

NEWTON NATUROPATHIC CLINIC

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Dr. Navi Badesha, N.D

Mesotherapy Informed Consent

I, _____, have been advised and consulted about the injection techniques of cosmetic mesotherapy.

I have been advised that these therapies are established techniques in other parts of the world, however are not FDA approved and are considered experimental in this country. The techniques are intended to produce one of the following: cellulite/fatty deposit reduction, rejuvenation of the skin, or treatment of hair loss. There does not exist currently any well-constructed scientific data demonstrating the effectiveness of cosmetic mesotherapy, but there is much empirical evidence (satisfied doctors and patients around the world) to make this a reasonable treatment option.

Initial _____

I have been advised that cosmetic mesotherapy involves very superficial injections of various nutritional substances, homeopathic medicines, and FDA approved prescriptive medicines. The exact solution and site of injection for my treatment, as well as the recommended sequence of treatments has been explained to me.

Initial _____

I have been informed that cosmetic mesotherapy has been used on thousands of patients and has proven, based on empirical evidence, to be safe. Cosmetic mesotherapy MAY provided satisfactory results, but as with any medical procedure, there unfortunately can be no guarantees. In the case of cellulite reduction and weight loss, exercise and diet must be a part of a successful treatment plan. I have also been informed that if I smoke, this will likely hinder my results. Results are generally not seen until after the fourth treatment or so, so it is strongly recommended that I undergo the entire series of cosmetic mesotherapy treatments as advised by Dr. Navi Badesha.

Initial _____

I have been informed that the alternatives to cosmetic mesotherapy are many. Some examples are: surgery, injection of synthetic fillers, drugs. Diet, exercise and massage are considered adjunctive treatments to mesotherapy and are strongly recommended, but may work on their own, as well.

Initial _____

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I have been informed that common side effects to be expected and planned for from cosmetic mesotherapy for cellulite/fatty deposit reduction are:

1. Soreness at the injection sites that can last for up to two weeks.
2. Itching at the injection sites.
3. A feeling of "lumpiness" at the site of treatment, this tells us the treatment is working and eventually goes away with subsequent treatments.

I have been informed that the risks and complications to cosmetic mesotherapy can be:

- 1) No benefit from treatment
- 2) Allergic reactions to the substances, especially procaine
- 3) Infection at the injection site (extremely rare)
- 4) Injury to nerves at injection site with possible temporary or permanent nerve paralysis (extremely rare)
- 5) Scarring at injection sites (extremely rare)
- 6) Skin contour irregularities (should be corrected with subsequent treatments)
- 7) Death from complications of the treatment (there has never been one recorded as a result of mesotherapy)

Initial _____

I have been informed that the risks of NO cosmetic mesotherapy are none.

Initial _____

I CONSENT TO THE TREATMENT OR PROCEDURE AND THE ABOVE LISTED ITEMS.
I AM SATISFIED WITH THE EXPLANATION.

Print Name

Signature of Patient or Person Authorized to Sign for Patient

Date _____

Witness _____