock</b>	SRosa	<b>23.28</b>
5	<b>Wes Briones</b>	Albany	<b>23.34</b>
6	<b>Phil Rutherford</b>	Wash	<b>23.35</b>
7	<b>Bismark Navarro</b>	Lowell	<b>23.37</b>
8	<b>Bryan Bei</b>	Montg	<b>23.43</b>
9	<b>Little</b>	JBeth	<b>23.57</b>
10	<b>David Barnes</b>	Tamal	<b>23.68</b>
11	<b>Ronnie Blankenship</b>	RanchoC	<b>23.70</b>
12	<b>Livingston</b>	MCar	<b>23.96</b>
13	<b>Tony Houlemard</b>	Piner	<b>24.16</b>
14	<b>Tanner Olsen</b>	Kelsey	<b>24.70</b>
15	<b>Max Pond</b>	CNewm	<b>25.03</b>
16	<b>Day</b>	Petalum	<b>25.29</b>
17	<b>Tim Derner</b>	CNewm	<b>25.43</b>
18	<b>Josh Wright</b>	SanLor	<b>25.73</b>
19	<b>Michael Gebre</b>	Piner	<b>25.93</b>
20	<b>Chace Hart</b>	Midtown	<b>26.08</b>
21	<b>Meilads</b>	EIMo	<b>26.21</b>
22	<b>Ernie Garcia</b>	Kelsey	<b>26.38</b>
23	<b>Rubio</b>	Ukiah	<b>26.98</b>

# Varsity Girls 3200

## Final Results

Place	Name	Team	Finish Time
1	Leanne Fogg	MCar	11:37.6
2	Shannon Rich	RanchoC	11:42.2
3	Laura Rogina	Windsor	11:59.3
4	Brittney Escamilla	EIMo	12:00.0
5	Jennifer Martindill	Montg	12:08.8
6	Courtney Aldini	StFran	12:09.4
7	Emily Olson	Tamal	12:13.4
8	Amy Cordisco	Skyline	12:19.9
9	Jane Halahan	MCar	12:29.1
10	Taylor Parks	Petalum	12:33.6
11	Susanna Liu	Lowell	12:46.4
12	Jaimie Ngo	Lowell	12:50.5
13	Gretchen Forrey	Petalum	12:51.6
14	Alex Bannet	DC	12:51.8
15	Alizah Rotman	Novato	12:52.6
16	Kelsey Ripp	SRafael	12:54.3
17	Alizia Ochoa	SanLor	13:08.5
18	Kelly O'Brien	CasaG	13:10.8
19	Jenny Liu	Wash	13:18.8
20	Asma Mohammadi	Albany	13:56.1
21	Cathy Welch	DC	13:59.7
22	Natalie Buck-Bauer	Albany	14:01.4
23	Kelsey Ransonette	SFork	14:11.5
24	Robyn Vance	Midtown	14:48.5
25	Kelsey Murphy	EIMo	15:19.9
26	Hannah Duenwald	Wash	15:20.1

## Varsity Boys 3200

### Final Results

Place	Name	Team	Finish Time
1	James Tracy	DC	09:50.1
2	Ryan Aldridge	MCar	09:58.9
3	Sterling Lockkey	Petalum	10:06.2
4	James Always	DC	10:10.3
5	Justin Mcquaid	Windsor	10:10.6
6	Chris Bendana	MCar	10:12.0
7	Sam Milechman	Tamal	10:13.5
8	Jason Grubb	Petalum	10:16.9
9	Jesse Eldridge	SFork	10:22.9
10	Nathan Huckeba	MCar	10:23.2
11	Eric Guitierrez	Calav	10:24.6
12	Lucas Wilhelm	SFork	10:24.6
13	Jose Vazquez	Skyline	10:27.9
14	Jeremy Cutcher	Montg	10:30.0
15	Jesse Rushing	DC	10:31.1
16	Joe Withers	CNewm	10:36.4
17	Rory McLeos	SRosa	10:36.5
18	Mark Bretan	Novato	10:41.2
19	Cameron Kohles	Skyline	10:45.4
20	Justin Huang	Albany	10:47.4
21	Phil Yee	Lowell	10:50.1
22	Mike Novak	Lowell	10:58.9
23	Travis Coggin	Calav	11:04.9
24	Kyle Grissom	CasaG	11:10.1
25	Aaron Christian	DC	11:12.5
26	Nick Calicchia	DC	11:18.0
27	Edgar Cisneros	RanchoC	11:23.5
28	Tony Gomez	Ukiah	11:25.9
29	Jacob Hollinger	CasaG	11:26.0
30	Matt Lamberson	Windsor	11:33.0
31	Jorge Romero	SanLor	11:41.6
32	Taylor Healy	Novato	11:48.9
33	Sean Hayes	RanchoC	11:49.8
34	Brendan von Koss	StVinc	11:51.3
35	Matt Case	Dc	11:53.8
36	Cale Deluca	DC	11:56.5
37	Travis Mueller	Healds	12:01.9
38	Juan Gonzalez	Healds	12:02.6
39	Zach Grinstead	DC	12:13.3
40	Kevin Chan	Wash	12:18.1
41	David Lu	Wash	12:32.5
42	Beau Woodson	Kelsey	12:49.6

## Final Results

Place	Frosh-Soph Boys 4x400 Team	Finish Time
1	Petaluma	3:45.20
2	Skyline 'A'	3:48.90
3	Calaveras	3:51.00
4	Santa Rosa	3:57.00
5	Albany	3:58.80
6	Lowell 'A'	4:00.00
7	Healdsburg	4:00.50
8	San Rafael 'A'	4:00.50
9	Rancho Cotate	4:01.10
10	Tamalpais	4:06.70
11	Skyline 'B'	4:13.50
12	Ukiah	4:14.30
13	Middletown	4:20.90

## Final Results

Place	Varsity Girls 4x400 Team	Finish Time
1	Maria Carrillo	4:12.08
2	Lowell 'A'	4:14.27
3	Fortuna	4:14.74
4	Rancho Cotate	4:20.16
5	Novato	4:20.99
6	Skyline 'A'	4:22.71
7	Healdsburg	4:26.43
8	Montgomery	4:30.12
9	Windsor	4:32.37
10	Tamalpais	4:34.82
11	Notre Dame Belmont 'A'	4:37.84
12	Lowell 'B'	4:38.08
13	Petaluma	4:42.25
14	Notre Dame Belmont 'B'	4:52.89
15	Skyline 'B'	4:54.56
16	Middletown	DQ

## Final Results

Place	Varsity Boys 4x400 Team	Finish Time
1	Tamalpais	3:34.70
2	Albany	3:35.40
3	Montgomery	3:36.60
4	Healdsburg	3:38.60
5	Skyline 'A'	3:42.30
6	Lowell 'A'	3:43.40
7	Skyline 'B'	3:43.70
8	Washington	4:05.50



## Varsity Girls Shot Put

	Entrant	Team	Best Mark
1	<b>Jean Lightfoot</b>	MCar	<b>40'2"</b>
2	<b>Katie Conroy</b>	CasaG	<b>35'5"</b>
3	<b>Molly Coxon</b>	Montg	<b>33'1"</b>
4	<b>Alyssa Osai</b>	NDB	<b>33'0"</b>
5	<b>Tiffany Chang</b>	Lowell	<b>30'7"</b>
6	<b>Breanna Izzo</b>	Novato	<b>29'8"</b>
7	<b>Marsha Anglage</b>	Novato	<b>29'1"</b>
8	<b>Luz Tejada</b>	Montg	<b>29'1"</b>
9	<b>Ashley Phillips</b>	Skyline	<b>28'9"</b>
10	<b>Ima Khodakaram</b>	SRosa	<b>28'2"</b>
11	<b>Lauana Ako</b>	Ursu	<b>27'6"</b>
12	<b>Lindsey Fraser</b>	CasaG	<b>27'5"</b>
13	<b>Megan Griggs</b>	Calav	<b>27'1"</b>
14	<b>Tianna Barbier</b>	Healds	<b>26'5"</b>
15	<b>Margot McGrath</b>	Tamal	<b>26'2"</b>
16	<b>Katie Moratto</b>	Ursu	<b>26'11"</b>
17	<b>Caitlin Bower</b>	SRosa	<b>26'10"</b>

## Varsity Boys Discus

Final Place			Best Mark
	Entrant	Team	
1	<b>Donnie Kelling</b>	Calav	<b>136'03"</b>
2	<b>Robert Wallace</b>	SRosa	<b>131'08"</b>
3	<b>Daniel Erdman</b>	Healds	<b>126'08"</b>
4	<b>Bret Horner</b>	Montg	<b>123'11"</b>
5	<b>Paul Himmelstein</b>	SMarin	<b>123'01"</b>
6	<b>Will Exline</b>	RanchoC	<b>122'09"</b>
7	<b>Nate Fye</b>	EIMo	<b>120'07"</b>
8	<b>Richard Sweeting</b>	MCar	<b>119'08"</b>
9	<b>Jordan Brower</b>	RanchoC	<b>117'11"</b>
10	<b>Ray McClintock</b>	CasaG	<b>110'05"</b>
11	<b>Brian Gallagher</b>	Petalum	<b>110'01"</b>
12	<b>Sidney Shired</b>	CasaG	<b>109'10"</b>
13	<b>James Crockett</b>	Novato	<b>103'02"</b>
14	<b>Jake Doolittle</b>	StVinc	<b>101'03"</b>

## Varsity Boys Long Jump

Final Place			Best Mark
	Entrant	Team	
1	<b>Gavin Saffian</b>	Tamal	<b>21'1.5"</b>
2	<b>James Ginn</b>	CasaG	<b>20'.5"</b>
3	<b>David Barnes</b>	Tamal	<b>19'11"</b>
4	<b>Phil Rutherford</b>	Wash	<b>19'9.75"</b>
5	<b>Taylor Bennett</b>	Calav	<b>19'9"</b>
6	<b>Mike Clifford</b>	Petalum	<b>19'6.75"</b>
7	<b>Wil Reeves</b>	CNewm	<b>19'5.5"</b>
8	<b>Maurice Whitlock</b>	SRosa	<b>19'2.25"</b>
9	<b>Tony Houlemard</b>	Piner	<b>18'11.5"</b>
10	<b>Ben Stone</b>	MCar	<b>18'9.25"</b>
11	<b>Tim Warren</b>	EAllen	<b>18'7.25"</b>
12	<b>Simeon Thomas</b>	Ukiah	<b>18'6.25"</b>
13	<b>Tiarie Moore</b>	Tamal	<b>18'4.75"</b>
14	<b>Rich Larsen</b>	Windsor	<b>18'2.75"</b>
15	<b>Jared Beam</b>	Healds	<b>18'1.5"</b>
16	<b>Alex Vassall</b>	MCar	<b>18'.5"</b>
17	<b>Nick Stein</b>	SRosa	<b>18'.25"</b>
18	<b>Josh Wendler</b>	EAllen	<b>17'11.75"</b>
19	<b>Matt Rubel</b>	RanchoC	<b>17'10.5"</b>
20	<b>Jacob Drake</b>	Calav	<b>17'7"</b>
21	<b>Jamison Reeves</b>	CNewm	<b>17'6.5"</b>
22	<b>Justin Ferreira</b>	Montg	<b>17'4.75"</b>
23	<b>Mitch Bacci</b>	EIMo	<b>17'2.75"</b>
24	<b>Grayson Langford</b>	Petalum	<b>16'9.75"</b>
25	<b>Josh Wright</b>	SanLor	<b>16'5.25"</b>
26	<b>Mitch Arreguin</b>	Healds	<b>16'4"</b>
27	<b>Erik Magnesson</b>	RanchoC	<b>16'2"</b>
28	<b>Josh Azevedo</b>	CasaG	<b>16'1.25"</b>
29	<b>Larry Lee</b>	Lowell	<b>16'.75"</b>
30	<b>Eric Chen</b>	Wash	<b>15'6.25"</b>

## Varsity Girls High Jump

Final Place	Entrant	Team	Best Mark
1	Kasey Lashinki	Ursu	5'0"
2	Kara Cunningham	RanchoC	5'0"
3	Leona Shum	Lowell	4'10"
4	Lorien Patmore	Fortuna	4'10"
5	Genevieve Perdue	EIMo	4'10"
6	Laura Tallent	Petalum	4'10"
7	Nicole Catto	Calav	4'8"
8	Mallorie Franco	Fortuna	4'8"
9	Sarah Rossi	NDB	4'6"
10	Katie King	Kelsey	4'6"
11	Leah Whiting	Montg	4'6"
12	Cheron Amey	Skyline	4'6"
13	Julianna Trowbridge	Novato	4'4"
14	Shannon Jordan	RanchoC	4'2"
15	Monica Thorton	Windsor	4'2"
16	Amber Sierra	Montg	4'2"
17	Dell Chang	EAllen	4'2"

## F/S Boys Pole Vault

Final Place	Entrant	Team	Best Mark
1	Jake Orgish	MCar	11'0"
2	Casey Hanley	Tamal	11'0"
3	Thomas O'Brien	SRafael	9'6"
3	Jared Jensen	Novato	9'6"
5	Demarcus Wysinger	SRafael	9'0"
6	Greg Shelton	Ukiah	NH

## Varsity Girls Long Jump

Final Place	Entrant	Team	Best Mark
1	<b>Malaina Payton</b>	Fremont	<b>17'05.5"</b>
2	<b>Mallorie Franco</b>	Fortuna	<b>16'11.5"</b>
3	<b>Julie Ucelli</b>	NDB	<b>15'10.5"</b>
4	<b>Makala Keys</b>	CasaG	<b>15'08"</b>
5	<b>Kasey Lashinski</b>	Ursu	<b>15'05.5"</b>
6	<b>Asha Treadwell</b>	Skyline	<b>15'05.25"</b>
7	<b>Maggie Newton-Neal</b>	Healds	<b>15'03.75"</b>
8	<b>Kristen Sanzari</b>	MCar	<b>15'02"</b>
9	<b>Erica Wagner</b>	Windsor	<b>14'11.5"</b>
10	<b>Anna Fryjoff-Hung</b>	Lowell	<b>14'11.25"</b>
11	<b>Shevaun Weatherby</b>	SRosa	<b>14'11"</b>
12	<b>Malia Shannon</b>	Kelsey	<b>14'10"</b>
13	<b>Cheron Amey</b>	Skyline	<b>14'09.5"</b>
14	<b>Madeleine Steger</b>	Novato	<b>14'05.5"</b>
15	<b>Molly Alarcon</b>	Tamal	<b>14'04.75"</b>
16	<b>En Joo Byun</b>	Calav	<b>14'01.5"</b>
17	<b>Amanda Knudtzon</b>	Montg	<b>13'11.25"</b>
18	<b>Renne Cumming</b>	RanchoC	<b>13'09.5"</b>
19	<b>Caty Wellman</b>	RanchoC	<b>13'08.5"</b>
20	<b>Maura Ruffatto</b>	Montg	<b>13'08"</b>
21	<b>Dell Chang</b>	EAllen	<b>13'07.25"</b>
22	<b>Lola Siboldi</b>	NDB	<b>13'06.75"</b>
23	<b>Karin Mcelroy</b>	Petalum	<b>13'05.25"</b>
24	<b>Lauren McHenry</b>	Montg	<b>13'04.75"</b>
25	<b>Angelina Ryan</b>	Kelsey	<b>13'02.25"</b>
26	<b>Sherrell Small</b>	RanchoC	<b>12'10.75"</b>
27	<b>Monic Thornton</b>	midt	<b>12'06.75"</b>
28	<b>Judy Chin</b>	Wash	<b>12'05.5"</b>
29	<b>Arielle Lehmer</b>	Kelsey	<b>11'10"</b>
30	<b>Mercedes Cobarruviaz</b>	Calav	<b>11'03"</b>

## F/S Boys Shot Put

Final Place			Best Mark
	Entrant	Team	
1	<b>Austin Davis</b>	CNewm	<b>46'09"</b>
2	<b>Marcus Stuckey</b>	RanchoC	<b>41'10"</b>
3	<b>Raymond Quan</b>	Wash	<b>41'05"</b>
4	<b>Sam Crowley</b>	Albany	<b>41'04"</b>
5	<b>Josh McFarland</b>	RanchoC	<b>40'09"</b>
6	<b>Troy Baker</b>	SRosa	<b>40'05"</b>
7	<b>Joe Durling</b>	EIMo	<b>40'0"</b>
8	<b>Eric Swanson</b>	Petalum	<b>38'02"</b>
9	<b>Jake Atkinson</b>	Petalum	<b>38'01"</b>
10	<b>Steven Kettleison</b>	MCar	<b>37'11"</b>
11	<b>Josh McDonald</b>	SFork	<b>37'08"</b>
12	<b>Justin Hua</b>	SanLor	<b>37'05"</b>
13	<b>Anthony Potter</b>	Calav	<b>37'0"</b>
14	<b>Brian Gallagher</b>	Petalum	<b>36'11"</b>
15	<b>Travis Lindgren</b>	SRosa	<b>36'07"</b>
16	<b>Bryce Youngberg</b>	EIMo	<b>36'03"</b>

## Varsity Girls Discus

Final Place			Best Mark
	Entrant	Team	
1	Jean Lightfoot	MCar	118'07"
2	Molly Coxon	Montg	108'02"
3	Erin Smith	NDB	101'07"
4	Dierdre Denmon	Healds	97'10"
5	Katie Conroy	CasaG	93'02"
6	Luz Tejada	Montg	92'08"
7	Sherrell Small	RanchoC	86'11"
8	Caitlin Bower	SRosa	86'07"
9	Ima Khodakaram	SRosa	85'08"
10	Alyssa Osai	NDB	81'05"
11	Ashley Phillips	Skyline	81'02"
12	Megan Griggs	Calav	80'09"
13	Jennifer Evemeyer	Novato	80'03"



## Varsity Boys High Jump

Final Place	Entrant	Team	Best Mark
1	Tiarie Moore	Tamal	6'2"
2	Alex Vassall	MCar	6'0"
3	Benny Bray	Montg	5'11"
4	Weldon Miller	SRafael	5'10"
5	Kevin Dunk	MCar	5'10"
6	Justin Bingham	Healds	5'10"
7	Mark Robinson	MCar	5'10"
8	Jacob Drake	Calav	5'10"
9	Matt Rubel	RanchoC	5'10"
10	Michael Elliff	Piner	5'10"
11	Mike Clifford	Petalum	5'8"
12	Brian Hardisty	RanchoC	5'8"
13	Nick Stein	SRosa	5'8"
14	Chad Deering	Petalum	5'6"
15	Rich Larsen	Windsor	5'6"
16	Will Reeves	CNewm	5'6"
17	Tony Massey	EIMo	5'2"
18	Tony Houlemard	Piner	5'2"
19	Chris Darnell	Skyline	NH
20	Andrew Chau	CNewm	NH

## Varsity Girls Pole Vault

Final Place	Entrant	Team	Best Mark
1	Jordan Cabral	Petalum	10'09"
2	Diana Ruiz	SRosa	10'0"
3	Mia Winkler	SRosa	9'06"
4	Mandy Franco	RanchoC	9'0"
5	Elaine Nobriga	MCar	8'06"
6	Viktoria Low	Fortuna	8'06"
7	Bethany Lybeck	EIMo	7'06"
8	Allison Fong	RanchoC	7'06"
9	Anna Fryjoff-Hung	Lowell	7'0"
10	Lizzy Nice	NDB	7'0"
11	Marie Himmelstein	SMarin	7'0"

## Varsity Boys Triple Jump

Final Place			Best Mark
	Entrant	Team	
1	<b>Ryan Gallagher</b>	Tamal	<b>42'04.75</b>
2	<b>Collin Humphrey</b>	Fortuna	<b>42'04"</b>
3	<b>Mike Clifford</b>	Petalum	<b>42'03"</b>
4	<b>James Ginn</b>	CasaG	<b>42'0.25"</b>
5	<b>Gavin Saffian</b>	Tamal	<b>40'10.75"</b>
6	<b>Alex Vassall</b>	MCar	<b>40'02"</b>
7	<b>Taylor Bennett</b>	Calav	<b>39'01.75"</b>
8	<b>Chad Deering</b>	Petalum	<b>38'03.25"</b>
9	<b>Matt Rubel</b>	RanchoC	<b>38'01.75"</b>
10	<b>Ben Stone</b>	MCar	<b>37'04.5"</b>
11	<b>Nick Stein</b>	SRosa	<b>37'02.5"</b>
12	<b>Andrew Chau</b>	CNewm	<b>36'06.75"</b>
13	<b>Ross Blanchard</b>	Novato	<b>36'06.25"</b>
14	<b>Jared Beam</b>	Healds	<b>36'01.75"</b>
15	<b>Jeffery Verde</b>	Novato	<b>36'00.75"</b>
16	<b>Charles Lee</b>	Wash	<b>34'06.25"</b>
17	<b>Gabriel Osorio</b>	Skyline	<b>34'05"</b>
18	<b>Anthony Fernandez</b>	CNewm	<b>34'01.5"</b>
19	<b>DeVron Randle</b>	Skyline	<b>33'11"</b>
20	<b>Eric Chen</b>	Wash	<b>33'04"</b>
21	<b>Joe Mederios</b>	Piner	<b>32'04"</b>

## Varsity Boys Shot Put

Final Place			Best Mark
	Entrant	Team	
1	<b>Daniel Erdman</b>	Healds	<b>55'04"</b>
2	<b>Ray McClintock</b>	CasaG	<b>47'11"</b>
3	<b>Jordan Brower</b>	RanchoC	<b>46'06"</b>
4	<b>Sidney Shired</b>	CasaG	<b>46'05"</b>
5	<b>Donnie Kelling</b>	Calav	<b>44'08"</b>
6	<b>Will Exline</b>	RanchoC	<b>44'07"</b>
7	<b>Nate Fye</b>	EIMo	<b>44'0"</b>
8	<b>Nate Skalicky</b>	EIMo	<b>43'08"</b>
9	<b>Tama Saga</b>	EAllen	<b>43'06"</b>
10	<b>Robert Wallace</b>	SRosa	<b>43'05"</b>
11	<b>Jake Larson</b>	MCar	<b>42'11"</b>
12	<b>Tyler Condit</b>	Tamal	<b>40'10"</b>
13	<b>Jake Doolittle</b>	StVinc	<b>40'08"</b>
14	<b>Bret Horner</b>	Montg	<b>40'03"</b>
15	<b>Collin Humphrey</b>	Fortuna	<b>39'11"</b>
16	<b>Chris Darnell</b>	Skyline	<b>38'10"</b>
17	<b>Kevin Duong</b>	SRafael	<b>37'06"</b>
18	<b>Josh Martinez</b>	Ukiah	<b>36'11"</b>
19	<b>Brad Bowers</b>	Ukiah	<b>35'03"</b>
20	<b>David Flores</b>	SanLor	<b>35'0"</b>

## F/S Boys Discus

Final Place			Best Mark
	Entrant	Team	
1	Joe Durling	EIMo	116'03"
2	Josh McDonald	SFork	112'09"
3	Troy Baker	SRosa	110'07"
4	Austin Davis	CNewm	110'07"
5	Josh McFarland	RanchoC	108'10"
6	Raymond Quan	Wash	106'03"
7	Bryce Youngberg	EIMo	100'07"
8	Eric Swanson	Petalum	98'02"
9	Travis Lindgren	SRosa	93'06"
10	Jake Atkinson	Petalum	89'10"
11	Sam Crowley	Albany	89'03"
12	Miguel Mallorca	Lowell	89'0"
13	Marcus Stuckey	RanchoC	84'01"
14	Justin Hua	SanLor	83'02"
15	Anthony Potter	Calav	82'05"

## Varsity Boys Pole Vault

Final Place	Entrant	Team	Best Mark
1	Dustin Madsen	Calav	12'0"
2	Ty Olson	MCar	11'9"
3	Andrew McLeod	SRosa	11'6"
4	Brandon Ross	Tamal	10'6"
5	Garrett Fogg	MCar	10'0"
6	Shane Lamica	Calav	10'0"

## Varsity Girls Triple Jump

Final Place			Best Mark
	Entrant	Team	
1	<b>Kasey Lashinski</b>	Ursu	<b>34'09"</b>
2	<b>Julie Uccelli</b>	NDB	<b>34'0.25"</b>
3	<b>Casandra Satingin</b>	SanLor	<b>33'03.75"</b>
4	<b>Shevaun Weatherby</b>	SRosa	<b>31'07.75"</b>
5	<b>Anna Fryjoff-Hung</b>	Lowell	<b>31'03.5"</b>
6	<b>Amanda Knudtzon</b>	Montg	<b>30'08"</b>
7	<b>Molly Alarcon</b>	Tamal	<b>30'04.5"</b>
8	<b>Lauren McHenry</b>	Montg	<b>30'04.25"</b>
9	<b>Madeleine Steger</b>	Novato	<b>30'01"</b>
10	<b>Caty Wellman</b>	RanchoC	<b>29'01"</b>
11	<b>Julianna Trowbridge</b>	Novato	<b>29'0.75"</b>
12	<b>Lola Siboldi</b>	NDB	<b>28'11.75"</b>
13	<b>En Joo Byun</b>	Calav	<b>26'08.5"</b>
14	<b>Dell Chang</b>	EAllen	<b>26'01.5"</b>
15	<b>Monica Thornton</b>	Windsor	<b>24'11.25"</b>
16	<b>Jasmine Morris</b>	Skyline	<b>24'07.75"</b>
17	<b>Melody Hoffman</b>	SFork	<b>24'04"</b>
18	<b>Michelle Siran</b>	SFork	<b>23'10"</b>