

Dietary sequestration of defensive steroids in nuchal glands of the Asian snake *Rhabdophis tigrinus*

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The Asian snake *Rhabdophis tigrinus* possesses specialized defensive glands on its neck that contain steroidal toxins known as bufadienolides. We hypothesized that *R. tigrinus* does not synthesize these defensive steroids but instead sequesters the toxins from toads it consumes as prey. To test this hypothesis, we conducted chemical analyses on the glandular fluid from snakes collected in toad-free and toad-present localities. We also performed feeding experiments in which hatchling *R. tigrinus* were reared on controlled diets that either included or lacked toads. We demonstrate that the cardiotoxic steroids in the nuchal glands of *R. tigrinus* are obtained from dietary toads. We further show that mothers containing high levels of bufadienolides can provision their offspring with toxins. Hatchlings had bufadienolides in their nuchal glands only if they were fed toads or were born to a dam with high concentrations of these compounds. Because geographic patterns in the availability of toxic prey are reflected in the chemical composition of the glandular fluid, snakes in toad-free regions are left undefended by steroidal toxins. Our findings confirm that the sequestration of dietary toxins underlies geographic variation in antipredatory behavior in this species and provide a unique example of sequestered defensive compounds in a specialized vertebrate structure.

antipredator defense | bufadienolides | chemical defense | maternal provisioning | toads

Many invertebrates sequester dietary toxins for use in their own defense (1–4), including such classic cases as milkweed insects (4) and sea slugs (1). However, vertebrate examples of toxin sequestration, especially from vertebrate prey, are rare. The brilliantly colored neotropical poison frogs (Dendrobatidae), their Malagasy analogues (Mantellidae), and a few other anurans sequester defensive alkaloids from arthropods (5–11); the same is suspected for two genera of New Guinean birds (12). Accumulation of defensive toxins from vertebrate prey is known only from some populations of gartersnakes (*Thamnophis sirtalis*), which may incur a defensive advantage because of the transitory storage of tetrodotoxin from ingested newts (13).

Rhabdophis tigrinus possesses a series of paired structures known as nuchal glands in the dorsal skin of the neck (14–17) (Fig. 1). The nuchal glands are associated with specific defensive behaviors that direct the dorsum of the neck toward an attacking predator (17–19). The fluid enclosed in the nuchal glands irritates mucous membranes (14) and contains cardiotoxic steroids known as bufadienolides (20). Several lines of evidence suggest that *R. tigrinus* does not synthesize its defensive bufadienolides. *R. tigrinus* often consumes toads (Bufonidae) (21), which produce bufadienolides as major components of their skin secretions (22, 23). Histological and ultrastructural studies revealed that the nuchal glands of *R. tigrinus* lack secretory epithelia, and most of their cells lack secretory organelles, such as the Golgi apparatus and endoplasmic reticulum (K. Roberts and A.H.S., unpublished data). Instead, a dense network of capillaries in the nuchal glands suggests that bufadienolides are

transported to the glands via the plasma (Fig. 1B). Furthermore, hatchlings of *R. tigrinus* that occupy a toad-free island (Kinkazan) use the nuchal glands in defensive displays less frequently and flee more often when threatened than individuals that occur sympatrically with toads (24). Such behavior suggests that Kinkazan snakes lack toxins in their nuchal glands. Based on these observations, we designed a series of experiments to test the hypothesis that *R. tigrinus* sequesters its defensive bufadienolides from ingested toads.

Results

To determine whether a correlation exists between the distribution of toads and the presence of bufadienolides in *R. tigrinus*, we compared the compositions of nuchal gland fluid from adult snakes collected in three regions: the toad-free island of Kinkazan (Miyagi prefecture), the toad-rich island of Ishima (Tochushima prefecture), and various localities on Honshu (the main island of Japan) where toads occur. The presence of bufadienolides in nuchal gland fluid was assessed by using proton NMR (¹H-NMR) spectroscopy of unfractionated samples (25) by identifying signals corresponding to the pyranone protons of bufadienolides. The presence of bufadienolides was corroborated in select samples by using high-performance liquid chromatography and mass spectroscopy (HPLC-MS). These methods revealed substantial variation in the quantity of bufadienolides in the nuchal gland fluid of snakes from different regions. Snakes from Ishima ($n = 4$), where toads are abundant, contained large quantities of bufadienolides, whereas snakes from Kinkazan ($n = 3$), where toads are absent, lacked bufadienolides completely. Snakes from various localities on Honshu ($n = 15$), sympatric with Japanese toads, possessed a wide range of bufadienolide concentrations.

We tested the sequestration hypothesis by rearing hatchling *R. tigrinus* on diets either containing or lacking toads. Our objectives were to assess whether unfed hatchlings contain bufadienolides in their nuchal glands and to determine whether hatchlings can sequester those toxins from ingested toads. We collected four gravid *R. tigrinus* from the Kyoto and Okayama prefectures on Honshu, where toads occur, and sampled the nuchal gland fluid of each for chemical analysis. We also collected glandular fluid from several newly hatched offspring from each clutch before rearing them on alternative diets of fish,

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Abbreviations: HPLC-MS, high-performance liquid chromatography and mass spectroscopy; ¹H-NMR, proton NMR.

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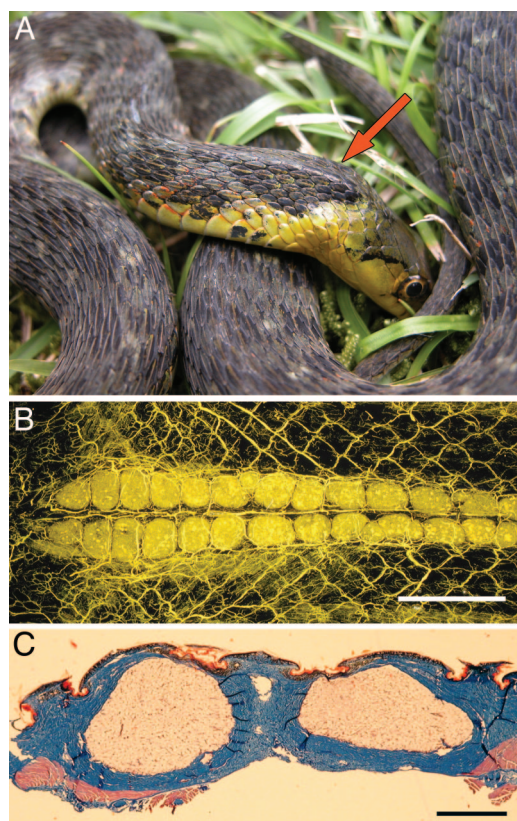


Fig. 1. Nuchal glands of *R. tigrinus*. (A) Snake in typical defensive posture ("neck arch"), with head bent and dorsal skin of neck exposed to predator. Arrow indicates the ridge formed by the underlying nuchal glands. (B) Vascular cast of skin in ventral view, showing the dense capillary beds of the paired nuchal glands. Blood vessels have been filled with yellow latex, and the surrounding tissues have been cleared with methyl salicylate. Anterior is toward the left. (Scale bar: 5 mm.) (C) Transverse section through a pair of nuchal glands, showing the absence of a secretory epithelium, lumen, or duct. The blue tissue is dermal collagen, which forms a dense capsule around each gland. The glands empty by rupturing through the thin skin between adjacent scales. Trichrome stain was used. (Scale bar: 1 mm.)

non-bufonid (non-toad) frogs that lack bufadienolides, or North American toads, which contain bufadienolides. We then re-sampled the nuchal gland fluid of the hatchlings one or two more times. Each clutch consisted of 4–11 hatchlings.

Chemical analyses of prey extracts were performed by using $^1\text{H-NMR}$ spectroscopy, and selected samples were analyzed further by using HPLC-MS. These analyses confirmed the presence of bufadienolides in the integumentary parotoid gland secretions of *Bufo terrestris* and *Bufo fowleri* and whole-skin extracts of juvenile *Bufo quercicus* that were used as prey for toad-fed *R. tigrinus* hatchlings [supporting information (SI) Fig. 6 A and B]. Major components of the bufadienolide mixtures produced by *B. fowleri* and *B. terrestris*, not previously analyzed in detail, were isolated by using HPLC and subsequently identified by using NMR spectroscopy and MS (Fig. 2 and SI Table 2). We also confirmed that bufadienolides were absent from the whole-body extracts of the fish (*Pimephales promelas*) and the skin extracts of the non-bufonid frogs (*Spea multiplicata* and *Scaphiopus holbrookii*; Pelobatidae) that served as negative controls in the feeding studies (SI Fig. 6C).

Of the four dams (mothers) used in our experiment, two had no bufadienolides and one exhibited only trace amounts; the glandular fluid consisted primarily of water and lipids, with trace amounts of non-bufadienolide steroids (mainly cholesterol) and

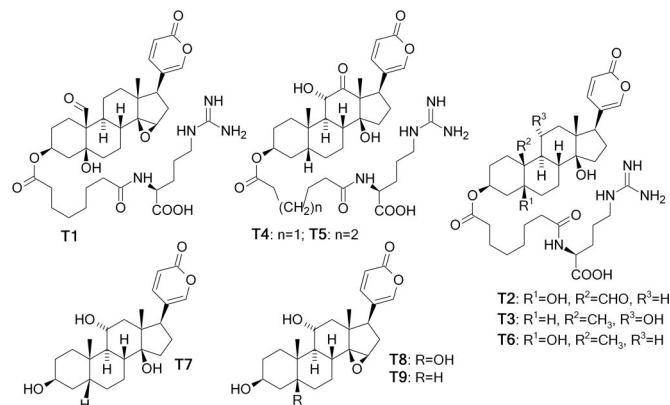


Fig. 2. Bufadienolides from the toads *B. fowleri* and *B. terrestris*. Major components from *B. fowleri* include compounds T1, T2 (hellebrotin), T3, T4, T5, and T6, whereas those in *B. terrestris* include T3, T6, T7 (gamabufotalin), T8, and T9 (11 α -hydroxyresibufagenin). Compounds T1, T4, and T6 are new natural products.

carbohydrates. The absence of substantial quantities of bufadienolides suggests that these dams had not consumed toads for a considerable time, if ever, before capture. None of the sampled offspring from these three dams exhibited bufadienolides in their nuchal gland fluid at hatching or after feeding on fish or pelobatid frogs (Fig. 3A). No other potentially defensive compounds, such as biogenic amines, were identified in their nuchal gland fluid, although these compounds are known from some pelobatids (22).

In contrast, hatchlings from all three of these clutches rapidly and consistently accumulated bufadienolides in their nuchal glands when fed toads (Fig. 3A). For example, one hatchling that did not possess bufadienolides after feeding on fish for 8.5 weeks exhibited nearly 0.1 mg of these compounds in its nuchal gland fluid only 3 days after feeding on juvenile *B. quercicus* for 2 consecutive days. One hatchling that was sampled three times over 64 days continued to accumulate bufadienolides as additional toads were consumed (Fig. 3B). The results from these three clutches provide chemical evidence that dietary toxins are sequestered by *R. tigrinus* from toads.

The fourth dam from Honshu had very high concentrations of bufadienolides in her nuchal glands (Fig. 3C), presumably sequestered from Japanese toads consumed before capture. A sample of nuchal gland fluid from this dam contained >5 mg of bufadienolides. Correspondingly, her offspring possessed bufadienolides immediately upon hatching, in quantities of 0.1–1 mg per sampling (Fig. 3C). This finding indicates that chemically defended *R. tigrinus* can provision their hatchlings with bufadienolides, a pattern that we have recently observed in 10 additional clutches (unpublished data). The hatchlings from the fourth dam's clutch retained bufadienolides in their nuchal glands for at least 8.5 weeks, regardless of their diet in the laboratory. Additionally, the fact that individuals fed North American toads accumulated new types of bufadienolides that they did not possess upon hatching (Table 1) provided further evidence for sequestration of dietary toxins.

To determine whether snakes from the toad-free island of Kinkazan are capable of sequestering bufadienolides and to obtain further evidence for maternal provisioning of bufadienolides, we conducted additional experiments involving six clutches each from Kinkazan and Ishima (unpublished data). The hatchlings from these 12 clutches were reared on controlled diets that either contained or lacked Japanese toads (*Bufo japonicus*), after which their nuchal gland fluid was sampled. As in the first experiment, the dams were fed only fish and/or non-bufonid

Table 1. Bufadienolides in the nuchal gland fluid of *R. tigrinus*

Group	Clutch no. 1 (N = 11)	Clutch no. 2 (N = 4)	Clutch no. 3 (N = 8)	Clutch no. 4 (N = 10)
Dam, fed fish and frogs	None (n = 1)*	6/7 (n = 1) [†]	None (n = 1)*	<u>5</u> , <u>6/7</u> , <u>8</u> , <u>10</u> , <u>11</u> , <u>14</u> , <u>15</u> , <u>16</u> (n = 1) [§]
Hatchlings, unfed	None (n = 3)*	None (n = 4)*	None (n = 3)*	<u>6/7</u> , <u>8</u> , <u>10</u> , <u>14</u> , <u>15</u> , <u>16</u> (n = 3) [‡]
Hatchlings, fed fish	None (n = 8)*	None (n = 1)*	None (n = 6)*	<u>6/7</u> , <u>8</u> , <u>10</u> , <u>14</u> , <u>15</u> , <u>16</u> (n = 5) [‡]
Hatchlings, fed frogs	None (n = 1)*	None (n = 1)*	None (n = 2)*	<u>6/7</u> , <u>8</u> , <u>10</u> , <u>14</u> , <u>15</u> , <u>16</u> (n = 3) [‡]
Hatchlings, fed toads	<u>1</u> , <u>6/7</u> , <u>8</u> , <u>9</u> , <u>10</u> , <u>11</u> , <u>12</u> , <u>13</u> , <u>17</u> (n = 2) [†]	<u>1</u> , <u>6/7</u> , <u>8</u> , <u>9</u> , <u>10</u> , <u>11</u> , <u>12</u> , <u>13</u> , <u>17</u> (n = 3) [†]	<u>1</u> , <u>3</u> , <u>4</u> , <u>6/7</u> , <u>8</u> , <u>9</u> , <u>10</u> , <u>11</u> , <u>12</u> , <u>13</u> , <u>17</u> (n = 3) [†]	<u>1</u> , <u>2</u> , <u>3</u> , <u>4</u> , <u>5</u> , <u>6</u> , <u>7</u> , <u>8</u> , <u>9</u> , <u>10</u> , <u>11</u> , <u>12</u> , <u>13</u> , <u>14</u> , <u>15</u> , <u>16</u> , <u>17</u> (n = 4) [‡]

Bufadienolides are identified by compound number (Fig. 5). The most abundant compound in each category is underlined. Bufadienolides **6** and **7** coelute from the HPLC column, so they could not always be distinguished. Total quantities of bufadienolides in individual samples are represented as follows: *, lack of bufadienolides; [†], 1–100 μ g; [‡], 0.1–1 mg; and [§], more than 5 mg. *N* represents the total number of hatchlings per clutch. *n* represents the number of samples analyzed by ¹H-NMR. Most hatchlings were sampled more than once over a 9-week period, to detect the effect of diet on nuchal gland composition.

have confirmed the role of maternal provisioning and have demonstrated a strong positive relationship between the quantities of bufadienolides in dams and their offspring.

Our comparison of snakes from a toad-free island (Kinkazan) with those from a toad-rich island (Ishima) demonstrate the influence of local prey availability on defensive chemistry and behavior in *R. tigrinus*. We interpret the reliance on flight for defense in Kinkazan snakes (24) as an evolved response to the absence of toxic prey.

The accumulation of sequestered toxins in the specialized defensive structures of *R. tigrinus* is unique among terrestrial vertebrates. Our results not only document a rare case in which defensive toxins are acquired from vertebrate prey but also provide a compelling example of the geographic, ecological, and evolutionary interplay between diet and antipredator defense (33, 34). Furthermore, our findings suggest that maternal diet and provisioning may be important determinants of hatchling fitness in this chemically defended vertebrate.

Materials and Methods

Experimental Design and Sample Collection. Four gravid female *R. tigrinus* were collected in the Kyoto and Okayama prefectures, Japan. They were fed only non-bufonid frogs (*Rhacophorus arboreus* and/or *Rana nigromaculata*) in captivity before being shipped to the United States along with their clutches in July 2004. Nuchal gland fluid was collected from the chemically defended dam

(no. 4) in the U.S. after being fed goldfish (*Carassius auratus*); the other three dams (nos. 1–3) appeared too emaciated after oviposition to be subjected to sampling. Nuchal gland fluid was collected from these three dams postmortem, by which time they had been fed only fish and non-bufonid frogs in captivity.

To collect nuchal gland fluid, we placed a section of a laboratory tissue (Kimwipe; Kimberly–Clark, Dallas, TX) over the dorsal surface of the neck and gently squeezed until the glands ruptured through the skin. The tissue was then inserted into a vial of HPLC-grade methanol with forceps, sealed with a Teflon-lined cap, and stored at -20°C for later analysis. We changed gloves, rinsed the forceps in deionized water, and dried the forceps with a Kimwipe between each individual. At least one control vial (Kimwipe without glandular fluid, placed into methanol with forceps) was prepared near the end of the sampling sequence on each day that samples were collected.

The four clutches of eggs were incubated on moist vermiculite in a 30°C incubator until hatching, at which time a small volume of nuchal gland fluid was collected from three unfed hatchlings from each clutch. We were careful only to express a few glands, to ensure that we could resample these individuals at later dates, because

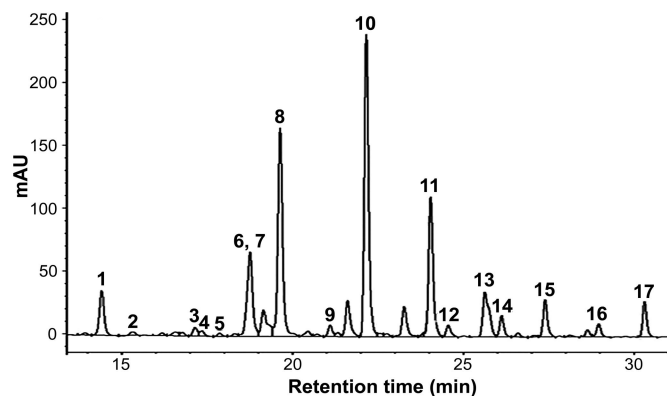


Fig. 4. HPLC chromatogram of pooled samples of nuchal gland fluid from *R. tigrinus* hatchlings born to dam no. 4 that were fed toads for 34–64 days. The 17 bufadienolides we identified are indicated by number (see Fig. 5). mAU, milli-absorbance units at 280 nm.

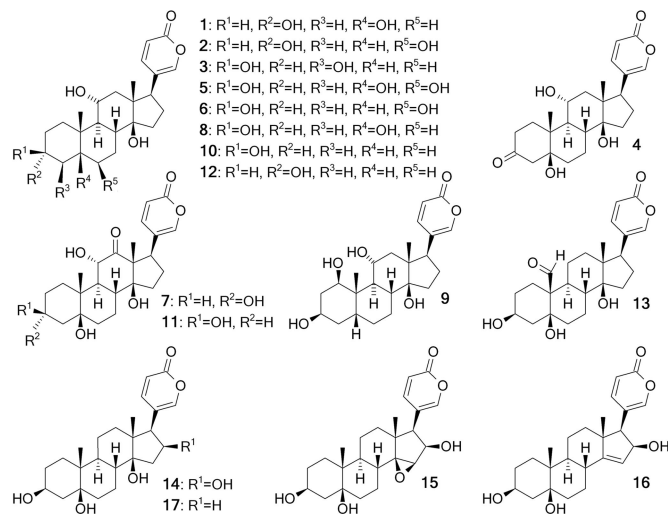


Fig. 5. Seventeen bufadienolides from the nuchal gland fluid of *R. tigrinus*. Compound **8** is 11 α -hydroxytelocinobufagin, compound **10** is gamabufotalin, compound **13** is hellebrigenin, and compound **17** is telocinobufagenin. Compounds **2–6** and **9** are new natural products.

nuchal glands do not appear to regenerate, at least initially, after they have ruptured. This limited the number of times an individual snake could be sampled. For most snakes, two or three samplings could be performed.

Sampled hatchlings were randomly assigned to different feeding groups. One group was fed only fish (*P. promelas*), another was fed non-bufonid frogs (juvenile *Sc. holbrookii* or metamorphic *Sp. multiplicata*), and the third group was fed toads (*B. fowleri*, *B. quercicus*, and/or *B. terrestris*). We used more than one species of *Bufo* as prey, because the availability of toads was limited. All individuals in the toad-fed group received metamorphic *B. terrestris*, until our supply was exhausted. We then fed this group juvenile *B. fowleri*, cut portions of previously frozen adult *B. terrestris*, and/or juvenile *B. quercicus*. Hatchlings that were unsampled in the naïve state were fed fish, toads, or both. Some individuals were switched from one of the non-toad-fed groups to the toad-fed group; nuchal gland fluid from these individuals was collected before and after the change in diet. After the snakes had fed for several days, we resampled their nuchal gland fluid. A few hatchlings survived long enough to allow three samples to be collected, but most died after the second sample was taken. Sampling of nuchal gland fluid was unlikely to have been a factor in the deaths of these snakes, which are notoriously difficult to maintain in captivity for extended periods, as either adults or young. Our animal use protocols were approved by the Old Dominion University Institutional Animal Care and Use Committee.

It is difficult to determine precisely the quantity of bufadienolides in sequential samples of nuchal gland fluid, because the fluid cannot be uniformly expressed from the glands. We attempted to standardize the volume of nuchal gland fluid collected at each sampling period, but the third sample obtained from several hatchlings yielded noticeably smaller volumes of fluid, because few remaining glands were available for expression. Therefore, the gradual accumulation of bufadienolides observed in one toad-fed hatchling over three sampling periods almost certainly represents a real phenomenon and not a sampling artifact.

NMR-Spectroscopic Analyses. Samples of nuchal gland fluid were evaporated to dryness, reconstituted in deuterated methanol (CD_3OD), and analyzed with $^1\text{H-NMR}$ spectroscopy before fractionation, to determine the presence of bufadienolides and other compounds of interest (25). In cases where the identity of the NMR-spectroscopic signals observed could not be determined unambiguously on the basis of one-dimensional $^1\text{H-NMR}$ spectra alone (for example, in cases of severe signal overlap in the aromatic region), additional phase-sensitive DQF-COSY spectra were acquired (25). NMR-spectroscopic analyses were performed with Unity INOVA 500-MHz and INOVA 600-MHz spectrometers (Varian, Palo Alto, CA), which were equipped with Oxford magnets (Oxford Instruments, Eynsham, Witney, Oxon, U.K.) and HCN or broadband probes.

For structural characterization and identification of isolated bufadienolides, a series of two-dimensional NMR spectra was acquired that included a phase-cycled phase-sensitive DQF-COSY spectrum (parameters: 600 ms acquisition time; 400–600 complex increments in F1; and 4, 8, or 16 scans per increment), a phase-sensitive nongradient heteronuclear multiple-quantum correlation spectrum, a magnitude-mode nongradient HMBC spectrum, and a phase-sensitive NOESY spectrum (using a mixing time of 600 ms).

Amounts of bufadienolides in the nuchal gland samples were determined by integration of the $^1\text{H-NMR}$ signals that represent

the pyranone protons and subsequent comparison of the respective integrals with those obtained from $^1\text{H-NMR}$ spectra of a bufadienolide standard (telocinobufagin). By using DQF-COSY spectra, it was established that the $^1\text{H-NMR}$ signals in the nuchal gland spectra that were used for integration indeed represented only pyranone protons and were not contaminated with signals derived from other structural features.

Isolation of Bufadienolides and HPLC-MS. For isolation of bufadienolides from nuchal gland fluid samples and toad skin secretions, we used an Agilent (Santa Clara, CA) 1100 Series HPLC system equipped with a quaternary pump, a diode array detector, and autosampler. The samples were fractionated through a reversed-phase 25 cm \times 10 mm Supelco (Bellefonte, PA) Discovery HS C18 column, and fractions of interest were collected with a Foxy 200 fraction collector (Teledyne Isco, Lincoln, NE). A solvent gradient system was used, starting with a 20:80 methanol:water mixture, the methanol content of which was increased linearly from 20% at three minutes to 100% at 25 min, by using a constant flow rate of 3.4 ml/min. The injection volumes of the samples ranged from 10 to 25 μl . HPLC-MS analyses were carried out by using a Quattro I tandem mass spectrometer (Micromass, Manchester, U.K.), operated in positive-ion electrospray mode and connected to the same Agilent 1100 Series HPLC system.

Analysis of Prey Items. Samples of the prey items were analyzed for the presence of bufadienolides by using NMR spectroscopy and HPLC (see *NMR-Spectroscopic Analyses* and *Isolation of Bufadienolides and HPLC-MS*). For juvenile and adult toads, we collected skin secretion either by squeezing the parotoid glands directly onto a Kimwipe or by stimulating the skin with a transcutaneous amphibian stimulating device (35). We prepared whole-body extracts of the fish and whole-skin or whole-body extracts of the small frogs and toads. Surprisingly, bufadienolides were absent in the skin of metamorphic *B. terrestris* (SI Fig. 6B) (cf. ref. 36), which were fed to hatchling snakes in the toad-fed group. Later analyses of whole-body extracts revealed that most metamorphic *B. terrestris* lack bufadienolides altogether, although some have minute amounts. Almost all of the snakes in the toad-fed group were fed several species or ontogenetic stages of toads, so the lack of bufadienolides in metamorphic *B. terrestris* did not have a detrimental effect on our study.

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