

# THE ST HELENA Est. 2005 INDEPENDENT

VOLUME XI ISSUE 8, 22<sup>nd</sup> JANUARY 2016, PRICE £1

An independent newspaper in association with Saint FM and St Helena Online

## ***Lisa Phillips New Governor for St Helena - No Surprise***



*The Queen Elisabeth passed by  
yesterday afternoon*



***Bradley's Camp Recommended  
for Development***

**RMS**  
**ST HELENA**  
— 1990 - 2016 —



# Royal Mail Ship St Helena to Retire

From Maritime Executive - Wendy Laursen

RMS St Helena will be missed dearly when she retires this year after 26 years of service.

The RMS St Helena is one of the last three remaining Royal Mail Ships in operation and has been servicing the British Overseas Territory Island of St Helena Island and her dependencies for the past 26 years.

St Helena lies in the South Atlantic Ocean, 4,000 kilometers (2,500 miles) east of Rio de Janeiro and 1,950 kilometers (1,210 miles) west of the Kunene River which marks the border between Namibia and Angola in south-western Africa.

RMS St Helena first came into service in 1990 and primarily shuttles between the St Helena Island, neighboring Ascension Island and Cape Town.

Other than the sporadic international cruise ship visit over the years, the RMS St Helena has been St Helena's only constant link with the outside world. It's a legacy that will come to an end this year as the island will open its first airport.

The current RMS St Helena was built by Hall, Russell & Company in Aberdeen, and is Registered Class 1 passenger/cargo ship. She is British registered, 6,767 gross tons and has berths for a maximum of 156 passengers plus 56 officers and crew.

She is equipped to carry all manner of cargo to meet the needs of the Island's small 4,000 population. From wind turbines to automotive parts; sheep, goats, and Christmas turkeys to furniture, food and paint, everything has to be carried by ship to the island.

Her industry and freight importance aside she provides St Helenians the world over a connection to their home island.

St Helenians Robin and Emma-Jane Richards have created a commemorative poster to make the vessel's retirement. She reminisces: "When I was younger I always hesitated when someone asked me "where are you from? I can't quite pin down your accent". Not



because I am embarrassed of my heritage or the way I sound.

"On the contrary I am very proud of where I'm from. No, my hesitation comes solely from explaining, what often is met with bewilderment, that I am from a small isolated, obscure island in the middle of the South Atlantic Ocean. That remote outcrop of volcanic rock is one of a few remaining British Overseas Territories around the world; St Helena Island.

"The bewilderment and disbelief quickly changes into pure excitement when people find out just how isolated St Helena is and the logistics of how you get there. Up until now the only way to access the island was via sea. Yes, you read right, in a world where the other side of the world is just 24 hours flight away or you can jet off for a weekend to any major European city in the course of just a few hours, you still have to make an epic journey to reach a place like St Helena.

"At its quickest route you fly for some nine hours to the closest land mass, its sister island Ascension, where you board one of the last remaining Royal Mail Ships in the world and sail for two to three days. Or alternatively, you fly to Capetown in South Africa and catch the ship there to sail for five full days before the island looms on the horizon. In the course of my life I have made the journey to and from the St Helena many times, four of which were on a long 14 day journey direct between the Island and Portsmouth.

"Some journeys have been through record high waves, others on ocean so still and expansive it feels like you're not even moving. The constant in all those journeys has been a vessel that holds an endearing place in many hearts.

"A vital physical link for islanders to the "outside" world, the RMS St Helena has, for generations, been a steady, loyal friend who offered a welcomed break from the isolation island life offers.

"To some she is just a boat who simply transports cargo and mail to and from our island home. But to many the RMS St Helena represents far more than that, she has tirelessly served the people of St Helena, Ascension and Tristan Da Cunha. Bringing long lost friends and family back home on triumphant returns. She's been the backdrop to childhood adventures and given saints everywhere something to be proud of. If you have had the pleasure and privilege of traveling or working on the RMS St Helena you, my friend, have been a part of a beautiful history."

## Love your Local Community Radio Station?

Saint FM Community Radio Association Annual General Meeting/Social will be held at Saint FM Community Radio, Association Hall on Tuesday 2<sup>nd</sup> February at 6.30pm. All members, voluntary presenters and interested parties are warmly welcome to attend. Refreshments will be provided and we look forward to seeing you there

Saint FM Community Radio



## EMERGENCY MEDICAL EVACUATION AT THE WEEKEND

The RMS St Helena arrived to the Island on Saturday 16 January around 23.00hrs - much earlier than scheduled - to achieve embarkation at 06.00hrs on Sunday 17 January so as to transport patients off St Helena for emergency medical treatment.

The RMS has now diverted to Walvis Bay, Namibia, to connect with a specialist ambulance flight to Cape Town. She will arrive in Walvis Bay around 20.00hrs on Wednesday evening and will remain in anchorage until Thursday morning, 21 January 2016. This will allow the medical flight to depart during daylight hours early on Thursday. The RMS will then continue as normal to Cape Town and arrive on schedule on Saturday 23 January.

SHG would like to sincerely thank all of those connected with

## REQUEST FOR QUOTATION

### Two (4x4) Fire Tenders

SHG have released the above RFQ to support their existing fleet of fire vehicles.

Full specification of requirements can be found on the UK Government Website **Contracts Finder** <https://www.contractsfinder.service.gov.uk/Search/reference/ENRD-00129>.

Any questions in the interim should be addressed to the Procurement Office for the attention of Marc Lockley, Corporate Procurement Executive.

E-mail [marc.lockley@sainthelena.gov.sh](mailto:marc.lockley@sainthelena.gov.sh).

The deadline for submission of Quotations is the 5<sup>th</sup> February 2016.

**SHG**

**21 January 2016**



## LAND FOR SALE

Two acres of Land, last building plot near the beach, prime location.

Sandy Bay.

£35, 000 ONO

For more information

Contact - +44 (0) 7540271720

evenings only.

[psharrisonst@hotmail.com](mailto:psharrisonst@hotmail.com)

this efficient and smooth operation. In difficult and emergency circumstances, the Island's people came together to ensure the safe disembarkation and re-embarkation of all passengers and the safe evacuation of the medevac patients. SHG acknowledges the contribution of a great many people on St Helena, in the UK, in South Africa, and on board the RMS. Many individuals gave their time freely to ensure that those in need of emergency treatment were able to travel.

Acting Governor, Sean Burns said:

"This weekend's events, focused on an emergency medical evacuation on the RMS, show yet again how this community pulls together.

From Hospital staff, to the RMS crew, passengers themselves, the Solomons team, SHG officials, Immigration & Customs staff, to the boat operators and others too many to mention - all can take pride in combining their efforts and bringing about a remarkable turnaround for the RMS when the circumstances demanded it."

**SHG**

**18 January 2016**

**Footnote:** Sadly, one of the medical evacuees, newly born Sean Mark Nicholas John Clayton Plato passed away Wednesday the 20<sup>th</sup> of January at 11.15 on the RMS on route to Walvis Bay



ORDERS can be made for Vertical , Venetian , Roller , Roman ,and Bamboo blinds from 200 colour samples and to suit your Measurements.

Standard Patio slide doors

1.5 , 1.8 , 2.0 , 2.1 , 2.4 , 2.7 , 3.0 metres

Non standard Patio slide doors

Aluminium Windows

Side and Top hung Sashes or Vertical and Horizontal slide .

Double glaze Top hung Aluminium Windows .

**FOR SALE CONTACT CHRIS**

**BARGO TEL 23163**

230 mm Diamond Masonary cutting discs.Kids Double swing and gliders . ETC .



Tel: [+290] 2488  
Email: [independent@cwimail.sh](mailto:independent@cwimail.sh)  
<http://www.saint.fm>

# Editorial

## **New Governor**

There we are - we have got a new Governor over the British colonies in the South Atlantic. It was not a big surprise as we have known it was Lisa Phillips since September last year. It will be a very interesting time when she arrives in April. I know some people are sceptic, as they would be to any new Governor but I think that we should defer our judgement and give the woman a chance. I am actually very optimistic that this can be a big move in the right direction.

When Governor Mark Capes arrived we already had negative reports on our table from his previous postings and unfortunately they were, at large, correct. I think very few on the Island, even in the high circles of the Castle would like to supply a reference for Mr Capes for the future.

## **Les Baldwin**

The story about Les Baldwin continued this week. On Tuesday, the St Helena Supreme Court denied an appeal from Mr Baldwin against the conviction of six months imprisonment for having an indecent picture of a child on his computer. Therefore the term of imprisonment stands for Mr Baldwin.

Also on Tuesday, Mr Baldwin's seat on the St Helena Legislative Council was 'vacated' - i.e. Les was 'sacked'.

The reason given was that 'Section 51(b) of the Constitution provides that the seat of an Elected Member of the Legislative Council shall become vacant if the Member is absent from meetings of the Council for a continuous period of three months without the written permission of the Speaker.'

'Since Mr Baldwin did not attend meetings of Legislative Council from July

2015, and did not have written permission to be absent, under the Constitution his seat has been declared vacant.' I do not think that it is any argument about that the Speaker, Mr Eric Benjamin, had told Mr Baldwin not to turn up to meetings and there is not much doubt about that Mr Baldwin was promised the Speaker's directive in writing but this did not materialise, not even after reminders. There is something in this story which smells like very bad governance.

However, it does not make all that difference as Mr Baldwin would have been sacked on 13th March anyway as he then have been in prison for three months and not attended any meetings. Obviously, this without the Speaker's permission.

**Mike**

## Your Opinion Counts

### **Dear Editor,**

I am sitting on the RMS at a bit of a loss for words with the events of the last week. Everyone involved in this situation is truly devastated and our hearts are breaking for two wonderful parents and their beautiful brave little boy.

In the midst of all of this I feel I have a need to say thank you.

Thank you to all of the staff in the hospital, who when faced with an emergency ensured that everything kept running smoothly. It is a testament to your knowledge and skill. This allowed those who were needed to be able to focus on the job in hand. I am so very proud of the amazing team we have become; Cleaners, Nursing Assistants, Nurses, Doctors, Kitchen staff, Admin Staff, Pharmacy, Laboratory, .... the list goes on. We were faced with a situation that

no one wanted to be in, but together we dealt with it. In a time of negativity and bad press towards the services, it needed to be highlighted that an outstanding job was done by all.

I need to thank all of those who stayed late and came in early to help organise the Medivac effort. We could not have done this without the hard work and support of our Director and Assistant Director. A huge number of hours were put in across SHG to try and get a solution. To the guys who were there at the hospital at 5am to help us move the huge amount of equipment needed for our journey, thank you for your patience and care with our equipment and our very precious cargo.

To the RMS and shipping for their help, in getting into St Helena early, and allowing us to leave earlier than scheduled. The Captain and crew have been no less than outstanding throughout. To all the passengers who had to leave a day early, thank you. Thank you for accepting this change of plan with such grace and compassion and for being so supportive towards us all on this trip. To the staff on the wharf loading and unloading passengers at unusual hours just so we could get away early.... Thank you.

It is once again testament to the island that in times of crisis and need, everyone steps up and stands together regardless of whether they are Saint, British, South African or from elsewhere on the globe. The team work that I witnessed throughout could not be matched anywhere else in the world and I am so privileged to be part of this team and this island.

No number of thank you's will ever be enough to convey my gratitude.

**Lisa Rhodes**  
**Hospital Nursing Officer**

**Hey, Mike,**

Well it isn't Eddie, but I'm sure Lisa Phillips will be an improvement. How couldn't she be?

Maybe when she arrives she should skip the official briefings and instead hold a big public meeting so that the whole island can tell her what it needs. We could all discuss it over a few beers and some smokes. I'd happily bring my best stuff.

**Peter Simple,**  
**Jamestown**

## The heart of the matter

I'm going to suggest that we face many uncertainties in 2016 of which there is no immediate solution and I know this column may appear provocative at times but we will only get better at things when we are having open and honest debate about ourselves. It's quite natural to play the blame game after all no one wants to own the chaos and current disorder of the day yet we all know that much of the present circumstances has been inherited, perhaps a complete oversight from those who have gone before us and we who live with the luxury of hindsight must also bear in mind that many decisions were made by people with only a few pieces to the puzzle without the benefit of the full picture.

We get better and achieve more because we have learned from our mistakes, there are things that ultimately we regret however what we learn mostly in life is how to avoid making the same mistakes, it hurts us, the memory burns and we vow never to re-visit again.

When we investigate people's ineptness we come face to face with one simple fact, many people came here not knowing and neither were they taught the principles of island life, yet in some areas *"They came, they saw and they conquered"* and let us not forget instances where locals particularly at senior level were not assertive enough to challenge the decisions taken, therefore when we are apportioning blame let's not forget that we ourselves have contributed to some of the failings that the island has to endure.

We live in a 'blame culture', someone has to become the 'fall guy', the UK government blames local government and vice versa, the Wass report blames Mark Capes, he in return blames the officers before him, Councillors blame the officials, officials blame councillors, the people blame both councillors and officials, the media is always pointing the finger at government and government accuses the media of always fault-finding and so on reflection we appear more at each other's throats than actually co-operating with each other. Here is the wake-up call - we have real challenges ahead and everyone is struggling, so we can blame each other and blame the system or we collaborate more, learn



about each other and find solutions together.

Now this sounds fine and dandy, straight out of the 'Sound of music' it's the stuff that Walt Disney made millions from but is it so bad to think that maybe just by listening to each other and working out our differences that there may be a light at the end of the tunnel? I imagine that right now officials are nervous and who wouldn't be? Jobs are on the line and heads are on the chopping block, work ethic and practices are being called into question, people are being encouraged to deliberate and consider many things and a good thing too because for the first time in a very long time so many are having to give an account. Even worse, how many local people have read the musings of others? I think of Julian Cairn-Wickes, a batty, old man always writing about the same things, we read and agreed with everything he wrote but then we turned the page until next time having done nothing to change the status quo, argue our case or put up a fight. Some say Saints have given up trying to change things because no one ever listens to them, wrong, people are only strong enough to influence our lives by the amount of power we allow them, so when councillors al-

low a decision to be made that will have a detrimental effect on the community, they have in effect handed over their power and ruined what should be a democracy.

Here is a new slogan for what I believe will now become a new and vibrant democracy bringing into line all the social equalities that have previously evaded us, it's called *'Saints First'*. It will not be difficult to uphold this slogan provided that when anyone is coming here to work they understand this concept first and foremost and should they lose sight of that focus they will be sharply reminded of it. I think that when some people arrive here for the first time their intentions are honourable, it is only when we start treating them like an elite class or they feel they are above us that the problems begin, we owe them nothing, they, on the other hand owe us everything.

The government wants to reform but we would do well to remember that with reform comes responsibility, a responsibility that should keep slumbering complacency at bay, to change first be the change, creating another policy or committee or time plan is just going to complicate things further, win people's hearts before trying to impress them with recommendations, let this be the guiding principle in everything we do and start by being honest. Reformation usually brings about a transformation, the catalyst that will ring in the changes, most Saints want change and for their island to develop and grow however they need to drive that change directly from the driver's seat with a full view ahead and from the rear mirror, we will not succeed with anything less.

## For Sale

**Suzuki Vitara JLX 1.6 L petrol for sale for repair or can be used as spare parts  
£950**

Additional spares include:

Two door sills  
1 rear wheel arch  
clutch cable  
valve cover gasket  
brake pads  
oil filter.

If you are interested contact  
T. 23337



# **St Helena gets first female governor – after 359 years**

**Simon Pipe - [www.sthelenonline.org](http://www.sthelenonline.org)**

Lisa Phillips is to be the first female governor of St Helena since the job was first created more than 350 years ago, in 1657. She also becomes non-resident governor of Ascension and Tristan da Cunha.

Her appointment will have come as no surprise to social media users or readers of the St Helena Independent.

The newspaper ran a teasing editorial on 2 October 2015, saying that it was time the island had a female governor – and “suggesting” Ms Phillips as an ideal choice.

It highlighted her forthright campaigning on women’s issues and AIDS in her role as head of Britain’s Department for International Development (DFID) team in Kenya.

Six days before Christmas, she appeared to endorse the story by following a number of island-based users on the messaging website Twitter.

Shortly after the news was made official in London, she posted her own online announcement:

“So excited to share with my Twitter followers where my next job is. Such a privilege!”

A congratulatory message was quickly posted by Christina Scott, governor of Anguilla – another UK overseas territory in the Caribbean.

Lisa Phillips tweets and blogs regularly on issues such as open justice and ending female genital mutilation in Africa. She has promised to continue publishing her thoughts online in her new role.

Her emergence on Twitter as likely governor came just over a week after the Wass Inquiry report severely criticised the island government, and governor Mark Capes, for “inexcusably and repeatedly” repeatedly failing to act on warnings about child welfare.

It also dismissed allegations of widespread sex abuse and official cover-ups.

The report found Governor Capes had not been adequately briefed on the existence of previous reports raising concerns about child safeguarding, and said his successor must be given stronger guidance.

The Independent editorial in October 2015 highlighted Ms Phillips’s work on issues similar to those found on St Helena.

As head of DFID Kenya, she describes her team’s work on “improving health, increasing the quality of education, reducing vulnerability among Kenya’s most disadvantaged, and catalysing private sector growth to create more jobs for young people.”

She adds: “I’ve worked for DFID for more years than I care to mention in a variety of jobs, both in the UK and overseas.”

By 1984 she had worked with the Overseas Development



**Lisa Phillips, by ILRI/Riccardo Gangale  
(under Creative Commons licence)**

Agency – fore-runner of DFID – in several countries in Southern Africa, before joining the ODA teams covering India, Barbados and South East Asia.

Managerial roles in the United Nations and Commonwealth Department were followed by work on migration. In 2011 she was made head of DFID’s department dealing with fragile states, and the following year, its lead on anti-corruption. She became head of DFID Kenya in 2013.

Her appointment as governor of St Helena marks a break from the long-established tradition of appointing diplomats from the Foreign and Commonwealth Office – a practice questioned in the Wass Report, which said the island needed a hands-on manager.

Governor Andrew Gurr had also been recruited from outside the FCO, but he had served in a senior job on the Falklands.

When he left in 2011, the role was given to Mark Capes, an FCO man who will now take up another diplomatic posting. The location was not made public, but one Facebook user on St Helena undiplomatically wished him well in Antarctica.

The Independent’s October 2015 editorial suggested Mr Capes had focused his energies on the island’s airport project at the cost of addressing its pressing social needs – a view echoed by the Wass Report.

It said: “Credit where it’s due: for Mr Capes, the airport has been the big job, and it’s been a success. But now we have some more human problems to address.

“So we’d like someone who knows about improving education, and has done something about it. We have an educated idea who that could be.

“We’re not all sex abusers, but there are too many victims of abuse. SHG’s style is to keep telling us how everything’s getting better, but we need someone who is actually willing to stand up and say, Yes, there’s a problem, because it was a failure to be open that allowed it to go on for so long.

“We want someone who is willing to stand up and say, out loud, “I want to end violence against women and girls.”

“Someone who’s willing to say, “Justice has to be seen to be

## St Helena gets first female governor – after 359 years

Simon Pipe - [www.sthelenaonline.org](http://www.sthelenaonline.org)



**Brits in Kenya** @BritsinKenya · 4h

Congratulations to @lisaPhillips07 on being appointed new Governor of St Helena, Ascension... [britsinkenya.com/2016/01/20/dfi...](http://britsinkenya.com/2016/01/20/dfi...)



done – and be done.” Someone who has actually spent time with the victims of sex crimes would be good, too.

“We know someone who’s said all that, and done all that.

“We never acknowledge there’s a problem with HIV on St Helena, but... there’s a problem with HIV. Too many people have the virus and for all we know, the number has gone up since work on the airport started.

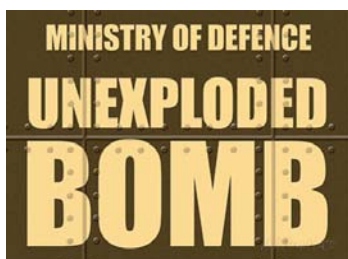
“So we need someone who’s got experience of confronting that awful problem; someone who’s willing to admit it exists. Maybe someone who’s worked in Africa?”

Once the news of Ms Phillips’ appointment was out in the open, well-wishers in Kenya and around the world congratulated her.

She told one: “I will miss #magicalkenya so much, especially all the people I have met.”

Lisa Phillips is not merely the first woman to be chosen as head of state and representative of Her Majesty the Queen on St Helena, Ascension Island and Tristan da Cunha: she will also be the first governor of the territory to have given birth. She has one son.

## Health and Safety As It Used To Be



*This bomb dropped on Birmingham – The people it was aimed at are clearly not impressed*

## Governors In Trouble with the People

John Turner

**Richard Coney (March 1671 - 21st August 1672):** Complained the inhabitants were “drunks and ne’er-do-wells”. Seized on 21st August by rebellious members of the island’s council and shipped back to England.

**Richard Keigwin (May 1673 - 1674):** Seized in 1674 by discontented settlers and troops; only the lucky arrival of an East India Company fleet freed him.

**Capt Richard Field (1674 - 19th June 1678):** A letter to the island council from the East India Company directors, dated 3rd August 1687, says: “Captain Gregory Field is a most useless burden to us and therefore we do hereby dismiss him from our service. Give him leave to come home at his own charge and we shall admit him into our almshouse, which he had petitioned for.”

**Capt Joshua Johnson (2nd December 1690 - 21st April 1693):** Prevented soldiers smuggling themselves aboard ships by ordering all outgoing ships to leave only during daylight hours. This led to a mutiny. The mutineers intended to imprison the governor and council and then escape from the island in a ship anchored in James Bay, but Johnson was shot and killed by the mutineers when their plan went wrong.

**Capt Benjamin Boucher (7th August 1711 - 28th June 1714):** Left, officially due to ill health (first reported in September 1712) but an East India Company memo of March 1714 says “we can’t find that our Gov. Boucher and Council gave any tolerable heed to our instructions or so much as read them with attention”. On his departure, stripped the Governor’s residence of “all that was portable which might have been of service to him including the locks and keys”.

**Col David Dunbar (11th March 1744 - 14th March 1747):** Locked up a Mr. Dixon to resolve an argument between the two of them. On hearing of this the East India Company’s Directors ordered Dunbar to resign.

**Daniel Corneille (25th July 1782 - 22nd June 1787):** Changed the licensing laws meaning soldiers could not obtain arrack from the Punch Houses, only allowing them to drink at army canteens. A mutinous protest resulted in 200 soldiers, with bayonets fixed, marching on the Governor. After meeting the soldiers he withdrew the new regulations.

**Maj-Gen Alexander Beatson (4th July 1808 - 22nd June 1813):** Also tried to control drunkenness, with similar results to his predecessors: a mutiny by about 250 troops in December 1811.

**David Leslie Smallman (8th September 1995 - 1999):** In 1996 was cornered in his Office for several hours by a crowd of some sixty Islanders protesting about unemployment and low incomes - an incident reported by The Daily Telegraph in London as a “riot”.

*Ah, the good old days ..... !*



## EXCO REPORT - TUESDAY 19 JANUARY 2016

### ST HELENA MAGISTRATES' COURT

**18th January 2016**

**BARRY DANIEL THOMAS (65)** currently of HM Prison, Jamestown pleaded guilty to the racially aggravated assault of a police officer by kicking him. The offence was aggravated by having taken place in the Supreme Court after Mr Thomas had been remanded in custody, having appeared at the court under the influence of alcohol. The court reiterated that assaults on police officers and racially aggravated offences in St Helena, will not be tolerated. Mr Thomas was sentenced to 16 weeks imprisonment.

**20th January 2016**

A **PERSON** was charged with carrying teenage passengers in the sided flatbed of a vehicle, such that a danger was likely to be caused to such passengers. The court indicated that the question was not whether there was a danger of injury in the event of an accident, when such danger would be inevitable. This offence is only committed where there is a danger of injury, in the circumstances in which the vehicle was being driven at the material time. This law does not completely proscribe the carrying of such passengers in the sided flatbed of a vehicle. In this case there was no evidence that a danger was likely to be caused to such passengers, due to the slow speed of the vehicle and the location of the occupants, being seated within the sided flatbed of the vehicle. The person was accordingly found **NOT GUILTY** of the charge.

### GRANT OF ST HELENIAN STATUS

In accordance with Section 15(3) of the Immigration Ordinance 2011, the following persons were granted St Helenian Status:

**With effect from Tuesday 10 November 2015:**

- **Mr Gift Thandazani Sibanda** of Salvation Army House, Jamestown, St Helena Island
- **Ms Vimbai Matumbike** of Salvation Army House, Jamestown
- **Ethan Siyabongankosi Sibanda** of Salvation Army House, Jamestown
- **Mr Carloss Rodrigo Soto Gallardo** of Flat 30a, Bottom Woods

**With effect from Tuesday 15 December 2015:**

- **Mr Barry Ramon Hubbard** of Oaklands, St Helena Island
- **Miss Charlotte Elizabeth Hubbard** of Oaklands
- **Mrs Alison Jane Hubbard** of Oaklands
- **Mr Joshua George Ramon Hubbard** of Oaklands

SHG  
18 January 2016



Executive Council met today, Tuesday 19 January 2016, with one item on the agenda. Council supported the First Supplementary Appropriation Bill 2015/16 and agreed that it be introduced as Government Business at the forthcoming meeting of Legislative Council on Friday 12 February 2016. A Supplementary Appropriation Bill is required under the Constitution to provide for Government expenditure not previously authorised in the Appropriation Ordinance for the Financial Year in question.

Executive Council, on behalf of Legislative Council, would also like to pay tribute to everyone involved in the safe and efficient evacuation of medevac patients over the weekend - a true example of the excellent teamwork and spirit on St Helena.

SHG  
19 January 2016

### NEW ACTING CHIEF OF POLICE

Acting Chief of Police Pam Trevillion will leave St Helena at the end of her contract on Monday 18 January 2016. Pam is due to take up a new Police role with her home Force in Dorset, UK.

Until Chief of Police Trevor Botting arrives back on the Island on Wednesday 17 February 2016, Merlin George will be Acting Chief of Police for St Helena.

SHG  
15 January 2016



## For Sale



**Silver Ford Focus Zetec climate  
CD/Radio, electric windows,  
central locking  
priced at £5,000  
Call Mick Hawken on 22815**



## A Funny Thing Happened ....

Vince Thompson

36<sup>th</sup> Time Lucky?

The East India Company always appointed military types to the governorship of St Helena. There were no female 'military types' in those days – except perhaps their wives. After the British Crown took over the island in 1834 there have been 35 governors; not one of them was a woman. That is about to change. In April Lisa Phillips will leave her current post at Head of DFID in Kenya to take over from Mark Capes. The official announcement from the Foreign and Commonwealth Office was made on Wednesday of this week. In the 2<sup>nd</sup> October 2015 edition of the Independent Mike's editorial included the following carefully chosen words; *'maybe the answer is for HE to be a SHE. Because governing us lot is a tough job. We've had a look around though and we've found someone who might be up to it. We need someone like ... and this is only a suggestion ... Lisa Phillips, the Head of DfID in Kenya.'* Please don't think someone in the UK Foreign Office sat down one Friday afternoon last October to catch up on the St Helena news and after reading Mike's editorial decided he had come up with a good idea, immediately picked up the phone and dialled Kenya straightaway. The truth is there were strong indications Lisa Phillips would be our next governor more than three months ago.



St Helena will be a very different place to be for Lisa Phillips compared with Kenya. If anyone thinks, during her period of governorship that it might be a good idea to complain directly to her about how they have come upon hard times, it is probably a good idea to have second thoughts. Ms Phillips has spent nearly three years in Kenya; despite that country being the largest and most diverse economy in East Africa, 25% of Kenyans do not have enough money to meet their basic food needs. From what she has written it is clear Lisa Phillips puts the poorest Kenyan citizens high on her list of priorities and has witnessed their deprivation at first hand. Tales of woe St Helenian style pale into insignificance by comparison.

Before taking up the role in 2013 of Head of DfID in Kenya, Ms Phillips worked in jobs which focussed on policy, research, governance and anti-corruption. When starting her career with DfID in the 1980s she was involved with several southern African countries including Namibia, South Africa, Botswana, Lesotho and Swaziland. After that DfID employed her in posts concerned with South East Asia, Indonesia, Sri Lanka and India. It was after that period of her career that Ms Phillips moved into roles concerned with policy. On two occasions she has worked as a programme manager which suggests she knows a thing or two about project management.

While in Kenya Lisa Phillips used a UK Foreign Office website to describe some of her experiences. Travelling to Kenya to take up her new post in 2013 she explained the situation facing her upon arrival. She wrote, *'Arriving over a weekend, to then be thrown into a visit from DFID's Parliamentary Under Secretary of State, Lynne Featherstone MP, must, they assume have disrupted any settling in I could do, and been an intense time of behind-the-scenes working to ensure everything went smoothly. All I can say is that if that's a rollercoaster ride, I'll pay the fairground fare any day. All the arrangements were expertly done by the DFID and British High Commission team ahead of me coming (luckily), while I played the innocent 'I'm new to all this...and learning' card if asked any difficult questions; a perfect combination.'*

I like the bit about 'I'm new to all this'. I have written before that governors, and others, should keep their mouths firmly shut for a while when they arrive here. Listen, look and learn; then engage brain before opening mouth. Too often we get people saying 'this is how we did it in the UK' or the Falklands while still having only one foot on the landing steps. Can it possibly be true that this time it will be different?



Lisa Phillips with a group of girls from Malala, Kenya



## A Funny Thing Happened ....

Vince Thompson

Lisa Phillips also makes no secret of the fact that she championed the cause for poor, under-privileged and abused females. Ms Phillips wrote, *'things that really made an impression on me were about Kenyan women and girls.'* She then goes on to write about a three year old girl who lived in a part of northern Kenya called Marsabit. She wrote, *'Marsabit is one of the most unforgiving places to live I've seen in a long time. The little girl (and she was very little), hid under her mother's robes, while the nurse in the clinic told us about how she had been saved from the edge of starvation by British taxpayers' money. In the past, the well-being of the people of Marsabit would fluctuate with the weather...literally....being so dependent on the rains. But now, they have a lifeline through some small cash payments of about £13 per month given to the most needy, together with advice about the food that is most nutritious for them. This very small amount of regular money is working. Plus it's three times cheaper to do things this way, than for the international community to respond to a humanitarian emergency with food aid, at a time when people have already started to die. It's also far less traumatic for everyone of course. Now that UKaid has made the system work, the Kenyan government wants to take it over, which is right.'*

Exactly one year later Lisa Phillips wrote a further account of Kenyan life and how she came into contact with it as part of her job. She says, *'... the government of Kenya released a report called a 'A Price Too High to Bear', which was funded by DFID Kenya. It's a sad report. It tells me that every 2 hours a mother dies in childbirth in Kenya and features a study which looked at the prospects of 59 babies whose mothers had died in childbirth. The statistics on the page are stark. But what came as a shock to me was that it didn't stop there, because three quarters of those mothers' babies also died, either at the time or shortly after.'*

The aftermath of that tragedy was also sad. If there are other children in the family they can't be looked after by their dad because he still needs to earn a living. So children tend to live with their maternal grandmother. Their father will typically marry again fairly quickly and more often than not, lose contact with their children. This means the children lose not only their mother, but their father too.'

I'm getting a picture here of a woman who is not tied to her desk, does get out and about and more than that, has seen more than one or two instances of the more grisly side of life. But it does not stop there. In August last year Lisa Phillips was off once more to another remote part of Kenya to spend time at a women's refuge. The refuge is for women seeking protection from Female Genital Mutilation [FGM]. Ms Phillips wrote, *'I was invited to speak to 40 girls from Samburu, a remote part of Kenya which forms one of the arid and semi-arid lands of the country. So I jumped at the chance. Kenyan girls are always so positive despite the experiences they have had. These girls were no exception...on both counts. They*

*had been rescued from FGM and early child marriage and had been taken, or escaped, to a refuge centre. Their stories were all pretty similar. Around the ages of 9 or 10, their fathers had decided it was time for them to marry. One girl told me she was to be married to a man of 70 years old as his fifth wife, another to a man of 45.*

*In Samburu tradition FGM takes place on the day of marriage and many girls are taken, bleeding to the marriage ceremony. But as the wedding approached, either their mother or their primary school teacher would take them to the Samburu Girls Foundation rescue centre - mostly in the dead of night for fear of anyone in the community stopping them. At the refuge they could avoid these awful practices, feel safe, but crucially, continue their education.'*

Another account of Lisa Phillips' work appears to move away from the problems facing the poor, the starving and the abused – but those problems are never far away. The problems encountered through climate change are moving up the list important things which need tackling now. In Kenya the country has a long history of environmental degradation, deforestation, pollution of water bodies, conversion of wetlands, unsustainable agricultural practices, and overgrazing. These have over time contributed to the high level of climate change vulnerability of many communities especially those residing in the arid or semi-arid parts of the country. Kenya DfID got involved with a project to deal with some of this environmental damage and Lisa Phillips made her views known when the deal was signed. She said, *'We all depend on a healthy environment, but it's the world's poorest people – those who are also least responsible - that have most to lose from climate change and are less equipped to cope with the effects of climate change. We need to help them adapt so they can continue to develop and lift themselves out of poverty. The UK is committed to supporting Kenya's efforts to combat the adverse effects of climate change and to promote low carbon climate resilient development.'*

Already we have Ginny Ferson leaving her job as Deputy Governor of Bermuda and arriving here in February to lead the implementation of the Wass Inquiry recommendations. In April Lisa Phillips will be arriving to take over at the top of government. In Kenya in April the winds change. The hot north-easterly wind from the Persian Gulf, known as the kaskazi, blows hot air across the country from November/December to March or April. Around April and May the moist and slightly cooler kusi wind gains strength and comes in from the south east. My hope is that Lisa Phillips will bring with her a Wind of Change – together with a breath of fresh air.

### Bradley's Camp Recommended for Development

On Wednesday the Land Development Control Board took a second run at the application to transform Bradley's Camp into the Millennium Holiday Park. This time the recommendation from the officers was accepted and the Board voted to recommend to Governor-in-Council that the application for development be approved. Just before the meeting in the Council Chamber the Board had a site meeting at Bradley's Camp to get first-hand sight of some of the details.

The recommendation for approval comes with thirteen condi-



## ***A Funny Thing Happened .... Vince Thompson***

tions attached to the permission. Some conditions are concerned with the environmental impact of the development. The conditions make clear it is an 'outline' permission. A detailed application will need to be submitted within one year for consideration by the Land Planning and Development Control Board otherwise the permission will fall. No development can take place until a full approval is given to a detailed application.

More details are required about the access road, the internal road, footpaths and car parking. Parking spaces have to be provided at a rate of two spaces per rented accommodation with more parking spaces required for the other commercial areas. No building is to take place in the area of the site which is part of the adjacent National Conservation Area and no water run-off is permitted to the east of the site, into the NCA. Measures are also required to prevent water run-off onto the protected mole spider habitat. A detailed landscaping scheme is to be submitted together with plans showing how surface water and sewage is to be disposed of, how recycling of waste will be managed, what signage arrangements there will be and how the impact of the development on mole spiders and wire birds will be mitigated.



***Bradley's Camp viewed from the west with the airport runway in the background.***

Other conditions have airport safety in mind. A Bird Hazard Management Plan is required which shows how it is planned to minimise the attraction of birds to the development. Attractions to birds will include exposed food waste, standing water and certain types of vegetation. The method of construction is required to be set out in detail to ensure building work does not affect aircraft operation. None of the existing ground levels can be raised and no building on the site can be more than 5 metres high. Any trees or shrubs planted as part of the landscaping plan cannot be allowed to grow more than 5 metres high. The lighting scheme, particularly exterior lights must be shown to not interfere with or be confused with airport lighting. Checks need to be made to ensure the airport navigational equipment has not been compromised and the proposed photovoltaic solar panels must not give off a glare which interferes with aircraft operation. All electricity cables, drainage and water supply pipes are to be laid underground.

The diagrams included with the outline application do not ap-

pear to show two car park spaces per accommodation letting, more will have to be provided. A large car park is indicated on the eastern side of the development site near to the airport road. Also in this area are the sports facilities it is planned to provide. Both the car park and the sports facilities will be affected by the condition which does not allow any construction within the development site which is also within a National Conservation Area. Drainage, water supply and treatment of waste as shown in the outline application appears to be roughly in line with what is required by the conditions.

### **Report finds no 'endemic culture of abuse'**

We've heard those words before, haven't we, in the Wass Report. This time though the words refer to a UK immigration centre where 350 women are detained while their applications are assessed.



***Yarl's Wood Immigration Detention Centre***

The report stated there are serious staffing concerns with a shortage of female officers and inadequate training. The report was commissioned by Serco who manage the immigration detention centre. Investigators found serious cases of inappropriate behaviour and mistreatment of residents but said this was not widespread. Serco said it was already implementing operational improvements. The report, which looked at the overall culture and practices at the centre, was commissioned following allegations of abuse. There are 35 recommendations for improvement.

## ***ST HELENA DISABLED PERSONS AID SOCIETY NEWSPAPER BINGO IS BACK***

### ***A £1 TICKET GIVES YOU FOUR CHANCES TO WIN UP TO £50***

TICKETS AVAILABLE FROM: Longwood Supermarket, Maisies Shop, McDaniel's Shop, Macknights, A&D MinMart, Moonbeams, MTB's Pick & Pay, Sydneyrays, Phillip Johns, Rose and Crown, Amelia Gough, Adrian Greentree's, Red Hill Shop

Numbers published in next week's papers



# Your Opinion Counts

**Dear Editor,**

In regards with the two last letters published in your paper, concerning the St. Helena Fire Service. I hereby would like to clarify a few issues brought up previously, by two individuals who both had good and bad points.

1. If the St. Helena Fire Service are following UK standards, then why aren't they trained to UK standards. This allowing each individual Firefighter or Fire Officer, gain qualifications in the following:

Level 2 Award/Certificate/Diploma in Fire and Rescue Services in the Community.  
Level 3 (NVQ) Diploma in Emergency Fire and Rescue Services Operations in the Community  
Level 3 (NVQ) Certificate in Emergency Fire Services Watch Management  
Level 3/4 Award in Initial/Intermediate Incident Command in Fire and Rescue Services  
Hazmat Incidents, Vehicle Collisions etc.

I do believe the qualified Firefighters that were in the St. Helena Fire Service, has since move on. These were a group of Firefighters that had gained, qualifica-

tions working abroad before returning home.

2. All retained/ on call Firefighters here in the UK, have a maximum time of 5 mins to report to the station once alerted. I personally think this should be the same for the St. Helena Fire Service when on call. Every min counts at the end of the day.

3. All Firefighters are to be in turn out gear and BA, before they leave the appliance on scene of a reported working fire. Not when arriving on scene, as at this point firefighting operations should be taking place. Eg scene size up, pulling hoses or other required equipment. Again every minute counts.

3. Professional image also plays apart in the Fire Service. Would it had been more professional, if the Fire Officer had put on his turn outs aswell instead of wearing crocs. Where does he set an example of safety, by doing this. Hint hint, steel toe !!

4. The Fire Service is part of the community. So provide them with awareness of fire safety, even by doing such little as fire extinguisher training, etc. Don't just provide for Work places or schools.

5. Make fire alarms, smoke detectors or heat detectors, a new building regulation requirement for all homes, public places, etc.

6. Having a 24 hr Fire service is not always required, but having good response times are.

7. And last but not the least. A Fire Service should not be managed by a Chief of Police. Two completely different professions from my point of view.

And not because your son in law, father in law, whoever it may be work in the Fire Service aren't allowed to be criticised or judged. Like you stated in your letter about the tax payer. Well he/ she pays your son in law wages and provides the equipment he needs for the job. So therefore they expect a good device. Don't be against other people, because you have family in the service.

To conclude my letter, I will take my hat of to those who currently work for the St. Helena Fire Service for the service they provide the people of St. Helena. Which I feel most certainly, you do it to the best of your ability.

But do remember something, the public are allowed to judge and find faults. At the end of the day, it's there tax money that pays your wages and purchase your equipment. If the public can see these mistakes or issues, concerning the service. Please address the issues and move on.

Please feel free to publish my letter in the next-issue of the paper.

**Regards,  
Qualified Firefighter  
UK**



St Helena  
Government

## INVITATION TO TENDER

### ***Emergency Aero Medical Evacuation Service and/or Specialist secondary/tertiary healthcare provision in South Africa***

SHG have released the above ITT in readiness for the new airport opening.

Full tender documentation can be found on the UK Government Website **Contracts Finder**  
<https://www.contractsfinder.service.gov.uk/Search> reference HSW-00063.

Any questions in the interim should be addressed to the Procurement Office for the attention of Marc Lockley, Corporate Procurement Executive.

E-mail [marc.lockley@sainthelena.gov.sh](mailto:marc.lockley@sainthelena.gov.sh).

**The deadline for submission of Tenders is the 15 February 2016**

# Heading Home?

## Information for St Helenians thinking about returning to the Island

### **For the first time in many years the population of St Helena is rising.**

While some of this is down to the presence of airport workers and other overseas staff, there are also many Saints returning home to set themselves up in business ahead of the new airport opening.

### **This is great news, but can also be the source of problems if people don't plan ahead.**

Things are most likely to go wrong if you haven't found a permanent, long term home for yourself and your family. For some people, with a family home to return to or an unfinished home to complete, it's not so much of a problem. If you've sold a home abroad or have been able to save up while working away, that will make it easier. But if you've not made any plans then you could be in for a shock. This is because it is difficult to find places to rent on the Island and that will remain the case in the immediate future.

Some of the common questions raised by those wishing to return to St Helena who don't own a home are addressed below. If you have any more questions then please let us know at the contact details provided below.

### **Can you afford to rent or buy?**

Rents in the private sector have risen recently due to demand, with £400 and more a month not being unusual for a two bedroom bungalow. Buying a house on the open market depends a great deal on where it is and what condition it is in, but homes can cost buyers £100,000 or more. If you think you might be able to buy, the Bank of St Helena will normally allow you to borrow three times annual the salary and one times the salary of your spouse. Will you be able to earn enough to meet such housing costs? And how long will your hard earned savings last?

Can your friends or family look after you?

If your parents or relatives have a spare room or two they may be able to help out, but it might only be a temporary measure. If you plan to move in with relatives you'll need to be sure how long for and if they are tenants of Government housing then they will need permission, and it may affect any benefits they receive.

### **Do you know the owner of an empty property?**

There are still plenty of homes empty on St Helena. Sometimes it is because the owners don't know who to trust with their home, or fear of non-payment of rent or their home or belongings being damaged. If you know of someone with an empty home, you might be able to come to some arrangement.

### **Can you wait a while?**

There will be a gradual reduction in the number of airport-related employees during 2016. This will increase



the supply of homes to rent, and rents may also reduce in real terms.

### **Can SHG assist?**

Unfortunately, SHG cannot offer support for rented accommodation.

### **If the worst happens....**

If you do become homeless on St Helena, we are trying to address the need for temporary accommodation. We may be able to help you into such temporary housing, but it could be anywhere on the Island and will only be for a short period while you make your own arrangements. And we can only help those who have become homeless through no fault of their own - simply arriving without a place to stay will not guarantee you anywhere to live.

### **For more information about housing on St Helena, here are some useful contacts:**

#### **Tourism Office (for details of both short term and long term lets)**

Email: [enquiries@tourism.co.sh](mailto:enquiries@tourism.co.sh)

Telephone: +290 22158

Post: The Canister, Jamestown, St Helena, STHL 1ZZ, South Atlantic Ocean

#### **Bank of St Helena (for information on mortgages and loans)**

Email: [info@sainthelenabank.com](mailto:info@sainthelenabank.com)

Telephone: +290 22390

Post: Jac's Building, Market Street, Jamestown, St Helena, STHL 1ZZ, South Atlantic Ocean

#### **Housing (for Government Housing applications)**

Email: [enquiries@enrd.co.sh](mailto:enquiries@enrd.co.sh)

Telephone: +290 22270

Post: Essex House, Jamestown, St Helena, STHL 1ZZ, South Atlantic Ocean

#### **Housing Office**

**SHG**

**15 January 2016**

## **BYE-ELECTION ANNOUNCED**

In a Proclamation issued today, 19 January 2016, Acting Governor Sean Burns has announced that a Bye-election to fill a seat on Legislative Council - vacated by Mr Leslie Baldwin - will take place on **Wednesday 23 March 2016**.

The public is reminded that to vote in the Bye-election or to stand for election to Legislative Council, your name must be on the Register of Electors, printed in the Extraordinary Gazette Notice, dated 1 July 2015.

There will however be a short window of opportunity to get your name on the Register and, in this regard, applications to amend the Register should be made on the prescribed form and returned to the Registration Officer, Gillian Francis, at the Castle, **no later than 4pm on Wednesday 27 January 2016**. Applicants must be at least 18 years old and have St Helenian status - or be the spouse or life partner of such a person - and be ordinarily resident on the Island.

Forms can be obtained from the Registration Officer, Gillian Francis, at the Castle, from the Customer Service Centre, or from the following Assistant Registration Officers:

- *Gina Benjamin*
- *Carol George*
- *Desmond Wade*

### **And for Specific Areas:**

- **Jamestown** - *Robert Essex, Alicia Thomas, Olive Williams, Douglas Bennett*
- **Levelwood** - *Ronald Coleman, Pamela Joshua*
- **Longwood** - *Paula Moyce, Christina Henry*
- **Alarm Forest** - *Jane Augustus, Brenda Thomas*
- **Half Tree Hollow** - *Karen Yon, Michelle Yon, Connie Johnson*
- **St Paul's** - *Alfreda Yon, Jackie Moyce*
- **Blue Hill** - *Stedson Francis, Georgina Young*
- **Sandy Bay** - *Alfred Isaac, Anita Legg.*
  
- **Ascension Island** - *Gerrilyn Crowie*

You can check with these persons to see if your name is already on the Register.

**Further information on the Bye-election will be issued in due course.**

**SHG**

**19 January 2016**



**St Helena  
Government**

## ST HELENA MEDIA REVIEW

The St Helena Media Review team (Sub-committee) had its first meeting on Wednesday 16 December 2015, and determined the following early actions:

- *Communicating with various media services on the Island*
- *Drawing on local expertise on the current media offer on St Helena*
- *Seeking information and views from Island residents, overseas Saints and those interested in St Helena*
- *Providing an accessible contact point for all interested parties*



**Members of the public are welcome to contact the Sub-committee at e-mail [media.review@helanta.co.sh](mailto:media.review@helanta.co.sh) or by contacting the group's Secretary, Anita Legg, on tel: 22590.**

The Sub-committee's membership comprises Councillor Pamela Ward Pearce (Chair), Joan Peters, Ethel Yon OBE, Roy Burke and Paul McGinnety (temporarily in place of Thomas Holvey, who is currently off Island). The groups Terms of Reference can be found at: <http://www.sainthelena.gov.sh/wp-content/uploads/2012/08/Media-Review-Terms-of-Reference-Jan-2016.pdf>

**SHG**  
**19 January 2016**

## POPPY APPEAL FUND

Corporate Support would like to extend sincere thanks to all who supported last year's fundraising in aid of the Poppy Appeal Fund and to those who attended the Remembrance Service on 8 November 2015.

Special thanks are extended to Mike Durnford for his continued voluntary support to the Poppy Appeal and to his team of volunteers, consisting of Girl Guides and Brownies, Ex Servicemen Barry Stroud and Marco Yon, Salvationist Phyllis Yon and Councillors – who all assisted in raising public awareness and promoting Remembrance Sunday; and, to HMS Lancaster, Sure South Atlantic Ltd, and the RMS St Helena who contributed generously to the Poppy Appeal Fund.

A big 'thank you' also to those who laid wreaths at the Cenotaph and to those who assisted with the arrangements including Gilbert Young and team, Connect Saint Helena Ltd, Johnny Dillon, Anthony Leo, Saint FM, Printech, and to all the local shops and pubs who helped with the Poppy Appeal.

**The sum of £2,272.61 was raised this year and will be sent on behalf of St Helena Island to The Royal British Legion's Poppy Appeal in the UK.**

We look forward to your continued support to the Poppy Appeal Fund in 2016.

**Corporate Support**  
**SHG**  
**19 January 2016**



## ***The “Bugs on the Brink” project Progress & Achievements***

The “Bugs on the Brink” project is sadly drawing to a close, and it has been a successful journey for both the Project Co-ordinator David Pryce and Education Office Liza Fowler.

The project has been a big success and has achieved a great many things, helping to secure the long term conservation of the islands amazing invertebrates. These include a dataset with information on St Helena’s invertebrates and where they occur, 32 people were trained on invertebrate conservation management and resources created such as a reference collection, webpages, invertebrate keys as well as an identification guide for the island (to be published early 2016). Invertebrate needs have been added into habitat management plans and threatened species included on the draft species ordinance.

There has been an improvement in knowledge and tools allowing the restoration of native habitats for invertebrates; the threat of extinction for species has been assessed (red listings 16 completed and 93 in development). Long-term conservation planning has taken place with 26 people attending workshops on island and in the UK, and a strategy for invertebrate conservation over the next five years will be launched in early 2016.

The project has also initiated the establishment of an IUCN invertebrate specialist group for with knowledge of this region, including 22 international experts who will drive forward invertebrate conservation work for these diverse and unique islands. This group will cover the UKOTs of Ascension, St Helena and Tristan da Cunha.

An essential part of the project has been Liza’s outreach and education program has taken her into all the schools, and included work with children from Nursery, Reception and at Key Stages 1-4 at primary and secondary level; and working with over 1000 children approximately all the children on St Helena.

The work has mainly involved teaching about invertebrates, including endemic, native and non-native species, and how they play an important role in our environment. Many lessons relate to science and include adaptation, food chains, habitats, identification and classification. Bug hunts have proved particularly popular,

and this has given them the experience of using basic invertebrate collecting techniques and equipment such as sweep nets and pooters, and they also get to see a variety of invertebrates that live on the island.

Awareness raising about invertebrates has also been aimed at the general public. Activity days have been held in the school holidays at the Public Library in Jamestown and the Millennium Forest at Horse Point, with information about invertebrates delivered in a fun way, by making bug crafts, having bug hunts, slideshows and displays. In this year alone, over 800 children and adults have learnt about invertebrates during various lessons and events run by the Project.

One of the most important parts of the outreach program has been to develop an educational invertebrate resource “loan box” of documents and equipment for teachers to carry on delivering this education to students once the project has ended.

There are six different documents, each targeting different age groups, a science booklet, which is the main document that contains all the information for both teachers and students with and covers subjects such as how to conduct a mini-beast hunt, invertebrate movement and their senses and habitats. A worksheets booklet relates to the science document which has lifecycles and sample keys in it and the equipment booklet description that describes how to use it all.

An activities booklet includes projects such as building a wormery, enabling students to see earthworms at work, decomposing dead and decaying matter, returning it to soil and improving its quality. The craft booklet is aimed more at the younger generation, particularly nursery and reception, where they can get creative by making bees from toilet roll holders and colouring pictures, and there is also a games booklet with instructions.

Liza will soon be visiting the schools to go through the loan box with the teachers, explaining the contents and answering any questions they many have. All of these booklets are now available to download from the St Helena National Trust (SHNT) website and we hope that many other people may continue learning about St Helena’s invertebrates from this resource.



**Centre for  
Ecology & Hydrology**  
NATURAL ENVIRONMENT RESEARCH COUNCIL

## ***New bugs for St Helena discovered by local bug hunter***

A number of invertebrates new to St Helena have been discovered after an international bug expert examined the photos of local naturalist Liza Fowler.

Invertebrate expert Dr Roger Key examined the photographs of Liza Fowler, the Bugs on the Brink Educational Officer. Roger is working on a new invertebrate guide for the island as part of the 'Bugs on the Brink' project and, while looking through her photographs, he made some very surprising discoveries. At least six invertebrate species have been discovered as new to the island including two new insect families, a new barkfly family, the scaly bark-flies, and a family of true bugs, the scentless plant bugs; as well as a number of other invertebrate species that haven't been seen for many years. Best of all was the rediscovery of Basilewsky's crane fly, an endemic species from the High Peaks, not seen for 45 years and thought possibly to have been extinct. One flew into her car at High Peak and landed on her!

Many of Liza's photos were taken in her own garden and when she has been travelling around the island.

These discoveries help has helped the project to further understand the amazing variety of invertebrates that are living on St Helena and allows their conservation. Bugs on the Brink is a partnership project between Buglife, the Centre for Ecology and Hydrology – UK, St Helena Government and St Helena National Trust, funded by the Darwin Initiative.

Most of the new bugs are, unfortunately not such good news to the island as they are invaders from other places and may turn out to be detrimental to the indigenous bugs or pests of our crops, but it is good that we now know about them. For example a new wasp may kill the caterpillars of endemic moths, the scentless plant bug is a crop pest and a new snail she found was eating her cabbages! These bugs can sometimes create problems and damage the island's existing plants and animals.

It shows that someone with a camera and a keen eye can make real discoveries that have eluded the bug-boffins!



**Centre for  
Ecology & Hydrology**  
NATURAL ENVIRONMENT RESEARCH COUNCIL



**St Helena  
Government**

### **APPLICATIONS FOR DEVELOPMENT PERMISSION**

**NOTICE IS HEREBY GIVEN** that an application has been received in respect of the following proposals:

1. Proposed Bedroom, 2 Bathrooms and patio Enclosure and Roof alterations on land parcel nos. 105/249 in the Scotland Registration Section, adjacent to the property of Mr Donald Henry
2. Proposed refurbishment of existing building (Percy's), Nose gay Lane Flat, Jamestown. Works to include raising the height of the building by 1m, reorganise and replace windows with sliding sash, raise height of doorway to the St Helena Café and reinstate Chimney on land parcel no. 070006 in the Jamestown Registration Section, adjacent to the property of Greenlands, Jamestown

Copies of the applications and plans may be inspected at the Planning and Building Section, Essex House, Main Street, Jamestown, Monday to Friday, from 8.30 am to 4 pm.

Any person who wishes to make representations on the above application should make them in writing within 14 days, to the Chief Planning Officer, Essex House, Main Street, Jamestown or email [martin.hannah@enrd.gov.sh](mailto:martin.hannah@enrd.gov.sh)

**Martin Hannah**  
Chief Planning Officer

**DATED THIS 21st DAY OF JANUARY 2016**



## Solomon & Company (St Helena) Plc

Main Street, Jamestown, Island of St Helena, STHL 1ZZ  
Tel: 290 22380, Fax: 290 22423, Email: [generalenquiries@solomons.co.sh](mailto:generalenquiries@solomons.co.sh)  
Web: [www.solomons-sthelena.com](http://www.solomons-sthelena.com)

*Prosperity Through Partnership*

### Malabar - Open for Business

Solomon & Company (St Helena) Plc is pleased to advise customers that with effect from Thursday, 21<sup>st</sup> January 2016 our Shipping, Travel and Insurance Agency businesses will operate from the newly refurbished **Malabar** property in Main Street, Jamestown.

The Malabar is a late 19<sup>th</sup> Century, Grade II Listed building which has been part of the Company's property portfolio for many years. Sources would indicate that the building has always been used as a store of some sort and in its time held stocks of fibre during the Company's involvement in the flax industry and in later years, housed the Company's wholesale operation until 2004, when the wholesale operation was relocated to lower Jamestown and the Malabar property vacated.

The exterior of the property has been restored, maintaining its heritage features, whilst removing the corrugated iron shutters from the windows and incorporating disabled access into the entrance design.

The interior has been sensitively renovated, retaining the character of the huge girders and columns, re-using the original flagstones, exposing original stonework behind lighted panels and adding suspended lighting, with the workmanship undertaken by the Solomons Works Team.



The refurbished Malabar will greatly improve the customer and work environments for our Shipping, Travel and Insurance Agency businesses and we look forward to welcoming customers in these pleasant, spacious and comfortable surroundings.

Registered Office: St Nicholas House, St Nicholas Road, Sutton, Surrey, SM1 1EL, United Kingdom  
Registered in England and Wales, Reg No. 496276



Babcock International Group  
**BBC ATLANTIC RELAY STATION**  
ENGLISH BAY  
ASCENSION ISLAND  
ASCN 1ZZ

Tel: +247 66800  
Fax: +247 66117

[www.babcockinternational.com](http://www.babcockinternational.com)

## **Vacancy for Rigger & Trainee Rigger**

Babcock has vacancies for a full-time **Rigger** and **Trainee Rigger**.

The post holders will form part of the Team that is primarily responsible for Antenna Maintenance of the Transmitting Station and other Rigging & Aerial maintenance related duties under BBC Atlantic Relay Station's portfolio.

The **Trainee Rigger** post will be offered on a single status, fixed-term contract and accommodation will be a single en-suite room with self-catering facilities.

The **Rigger** post will be offered either on a single or accompanied status, fixed-term contract, depending on personal circumstances. Accommodation will be either a single en-suite room with self-catering facilities or a bungalow, if accompanied.

Any offer of employment will be conditional on passing a medical examination.  
Candidates short-listed for interview will be expected to pass a mast climbing test.

### ***Essential Qualifications & Experience***

- Physically fit, able to pass a climbing medical and climbing test.
- Good knowledge of Safe Working practices and Safety Procedures, especially relating to Working at Heights.
- An understanding of paint systems and preparation of surfaces.
- Good mechanical/electrical aptitude, with an understanding of basic mechanical/electrical systems.
- Competent use and operation of hand, power tools and workshop machinery.
- Be industrious, proactive and work to a high standard.
- Able to prioritise tasks and work without supervision.
- Experience of PC use and basic keyboard skills.
- Driving licence.

Further Qualifications/Experience requirements are detailed in the **Job Description**.  
(The **Trainee Rigger** will receive complete training to fulfil the above requirements. If necessary, the **Rigger** will receive appropriate training to meet some of the essential requirements for the role.)

Further Qualifications/Experience requirements are detailed in the **Job Description**.

Please contact the Administrative Assistant on +247 66800 (Extn 101) or email [Shelley.Knipe@babcock.co.ac](mailto:Shelley.Knipe@babcock.co.ac) for a **Job Application Form**, **Job Description** and for further information regarding the post.

Applications to be sent to:

Admin Officer  
BBC Atlantic Relay Station, English Bay  
Ascension Island (or email [Shelley.Knipe@babcock.co.ac](mailto:Shelley.Knipe@babcock.co.ac))

Applications should be submitted on a Babcock job application form, and must be received by end of working day **Monday 25<sup>th</sup> January 2016**



Babcock International Group  
**BBC ATLANTIC RELAY STATION**  
ENGLISH BAY  
ASCENSION ISLAND  
ASCN 1ZZ

Tel +247 64458  
Fax: +247 66117

[www.babcockinternational.com](http://www.babcockinternational.com)

## **Vacancy for General Maintenance Assistant - (Facilities Maintenance Team)**

Babcock has a vacancy for a full-time General Maintenance Assistant within the Facilities Maintenance Team (FM), at the BBC Atlantic Relay Station on Ascension Island.

The post holder will form part of the Team that is primarily responsible for the Building Maintenance aspect of Accommodation, Technical Buildings and other Facilities under the BBC Atlantic Relay Station's portfolio. Specifically painting and refurbishment, carrying out minor repairs to fittings including windows and doors.

The post will be offered either as household or single status, fixed-term contract and accommodation will be a single en-suite room with self-catering facilities. Any offer of employment will be conditional on passing a medical examination.

### ***Essential Qualifications & Experience***

- Adequate understanding of safety procedures and safe working practices, particularly in the Facilities Maintenance areas.
- Adequate knowledge of working with hazardous substances used as part of function.
- Competent in painting & decorating.
- Experience in carpentry, joinery and building maintenance.
- Able to work with concrete & plastering.
- Trained in the use of hand tools, power tools and workshop machinery within the Facilities area.
- Strong self-motivation and ability to work with minimum of supervision.
- Manual Handling Training and other Statutory Safety Training specific to role.
- Possession of current driving licence.

### ***Desirable Qualifications/Experience***

- Building industry apprenticeship or equivalent craft certificate.
- Competent in painting & rust treatment.
- Willing to work unsociable hours if required.
- Use of Email, Microsoft Word and Excel at Basic Level.

Further Qualifications/Experience requirements are detailed in the **Job Description**.

Please contact the Administrative Assistant on +247 66800 (Extn 101) or email [Shelley.Knipe@babcock.co.ac](mailto:Shelley.Knipe@babcock.co.ac) for a **Job Application Form**, **Job Description** and for further information regarding the post.

Applications to be sent to:

Admin Officer  
BBC Atlantic Relay Station, English Bay  
Ascension Island (or email [Shelley.Knipe@babcock.co.ac](mailto:Shelley.Knipe@babcock.co.ac))

Applications should be submitted on a Babcock job application form, and must be received by end of working day **Friday 29<sup>th</sup> January 2016**



## Let us provide you with your Survey & Design Requirements

SurveyTech Ltd offers the following services:

- Topographical Surveys
- Measured Building Surveys
- Mapping of Island Wide features such as utility services, communications, historical structures, roads, etc.
- Production of Site Plans for Residential & Commercial use
- Building Design and Plans for Residential & Commercial use (e.g. House Plans, Shops, Workshops, etc.)
- Setting out works e.g. Drainage Lines, Buildings, Roads, Site Excavations, Reservoirs and other services.

Contact: Melvyn Henry

Tel No: 00290 23089 Mon-Fri 8:30am-4pm

Email: [SurveyTech@helanta.co.sh](mailto:SurveyTech@helanta.co.sh)



## Enterprise St Helena Board of Directors Meeting

Enterprise St Helena wishes to inform the Public that a Board of Directors' Meeting will be held on Wednesday 27th January 2016 at 9:00am at the Office of Enterprise St Helena, Business Park, Ladder Hill.

Agenda Items for this session are:

- Declaration of Interest
- Confirmation of Minutes of Open Meeting session held on 9 December 2015
- Matters Arising
- Introduction, Internal Auditor, Mr John North

A copy of the Agenda for this particular meeting will be available from Monday 25th January 2016.



For further information please contact the Board Secretary on telephone No: 22920 or email: [Natasha.bargo@esh.co.sh](mailto:Natasha.bargo@esh.co.sh) or alternatively visit the ESH Website [www.investinsthelena.com](http://www.investinsthelena.com) for a copy of the Agenda.

The Economic Development Group | Head Office | ESH Business Park | Ladder Hill  
Tel: +290 22920 | Fax: +290 22166 | Email: [info@esh.co.sh](mailto:info@esh.co.sh)



## Ascension Island Government

# VACANCY – FIRE FIGHTER/LIFEBOAT OPERATOR

---

If you're passionate about public safety and want to help save lives, this position could be ideal for you. Firefighters protect and save people and property from fire and other dangers. They provide emergency support. They also provide education and advice on fire prevention.

You will need a good standard of education and a reasonable level of physical fitness. A firefighter has the ability to react quickly and remain calm in dangerous situations.

### Principal duties of the post include:

- **Fire fighting and Sea Rescue**
- **Assisting with training of AIG personnel and other organisations in fire safety**
- **Maintaining Fire & Sea Rescue equipment and appliances**
- **Undergoing continuous training in fire fighting and sea rescue operations**
- **Carrying a call-out pager and attending call-outs as and when required**

### The successful candidate will be:

- **A qualified fire fighter with a minimum of two years' experience**
- **Able to swim**
- **Able to carry out Fire Service related tasks unsupervised**
- **Able to work well as part of a team**
- **In possession of a clean valid driving licence that includes class J4**
- **Qualified in the use of Breathing Apparatus**
- **Knowledgeable about fire fighting and sea rescue equipment**
- **Computer literate**
- **Physically fit**

### Lifeboat Operator training will be provided if necessary.

The post is offered as single status. A competitive salary will be paid. The successful candidate will also receive: a food allowance, an on-call allowance, rent free accommodation, utility allowances, mid-tour passage/flight, a gratuity on completion of 2 year contract, free medical and primary dental treatment and a generous baggage allowance.

Further information about the post is available from Senior Fire & Sea Rescue Officer, Richard Joshua on telephone number (247) 66361 or e-mail [richard.joshua@ascension.gov.ac](mailto:richard.joshua@ascension.gov.ac).

Application forms and job descriptions are available from AIG's Human Resources in Georgetown by telephoning (247) 67000 extension 150 or by e-mailing: [alan.nicholls@ascension.gov.ac](mailto:alan.nicholls@ascension.gov.ac). Completed forms should be returned to the aforementioned email address or by fax to (247) 66816 by no later than **Friday 5 February 2016**.

A H Nicholls  
**Director of Human Resources**

Administration Building  
Georgetown  
Ascension Island



## ASCENSION ISLAND GOVERNMENT

### VACANCY – MECHANICAL FITTER

The Ascension Island Government is seeking to recruit a suitably qualified, experienced and versatile person to fill a position of Mechanical Fitter (available from 16 February 2016). The position would ideally suit someone who is seeking a challenge and would like to work with a small compact team in a multi-tasking environment.

Amongst other duties, the successful candidate will be expected to:

- Undertake maintenance and repairs to all types of road vehicles, plant and marine engines for AIG and its service users.
- Carry out the duties of a certified MOT Inspector.
- Support AIG plant operations including operating and maintaining plant.
- Attend breakdowns away from the Transport Workshop and vehicle recovery.
- Support AIG marine operations including operating and maintaining marine craft.
- Carry out stevedore/tanker and other ship duties as a core function.
- Attend Road Traffic Accidents as requested by the Police and examine vehicles involved in accidents and prepare reports for the same.

The successful candidate must:

- Have or be working towards NVQ Level 3 Mechanics or has been certified competent by experience from working as a mechanic on all types of vehicles (and marine engines) for a minimum period of five years.
- Have a sound practical knowledge of mechanical diesel & petrol engines.
- Have some experience in operating and maintaining marine craft.
- Have a sound knowledge of vehicle faultfinding and up to date knowledge of vehicle diagnostic testing.
- Be familiar with Metal Inert Gas (MIG) and Manual Metal Arc (MMA) and gas welding.
- Be flexible to meet the needs of the Organisation.
- Have the ability to work as a part of a small team.
- Have a working knowledge of Health & Safety in the Work Place, in particular a mechanical workshop.
- Hold a clean valid drivers licence for classes of vehicles A to J4.

The post is offered as either single or accompanied status. A competitive salary will be paid. The successful candidate will also receive: a food allowance, rent free accommodation, utility allowances, mid-tour passage/flight, a gratuity on completion of 2 year contract, free medical and primary dental treatment and a generous baggage allowance.

Further information about the post is available from Transport Team Leader, Mark Thomas, on telephone number (247) 66791 or e-mail [mark.thomas@ascension.gov.ac](mailto:mark.thomas@ascension.gov.ac).

Application forms and job descriptions are available from AIG's Human Resources in Georgetown by telephoning (247) 67000 extension 150 or by e-mailing: [alan.nicholls@ascension.gov.ac](mailto:alan.nicholls@ascension.gov.ac) . Completed forms should be returned to the aforementioned email address or by fax to (247) 66816 by no later than **Friday 5 February 2016**.

Alan H Nicholls  
Director of Human Resources

Administration Building  
Georgetown  
Ascension Island



ASCENSION ISLAND GOVERNMENT

Two Boats School

**VACANCY FOR A TEACHING ASSISTANT**

The Two Boats School is looking for a caring and committed person to join their Learning Support team with effect from 22 February 2016 for a period of approximately 16 months. Teaching Assistants are deployed in a variety of changing roles and are expected to be flexible and ready to learn new skills.

The work includes

- Supporting teachers in the secondary sector
- Assisting teachers with planning and preparation
- Developing educational resources and displays
- Supervising activities including educational visits
- Attending meetings and liaising with parents
- Helping individual students with Special Educational Needs access the curriculum
- Ensuring their welfare
- Delivering specific intervention programmes

At this time we are particularly interested in hearing from candidates interested in supporting students with Special Educational Needs in the secondary sector. Experience of working with persons with Down's syndrome would be an advantage.

**AIG and Two Boats School are committed to safeguarding and promoting the welfare of children and expect all staff to share this commitment. An appropriate criminal records check will be required.**

We can offer you

- A friendly, supportive work place.
- The opportunity to work with the most exciting people on Ascension (the children!)
- Training and development opportunities suitable to your needs and experience.

Salary will depend upon qualifications and experience. The post is offered as a Household Status Contract (only suitable for a person who is already living on Ascension as a member of an accompanied status employee's household), however Single Status with accommodation, and an appropriate allowance, might be considered for an exceptional candidate bringing new expertise to the school.

Before applying for the post please feel free to contact the Headteacher Mr Keith Sedgwick at the school on 64432 for an informal chat about the post so that you have a good understanding of the role and what will be expected of you or email [keith.sedgwick@tbschool.edu.ac](mailto:keith.sedgwick@tbschool.edu.ac).

Application forms and a job description are available from AIG's Human Resources in Georgetown by telephoning (247) 67000 extension 150 or by e-mailing: [alan.nicholls@ascension.gov.ac](mailto:alan.nicholls@ascension.gov.ac). Completed forms should be returned to the aforementioned email address or by fax to (247) 66816 by no later than **Monday 1 February 2016**.

A H Nicholls  
**Director of Human Resources**

Administration Building  
Georgetown  
Ascension Island

**SAFEGUARDING DIRECTORATE  
VACANCY FOR  
MANAGER ST HELENA DOMESTIC ABUSE SUPPORT SERVICE**



With the introduction of new facilities and support around domestic abuse, the Safeguarding Directorate is looking for a dynamic and versatile individual to manage a new service. This role will include managing an accommodation based service as well as support for families living in the local community.

Duties of the post include:

- Responsible for managing and facilitating the provision of support services and advocacy for adults and children who have been affected by domestic abuse.
- Assist with the recruitment of staff, providing supervision and training for staff team.
- Assist in assessing the client's needs, and their children's needs (where applicable) and promote empowerment and their independence.
- Attend and participate in, multi-agency meeting and work in partnership with other professionals where necessary.

The successful Candidate should be in possession of GCSE in Maths and English Language at Grade C or above, NVQ in Health and Social Care Level 3 or equivalent and have relevant experience of working with vulnerable adults and safeguarding children. The applicant must have a valid driving license (and access to own vehicle for work purposes).

The salary for this post is in grade D commencing at £10,739 per annum. However the successful applicant may be required to start in the training grade. The post is for a fixed term contract of two years in the first instance and could be extended subject to funding.

For further information please contact Dr Priscilla McDaniel on telephone no. 22713.

A copy of the Job Profile and Application Form, are available from Safeguarding Directorate, Brick House and should be completed and submitted to Sarah Williams, Human Resources & Administration Officer, Safeguarding Directorate, Brick House, or emailed to [HR.safeguarding@helanta.co.sh](mailto:HR.safeguarding@helanta.co.sh), by no later than Monday 1<sup>st</sup> February 2016.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.

**Paul McGinnety**

**Assistant Chief Secretary (Performance), 19 January 2016**

**THE SAFEGUARDING DIRECTORATE  
ARE SEEKING EXPRESSIONS OF INTEREST FOR CASUAL WORKERS  
TO WORK AS SUPPORT WORKERS WITHIN THE CHILDREN'S SERVICES**

In our Children's Services Department, there's a real commitment to improving outcomes for children and their families. We also regard staff support, regular supervision and staff development as priorities.

A confident communicator, you'll bring experience in supporting and engaging with children and families in need. You're also able to work collaboratively with others, both inside and outside the Department, to achieve common goals.

You'll undertake statutory tasks and help achieve outcomes that will benefit children, their parents and those responsible for planning for children's protection and care, including other agencies and the family courts. You'll be supervising families to enable them to have contact whilst they are not living together which will involve observing and supporting as per referral.

The role will require a good knowledge of children's needs, supervising the contact they have with their family members, also some experience of producing reports. The applicant must have a valid driving license and access to own vehicle for work purposes.

The criteria that will be used when selecting the successful applicants will be as follows:

- Must have attained Level 2 Adult numeracy and literacy qualification
- Must have a clean police vetting certificate

The fee payable will be £5 per hour.



For further information about the duties of the post, interested persons can contact Samantha Dunn, on telephone no. 23312. Application forms can be obtained from Brick House (tele 22713) and completed application forms are to be submitted to Sarah Williams, HR and Admin Officer, Safeguarding Directorate, Brick House by Monday 1<sup>st</sup> February 2016.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.

**Paul McGinnety**

**Assistant Chief Secretary (Performance), 19 January 2016**

# **SAFEGUARDING DIRECTORATE VACANCIES**

## **COMMUNITY CARE CENTRE**

If you feel you are committed to providing high quality health and social care, to frail older people in full time residential and day care, then why not apply for the following vacant posts within the Safeguarding Directorate:

### **Senior Care Assistant**

The salary grade for this post is Grade B commencing at £6,542 per annum.

### **Care Assistants**

The salary grade for this post is Grade A2 commencing at £5,361 per annum.

### **Heads of Care**

The salary grade for this post is Grade D commencing at £10,739 per annum.

### **Cook**

The salary grade for this post is Grade A2 commencing at £5,361 per annum.

For further information about the duties of these posts, interested persons are asked to contact Miss Lindsay Fennema, Safeguarding Care Manager, on telephone no. 23090.

Application forms are available from the Administration Section at Brick House and should be completed and submitted to Sarah Williams, Human Resources and Administration Officer, Safeguarding Directorate, Brick House or emailed to [HR.safeguarding@helanta.co.sh](mailto:HR.safeguarding@helanta.co.sh) by Monday 25 January 2016.

**Paul McGinnety**  
**Assistant Chief Secretary (Performance)**  
**12 January 2016**  
**Safeguarding Directorate**



St Helena  
Government

## **SAFEGUARDING DIRECTORATE VACANCY FOR ACTIVITIES CO-ORDINATOR (Part-time/Full-time)**



St Helena  
Government

The Safeguarding Directorate has a vacancy for an Activities Co-ordinator to work within their Social Services Section.

The successful applicant will be responsible to the Manager, Older Persons Services for planning and developing recreational and therapeutic activities programmes that will improve the intellectual, physical and overall health of people living in residential care and within the community.

Under the direction of the Occupational Therapist and in conjunction with the Service Managers and according to the individual Care Plans and Unit rules and guidelines, the successful applicant will be expected to:

1. Plan and facilitate suitable and enjoyable recreational and therapeutic activities to keep residents active, healthy and mobile and to restore and maintain their mental and physical ability. Activities could include, but are not limited to, games, sports, creative arts and crafts and entertainment.
2. Be responsible for all aspects of preparation for activities including taking attendance, ensuring facility rules and safety guidelines are followed, managing incidents of conflict or medical emergencies.
3. Organise an activities programme that will maintain interest and progression over a period of time.
4. Responsible for actively promoting activities in the community and encouraging family and friends to become more involved.
5. Be responsible for recruitment and management of activity volunteers under the direction of the Occupational Therapist.
6. Organise transport to/from community activities.

The salary grade for this post is Grade B commencing at £6,542 per annum.

For further information about the duties of the post, interested persons can contact Lindsay Fennema on telephone no. 23090. For a copy of the job profile and application form please contact Sarah Williams on 22713 or email [HR.safeguarding@helanta.co.sh](mailto:HR.safeguarding@helanta.co.sh). Application forms should be completed and submitted to Sarah Williams, HR and Admin Officer, Safeguarding Directorate, Brick House, by Monday 1<sup>st</sup> February 2016.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.

**Paul McGinnety**  
**Assistant Chief Secretary (Performance), 19 January 2016**



St Helena  
Government

## PUBLIC NOTICE

### VACANCY— FORESTRY ASSISTANT

Are you interested in Forestry and working with our Natural Resources? ANRD has a vacancy for a Forestry Assistant who will provide key support to the forestry team leaders as follows:

- Assisting with the planning and implementation of recurrent and contract work to meet operational work targets. This includes reporting on progress with meeting targets.
- Identification and dissemination of resources necessary to complete work programmes.
- Tree nursery management.
- Assisting with delivery of minor forestry services to the public.

Candidates should have Passes in GCSE English, Maths and Science at Grade C or above and a clean Class C Drivers Licence.

Salary for the post is at Grade C which is £8,382 per annum although the successful applicant without all of the essential qualifications and experience may need to start at the training grade.

For further details regarding this post, interested persons should contact Miss Myra Young, Forestry Officer; on telephone number 24724 or e-mail [myra-young@enrd.gov.sh](mailto:myra-young@enrd.gov.sh)

An application form and Job Profile is available from either Scotland Office or Essex House and should be submitted to the Human Resources Manager, ENRD, Essex House or e-mail [karen-thomas@enrd.gov.sh](mailto:karen-thomas@enrd.gov.sh) by no later than 12 noon on Wednesday 27 January 2016.

Darren Duncan  
Head of Agriculture and Natural Resources Division  
11 January 2016



St Helena  
Government

## PUBLIC NOTICE

### VACANCY CARPENTER

The Environment and Natural Resources Directorate is seeking to recruit a Carpenter within their Building and Maintenance section to carry out the daily operations and services of carpentry, woodwork and other building related tasks. The candidate will need to be a team player who will work co-operatively with other Tradesmen within the team.

The applicant should have a drivers licence in classes A B and C.

The salary for this post is at Grade B commencing at £6,542 per annum.

If you are interested in finding out more about this post please contact the Superintendent of Works, Mr Gilbert Young on telephone No 22054.

Application forms and copies of the job profile are available from the Receptionist Essex House. Completed application forms should be submitted to the Human Resources Manager, ANRD Office by no later than 12 noon on Wednesday 27 January 2016.

Mr Robert Bryson  
Head of Property and Housing  
11 January 2016



St Helena  
Government

## PUBLIC NOTICE

### VACANCY MAINTENANCE OFFICER

The Agriculture and Natural Resources Division has a vacancy for a Maintenance Officer within their Maintenance team.

The post-holder will lead the grounds and building maintenance programme for ANRD. Work will be carried out by recurrent staff and contractual arrangements. The post-holder will therefore need to manage all property maintenance contracts and ensure that these meet the required specifications.

Candidates should have a good level of financial and people management skills. A GCSE at Grade C in English Language, Maths, or Science or equivalent is essential in addition to a qualification in Carpentry or Masonry.

Salary for the post is at Grade C which is £8,382 per annum although the successful applicant without all of the essential qualifications and experience may need to start at the training grade.

For further details regarding this post, interested persons should contact Miss Myra Young, Forestry Officer; on telephone number 24724 or e-mail [myra-young@enrd.gov.sh](mailto:myra-young@enrd.gov.sh).

An application form and Job Profile is available from either Scotland Office or Essex House and should be submitted to the Human Resources Manager, ENRD, Essex House or e-mail [karen-thomas@enrd.gov.sh](mailto:karen-thomas@enrd.gov.sh) by no later than 12 noon on Wednesday 27 January 2016.

Darren Duncan  
Head of Agriculture and Natural Resources Division  
11 January 2016



St Helena  
Government

## PUBLIC NOTICE

### VACANCY FOR SENIOR ELECTRICIAN

The Property Division is looking for a Senior Electrician to work with their small team and who will be responsible for electrical installations, testing and inspections, wiring and maintenance within SHG.

The post holder will be expected to be available for Call-out after hours on a bi-weekly basis and an allowance will be paid of £25.00 per week.

The salary for this post is £8,382 per annum and the successful candidate must hold a St Helena Wireman's license and have a clean and valid Class C Driver's licence.

The appointment to this post is subject to a clean vetting certificate.

For further details regarding this post, interested persons should contact Mr Anders Bowers, Senior Superintendent (Installation) on telephone number 22054 (e-mail [anders.bowers@sainthelena.gov.sh](mailto:anders.bowers@sainthelena.gov.sh))

Application forms and Job profiles are available from Essex House and should be submitted to the Human Resources Manager, ENRD, Essex House or e-mail [karen-thomas@enrd.gov.sh](mailto:karen-thomas@enrd.gov.sh) by no later than Wednesday 27th January 2015.

Mr Robert Bryson  
Head of Property and Housing  
11 January 2016

SAINT HELENA  
NATIONAL TRUST

# Volunteer Day

with Community Forests Project

## SATURDAY 6<sup>TH</sup> OF FEBRUARY

Millennium Forest 10 am to 12.30pm

Plant the future

**It's time to protect nature!**

**Look after the endemics you planted at Millennium Forest and plant some more!**

~

**Tea, biscuits and lunch will be offered**

Bring: waterproofs, rough clothes & boots, sun cream and hat.

Do get in touch: Contact Cynthia Llas: [cynthia.las@shnt.org.uk](mailto:cynthia.las@shnt.org.uk) or phone the Community Forests Office on 22224

LOOK AT OUR FACEBOOK PAGE: COMMUNITY FORESTS PROJECT

"To ensure a future for St Helena that is rooted in the firm foundations of our past, by providing trustworthy information, effective management, and conservation of St Helena's heritage".



SAINT HELENA  
NATIONAL TRUST

## The Community Forest Project is looking for:



Please bring the material at:

- The National Trust office, Jamestown, Mon-Friday from 8:30am to 3pm
- The Millennium Forest, Mon-Friday from 8:30am to 3 pm

You can phone us at 22224 to organise delivery.









(in useable condition)

**CORKS**

**LEAKY PIPES**

**SPRAY BOTTLES**

**SHADE NETS AND FENCES**

**1 LITRE MILK AND JUICE CARTONS (TOPS CUT OFF AND WASHED OUT)**

**1 METER MINIMUM CUT-OFF WOOD ROPES**

"To ensure a future for St Helena that is rooted in the firm foundations of our past, by providing trustworthy information, effective management, and conservation of St Helena's heritage".

## VACANCIES

### LEMP TEAM LEADER LEMP FIELD SUPERVISOR LEMP CONSERVATION WORKER

The Air Access Office (AAO) is recruiting staff to assist in the delivery of the Airport Project's Landscape and Ecology Mitigation Programme (LEMP). If you are interested in the conservation of St Helena's unique habitats and want to contribute to the biggest conservation project on the Island, one of these roles might just be for you.



**ST HELENA  
AIRPORT**

**LEMP Team Leader** - Grade E3 (£15,136 per annum)  
Contract duration – March 2017 with the potential to renew

**LEMP Field Supervisor** - Grade C5 (£10,058 per annum)  
Contract duration – March 2018 with the potential to renew

**LEMP Conservation Worker** - Grade B1 (£6,542 per annum)  
Contract duration – March 2017 with the potential to renew

If you do not fully match our requirements but have the potential to fulfill the requirements of the post, you may be considered for appointment at the Training Grade.

For further details regarding this post, interested persons should contact Mr Ross Towers, LEMP Project Manager on telephone number 22721 (e-mail [ross.towers@sainthelena.gov.sh](mailto:ross.towers@sainthelena.gov.sh))

Application forms and job descriptions which are available from the Air Access Office, 1<sup>st</sup> Floor, Post Office, Jamestown should be completed and submitted to Tessa Roberts, Head of Project Support, or email [tessa.roberts@sainthelena.gov.sh](mailto:tessa.roberts@sainthelena.gov.sh) by no later than 4pm on Friday, 5<sup>th</sup> February 2016.

**Miss Janet Lawrence**  
**Airport Project Director, 19 January 2016**



St Helena  
Government

## EXPRESSIONS OF INTEREST Benefits Officer

Expressions of interest are invited from individuals to support the Benefits Office in Jamestown on a temporary basis. Individuals are expected to possess good communication and organisational skills, be computer literate and hold a valid Class A drivers license.

Duties will include:

- Interviewing and corresponding with benefits applicants;
- Maintaining records; and
- Processing data for the payment of benefits.

Hours of work are from 8.30 am to 4.00 pm on Mondays to Fridays.

For further information and registration of your interest, contact Mr Anthony Hopkins, Claims Manager on Tele. No. 22605 by Tuesday, 26 January 2016. Interviews to select the successful applicant will be held on the 27 and 28 January 2016.

**Corporate Services**  
21 January 2016



## JOB OPPORTUNITIES

**Ambledale Workshop Ltd is looking to employ Labourers or Craftsmen on a full time basis.**

*A competitive wage will be paid according to experience. Additional benefits include Annual and Sick Leave entitlements and provision of Home to Duty Transport in Jamestown and St Paul's areas.*

For further information, please contact Mr Colin Yon on tel no. 23100 or Mr Chris Bargo on tel no. 23163 between the hours of 8:30am and 4:00pm Mondays to Saturdays or alternatively via email [yons.ambledale@helanta.co.sh](mailto:yons.ambledale@helanta.co.sh)



### TIP OF THE WEEK...

Each cycle of a washing machine uses an average of 100 litres of water. Use the washing machine for full loads only. Using the machine half full will waste around 20 litres of water each time.

## DALCO Ltd BUILDING WORKS & SERVICES

### VACANCY

**DALCO Ltd has a vacancy for a Mason**  
Salary starting at £8700 per annum depending on qualifications and experience.

**Hours of works are from 7am to 4pm Monday to Friday for a 40 hour week. Overtime payable at time and a half.**

**For more information call in at DALCO's office at Unit 10, Business Park, Half Tree Hollow or call Dalco reception on telephone number 22107.**

Unit 10  
Business Park  
Ladder Hill  
Island of St Helena  
South Atlantic Ocean  
STHL 1ZZ  
Voice: + 290 22107  
Email: [dalcoltd@helanta.co.sh](mailto:dalcoltd@helanta.co.sh)

**Office Opening Hours**  
Monday - Friday 7:00am - 4:00pm



## Vacancy - Electrician Ascension Island

Ref SS12172

### Competitive Salary + Bonus + Site Allowance

Interserve Defence Ltd is recruiting an Electrician to work on Ascension Island Base.

### Main Responsibilities

- Carry out electrical planned and response maintenance and new works on various plant and systems. The systems may include:
  - LV distribution
  - Hazardous areas
  - Commercial and domestic equipment
  - Fire alarms
  - Airfield ground lighting
- At all times, the correct procedure for checking and maintaining the system should be followed. Works are to be undertaken to a high standard which produces a quality end product first time with no re-work required

### The person

- Qualified to City & Guilds Electrical standards or equivalent
- Has good communication skills
- Will develop positive, supportive working relationships with team and colleagues
- Is self-motivated with ability to work on own initiative or as part of the team
- Has a "can do" attitude
- Able to meet deadlines
- Good appreciation of health and safety requirements
- Prepared to receive Health and Safety training and update technical knowledge
- Holds a valid driving licence

Interserve will pay a competitive salary, monthly site allowance and a bonus at 13<sup>th</sup> and 27<sup>th</sup> month of tour. Hours of work are 47.5 per week. Contract duration is 27 months unaccompanied with 74 days leave excluding weekends. Air/sea transportation for 4 agreed holiday periods at Company's expense. Free accommodation, catering services and work clothing will be provided.

**Interested person** should submit CV to apply or contact Theresa.Corker-Coleman@interserve.mod.uk for further information, tel 00247 63450, switchboard 00247 66339.

**Closing date** is Wednesday 10 February 2016.

Interserve trade and operate in more than 40 countries and have well-established offices in the Middle East where we provide on and off-shore services to the oil and gas industry, civil engineering, construction, high-end refurbishment and facilities management. Our falsework and formwork business - RMD Kwikform - has operations in an increasing number of territories and is expanding further. In areas such as defence, we provide support services to the armed forces in Gibraltar, Cyprus and remote areas like the Ascension and Falkland Islands.

## URGENT NEED FOR TEMPORARY QUALIFIED CLASS TEACHERS

The Education & Employment Directorate is urgently seeking to employ suitably qualified Class Teachers to work in the Primary Sector on a temporary basis. The successful applicants will be required to teach all subjects across the primary curriculum.

Applicants must have qualified teaching status (local or UK) and recent experience in teaching would be advantageous. The ideal candidate must be self motivated and have good interpersonal skills.

Rate of pay for this role will be dependent on qualifications and experience, starting from £10,058.

The Education & Employment Directorate is committed to safeguarding and promoting the welfare of children and expects all staff to uphold these principles. All appointments are subject to a satisfactory medical check and vetting or DBS Disclosure.

For further details regarding this post, interested persons should contact Mrs. Wendy Benjamin, Assistant Director Schools on telephone number 22607/24719 or e-mail [wendy.benjamin@education.gov.sh](mailto:wendy.benjamin@education.gov.sh)

A full job description can be obtained from the Clerk at the Education Directorate, email [clerk@education.gov.sh](mailto:clerk@education.gov.sh)

Application forms which are available from Education & Employment Directorate and Corporate Human Resources should be completed and submitted, through Directors where applicable, to the Clerk at the Education Learning Centre or e-mail [clerk@education.gov.sh](mailto:clerk@education.gov.sh) by no later than 4pm, on Wednesday 27th January 2016.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.

**Mrs. Kerry Yon**

**Acting Director of Education & Employment 18 January 2016**



## URGENT NEED FOR TEACHING ASSISTANTS



The Education & Employment Directorate is urgently seeking to employ suitably qualified people on a temporary basis to work as Teaching Assistants within the Primary Sector of the Directorate.

Applicants must have GCSE's in English and Maths at Grade C or above or equivalent qualification. Recent and relevant work experience would be advantageous. Candidates must be self-motivated, have good interpersonal skills and a sense of humour.

The successful candidates will be expected to provide assistance to the class teacher by supporting teaching and learning in the school/classroom environment and plan and prepare programmes of work under the direction of the class teacher to cater for the learning needs of groups of pupils and or individuals.

Salary payable is Grade TA2, commencing £7,196 per annum, however, depending on qualifications and/or experience successful applicants may be required to start in the training grade TA1, £6,869 per annum.

For further details regarding this post, interested persons should contact Mrs Wendy Benjamin, on telephone number 22607/24719 (e-mail [wendy.benjamin@education.gov.sh](mailto:wendy.benjamin@education.gov.sh))

Application forms which are available from Education & Employment Directorate and Corporate Human Resources should be submitted through Directors, where applicable, to the Clerk at the Education Learning Centre or e-mail [clerk@education.gov.sh](mailto:clerk@education.gov.sh) by no later than 4pm on Wednesday 27th January 2016.

The Education & Employment Directorate is committed to safeguarding and promoting the welfare of children and expects all staff to uphold these principles. All appointments are subject to a satisfactory medical check and vetting or Enhanced CRB Disclosure.

SHG positively accepts applications from all members of the community regardless of race, gender, disability, age, sexual orientation, religion or belief, and will consider all applications on the basis of merit, in accordance with the person specification. All disabled applicants meeting the minimum criteria listed in the job profile will be guaranteed an interview.

**Mrs Kerry Yon**

**Acting Director of Education & Employment 18th January 2016**



St Helena  
Government



## Emergency First Response Care of the Child...

### Are you interested?

Course Title	Date	Time/Duration	Trainer	Venue	Closing date	Cost
EFR Care of the Child	20 <sup>th</sup> & 27 <sup>th</sup> February 2016	12:30pm-3pm 2 x ½ day sessions	Anthony Thomas	ELC Hall	Friday 12 <sup>th</sup> February 2016	£17.50

Note: Spaces are limited to 10ple.

Spaces will only be confirmed upon receipt of registration forms by the closing date stated in the table.

**For further information and registration forms please contact Angela Benjamin at LLS or Santana Fowler at the ELC**

**On telephone 22607 or email: [clerk@education.gov.sh](mailto:clerk@education.gov.sh)**



## SHCA League Results week 7



Saturday morning saw St Matthews Lions win the toss against HTH Dolphins and elected to bat. The Lions were bowled out for 312 runs in 34.5 overs. Scott Crowie topped scored with 94; Paddy Crowie 52, Phillip Stroud 40, Chris Dawson 33 and Alan Thomas 29 not out.

Cody Thomas took 3 wickets for 52 runs from 7 overs; Chris Owen 1/89 from 7 overs, Darren Bedwell 1/33 from 7 overs, Jeff Benjamin 2/47 from 5 overs and Gideon 2/23 from 2 overs. In reply the Dolphins were bowled out for 94 in 21.3 overs. Ruaan Dippenaar made 20; David Young 20 and Gideon 19. Scott Crowie took 4 wickets for 26 runs from 6 overs; Scott Henry 2/21 from 4 overs, Chris Dawson 1/20 from 5 overs, Kalen Crowie 2/5 from 1 over and Nick Stevens 1/0 from 0.3 overs

Scott Crowie picked up 3 performance points; Phillip Stroud 2 and Chris Dawson 1.

The second match on Saturday saw the clash of the Jamestown teams. Barracudas won the toss and elected to bat. They post a score of 300 for the loss of 3 wickets in their 35 overs. Gavin George scored an unbeaten 122; Damien O'Bey made 35; David George 32 and David Reynolds 24 not out. Dax Richards took 1 wicket for 38 runs from 7 overs and John Lambdon 2/43 from 7 overs.

In reply the Zodiacs were bowled out for 86 in 19.3 overs. Dax Richards topped scored with 53 and Jordie Peters made 22. Damien O'Bey took 5 wickets for 2 runs from 2.3 overs; Jason Thomas 2/50 from 7 overs and Andrew Yon 2/6 from 4 overs. Gavin George picked up 3 performance points; Damien O'Bey 2 and Dax Richards 1

On Sunday Levelwood Allstars continued their good start to the season with a comfortable win over Western B Warriors. Allstars batted first and posted a score of 334 for the loss of 5 wickets in their 35 overs. Gareth Johnson topped scored with 89; Ross Henry made 82, Darrell Leo 76 and Dane Leo 37. Tyrel Ellick took 2 wickets for 69 runs from 7 overs; Melvin Henry 1/47 from 7 overs and Gavin Ellick 2/34 from 3 overs. In reply the Warriors were bowled out for 153 in 30.2 overs. Jordi Henry and Nico Ellick both scored 32 runs.

Sanjay Clingham picked up 4 wickets for 18 runs from 5.2 overs; Gareth Johnson 3/34 from 7 overs, Greg Coleman 1/13 from 3 overs and Jordan Yon 1/13 from 5 overs

Gareth Johnson picked up 3 performance points; Ross Henry 2 and Sanjay Clingham 1

The final match of the weekend saw the Western A Mustangs pick up their first win of the season against St Paul's B. St Paul's batted first and could only muster a score of 76 in 20.2 overs. Rico Thomas topped scored with 13.

Shane Williams took 5 wickets for 20 runs from 7 overs; Faron Thomas 2/23 from 7 overs and Callum Ellick 2/10 from 3.2 overs

In reply the Mustangs reached the winning total of 78 for the loss of 5 wickets in 16.4 overs. Callum Ellick made 16; Antonio Green made 18 and Robert George 20 not out.

Rico Thomas took 2 wickets for 20 runs from 4 overs; Colin Knipe 1/19 from 2 overs and Cliff Richards 2/16 from 3.4 overs. Shane Williams picked up 3 performance points; Faron Thomas 2 and Callum Ellick 1

## Fixtures for the next 2 weeks

### Saturday 23<sup>rd</sup> Jan - Organisers: Allstars

8.45am Western A Mustangs v Jamestown Barracudas  
1.15pm Jamestown Zodiacs v Sandy Bay Pirates

### Sunday 24<sup>th</sup> Jan - Organisers: Warriors

8.45am St Matthews Lions v Levelwood Rebels  
1.15pm HTH Dolphins v St Pauls B

### Saturday 30<sup>th</sup> Jan - Organisers: Dolphins

8.45am Jamestown Zodiacs v St Paul's B  
1.15pm Levelwood Rebels v Western B Warriors

### Sunday 31<sup>st</sup> Jan - Organisers: Barracudas

8.45am St Matthews Lions v Western A Mustangs  
1.15pm Sandy Bay Pirates v Levelwood Allstars



## Golf by Rodney Buckley

### Saturday and Sunday 16<sup>th</sup> & 17<sup>th</sup> January

36 Hole Stroke Play— Sidney George Challenge Cup  
Winners for the ladies competition - par 134 pts:-

1<sup>st</sup> Place – Helena Stevens – 145

2<sup>nd</sup> Place – Anne George - 155

3<sup>rd</sup> Place – Joan Thomas - 178

Nearest the Pin on 5<sup>th</sup> Green – Anne George

Nearest the Pin 7<sup>th</sup> Green – Joan Thomas

Longest Drive on 3<sup>rd</sup> Green – Helena Stevens

Winners for the Gents competition:-

Challenge Cup Winner – Niall O'keeffe - 138

2<sup>nd</sup> Place – Larry Legg - 139

3<sup>rd</sup> Place – Brian Fowler - 140

Best Gross score – Larry Legg – 153

Nearest the Pin 5<sup>th</sup> Green – John Joshua

Nearest the Pin 14<sup>th</sup> Green – Larry Legg

Longest Drive 3<sup>rd</sup> fairway – Jeffery Stevens

Two Ball winners: - Arthur Francis 2<sup>nd</sup> Green; Larry Legg 14<sup>th</sup> Green; Gerald George 16<sup>th</sup> Green; Jeffery Stevens 16<sup>th</sup> Green

32 players took to the field for this competition the previous week only to be called into the Club House on both Saturday and Sunday due to adverse visibility. 26 players return this week to have a second go and showed their competitive skills on both days playing in between rain drops and the clearing of low fog.

Mr. George who is home on a visit from the UK presented his Challenge Cup and prizes, which was followed by tea and a wonderful spread of snacks also sponsored by Mr. George. The Club President, Niall O'keeffe thanked Mr. George for sponsoring the wonderful prizes and providing tea on both occasions. Members showed their appreciation with an enthusiast round of applause. Mr. George responded with an emotional speech saying how much he loved his Island (and golf) and wished Members and the Golf Club the very best for the future.

**Competitions this coming weekend:-** Saturday Singles Match Play Knockout and Sunday 18 Hole Medalford.

## HEALTH MATTERS

As part of raising the issue of alcohol awareness the Health Promotion team are supporting two campaigns this month:

- **Dry January** - an annual campaign run by 'Alcohol Concern' to challenge people to give up alcohol for the 31 days of January.

- **Love Your Liver** - run by the "British Liver Trust." This campaign encourages people to take 3 days off alcohol each week and to drink sensibly.

Health Promotion Coordinator, Marian Yon, said:

"We are not saying don't go out and socialise but when you do, spread the word and encourage your friends to take the plunge as well."

Dry January

Alcohol Concern's **Dry January** is an annual campaign, but you can start at any time. **But the challenge is still for 31 days!** We want you to be able to go to that party .... but we want you to be able to do it alcohol free. When people ask why you aren't drinking, you can bring them into the challenge as well.

### Why Do Dry?

Dry January participants often report losing weight, sleeping better, having more energy and clearer skin - plus making huge savings. That's not a bad return just for cutting out the booze for 31 days.

Important note: It's worth stressing that Dry January is not a medical detox plan for those who are alcohol dependent. If you have been drinking heavily every day for many years, it might be worth consulting your GP before starting.

### Drinking Myths

There are plenty of myths about alcohol and drinking. You might be surprised by how many things you think you know that are actually false. Find out what's myth and what's reality:

#### Myth 1: There is Nothing to be Done to Help a Problem Drinker

- Many people are reluctant to admit they have a problem with alcohol. But every year people turn their lives around and take control of their drinking

#### Myth 2: A Trip to the Gym Will Undo Damage Caused by a Night on the Tiles

- Exercise can make you feel a bit better after drinking, but it's not possible to sweat out the alcohol. Only time will get it out of your bloodstream. Plus your risk of pulling a muscle when you're working out is greater if you've been drinking (even the night before) or if you're hung-over



#### Myth 3: An Afternoon of Sport just isn't Complete Without a Drink

- If you're aiming to excel on the pitch, court or track, do not drink. Drinking before sport (even the night before you compete) will slow you down and increase your risk of injury and cramp. Plus it will dehydrate you

#### Myth 4: Coffee Sobers Me Up

- Drinking coffee makes you feel more awake, but won't make you less drunk or cure a hangover. Drinking caffeine may also make it harder for you to realise whether you're still drunk, leading to poor decision-making, such as driving whilst there's



still alcohol in your bloodstream

#### Myth 5: Drinking Helps Me Sleep

- Alcohol can make you feel sleepy, and help you get to sleep quickly. But it may also stop your body getting the deep sleep you need, leaving you tired the next morning

#### Myth 6: Alcohol Gives Me a Boost

- Alcohol is a depressant, and it slows down how you think, move and react. So it's not the best way to pick yourself up

#### Myth 7: Alcohol Improves Sexual Performance

- Temporary impotence after a bout of drinking is pretty common amongst men. Long term, in both men and women, heavy drinking can lead to a loss of sexual drive

#### Myth 8: Drinking When Pregnant is OK

- Drinking alcohol when you're pregnant can harm the foetus, particularly during the early stages of pregnancy. The best advice if you're pregnant or trying to have a baby is to avoid alcohol altogether - which is often simpler than trying to stick to just one or two units a week

#### Myth 9: I Can Drink and Still be In Control

- Alcohol dulls your brain like an anaesthetic. It clouds your judgement, makes you more clumsy and slower to react. So your risk of accidents and injuries is much higher

#### Myth 10: I Can Save Up My Alcohol Units for the Weekend

- If you do drink, spread your units out through the week, with at least two alcohol-free days in every seven

SHG

18 January 2016



## GRIFFITH UNIVERSITY SCHOLARSHIPS FOR STUDENTS OF THE COMMONWEALTH

Students from across the Commonwealth will have an opportunity to study on the Gold Coast, Queensland, Australia, if their application for a Griffith University Gold Coast 2018 Commonwealth Games (GC2018) Scholarship is successful. Each scholarship will include full tuition, full board and lodging and a contribution towards education expenses, worth approximately AUD\$70,000.

These scholarships are open and can be awarded to students of any Commonwealth Nation or Territory who wish to undertake study research at Griffith University in a sport or event related area.

To read more about this opportunity, please follow the link to the Griffith University website for application details.  
<https://www.griffith.edu.au/scholarships/categories/gold-coast-2018-commonwealth-games-scholarships>

Expressions of interest can be submitted in writing (approximately 500 words) to explain why they would be best suited to this scholarship; this can then be sent to Nick Stevens via email [youth@helanta.co.sh](mailto:youth@helanta.co.sh) or at New Horizons. Alternatively interests could also be sent to Paul McGinnety at the Castle or on [paul.mcginnety@sainthelena.gov.sh](mailto:paul.mcginnety@sainthelena.gov.sh) no later than **Wednesday 27<sup>th</sup> January 2016**.



# The Great Wall of China challenge



## Part 2 - Continued from LAST WEEK

*In September last year, Rawena Delaney walked the Great Wall of China to raise money for SHAPE.*

Day 6; 22nd September. After my breakfast of a fried egg sandwich, A quick 20 min hop, according to James, in the bus takes us to the days starting point just outside the town of Gubeiko. Walking through the town I am shocked to find that the only showers available are in a large communal hanger that the whole town uses. How bizarre; as if the fact that Chinese toilets are simply holes in the ground isn't enough to handle.

Our path today brings us to another unrestored part of the wall. This part seems to be well preserved, consisting of a brick like construction that is signed and dated by Qing Dynasty - the last Dynasty to rule the land. We then have to skirt down into a valley to avoid a Chinese military post, No photos allowed. Following dirt paths through trees and undergrowth before rejoining the wall. The stunning views and constant selfie stops are a mild distraction from the hundreds of steep steps that snakes along the hilltops, encouragement and team work was certainly at its fullest on this day and the promise that there was a coffee shop at the end seemed to give everyone extra motivation.

Day 7; 23rd September. Happy birthday to me! The day started with an extra early wake up call so that we could be on the wall for sunrise. Sounds perfect! If the mist wasn't down and we could actually see the sunrise. Good start to the day.

Thankfully the mist cleared and the days walk was actually quite pleasant, a 7 hour trek along flagstones, occasionally a few steps and steep bits thrown in but easily the simplest if not the longest walk of the week. The scenery was superb with rolling purple hills fading into the distance, dotted with many watch towers; classic 'scales on a dragons back' views.



The Great Wall is made up of seven provinces. We walked on three of them, but today we reached the point where the three provinces met, of course I had to get a photo in all three. On leaving the wall we find the bus once again waiting on us, this time a two hour journey to Mutianyu. Still buzzing from my peanut butter and banana sandwich at lunch time; by far the best lunch all week, I think the day can't get any better. That is until I turn up to dinner to find that the group had got me a birthday cake that just melted in your mouth. Thanks guys, best day so far.

Day 8; 24th September. This is our last day of trekking, we start with a 'brief' 2 hour climb up a winding hillside. Once again upon reaching the top we are not disappointed, our efforts are rewarded with stunning views as the wall seems to disappear from view in both directions.

Having our last delicious homemade lunches on the wall we



find a vending machine unlike any vending machine I've seen before. It contained a few unusual items, most of which I didn't know. The one that stood out was chickens feet, which our tour guide took pleasure in showing us was indeed eatable. He then proceeded to point out other various bits such as dog and donkey. Needless to say they stayed behind the glass

screen.

After taking on our last never ending staircase and celebrating with Chinese champagne, which turns out stains your clothes, the walk is almost over. Question is; how do we leave the wall for the last time? walk, toboggan down or jump in the chair lift? What a silly question.

Day 9; 25th September. After busing back to Beijing the night before, it feels good to wake up in a proper bed although worrying when the first image I get is of our last meal. We were once again served traditional Chinese food but this time it was topped up with three ducks. Three whole ducks!

Today we visit a beautiful place called Summer Palace, there we find a marble ship which we all gaze at in wonder as to how it stays afloat, curiosity it gets the better of us so we turn to 'the guide of Beijing' for answers, turns out that it's actually made of wood painted to look like marble. Doh!

That wasn't the only breathtaking art work we saw today, the whole place is made up of individual paintings, no two are the same. After walking around the palace we then jump onto a dragon boat which takes us back to our bus. We are then transported to a local market where we get to haggle with the locals, purchasing fake goods and souvenirs.

Tonight is our last meal together and we were treated. Not including the birthday cake we get our first dessert of the week; fried sweet potato covered in caramelised sugar. I am ashamed to say it tasted amazing!

Day 10; 26th September. Time to return back to reality. Up bright and early with our takeaway breakfasts containing boiled eggs we load up the bus one last time for our journey to the airport. Bracing ourselves for the long 14 Hour flight, I look forward to settling down to finish the movie I started on the journey there.



I did it!! I walked the Great Wall of China! All over and done with, well almost, I can say without hesitation that this was an experience and a half. I knew the trek itself was going to be a challenge but it turns



# The Great Wall of China challenge



Part 2 - Continued from LAST WEEK

out the whole experience was a challenging eye opener. I have never eaten so many eggs in my life! Every breakfast consisted of fried egg sandwiches, every packed lunch contained boiled eggs. Pork and beef are not so popular, another week and I swear I'd be boarder line vegetarian. Showers were an interesting experience but going to the toilet even more so. The beds are made of mud so in the winter when the pipes heat up it warms them, so glad I took a roll mat. It's hard to comprehend that a country so rich is actually so poor. All that's left now is to collect in sponsorship money and write SHAPE a nice big cheque, which by the way I cannot wait to do. Thank you again to everyone who has donated

and supported me on my venture to raise money for such a well deserved organisation, the support I got was more than I could have asked for or expected. It just goes to show that with the right support and determination anything is possible.

**Rawena raised £3569.00 for SHAPE**



## Dark Sky Diary

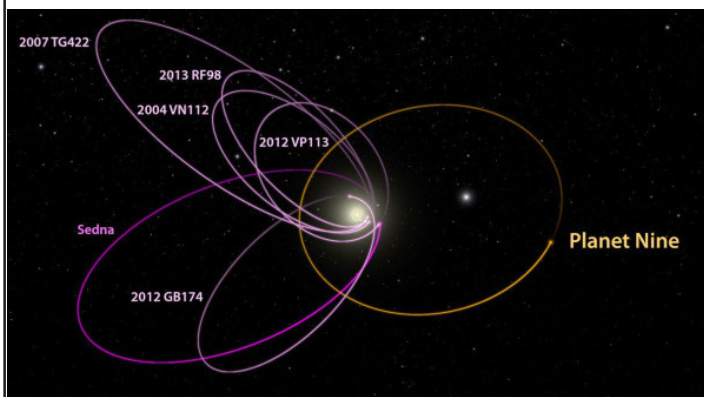
**In Pursuit of Darkness -**

**written by Steve Owens, the Astronomer  
who has visited St Helena twice recently**

### 'Planet 9'

Astronomers at CalTech think they might have found evidence for the existence of a planet in the far reaches of our solar system, which has been nick-named Planet Nine.

The discovery was made by looking at the how such a planet might influence the orbits of smaller dwarf planets and Kuiper belt objects.



Out beyond the orbit of Neptune lies a region of the solar system known as the Kuiper Belt. Think of it as an asteroid belt for icy things. There are a lot of lumps of ice out there, some of them so big that we consider them dwarf planets. In fact one of the largest Kuiper Belt Objects, Pluto, was originally classified as our solar system's ninth planet when it was discovered in 1930. This status lasted until it was demoted in 2006 by astronomers keen to keep the solar system neat and tidy. Given the discovery of several other Pluto-sized "planets" in the Kuiper belt the decision was made by the International Astronomical Union in 2006 to formally define a planet, and this new definition excluded Pluto and its ilk.

In a curious twist of fate the astronomer who led the charge for Pluto's demotion in 2006, Mike Brown, was one of the astronomers who announced today the discovery of Planet Nine.

So what is it that has led Mike Brown and his co-author Konstantin Batygin to infer the presence of Planet Nine? If

you observe the orbits of six of the most distant Kuiper Belt Objects (KBOs) two similarities emerge.

The first is that they all have elliptical orbits that point in the same direction in space. According to Mike Brown "It's almost like having six hands on a clock all moving at different rates, and when you happen to look up, they're all in exactly the same place." The odds of this happening for these six KBOs is around 1 in 100.

Secondly each of their orbits is inclined by the same amount – about thirty degrees below the plane of the solar system, which is also unlikely to happen by chance.

Combine these two unlikely factors and you find that the chance of these alignments happening by chance is around 0.007% which has led astronomers to speculate about what might be causing these orbital similarities.

Brown and Batykin suggest that a very large planet orbiting in an elliptical path very far from the Sun could be the culprit. The mathematics behind this speculation is all pretty solid. In order to account for what we see in the orbits of the smaller KBOs "Planet 9" would have a mass of around 10 times the size of the Earth, and orbit the Sun at an average distance of around 600 astronomical units, or 90 billion kilometers (30 times further than Neptune).

Crucially no direct observation has been made of Planet 9 so far; its presence has only been inferred, and many astronomers have suggested that if Planet 9 did exist then it would have more observable influence on the KBOs. But rest assured, calculations are being made to try and work out where Planet 9 might sit on its half-a-trillion-kilometre-long orbital path, and we'll be straining our telescopes to try and work out whether it's real or not.

## Thank You

I would like to thank all my family and friends on St Helena who made my holiday/Christmas very special.

I appreciate everything that everyone did for me especially:

Mum Joyce, Tracy & Alan

Pammy & Clarence

Arthur & Barbara

Martin & Daryl

Clint, Gail & family, Tony & Gail

Thank you again and a Happy New Year to you all

**See you soon**

**Love Janice xx**



### **Entertainment at Silver Hill Bar for this Weekend**

**Friday** open from 2.30pm to 10.00pm mix from the bar.

**Saturday** open from 5.00pm to 8.00pm Country tunes from the bar, 8.00pm till late mix tunes by DJ Jerome.

**Sunday** open from 5.00 to 08pm mix Tunes from the bar.



### **Moonshines Bar this Weekend**

**Friday 22<sup>nd</sup>** January open from 7.30pm

**Saturday 23<sup>rd</sup>** January Closed Private Function

**Sunday 24<sup>th</sup>** January Open from 3pm

### **Mac -Bites Takeaway & Diner Menu Mac -Ville Alarm Hill**

#### **Friday 22<sup>nd</sup> :**

T - Bone Steak Meals

Tuna Pasta Bake

Salsa Pork Meals

Chicken Melts Meal

Daily Menu of : Chicken & Chips , Chicken Strips, Various Beef or Chicken Burgers , Fish & Chips

**Saturday 23<sup>rd</sup> :** T-Bone Steak serve with Fries /S/F Wedges , coleslaw, Chilly Beans , Corn on Cob, Onion Rings & Mushrooms, Stuff Potato Balls.

Mix Grill : Lamb Chops , Pork , Chicken ,Sausage serve with Potato Salad / Fries , Cole Slaw , Chilly Beans , Stuff Bacon Garlic & cheese potato's .

BBQ Rack Ribs , Chicken Wings , serve with southern fried wedges, onion Rings , Cole Slaw, Potato Salad , Chilly Beans Roast Stuff Pork Meals

Goat Meat Curry ,Rice & Veg with Roast Pork & Potato's

**Sunday 24<sup>th</sup> :** Daily Menu Only

**Deserts :** Cheese Cake , Choc Log & Ice Cream, Apple Crumble & Custard

Call 24451 if needed to order your meal for a Takeaway and We Also provide a Delivery Service ,And For Those who like to Book A Table Mac - Bites Diner will be open from 18:30 Till 22:00 The Takeaway open from 11:30 till 23:00 ,We Also Do Kids Meals

So why not head out to Mac - Ville Alarm Hill this weekend where you can bring your love one or family for a Meal ,all are warmly welcome

**We like to thank you for your continued custom**

## **A special service of Praise of Thanksgiving**

St Helenians, their friends and families, and significant others residing in the UK, are warmly invited to attend a service of Praise and

Thanksgiving at:

St Mark's Shared Church, Pinehill Road, Bordon, Hampshire, UK, GU35 0BS

Date: Sunday 21 February 2016

Time: 15.30hrs

The service will be followed by a 'bring and shared' tea.

Complimentary drinks will be provided.

Full details can be found via Facebook Page 'Helena Saints'

Alternatively, please contact Gavin Thomas (Jack) via email address:

Thomasgj05@aol.co.uk

We look forward to welcoming you to St Mark's

## **A DANCE**

will be held at

**HARFORD COMMUNITY CENTRE**

on

Friday, 29th January 2016

at 8.30 PM

Music by: King George & Friends

Tickets £1.00 each

***"Come and dance the night away"***

## **JAMESTOWN COMMUNITY CENTRE SKITTLES SEASON – 2016**

Team entries are invited to take part in the upcoming skittles season. It is planned to have a Nine-A-Side League and will be played in the same format as last season, i.e. one match on Monday and Wednesday of each week for two rounds.

Teams should be entered with Bobby Essex or Terry Lawrence by Friday, 29<sup>th</sup> January. A meeting of team captains and organisers will be held soon after to discuss the season. Please note that at least SIX teams are required for the league.