

**ATHLETICS REPORT**  
**26th Southeast Asia Games, Palembang, Indonesia**  
**12 – 16 November, 2011**  
**by Jad Adrian Washif (MAS)**

Palembang, Indonesia - Twenty (20) National records, six (6) Games records, and two (2) Southeast Asian records were renewed during the five days (12 to 16 November, 2011) athletics competition in the 26th Southeast Asian (SEA) Games held at Jakabaring Sports Complex in the capital city of Southern Sumatera, Palembang Indonesia.

The highlights were the crowning of the host's Franklin Ramses Burumi and Serefi Anelies Unani as the sprint champions as well the outstanding performances by athletes from Thailand, Indonesia, Vietnam, and Malaysia.

Despite the absence of Southeast Asian top sprinter Suryo Agung Wibowo (four-time SEA Games gold medalist), the gold medal hunting for team Indonesia was not affected at all. In fact this country won 4 out of 6 gold medals in sprints (100-400m), the highest number of sprint gold medals ever achieved in a SEA Games.

Serafi Anelies Unani took the women's 100m in a personal best (pb) time of 11.69s (+1.7), beating Thailand's Nongnuch Sanrat in a photo finish after both had registered the same time. Vietnam's Vu Thi Huong (pb 11.34), the champion of three editions (2005, 07, 09) only managed to finish third (11.73s) for bronze medal, but improved on her season best (sb) 12.21s set in Rehlingen.

Shortly after that, Franklin Ramses Burumi, who stands 5'3" tall, left the blocks with a modest start but then blew away in the halfway to scorch the 100m dash in a time of 10.37s (+2.1). Silver and bronze medals went to Singapore's Gary Yeo Foo Ee (10.46s) and Thailand's 2005 champion Wachara Sondee (10.47s).

The winner vowed to run faster in the near future, "now I have what Suryo (Agung Wibowo) has, I want to break his record (10.17s), I think I can do that in one or two years" said Ramses Burumi.



Franklin Burumi won 3 golds in sprints

Two days later (day 3), the 20-year-old from Papua province made a good run in the 200m heat to equal his best time of 21.27s, but to win the finals was not to be as easy because Thailand's Suphachai Chimdee whose pb is 20.68s was in action. Nevertheless he fiercely dominated the field with a 20.93s (+1.7m/s) run to win the gold and complete a sprint double, leaving Chimdee (21.05s) and his teammate Sompote Suwannarangsri (21.46s) in second and third positions respectively.

"I am so happy today as all my training and hard work has borne fruit. I am so proud about breaking my personal best, though I'm a bit disappointed not to break any record" he said after the 200m final. The SEA Games record for 200m is 20.69s, held by Thailand's Reanchai Sriharwong since 1999.

He then teamed up in 4x100m relay with Fadlin, Farrel Octviandi and Fernando Lumain to storm to another victory, defeating Singapore who had led almost the entire race. Both teams dead heated in 39.91s, separated by the photo-finish. With a triple gold, Franklin Ramses Burumi delivered more than Wibowo (two golds in 2009 & 2007 each) had done for Indonesia in a single SEA Games.



Noraseela Khalid clinched 4<sup>th</sup> gold

Thailand however could still smile after Laphassaporn Tawonchroen blazed to the finish in 23.65s (+1.4m/s), just 0.01 off her pb, which was fast enough to win the women's 200m gold medal. Vietnam's Le Ngoc Phuong who crossed the line in 24.01s, in second for silver, while Vu Thi Huong adds on another bronze (24.06s) in collection after finished in third.

### Tenth Gold Medal for James Wong and Wassana Winatho

Singapore's James Wong Tuck Yim maintained his supremacy in throwing events when he captured his tenth gold medal in SEA Games career. He has nine gold medals in the Discus Throw (all achieved in SEA Games editions of 1993 to 2011, except 2007) and one from the Hammer Throw (1997).



James Wong, 42, captured his tenth gold

In this edition, James Wong delivered the first gold for Singapore after winning his pet event Discus Throw with a distance of 51.32m in his 4th attempt to upset the silver medal winner (50.56m) Hermanto of Indonesia who set the national record (52.95m) earlier in July. Thailand's Kwanchai Numsomboon satisfied for bronze after a throw of 50.28m in the first attempt was never improved.

"It's my 10th gold medal and my last ever SEA Games but I just want the momentum to keep going so that everyone can chip in and do their best for Singapore," said James Wong, who have personal bests of 59.87m (Discus) and 58.20m (Hammer), both achieved in 1999.

Like James Wong, Thailand's Wassana Winatho has 9 gold medals but also has 3 silver and 1 bronze, achieved over a span of 12 years (since 1999). The newly-crowned Asian Heptathlon champion (pb 5889 points) completed a stunning competition on the day 4 after scoring the highest mark in Heptathlon with 5448 points to clinch her tenth gold medal.

However, an attempt to add another gold in 400mh was prevented by the event specialist Noraseela Mohd Khalid of Malaysia. She clocked a sb of 58.97s.

Having won medals internationally in combined events, sprints, hurdles and relays, she is widely regarded as the most versatile athlete in Southeast Asia.

### Torres soars to 6.71 leap

Marestella Torres of the Philippines produced a remarkable effort at 30 with an outstanding leap of 6.71m (+1.1) in women's Long Jump to not only win the gold medal for the fourth time but eclipse her 6.68m Games record, National and Southeast Asian records.



Torres leaped 6.71m-GR, NR, SeaR

Indonesia's Maria Natalia Londa bettered her national record by 21cm to win silver medal (6.47m, +1.1m/s), while Torres's teammate Catherine Kay Santos bagged bronze (6.25m).

"I'm happy with what I achieved today, I came close to retiring after the Asian Games but after a heart-to-heart talk with our president, I decided to continue, this is all a product of hard work" said Torres who made an opening jump of 6.65m (+0.9m/s).

Thailand's Supanara Sukhasvasti Ayudhaya, 19, the defending champion who became the first ever Southeast Asian to leap over 8.00m in the Long Jump (8.04m, 2009), having won the World Youth title, as well as silver medal at 2011 Asian championships, has no pressure at all to produce a mark of 7.86m (+0.2m/s) to retain his SEA Games title he won in 2009, defeating jumpers of the Philippines, the former champion Henry Dagmil (pb 7.99m) who with best jump of 7.78m (+0.2m/s), and Benigno Marayag (7.61m, -0.2m/s).

## Grand double for Thailand in sprint hurdles

In 110mh, defending champion Jamras Rittidet blasted out of the blocks to lead the field with a comfortable margin. But over the last two hurdles, a sudden surge by the 2007 champion Rayzam Shah Wan Sofian of Malaysia threatened the lead but Rittidet technically better hurdling still bright him home ahead in 13.77s (+0.7m/s) - new GR, NR, and 2nd fastest in SEA All-Time rankings. Six-time SEA Games champion Nur Herman Majid of Malaysia holds the 17-year-old Southeast Asian record of 13.73s.

Wan Sofian finished in second for silver medal in a lifetime best of 13.86s, while Robani Hassan, the 2005 champion was third (14.14s).

Compatriot Wallapa Pansoongnuen made it a grand double for Thailand when she won the women's 100mh in a time of 13.51s (+0.7m/s), defeating the favorite and defending champion Dedeh Erawati (13.53s) in second place.



Jamras Rittidet 13.77s

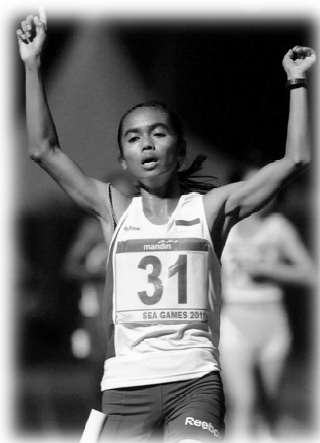
## Vietnam gold-silver in women middle distances

At age of 25, Truong Thanh Hang has 5 gold medals from SEA Games, with the addition of three golds from the Asian championships. She has personal bests of 2:00.91 (800m) and 4:09.58 (1500m). On that basis, this Games was probably to serve only as a "cool down" to wrap up her busy season, before starting the build-up for the London Olympics.

Thanh Hang delivered two gold medals as expected in both 800m and 200m, clocking 2:02.65 and 4:15.75 respectively. The good times achieved following a closer battle from teammate Do Thi Thao who finished in second in both 800m (2:05.62) and 1500m (4:18.94). At the recent Asian championships she claimed the gold medal at 800m with 2:01.41, winning the silver in the 1500m (4:18.40).

## Clean sweep continued in the long distances

Apart from the victories in sprints, Indonesian athletes gained a huge advantage as the host to sweep all the gold medals in long-distance events.



Triyaningsih bagged 3 golds

In this edition, the only women athlete who had a great chance to win three gold medals was Triyaningsih. Indonesian folks and fans called her "budak ajaib" (magic girl) in regards of her small frame but have a tremendous physical capability and willingness.

On the day 1, she won the women's 10,000m easily in 34:52.72, some way off to best mark 32:49.47 set in 2009 SEA Games. But it was a tactic to save enough energy in the tank as she returned to the track on day 3 to grab her second gold medal in 5000m (16:06.37).

"I'm really grateful that I was able to win the race. Hopefully, I also can do my best in the Marathon, said Triyaningsih after the 5000m.

The 24-year-old university student duly continued her magnificent victory in Marathon. With a lifetime best of 2:31:49s, faster than some of male marathoners in SEA Games, she finished the race in a time of 2:45:35, added another gold and completed the treble.

In addition, she previously won two gold medals (5000m & 10000m) at the 2007 SEA Games in Nakhon Ratchasima and then repeated the feat at the 2009 SEA Games in Laos. Thus she has 7 SEA Games gold medals from 3 SEA Games editions.

Teammate, Agus Prayogo continued to excel in the SEA Games after smashing the 5000m national record during the World Military Games in Rio de Janeiro in 14:02.12s. He firstly celebrated after successfully defending the men's 10,000m gold medal which was won in 2009. As a pre-race favourite, he also stormed to the 5000m gold medal to become the first Indonesian in 22 years to clinch the 5000-10000m double in the SEA Games since Edwardus Nabunome in 1989.

Teammate, Yahuza made the country proud as he snatched the gold medal in men's Marathon (2:27:45s), and thus ensured a clean sweep of the gold medals for Indonesia in the long distances.

### Consistency ensures victory

Duong Thi Viet Anh who achieved a height of 1.90m while en-route to equalling Vietnam's Heptathlon national record of 5350 points last August, denied the favourite and season leader (1.92m) Wanida Boonwan of Thailand in the women's High Jump, with a 1.90m leap. Silver medal was awarded to Boonwan on count back after she and another Vietnamese Pham Thi Diem had the same height of 1.87m after both had failed to clear 1.90m.

Duong Thi Viet Anh later competed in heptathlon and won the bronze (5196 points) repeating the same height for the High Jump.

### Recovered at the right time

After a long break after undergoing surgery (ankle), Malaysia high jumper Lee Hup Wei the 2007 Asian champion is still unbeatable among Southeast Asian athletes earning the men's High Jump gold medal after clearing 2.15m. For a record, he registered 2.27m (pb) three times and had jumps of 2.24m or higher for at least 10 times throughout 2007 to 2010.

"It's definitely not my best height but it's my first competition since surgery. Hopefully, I'll continue to stay fit an jump to greater heights," he told Thestar.



Lee Hup Wei, 2.15m

Meanwhile, pre-race favourite Noraseela Mohd Khalid, the 400m specialist (pb 56.02, 2006) had to reduce her "training" in September following an Achilles injury. However, with a solid six weeks stint in South Africa with her coach, Hennie Krival, and a season best of 57.98s set earlier in June (Nivelles), she fulfilled all her expectations with a stylish victory in 57.41s; her fourth gold medal out of five appearances in SEA Games.

### Sweeter victories for some

Rene Herrera of the Philippines recorded 8:52.23 to win the men's 3000m Steeplechase for the fifth consecutive time, beating host runner Al Quraisy in second place (8:55.91). The women section was won by Indonesian Rini Budiarti in a time 10:00.58 (NR, GR, SeaR), who seized the gold medal from pre-race favourite Nguyen Thi Phuong of Vietnam (10:04.42). Interestingly, Budiarti became the only athlete in the running events to break all the aforementioned records.



100mH: Dedeh Erawati (L – silver 13.53), Wallapa Punsoongneun (C – gold 13.51)

In spite of pain due to a back injury, Malaysia's Tan Song Hwa retained her gold medal in the women's Hammer Throw which she won in the 2009 edition in Laos. She hurled the implement a distance of 55.15m. "I felt so relieved to get the gold medal, I may spend two months off to cure my injury", says Song Hwa who set the national record 58.71m at Szombathely in June.

Roslinda Samsu completed a hat-trick after winning the women's pole vault, clearing a height of 4.20m – games record and a season best. But it was not that easy, she was challenged by Vietnam's Le Thi Phuong (sb, pb 4.15m) who was also registered the same height

(4.20m – national record) but lost because of more misses.

Thailand's Chatchawal Polyiam topped-up his existing two gold medal collection from the SEA Games after winning the men's Shot Put in 17.74m (games record). The 31-year-old held off the challenge from Malaysia's Adi Alifuddin who shattered his national record (17.38m) with 17.53m.

Meanwhile, Vietnam's Vu Van Huyen confirmed himself as the most versatile male athlete of the games as he won the all-round event, Decathlon. The 2010 Asian games bronze medallist with 7755 points (pb) won the event after totaling 7223 points. Compatriot Nguyen Van Hue accompanied Van Huyen at podium as silver medal winner (6830 points).



Asian champion Truong Thanh Hang retained 2 golds in middle distances

Thailand's Theerayut Philakong won his 4th gold medal in the SEA games by taking the men's Triple Jump in 16.43m, defeating Vietnam's Nguyen Van Hung in second (16.39m). Both recorded season bests. Philakong previously won the gold medals from 2009, 2007 and 2005.

Malaysia did not send their top male quarter-milers for the individual 400m races which raised questions among fans as the time winning of the event (47.53s, Heru Astriyanto) was extremely beatable. The fans question was answered when the fresh Malaysian national quartet of S.Kannathasan, P.Yuvaaraj, Schzuan Rosely and Yunus Lasaleh won the men's 4x400m in a time of 3:10.49s.

The domination of Thailand's 4x100m men ended after clocking a poor 40.43s, beaten by Indonesia (39.91s), Singapore (39.91s), and Malaysia (40.41s). The women's 400m and 4x400m Relays however still saw the Thais at the top of Southeast Asia.

On gold medal count, no one could argue about the long-time supremacy of Thailand that has produced huge numbers of prominent athletes during past 60 years. Having fielded a full-strength squad which competed at nearly all 46 events (23 M and 23 W), the nation of the white elephant, confirmed its regional dominance after emerging as the overall champion with a haul of 14 (gold), 8 (silver), 10 (bronze). Indonesia came close in the runner-up with 13 - 12 - 11, while Vietnam in third with 9 - 9 - 14.

The next edition of Southeast Asian Games will be held in Yangon, Myanmar in 2013.



INA sprinters (L-R: F.Octaviandi, Fadlin, F.R.Burumi, F.Lumain) after the 4x100m final

**Also published at the IAAF website:** <http://www.iaaf.org/news/newsid=62946.html>

## Results and Medal Tally

NR: National record

GR: Games Record

SeaR: Southeast Asia Record

Reading-> Position, Name, YOB, Country, Performance, Wind, Remarks

### MEN

100 METRES (+2.1m/s) (12.11.2011)

- 1, Franklin Ramses Burumi 91 INA 10.37
- 2, Gary Yeo Foo Ee 86 SIN 10.46
- 3, Wachara Sondée 83 THA 10.47

200 METRES (+1.7m/s) (14)

- 1, Franklin Ramses Burumi 91 INA 20.93
- 2, Suppachai Chimee 91 THA 21.05
- 3, Sompote Suwannarangsri 83 THA 21.46

400 METRES (13)

- 1, Heru Astriyanto 87 INA 47.53
- 2, Archand Christian Bagsit 90 PHI 47.71
- 3, Yakobus Leuwol 88 INA 47.97

800 METRES (15)

- 1, Duong Van Thai 92 VIE 1:49.42 (NR)
- 2, Mervin M. Guarte 92 PHI 1:50.69
- 3, Abdul Haris 83 INA 1:51.28

1500 METRES (13)

- 1, Ridwan 89 INA 3:47.63
- 2, Mervin Maligo Guarte 92 PHI 3:47.65 (NR)
- 3, Nguyen Dinh Cuong 82 VIE 3:49.48  
Mohd Jironi Riduan 86 MAS 3:49.27 (*finished 3rd, subsequently Dqed*)

5000 METRES (15)

- 1, Agus Prayogo 85 INA 14:10.01
- 2, Jauhari Johan 93 INA 14:35.98
- 3, Nguyen Van Lai 86 VIE 14:41.30

10000 METRES (13)

- 1, Agus Prayogo 85 INA 30:10.43
- 2, Jauhari Johan 83 INA 30:43.62
- 3, Nguyen Van Lai 86 VIE 31:22.20

MARATHON (16)

- 1, Yahuza 81 INA 2:27:45
- 2, Eric Panique 84 PHI 2:28:26
- 3, Eduardo Banajera Buenavista 78 PHI 2:29:09

3000 M STEEPLE. (12)

- 1, Rene Gamarcha Herrera 79 PHI 8:52.23
- 2, Muhammad Al Quraisy 88 INA 8:55.91 (NR)
- 3, Nguyen Dang Duc Ba 83 VIE 8:57.88

110 M HURDLES (+0.7m/s) (13)

- 1, Jamras Rittidet 89 THA 13.77 (GR, NR)
- 2, Rayzam Shah Wan Sofian 88 MAS 13.86
- 3, Mohd Robani Hassan 83 MAS 14.14

400 M HURDLES (15)

- 1, Dao Xuan Cuong 88 VIE 51.45 NR
- 2, Narongdech Janjai 81 THA 51.60
- 3, Andrian 91 INA 51.70

HIGH JUMP (14)

- 1, Lee Hup Wei 87 MAS 2.15
- 2, Pramote Pum Urai 89 THA 2.12
- 3, Nguyen Duy Bang 82 VIE 2.08

POLE VAULT (12)

- 1, Kreeta Sintawacheewa 89 THA 5.10
- 2, Sompong Saombankuay 82 THA 5.00
- 3, Edwin Chong Ming Xung 88 SIN 4.70

LONG JUMP (13)

- 1, Supanara Sukhasvasti Ayudhaya 92 THA 7.86 (+0.2)
- 2, Henry Claridad Dagmil 81 PHI 7.78 (+0.2)
- 3, Benigno Bumagot Marayag 86 PHI 7.61 (-0.2)

TRIPLE JUMP (15)

- 1, Theerayut Philakong 84 THA 16.43 (-0.5)
- 2, Nguyen Van Hung 89 VIE 16.39 (-0.1)
- 3, Warunyoo Kongnil 88 THA 16.14 (-0.7)

SHOT PUT (13)

- 1, Chatchawal Polyiam 80 THA 17.74 (GR)
- 2, Adi Alifuddin Hussin 88 MAS 17.53 (NR)
- 3, Promrob Juntima 88 THA 17.08

DISCUS THROW (12)

- 1, James Wong Tuck Yim 69 SIN 51.32
- 2, Hermanto INA 87 50.56
- 3, Kwanchai Numsomboon 81 THA 50.28

HAMMER THROW (14)

- 1, Tatipong Phetchaiya 82 THA 61.46
- 2, Arneil Benedicto Ferrera 81 PHI 60.19
- 3, Jackie Won Siew Cheer 92 MAS 57.04

#### JAVELIN THROW (14)

- 1, Nguyen Truong Giang 82 VIE 69.07
- 2, Nontach Palanupat 87 THA 68.87
- 3, Danilo Gaurino Fresnido 72 PHI 66.27

#### DECATHLON (12-13)

- 1, Vu Van Huyen 83 VIE 7223  
(10.92 - 7.37 - 12.45 - 1.86 - 49.76; 15.26 - 39.58 - 4.40 - 55.90 - 5:25.41)
- 2, Nguyen Van Hue VIE 6830  
(11.27 - 7.62 - 10.46 - 1.83 - 52.57; 15.65 - 29.63 - 4.70 - 59.30 - 5:25.43)
- 3, Zakaria Malik 83 INA 6602  
(11.09 - 7.08 - 12.09 - 1.86 - 51.28; 15.02 - 30.32 - 4.20 - 47.62 - 5:43.37)

#### 20 KM WALK (13)

- 1, Lo Choon Sieng 85 MAS 1:32:34
- 2, Hendro 90 INA 1:33:23
- 3, Nguyen Thanh Ngung 92 VIE 1:35:48

#### 4x100 M RELAY (15)

- 1, Indonesia Team 39.91 (.905)  
(Fernando Lumain, Franklin Ramses Burumi, Mohd Fadlin, Farrel Octaviandi)
- 2, Singapore Team 39.91 (.909)  
(Calvin Kang Li Loong, Muhd Amiruddin Jamal, Lee Cheng Wei, Gary Yeo Foo Ee)
- 3, Malaysia Team 40.41  
(Mohd Zabidi Ghazali, Mohd Ikhwan Nor, Mohd Azhar Ismail, Mohd Noor Imran Hadi)

#### 4x400 M RELAY (14)

- 1, Malaysia Team 3:10.49  
(Subramaniam Kannathasan, P. Yuvaaraj, Schzuan Ahmad Rosely, Muhamad Yunus Lasaleh)
- 2, Philippines Team 3:11.16  
(Edgardo Alejan, Julius Felicisimo Nierras, Junrey Bano, Archand C. Bagsit)
- 3, Thailand Team 3:14.90  
(Jukkatip Phocharoen, Saharat Summayan, Nitipol Thongpoon, Suppachai Chimdee)

#### WOMEN

##### 100 METRES (+1.7m/s) (12)

- 1, Serafi Anelies Unani 89 INA 11.69
- 2, Nongnuch Sanrat 83 THA 11.69
- 3, Vu Thi Huong 86 VIE 11.73

##### 200 METRES (+1.4m/s) (14)

- 1, Laphassaporn Tawoncharoen 81 THA 23.65
- 2, Le Ngoc Phuong 82 VIE 24.01
- 3, Vu Thi Huong 86 VIE 24.06

##### 400 METRES (13)

- 1, Treewadee Yongphan 87 THA 54.13
- 2, Nguyen Thi Thuy 91 VIE 54.27
- 3, Kay Khine Lwin 78 MYA 55.28

##### 800 METRES (15)

- 1, Truong Thanh Hang 86 VIE 2:02.65
- 2, Do Thi Thao 92 VIE 2:05.62
- 3, Olivia Sadi 82 INA 2:08.41

##### 1500 METRES (13)

- 1, Truong Thanh Hang 86 VIE 4:15.75
- 2, Do Thi Thao 92 VIE 4:18.94
- 3, Olivia Sadi 82 INA 4:21.19

##### 5000 METRES (14)

- 1, Triyaningsih 87 INA 16:06.37
- 2, Phyu War Thet 85 MYA 16:12.23
- 3, Rini Budiarti 83 INA 16:31.85

##### 10000 METRES (12)

- 1, Triyaningsih 87 INA 34:52.74
- 2, Pham Thi Binh 89 VIE 36:04.83
- 3, Pham Thi Hien 86 VIE 36:16.84

#### MARATHON (16)

- 1, Triyaningsih 87 INA 2:45:35
- 2, Ni Lar San 83 MYA 2:46:37
- 3, Pham Thi Binh 89 VIE 2:48:43

##### 3000 M STEEPLE. (12)

- 1, Rini Budiarti 83 INA 10:00.58 (GR, NR, SeaR)
- 2, Nguyen Thi Phuong 90 VIE 10:04.42
- 3, Yulianingsih 89 INA 10:48.97

##### 100 M HURDLES (+0.7m/s) (13)

- 1, Wallapa Pansoongneun 86 THA 13.51
- 2, Dedeh Erawati 79 INA 13.53
- 3, Wassana Winatho 80 THA 13.77

##### 400 M HURDLES (15)

- 1, Noraseela Mohd Khalid 79 MAS 57.41
- 2, Wassana Winatho 80 THA 58.97
- 3, Mellisa Hetharie Viera 87 INA 59.64 (NR)

### HIGH JUMP (13)

- 1, Duong Thi Viet Anh 90 VIE 1.90
- 2, Wanida Boonwan 86 THA 1.87
- 3, Pham Thi Diem 90 VIE 1.87

### POLE VAULT (15)

- 1, Roslinda Samsu 82 MAS 4.20 (GR)
- 2, Le Thi Phuong 83 VIE 4.20 (GR, NR)
- 3, Ni Putu Desy Margawati 80 INA 3.90

### LONG JUMP (12)

- 1, Marestella Renido Torres 81 PHI 6.71 (+1.1) (GR, NR, SeaR, Asian no.2 - 2011)
- 2, Maria Natalia Londa 90 INA 6.47 (+1.1) (NR)
- 3, Catherine Kay B. Santos 90 PHI 6.25 (+0.9)

### TRIPLE JUMP (14)

- 1, Tran Hue Hoa 91 VIE 13.76 (-0.5) (NR)
- 2, Maria Natalia Londa 90 INA 13.73 (+0.6) (NR)
- 3, Thitima Muangjan 83 THA 13.64 (+0.7)

### SHOT PUT (14)

- 1, Zhang Guirong 78 SIN 16.96
- 2, Wan Lay Chi 88 SIN 14.59
- 3, Juthaporn Krasaeyan 72 THA 14.37

### DISCUS THROW (15)

- 1, Subenrat Insaeng 94 THA 52.25 (GR)
- 2, Dwi Ratnawati 82 INA 49.98
- 3, Zhang Guirong 78 SIN 48.22

### HAMMER THROW (12)

- 1, Tan Song Hwa 86 MAS 55.15
- 2, Rose Herlinda Inggriana 82 INA 51.95
- 3, Loralie Amahit-Sermona 81 PHI 49.69

### JAVELIN THROW (13)

- 1, Natta Nachan 90 THA 48.80
- 2, Rosie Lagtapon Villarito 79 PHI 47.35
- 3, Saowalak Pettong 92 THA 46.73

### HEPTATHLON (14-15)

- 1, Wassana Winatho 80 THA 5488  
(14.19 - 1.75 - 11.63 - 24.91;  
5.85 - 36.02 - 2:29.97)
- 2, Narcisa Atienza 79 PHI 5285  
(15.56 - 1.75 - 12.15 - 26.41;  
5.73 - 43.17 - 2:31.72)
- 3, Duong Thi Viet Anh 90 VIE 5196  
(14.99 - 1.90 - 9.99 - 26.07;  
5.90 - 34.06 - 2:41.62)

### 20 KM WALK (13)

- 1, Nguyen Thi Thanh Phuc 90 VIE 1:43:22
- 2, Kay Khine Myo Tun 88 MYA 1:45:19

3, Darwati 73 INA 1:46:04

### 4x100 M RELAY (15)

- 1, Thailand Team 44.40  
(Phatsorn Jaksuninkorn, Neeranuch Klomdee,  
Laphassaporn Tawoncharoen, Nongnuch Sanrat)
- 2, Indonesia Team 45.00 (NR)  
(Nurul Imaniar, Tri Setyo Utami, Serafi Anelies  
Unani, Dedeh Erawati)
- 3, Vietnam Team 45.12  
(Le Thi Mong Tuyen, Le Ngoc Phuong, Truong  
Thanh Hang, Vu Thi Huong)

### 4x400 M RELAY (14)

- 1, Thailand Team 3:41.35  
(Saowalee Kawchuay, Pornpan Hoemhuk,  
Laphassaporn Tawoncharoen, Treewadee  
Yongphan)
- 2, Indonesia Team 3:44.65  
(Sulastri, Melissa Hetharie Viera, Musyafidah,  
Nining Souhaly)
- 3, Vietnam Team 3:45.03  
(Nguyen Thi Thuy II, Nguyen Thi Oanh, Nguyen  
Thi Huyen, Nguyen Thi Thuy I)

### Medal Tally (46 events)

Thailand	14	8	10	=	32
Indonesia	13	12	11	=	36
Vietnam	9	9	14	=	32
Malaysia	6	2	3	=	11
Philippines	2	9	5	=	16
Singapore	2	3	2	=	7
Myanmar	0	3	1	=	4

Cambodia, Laos, East Timor = no medal  
Brunei = no participation

New National Records = 20

New SEA Games Records = 6

New Southeast Asian Records = 2



Overall ranking by results score (based on the 2011 IAAF scoring table);

### Ranking Lists - Best of the Bests (MEN)

1	Jamras Rittidet	THA	110mh	13.77	<b>1108</b>
2	Suphanara Suk. Ayudhaya	THA	Long Jump	7.86	<b>1096</b>
3	Theerayut Philakong	THA	Triple Jump	16.43	<b>1093</b>
4	Rayzam Shah Wan Sofian	MAS	110mh	13.86	<b>1092</b>
5	Nguyen Van Hung	VIE	Triple Jump	16.39	<b>1089</b>
6	Henry Dagmil	PHI	Long Jump	7.78	<b>1079</b>
7	Franklin Ramses Burumi	INA	200m	20.93	<b>1078</b>
8	Warunyu Kongnil	THA	Triple Jump	16.14	<b>1062</b>
9	Suppachai Chimdee	THA	200m	21.05	<b>1060</b>
10	Dao Xuan Cuong	VIE	400mh	51.45	<b>1056</b>
11	Narongdech Janjai	THA	400mh	51.60	<b>1049</b>
12	Andrian	INA	400mh	51.70	<b>1045</b>
13	Duong Van Thai	VIE	800m	1:49.42	<b>1044</b>
13	Benigno Marayag	PHI	Long Jump	7.61	<b>1044</b>
15	Mohd Robani Hassan	MAS	110mh	14.14	<b>1042</b>
15	Junrey Bano	PHI	400mh	51.75	<b>1042</b>
<b>Better Wind-Assisted</b>					
	Franklin Ramses Burumi	INA	100m	10.37	<b>1082</b>
	Gary Yeo Foo Ee	SIN	100m	10.46	<b>1053</b>
	Wachara Sondee	THA	100m	10.47	<b>1050</b>
<b>Best Team Event</b>					
	Indonesia Team		4x100m	39.91	<b>1088</b>
	Singapore Team		4x100m	39.91	<b>1088</b>
	Malaysia Team		4x100m	40.41	<b>1052</b>

### Ranking Lists - Best of the Bests (WOMEN)

1	Marestella Torres	PHI	Long jump	6.71	<b>1141</b>
2	Truong Thanh Hang	VIE	800m	2:02.65	<b>1107</b>
3	Duong Thi Viet Anh	VIE	HJ & Hepta.	1.90	<b>1100</b>
4	Noraseela Mohd Khalid	MAS	400mh	57.41	<b>1099</b>
5	Rini Budiarti	INA	3000m St.	10:00.58	<b>1093</b>
6	Wallapa Punsoongnuen	THA	100mh	13.51	<b>1090</b>
7	Maria Natalia Londa	INA	Long Jump	6.47	<b>1089</b>
8	Laphassaporn Tawoncharoen	THA	200m	23.65	<b>1087</b>
8	Dedeh Erawati	INA	100mh	13.53	<b>1087</b>
10	Nguyen Thi Phuong	VIE	3000m St.	10:04.42	<b>1084</b>
11	Tran Hue Hoa	VIE	Triple Jump	13.76	<b>1071</b>
12	Wanida Boonwan	THA	High Jump	1.87	<b>1070</b>
12	Pham Thi Diem	VIE	High Jump	1.87	<b>1070</b>
14	Serafi Anelies Unani	INA	100m	11.69	<b>1068</b>
14	Nongnuch Sanrat	THA	100m	11.69	<b>1068</b>
16	Vu Thi Huong	VIE	100m	11.73	<b>1061</b>

#### Best Team Event

	Thailand Team		4x100m	44.40	<b>1129</b>
	Indonesia Team		4x100m	45.00	<b>1103</b>
	Vietnam Team		4x100m	45.12	<b>1098</b>

Note to both men and women overall rankings;

- 1) These ranking lists involve no adjustment or modification of points based on wind readings.
- 2) Team results were excluded from the main lists to concentrate the individual performances.
- 3) Only one score per athlete (if he or she competed in more than one event or any race with rounds, only the best mark was counted).

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