

SCHEDULE*

Tuesday, Dec. 26th – Ice Castle

- 12:00pm Mite power skating
- 1:15pm Squirt power skating
- 2:30pm Pee Wee power skating
- 3:45pm Bantam power skating
- 5:00pm Midget power skating
- 6:05pm Conclusion

Wednesday, Dec. 27th – Ice Castle

- 10:00am Mite power skating
- 11:15am Squirt power skating
- 12:30pm Pee Wee power skating
- 1:45pm Bantam power skating
- 3:00pm Midget power skating
- 4:05pm Conclusion

Wednesday, Dec. 27th – Mellon Arena

- 7:30pm Penguins vs. Atlanta Thrashers
(Gates open at 6:30)

Thursday, Dec. 28th – Mellon Arena

- 9:00am Mite power skating
- 9:00am Squirt classroom time
- 10:00am Squirt power skating
- 10:00am Mite classroom time
- 11:00am Watch Penguins Practice
- 12:00pm Lunch & Mixer with select Penguins Players
- 1:30pm Pee Wee power skating
- 1:30pm Bantam/Midget classroom time
- 2:30pm Bantam power skating
- 2:30pm Pee Wee classroom time
- 3:30pm Midget power skating
- 4:30pm Conclusion

*Subject to change

For additional information contact: **Mark Shuttleworth**
Pittsburgh Penguins, Director of Amateur Hockey
at **412.642.1329** or mshuttleworth@pittsburghpenguins.com

On-line registration available at pittsburghpenguins.com/powerskating

**FULL HOCKEY EQUIPMENT REQUIRED FOR ALL AGES
INCLUDING NECK GUARD AND MOUTH PIECE.**

PITTSBURGH PENGUINS HOCKEY SCHOOL PRESENTS

Holiday Power Skating with Besa Tsintsadze

POWER SKATING COACH OF THE PITTSBURGH PENGUINS

December 26 - 28

at the Ice Castle in Castle Shannon & Mellon Arena



Three Days of Power Skating Instruction

Attend a Penguins Game

Watch the Penguins Practice

Enjoy a Pizza Lunch at Mellon Arena

2006 HOLIDAY POWER SKATING REGISTRATION

Registrant's Name (please print) _____

Registrant's Age _____ Date of Birth / / _____

Registrant's Age Group* Mite Squirt Pee Wee Bantam Midget

*Generally a player should register for the age group in which he/she participated during the fall season.

Registrant's Position Defense Forward Goaltender

Registrant's Most Recent Level Experience (ex. Pee Wee A Minor) _____

Registrant's Total Years Playing Experience _____

Parent(s) Name(s) _____

Address _____

City/State/Zip _____

Day Phone _____ Cell Phone (1) _____

Evening Phone _____ Cell Phone (2) _____

E-Mail (home) _____

E-Mail (Parent Work) _____

Payment Method Check/Money Order (made payable to the **Pittsburgh Penguins**)
 Credit/Debit Card
Card # _____ Exp. _____

Cost: \$225

PER SESSION FAMILY DISCOUNT (please mark if applicable and register each child separately):

2 Siblings: \$415 3 Siblings: \$625

Return completed forms with full payment to: **Holiday Power Skating School,**
Pittsburgh Penguins, One Chatham Center, Suite 400, Pittsburgh, PA 15219
Or fax to - 412.642.1859



LOCATIONS:

Tuesday, Dec. 26 and Wednesday, Dec. 27
Ice Castle - Castle Shannon

Thursday, Dec. 28
Mellon Arena

- Classroom instruction on Thursday at Mellon Arena with Penguins staff
- Pizza Lunch on Thursday with select Penguins players
- Five Age Groups:
Mite/ Squirt/ Pee Wee/ Bantam/
Midget
- One hour of Power Skating Instruction each day
- Participants attend a Penguins game on Wednesday, December 27 (vs. Atlanta)
- Watch the Penguins Practice on Thursday, December 28

Besarion "Besa" Tsintsadze

(pronounced as "sin- sahd-za")

A native of Tbilisi, Georgia, Russia, Besa Tsintsadze was born on January 15, 1969, and began skating at the age of five. He was introduced to hockey and figure skating under the intense and rigorous programs of the former Soviet Union, training which helped him to develop into a world class athlete.

At the age of 10, Besa made the decision to focus solely on figure skating. He won the Georgian National Title six times during his career, and represented his country in three World European Championships.

Besa graduated from the Georgian University in 1990 with a Bachelor of Arts in Physical Culture and came to the United States in 1997 to perform as the principal skater with Walt Disney's World of Ice.

Since 1997, Besa reconnected with his passion for hockey. He started working with individual players, polishing their skating skills while at the same time developing and perfecting his own teaching system. Besa has worked at The Swedish Hockey Institute in Stockholm, as well as many Russian hockey camps with other international instructors and guest NHL players.

For the past several seasons Besa has worked with players from the Wilkes-Barre Scranton Penguins of the American Hockey League. Beginning this season, Besa worked with the NHL Pittsburgh Penguins prospects and regulars during September's Rookie Camp and Training Camp. He was also instrumental in helping Evgeni Malkin acclimate himself to the NHL, serving as his translator and roommate during those weeks.

The Pittsburgh area youth hockey community got its introduction to Besa when he served as the Power Skating Instructor for the Penguins Summer Hockey School in July.