

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Třinec, Czech Republic

18-20 December, 2015

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 11.12.2015

Friday, December 18, 2015

15:00 – 21:00 Accreditation (Lobby, Hotel Vitality)

19:00 Opening Ceremony (Congress Hall, Hotel Vitality)

Draws – starting orders SP + SD (Congress Hall, Hotel Vitality)

Banquet (Congress Hall, Hotel Vitality)

Saturday, December 19, 2015

PRACTISES (no music)

| | |
|---------------|---|
| 07:00 – 07:20 | Pairs short programme (HUN – 1 pair) |
| 07:20 – 07:40 | Ladies short programme (st. no 1 - 5) |
| 07:40 – 08:00 | Ladies short programme (st. no 6 - 10) Ice Resurfacing |
| 08:10 – 08:30 | Ladies short programme (st. no 11 - 15) |
| 08:30 – 08:50 | Ladies short programme (st. no 16 - 21) |
| 08:50 – 09:10 | Junior Ice Dance short dance (st. no 1 - 4eam) Ice Resurfacing |
| 09:20 – 09:40 | Junior Ice Dance short dance (st. no 5 - 8) |
| 09:40 – 10:00 | Senior Ice Dance short dance (st. no 1 - 3) |
| 10:00 – 10:20 | Men short programme (st. no 1 - 4) Ice Resurfacing |
| 10:30 – 10:50 | Men short programme (st. no 5 - 9) |
| 10:50 – 11:10 | Men short programme (st. no 10 - 14) |
| 11:10 – 11:30 | Men short programme (st. no 15 - 19) Ice Resurfacing |

COMPETITION

| | |
|---------------|--|
| 11:40 – 11:55 | Senior Pairs short programme (1) Ice Resurfacing |
| 12:05 – 12:41 | Ladies short programme (st. no 1 - 5) |
| 12:41 – 13:17 | Ladies short programme (st. no 6 - 10) Ice Resurfacing |
| 13:27 – 14:03 | Ladies short programme (st. no 11 - 15) |
| 14:03 – 14:45 | Ladies short programme (st. no 16 - 21) Ice Resurfacing |
| 14:55 – 15:25 | Junior Ice Dance short dance (st. no 1 - 4) |
| 15:25 – 15:55 | Junior Ice Dance short dance (st. no 5 - 8) Ice Resurfacing |
| 16:05 – 16:29 | Senior Ice Dance short dance (st. no 1 - 3) Ice Resurfacing |
| 16:39 – 17:09 | Men short programme (st. no 1 - 4) |
| 17:09 – 17:45 | Men short programme (st. no 5 - 9) Ice Resurfacing |
| 17:55 – 18:31 | Men short programme (st. no 10 - 14) |
| 18:31 – 19:07 | Men short programme (st. no 15 - 19) Ice Resurfacing |

PRACTISES (no music)

| | |
|---------------|---|
| 19:17 – 19:37 | Pairs free skate (HUN – 1 pair) |
| 19:37 – 19:57 | Ladies free skate (st. no 1 - 5) |
| 19:57 – 20:17 | Ladies free skate (st. no 6 - 10) Ice Resurfacing |
| 20:17 – 20:37 | Ladies free skate (st. no 11 - 15) |
| 20:37 – 20:57 | Ladies free skate (st. no 16 - 21) |
| 20:57 – 21:17 | Junior Ice Dance free dance (st. no 1 - 4) Ice Resurfacing |
| 21:27 – 21:47 | Junior Ice Dance free dance (st. no 5 - 8) |
| 21:47 – 22:07 | Senior Ice Dance free dance (st. no 1 - 3) |

15 min. after Short Programs / Short Dances – Draw Starting Order Free Skating / Free Dance

Sunday, December 20, 2015

PRACTISES (no music)

| | |
|---------------|---------------------------------|
| 07:30 – 07:50 | Men free skate (st. no 1 - 4) |
| 07:50 – 08:10 | Men free skate (st. no 5 - 9) |
| 08:10 – 08:30 | Men free skate (st. no 10 - 14) |
| 08:30 – 08:50 | Men free skate (st. no 15 - 19) |
| | Ice Resurfacing |

COMPETITION

| | |
|---------------|--|
| 09:00 – 09:15 | Senior Pairs free skate (1) |
| | Ice Resurfacing |
| 09:25 – 10:09 | Ladies free skate (st. no 1 - 5) |
| 10:09 – 10:53 | Ladies free skate (st. no 6 - 10) |
| | Ice Resurfacing |
| 11:03 – 11:47 | Ladies free skate (st. no 11 - 15) |
| 11:47 – 12:38 | Ladies free skate (st. no 16 - 21) |
| 13:00 | Victory Ceremony PAIRS, LADIES (4*Nationals + Visegrad – on-ice) |
| 13:40 | Ice Resurfacing |
| 13:50 – 14:24 | Junior Ice Dance free dance (st. no 1 - 4) |
| 14:24 – 14:58 | Junior Ice Dance free dance (st. no 5 - 8) |
| | Ice Resurfacing |
| 15:08 – 15:37 | Senior Ice Dance free dance (st. no 1 - 3) |
| | Ice Resurfacing |
| 15:47 – 16:27 | Men free skate (st. no 1 - 4) |
| 16:27 – 17:16 | Men free skate (st. no 5 - 9) |
| | Ice Resurfacing |
| 17:26 – 18:15 | Men free skate (st. no 10 - 14) |
| 18:15 – 19:04 | Men free skate (st. no 15 - 19) |
| 19:25 | Victory Ceremony ICE DANCE, MEN, TEAM TROPHY (on-ice) |