

Hebei Xinglong National Athletic Training Base

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General introduction: Hebei Xinglong National Athletic Training Base is co-administrated by General Administration of Sport of China, Hebei Provincial Sport Bureau, Chengde Provincial Sport Bureau and Xinglong local government. Founded in 1981, and approved as “Hebei Xinglong National Athletic Training Base” in 1987, the Base is situated in the center of Xinglong County, Hebei Province, which is the only national athletic training base built in prefectural county. Covering an area of 41,074m² with floor area of 8,300m², it not only serves for national teams, but also for provincial or local teams as well as teams from abroad. There are five departments in the Base, namely General Office, Catering Department, Equipment Department, Finance Department, and Accommodation Department. The General Office is responsible for the overall management of the Base; the Catering Department is responsible for providing catering service for athletes, coaches, and administration or management personnel of the Base; Equipment Department is responsible for the construction, renewal and maintenance of the Base; Finance Department is responsible for financial management; Accommodation Department is responsible for affairs relating to room and board for athletes and coaches. Since the foundation, Hebei Xinglong National Athletic Training Base has received approximate 5,000 athletes on track and field of national level and provincial level, including Xu Yongjiu, Yan Hong, Chen Yueling and Wang Liping in race walk; Hu Gangjun, Liu Wenjun, Wei Yanan, and Sun Yingjie in marathon; Huang Zhihong and Li Meisu in shot-put; Yang Yang, Wang Chunlu and Li Jiajun in short distance speed skating, etc. Hebei Xinglong National Athletic Training Base ever undertook the “Wu Ling Cup” National Race Walk Invitation Competition twice, and one National Chess Masters Lighting Tournament. Chinese race walkers renewed the world record twice here, which make Hebei Xinglong National Athletic Training Base became famous as one of the best choices for athletic teams.

Main facilities and auxiliary services: Other than emphasis on providing training and competition related services for marathon, middle and long distance running, and race walk, 20 more sport events of cycling, shot-push, javelin, short distance speed skating, etc. are also possible here in Hebei Xinglong National Athletic Training Base. There are two training fields: one indoors, covering an area of 1,612m²; and one outdoors, a standard 400m athletic ground. Especially, the hill-round-roads around the training base may as well be used as natural sub-plateau training places for the fitness training of race walk, marathon, middle-and-long distance running, cycling, short distance speed skating etc. The facilities’ average condition rate is 100% with 120 days’ occupation a year on average and 8 hours’ regular training every day. Indoor

facilities here are also complete, comprised with 4,000m² athletes' residential building available for 150 people; athletes' dining hall available for 200 people dining at one time; basketball courts, natatorium, library, audio-visual classroom, recreation room, sauna room, rehabilitation center, park and other assistant facilities and services.

Base surroundings: Being 140km from Beijing and 110km from the Capital International Airport, Xinglong County, where Hebei Xinglong National Athletic Training Base is situated, is the confluence of Beijing, Tianjin, Tangshan and Chengde. National Road 112 (G112, which go around Beijing), Chengtang Expressway, Jingjian Highway, Jincheng Highway are all meet here, with JINGCHENG Railway go through the whole country and over ten passenger trains stopped here every day. It is no more than 2km from the nearest railway station and inter-city bus station. Surrounded by mountain basins and with the elevation of 600-900m above the sea level and yearly average temperature of 22°C, the natural environment are very comfortable here with cool summer and fresh airs. Royal QingDong Mausoleum on the south and Royal Garden and Summer Villa on the north, there are one national natural reserve and two provincial forest gardens in the district. At the present, in Xinglong, there are seven tourist routes, 2 star-rated hotels, 4 foreign star-rated holiday villages and another 2 star-rated holiday villages are under construction. Tourism is becoming the key cause for the development of Xinglong.

Lease services for training and competition: Since the foundation in 1981, Hebei Xinglong National Athletic Training Base has received approximated 5,000 athletes on marathon, middle and long distance running race, race walking, cycling, mountain-climbing, javelin throwing, and short distance speed skating. Among them, the teams of marathon, race walking, javelin throwing, short distance speed skating have had the intensified trainings here continuously for over ten years. In 2003, new-organised National Team on short-track speed skating came here for a 33 days' intensified training and fostered the slogan of "Review the Xinglong history on short distance speed skating, realise the Olympic champion purpose again". Looking forward in the 2008 Beijing Olympic Games, Hebei Xinglong National Athletic Training Base is going on working on improving the basic facility construction, tried to provide all around high-quality services for sports teams from home or abroad.

Venue: Hebei Xinglong National Athletic Training Base

Total land surface (10,000 sq. m): 4.11

Stadiums and Gyms: 2 outdoors, with the hill-round-roads around the training base may as well be used as natural sub-plateau training places; 1 indoors covering an area of 1,612m²

Functions: Track and field

Auxiliary service: Medical care and rehabilitation center, recreation room, sauna room

Logistics service: Accommodation and dining for 150 athletes

Weather conditions: With the elevation of 600-900m above the sea level and yearly average temperature of 22°C; comfortable natural environment with cool summer and fresh airs



400m athletic ground in Hebei Xinglong National Athletic Training Base



Comprehensive building in Hebei Xinglong National Athletic Training Base (for administration, reception, etc.)