

City Bridge Trust

ANNUAL REVIEW 2012
REGISTERED CHARITY 1035628

A YEAR IN THE LIFE OF CITY BRIDGE TRUST

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

JANUARY

FEBRUARY

MARCH

FINANCIALS



OUR MISSION

CITY BRIDGE TRUST AIMS TO ADDRESS DISADVANTAGE BY SUPPORTING CHARITABLE ACTIVITY ACROSS GREATER LONDON THROUGH QUALITY GRANT-MAKING AND RELATED ACTIVITIES WITHIN CLEARLY DEFINED PRIORITIES.

OUR VALUES

Independence

As an independent trust we have an important role to play in a pluralist society.

Inclusion

We value diversity.

Fairness

We are committed to fairness and transparency in our grant-making.

We believe in consulting widely and regularly so that we can respond to changing needs. We value user involvement in the delivery of services. We know that more can be achieved through collaboration with other funders and with the third sector. We aim to treat applicants with courtesy and respect and to offer a speedy and efficient service.



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BRIDGE HOUSE ESTATES

The City of London Corporation is the sole trustee of Bridge House Estates which reaches out across London in many important and diverse ways. This review concentrates on its grant-making operation, City Bridge Trust, but the core business of the Estates, for many centuries, has been looking after its bridges. Bridge House Estates in some cases built, and now maintains, five of the bridges that cross the Thames into the City of London – London Bridge, Blackfriars Bridge, Southwark Bridge, Tower Bridge and the Millennium Footbridge. The maintenance and replacement of these bridges remains the prime objective of this ancient charity.

CITY BRIDGE TRUST

This review looks at the Trust's grant-making and ancillary activities in 2011/12. Also available is the Trustee's Annual Report and Financial Statements, which contains the full annual statement of accounts and auditor's report.

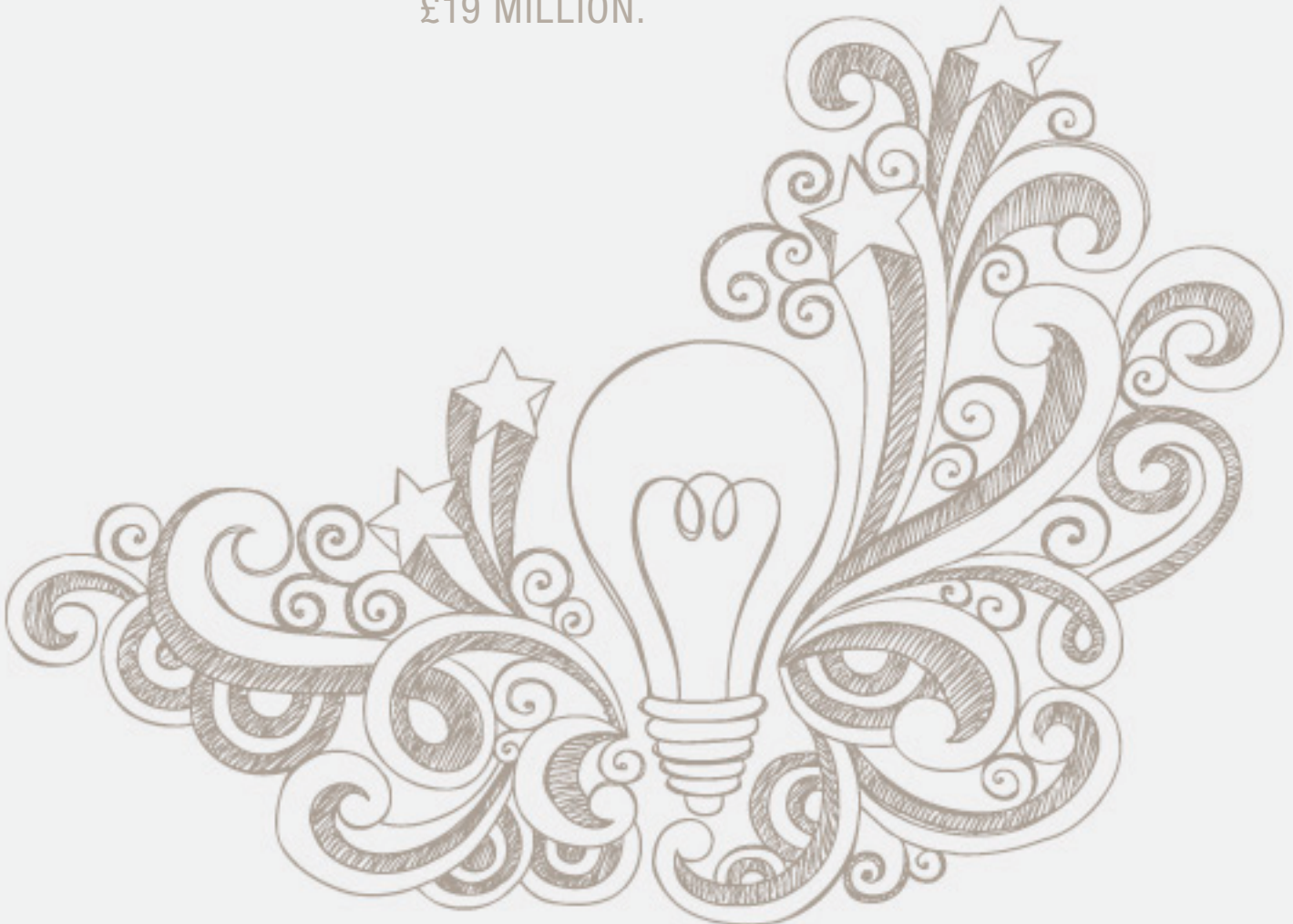


MESSAGE FROM THE CHAIRMAN



230
GRANTS AWARDED
£18.9 MILLION
TOTAL VALUE

MY FIRST YEAR AS CHAIRMAN HAS BEEN TRULY MEMORABLE AND A REAL MILESTONE FOR CITY BRIDGE TRUST. DESPITE THE ECONOMIC DOWNTURN OUR FORTUNES HAVE PROSPERED WITH GRANT INCOME EXPENDITURE INCREASING FROM £16.8 MILLION IN 2010/11 TO £18.9 MILLION IN 2011/12. THIS MAKES 2012 OUR SECOND MOST SUCCESSFUL YEAR, ONLY SURPASSED IN 2004/05 WHEN GRANTS REACHED JUST OVER £19 MILLION.



The increased grant-making spend has never been more needed nor more welcome. The impact of public spending cuts continues to bite with many more small and middle-sized charities in the firing line.

So, my first task as Chairman of London's largest independent grant-maker was to ensure that we maintained our clear focus, through our published programmes. We want to achieve maximum impact and we are only too aware of the dangers of grant-making practices which spread the jam too thinly.

Increasingly we have awarded recurring revenue grants (80%) and most of these include an allowance for core costs. Making our money work harder has been a key theme this year, as is our growing interest in social investment. In July 2011 our influential report 'The Investor Perspectives on Social Enterprise Financing', co-funded with the City of London Corporation and Big Lottery, was launched. The report looked at some of the challenges facing the still nascent social investment market. Our response to the report was to organise a series of masterclasses for current and prospective investors to explore the challenges and opportunities.

Working closely with our colleagues in Social Finance, which is pioneering new financial social investment products to help support the sector, we looked at the need for a specialist, social investment advisory service. Work to progress the social investment agenda will continue next year. We are at the beginning of a very important journey.

However, we are only too aware of the importance of grants. The Third Sector needs a range of different funding mechanisms to sustain it during the difficult times. That's why we joined Islington Giving, a collaboration between funders, local authority representatives and local businesses, to raise the profile of Islington's poorest communities. We believe that more can be achieved by working together and we hope that this innovative partnership, when it has been evaluated, can be replicated in other parts of London. Our grant of £119,500 will help improve the quality of life for some of the oldest, poorest and most isolated Islington residents.

Our core business will always remain our grant-making and our Annual Review, this year in the form of a Year Book, contains a month-by-month account of the range and diversity of our grants, large and small.

Finally, I want to thank my colleagues on the City Bridge Trust Committee for their support and wise-counsel. A debt of gratitude is owed to my Deputy Chairman Joyce Nash whose commitment to and extensive knowledge of the Trust is particularly valuable. Last, but not least, my heartfelt thanks go to City Bridge Trust's staff. This has been an exceptionally busy year and they have demonstrated outstanding commitment.

Thank you.



Mr Billy Dove, MBE JP
Chairman
City Bridge Trust Committee

“MAKING OUR MONEY
WORK HARDER HAS
BEEN A KEY THEME
THIS YEAR, AS IS OUR
GROWING INTEREST IN
SOCIAL INVESTMENT.”

APRIL

Large and Small

AS A SIGNIFICANT REGIONAL FUNDER WE ARE IN A POSITION TO AWARD OCCASIONALLY VERY LARGE GRANTS, WHICH MAY HAVE STRATEGIC IMPORTANCE TO LONDON.

THE VALUE OF OPEN SPACES, THEIR IMPORTANCE AS AN EDUCATIONAL, SOCIAL AND RECREATIONAL RESOURCE FOR LONDON IS PRICELESS AND BECAUSE OF THIS HAMPSTEAD HEATH CHARITABLE TRUST WAS GRANTED £3 MILLION OVER THREE YEARS.

LARGE

The grant to [Hampstead Heath Charitable Trust](#) is supporting a number of open spaces across London, including Epping Forest, West Ham Park, Queen's Park and Highgate Woods as well as the Heath itself. These are some of the most well-known and frequented green spaces in the capital, visited by many thousands of people each year. Some are also sites of particular ecological interest requiring sensitive management. This major grant may be considerable in size but it embraces a plethora of charitable activities to inspire people and to conserve and enhance the natural environment.

For example, on Hampstead Heath, we are funding its innovative education programme, introducing young people to the fauna and flora of the Heath. We are also supporting costs associated with the large volunteer force that helps maintain the Heath in its excellent condition.

In Epping Forest, our grant is helping to deliver a quality experience for visitors, enabling them to understand and appreciate the natural beauty of the woods. The Forest is also home to a unique ecology and we are supporting specialist survey and monitoring work, much of which is internationally recognised. Across several of these sites, the woodland habitat, which was once so prevalent in London, requires careful management if further loss is not to be suffered. All in all, an amazing array of activity in some of our capital's most precious environments.



SUPPORT TO EX-SERVICE MEN AND WOMEN HAS NEVER BEEN MORE NEEDED SINCE THE SECOND WORLD WAR. TWO SMALL GRANTS THIS MONTH EXEMPLIFY HOW RELATIVELY MODEST SUMS CAN IMPROVE LIFE AND WELL-BEING.



SMALL

One of our smallest grants shows just what can be achieved by supporting the efforts of volunteers in their work making life easier for military veterans. **Soldiers, Sailors, Airmen & Families Association (SSAFA), London City East Division**, is run entirely by volunteers. A grant of **£10,000** will go far. Annually, nearly 300 pensioners, most in their 70s, are helped with basic subsistence needs.

Gardening Leave is a new charity for ex-servicemen and women who have left the Forces for a variety of reasons. Sadly, many find the transition to 'Civvy Street' very difficult. The problem is leaving a secure environment which provided a home, employment and status, and returning to a community where they have to start again. Socially isolated, their lives can begin to unravel with some becoming homeless.

Other veterans have seen armed conflict in war zones and this has left them physically and mentally scarred. The subtle and unseen ways in which the veterans are affected include hyper-vigilance (always looking over your shoulder for snipers), short term memory loss, self-medicating with alcohol to blot out nightmares and aggressive behaviour towards loved ones. For a few the opposite is true and they are unable to express emotion of any kind. Gardening Leave provides horticultural therapy as part of their treatment programmes.

With a grant of **£25,000**, Gardening Leave offers a safe, peaceful environment where veterans can work as a team, building a garden in the grounds of the Royal Hospital at Chelsea. They enjoy being together and getting stuck into a physical activity where they can see the fruits of their labours germinate and blossom. Over the months, self-esteem and confidence grows and the healing process has begun.



MAY

Old and New

THIS MONTH FEATURES GRANTS FOR NEW APPROACHES AS WELL AS FOR ESTABLISHED INITIATIVES.

SOMETHING NEW

Spice is an innovative form of time-banking where participants deposit the time they have spent volunteering in their communities into a notional bank. When their 'credits' build up they can be exchanged for Spice 'pounds'. These in turn can be used as currency to gain admission to sports facilities, cinemas and even hiring DVDs from the local library. A grant of **£163,980** is enabling Spice to take the model to the City of London, Islington and Lewisham. Spice in the City of London has launched its own currency - the City Pound. Quantitative easing of the best sort!



INNOVATIVE PARTNERSHIPS

Innovations can take many forms and sometimes it's a simple idea refashioned for a new purpose that is the most successful. [Elephant Jobs](#) has been around for more than 30 years, addressing unemployment issues at the Elephant and Castle. Part of its work is running a recycling, social enterprise. From this has come an unique environmental and life-saving initiative, '[fonesforsafety](#)'.

The scheme takes old mobile phones which are then re-configured to dial 999 at the press of any button. These are distributed principally to women in domestic violence situations. The key feature is that the re-configured phone is indistinguishable from any other mobile handset and the emergency link is hidden from the perpetrator. Police report examples where these phones have literally saved lives and prevented serious injury.

Working closely with the Police and Domestic Violence agencies our grant of [£73,100](#) is helping extend this initiative so that many more London boroughs will have [fonesforsafety](#) partnerships. The environmental benefit of making good use of redundant mobile phones is an added bonus.

SOMETHING OLD

Not all the grants we award can be described as innovative. Some are for sustaining existing successful programmes which meet real need.

We have been a regular supporter of [Bonny Downs Community Association](#) in East Ham, for its core work with older people, mostly over 75 years old, because we know its value. Our current grant of [£101,900](#) will help this community centre run its healthy-living '[Well Programme](#)'. Designed by the older people themselves, a range of physical activities are offered, including dancing, keep-fit, swimming and short-mat bowling. More gentle activities include a knitting circle and singing. The impact that this tried and tested programme has had on people's lives is significant. As one participant put it: "[Before I couldn't go out, now I'm hardly ever in.](#)"



WHEN ORGANISATIONS CAN DEMONSTRATE, FROM A CLEAR EVIDENCE BASE, THAT THEIR ACTIVITIES HAVE LED TO A POSITIVE CHANGE, THEN WHOSE RESPONSIBILITY IS IT FOR REPLICATING THAT 'GOOD PRACTICE'? THAT WAS THE QUESTION WE FACED WHEN WE READ THE EVALUATION OF BROADWAY'S NEW APPROACH TO WORKING WITH LONG TERM ROUGH SLEEPERS WHO WERE VERY RESISTANT TO MOVING OFF THE STREETS.

PERSONALISATION PARTNERSHIP

The results of a pilot partnership involving the City of London, the Department for Communities and Local Government (DCLG) and Broadway were impressive. A dedicated, experienced outreach team worked intensively with 22 rough sleepers, who had been on the streets for between 4 and 45 years. Each was offered a personal budget allocation of £3,000 and asked "What would it take to get you off the streets?" The answers varied but most were able to use their budgets to good effect. As a result by the end of the project 18 people were moved into accommodation – a fantastic result.

This pilot initiative showed that intensive one-to-one support, plus a personal budget could achieve dramatic results, even with the most entrenched rough sleepers. That's why in June we approached Broadway and asked them to replicate this approach across several London boroughs. Not a traditional grant as such, but not quite a 'commission' – this is an example of a Strategic Initiative which we are taking increasingly when appropriate.

Photo courtesy of Broadway London



"WHAT WOULD IT TAKE TO GET YOU OFF THE STREETS?"



PAUL'S STORY

Paul spent his personalised budget on a chair for his room, clothes, a mobile phone, a dictionary, a DVD player, a hearing aid, and some clippers. Here he describes the difference these things have made: improving his physical and mental health, and enabling him to achieve personal change, to break away from his old lifestyle and stay in accommodation.

"The personalised budget has made my life in here (hostel) easier. I read a lot and needed a chair so I got a chair ... I don't have to lie in bed, which is bad for my back.

I was having to go to handouts to get clothes, I don't have to any more. There's no point in coming in and then going to the same old handouts and day centres. I came here to concentrate on my health and break away from old habits.

At one time I couldn't relate to anyone. But since I've been in here I've re-engaged. I can sit and talk and not get stressed out. Now I'm sorting out my health problems, my psychological problems, my hearing. I use my dictionary every day, I do this diary for my clinical psychologist. I've got these DVDs of my therapy sessions which I can put on and I can actually watch, and that does make a difference. The personalised budget has made it possible for me to stay here. There's a good chance I could have been back out there by now if not for the budget."

SIMON'S STORY

Simon was sleeping rough for 18 years. He moved into accommodation after engaging with the Personalised Budget pilot. He has been on a methadone script for four months, engaging with drug treatment after 20 years of heroin use.

"The script is great. I don't know what to do with myself. I have breakfast, go to the clinic to get my script, then watch telly. I think: what can I do today? - instead of going out begging for money for gear.

I'm concentrating on getting it together. I'm trying to go for rehab and detox. I just want to get myself steady first. For some reason, for the first time in my life, everything just clicked, it feels like now I can do something.

Now I'm thinking of going back home. I've got two kids. Hopefully by Christmas I'll get it together. I want to get myself sorted first.

I'm happy as Larry. I never thought about going back out. [The quality of my life has improved] a lot. I'm starting to look after myself, wash and shave. I've got a better life. I'm starting to do something with my life."



WHILST CITY BRIDGE TRUST DOES NOT FUND THE ARTS PER SE, AT EVERY GRANTS COMMITTEE ARTS ORGANISATIONS RECEIVE GRANTS. THIS IS BECAUSE THE ARTS PLAY A VITAL ROLE IN DELIVERING THE SOCIAL OUTCOMES WE EXPECT FROM OUR PROGRAMMES. THE ARTS CAN LITERALLY TRANSFORM LIVES BY IMPROVING HEALTH, WELL-BEING AND REDUCING SOCIAL ISOLATION.

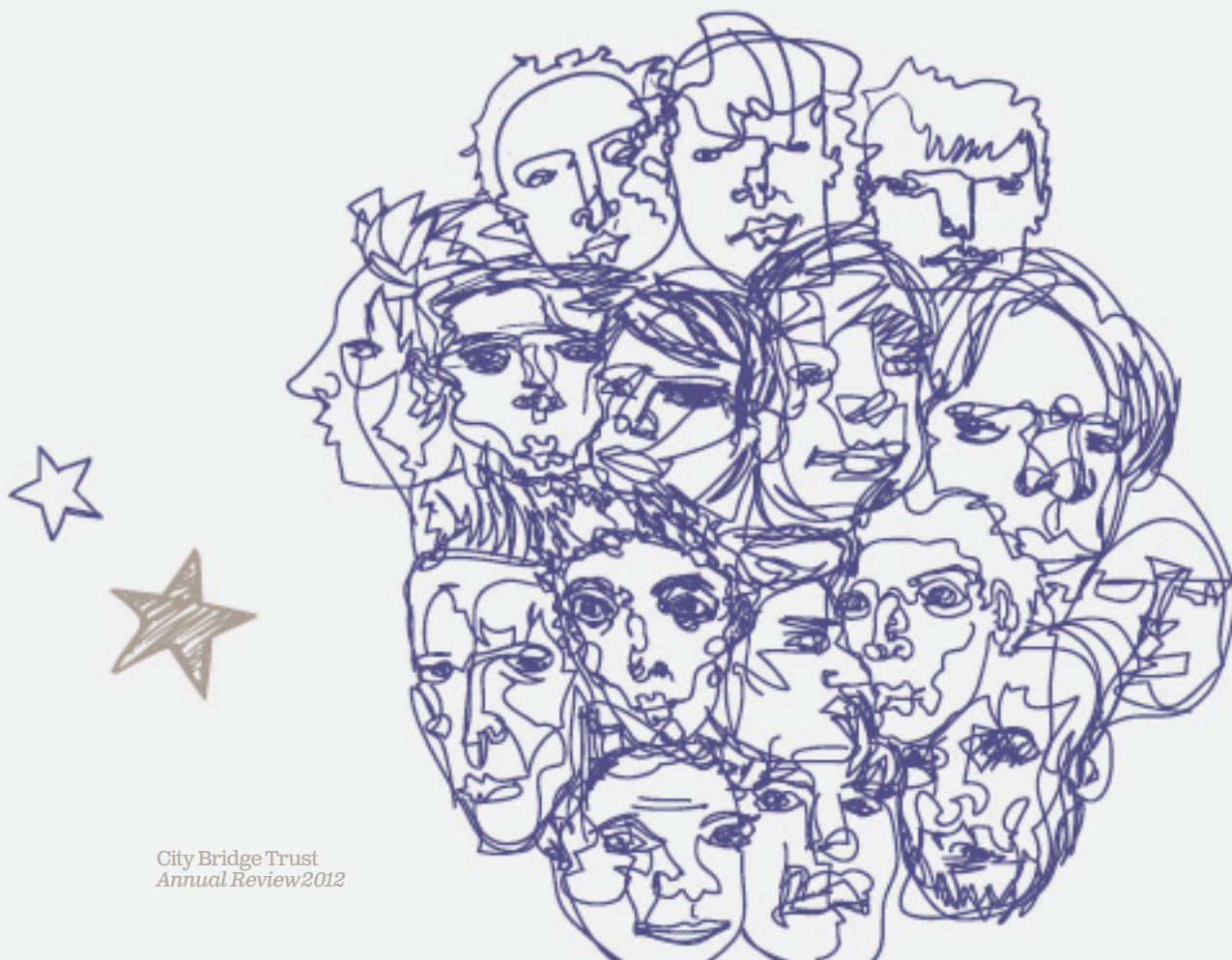
JULY WAS NO EXCEPTION AND THIS MONTH WE AWARDED TWO GRANTS FOR VERY DIFFERENT ARTS PROJECTS.

IMPROVING LONDONERS' MENTAL HEALTH

Live Music Now! (LMN), founded by Yehudi Menuhin, provides talented young professional musicians with a wide range of performing experiences and at the same time playing music to people who for many reasons do not normally experience live music.

Our grant of £75,000 is for work in five London boroughs with the highest incidence of mental ill health in London. Working in hospitals, day and refuge centres and with homelessness organisations, LMN is running 12 week residences, delivering music workshops. Each programme develops from the participants' own musical interests. These include African drumming, setting up a community choir and sometimes conclude in a musical performance.

Over three years, LMN expects to work with 500 people and specific objectives include a reduction in depression and improved well-being, with participants reporting increased confidence and self-esteem.





ACCESSIBLE LONDON – ARTS AND SPORTS

A quite different approach from *Crying Out Loud* is helping 30 children with autism engage with music and dance in a series of inclusive performances. ‘*Dance Please*’ is an interactive playground of movement, light and sound. Parents and carers are given background information on the nature of the performance so that they can decide if it is right for their child. Our grant of £8,120 is making a big difference to these families.

THE KNOWLEDGE – LEARNING FROM LONDON

Convinced of the therapeutic value of the Arts, we commissioned Gerard Lemos to showcase a range of work which we funded with ex-prisoners, older people, those with learning difficulties and people with dementia. We wanted to stimulate a national dialogue on the value of the Arts.

The July issue of our publication *The Knowledge*, ‘*The Arts Case - Why the Arts Make a Difference*’ was partly aimed at Commissioners operating in an increasingly ‘payments by results’ culture. The Arts Case demonstrated how “the case for the arts goes far beyond creation, performance and education.”

Launched in the Barbican Centre, The Arts Case triggered a debate chaired by Sir Nicholas Kenyon. An eminent audience of funders, commissioners, practitioners and journalists contributed and some ‘doubters’ were converted. The national debate continues...

“THANK YOU FOR THE LEMOS&CRANE REPORT – ONE OF THE BEST ARGUMENTS YET PRODUCED IN THIS FIELD – IT WILL BE A REAL HELP TO US.”
CHIEF EXECUTIVE, THE KOESTLER TRUST



Photos courtesy of Sadler’s Wells Theatre. Top and bottom left, copyright Tony Nandi. Bottom right, copyright Gigi Giannella.

AUGUST

Media and the Riots

AUGUST IS USUALLY ONE OF THE QUIET MONTHS IN THE GRANT-MAKING CALENDAR. NOT SO IN 2011 WHEN LONDON WITNESSED WIDESPREAD RIOTING, LOOTING AND ARSON ATTACKS OF UNPRECEDENTED LEVELS. THE CAUSE OF THIS ANARCHY HAS BEEN FIERCELY CONTESTED AND WIDELY DEBATED IN THE PRESS, AMONGST POLITICIANS AND COMMUNITY LEADERS.

LESS DISPUTED IS THE ROLE OF SOCIAL MEDIA IN SPREADING NEWS OF THE RIOTING. DATA SHOWS THAT THE BLACKBERRY MESSAGING SERVICE AND TWITTER PLAYED A KEY ROLE IN HELPING RIOTERS ORGANISE THE WIDESPREAD MAYHEM. HOWEVER, LONDONERS ALSO USED TWITTER TO BAND TOGETHER FOR THE 'BIG POST-RIOT CLEAN UP'.

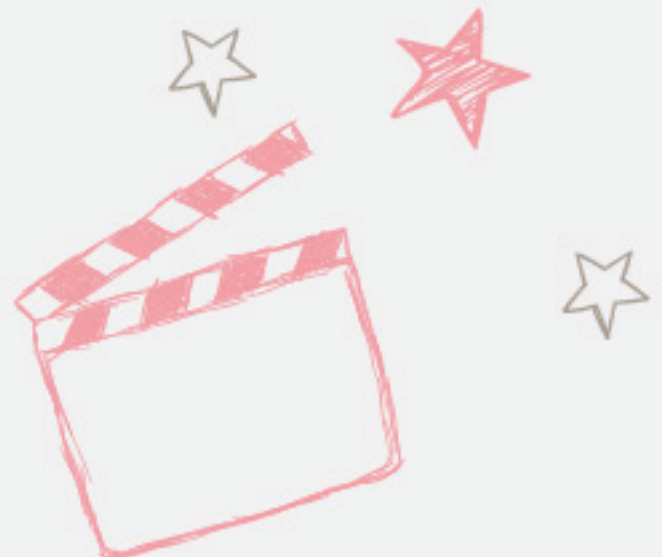
SOCIAL MEDIA ALSO PLAYED A VITAL ROLE IN APPREHENDING AND CONVICTING MANY OF THE TROUBLEMAKERS AS THE POLICE USED FLICKR AND FACEBOOK TO SHARE PHOTOS OF RIOTERS AND LOOTERS. AS A RESULT, 1,968 PEOPLE WERE SENTENCED FOR THEIR INVOLVEMENT IN THE RIOTS.

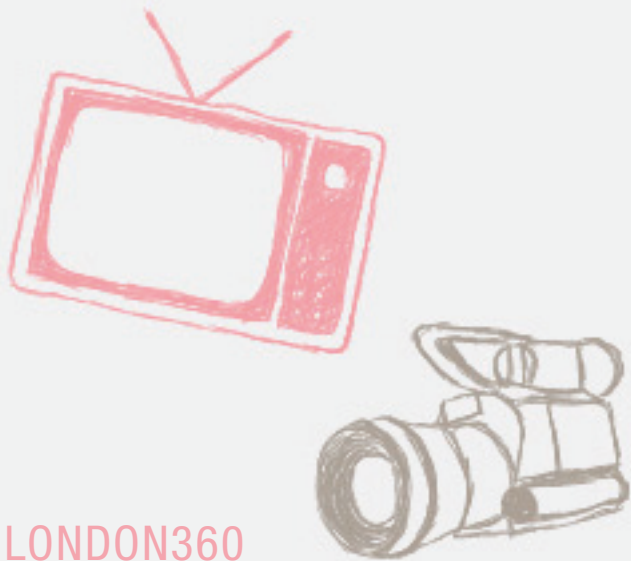


Photo courtesy of Media Trust

MEDIA TRUST

The negative or positive role of the media in communicating, shaping, and recording events is well accepted. We also recognise that the media has a powerful role in helping charities get their messages across and that's one of the reasons why we are long supporters of **Media Trust**, and in particular **London Community Reporters**. This programme is training 18-25 year old journalists. It gives them a voice, experience and enables them to tell the stories of our capital's communities through a dedicated online and television platform, London360. Our grant of **£142,000** has trained 120 young unemployed people in all aspects of the media and they played a unique role in reaching into some of the communities in the heart of the riots.





LONDON360 RIOT SPECIAL

When news broke of the riots the team of young reporters and journalists decided to dedicate a specially extended hour-long episode of the London360 television programme to tell the stories of those most affected by the extraordinary events that had gripped the capital. The reporters immediately took to the streets to hear from and give voice to local communities. They uncovered stories from a range of people and engaged with those affected by the riots including local heroes, parents, teachers, community leaders, MPs, legal professionals and most importantly, London's youth who were the focal point of the disturbances. They got to the heart of the matter, telling untold stories and giving a fresh perspective on these unprecedented events.

Due to the team's unique and fresh take on the unrest, the riot special received a prominent and positive response. Jon Snow, Channel 4 Broadcaster, commented that he "learnt a great deal about the London riots, which I did not really pick up from mainstream broadcasters. (London360) had access to people that (mainstream media) didn't have quite so much access to". Trevor Nelson MBE, TV and Radio Broadcaster, stated: "It was amazing because you had seen the news and heard everything that was said, and then there was this sort of on the road, inside take on what the riots were about from both sides."

TELLING A VICTIM'S STORY

The show had a significant impact on the people featured. Businessman Duncan Mundell featured in the riot special and discussed the looting and burning of his shop in Clapham. As well as his business going up in smoke, a charity, Street Kids Rescue, which Duncan had set up with money from his business, supporting young homeless children in Southeast Asia with education and training was directly affected. Since the broadcast of the show, Mr Mundell has received a huge amount of press coverage, including a two-page feature in the Evening Standard and a slot in a BBC riot documentary. Debenhams in Clapham Junction opened its top floor shop for him to continue to operate his business. He also saw an increase in donations to his charity and volunteers: "We've had an amazing response from featuring on London360. People have contacted us to offer support and donate money to the Street Kids Rescue Charity. We have also had a few people volunteer with us since finding out about us through the show. The publicity we've had has really helped us to get back on our feet".

A phenomenal 95,000 individual viewers tuned in to watch the riot special on the Community Channel. Sky also broadcast the special on their Sky Anytime platform to another 8,000 individuals and the show rated as the Top News show on YouTube. One month later, the community reporters graduated and each of the 20 reporters has found either employment or has gone on for further training in the media industry with the additional 100 journalists gaining confidence, communications skills and increasing their employability.



SEPTEMBER

Voluntary but not Amateur

SEPTEMBER IS ALWAYS OUR BUSIEST MONTH AND WE AWARDED £1.9 MILLION IN GRANTS TO 26 ORGANISATIONS.

BUT WE STILL FOUND TIME TO TAKE OUT FOR OUR TEAM VOLUNTEERING DAY. CITY BRIDGE TRUST VALUES VOLUNTEERING AND NOW MORE THAN EVER BEFORE, THEY HAVE SO MUCH TO OFFER.

EACH APPLICATION IS ASSESSED AGAINST A NUMBER OF CRITERIA AND GRANTS COMMITTEE MEMBERS ARE PARTICULARLY INTERESTED IN RESPONSES TO THE QUESTIONS WE ASK ON THE NUMBER OF VOLUNTEERS WHICH ARE INVOLVED IN AN ORGANISATION AND HOW THEY ARE SUPPORTED. WE HOPE WE PRACTICE WHAT WE PREACH AND THAT'S WHY WE TOOK TIME OUT AND GAVE TIME.

CLEANING UP CREEKSIDE

Creekside Education Trust is an environmental centre in the heart of Deptford. A much used resource for schools and university students, the Creek supports the National Curriculum in Science, Geography, Maths, English and History. What's more, it's fun!

Our volunteering began with a guided walk along the riverbed at low tide, looking at archaeology, river ecology and learning more about conservation.

Then the hard work began. Some of us set out to work on re-decorating the meeting space in the centre. Others helped clean literally hundreds of pairs of mud-encrusted wellington boots. Over the last ten years we have invested **£130,000** in helping this fantastic resource, not only play its part enhancing wildlife habitats, but equally important is the role it plays in the regeneration of the Creekside area.



VOLUNTEERING 'INSIDE'

Trained volunteers are the backbone of the 'Sycamore Tree Project'. This is a part of the Prison Fellowship and it provides a restorative justice programme for serving prisoners.

Volunteers are carefully selected, screened and undertake rigorous training. The six-week programme explores the effects of crime on victims and society, with the prisoner focusing on the consequences of his or her crime. The volunteers involve a victim of crime in the session, telling how the crime has affected their lives.

The final session is attended by family, magistrates and other members of the community. The prisoner produces a written apology or, if he or she can't write, a drawing which enables him or her to express their remorse. This is not easy to do in front of a roomful of people.

Our grant of **£64,800** will enable more volunteers to work with prisoners in seven London prisons. Not a soft option, it has been welcomed by the victims who see it as an opportunity to have their voices heard, so often not the case in court.

A FRIEND IN NEED

SubCo runs a range of services for older people of Indian sub-continental heritage in Newham. It brings together people of Indian, Pakistani and Bangladeshi origin who, between them speak a number of languages, observe different religions and celebrate different festivals.

While it is welcome that all of us are living longer, it means that many more of us will be living with dementia. SubCo, in response to this, has set up a Dementia Care and Befriending scheme to help people become less isolated and cope better with dementia. Trained volunteers offer one-to-one help and advice on living with dementia and where possible encourage those affected to take part in a full programme of structured social activities. Progress and changes in mental health are carefully monitored.

TIME FOR A CHAT

Community Network (CN) was established over 20 years ago by British Telecom and a charitable trust to provide a safe and convenient means by which older people could communicate through conference telephone calling.

Now well-established, volunteer facilitated phone groups, help tackle loneliness and isolation amongst older Londoners. There are over 900,000 people over 70 years old in the Capital and of these rising numbers live on their own.

Those who are largely housebound value the chance of a regular conversation and for some it is the highlight of their week.

Margaret, 83, enjoys her call enormously: "I get dressed up and do my hair and I get ready for the call and pour myself a glass of wine. It's not right to drink on your own but I'm with company so it's OK!"

Our grant of **£100,000** to extend these telephone groups and to support older volunteers to act as peer-group facilitators, brings a double-benefit.



OCTOBER

Improving Londoners' Mental Health

THIS PROGRAMME DEMONSTRATES THE VITAL ROLE THE THIRD SECTOR PLAYS IN DELIVERING A RANGE OF SERVICES TO PEOPLE WITH VERY DIFFERENT MENTAL HEALTH PROBLEMS. TRADITIONAL MENTAL HEALTH PROVIDERS ARE UNABLE TO DELIVER THESE VERY SPECIALIST SERVICES. GRANTS AWARDED IN OCTOBER ILLUSTRATE THE DIFFERENTIATED NEEDS OF LONDONERS WITH MENTAL HEALTH PROBLEMS.



BEAT

Beat is a leading UK charity supporting people affected by eating disorders. Internationally recognised as a mental illness, eating disorders require therapeutic as well as medical treatments, often over a period of up to six years.

Anorexia is the most commonly known eating disorder but accounts for only about 10% of cases, bulimia and binge-eating being much more prevalent. Eating disorders are the second highest cause of death amongst young women after cancer, and some 80% of all affected are young women aged between 12-25 years.

Beat's grant of **£111,700** will help it build a volunteer support network for young people who have or who are recovering from an eating disorder. The volunteers themselves have often overcome an eating disorder and are well-qualified to support and encourage former hospital patients on their discharge into the community, a time when they can be particularly prone to relapse. The volunteers, known as 'Recovery Buddies', will provide email and internet-based support in moderated chatrooms.

WEST LONDON MISSION

West London Day Centre deals with over 1,000 homeless individuals each year. Of these 60% were identified as having some mental health issue. The Centre is located in North Westminster, an area which has the highest concentration of rough sleepers in the UK. Many of these service-users are individuals who have slipped through the mental-health net and are unlikely to seek help voluntarily. Many will not even be registered with a GP.



The Day Centre's Mental Health Project Worker looks after about 30 service users each year, eight of whom will require a return to a psychiatric institution. Our grant of **£123,000** for the salary costs of this important post which is helping both to provide counselling, advice on drugs and alcohol, as well as linking some service users into community psychiatric services and substance misuse agencies.

SHOOTING STAR CHASE

Shooting Star and CHASE, both offering hospice care for children, have come together to form a new charity, **Shooting Star CHASE**, providing specialist care to children with life-limiting illnesses. The holistic service offers excellent medical care but the principal aim is to improve the quality of life for the children and their siblings. Counselling helps the young people manage their anxiety, depression and even suicidal tendencies.

Our grant of **£135,000** is providing both individual and group counselling as well as music therapy. Siblings of life-limited children experience many emotions. They may be angry that their brother or sister is ill or that they are receiving less attention or fearful that they themselves will get ill. This sometimes manifests itself in changed behaviour and some may show bullying, introverted or challenging behaviour at school. Counselling or group support can really help the young people to understand their feelings at this very traumatic period in their lives.

CAMPAIGN AGAINST LIVING MISERABLY – CALM

Another example of a niche service which complements traditional psychiatric services is **CALM**. Suicide is the biggest killer of young men aged under 35 years in the UK. 76% of suicides are men and one in ten is a young person aged 15-24 years.

A new initiative, London CALM zone will offer a helpline, website and SMS support specifically targeting disengaged young men. It promotes itself in places such as music venues, pubs, advertising billboards, on beer mats and even pizza boxes. Not a traditional mental health charity, CALM is reaching young men **'where they are at'** and our grant of **£150,000** is helping CALM set up its London work.



Photo courtesy of CALM, artwork by Nathan Bowen



NOVEMBER

Learning and Sharing

FUNDING RESEARCH THAT HELPS INFORM NATIONAL AND REGIONAL POLICY IS INCREASINGLY IMPORTANT TO US. OFTEN MORE CAN BE ACHIEVED THROUGH HIGHLIGHTING A SOCIAL ISSUE AND ADVOCATING FOR CHANGE, THAN BY FUNDING A SINGLE PROJECT.

THERE IS NO STATUTORY REQUIREMENT TO MEET THE EMOTIONAL NEEDS OF CHILDREN AND YOUNG PEOPLE ESCAPING DOMESTIC VIOLENCE, WHICH MEANS THAT SERVICES ARE PATCHY AND VARIABLE IN QUALITY. THAT'S WHY WE FUNDED NSPCC AND REFUGE TO MAP EXISTING SERVICES, HIGHLIGHTING GAPS IN PROVISION AND PRODUCE AN AUTHORITATIVE RESEARCH REPORT TO FURTHER THE DEBATE ON APPROPRIATE SERVICES.



THE BARBICAN CONFERENCE

On 22 November we held a well-attended conference at the Barbican, 'Meeting the needs of children living with domestic violence in London'.

The conference discussed the findings of the research which we commissioned, and examined how services could be improved for children and young people affected by domestic violence.

The research found that despite the fact that one in seven children and young people under the age of ten years will have lived with domestic violence at some point in their lives, services to meet children's specific needs rarely exist. A focus on the needs of the abused parent mean that children's needs are often overlooked.

Chaired by Zoe Williams of the Guardian, Lynn Featherstone MP, Minister for Equalities, gave a keynote speech. As important were the views from a young people's panel who argued for a more joined up approach to services that take account of the needs of both women and children living with domestic violence. These should address both the emotional and physical needs and the young people want to be consulted over the design of services that directly affect them; for example, making counselling services available out of hours rather than between 9am and 5pm when they are at school.

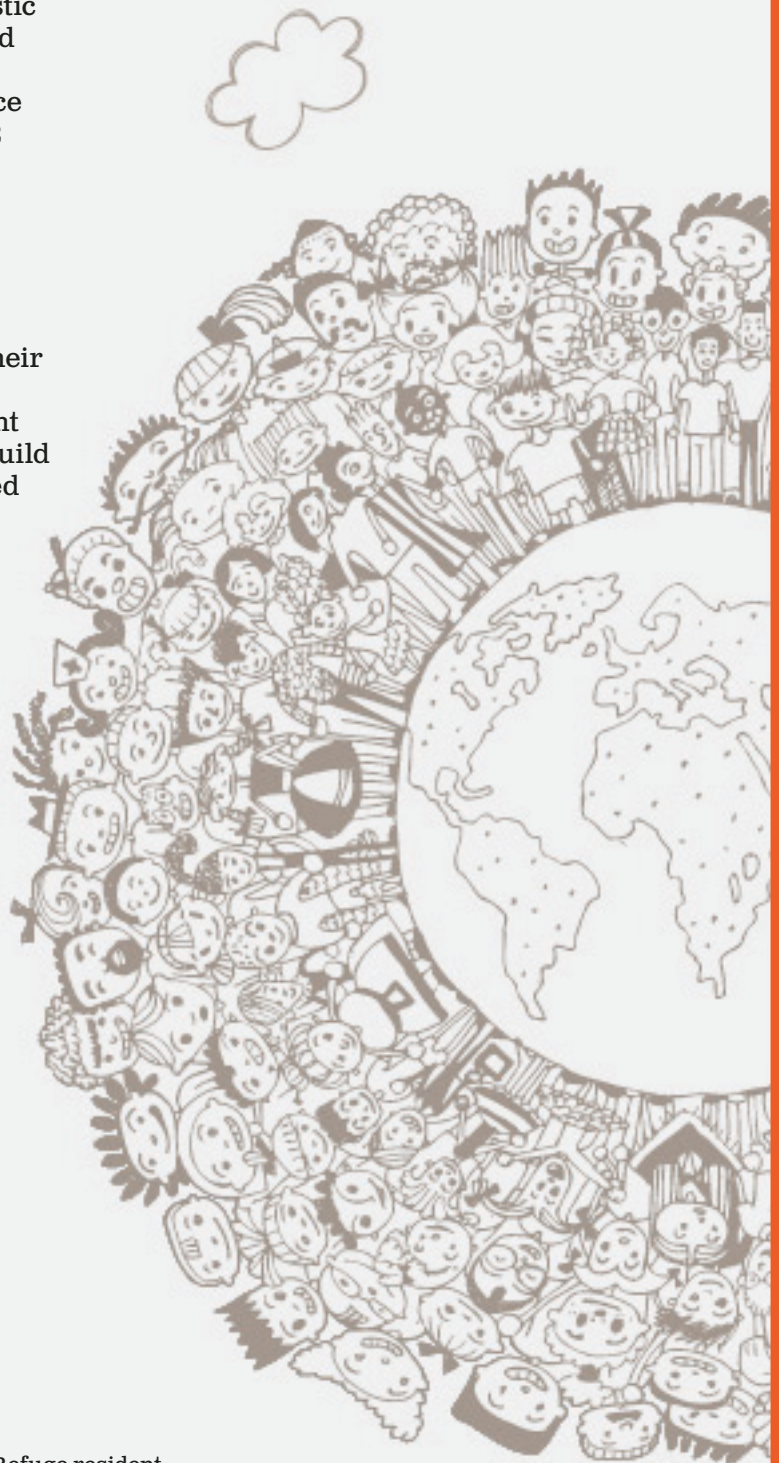


SOLACE WOMEN'S AID

Solace Women's Aid (SWA) is using its grant of **£135,000** to support a Family and Children Support Worker dedicated to the needs of children and young people affected by domestic violence, in particular their mental health and emotional needs.

SWA is a key player in the domestic violence field in London and runs 80 family units in 12 refuges. Over a thousand crimes relating to domestic violence are recorded each week in London and research has shown that 70% of incidents are not reported to the police.

Children and young people in the refuges have either been abused themselves by the perpetrator or have witnessed the abuse of their mothers. As well as providing individual, specialist support and preventative work, joint work with both mother and child helps to rebuild a relationship that has been adversely affected by domestic violence. SWA expects over 400 children and young people will get specialist help to improve their mental health.



A drawing by a 7-year old Refuge resident which was used on the cover of the joint NSPCC-Refuge research report.
Photography copyright Julian Nieman.

DECEMBER

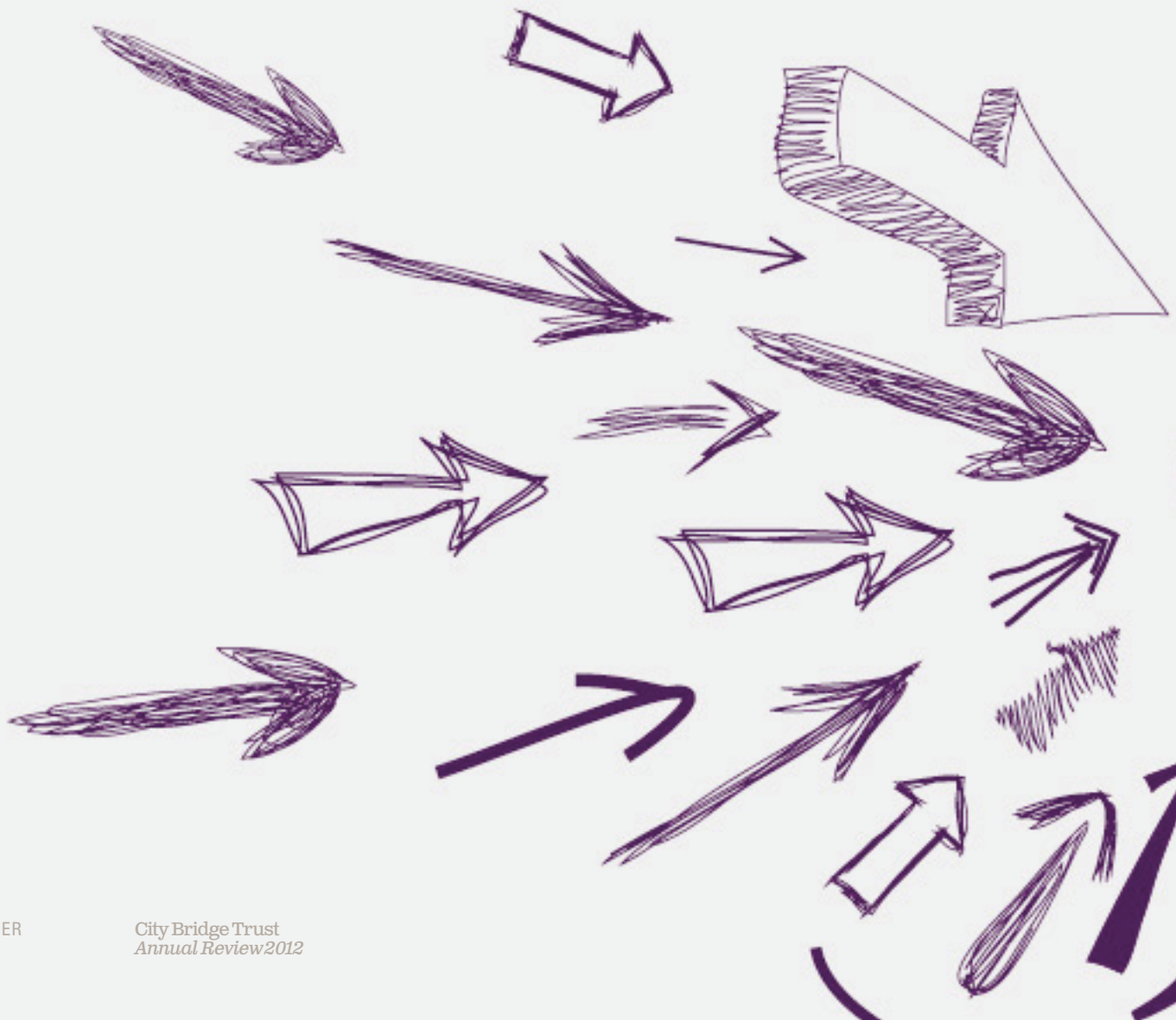
Monitoring and Evaluation

AS WE HAVE NO GRANTS COMMITTEE MEETING IN DECEMBER WE DEDICATE MORE TIME THIS MONTH TO THE MONITORING AND EVALUATION OF OUR GRANTS.

OUR APPROACH

As part of any grants assessment, we discuss with applicants their plans to track the impact of their work. We expect organisations to demonstrate the difference their work will make and how they will use this information for learning and development.

Once a grant has been awarded, an organisation is required to send us an annual report detailing the activities delivered, difference made, lessons learned and any unexpected changes. We take care not to ask for more information than we need and tailor our monitoring requirements to the size of the grant. We read all reports received and often provide feedback to the grant holder.



CES TRAINING

We recognise that some organisations want support with monitoring and evaluation, either because they run particularly complex projects, or because they have less experience of tracking their work. Organisations generally find it easier to describe what they have done (quantifiable information, such as the numbers of clients seen, or 'outputs') than to assess the difference they have made (qualitative information such as improvements to the well-being of clients, or 'outcomes'). We work closely with **Charities Evaluation Services (CES)** which offers discounted training to some of our grantees to help them improve how they measure the impact of their work.

Some work, by its nature, is more readily measured than others. For example, in advice work, it is usually fairly straightforward to track casework outcomes, such as amounts of money raised through backdated benefits or success in securing accommodation for a homeless person. By contrast, work that is meant to be preventative, for example, around crime reduction amongst young people, is much more difficult to measure, especially as it may be several years before the outcomes can be known. Here track record counts as well as what we know works in other situations.

MONITORING VISITS

As well as self-reporting, we also run a programme of follow-up visits to a representative sample of organisations each year. There can be no better way to understand the work than to see it in action. Sometimes of course we are unable to do this, say where there is a confidential service involved, in which case meeting the worker delivering the service is the next best thing.

TWO-WAY LEARNING

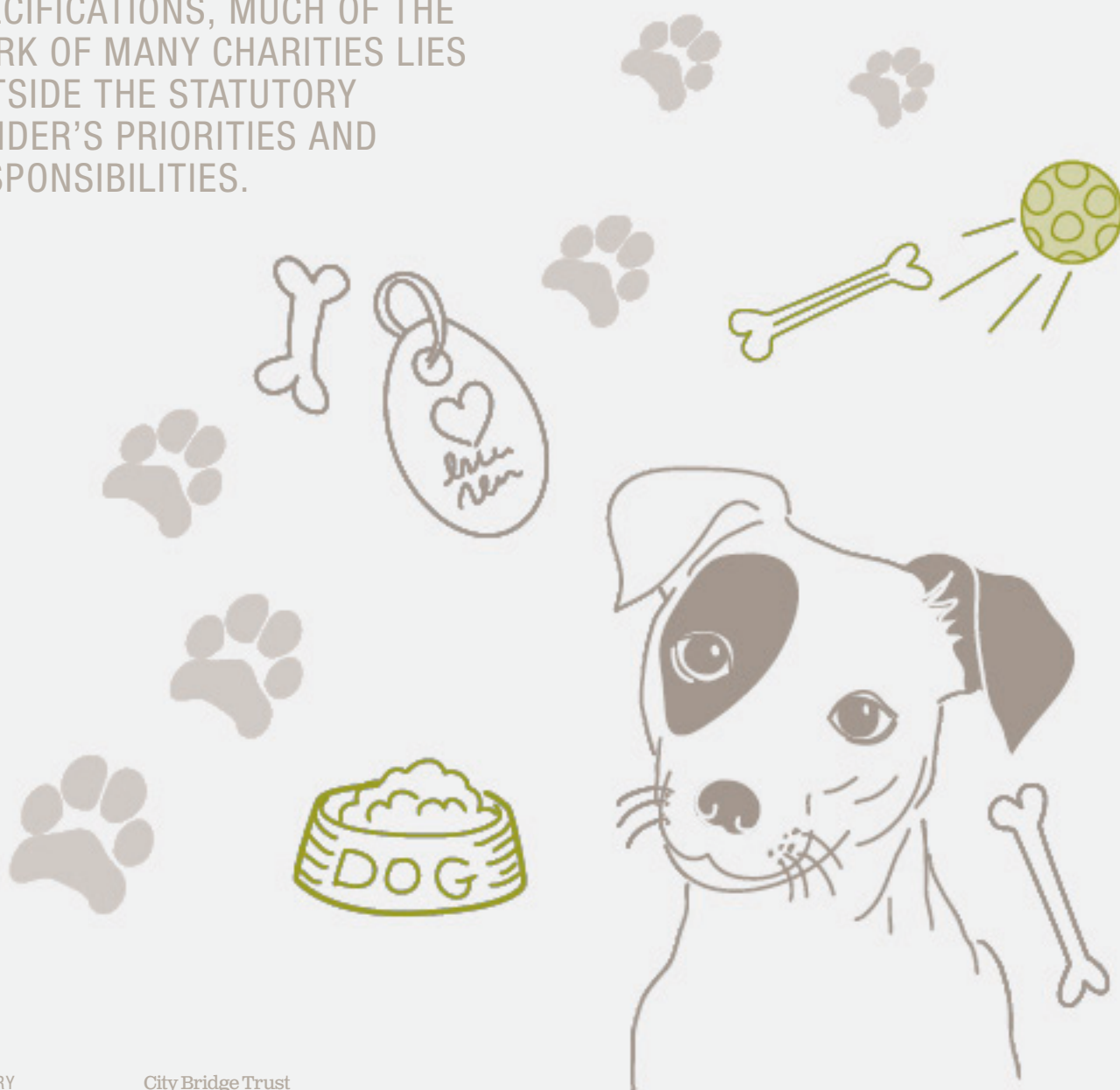
The visit is an opportunity to increase our own learning about the work. The groups themselves usually find the grants officer's advice and feedback helpful and often use the visit as an opportunity to make use of the officer's expertise. It is often the case that an organisation undersells itself in its written reports. The visit provides an opportunity to see the quality of the work first-hand and the visiting officer may suggest ways in which future reports could be improved. In a funding environment which increasingly demands an 'evidence base', we hope that this is valuable.



JANUARY

The Funding Environment

AS A 'GENERALIST' GRANT-MAKER, ALBEIT WITH CLEARLY DEFINED, DISTINCT PROGRAMMES, WE ARE PRIVILEGED TO SUPPORT A VARIETY OF WORK, MUCH OF WHICH DOES NOT ATTRACT STATUTORY SUPPORT, IMPORTANT THOUGH THAT WORK IS. IN A GROWING 'PAYMENT BY RESULTS CULTURE' WITH TIGHT CONTRACT SPECIFICATIONS, MUCH OF THE WORK OF MANY CHARITIES LIES OUTSIDE THE STATUTORY FUNDER'S PRIORITIES AND RESPONSIBILITIES.



MAYHEW ANIMAL HOME

The **Mayhew Animal Home** receives no statutory funding and each year needs to raise £1.5 million from donations, legacies and grantmaking trusts. One of the capital's leading animal care and rescue centres, Mayhew helps thousands of dogs, cats, small mammals and other creatures each year. It offers free and low-cost veterinary care to those unable to afford private fees and provides a pet refuge to care for a family pet due to homelessness, domestic violence or short term financial hardship.

What's less well-known is Mayhew's newly established '**Animal Therapy Visits**' project, working in partnership with residential care homes. As a response to requests from care workers, rescue animals are taken for regular visits to care homes. Many of the older residents, including those with dementia and Alzheimer's, respond very well to stroking and spending time with a pet. Touch is one of the last senses affected by the onset of dementia and the pet visit can be therapeutic for residents with advanced conditions.

Our grant of **£75,000** will help Mayhew extend an earlier pilot study. This showed increased well-being and even an improvement in physical activity for some older people. Depending on a patient's mobility, they may be able to groom the animal, throw a ball, or even go for a short walk. One resident was reluctant to practice walking with a therapist but liked taking the dog for a walk. More commonly, the 'pet visit' lightens the mood of many residents and settles restlessness. Stroking an animal can lower blood pressure, reduce stress levels and provide a happy topic for a conversation.

One resident had to give up his cat when he left his own home. A cat-lover all his life, his one wish was that a cat could share his 90th birthday party. A simple request and Mayhew were able to make his dream come true.



AFGHAN ASSOCIATION PAIWAND

This organisation receives little statutory funding so our grant of **£90,000 over three years** will fund a **Mental Health Advocate** to work with refugees from Afghanistan. Many Afghans view mental ill health problems as a source of weakness and are reluctant to admit to having difficulties.

Since the war in Afghanistan the number of refugees living in North West London has increased substantially. Depression, anxiety and post-traumatic stress are prevalent with last year some 300 people from the Association reporting mental ill health.

Research by Central and North West NHS Foundation Trust indicated that the Afghan Community needs help but, for a variety of reasons, was not active about seeking it. That's why the Mental Health Advocate plays a vital role, acting as a bridge between professionals and the community. Mindful of cultural sensitivities, the worker will help communicate concepts regarding mental health within the community, and advocate on its behalf with the statutory services.



FEBRUARY

Widening Access

SINCE WE BEGAN MAKING GRANTS IN 1995, OUR DISABILITY PROGRAMME HAS BEEN OUR FLAGSHIP PROGRAMME. OUR MAIN BUSINESS IS THE MAINTENANCE OF THE BRIDGES WE OWN – BLACKFRIARS, LONDON, SOUTHWARK, TOWER BRIDGE AND THE MILLENNIUM BRIDGES. THE BRIDGES ARE ABOUT WIDENING ACCESS FOR LONDONERS AND THAT'S WHY OUR ACCESSIBLE LONDON PROGRAMME REFLECTS THIS BY OPENING UP MORE OPPORTUNITIES FOR DISABLED PEOPLE.

IN FEBRUARY £345,090 WAS AWARDED TO CHARITIES OFFERING HIGH QUALITY ARTISTIC AND SPORTING OPPORTUNITIES FOR DISABLED PEOPLE.

CHILDREN'S DISCOVERY CENTRE (DISCOVER)

DISCOVER is an exciting, hands-on, creative literacy centre for children in East London. Amongst its various activities, DISCOVER runs a Saturday Arts club for children with disabilities and special educational needs. DISCOVER uses professional artists and story-builders to help the children create their own stories, films and animations. The Story Trail, Story Garden and Story Den are a series of stimulating environments where all children can develop their communication skills and enjoy high quality, innovative play. Two grants totalling **£58,000 over three years** will allow DISCOVER to run a programme of arts and creative activities for disabled children.



DIAMOND CENTRE FOR DISABLED RIDERS

Built on a large site with over 30 acres of land, two indoor riding areas, an outside arena, stables and out-buildings, the **Diamond Centre For Disabled Riders** is one of the largest purpose built centres in the world, offering therapeutic riding.

Located in Sutton, it stables 30 horses and ponies, providing riding, carriage driving and vaulting for over 380 riders each week, aged between 5 and 65 years. Riders have a range of disabilities including spina bifida, cerebral palsy, epilepsy, Down's Syndrome and autism. All riders are carefully assessed by the Centre's physiotherapists so that they can be placed safely on a suitable ride.

Therapeutic riding and hippotherapy are available to those who will benefit and these sessions are delivered by highly qualified physiotherapists.

The Centre caters for all ages and all abilities and has achieved an excellent record of success in the RDA Regional Dressage Championships and Paralympic dressage.

Our grant of **£80,290** is towards the salary costs of the Centre's Administrator, a key post in ensuring the smooth running of the Centre's activities.



Photo courtesy of the Diamond Centre for Disabled Riders

INTERACTIVE

Research shows that there are 1.4 million disabled people in London, 78% of whom do no physical activity at all. Reasons for this are complex. Disabled people cite unsuitable facilities, lack of time and money, and a poor welcome from some staff. Disabled people's sports groups can only cater for a minority of people so **Interactive** works with mainstream sports organisations to become fully inclusive.

'**Inclusive and Active**' was a successful campaign which engaged London boroughs, many sport governing bodies and disability organisations and in so doing at least 1,600 sports clubs pledged to provide specialist services and integrated activity for disabled people of all ages.

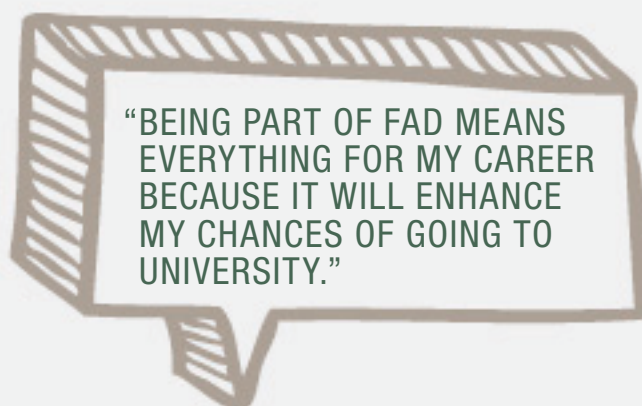
While many leisure providers are signed up to the principles of inclusive sport, much more could be done. Our grant of **£120,000** is for the costs of a full-time Relationship Manager, who will link with sports and leisure providers in translating the pledges into action and help make London sport really inclusive.



MARCH

Bridging Communities

THIS PROGRAMME ATTRACTS MANY MORE APPLICATIONS THAN WE ARE ABLE TO FUND. THE MOST SUCCESSFUL BRING TOGETHER PEOPLE FROM DIFFERENT COMMUNITIES TO WORK TOGETHER ON A COMMON PROJECT, LEAVING A LEGACY THROUGH LEADERSHIP WHEN THE WORK HAS FINISHED.



FASHION AWARENESS DIRECT (FAD)

FAD works with over 1,000 young people each year, developing practical and vocational skills for the design sector, bringing together people from all walks of life. Highly inclusive, it runs Fashion Clubs for 13-14 year olds and Fashion Futures for 14-18 year olds. It aims to bridge the gap between education and the fashion industry through fashion creative workshops, competitions and by arranging mentoring, industry visits and work experience.

A typical schools-based project is its Fairtrade Fashion Club, where the students link with a Fairtrade Women’s Co-operative in Ghana. Making use of Ghanaian fashion designs, the young people make their own clothing and accessories, exhibiting them at school and sending postcards back to the Ghanaian women.

Whilst working with many different cultures, faiths, ethnic groups and socio-economic backgrounds, FAD noticed that within this broad spectrum, young people tended to socialise and form relationships with others from similar backgrounds.



Photo courtesy of Fashion Awareness Direct



In response to this, our grant of £90,000 is for FAD to establish the FAD Youth Leadership Academy. The academy will build on commonalities between young people from African, Afro-Caribbean, Eastern European, Latin, Bangladeshi, Kurdish and White British backgrounds. These young people will work together to develop their leadership, communication, self-discipline, resilience and creativity on common themes.

This takes some organising, which is why we are funding a Youth Leadership Manager to develop and run this programme for three years. One graduate of a FAD Summer School summed up what that programme meant for her: "Being part of the summer project enhanced my confidence and opened my eyes. I've met so many people and made so many contacts. Being part of FAD means everything for my career because it will enhance my chances of going to university."

We hope that, once established, the FAD Leadership course will be accredited and help many more young people in their chosen careers.

THE HANSARD SOCIETY

The Hansard Society, established in 1944 by Winston Churchill and Clement Atlee, is a charity distinct from Hansard itself, which records the proceedings of Parliament and is funded directly by Government.

Strictly non-party political, The Hansard Society's Vice-Presidents are Rt Hon David Cameron MP, Rt Hon Nick Clegg MP and the Rt Hon Ed Miliband MP. The society aims to strengthen parliamentary democracy and encourage greater public involvement in politics. Every year the Society undertakes research into the democratic process and its latest Audit of Political Engagement highlighted the 'democratic deficit'. It showed that 60% of White British respondents said they were certain to vote in the next election compared with 44% of Black and Minority Ethnic respondents. White respondents were also more than twice as likely to be able to name their MP compared to Black and Minority Ethnic respondents (White: 40%; Black and Minority Ethnic: 19%)

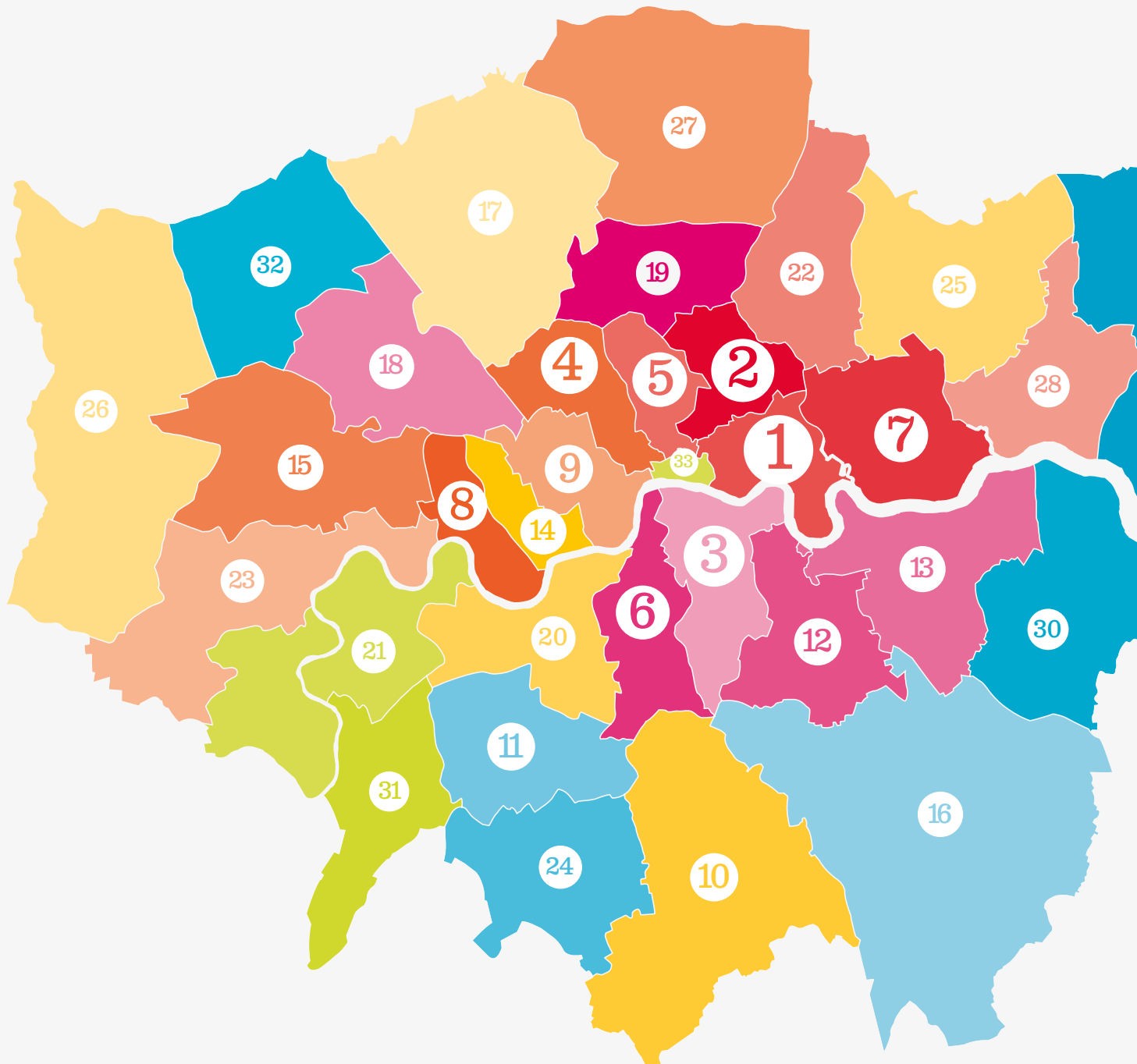
One of the Society's responses was to set up the Youth Leadership Programme, initially focussing on Newham and Tower Hamlets. Both are close communities with identifiable leaders within the Somali and Bangladeshi communities. The Young Leaders are recruited and work in teams and shadow a Westminster MP for two weeks. A work placement follows and hosts include Government departments, Cabinet Office, BBC Parliament channel and party political HQs.

The Education Programme delivered at weekends and in the evening will include workshops and speaker sessions. As well as developing leadership skills, the programme, funded by a grant of £86,750, will help the young people better understand the value of the wider political process and in turn communicate that within their local communities. Local proximity will encourage the young leaders to stay in touch when the programme finishes - a unique example of 'Bridging Communities'.



FINANCIALS

Total grants spend by London Borough – September 1995 to March 2012





1 TOWER HAMLETS 275 Grants £10,115,742	12 LEWISHAM 149 Grants £3,652,899	23 HOUNSLOW 77 Grants £2,543,073
2 HACKNEY 233 Grants £8,400,458	13 GREENWICH 96 Grants £3,413,998	24 SUTTON 88 Grants £2,528,611
3 SOUTHWARK 237 Grants £7,558,318	14 KENSINGTON & CHELSEA 78 Grants £3,346,268	25 REDBRIDGE 78 Grants £2,451,523
4 CAMDEN 146 Grants £7,071,904	15 EALING 86 Grants £3,273,809	26 HILLINGDON 104 Grants £2,276,566
5 ISLINGTON 164 Grants £6,032,937	16 BROMLEY 133 Grants £3,080,921	27 ENFIELD 87 Grants £2,150,800
6 LAMBETH 164 Grants £5,568,841	17 BARNET 106 Grants £3,004,012	28 BARKING & DAGENHAM 69 Grants £2,041,297
7 NEWHAM 158 Grants £5,440,975	18 BRENT 86 Grants £2,954,224	29 HAVERING 96 Grants £2,026,424
8 HAMMERSMITH & FULHAM 112 Grants £4,372,708	19 HARINGEY 107 Grants £2,820,390	30 BEXLEY 106 Grants £1,784,915
9 WESTMINSTER 110 Grants £4,101,681	20 WANDSWORTH 92 Grants £2,715,953	31 KINGSTON UPON THAMES 58 Grants £1,751,125
10 CROYDON 128 Grants £3,746,066	21 RICHMOND UPON THAMES 139 Grants £2,616,483	32 HARROW 66 Grants £1,713,843
11 MERTON 113 Grants £3,656,112	22 WALTHAM FOREST 132 Grants £2,590,130	33 CITY OF LONDON 11 Grants £402,060

DEPRIVATION INDEX RANK

MOST DEPRIVED



SEVERAL INNER BOROUGHES

502 Grants
£20,181,372

SEVERAL OUTER BOROUGHES

168 Grants
£6,607,390

OTHER COMBINATION

573 Grants
£32,019,100

LONDON-WIDE

1,283 Grants
£91,774,151

LIST OF GRANTS APPROVED 2011/12

Working With Londoners

Accessible London

Accessible Transport

Friend in Need Community Care / for an accessible minibus / £10,000 / 1 year

Harrow Community Transport / for development and sustainability support services / £35,000 / 2 years

Westway Community Transport / for the salary and other costs of a marketing and communications post / £80,000 / 2 years

Subtotal £125,000

Accessible Buildings

All Saints Church, Ealing Common / for disability access improvements to the church hall / £37,000 / 1 year

Art in Perpetuity Trust / for the disability access elements of a new studio development / £50,000 / 1 year

Battersea Arts Centre / for an access audit / £3,500 / 1 year

Cambridge House / for the planning, design and installation of a fully accessible signage and way-finding system / £45,000 / 1 year

Centre 404 / for an accessible lift / £50,000 / 1 year

Charles Dickens Museum / for access improvements to the Dickens Museum / £50,000 / 1 year

Civil Liberties Trust / for the installation of a platform lift and other access improvements / £43,335 / 1 year

Crossroads Women / for disability access works for a new women's centre / £50,000 / 1 year

Geffrye Museum Trust / for an access audit / £5,000 / 6 months

Guild Church of St Martin-within-Ludgate / for access adaptations within the church for the creation of a community counselling facility / £50,000 / 1 year

Hoxton Hall / for disability access works / £50,000 / 1 year

Jewish Community Centre UK (JCC) / for accessible toilets and changing areas for a new purpose-built community centre / £46,000 / 1 year

Police Rehabilitation Trust / for wet-room facilities at the Police Rehabilitation Centre / £20,000 / 1 year

St James the Less, Pimlico / for disabled access to the St James' Parish Centre / £60,000 / 1 year

St Laurence Church Catford / for an access audit and disability equality training for staff and volunteers / £1,800 / 1 year

St Paul's Church, Hainault / for the disability access features of the community hall refurbishment / £42,600 / 1 year

Studio Voltaire / for the costs of an access audit / £700 / 1 month

Thrive / for the construction of accessible facilities in Battersea Park / £50,000 / 1 year

Training Ship Broadsword Sea Training Corps / for the cost of an access audit and disability equality training for volunteers / £1,325 / 1 year

Victoria Park Harriers & Tower Hamlets AC / for disabled access / £50,000 / 1 year

Subtotal £706,260

Accessible Arts & Sports

A New Direction / for piloting the 'Moving In' project promoting inclusion and disability awareness on the Headstart programme / £22,425 / 1 year

Action Space London Events / for salary and related costs of a pastoral care worker / £67,000 / 3 years

Active Horizons / for an accessible sports project with disabled black and minority ethnic young people in Bexley / £24,800 / 2 years

AHOY Centre / for two sailing instructors and their support costs for the centre's 'Sailability' programme of water sports with disabled young people / £79,783 / 2 years

Bromley Bowling Club / for access improvements / £18,300 / 1 year

Children's Discovery Centre, East London (DISCOVER) / for staffing and running costs of the Saturday Arts Club / £24,000 / 1 year

City of London Sinfonia / for a programme of music for disabled children in hospitals / £85,700 / 3 years

Crying Out Loud / for inclusive performances and a workshop for children and young people with autism at Chats Place, Hackney / £8,120 / 1 year

Diamond Centre for Disabled Riders / for the salary costs of a centre administrator / £80,290 / 3 years

Docklands Sailing Centre Trust / for disability access works / £45,200 / 1 year

Drake Music / for a programme of activities to develop and profile disabled musicians and artists / £77,000 / 2 years

Dream Arts / for new opportunities for disabled children and young people in Westminster to engage in quality expressive arts projects / £24,500 / 3 years

Earls Court Youth Club / for the staffing and transport costs of providing activities for disabled young people / £30,000 / 2 years

Extant / for the costs of a Performance Power Training development manager / £64,500 / 3 years

Haringey Shed / for the Chief Executive's salary and on-costs / £107,600 / 3 years

Heart n Soul / for the salary of the co-ordinator and running costs of the 'Training and Taking Part' programme / £90,000 / 3 years

Interactive / for the costs of a relationship manager plus on-costs / £120,000 / 3 years

Maypole Project / for activity days for ill and disabled children and providing respite for parents and carers / £24,050 / 3 years

Midi Music Company / for a music development programme for young deaf Londoners / £36,000 / 2 years

South London Special League / for salary and associated costs of a programme manager / £66,000 / 3 years

Stepping Stones Project Gateway Club / for salaries and running costs of developing arts, exercise and sports programmes / £18,200 / 2 years

Twickenham Rowing Club / for the disability access features of the refurbished clubhouse / £50,000 / 1 year

Vocaley / for a consultant working to promote audio description services to London's galleries and museums / £19,700 / 2 years

Subtotal £1,183,168

Total £2,014,428

Bridging Communities

Abbey Community Association / for English language teaching and workshops for Bangladeshi and Arabic speaking residents of the SW1 area / £24,750 / 2 years

Afghanistan and Central Asian Association / for providing Level 1 ESOL classes to Afghan and Central Asian refugees / £33,300 / 3 years

An Viet Foundation / for entry-level English language tuition / £48,000 / 3 years

Artangel / for a project addressing gay, bisexual and transgender identity in Wandsworth Prison / £15,100 / 1 year

Bernie Grant Centre Partnership / for staff and associated costs of a community video project leader and assistant / £24,000 / 2 years

Bromley by Bow Centre / for salary and running costs of the ESOL programme for women in Tower Hamlets / £149,000 / 3 years

Cardinal Hume Centre / for an ESOL co-ordinator / £60,000 / 3 years

CARIS Haringey / for salary and running costs of pre-entry and Level 1 ESOL classes for women / £62,500 / 3 years

Disability Rights UK / for a leadership development programme for young disabled people / £45,000 / 1 year

EFA London / for an English language course for migrants in Greenwich / £37,090 / 3 years

Epic Arts / for the salary and running costs of four projects providing a series of drama workshops / £32,270 / 3 years

Ethnic Minorities Advocacy Group / for a basic English language programme for members of isolated communities in Richmond / £37,500 / 3 years

Fashion Awareness Direct / for salary and associated running costs of a manager to develop a youth leadership programme / £90,000 / 3 years

Flying Gorillas / for an arts project bringing together young people from the Westway Travellers' site with residents from nearby estates / £58,500 / 3 years

Hansard Society Ltd / for a programme to connect leaders of disadvantaged ethnic communities with British politics / £86,750 / 3 years

Her Centre / for salary and associated running costs of a programme bringing women together from different communities, building their confidence and encouraging them to become active citizens / £98,200 / 3 years

I-Serve / for a project co-ordinator and costs for a leadership development project with young people from a range of black and minority ethnic communities / £56,000 / 2 years

JAN Trust / for ESOL classes / £25,000 / 1 year

Kurdish Advice Centre / for Level 1 ESOL provision / £96,000 / 3 years

Learn English at Home / for a volunteer co-ordinator and director plus associated running and overhead costs / £132,000 / 3 years

Lokahi Foundation / for the development of the 'Campusalam' project in London universities / £60,000 / 3 years

London Sinfonietta / for the 'KX Collective' project / £45,900 / 3 years

Migrant Voice / for a co-ordinator and running costs of the 'London Migrant Voices for Change' project / £40,000 / 2 years

Pan Intercultural Arts / for salaries and on-costs / £75,000 / 3 years

Refugee Action Kingston / for an English learning project co-ordinator and running costs of ESOL classes for refugees / £126,000 / 3 years

Roundhouse Trust / for salary and project costs of a community co-ordinator / £120,000 / 3 years

Russian Immigrants Association / for a programme of English language lessons for adults from Eastern Europe / £21,350 / 2 years

Saam Theatre Company / for English and drama workshops for Persian speaking adults / £18,000 / 3 years

Triangle Arts Trust / for an education and outreach co-ordinator and an outreach programme encouraging social cohesion in north Lambeth / £48,300 / 3 years

Voice4Change England / for a project to develop fair and equitable collaborations between the BME and mainstream voluntary sector / £108,200 / 2 years

Young Foundation / for the salary and on-costs of the Director's post at UpRising / £120,000 / 3 years

Young Vic Theatre Company / for the 'Babel' project / £50,000 / 1 year

Total

£2,043,710

Improving Londoners' Mental Health

ADHD and Autism Support Harrow / for salary and other costs of specialised support, training and life skills to young people with ADHD and autism / £51,300 / 3 years

Afghan Association Paiwand / for salary and related costs of a community mental health advocate / £90,000 / 3 years

Alternatives to Violence Project Britain / for work with offenders and ex-offenders, helping them improve their mental health and handle conflict / £24,800 / 3 years

Artspace / for the cost of co-ordination and case management / £60,000 / 3 years

Baobab Centre for Young Survivors in Exile / for a counselling and therapy service for young traumatised refugees / £72,000 / 3 years

Beat / for a programme for targeted support for Londoners who have an eating disorder / £111,700 / 3 years

Bikur Cholim / for a culturally sensitive intervention and support programme for young people with mental health problems and their families and carers / £125,000 / 3 years

Birth Companions / for a director / £26,000 / 1 year

Brandon Centre for Counselling and Psychotherapy for Young People / for the salary and on-costs of a clinical manager / £120,000 / 3 years

Campaign Against Living Miserably (CALM) / for a campaign to improve the mental health of young men / £150,000 / 3 years

Changing Faces / for a training programme for Changing Faces Practitioners, and the salary and related costs of the London-based Practitioner / £130,000 / 3 years

Choir with No Name / for a director / £60,000 / 3 years

Community Housing and Therapy / for a deputy manager at Home Base, a residential mental health support facility for homeless ex-service personnel / £90,000 / 3 years

LIST OF GRANTS APPROVED 2011/12 CONTINUED

Faces in Focus / for salary and on-costs of a counselling co-ordinator / £120,000 / 3 years

Food Chain / for the 'Eating Together' project for isolated people with depression living with HIV / £95,675 / 2 years

Gardening Leave / for a horticultural therapy project for ex-service personnel with mental health problems / £25,000 / 2 years

Havering Mind / for an OWLS co-ordinator and an activities programme for older people with mental health problems / £92,000 / 3 years

Homeless Link / for salary and running costs of a project to improve mental health services for homeless people / £38,000 / 1 year

Live Music Now! / for a live music project to improve the well-being of people with mental health problems / £75,000 / 3 years

Manor Gardens Welfare Trust / for a development manager and costs of the 'Headstrong' project / £135,000 / 3 years

Mary Dolly Foundation / for work in schools in Bromley and Greenwich providing therapeutic interventions to children and young people experiencing emotional distress / £24,000 / 3 years

Missing People / for extending the Reconnect Network for missing people in several London Boroughs / £105,520 / 3 years

New Bridge Foundation / for a 'Through the Gate' befriending service / £30,000 / 3 years

Passage 2000 / for the salary and overheads of a mental health worker / £120,000 / 3 years

Positive East / for salary and operational costs of the 'Re-Assure Women' project / £112,500 / 3 years

Raw Material Music and Media / for providing music and media opportunities for clients experiencing the early onset of severe mental health problems / £38,000 / 2 years

Read - The Reading Agency / for the 'Six Book Challenge' in London prisons / £83,500 / 3 years

Shooting Star CHASE / for a counselling service for life-limited children and their siblings / £135,000 / 3 years

Solace Women's Aid / for salary and running costs of a family and children support manager supporting the mental health needs of children and young people affected by domestic violence / £135,000 / 3 years

St James's House / for an employment support adviser working with young people with mental health problems / £105,000 / 3 years

Status Employment / for salary and support costs of two employment consultants / £117,000 / 3 years

West London Mission / for salary and related costs for a mental health project worker / £123,000 / 3 years

Women in Prison / for a re-settlement service for ex-prisoners with mental health problems / £139,320 / 3 years

YouthNet UK / for advice and support services for young Londoners experiencing poor mental health / £70,000 / 2 years

Total **£3,029,315**

London's Environment

Brockwell Park Community Greenhouses / for salary and on-costs of an education officer / £60,000 / 3 years

Carbon Leapfrog / for a programme to increase the number of London based carbon reduction projects / £70,000 / 2 years

ClientEarth / for an educational programme promoting the improvement of air quality in London / £157,500 / 3 years

Common Ground East / for the maintenance of biodiversity on open spaces in Tower Hamlets by local volunteers / £37,100 / 3 years

Creekside Education Trust / for set-up and salary costs of two learning delivery and outreach posts / £20,000 / 3 years

Federation of City Farms & Community Gardens / for a regional organiser / £80,000 / 2 years

Green Alliance / for research into overcoming the challenge of green living in London's tower blocks, the production of a handbook and the costs of community engagement / £59,925 / 1 year

Hampstead Heath Charitable Trust / for a programme of environmental education and biodiversity services within open spaces across London / £3,000,000 / 3 years

London Sustainability Exchange / for a sustainable development project / £66,600 / 18 months

London Wildlife Trust / for the design and delivery of landscape-scale conservation initiatives / £169,000 / 3 years

Manna / for salary and running costs to continue and develop a forest garden / £28,400 / 3 years

Organiclea / for salary and support costs of a community development and training worker and an outreach gardens training and development worker / £84,400 / 3 years

SETPOINT London East / for environmental education at the Soanes Centre / £10,000 / 1 year

Single Homeless Project / for salary and on-costs of a green co-ordinator for a food growing project / £69,000 / 3 years

Thames21 / for a project officer and a scheme developing and supporting local volunteering to improve the Thames and London's waterways / £150,000 / 3 years

Women's Environmental Network Trust / for the 'Spice it up!' Programme / £82,100 / 3 years

Woodlands Farm Trust / for an assistant education officer / £70,800 / 3 years

Total **£4,214,825**

Older Londoners

Advocacy for Older People in Greenwich

for a dementia advocacy project / £29,000 / 1 year

Age UK Hillingdon / for salary and activity costs of a healthy lifestyles co-ordinator / £95,000 / 3 years

Age UK Richmond Upon Thames / for salary, activity and support costs of an outreach co-ordinator / £106,000 / 3 years

Ageing Well Fun Club / for a project co-ordinator / £20,000 / 2 years

Arthritis Care / for information points in libraries, signposting people with arthritis and their carers to resources that will help with their condition / £97,000 / 3 years

Barnet Elderly Asians Group / for a development officer / £7,500 / 1 year

Bonny Downs Community Association / for salary and on-costs of the 'Fit and Healthy' project co-ordinator / £101,900 / 3 years

Building Exploratory / for developing new older people's learning groups / £104,950 / 3 years

City & Hackney Carers Centre / for an advice worker and a project supporting older carers / £110,800 / 3 years

Club Terza ETA / for club activities / £5,000 / 1 year

Community Network / for a project co-ordinator to develop befriending and support groups for older people / £100,000 / 3 years

Crossroads Care Richmond and Kingston Upon Thames / for services and support for people with dementia, and, via respite care, for the also-elderly people who care for them / £133,000 / 3 years

Deafblind UK / for salary and running costs to maintain and expand support services for deafblind older people / £80,000 / 3 years

Disabled Living Foundation / for the Equipment Demonstration Centre's core staff / £105,000 / 3 years

East European Advice Centre / for a project co-ordinator and a support service for isolated elderly East Europeans / £75,000 / 3 years

Good Neighbour Scheme for Mill Hill and Burnt Oak / for an administrator and an older people's lunch club / £21,600 / 3 years

Ham and Petersham SOS / for a director / £23,500 / 2 years

Haringey Carers Centre / for a carer's support worker helping older carers in Haringey / £20,000 / 2 years

In-Deep Community Task Force / for complementary therapy sessions and other running costs / £5,000 / 1 year

Indian Cultural Society Drop in Day Centre / for an older people's day centre / £10,000 / 1 year

Integrated Neurological Services / for an occupational therapist working with older clients with neurological conditions / £93,000 / 3 years

Irish Community Services / for a co-ordinator for the 'Out and About' service for older housebound clients / £72,750 / 3 years

Irish Elderly Advice Network / for the Irish Pensioners' Choir / £13,183 / 3 years

Lambeth Chinese Community Association / for weekly activities for older people / £14,200 / 2 years

Lambeth Elderly Association from Vietnam / for activities to improve the health and well-being of older people of Chinese and Vietnamese origin / £21,700 / 2 years

Mayhew Animal Home / for salary and on-costs of an animal therapy visits officer / £75,000 / 3 years

Music for People / for developing and expanding a programme of interactive music performance with older and disabled people / £10,000 / 1 year

Music in Hospitals / for delivering live music to older people with dementia in healthcare centres / £74,000 / 3 years

Newham Chinese Association / for a worker, staff training and to update IT equipment / £9,500 / 1 year

Sikh Community Care Project (SCCP) / for salary and ancillary costs of a volunteer co-ordinator for the 'Elders' Volunteer' project / £34,000 / 3 years

Somali Health Advocacy Project (SHAP) / for salary and on-costs of a project co-ordinator / £21,800 / 2 years

SSAFA-FH (London City East Division) / for work supporting older service and national service veterans and their dependants in central London / £10,000 / 1 year

SubCo Trust / for salary and on-costs of a dementia care worker and a dementia support programme for Asian elders / £90,700 / 3 years

Toynbee Hall / for a well-being service for older people in Tower Hamlets and the City of London / £100,000 / 2 years

Universal Beneficent Society / for salary and running costs of a regional development officer / £19,800 / 1 year

Wadajir Somali Community / for a part-time co-ordinator and running costs of lunch club activities for older people in the Somali community / £16,800 / 1 year

Total

£1,926,683

Positive Transitions to Independent Living

Action for Stammering Children / for a specialist consultation to young Londoners / £90,000 / 3 years

Advance (Advocacy and Non Violence Community Education) / for a key worker supporting women at risk of re-offending / £94,000 / 2 years

Advocacy for All / for salary and support costs of a co-ordinator / £105,700 / 3 years

Advocacy in Greenwich / for independent advocacy for people with a learning disability to support them in gaining enhanced choice and control under the personalised budgets system / £95,000 / 3 years

Auditory Verbal UK / for salary and running costs of a specialist service for deaf children in London / £30,000 / 1 year

Beyond Youth / for the 'Chance to Change' programme for young offenders / £20,000 / 1 year

Camden Society / for salary and running costs of the 'ProWork' project in Westminster and City & Islington colleges / £129,000 / 3 years

Carers Support (Bexley) / for an advice and advocacy service for carers and their dependants considering a more independent life through individual budgets / £23,000 / 2 years

Chinese Association of Tower Hamlets / for an outreach and personalisation worker for older and/or disabled people / £75,000 / 3 years

Daffodil Advocacy Project / for an advocacy service for people with learning disabilities who do not meet Fair Access to Care Services criteria / £89,750 / 3 years

DIPEX / for a research project to share the experiences of people with a newly acquired disability / £110,000 / 2 years

Disability in Camden / for a project increasing volunteering opportunities for people with sensory impairments / £98,600 / 3 years

Disablement Association of Barking & Dagenham (DABD) / for a personalisation project / £97,700 / 3 years

Ealing Mencap / for a project supporting young people with learning disabilities through the transition to adulthood in the boroughs of Ealing, Harrow and Brent / £179,100 / 3 years

LIST OF GRANTS APPROVED 2011/12 CONTINUED

Ezra Umarpeh / for salary and related costs of volunteer and transport co-ordinators providing services to people with long term disabilities / £48,000 / 3 years

Generate Opportunities / for project workers and running costs for a scheme supporting young people with learning difficulties into independent adulthood / £70,000 / 2 years

Greenwich Toy and Leisure Library Association / for a project co-ordinator and an independence project working with young people / £97,500 / 3 years

Hammersmith & Fulham Mencap / for a 'Safety Net' youth co-ordinator and related project costs / £103,000 / 3 years

Kisharon / for a job coach / £20,000 / 2 years

Nehemiah Project / for a supported housing worker / £75,000 / 3 years

Prison Fellowship / for restorative justice programmes in prisons supporting offenders in making choices that reduce the risk of re-offending and help repair the damage done to victims of crime / £64,800 / 1 year

Queen Elizabeth's Foundation for Disabled People / for salary and associated costs of two therapists at the QEF Mobility Centre / £81,000 / 3 years

Richard House Children's Hospice / for a transitions service for young people using hospice care / £146,000 / 3 years

SignHealth / for two outreach workers supporting deaf women affected by domestic violence and their children / £90,000 / 3 years

South West London Stroke Club (SWLSC) - Moving On / for meetings, outings, events and talks for stroke survivors, and for professional advice / £16,500 / 3 years

Speak Out Hounslow / for supporting adults with learning disabilities to make informed choices and develop independent living skills / £66,680 / 3 years

Springboard Project / for a leisure development co-ordinator to manage a peer mentoring scheme for disabled teenagers in Sutton / £60,100 / 3 years

St Christopher's Hospice / for six seminars on financial topics to patients, families and carers / £11,000 / 1 year

Trinity Hospice / for salary and support costs of a welfare advisor / £123,000 / 3 years

Vision Housing / for a housing resettlement worker for ex-offenders / £55,000 / 2 years

Westminster Society for People with Learning Disabilities / for the 'LDN Living' programme for young people / £120,000 / 3 years

Total **£2,484,430**

Strengthening the Third Sector

Community Barnet / for salary and overhead costs of two development officers to support voluntary and community organisations in Barnet / £129,000 / 3 years

Crossroads Association / for a business advisory service to local care organisations / £138,000 / 2 years

Funding Network / for the salary and development costs of the promotion of philanthropy in London / £35,000 / 2 years

Haringey Association of Voluntary and Community Organisations (HAVCO) / for salary and on-costs of a volunteer centre manager / £150,000 / 3 years

Jewish Volunteering Network (JVN) / for web-based resources to expand the capacity to recruit and place volunteers / £24,000 / 3 years

Kensington and Chelsea Social Council / for a project increasing the number and the skills base of individuals volunteering as trustees in Kensington and Chelsea / £198,300 / 3 years

Kingston Voluntary Action / for salary and running costs of a capacity building manager / £140,000 / 3 years

Lambeth Play Association / for a community play services officer, a finance worker and a project embedding the transfer to the voluntary sector of Council play provision / £53,000 / 1 year

LawWorks / for salary and running costs of work supporting free legal advice to community organisations / £99,000 / 3 years

London Funders / for core costs / £84,000 / 3 years

Mentoring and Befriending Foundation (MBF) / for salary and associated costs of a package of tailored support to enable mentoring and befriending projects and demonstrate their effectiveness / £100,000 / 2 years

Migrant & Refugee Communities Forum / for an administrator and finance worker / £75,000 / 3 years

Princess Royal Trust for Carers / for a London development manager to support carers' centres / £130,000 / 2 years

Pro Bono Economics / for 15 projects with a London focus / £22,500 / 3 years

Voluntary Action Islington / for salary and on-costs of a development officer / £91,000 / 2 years

Volunteer Centre Camden / for a project manager and running costs for the Best Practice Service / £64,585 / 1 year

Volunteer Centre Camden / for a Best Practice Service for organisations in Camden / £120,600 / 2 years

Volunteer Centre Merton / for salary and running costs of a good practice project in six volunteer centres in south London / £100,000 / 1 year

Volunteer Centre Southwark / for a volunteer development project / £85,500 / 2 years

Volunteer Centre Westminster / for salary and on-costs of a volunteer engagement and best practice officer / £101,000 / 2 years

Women's Resource Centre / for a training programme to enable women's third sector organisations to improve their use of digital technologies and social media / £114,000 / 3 years

Total **£2,054,485**

Total Working with Londoners **£17,767,876**

Exceptional Grants

Elephant Jobs / for the London development of the fonesforsafety initiative / £73,100 / 2 years

Media Trust / for 'London 360' and associated training programmes, including opportunities for City Bridge Trust grant recipients to tell their stories / £142,000 / 1 year

Total Exceptional Grants £215,100

Strategic Initiatives

Celebrate the City / for the 'Celebrate the City' event / £100,000 / 1 year

Centre for Accessible Environments / for an access and sustainability advisor / £94,000 / 18 months

Greening the Third Sector / for a programme of eco-audits / £75,000 / 1 year

Islington Giving / for the 'Giving Help to Older People' campaign / £119,500 / 3 years

Londoner Time Credits / for work to develop a new model of volunteering in four London boroughs / £163,980 / 1 year

Lord Mayor's Show / for costs associated with participating in the Lord Mayor's Show / £23,500 / 1 year

NSPCC / Refuge Conference / for a conference to launch a report on research into needs of children and young people living with domestic violence / £15,000 / 1 year

Olympic Legacy Consultancy / for a study by London Funders into the feasibility of an endowed legacy fund in the wake of the 2012 Olympic and Paralympic games / £5,000 / 1 year

Rough Sleepers Personalisation Project / for a project managed by Broadway to resettle entrenched rough sleepers in independent accommodation / £135,000 / 18 months

Sharing, Learning and Knowledge Strategy / for a programme of work to share the Trust's learning from its grant-making / £165,000 / 1 year

Social Finance Advisory Service / for a social finance advisory service / £25,000 / 1 year

Total Strategic Initiatives £920,980

Total Working with Londoners (217 grants)

£17,767,876

Total Exceptional Grants (2 grants)

£215,100

Total Strategic Initiatives (11 initiatives) £920,980

Total awarded (230 grants/initiatives)

£18,903,956

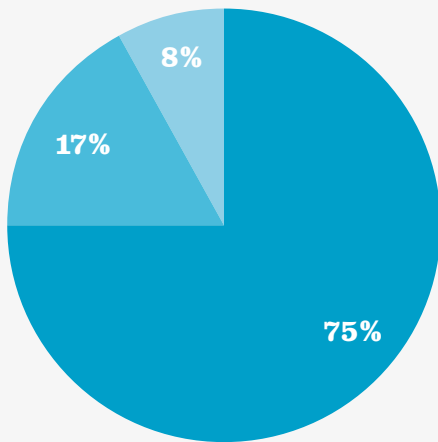
Less write backs

£853,956

Total grants chargeable in 2011/12

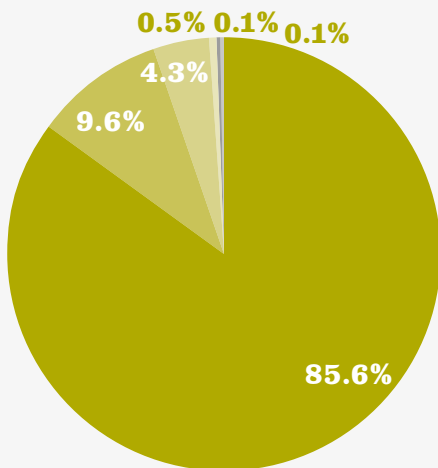
£18,050,000

OVERVIEW OF GRANT-MAKING



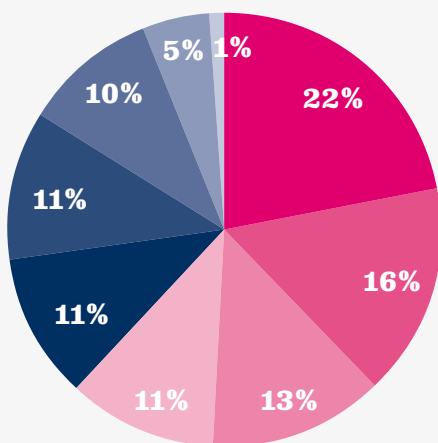
Type of funding

- **2 or 3 year revenue**
75%
- **1 year revenue**
17%
- **Capital**
8%



Purpose of funding

- **Running costs and salaries**
85.6% (£16,174,363)
- **Specific events, activities and training**
9.6% (£1,809,908)
- **Building works**
4.3% (£807,435)
- **Feasibility, research, evaluation and start-up costs**
0.5% (£89,925)
- **Vehicle purchase**
0.1% (£10,000)
- **Access audits**
0.1% (£12,325)



Programme area*

- **London's Environment**
22% (£4,214,825)
- **Improving Londoners' Mental Health**
16% (£3,029,315)
- **Positive Transitions to Independent Living**
13% (£2,484,430)
- **Accessible London**
11% (£2,014,428)
- **Bridging Communities**
11% (£2,043,710)
- **Strengthening the Third Sector**
11% (£2,054,485)
- **Older Londoners**
10% (£1,926,683)
- **Strategic Initiatives**
5% (£920,980)
- **Exceptional Grants**
1% (£215,100)

* excluding individual grants exceeding £500,000.

CITY BRIDGE TRUST

THE CITY BRIDGE TRUST COMMITTEE AS AT 31 MARCH 2012

Chairman

William Harry Dove MBE JP
Deputy

Deputy Chairman

Joyce Carruthers Nash OBE
Deputy

Aldermen

John Garbutt

Philip Remnant CBE

Commoners

Kenneth Edwin Ayers MBE
Deputy

John Leslie Bird OBE

Raymond Michael Catt

William Barrie Fraser OBE
Deputy

The Revd. Stephen Haines
Deputy

Michael Henderson-Begg

Vivienne Littlechild JP

Charles Edward Lord OBE JP
Deputy

Jeremy Paul Mayhew

Sheriff Wendy Mead *Deputy*

Ex-Officio

The Rt Hon the Lord Mayor

GRANTS UNIT STAFF

Chief Grants Officer

Clare Thomas MBE

Deputy Chief Grants Officer

Jenny Field

Principal Grants Officer

Stewart Goshawk

Principal Grants Officer

Ciaran Rafferty

Principal Grants Officer (Monitoring & Evaluation)

Tim Wilson

Grants Officer

Sandra Davidson

Grants Officer (Monitoring & Evaluation)

John Merivale

Executive Assistant to the Chief Grants Officer

Claire Richardson

Christine Palos (maternity cover until September 2011)

Executive Assistant & Administrative Assistant

Cheryl Belmont

(from September 2011)

Website and Information Officer

Graham Lee

Payments Officer

Anita Williams

Grants Administrator

Martin Hall

Grants Administrator (Working with Londoners)

Michael Shona

Administrative Assistant

Rishi Sethi (until September 2011)

Clerical Assistant (Monitoring & Evaluation)

Ibrahim Hussein

EXTERNAL ADVISORS

We would like to thank the following with whom we have worked during the year:

Tania Bronstein

Mike Cantor

Centre for Accessible Environments

Champollion

Charities Evaluation Services

Clear Plan

Global Action Plan

IVAR (Institute for Voluntary Action Research)

Dr Diana Leat

Lemos&Crane

LSx

Donnachadh McCarthy

Joan Millbank MBE

nef (the new economics foundation)

New Philanthropy Capital

Social Finance

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This review is also available on disk, in Braille or large print and can be downloaded from our website:
www.citybridgetrust.org.uk

This report is printed on Challenger Offset, made from ECF pulp certified by the Forest Stewardship Council (FSC), at a mill that is ISO 14001 accredited.



MORE INFORMATION

A detailed account of our structure, governance and management is found in the Trustee's Annual Report. Our risk management statement, reserves policy and other requirements of SORP 2005 are found in the same document.

Copies and further information are available from:

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