# shopping list for needed supplies

- $\square$  appropriately sized habitat
- ☐ habitat cover
- □ book about green cheek conures
- ☐ high quality conure food
- ☐ millet spray
- □ cuttlebone/millet holder
- □ treats
- ☐ habitat paper or litter
- ☐ food and water dishes
- □ variety of perches
- □ variety of toys
- □ mineral block chews
- ☐ mister spray bottle
- $\square$  grooming supplies
- □ vitamins/supplements
- □ play gym

#### sources

Speak to an associate about the Petco library of books on green cheek conures.

Speak to an associate about our many private brand items available for the care and happiness of your pet.

Because all green cheek conures are potential carriers of infectious diseases, such as Chlamydiosis, always wash your hands before and after handling your green cheekconure and/or habitat contents to help prevent the potential spread of diseases. Work with your avian veterinarian on protocols to treat your bird should the bird contract Chlamydiosis.

Pregnant women, children under the age of 5 and people with weakened immune systems should contact their physician before purchasing and/or caring for a green cheek conure and should consider not having a green cheek conure as a pet. For more information regarding green cheek conures and disease, go to the Center for Disease Control at cdc.gov/healthypets/ and petco.com/caresheet.

This care sheet can cover the care needs of other species. See petco.com for more information.

# green cheek conure

pyrrhura mollinae



# care sheet

Green cheek conures are highly inquisitive, bold, and engaging birds. Like other conures, they can be playful and affectionate. Their voices are softer than many conures.

# green cheek conure facts:

average adult size: 10 inches long,

head to end of tail

average life span: 20+ years

with proper care

diet: herbivores

Bird owners should avoid non-stick cookware and appliances as they can release fumes hazardous to your bird's health.

**Note:** The information on this Care Sheet is not a substitute for veterinary care. If you need additional information, please refer to the sources on the following page or contact your veterinarian as appropriate.



Developed with and approved by a qualified veterinarian.

# care sheet

# green cheek conure



Developed with and approved by a qualified veterinarian.

#### diet

A well-balanced green cheek conure diet consists of:

- Specialized pellets should make up 60-70% of diet, fresh vegetables and fruits and small amounts of fortified seeds.
- Clean, fresh, filtered, chlorine-free water, changed dailv.
- Do not feed birds avocado, fruit seeds, chocolate, caffeine or alcohol as these can cause serious medical conditions. Avoid sugar and high fat treats.

#### feeding

Things to remember when feeding your green cheek conure:

- Fresh food and water should always be available.
- Vegetables and fruits not eaten within a few hours should be discarded.
- Remember, treats should not exceed 10% of total food intake

## housing

A habitat approximately

- 24"W x 24"D x 30"H, with strong metal bars spaced no greater than 1/2" apart, makes a good home for one green cheek conure. It is best to provide the largest habitat possible.
- Green cheek conures acclimate well to average household temperatures, not to exceed 80°F; be cautious of extreme temperature changes. The habitat should be placed off the floor in an area that is well-lit and away from drafts.
- Perches should be at least 9" long and 1/2" in diameter; a variety of perch sizes to exercise feet and help prevent arthritis is recommended.
- A metal grate over the droppings tray will keep the bird away from droppings; line the droppings tray with habitat paper or appropriate substrate for easier cleaning. To avoid contamination, do not place food or water containers under perches.
- Conures can be kept alone to bond with pet parent or in pairs to bond with each other. Different types of birds should *not* be housed together.

 Birds should be socialized daily by the pet parent.

#### normal behavior

- Green cheek conures are social birds that enjoy human interaction.
- They like to chew and require a lot of toys to chew
  on
- Provide foraging toys, which provide important mental stimulation.
- Ensure toys are strongly attached as they can unscrew c-clamps, which can cause injury.

#### habitat maintenance

- Clean and disinfect the habitat and perches regularly; replace substrate or habitat liner twice weekly or more often as needed.
- Replace perches, dishes, and toys when worn or damaged; rotate new toys into the habitat regularly.
- Ensure that there are no habitat parts or toys with lead, zinc or lead-based paints or galvanized parts as these can cause serious medical issues if ingested by your bird.

 Do not use a lot of cleaning agents around your bird as the fumes can be harmful.
 It is recommended to use a natural cleaning product.

## grooming & hygiene

- Provide filtered, chlorinefree, lukewarm water regularly for bathing; remove the water when done. As an alternative, mist the bird with water
- Clipping flight feathers is not necessary, but when done correctly it can help prevent injury or escape; consult an avian veterinarian on what is best for your bird.
- Nails should be trimmed by a qualified person to prevent injury to the bird.

### signs of a healthy animal

- · Active, alert, and sociable
- Eats and drinks throughout the day
- Dry nares and bright, dry eyes
- Beak, legs and feet normal in appearance
- · Clean, dry vent
- Smooth, well-groomed feathers

# red flags

- beak swelling or accumulations
- fluffed, plucked, or soiled feathers
- sitting on floor of habitat
- · wheezing or coughing
- runny or discolored stools
- · favoring one foot
- eye or nasal discharge
- red or swollen eves
- loss of appetite

# common health issues

Health Issue	Symptoms or Causes	Suggested Action
	appetite loss, fluffed feathers, nasal discharge.	seek immediate avian veterinary attention.
	formed. multiple causes, from	consult an avian veterinarian and ensure proper diet.
plucking		
		seek immediate avian veterinary attention.

If you notice any of these signs, please contact your exotic animal veterinarian.