

Polo-neck sweater

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MEASUREMENTS

To fit bust 81(86:91:97:102:107:112:117 cm); Finished measurements: Bust 88(93:98:103:108:115:120)cm; Length to shoulder 62(62:62:65:65:67:67:69)cm; Sleeve length 45(45:46:46:47:47:46:46) cm.

MATERIALS

6(7:7:7:8:8:8:9) 50g Rowan Alpaca Cotton in Rice 400
Pair each size 4.50mm and 5mm knitting needles
4.50mm and 5mm circular needles
Call 01484 681881 for yarn and book stockists.

TENSION

16 sts and 23 rows to 10cm square over st st using 5mm needles.

ABBREVIATIONS

alt alternate; **beg** beginning; **cm** centimetres; **cont** continue; **dec** decrease; **fol** following; **inc** increase; **k** knit; **m1** make one st by picking up and working into back of loop lying between

st just worked and next st; **p** purl; **rem** remaining; **RS** right side; **st(s)** stitch(es); **st-st** stocking stitch.

BACK

With 4.50mm needles, cast on 70(74:78:82:86:94:98:102) sts. **1st row** (RS) K2, [p2, k2] to end. **2nd row** P2, [k2, p2] to end. These 2 rows **form** rib. Work in rib for a further 10 rows and dec 1 st at each end of last row of 6th and 7th sizes only. 70(74:78:82:86:92:96:102) sts. Change to 5mm needles. Beg with a k row, work 8 rows in st st for, ending with RS facing for next row. Dec 1 st at each end of next row and foll 10th row, then on foll 8th row, then on foll 6th row. 62(66:70:74:78:84:88:94) sts. Work 7 rows, ending with RS facing for next row. Inc 1 st at each end of next row and foll 8th row, then on 2 foll 10th rows. 70(74:78:82:86:92:96:102) sts. Cont straight until back measures 39(39:38:41:40:42:41:43)cm, ending with RS facing for next row.

Shape armholes

Cast off 4 sts at beg of next 2 rows. 62(66:70:74:78:84:88:94) sts. Dec 1 st at each end of next 3(3:5:5:7:7:9:9) rows, then on foll 1(2:1:2:1:3:1:3) alt rows, then on 2 foll 4th rows. 50(52:54:56:58:60:64:66) sts. Cont straight until armhole measures 20(20:21:21:22:22:23:23)cm, ending with RS facing for next row.

Shape shoulders and back neck

Cast off 4(4:4:5:5:5:6:6) sts at beg of next 2 rows. 42(44:46:46:48:50:52:54) sts. **Next row** (RS) Cast off 4(4:4:5:5:5:6:6) sts, k until there are 7(8:9:8:8:9:9:10) sts on right needle and turn, leaving rem sts on a holder. Work each side of neck separately. Cast off

4 sts at beg of next row. Cast off rem 3(4:5:4:4:5:5:6) sts. With RS facing, rejoin yarn to rem sts, cast off centre 20(20:20:20:22:22:22:22) sts, k to end. Complete to match first side, reversing shapings.

FRONT

Work as given for Back until 14(14:14:16:16:16:18:18) rows less have been worked than on Back to beg of shoulder shaping, ending with RS facing for next row.

Shape neck

Next row (RS) K18(19:20:22:22:23:26:27) and turn, leaving rem sts on a holder. Work each side of neck separately. Dec 1 st at neck edge of next 4 rows, then on foll 2(2:2:3:3:3:4:4) alt rows, then on foll 4th row. 11(12:13:14:14:15:17:18) sts. Work 1 row, ending with RS facing for next row.

Shape shoulder

Cast off 4(4:4:5:5:5:6:6) sts at beg of next and foll alt row. Work 1 row. Cast off rem 3(4:5:4:4:5:5:6) sts. With RS facing, rejoin yarn to rem sts, cast off centre 14(14:14:12:14:14:12:12) sts, k to end. Complete to match first side, reversing shapings.

SLEEVES

With 4.50mm needles, cast on 36(36:38:38:40:40:42:42) sts. **1st row** (RS) P1(1:2:2:1:1:2:2), k2, [p2, k2] to last 1(1:2:2:1:1:2:2) sts, p1(1:2:2:1:1:2:2). **2nd row** K1(1:2:2:1:1:2:2), p2, [k2, p2] to last 1(1:2:2:1:1:2:2) sts, k1(1:2:2:1:1:2:2). These 2 rows **form** rib. Work in rib for a further 16 rows, ending with RS facing for next row. Change to 5mm needles. Beg with a k row, work in st st, shaping sides by inc 1 st at each end of 7th and 2(2:1:1:0:0:1:1) foll 8th

row, then on every foll 10th row until there are 52(52:54:54:56:56:58:58) sts. Cont straight until sleeve measures 45(45:46:46:47:47:46:46)cm, ending with RS facing for next row.

Shape top

Cast off 4 sts at beg of next 2 rows. 44(44:46:46:48:48:50:50) sts. Dec 1 st at each end of next 3 rows, on foll 2 alt rows, then on 4 foll 4th rows. 26(26:28:28:30:30:32:32) sts. Work 1 row, ending with RS facing for next row. Dec 1 st at each end of next and every foll alt row until 18 sts rem, then on foll row, ending with RS facing for next row. Cast off rem 16 sts.

COLLAR

Join shoulder seams. With RS facing and 4.50mm circular needle, pick up and k20(20:20:21:21:21:24:24) sts down left side of neck, 14(14:14:12:14:14:12:12) sts from front, 20(20:20:21:21:21:24:24) sts up right side of neck, then 30(30:30:30:32:32:32:32) sts from back. 84(84:84:84:88:88:92:92) sts. **Rib round** (RS) [K2, p2] to end. Rep this round until collar measures 10cm from pick-up round. **Next round** [K1, m1, k1, p2] to end. 105(105:105:105:110:110:115:115) sts. Change to 5mm circular needle. **Next round** [K3, p2] to end. Rep last round until collar measures 20cm from pick-up round. Cast off in rib.

TO MAKE UP

Sew sleeves into armholes, easing to fit. Join side and sleeves seams.

Taken from Winter Solace by Rowan