

CURRICULUM VITAE

JUDITH A. RUBIN, PH.D.

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EDUCATION AND TRAINING

Undergraduate: 1953 – 1957 Wellesley College, (Art) B.A., 1957

Graduate: 1957 – 1959 Harvard Graduate School of Education (Art Education), M.Ed., 1959
1974 – 1976 University of Pittsburgh (Counseling Psychology), Ph.D., 1976

Post-Graduate: 1977 – 1983 Pittsburgh Psychoanalytic Institute (Child & Adult), 1983

APPOINTMENTS AND POSITIONS (current)

1974 – Present Assistant Professor, Department of Psychiatry, University of Pittsburgh

1983 – Present Faculty-By-Invitation, Pittsburgh Psychoanalytic Institute

1985 – Present President, Expressive Media, Inc. (EMI)

CERTIFICATION AND LICENSURE

1959 Elementary Teacher/ Department of Public Instruction, State of Pennsylvania

1970 Registered Art Therapist (ATR) / American Art Therapy Association

1994 Board Certified Art Therapist (ATR-BC) American Art Therapy Association

1979 Licensed Psychologist – State of Pennsylvania

PROFESSIONAL SERVICE (selected)

1966 – 1969 Art Lady, “Mister Rogers’ Neighborhood,” WQED-TV, Public Broadcasting

1977 – 1979 President, American Art Therapy Association (Board Member 1973-1977)

1973 – Present Co-Founder, Pittsburgh Association for the Arts in Education & Therapy

1976 – 1981 Board of Directors, National Committee*Arts for the Handicapped (Very Special Arts)

June 1977 Invitational Conference on the Healing Role of the Arts, Rockefeller Foundation

1978 – 1979 Task Panel on Arts in Therapy, President's Commission on Mental Health

1978 – 1985 Consultant, Arts in Special Education Project, Pennsylvania Dept. of Education

2007 – Present Advisory Committee, Asia Pacific Art Therapy Center

HONORS (selected)

1956 Phi Beta Kappa, Wellesley College

1959 Pi Lambda Theta Award, Harvard Graduate School of Education

1974 Outstanding Teachers in Exceptional Education

1975 Community Leaders and Noteworthy Americans

1979 American Men and Women of Science

1981 Honorary Life Membership, American Art Therapy Association

1995 International Who's Who in Medicine

PUBLICATIONS

Books

- Rubin, J.A. (1978). **Child Art Therapy** NY: John Wiley & Sons, 2nd Ed. 1984, 3rd Ed., 2005.
- Rubin, J.A. (1984). **The Art of Art Therapy**. NY: Routledge
- Rubin, J.A. (1987). Editor, **Approaches to Art Therapy** NY: Routledge, 2nd Ed., 2001.
- Rubin, J.A. (1998). **Art Therapy: An Introduction** NY: Routledge.
- Rubin, J.A. (2002). **My Mom and Dad Don't Live Together Anymore**. Wash, D.C.: APA.
- Rubin, J.A. (2005). **Artful Therapy** NY: John Wiley & Sons.
- Rubin, J.A. (2009). **Introduction to Art Therapy: Sources & Resources** NY: Routledge

Films

- Rubin, J.A. (1972) "**We'll Show You What We're Gonna Do! Art with Blind Children**" EMI
- Rubin, J.A. "**Children and the Arts**" (1973) Expressive Media, Inc.
- Rubin, J.A., Irwin, E.C., Borrero, G. (1984) "**The Green Creature Within**" Expressive Media, Inc.
- Rubin, J.A. (2004). "**Art Therapy Has Many Faces**," Expressive Media, Inc.
- Rubin, J.A. (2004). "**Beyond Words: Art Therapy with Older Adults**" EMI

Selected Journal Articles

- Rubin, J.A., Schachter, J. (1972). Judgments of psychopathology from art productions of children. *Confinia Psychiatrica*, 15: 237-252.
- Rubin, J.A. (1973). A diagnostic art interview. *Art Psychotherapy*, 1: 31-44.
- Rubin, J.A., Magnussen, M. (1974). A family art evaluation. *Family Process*: 13: 185-200.
- Rubin, J.A. (1974). Mother-child art sessions. *American Journal of Art Therapy*, 13, 165-181
- Rubin, J.A., Levy, P. (1975). Art-awareness: a method for working with groups, *Group Psychotherapy and Psychodrama*, 28: 108-117.
- Rubin, J.A. (1981). Art therapy in a community mental health center for children: a story of program development, *The Arts in Psychotherapy*, 8: 109-114.
- Rubin, J.A., Schachter, J., Ragins, N. (1983). Intra-individual variability in human figure drawings. *American Journal of Orthopsychiatry*. 53: 654-667.

Selected Book Chapters

- Rubin, J.A. & Irwin, E.C. (1975). Art & drama: Parts of a puzzle. In Psychiatry & Art, Vol.IV. Ed. I. Jakab. NY: S. Karger.
- Rubin, J.A., Magnussen, M. (1980) A Family Art Evaluation. In Advances in Family Psychiatry, Ed. J.G. Howells, NY: International Universities Press.
- Rubin, J.A. (2006). Foreword. Expressive & Creative Arts Methods for Trauma Survivors, Ed. L. Carey.
- Rubin, J.A. (2007). Foreword. Visually Speaking: Art Therapy & the Deaf. Ed. E. Horovitz.

UNIVERSITY COURSES

Courses in Art Therapy taught at the following local institutions: Point Park College; Carlow College;

Duquesne University; Indiana University of Pennsylvania; Chatham College; Carnegie-Mellon University; University of Pittsburgh: School of Health-Related Professions, Department of Child Development; School of Education: Special Education, Art Education, Counselor Education; School of Medicine: Psychiatry; School of Social Work. Short Courses at Various Universities (U.S. & abroad).

SELECTED INVITED PRESENTATIONS

- Rubin, J.A. (1972) "Art and Drama: Partners in Therapy" Art Therapy Lecture Series, Hahnemann Medical College & Hospital, Philadelphia, PA
- Rubin, J.A. (1974) "Art and Drama in Group Psychotherapy with Children and Adolescents" Health Sciences Lecture, University of Louisville, Louisville, KY.
- Rubin, J.A. (1976). "Art: A Road to Mental Health." Pennsylvania State University Program in Continuing Education, State College, PA.
- Rubin, J.A. (1977) "Art in Diagnosis & Therapy with Children & Adolescents," American Psychiatric Association, Philadelphia, PA.
- Rubin, J.A. (1978) "Art Therapy in the Diagnosis and Treatment of Communications Disorders." Special Symposium on Communication, Mount Sinai Hospital, New York, NY.
- Rubin, J.A. (1979) "Family Art Therapy" (Grand Rounds), "Demonstration Diagnostic Art Interview, and Follow-up Discussion" (Child Psychiatry Section). Walter Reed Hospital.
- Rubin, J.A. (1983) "Psychoanalytic Art Therapy for Speech and Language Disorders." Three Rivers Conference on Communications Disorders, Pittsburgh, PA.
- Rubin, J.A. (1985) "The Contributions of Art Therapy to Diagnosis and Treatment in Medical Settings." Conference on Art and Medicine, Univ. Connecticut School of Medicine.
- Rubin, J.A. (1986). "Responding to the Technological Revolution through the Senses via Art Therapy." Keynote Address, International Conference on Mental Health and Technology. University of British Columbia, Vancouver, Canada.
- Rubin, J.A. (1987) "Psychoanalytic Art Therapy" Scandinavian Art Therapy Conference, Paper and Workshop, Stockholm, Sweden.
- Rubin, J.A. (2002) "Art as Therapy in Times of Crisis" International Conference of the International Association for Art, Creativity, and Therapy (IAAT/IGKT), Salzburg, Austria
- Rubin, J.A. (2002) "Art Therapy with the Elderly" Short Course, Korean Expressive Arts Psychotherapy Association, Seoul, Korea.
- Rubin, J.A. (2003) "Using Art in Therapy with Children and Families," One Day Inservice Training Workshop, Associates in Counseling and Guidance. Sharon, PA.
- Rubin, J.A. (2003) "Psychodynamic Child Art Therapy" Keynote Address, Annual Conference, Korean Art Therapy Association; Geong-Ju, South Korea.
- Rubin, J.A. (2005) "Artful Therapy: Using Art in Your Clinical Work" Presentation to the Counseling Clinic Staffs (Pittsburgh, PA) Chatham College, University of Pittsburgh, Duquesne University, Carlow College, Community Guidance Center (Indiana, PA)
- Rubin, J.A. (2006) "The Process of Healing" Japanese Creative Arts Therapy Conference.
- Rubin, J.A. (2007). "Art in Therapy" Nat'l Inst. Mental Health & Neurosciences, India.
- Rubin, J.A. (2008) "On the Primitive in Art & Therapy" Ayers Rock, Australia.