

OLD DOMINION UNIVERSITY WRESTLING

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QUICK FACTS

School:.....	Old Dominion
Location:	Norfolk, VA.
Founded:	1930, as the Norfolk Division of the College of William & Mary
Enrollment:	21,500
President:	Dr. Roseann Runte (SUNY New Palz)
Athletic Director:	Dr. Jim Jarrett (SIU-Carbondale)
Colors:	Slate Blue, Sky Blue & Silver
Nickname:	Monarchs
Conference:	Colonial Athletic Association
Home Facility:	Ted Constant Convocation Center

Head Coach:	Steve Martin (Iowa, 1991)
Career Record:	35-19-2 (3 years)
Record at ODU:	35-19-2 (3 years)
Assistant Coaches:	Mike Dixon (Indiana '01)
.....	Jon Sioredas (UT-Chattanooga)
.....	Matt Storniolo (Oklahoma '06)
2006-07 Overall Record:.....	12-7-0
2006-07 Conference Record:.....	5-1-0
CAA Championship Finish:.....	2nd Place
Starters Returning/Lost:	9/1
Letterwinners Returning/Lost:	15/1

SPORTS INFORMATION

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STEVE MARTIN

• FOURTH SEASON • IOWA '91 • NORFOLK, VA



Winning is all that Old Dominion wrestling coach Steve Martin has ever known. From his days as a high school wrestler at Kempsville High School in Virginia Beach, as a three-time Virginia high school state champion, to his days at the University of Iowa where he was an all-American and Midlands Champion, and as the head coach at Great Bridge High School, all Steve Martin has ever known is winning.

In his fourth year at Old Dominion, that winning tradition he has always had has already broken through. He has raised the level of expectation at ODU and already has two second place finishes at the CAA Tournament and has sent eight wrestlers to the NCAA Tournament in three years.

Last season, ODU had three NCAA Qualifiers, including coaching a wrestler mere seconds away from All-American status. The team also boasted its first ever Academic All-American in Ryan Williams (PA), and an alternate on the Junior World team, James Nicholson (IA).

Coach Martin also led Old Dominion in two wins in the first two matches ever held at The Ted Constant Convocation Center. ODU will continue to host wrestling matches at The Ted under the direction of Martin.

It was the second season in a row ODU finished second in the CAATournament and this season, for the first time in his coaching tenure at Old Dominion, the Monarchs will boast a potential NCAA Qualifier in every weight class. All ten weight classes will have either a former NCAA Qualifier, High School All-American or Junior National All-American starting.

For the third straight season ODU won double-digit duals and last season, in one of the toughest schedules in ODU program history, the Monarchs received an RPI ranking 23rd in the nation. Also, the team received votes in the national rankings.

This season, he again recruited one of the top recruiting classes in the nation. His third straight top twenty recruiting class has the Monarch wrestling program in line for success. After back-to-back top eight recruiting classes, Martin's third incoming class was ranked 16th by Intermat.

The foundation for Martin's winning resume was also built on his pedigree.

His father, the legendary Billy Martin, is the father of Virginia wrestling and won 22 state wrestling team titles in 23 years and coached dozens of state champions that went on to win and place at the NCAA championships.

Martin's brother David was a four-time Virginia high school state champion at Granby high school under his father and went on to wrestle at Indiana State.

Billy Martin, Jr. was a three-time NCAA all-American at Oklahoma State, finishing second in 1974. Wayne Martin preceded Steve at Great Bridge after wrestling at Old Dominion, and has now taken over again at Great Bridge now that Steve is the coach at ODU.

The groundwork for a successful wrestling coach was set in motion even before Steve Martin stepped on the mat as a competitor.

As a coach, he saw success only matched by his father, leading Great Bridge to 13 state championships in 14 years. Each of those 13 years, Martin's Wildcats were nationally ranked.

Moving up to the college ranks, Martin still keeps the winning attitude that's built around hard work in the wrestling room, hard work on your own, and hard work in the classroom.

"We had this emphasis in college, where you broke somebody," Steve Martin told the Virginian-Pilot in 2001. "You won by 15 points, or you pinned them, and at the end of the match, they crawled off the mat mentally and physically destroyed and they never wanted to step on the mat again with you."

Martin coached 40 high school state champions, 98 state place-winners, 35 All-Americans (freestyle and folkstyle) and six high school national champions. He also coached NCAA Division I National Champion Carl Perry to three high school state championships at Great Bridge. Perry is currently an assistant at Illinois.

He was awarded the National Wrestling Coaches Association state and regional coach of the year in 1995 and 2000. The Norfolk Sports Club named him the Bob Bates Award winner as the Outstanding Metropolitan Coach of the Year.

On the high school level, Martin has been active in Virginia USA Wrestling, coaching at the Junior Nationals in Fargo, N.D. and has coached with the Wrestling USA Magazine Dream Team Classic and the Dapper Dan Classic in Pennsylvania.

At Old Dominion, Martin will have more of a challenge and he readily accepts it. Making the Monarchs program one of the top programs on the East Coast and in the nation is paramount.

"Virginia high school wrestling is making a name for itself on the national level. While we will be recruiting nationally, it will be goal of our staff to keep these Virginia kids at home in front of their family and friends," Martin said.

Martin's drive is to make Old Dominion a national powerhouse and the foundations are formed right now. The new wrestling room will be operational by 2007 and by then, Monarch wrestlers, under the new coaching regime, will be thriving.

His goal to become a coach was the first step, and with the administration supporting the program, becoming a winning program will be only a matter of time, Martin says.

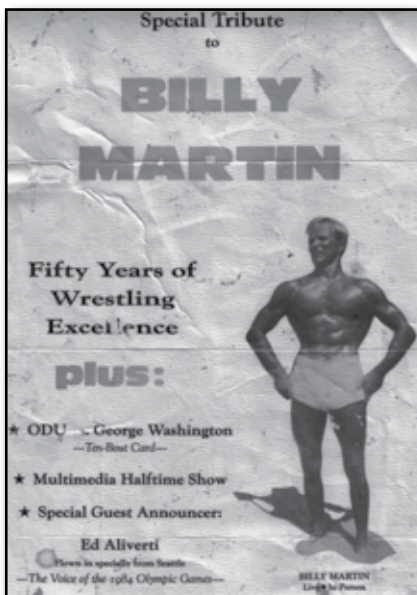
"The school has made a nice commitment to the wrestling program," said Martin in an interview with Ron Good of Amateur Wrestling News in September of 2004.

Martin graduated from the University of Iowa in 1991 and got his master's degree from George Washington University in 1996. Steve and his wife Lori live in Chesapeake, Va. They have four children; Madison (11), Macy (9), McKenna (8) and Max (4).

Martin enjoys the outdoors and spending time with his family. When he is not on the mat, you can find him at the beach or at the Martin's farm on Knott's Island, N.C.



Max (4), Madison (11), Macy (9), McKenna (8).



This 1905 promotional flyer for ODU wrestling honored the career of Billy Martin.

THE DAN GABLE CONNECTION

OLD DOMINION COACH STEVE MARTIN IS THE TENTH DIVISION I COLLEGE COACH THAT WRESTLED UNDER DAN GABLE AT THE UNIVERSITY OF IOWA.

NAME, SCHOOL (Graduation Year)

- Steve Martin, Old Dominion (Iowa '91)
- Tom Brands, Iowa (Iowa '92)
- Jim Zalesky, Oregon State (Iowa '84)
- Lennie Zalesky, UC-Davis (Iowa '83)
- Duane Goldman, Indiana (Iowa '86)
- Tom Ryan, Ohio State (Iowa '92)
- Greg Randall, Boise State (Iowa '87)
- Brad Penrith, Northern Iowa (Iowa '88)
- Tim Cysewski, Northwestern (Iowa '76)
- Kevin Dresser, Virginia Tech (Iowa '86)



Martin coached Former Monarch wrestler Christian Staylor at Great Bridge HS. Staylor was ranked #1 in High School at 119 pounds.



Martin coached 2001 NCAA champion Carl Perry (Illinois) at Great Bridge High School.

WRESTLING AND THE MARTIN MEN

Since 1943, seven coaches by members of the Martin family have won 24 state wrestling titles. Among them, Billy Martin's four sons won 10 individual state titles. His grandson Michael has won three, bringing the family total to 13.

Billy Martin, 83, left, coached Great Bridge High to 21 state titles from 1969-1970. He was the first prep coach inducted to the National Wrestling Hall of Fame, in 1982. He resided in North Island, N.C.

Wesley Martin, 42, above, won a state title at Kempville High in 1976 and coached Great Bridge High to state titles in 1987, 1988, 1989 and 1997. He now serves as the director of athletics for Chesapeake public schools.

David Martin, 48, right, was a four-time state champ at Great Bridge (1989-92). He also won a two-time Missouri Valley Conference champ at Indiana State. He started Martin Vineyards winery in 1995 and also manages the family orchard.

Steve Martin, 25, above, won three state titles at Kempville High (1983-85) and was an All-American at the University of Iowa. He coaches at Great Bridge High, which he has led to nine state championships in 1982-84, 1988-2001.

Michael Martin, 17, right, is the son of David and grandson of Billy. A senior at Great Bridge, he has won three state titles, 2009-2011. He is signed to wrestle at the University of Illinois next year.

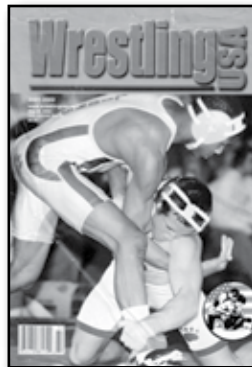
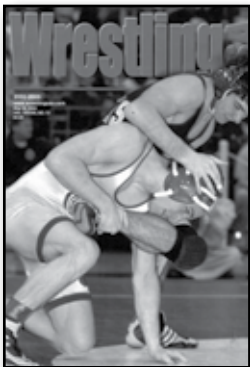
This excerpt from the December 2, 2001, Virginia Pilot shows the deep-rooted Martin family legacy.



Virginia Governor Mark Warner congratulated Martin's 2002 Virginia State High School Championship team.



Martin was part of the 1990 Iowa team that captured the NCAA Championship.



Martin's wrestlers have graced the cover of Wrestling USA Magazine many times. Pictured above (left-right); Dan Frishkorn (Oklahoma State), nephew Michael Martin (Illinois) and current Monarch Hunter Davenport.

MARTIN YEAR-BY-YEAR

AT GREAT BRIDGE HIGH SCHOOL
CHESAPEAKE, VA

VA STATE CHAMPIONS

- 1991-92
- 1992-93
- 1993-94
- 1994-95
- 1995-96
- 1997-98
- 1998-99
- 1999-00
- 2000-01
- 2001-02
- 2002-03
- 2003-04

PUBLIC HIGH SCHOOL NATIONAL CHAMPIONS

- 2002
- 2003

YEAR	NATIONAL RANK
1991-92	5
1992-93	7
1993-94	14
1994-95	26
1995-96	10
1996-97	-
1997-98	3
1998-99	22
1999-00	9
2000-01	18
2001-02	2
2002-03	4
2003-04	8



ASSISTANT COACHES

MIKE DIXON

THIRD SEASON INDIANA '01 INDIANAPOLIS, IN



Mike Dixon enters his third year with the Monarch wrestling program after serving as a volunteer assistant for the 2005-07 campaign.

Last year, Dixon helped coach the Monarchs to a 12-7 record overall, as ODU qualified three wrestlers to the NCAA Tournament. ODU took second at the CAA Tournament for the second consecutive season.

In his first season with the Monarchs, Dixon helped head coach Steve Martin's squad to an 11-7-1 overall mark, having competed against 11 of the nation's top 25 teams. Old Dominion

took second at the CAA Tournament and had four wrestlers qualify for the NCAA Tournament, the most since 1995.

Dixon came to Old Dominion after serving as an assistant coach at James Madison University in Harrisonburg, Virginia. While at JMU he coached two conference place winners and brought in the most credentialed recruiting class since the university dropped scholarships in 2000. Among his recruits included three state titles and three runner-up finishes.

Prior to his stint at JMU, Dixon coached four Academic All-Americans, five national qualifiers, and the most wrestlers in the school's history to finish in the top twelve in the country with three at the University of Indianapolis.

Dixon also spent some time as an assistant coach with Arsenal Technical High School in Indianapolis, Indiana, coaching four individual conference champions, two sectional finalists, and a city champion, the school's first ever freshman to win a city championship.

A 2001 graduate of the Indiana University with a degree in management, Dixon was a four-year varsity letter winner for the Hoosiers. An NCAA qualifier, he was a 2001 University National Freestyle Champion and placed fourth at the Pan American Games.

Dixon will assist in recruiting, putting together work out regimens, and coaching and scheduling practices.



JON SIOREDAS

SECOND SEASON UNIVERSITY OF TENNESSEE - CHATTANOOGA '05



Jon Sioredas joined the Monarch wrestling staff in September of 2006 as a volunteer assistant coach. He has since become a full-time assistant for head coach Steve Martin. He joined the staff after a successful collegiate career at the University of Tennessee-Chattanooga.

While wrestling under NCAA and World Champion Terry Brands, Sioredas earned All-American status by placing 5th at 165 pounds in the 2005 NCAA Division I tournament. This was in addition to being named Outstanding Wrestler and Wrestler of the Year in the Southern Conference, as well as being ranked as high as 2nd in the country.

Prior to joining the Chattanooga squad, Sioredas wrestled for three seasons at the University of Missouri where he was an All Big XII athlete. In 2000, Jon was a VHSL AAA State Champion and All-American under Coach Steve Martin at Great Bridge High School in Chesapeake, VA. He was also an AAU National Champion in 1999.

Sioredas has a Bachelor of Science degree in Sociology and Anthropology from the University of Tennessee at Chattanooga. He is currently pursuing his Master's in Business Administration.

Throughout the year, Jon runs and works numerous wrestling camps and clinics across the country.



MATT STORNIOLO

FIRST SEASON UNIVERSITY OF OKLAHOMA '07



Matt Stornio joins the staff at Old Dominion as a volunteer assistant coach in his first year out of the University of Oklahoma. He enjoyed tremendous success as a wrestler for the Sooners and will bring that experience to the mat for ODU.

Stornio is a two-time All-American for the Sooners as he compiled a 117-22 career record. He wrestled in the 149-lb. weight class for the duration of his career and was a four time conference finalist.

As a freshman, Stornio wrestled at Penn State and was named the Big Ten Freshman of the Year. He placed second in the Big Ten tournament before transferring to OU.

As a sophomore on the Sooner squad, he placed second in the Big 12 tourney and earned his first All-American honor by placing 7th in the NCAA Tournament. He repeated as an All-American in his junior campaign, again finishing as the runner-up in the Big 12 tourney and placing 4th at the national tournament.

He concluded his career with a Big 12 Championship in the 149-lb. weight class and he entered the NCAA Tournament as the No. 2 ranked wrestler in the nation.

Before college, Stornio wrestled to an undefeated senior year at State College Area High School in Pennsylvania en route to a state championship. He was also named a high school All-American.

Stornio graduated from the University of Oklahoma with a Bachelor of Science degree in Human Relations.

2007-08 SEASON OUTLOOK

Steve Martin returns unprecedented depth as ODU shoots for CAATitle and a Top 20 NCAA Finish

For head coach Steve Martin's fourth year at the helm, ODU will strive for excellence with one of the toughest schedules the wrestling Monarchs have ever seen. For the third year in a row, Martin and his coaching staff welcomed a top twenty recruiting class. For the second year in a row, the Monarchs captured second place at the CAA Tournament. And for the first time in Martin's tenure, the team will return eight of ten starters to the lineup. It serves as an immediate head start to the growing program that will be looking for its first CAATitle since 1994.

Last season, ODU had eight regular starters in their first or second year of collegiate wrestling. The youth made a statement in the league with nine starters finishing in the top four at the CAATournament, including three NCAA Qualifiers and three more third place finishers. This year, the Monarch grapplers will look to continue this success with another step toward becoming a national powerhouse.

Preview by weight class:

125: James Nicholson, the alternate on the FILA Jr. World team this past summer, is no stranger to success. He compiled a 23-8 record with seven major decisions and three falls last year as a redshirt. Two years ago, he was the Fargo runner up at Jr. Nationals. Now that he has filled into the weight class, he will make a run to get onto the podium this year as a redshirt freshman. Billy Chamberlain, also a redshirt freshman this year, was ranked as high as 4th in the nation in high school and came to ODU a Pennsylvania state champ and a multiple Jr. National All-American at Fargo. "The competition at 125 for the starting spot will be intense," said Coach Martin. "We expect an All-American this year at this weight."

133: "Kyle Hutter is the obvious hands on favorite at this weight. He is known for his work ethic and after a year in the weight room, he will contend for a CAA title and good showing at the NCAA Tournament," said Martin. Hutter was 24-15 overall last season, and finished with a dominant 8-2 record in CAA competition. He finished 3rd in the conference tournament and he was ranked 2nd overall in the conference throughout the season. He had a career-best victory over 14th ranked Chad Sportelli (Kent State) at the Southern Scuffle and will look to duplicate this success in the new weight class. Hutter will be backed up by newcomer Justin Belanger and Zeke Donahay. Belanger was the Rhode Island Wrestler of the Year as well as a three-time state champion and four-time finalist. His 118-7 career record will give the Monarchs the depth at 133 the team lacked a year ago. Donahay also adds depth, boasting a 115-18 career record in high school. He was also a Florida state finalist.

141: Ryan Williams brings his .711 winning percentage back to the starting role for the Monarchs in his third year. He was ranked in the top 20 during the season, as well as 3rd in the conference and finished 3rd at the CAA Tournament, but has always been capable of making a run deep into the postseason. His 30-9 record included seven major decisions and five pins and was the best record for any Monarch. The 141-lb. weight class is among the deepest for the Monarchs as returners Adam Koballa and Cam Watkins will back up Williams. "141 is a highly competitive weight," said Martin. "You have an NCAA Qualifier in Williams, and two Jr. National All-Americans in Watkins and Koballa. Our starter here will expect to be extremely competitive at the NCAA Tournament in March."

149: Redshirt sophomore Kaylen Baxter took a firm grasp on the slot at 149-lbs a year ago and never let go. Baxter was a two-time Rookie of the Week last season and was at times spectacular, toppling four nationally ranked opponents during the season. "Baxter is capable of beating anyone in the nation as he knocked off three guys in the top ten last year. We expect him to contend for All-American honors this season." The three-time state champion, four-time state finalist in high school will start for the Monarchs in his second year, but Joey Metzler will pressure Baxter for the spot as well. Metzler was a high school state champion and saw experience in several tournaments a year ago. Hometown grappler Buffy Okigbo had a stellar senior season, wrestling to a 40-2 record while finishing 3rd at the Virginia state championships and will fight for time at 149 as well.

157: Chris Brown's move up a weight class makes room for a host of young potential to take this spot. "The 157 lb weight is up for grabs and will be determined by performance in competition," said Martin. Redshirt freshman Dan Rivera will make a push for the slot after wrestling at 149 lbs unattached a year ago. He was a FILA Cadet world team member and finished with a record of 126-42 in high school two years ago. Also battling for the spot at 157 will be rookies Tel Todd and Lester France. Todd, brother of Michigan's nationally ranked Tyrel Todd, comes in a Montana state champion and was ranked as high as 8th in the nation in high school. France coupled an enormous 217 wins with just 13 losses en route to two Michigan state championships. He was an All-American as well as a three-sport athlete in high school and he should be a key contributor for ODU.

165: Nick Pullano, NCAA Qualifier at 165, will bump up to 174 and Chris Brown will start at 165 in 07-08. Brown will not be sneaking up on anyone this season, as he burst into the spotlight a year ago thanks to a terrific start to his career. As a redshirt freshman in the 157-lb. weight class, Brown was nationally ranked and went 35-14 as he led the team in wins and major decisions with 13. The three-time CAA Rookie of the Week will look to improve on those numbers in his new weight class and will strive for a spot on the podium at the NCAA Tournament. "We expect Chris to win the CAA and contend for an NCAA Title and All-American honors this season," Martin stated confidently. Newcomer Derek Peperas will back up Brown, and will push Brown to be impregnable to maintain the starting job. Peperas was a three-time NHSCA All-American and was ranked as high as 10th in the nation in high school. His career 179-7 record includes 128 pins.

174: NCAA Qualifier Nick Pullano will step in at 174-lbs. The only senior on this year's team, Pullano will try to duplicate his 23-15 record with a team-leading seven technical falls in his new weight class. He earned an automatic bid into the NCAA Tournament by finishing second in the CAA Tournament. Backing up the senior are two freshmen, T.C. Pendleton and Sam Hunt. Pendleton was an Alabama state champion in his senior year and a finalist in 2005. He finished his high school career with a 148-12 record. Hunt is a two-time Virginia state placewinner and will add significant depth to one of the Monarchs more pressing needs. Derek Coffey will redshirt this season. "Nick is very determined and lives wrestling 24-7. We expect him to have a great run at the show in March."

184: "Jesse Strawn and Scott Cust will be great training partners. Cust will most likely redshirt and prepare for next year. We expect Jesse to win the CAATitle and peak for the NCAA's," Martin said. Coach Martin and his staff addressed needs at nearly all the upper weights and although Strawn started his career with several big wins, he will be pressed by highly touted recruit Scott Cust at 184. Strawn wrestled to a 28-23 record last year with 11 pins as he finished 3rd at the CAA Tournament. He was 8-3 against conference opponents and was nationally ranked at times during the season. Cust comes in from local powerhouse Great Bridge High School and was ranked as high as 8th during his high school career. He is a two-time state champion and an NHSCA Senior National All-American.

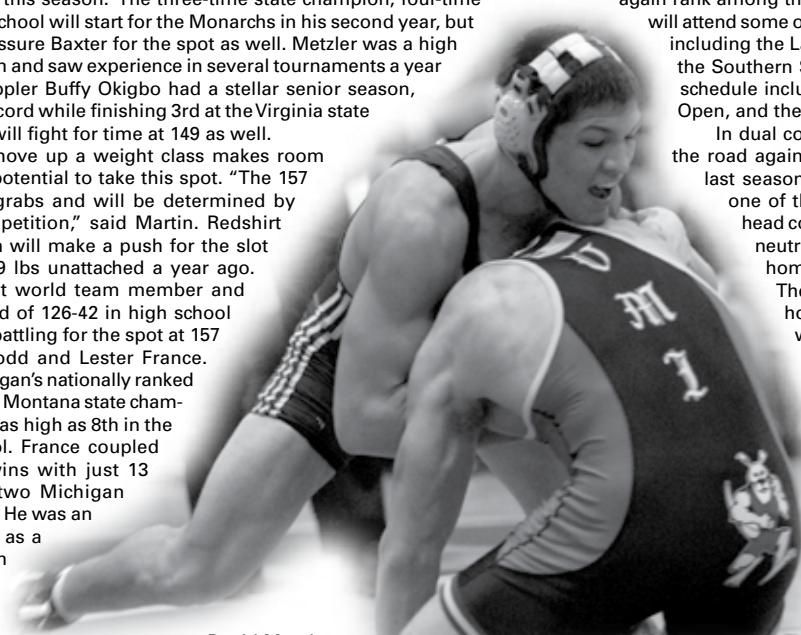
197: Junior NCAA Qualifier David Mendoza has earned his spot at 197 and will not be challenged. The Wyomissing, Pennsylvania native boasts a 47-24 career record, including a 32-12 record at his new weight class last season. He led the team in pins with 12 and was named CAA Wrestler of the Week once during the 06-07 campaign. He also saw his name in the national rankings throughout the season, a feat he's already repeated this season in the preseason polls. "David will see almost everybody in the top twenty this year, allowing him to get a high seed at the NCAA's and place himself on the podium."

HWT: Newcomers Roy Dragon III and Andy Totusek will battle for the starting slot this season. "Dragon and Totusek are both BIG, TALENTED heavyweights. We expect the winner to contend for a CAA Title and be an NCAA Qualifier," said Martin of his newcomers. Dragon wrestled to a 148-12 record in high school with 111 pins. He was a two-time NHSCA All-American and a top seven competitor three times in the New Jersey state championship. Totusek, a three-time Nebraska state placewinner, was the state champion in his senior year. The 6-3, 300 lb. grappler is an NHSCA All-American as he tallied a 132-31 record throughout his career. Both wrestlers will add unprecedented depth to the heavyweight position at ODU.

After one of the toughest schedules in the country last year, ODU will again rank among the hardest in the country in 2007-08. ODU will attend some of the toughest tournaments in the country, including the Las Vegas Invitational, Missouri Open, and the Southern Scuffle. Other tournaments on this year's schedule include the Michigan State Open, Penn State Open, and the Virginia Intercollegiate.

In dual competition, ODU will open the season on the road against a team that was ranked nationally all last season, Michigan State. They will then wrestle one of the most storied wrestling programs and head coach Steve Martin's alma mater, Iowa, on a neutral mat in Cleveland, Ohio. The team comes home for its first home dual of the season in The Ted against Delaware State. They will also host Bucknell and Rider this season. ODU will also wrestle at the Virginia Duals in Hampton, Virginia in January. Rounding out the 2007-08 schedule are George Mason, American, and Virginia Tech in the final three weeks of the season. The CAA Tournament will be held at Hofstra University this season March 7-8.

The Monarchs expect to continue their progression toward becoming a national contender this season and will use this tough schedule as a springboard into the national rankings.



David Mendoza



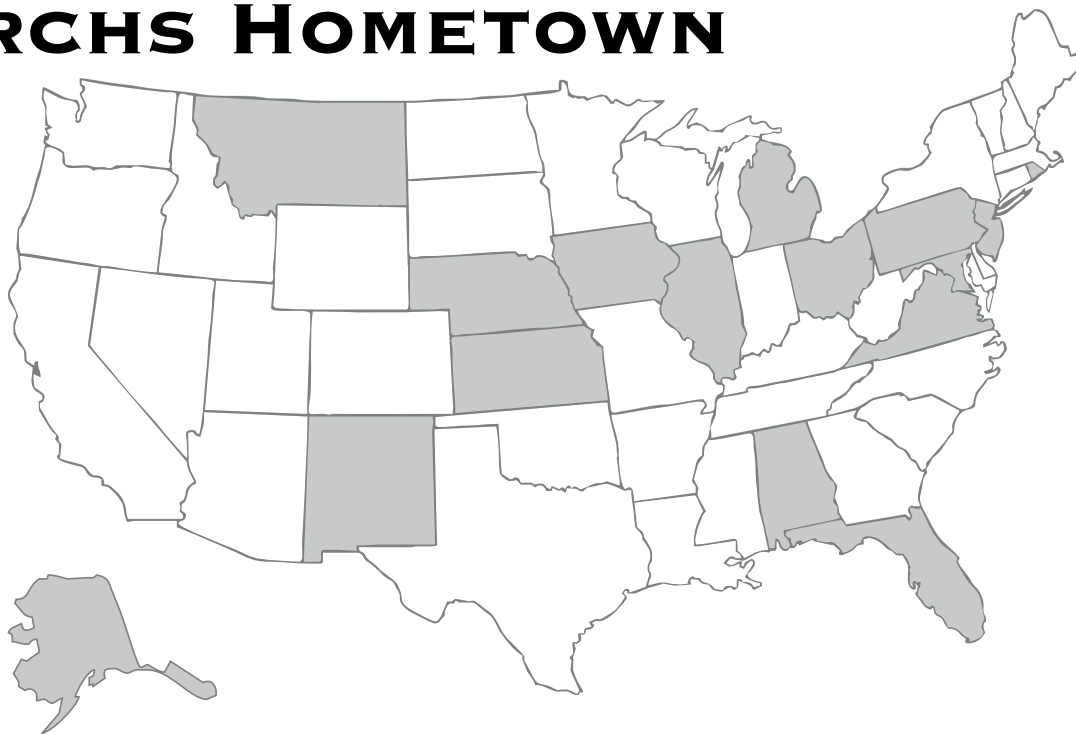
2007-08 MONARCH ROSTER

Name	Wt	Ht	Year	Hometown	High School
Kaylen Baxter	149	5-8.5	RS So.	Fairbanks, AK	West Valley
Justin Belanger	133	5-5	Fr.	Greenwich, RI	Exeter-West Greenwich HS
Chris Brown	165	5-11	RS So.	Chesapeake, VA	Great Bridge
Billy Chamberlain	125	5-4	RS Fr.	Shippensburg, PA	Cumberland Valley
Derek Coffey	184	5-10.5	So.	Lewisburg, PA	Lewisburg
Scott Cust	184	5-11	Fr.	Chesapeake, VA	Great Bridge HS
Zeke Donahay	141	5-5	Fr.	Lakeland, FL	Lake Gibson HS
Roy Dragon III	HWT	6-2	Fr.	Bridgewater, NJ	Bridgewater-Raritan HS
Lester France	157	5-8	Fr.	Flat Rock, MI	Flat Rock HS
Sam Hunt	174	6-4	Fr.	Stafford, VA	Brooke Point HS
Kyle Hutter	133	5-7	So.	Mokena, IL	Providence Catholic
Adam Koballa	141	5-5	So.	Twinsburg, OH	St. Peter Chanel
David Mendoza	197	6-0	JR	Wyomissing, PA	Wyomissing
Joey Metzler	149	5-10	RS Fr.	Dayton, VA	Turner Ashby
James Nicholson	130	5-7	RS Fr.	Des Moines, IA	Theodore Roosevelt
Buffy Okigbo	157	5-7	Fr.	Virginia Beach, VA	Landstown HS
T.C. Pendleton	174	5-11	Fr.	Hoover, AL	Hoover HS
Derek Peperas	165	5-7	Fr.	Santa Fe, NM	Santa Fe HS
Nick Pullano	174	5-9	RS Sr.	Chesapeake, VA	Great Bridge
Dan Rivera	157	5-7	RS Fr.	Winter Springs, FL	Winter Springs
Jesse Strawn	184	6-1	So.	Holton, KS	Holton
Tel Todd	157	5-11	Fr.	Bozeman, MT	Bozeman HS
Andy Totusek	HWT	6-2	Fr.	Omaha, NE	Daniel J. Gross Catholic HS
Cam Watkins	141	5-7	RS So.	Rockville, MD	Magruder
Ryan Williams	141	5-9	Jr.	Mechanicsburg, PA	Cumberland Valley

Head Coach: Steve Martin (Iowa '91)
Assistant Coaches: Mike Dixon (Indiana University '01)
 Jon Sioredas (Tennessee - Chattanooga '05)
 Matt Storniolo (University of Oklahoma '07)

MONARCHS HOMETOWN

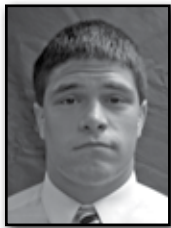
State	No.
Alabama	1
Alaska	1
Florida	2
Illinois	1
Iowa	1
Kansas	1
Maryland	1
Michigan	1
Montana	1
Nebraska	1
New Jersey	1
New Mexico	1
Ohio	1
Pennsylvania	4
Rhode Island	1
Virginia	6



ODU ALL-AMERICANS

CARL RAGLAND '66 & '69 • DAVID LINDJHEM '67 • LOU CURRA '68, '69 & '70 • DAVID TODD '68 • WAYNE BRIGHT '69 & '70
 TERRY PERDEW '74 • RAY POND '74 • MIKE MCCARTHY '75 & '76 • BUDDY LEE '80 & '82 • ROGER RANDALL '81
 BEN WARD '84 • PETER HORST '91 • NICK GARONE '91 • JODY STAYLOR '94 • NICK HALL '95

MEET THE MONARCHS



Nick Pullano

(23-15)

174

Redshirt Senior

Chesapeake, VA

Great Bridge HS

Career: 2006-07: Qualified for the NCAA Tournament by finishing second at the CAA Tournament...Strung together a 14-bout winning streak during the season...One of just two veterans in the starting lineup, he led the team in technical falls with seven...Topped George Mason's nationally ranked 165-pounder twice in the season...Named CAA Wrestler of the Week once...Won weight class at Virginia Intercollegiates...

2005-06: Improved on his rookie season record, going 22-21...Placed 3rd at the Mat Town USA Tournament at 157 pounds...Earned five major decisions, two technical falls, and one pin.

2004-05: Won the ODU Invitational at 157 pounds and earned a notable victory over VMI's Chris Hardy in the dual meet...Earned two falls, the quickest coming in 44 seconds...Also earned 2 major decisions and 5 technical falls.

Prep: Placed 7th at the High School National Championships for Great Bridge High School...Virginia State Freestyle Champion and the state runner-up as a senior finishing with a 43-8 mark...Placed 4th in the AAA Virginia High School League State Tournament as a junior achieving a 34-11 record...Finished with a 93-30 career record at Great Bridge.

Off the Mat: Born Dominic John Pullano November 14, 1984...Son of Michael and Michelle Pullano...Has one sister, Cara (21)...Nickname: "Chipper"...Dreams of vacationing in Italy...Favorite movie is "The Godfather"...Favorite book is "The Bible"...Majoring in Psychology.



Nick Pullano



Ryan Williams

(30-9)

141

Junior

Mechanicsburg, PA

Cumberland Valley HS

Career: 2006-07: Led the Monarchs in winning percentage during his sophomore season with a 30-9 record with seven major decisions and five pins...Was only defeated by decision all season...Finished 3rd at the CAA Tournament...Wrestled to 2nd place finishes at the Virginia Intercollegiates and Mat Town USA tournaments; finished 3rd at the Michigan State Open and 4th at the Cornell Body Bar...Was 14-4 in dual competition...30 victories tied for third on the team...2007 1st Team Academic All-American...Ranked Nationally during the season.

2005-06: Won the starting position at 133 mid-way through the season and qualified for the NCAA Tournament...Grappled to 2nd place in the Colonial Athletic Association Tournament and 7th at Mat Town USA...29-15 in rookie campaign including three major decisions and a team leading 10 pins...29 victories good for second on the team.

Prep: Wrestled all four years to a 103-20 record...High School state placewinner...Two-time sectional champion...Placed 5th at the Beast of the East.

Off the Mat: Born August 12, 1986...Son of Ralph and Beth Williams...Has one brother, Jon (23), and one sister, Kristen (19)...Worked at wrestling camps over the summer...Goes by the nickname "Willie"...Hobbies include golf and going to the beach...Favorite movie is "Superbad"...Majoring in Business Marketing.



David Mendoza

(32-12)

197

Junior

Wyomissing, PA

Wyomissing HS

Career: 2006-07: Qualified for the NCAA Tournament by finishing second at the CAA Tournament... Led team in pins with 12...Second on the team in wins with 32...Recorded 32-12 record and was named CAA Wrestler of the Week once...Won the 197-lb. weight class at the Virginia Intercollegiates and Mat Town USA...Placed fifth at the Southern Scuffle and sixth at the Michigan State Open...Was 13-6 in duals and 7-2 against CAA opponents...Ranked Nationally during the season.

2005-06: Named to the Colonial Athletic Association's All-Freshman Team...Named Amateur Wrestling News Freshman All-American...Posted a winning record his freshman series in the 184 weight class...Recorded two pins and one major decision and was 11-5 in Dual Competition.

Prep: Mendoza was a two-time state placewinner at Wyomissing High School, finishing third at 189 pounds as a senior...Placed 7th at the Beast of the East in 2004...Three times named to the All-County Team...Also was a district qualifier in javelin, played baseball and was captain of and 2003 defensive lineman of the year the football team at Wyomissing...Finished high school career with a 117-34 record.

Off the Mat: Born January 13, 1987...Son of Manuel Mendoza and Elizabeth and Alan Anderson...Has one sister, Lane'e (22) and three brothers Mike (19), Mike Anderson (20) and Bryce Anderson (7)...Nickname: "Dosa"...Worked as a vendor for the Reading Phillies minor league baseball team...Favorite book is "The Da Vinci Code"...Majoring in Elementary Education.



Chris Brown

(35-14)

165

Redshirt Sophomore

Chesapeake, VA

Great Bridge HS

Career: 2006-07: Led team in wins with 35 and in major decisions with 13...Was named CAA Rookie of the Week three times in the season...Ranked nationally during the season...Placed in five tournaments including a career best 2nd place finish at the Michigan State Open...Also finished 3rd at the Virginia Intercollegiates and Mat Town Open while taking 4th in the Cornell Body Bar and CAA Tournament...Was 14-5 in dual competition and finished the season with 5 falls...Defeated three NCAA Qualifiers and was named Amateur Wrestling News All-American.

2005-06: Red-shirt freshman year

Prep: Brown returns to wrestle for Steve Martin after wrestling under him for two years at Great Bridge High School...One of three wrestlers in 2004-05 to win both the prestigious Beast of the East and Ironman tournaments...Was a two-time Virginia AAA state champion and a four-time state placewinner...Went 50-2 his senior year and 176-18 overall...Senior National All-American...Was a USA Wrestling Cadet Freestyle All-American in 2003 and a FILA Cadet National Champion in 2004...Ranked 8th by Wrestling USA Magazine and 6th by InterMat.

Off the Mat: Born January 19, 1987...Son of Linda Barrett...Favorite movie is "Lucky Number Slevin"...Lists Linda Barrett as the most impressive person he's ever met...Goal in life: National Championship...Majoring in Psychology.



MEET THE MONARCHS



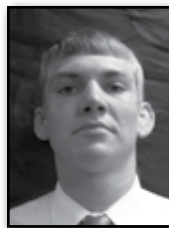
Kaylen Baxter
(30-21) **149**
Redshirt Sophomore
Fairbanks, Alaska West Valley HS

Career: 2006-07 Led the team in decisions with 20...Won Virginia Intercollegiate, 4th at the CAA Tournament and at the Mat Town Open, and 5th at Penn State Open...Knocked off four nationally ranked opponents during the season...Named CAA Rookie of the Week twice...Defeated six NCAA Qualifiers during the season.

2005-06: Red-shirt freshman year...FILA Junior National All-American.

Prep: Three-time high school state champion and four-time high school state finalist at West Valley High School...2005 Junior National Freestyle All-American...Went 137-7 in his career and finished his senior season ranked 12th by InterMat and 22nd by Wrestling USA Magazine.

Off the Mat: Born May 29, 1987...Son of Ron and Tammy Baxter...Has one brother, Dustin (18), and one sister, Amber (13)...Nickname: "Alaskan Assassin"...Was a 2006 FILA Junior All-American and 2005 Junior National All-American...Favorite book is "Catcher in the Rye"...Favorite movie is "The Departed"...Has set a goal in life to become a National Champion...Majoring in Sports Management.



Kyle Hutter
(31-17) **133**
Sophomore
Mokena, IL Providence Catholic HS

Career: 2006-07: Started all but one dual as a freshman at the 125-lb. weight class...Went 8-2 against CAA opponents in duals...Placed 3rd at the CAA Tournament and the Virginia Intercollegiate...Placed 4th at the Mat Town USA Tournament...Defeated 14th ranked Chad Sportelli (Kent St.)

Prep: 2005 and 2006 Junior National All-American and FILA Cadet All-American...Three-time placewinner...First team honors all 8 semesters...Member of National Honor Society.

Off the Mat: Born July 9, 1988...Son of David and Kristine Hutter...Has one sister, Brittany (17)...Worked as a wrestling camp counselor during the summer...Favorite sports personality is Michael Jordan...Person in history most like to meet is Abraham Lincoln...Favorite movie is "Rudy"...Hobbies include golf, television, and talking with friends...Majoring in Mathematics.



Cam Watkins
(19-10) **141**
Redshirt Sophomore
Rockville, MD Magruder HS

Career: 2006-07: Wrestled to a 15-9 record including four major decisions...Wrestled 1-0 in dual competition...Placed third at the Mat Town USA tournament and fourth at the Virginia Intercollegiate.

2005-06: Red-shirt freshman year.

Prep: Four-time state finalist and two-time state champion...Comes to Old Dominion after a summer which saw him double as a medallist at the 2005 Junior National Championships in Fargo, ND...Three-time National Preps placewinner, finishing second in 2003...Ranked 18th in the nation overall by InterMat and 20th by Wrestling USA Magazine...Finished with a record of 193-17 at Magruder, McDonogh and DeMatha High Schools.

Off the Mat: Born April 24, 1986...Son of Charlie and Gloria Watkins...Has two sisters, Mitzi (36) and Mindy (32)...Worked wrestling camps in the summer...Enjoys going to the beach in his free time...Person in history most like to meet is John Candy...Has set a life goal to win a National Championship...Majoring in Sports Management with a Minor in Marketing.



Adam Koballa
(14-8) **141**
Sophomore
Twinsburg, OH St. Peter Chanel

Career: 2006-07: Tallied a 14-8 record before suffering an injury at the Southern Scuffle Tournament...Finished 3rd at 133 lbs at the Cornell Body Bar, 5th at the Mat Town USA Tournament, and 8th at the Michigan State Open...Had four major decisions and three pins.

Prep: Four-year letter winner under Head Coach Graham Coghill...Two-time state champion, three time placewinner...2006 Junior National runner-up...Named team captain of the St. Peter Chanel squad ranked in the nation's Top 15...USA Wrestling All-American Honorable Mention...NHSCA Junior All-American...Finished high school with a career record of 146-27.

Off the Mat: Born November 15, 1987...Son of Dennis and Andrea Koballa...Has one brother, Kyle (15), and two sisters, Julie (12) and Katie (9)...Hobbies include drawing and design, music, fishing and concerts...Dreams of vacationing in Italy...Most impressive person met is Anthony Ralph...Favorite movie is "300" or "The Italian Job"...Favorite book is "The Bible"...Undecided in major.



Derek Coffey
(13-28) **184**
Sophomore
Lewisburg, PA Lewisburg HS

Career: 2006-07: Started in all 19 duals for the Monarchs as a freshman...Tallied four major decisions and three pins in rookie season...Grappled to 4th Place at the Virginia Intercollegiate...

Prep: Played football for three years and wrestled all four years...Advanced to the sectionals 3 times...Placed 4th at the Pennsylvania State Tournament...Tallied 114 victories at Lewisburg High School.

Off the Mat: Born July 18, 1988...Son of Robert and Carol Coffey...Has one sister, Lauren (16), and one brother, Ryan (11)...Favorite sports personality is Joe Paterno...Person in history most like to meet is George Washington...Hobbies include fishing and other outdoor activities...Favorite movie is "300"...Favorite book is "The Old Man & The Sea"...Majoring in Business.



Jesse Strawn
(28-23) **184**
Sophomore
Holton, KS Holton HS

Career: 2006-07: Wrestled to a 28-23 record his freshman year...Took 2nd place at the VA Intercollegiate, 4th at the Southern Scuffle, 5th at Mat Town USA, 6th at the Cornell Body Bar, and 8th at the Michigan State Open...Also placed 3rd at the CAA Tournament...Went 8-3 against CAA opponents...Participated in the FILA Junior World Trials...2007 FILA Junior National All-American (4th Place)...Pinned two NCAA Qualifiers...Ranked Nationally during the season.

Prep: Four-sport athlete at Holton High School: football, baseball, track and wrestling...All-State linebacker honorable mention...NHSCA Senior National All-American...Brute Adidas All-American...Two-time state champion, four-time state finalist...Finished high school with a record of 113-4 with 90 pins.

Off the Mat: Born October 7, 1987...Son of John and Cindy Strawn...Has two sisters, Hannah (22) and Melissa (21)...Dreams of vacationing in Ireland...Person in history most like to meet is Dr. D.D. Palmer, founder of chiropractics...Favorite movie is "300"...Favorite book is "Old Yeller"...Majoring in Biology.

MEET THE MONARCHS



Billy Chamberlain

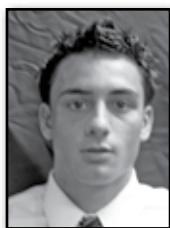
125

Redshirt Freshman
Shippensburg, PA Cumberland Valley HS

Career: 2006-07: Redshirt...2007 University National All-American.

Prep: Three-year wrestler under Head Coach Dave Heckard...Also played soccer for three years... Pennsylvania AAA state champion wrestler...Ranked 4th in the nation by WIN, 22nd by Wrestling USA and 14th in InterMat...Represented Pennsylvania in the Dapper Dan Wrestling Classic...USA Wrestling Honorable Mention All-American.

Off the Mat: Born June 11, 1988...Son of William and Jeannette Chamberlain...Favorite sports personality is Hines Ward...Person most like to meet is John F. Kennedy...Favorite movie is "Cool Runnings"...Goal in life is to become a politician...Dream vacation is backpacking in Europe...Majoring in Political Science and Communications.



Justin Belanger

133

Freshman
Greenwich, RI Exeter-West Greenwich HS

Career: Prep: Three-time state champion and four-time finalist...Named Rhode Island Wrestler of the Year...Tallied a career 118-7 record...Also an All-State running back on the football team...Honor Roll Student.

Off the Mat: Born March 3, 1989...Son of Craig and Gail Belanger...Has one brother, Craig (25), and one sister, Crystal (27)...Has the nickname "Judd"...Enjoys surfing during the summer...Favorite sports personality is Tiki Barber...Person in history most like to meet is Walter Payton...Most impressive person met is Cael Sanderson...Dreams of vacationing in the Hawaiian Islands...Favorite book is "Friday Night Lights"...Has set a life goal to become an NCAA All-American...Majoring in Exercise Science.



Joey Metzler

149

Redshirt Freshman
Dayton, VA Turner Ashby HS

Career: 2006-07: Tallied a 3-9 record during his freshman year...Wrestled nationally ranked Mike Grimes (NIU) in his only dual appearance.

Prep: Linebacker and running back of the 2005 Division 3-AA State Champion Turner Ashby High School football team...Wrestled all four years to a record of 138-20...High school state champion and three-time finalist...Four-time state placewinner...Three-time Freestyle/Greco state runner-up.

Off the Mat: Born December 31, 1987...Son of Dan Metzler...Has one brother, David (23), and two sisters, Genita (21) and Clara (17)...Dreams of vacationing in the Bahamas...Hobbies including fishing and camping...Most impressive person met is his father and grandfather...Favorite movie is "Superbad"...Favorite book is "The Bible"...Undecided in major.



Scott Cust

184

Freshman
Chesapeake, VA Great Bridge HS

Career: Prep: Tallied a 158-40 career record...An NHSCA senior national All-American and was ranked as high as 8th in the nation at 189 lbs...Two-time Virginia AAA state champion as well as a repeat place winner at the respected Beast of the East and Ironman tournaments...Also a freestyle state champion.

Off the Mat: Born May 30, 1988...Son of Scott Cust and Vera Bodkins...Has one brother, 17, and one sister, 3...Dreams of vacationing in Sydney, Australia...Person in history most like to meet is George Washington...Enjoys surfing in his free time...Most impressive person ever met is his pastor...Favorite movie is "300"...Has set a life goal to become a world famous chef...Majoring in Business Management.



James Nicholson

125

Redshirt Freshman
Des Moines, IA Theodore Roosevelt HS

Career: 2006-07: Redshirt...2007 FILA Junior All-American...2007 Junior World Team Trials runner-up...Alternate on 2007 FILA Junior World Team...Compiled 23-8 record as unattached wrestler...Topped NCAA Qualifier Matt Fisk en route to 4th place finish at Penn State Open...Won UNC Pembroke Tournament and finished second at East Stroudsburg and third at the West Virginia Open.

Prep: 2006 High School state champion, recording an undefeated senior campaign of 42-0...2006 Junior National finalist...2005 AAA state placewinner...Roosevelt High School Man of the Year...2004 Greco All-American...Ranked 9th by WIN and Wrestling USA...2006 USA Wrestling Jr. All-American...Wrestling USA All-American Honorable Mention...Total high school record of 132-24.

Off the Mat: Born October 22, 1987...Son of Ramon and Virginia Nicholson...Has three brothers, Jason (24), John (16), and Joseph (8), and four sisters, Joy (23), Julia (22), Janell (18) and Jessica (16)...Favorite sports personality is Emmitt Smith...Person in history most like to meet is Abraham Lincoln...Favorite movie is "Gladiator"...Favorite book is "The Old Man & The Sea"...Has set a life goal to become a national champion...Majoring in Business Management.



Zeke Donahay

133

Freshman
Lakeland, FL Lake Gibson HS

Career: Prep: Tallied a record of 115-18 as a four-year letterman...State finalist...Honor roll student.

Off the Mat: Born Ryan Hoyt Donahay on February 23, 1989...Son of Bob and Debbie Donahay...Has one brother, Robby (22), and one sister Courtney (20)...Goes by the nickname "Zeke"...Favorite sports personality is Joe Rogan...Dreams of vacationing on a cruise in the Caribbean...Person in history most like to meet is Vince Lombardi...Most impressive person met is Jason Giambi...Favorite movie is "Braveheart"...Has set a life goal to become an NCAA Champion...Majoring in Criminology.



Dan Rivera

157

Redshirt Freshman
Winter Springs, FL Winter Springs HS

Career: 2006-07: Went 1-2 in limited action his freshman year...Was 9-10 overall including unattached results with two major decisions and one pin...Prep: Played three years of high school football and wrestled all four years for a record of 126-42...Florida State runner-up...2005 FILA Cadet All-American and FILA Cadet World Team Member...Placed 4th, 5th, and 6th at Florida State Tournament...Four-time Academic All-Conference.

Off the Mat: Born July 7, 1988...Son of Hector and Barbara Rivera...Has one brother, David (12)...Lists the most impressive person ever met as his mother...Favorite movie is "Talladega Nights"...Majoring in Chemistry.



Roy Dragon III

285

Freshman
Bridgewater, NJ Bridgewater-Raritan HS

Career: Prep: Tallied a career 148-15 record with 107 pins...A top seven competitor in the New Jersey state championship three times including two third place finishes...Honor Roll student...Two-time NHSCA All-American...Also a three-time All-Conference football player...Two-time All-Area and two-time All-County football player.

Off the Mat: Born September 14, 1988...Son of Tamara and Roy Dragon Jr...Has two sisters, Alyssa (17) and Carlee (15)...Favorite sports personality is Derek Jeter...Favorite movie is "Gladiator"...Favorite book is "Angels and Demons"...Has set a life goal to coach high school wrestling...Undecided in major.



MEET THE MONARCHS



Lester France

149

Freshman
Flat Rock, MI Flat Rock HS

Career: Prep: Tallied an incredible 217 wins at the high school level coupled with just 13 losses...Two-time Michigan state champion and a three-time finalist...NHSCA Senior National All-American while also lettering in football and track.

Off the Mat: Born August 4th, 1989...Son of Lester and Nicole France...Has one brother, Leeland (newborn), and two sisters, Jessika (20) and Hannah (4)...Favorite sports personality is Roger Huerta...Most impressive person met is Steve Frasier...Has set a life goal to become an NCAA All-American...Undecided in major.



Derek Peperas

157

Freshman
Santa Fe, NM Santa Fe HS

Career: Prep: Tallied a career record of 179-7 with 128 pins...Two-time New Mexico state champion and a five-time state finalist including the runner-up in Oklahoma his senior year...State finalist as an 8th grader in 2003...Three-time NHSCA All-American has been ranked as high as 10th in the nation by USA Wrestling Magazine.

Off the Mat: Born September 16, 1988...Son of Anthony and Pamela Peperas...Has two brothers, Anthony (20) and Isaac (10), and one sister, Kimberly (16)...Favorite sports personality is Peyton Manning...Dreams of vacationing in the Hawaiian Islands...Person in history most like to meet is Thomas Jefferson...Favorite movie is "Miracle"...Has set life goals to become a national champion and to become a successful Doctor...Majoring in Biology.



Sam Hunt

174

Freshman
Stafford, VA Brooke Point HS

Career: Prep: Tallied a career record of 131-49...Two-time All-State and two-time state placewinner...Named to the Washington Post's All-Metro team.

Off the Mat: Born November 29, 1988...Son of David and Tammy Hunt...Has one brother, Jake (21)...Dreams of vacationing in Cancun, Mexico...Plays the guitar...Favorite book is "A Clockwork Orange"...Has set a life goal to become an NCAA champion...Undecided in major.



Tel Todd

157

Freshman
Bozeman, MT Bozeman HS

Career: Prep: Four-time Academic All-State...Three-time Montana state place winner and one time champion in 2006...Two-time Brute Adidas All-American and a four-time Montana freestyle state champion...Ranked as high as 8th in the nation by Amateur Wrestling News...Brother of nationally ranked All-American Michigan wrestler Tyrel Todd.

Off the Mat: Born August 24, 1988...Son of Jeff and Kim Todd...Has two siblings, Tyrel (22) and Tay (20)...Dreams of vacationing in Ireland...Person in history most like to meet is George Washington...Favorite movie is "300"...Favorite book is "Black" by Ted Decker...Has set a life goal to have a profession in the medical field...Both his father (Montana State) and brother (Michigan) wrestled in NCAA...Undecided in major.



Buffy Okigbo

149

Freshman
Virginia Beach, VA Landstown HS

Career: Prep: Wrestled to a 40-2 record in his senior season...Placed 3rd at the AAA Virginia State Championships...Named to the Beach District All-Academic Team.

Off the Mat: Born Nwabufo Okigbo on May 4, 1989...Son of Wendy Nyamweya...Goes by the nickname "Buffy"...Favorite sports personality is Emmitt Smith...Dreams of vacationing in Brazil...Person in history most like to meet is Beethoven...Favorite movie is "Casino"...Musical instrument he'd like to play is the trumpet...Majoring in History.



Andy Totusek

285

Freshman
Omaha, NE Daniel J. Gross Catholic HS

Career: Prep: Three-time state placewinner for as well as the Nebraska state champion his senior year...Tallied a record of 132-31...NHSCA All-American...Also an All-Conference guard on the football team.

Off the Mat: Born Andrew Lee Totusek on March 4, 1989...Son of Jay and Janice Totusek...Has one brother, Steven (22), and one sister, Jenny (15)...Goes by the nickname "Toto"...Favorite sports personality is Tiger Woods...Dreams of vacationing in Alberta, Canada...Person in history most like to meet is Jackie Robinson...Most impressive person met is Tim Grounds...Majoring in Biology.



T.C. Pendleton

165

Freshman
Hoover, AL Hoover HS

Career: Prep: Finished his high school career with a record of 148-12 highlighted by an Alabama state championship his senior year...State runner-up in 2005...Also an Eagle Scout.

Off the Mat: Born Thomas Carl Pendleton, Jr. on August 11, 1988...Son of Wanda and Thomas Pendleton...Goes by nicknames "T.C." or "City"...Person in history most like to meet is Malcolm X...Most impressive person ever met is his father...Favorite movie is "Ali"...If he could play a musical instrument it would be the guitar...Majoring in Business.



Jeffery Smith

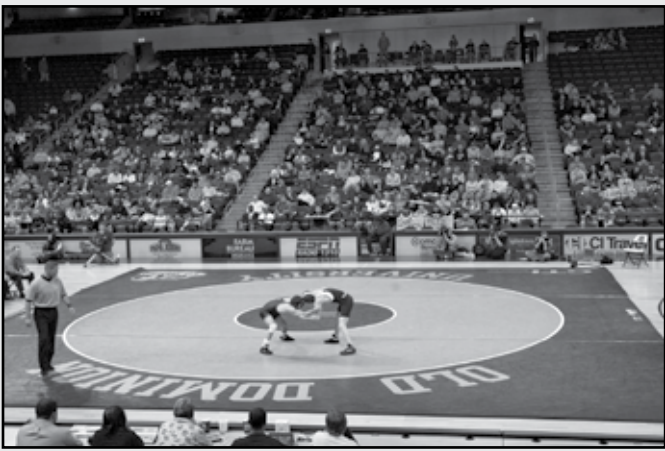
Trainer

Catawba '06

Jeffery is in his second year in the Old Dominion University athletic training program. He will be the wrestling trainer and assisting with baseball this year. He is working within the athletic training program with an expected graduation date of May 2008. Born May 10, 1984, Jeffery is the son of Jeffrey and Lisa Smith of Newman, Georgia.

MONARCH REACHOUT

Continuing the Old Dominion University Athletic Department tradition of reaching out into the community, the Monarch wrestling team recently held a clinic for area youth. After the clinic, a pee-wee match, pictured below, was held during the intermission of a dual.



The Ted Constant Convocation Center, an 8,600 seat facility is the home for the Old Dominion University basketball and occasional wrestling matches. The centers seating, including a super box with min suite for entertaining 40 to 50 guests and club level priority seating. In addition, there are sixteen suites with 12 seats each, a group box on the private concourse level and 85 barrier free seats with 85 companion seats in the facility. The Center is flexible and also has a state-of-the-art audio and video technology that includes a jumbo four-sided video scoreboard, four LED message boards, a video wall in the lobby and 46 close-circuit television monitors throughout the arena. This season ODU Wrestling will have three home matches in the Ted.
 Groundbreaking: June 19, 1999
 Arena Opened: Oct. 25, 2002



Chris Brown - AWN Freshman All-American



Jesse Strawn - FILA Junior National All-American



2007-08 OPPONENTS

MICHIGAN STATE



"Spartans"
Location: East Lansing, Michigan
Conference: Big Ten
President: Dr. Lou Anna K. Simon
Athletic Director: Ron Mason
Colors: Green & White
Head Coach: Tom Minkel
2006-07 Record: 3-11
Website: msuspartans.cstv.com
Dual Date: 11/9/07

AMERICAN



"Eagles"
Location: Washington, D.C.
Conference: EIWA
President: Dr. Neil Kerwin
Athletic Director:
Colors: AU Red, White and Blue
Head Coach: Mark Cody
2006-07 Record: 9-10
Website: aueagles.cstv.com
Dual Date: 2/3/08

IOWA



"Hawkeyes"
Location: Iowa City, Iowa
Conference: Big Ten
President: Sally Mason
Athletic Director: Gary Barta
Colors: Black & Gold
Head Coach: Tom Brands
2006-07 Record: 14-5
Website: hawkeyesports.cstv.com
Dual Date: 11/24/07

RIDER



"Broncs"
Location: Lawrenceville, New Jersey
Conference: CAA
President: Dr. Mordechai Rozanski
Athletic Director: Don Harnum
Colors: Cranberry, White & Gray
Head Coach: Gary Taylor
2006-07 Record: 11-8
Website: www.gobroncs.com
Dual Date: 2/10/08

DELAWARE STATE



"Hornets"
Location: Dover, Delaware
Conference: Mid-Eastern
Athletic Conference
President: Dr. Allen L. Sessoms
Athletic Director: Rick Costello
Colors: Columbia Blue & Red
Head Coach: Reggie Wright
2006-07 Record:
Website: www.dshornets.com
Dual Date: 1/8/08

VIRGINIA TECH



"Hokies"
Location: Blacksburg, Virginia
Conference: ACC
President: Dr. Charles Steger
Athletic Director: Jim Weaver
Colors: Chicago Maroon & Burnt
Orange
Head Coach: Kevin Dresser
2006-07 Record: 6-12
Website: www.hokiesports.com
Dual Date: 2-24-08

BUCKNELL

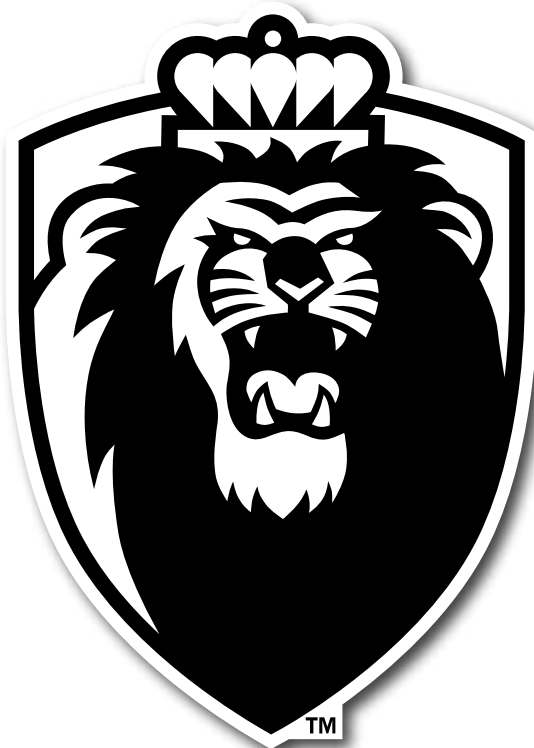


"Bison"
Location: Lewisburg, Pennsylvania
Conference: EIWA
President: Brian C. Mitchell
Athletic Director: John P. Hardt
Colors: Orange & Blue
Head Coach: Dan Wirnsberger
2006-07 Record: 12-9-1
Website: bucknellbison.cstv.com
Dual Date: 1/27/08

GEORGE MASON



"Patriots"
Location: Fairfax, Virginia
Conference: CAA
President: Dr. Alan G. Merten
Athletic Director: Thomas J. O'Connor
Colors: Green & Gold
Head Coach: Mark Weader
2006-07 Record: 9-10
Website: www.gomason.com
Dual Date: 2/3/08



CAA DUALS

1/18/08 - 1/19/08

HOFSTRA



"Pride"
Location: Hempstead, New York
Conference: CAA
President: Stuart Rabinowitz
Athletic Director: Jack Hayes
Colors: Gold, White & Blue
Head Coach: Tom Ryan
2006-07 Record: 18-4-2
Website: www.hofstra.edu/Athletics

DREXEL



"Dragons"
Location: Philadelphia, Pennsylvania
Conference: CAA
President: Dr. Constantine Papadakis
Athletic Director: Dr. Eric Zillmer
Colors: Drexel Blue & Yellow
Head Coach: Jack Childs
2006-07 Record: 17-11
Website: www.drexeldragons.com

SACRED HEART



"Pioneers"
Location: Fairfield, Connecticut
Conference: CAA
President: Dr. Anthony Cerna
Athletic Director: Don Cook
Colors: Red & White
Head Coach: ???
2006-07 Record: 5-8
Website: sacredheartpioneers.cstv.com
Website: goterriers.cstv.com

BINGHAMTON



"Bobcats"
Location: Vestal, NY
Conference: CAA
President: Lois B. DeFleur
Athletic Director: Joel Thirer
Colors: Dark Green, Black & White
Head Coach: Pat Popolizio
2006-07 Record: 10-10
Website: www.bubearcats.com

CAMPBELL



"Fighting Camels"
Location: Buies Creek, NC
Conference: CAA
President: Dr. Jerry Wallace
Athletic Director: Stan Williamson
Colors: Orange & Black
Head Coach: Billy Greene
2006-07 Record: 2-19-1
Website: www.gocamels.com

TOURNAMENT INFO

2007-08

MICHIGAN STATE OPEN

JENISON FIELD HOUSE
LANSING, MICHIGAN
11/11/07



TEAMS EXPECTED TO COMPETE: MICHIGAN, MICHIGAN ST, INDIANA, PURDUE, OHIO ST. PENN, EDINBORO, PITTSBURGH, CENTRAL MICHIGAN, FINDLAY, OHIO, NORTH CAROLINA, CAL POLY

MISSOURI OPEN

HEARNES FIELDHOUSE
COLUMBIA, MISSOURI
11/18/07



TEAMS EXPECTED TO COMPETE: MISSOURI, ILLINOIS, UNIVERSITY OF INDIANAPOLIS, TRUMAN ST., SOUTHERN ILLINOIS, OKLAHOMA, CENTRAL OKLAHOMA,

LAS VEGAS INVITATIONAL

LAS VEGAS CONVENTION CENTER
LAS VEGAS, NEVADA
11/30/07 - 12/01/07



TEAMS EXPECTED TO COMPETE: HOFSTRA, ARIZONA STATE, MICHIGAN, MISSOURI, VIRGINIA, BUFFALO, EDINBORO, RIDER, OHIO STATE, VIRGINIA TECH, NORTHERN ILLINOIS, NEBRASKA, NORTH CAROLINA

PENN STATE OPEN

RECREATION HALL
UNIVERSITY PARK, PA
12/01/07



TEAMS EXPECTED TO COMPETE: PENN ST., MICHIGAN ST. LEHIGH, NAVY, ARMY, LIBERTY, MARYLAND, LOCK HAVEN, BOSTON, CORNELL, CLEVELAND ST., PITT-JOHNSTOWN

SOUTHERN SCUFFLE

GREENSBORO COLISEUM
GREENSBORO, NC
12/29/07 - 12/30/07



TEAMS EXPECTED TO COMPETE: APPALACHIAN STATE, BINGHAMTON, BLOOMSBURG, BOISE STATE, BOSTON UNIVERSITY, CAL STATE-BAKERSFIELD, THE CITADEL, CORNELL, DAVIDSON, DUKE, EDINBORO, GARDNER-WEBB, GEORGE MASON, HOFSTRA, KENT STATE, LIBERTY, LOCK HAVEN, MARYLAND, MINNESOTA, NAVY, NORTH CAROLINA, UNC GREENSBORO, NC STATE, OHIO, VIRGINIA, VIRGINIA TECH, VMI

VIRGINIA DUALS

HAMPTON COLISEUM
HAMPTON, VIRGINIA
1/11/08 - 1/12/08



TEAMS EXPECTED TO COMPETE: BUCKNELL, DREXEL, DUQUESNE, ILLINOIS, KENT STATE, LEHIGH, LOCK HAVEN, NORTH DAKOTA STATE, OHIO, OKLAHOMA STATE, OREGON STATE, RIDER, PENN, VIRGINIA, VIRGINIA TECH

CAA TOURNAMENT

DAVID S. MACK SPORTS
& EXHIBITION COMPLEX
HEMPSTEAD, NY
3/2/07 - 3/3/07



TEAMS EXPECTED TO COMPETE: HOFSTRA, RIDER, DREXEL, BINGHAMTON, BOSTON, GEORGE MASON, SACRED HEART, CAMPBELL



THREE STRAIGHT TOP TWENTY RECRUITING CLASSES FOR THE MONARCHS

For the third straight season, the ODU coaching staff welcomes a top of the heap recruiting class. After back-to-back eighth ranked recruiting classes, the Monarchs brought in four NHSCA All-Americans in 2007 and came away with the 16th best recruiting class in the nation this season.

Coming into the season, four incoming wrestlers earned NHSCA All-American status: Scott Cust, Lester France, Derek Peperas and Roy Dragon III. Others in the class include Alabama state champion T.C. Pendleton, Montana state champion Tel Todd, and Nebraska state champion Andy Totusek.

2007 TOP COLLEGE RECRUITING CLASSES

- | | | |
|-------------------|-------------------------|----------------------|
| 1. Ohio State | 11. Oklahoma | 21. Penn |
| 2. Missouri | 12. Oregon State | 22. Michigan State |
| 3. Penn State | 13. Lehigh | 23. Eastern Michigan |
| 4. Virginia Tech | 14. Edinboro | 24. Columbia |
| 5. Minnesota | 15. Cornell | 25. Indiana |
| 6. Oklahoma State | 16. OLD DOMINION | 26. Iowa State |
| 7. Michigan | 17. Lock Haven | 27. Iowa |
| 8. Virginia | 18. Nebraska | 28. Bucknell |
| 9. Northern Iowa | 19. Hofstra | 29. George Mason |
| 10. Kent State | 20. Harvard | 30. Northwestern |

MARTIN'S TOP RECRUITS

Scott Cust

- Senior National All-American
- Ranked 8th in the nation
- Two-time Virginia AAA state champion
- Freestyle state champion

Derek Peperas

- Two-time New Mexico state champion
- Five-time state finalist
- Three-time NHSCA All-American
- Ranked 10 in the nation by USA Wrestling Magazine

Roy Dragon III

- Tallied 111 pins in high school
- Two-time NHSCA All-American

James Nicholson

- Alternate on 2007 FILA Junior World Team
- 2006 Iowa State Champion
- 2006 Junior National Finalist
- 2004 Greco All-American
- 2006 Wrestling USA All-American

Billy Chamberlain

- Pennsylvania State Champion
- Ranked 4th in the Nation by W.I.N. Magazine

Jesse Strawn

- Brute/adidas All-American
- Two-time state champion
- Four-time state finalist
- Qualified for 2007 FILA Junior World Team Trials

Chris Brown

- Two-time Virginia AAA state champion
- Four-time state placewinner
- Senior National All-American
- USA Wrestling Cadet Freestyle All-American
- FILA Cadet National Champion

Kyle Hutter

- 2006 Junior National All-American
- 2004 Cadet National All-American
- Ranked 10th in the nation by InterMat

Kaylen Baxter

- 2005 Junior National All-American
- Three-time Alaska state champion
- Ranked 12th in the nation by InterMat

Lester France

- Grappled to a 217-13 record in high school
- Two-time Michigan state champion
- Three-time state finalist
- Senior National All-American

2007 ALL-AMERICAN PERCENTAGE'S BY CONFERENCE

- | | |
|----------------------|------------------|
| 1. Big Ten 43.06% | 6. MAC 15.79% |
| 2. Big 12 34.21% | 7. Pac-10 15.38% |
| 3. CAA 30.43% | 8. SoCon 7.14% |
| 4. EQL 25.00% | 9. West 0.00% |
| 5. EIWA 23.40% | 10. East 0.00% |
| | 11. ACC 0.00% |

2006-07 SEASON REVIEW

Wrestling
12-7 (6-1 CAA)

2007 Virginia Intercollegiate State Champions

In 2006-07, the wrestling Monarchs made significant strides toward becoming a national powerhouse. Another top recruiting class, a tough schedule, two duals in Old Dominion's Ted Constant Convocation Center, and the teams second consecutive second place showing at the CAA Tournament are just a few indicators of where this team is headed. The Monarchs tallied 12 wins overall, six wins in the conference and sent three wrestlers to the NCAA Tournament. By the end of the year, all ten Monarchs were ranked among the top six in their weight class in the CAA.

Coming into the season, Coach Steve Martin and his staff announced the signing of his second straight top eight recruiting class according to InterMat and W.I.N. Magazine. With his first two recruiting classes at ODU ranking in the top eight, it should be no surprise that Martin's starting lineup was laced with freshmen and sophomores. Only two of the ten starting slots were filled by upperclassmen.

Immediate contributors from these recruiting classes included breakout seasons from redshirt freshmen Chris Brown (157), who finished the team leader in wins with 35 and major decisions with 13, and Kaylen Baxter (149), leading the team in decisions with 20 including four wins over nationally ranked opponents. Brown won CAA Rookie of the Week three times and Baxter won it twice.

The Monarchs had one of the toughest schedules in the country including five duals against nationally ranked teams. The team finished with a 12-7 record overall and a 6-1 conference mark. ODU hosted Virginia Tech and American in its first ever matches at The Ted and also traveled to top-ranked Missouri this season. The schedule also included several top tournaments of which many Monarchs placed. David Mendoza (197) and Matt Pellar (285) both won their weight class at the Mat Town USA Tournament while Nick Pullano (165), Baxter, and Mendoza won at the Virginia Intercollegiates.

Three Monarchs qualified for the NCAA Tournament with second place finishes at the CAA Tournament. Sophomore David Mendoza and junior Nick Pullano qualified for their first national tournament as the climax of successful seasons and senior Christian Staylor finished his career by qualifying for his third NCAA Tournament. All three were named CAA Wrestler of the Week once during the season. Staylor went 4-2 at the NCAA's and was mere seconds away from advancing to All-American status when he was taken down by Matt Kellar for the loss. Staylor finished his senior campaign at 133 lbs. with 10 major decisions in 24 wins and a career mark of 81-31.

Sophomore Ryan Williams had his second successful year for the Monarchs, improving on his 29-15 mark from his rookie year by going 30-9 in a new weight class this season. He earned his 50th career win at the Virginia Duals and only lost by decision this season. Also, Williams was honored on the NWCA National All-Academic Team at the conclusion of the season. He is the first ODU Monarch to ever receive the honor.

The Monarchs opened the season with a tough 17-18 loss to Purdue before entering four tournaments in four weekends placing 23 times. The momentum the tournaments provided helped ODU defeat George Mason at home, 38-12, and then hit the road to beat The Citadel 30-12.

Then the Monarchs placed 13 more times in two tournaments before going 4-2 at the Virginia Duals. ODU beat Liberty handily 38-6 before falling to #22 Kent State 9-24 on the first day. They then returned the second day and won three straight, a 26-12 win over Virginia, 20-16 win over North Dakota State, and a 19-18 win over Rider University before falling to #22 Kent State again by a score of 14-21.

Old Dominion would then match up with conference foes the following weekend at the CAA Duals. After falling to #7 Hofstra (12-24) on day one, the Monarchs would storm the rest of the conference with four wins. They defeated Drexel (20-15), Rider (22-12), Boston University (37-6), and Sacred Heart (36-4). ODU would finish the season with an incredibly difficult swing of matches against Northern Illinois, University of Northern Iowa, Virginia Tech, American, and Missouri.

Northern Illinois defeated the Monarchs 14-26 while ODU nearly defeated nationally ranked Northern Iowa taking the loss 16-20. The team would bounce back and beat Virginia Tech (31-10) and American (23-20) at home before falling to #3 Missouri (12-20) to close the season.



2006-07 WRESTLING STATISTICS

RECORD

Season Dual Record: 12-7
CAA Record: 5-1
CAA Finish: 2nd Place

INDIVIDUAL STATISTICS

Name	CL	Wt.	Overall		CAA		Tourn		Maj.		Tech.	Pins
			W-L	W-L	W-L	W-L	W-L	Dec.	Fall			
Kaylen Baxter	RS Fr	149	30-21	8-10	7-4	21-11	7	0	3			
Chris Brown	RS Fr	157	35-14	14-5	7-4	21-9	13	3	5			
Billy Chamberlin	Fr	125	-	-	-	-	-	-	-			
Derek Coffey	Fr	174	13-28	5-14	4-6	8-14	4	0	3			
Matt Collum	Jr	157	0-2	0-0	0-0	0-2	0	0	0			
B.J. Compton	Jr	133	2-2	0-0	0-0	2-2	0	0	0			
Selas Douglas	RS Jr	141	-	-	-	-	-	-	-			
Kyle Hutter	Fr	125	24-15	11-7	8-2	13-8	6	1	1			
Jeff Jacobs	Fr	165	2-2	0-0	0-0	2-2	0	0	0			
Adam Koballa	Fr	133	14-8	2-1	1-0	12-7	4	0	3			
Bryan Koz	RS Fr	165	5-7	0-1	0-0	5-6	0	0	0			
Michael Martin	RS Jr	141	0-2	0-0	0-0	0-2	0	0	0			
David Mendoza	So	184	32-12	13-6	7-2	19-4	4	0	12			
Joey Metzler	Fr	141	3-9	0-1	0-0	3-8	0	1	0			
James Nicholson	Fr	125	-	-	-	-	-	-	-			
Kyle Pardun	RS Fr	141	3-4	0-0	0-0	3-4	0	1	1			
Matt Pellar	RS Fr	285	19-12	9-7	4-5	10-5	3	0	6			
Nick Pullano	Jr	165	23-15	14-5	8-1	9-8	4	7	0			
Dan Rivera	Fr	165	1-2	0-0	0-0	1-2	0	0	0			
Christian Staylor	RS Sr	125	24-10	13-4	6-2	7-4	10	4	0			
Jesse Strawn	Fr	184	28-23	6-11	8-3	22-12	3	2	11			
Josh Tyler	RS Jr	149	5-4	0-0	0-0	5-4	0	0	0			
Cam Watkins	RS Fr	141	15-9	1-0	1-0	14-9	2	0	0			
Ryan Williams	So	141	30-9	14-4	5-4	16-5	7	0	5			

TOURNAMENT RESULTS

Michigan State Open (Nov. 12, 2006)

133 lbs: 8th – Adam Koballa
141 lbs: 3rd – Ryan Williams
157 lbs: 2nd – Chris Brown
184 lbs: 8th – Jesse Strawn
197 lbs: 6th – David Mendoza

Cornell Body Bar (Nov. 18, 2006)

133 lbs: 3rd – Adam Koballa
141 lbs: 4th – Ryan Williams
157 lbs: 4th – Chris Brown
184 lbs: 6th – Jesse Strawn

Mat Town USA (Nov. 25, 2006)

125 lbs: 4th – Kyle Hutter
133 lbs: 2nd – B.J. Compton
133 lbs: 5th – Adam Koballa
141 lbs: 2nd – Ryan Williams
141 lbs: 3rd – Cam Watkins
149 lbs: 4th – Kaylen Baxter
149 lbs: 5th – Josh Tyler
157 lbs: 3rd – Chris Brown
165 lbs: 6th – Nick Pullano
184 lbs: 5th – Jesse Strawn
197 lbs: 1st – David Mendoza
285 lbs: 1st – Matt Pellar

Penn State Open (Dec. 3, 2006)

125 lbs: 4th – James Nicholson
149 lbs: 5th – Kaylen Baxter

Southern Scuffle (Dec. 29-30, 2006)

184 lbs: 4th – Jesse Strawn
197 lbs: 5th – David Mendoza

VA Intercollegiates (Jan. 6, 2007)

125 lbs: 3rd – Kyle Hutter
133 lbs: 3rd – Christian Staylor
141 lbs: 2nd – Ryan Williams
141 lbs: 4th – Cam Watkins
149 lbs: 1st – Kaylen Baxter
157 lbs: 3rd – Chris Brown
165 lbs: 1st – Nick Pullano
174 lbs: 4th – Derek Coffey
184 lbs: 2nd – Jesse Strawn
197 lbs: 1st – David Mendoza
285 lbs: 2nd – Matt Pellar

Postseason Results:

CAA Tournament (March 2-3, 2007)

125 lbs: 3rd – Kyle Hutter
133 lbs: 2nd – Christian Staylor^
141 lbs: 3rd – Ryan Williams
149 lbs: 4th – Kaylen Baxter
157 lbs: 4th – Chris Brown
165 lbs: 2nd – Nick Pullano^
184 lbs: 3rd – Jesse Strawn
197 lbs: 2nd – David Mendoza^
285 lbs: 4th – Matt Pellar
^indicates NCAA Qualifier

NCAA Tour (March 15-17, 2007)

133 lbs: Christian Staylor (4-2)
165 lbs: Nick Pullano (0-2)
197 lbs: David Mendoza (0-2)

DUAL RESULTS

Nov. 10 L 17-18 at Purdue
Dec. 8 W 38-12 vs. George Mason*
Dec. 16 W 30-12 at The Citadel
Jan. 12 W 38-6 vs. Liberty
Jan. 12 L 9-24 vs. Kent State
Jan. 13 W 26-12 vs. Virginia
Jan. 13 W 20-16 vs. North Dakota State
Jan. 13 W 19-18 vs. Rider
Jan. 13 L 14-21 vs. Kent State
Jan. 19 L 12-24 vs. Hofstra*
Jan. 19 W 20-15 vs. Drexel*
Jan. 20 W 22-12 vs. Rider*
Jan. 20 W 37-6 vs. Boston U.*
Jan. 20 W 36-4 vs. Sacred Heart*
Feb. 4 L 14-26 at Northern Illinois
Feb. 4 L 16-20 at Northern Iowa
Feb. 8 W 31-10 vs. Virginia Tech
Feb. 12 W 23-20 vs. American
Feb. 14 L 12-20 at Missouri



HONORED MONARCHS

VIRGINIA INTERCOLLEGIATE STATE CHAMPIONS

YEAR	WRESTLER	WEIGHT
1979	Wayne Martin	126
1979	Buddy Lee	134/142
1979	Tim Davidson	150/158
1979	Frank Nowland	Hwt.
1980	Terry Kretz	126
1980	Roger Randell	150/158
1981	Andy Stone	118
1981	Roger Randell	150/158
1981	Larry Corry	158/167
1982	Brad Anderson	167
1982	Bill Sabo	Hwt.
1984	Ben Ward	150
1984	Pual Gravalis	190
1984	Bill Sabo	Hwt.
1985	Vincent Tripp	158
1985	Scott Giacobbe	177
1987	Rich Castano	150
1988	Wayne Gibson	118
1989	Wayne Gibson	118
1990	Noel Clavel	126
1990	Steve Sciandra	190
1991	Tom Sinacore	118
1991	Noel Clavel	126
1991	Nick Garone	150
1991	Pete Huntley	177
1991	Steve Sciandra	Hwt.
1992	Erick Shaw	118
1992	Noel Clavel	126
1992	Peter Horst	134
1993	Erick Shaw	126
1993	Bill Terry	167
1994	Tom Sinacore	118
1994	Jody Staylor	126
1994	Greg Satchell	167
1994	Nick Hall	Hwt.
1995	Jody Staylor	134
1995	Chris Todd	167
1995	Nick Hall	Hwt.
1996	Jamie Kelly	158
1996	Nick Hall	Hwt.
1998	Jamie Kelly	158
1999	Jeff Rusak	157
2001	Jeff Rusak	174
2002	Jeff Rusak	174
2003	Chris Buckner	133
2003	Ben Summerlin	174
2004	Adam Wright	184
2004	Derrell Lorthridge	Hwt.
2005	BJ Compton	133
2005	Christian Staylor	125
2005	Nelson "Robby" Gosnell	165
2005	Adam Wright	184
2006	Adam Wright	197
2006	Shanon Slack	141
2006	Nick Pullano	157
2006	T.J. Hansen	174
2007	Kaylen Baxter	149
2007	Nick Pullano	165
2007	David Mendoza	197

CAA TOURNAMENT INDIVIDUAL CHAMPIONS

YEAR	WRESTLER	WEIGHT
1992	Noel Clavel	126
1992	Peter Horst	134
1992	Erick Shaw	118
1993	Tom Sinacore	118
1993	Bill Terry	167
1994	Jody Staylor	126
1994	Greg Satchell	167
1995	Jody Staylor	134
1995	Chris Todd	167
1995	Nick Hall	Hwt.
1996	Nick Hall	Hwt.
1998	Mark Strickland	150
1999	Paul Jimenez	125
2000	Dennis Whitby	149
2001	Jeff Rusak	174
2002	Jeff Rusak	174
2005	Christian Staylor	125
2006	Adam Wright	197

OLD DOMINION ATHLETE OF THE YEAR

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1991	Peter Horst	134
2001	Jeff Rusak	174
2006	Adam Wright	197

NCAA EAST REGIONAL CHAMPIONS

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1980	Buddy Lee	134/142
1991	Steve Sciandra	Hwt.
1982	Buddy Lee	134/142
1983	Larry Corry	158/167
1982	Brad Anderson	167
1983	Brad Anderson	167
1984	John Cecala	134/142
1984	Ben Ward	150
1984	Scott Giacobbe	177
1986	Jeff Bridges	150
1989	Wayne Gibson	118
1989	Rich Castano	150
1990	Noel Clavel	126
1991	Noel Clavel	126
1991	Nick Garone	150
1991	Peter Horst	134
1991	Steve Sciandra	Hwt.

OUTSTANDING WRESTLER HONORS

YEAR	WRESTLER	WT	HONOR
1989	Wayne Gibson	118	Capital Wrestling
1994	Greg Satchell	167	CAA
1998	Mark Strickland	150	CAA
2003	Ben Summerlin	174	VA State
2006	Adam Wright	197	VA State

CAA WRESTLER OF THE YEAR

YEAR	WRESTLER	WEIGHT
1994	Jody Staylor	126
1995	Nick Hall	Hwt.
1996	Nick Hall	Hwt.
2002	Jeff Rusak	174

CAA ROOKIE OF THE YEAR

YEAR	WRESTLER	WEIGHT
1999	Jeff Rusak	157

NCAA QUALIFIERS

YEAR	NAME	WEIGHT
1979	Buddy Lee	134
1980	Buddy Lee	134/142
1981	Roger Randell	150/180
1982	Brad Anderson	167
	Scott Giacobbe	177
	Bill Sabo	Hwt.
	Larry Corry	158
	Ben Ward	142
1983	Brad Anderson	167
	Larry Corry	158
	Scott Giacobbe	177
1984	Ben Ward	150
	John Cecala	134/142
	Scott Giacobbe	177
	Mike Duhigg	118
1985	Scott Giacobbe	190
	Vincent Tripp	158
	John Cecala	134
	Bill Sabo	Hwt.
	Paul Denoncourt	118
1986	Jeff Bridges	142
1987	Mark Billups	142
	Steve Sciandra	190
	Wayne Gibson	118
1988	Wayne Gibson	118
	Mark Billups	142
	Rich Castano	158/167
	Steve Line	Hwt.
1989	Wayne Gibson	118
	Rich Castano	150
1989	Mark Billups	142
	Greg Satchell	158
1990	Steve Sciandra	190
	Noel Clavel	126
	Pete Huntley	177
1991	Nick Garone	150
	Peter Horst	134
	Steve Sciandra	190
	Noel Clavel	126
1992	Noel Clavel	126
	Erick Shaw	118
	Peter Horst	134
1993	Tom Sinacore	118
	Erick Shaw	126
	Bill Terry	167
1994	Nick Hall	Hwt.
	Greg Satchell	167
	Tom Sinacore	118
	Jody Staylor	126
1995	Jody Staylor	134
	Chris Todd	167
	Nick Hall	Hwt.
1996	Erick Shaw	126
	Nick Hall	Hwt.
1998	Jamie Kelly	158
	Mark Strickland	150
1999	Paul Jimenez	125
	Jeff Rusak	157
2000	Jeff Rusak	165
	Dennis Whitby	149
2001	Jeff Rusak	174
2002	Jeff Rusak	174
2004	Derrell Lorthridge	Hwt.
2005	Christian Staylor	125
	Adam Wright	184
2006	Bryan LaShomb	125
	Ryan Williams	133
	Adam Wright	197
	Robby Gosnell	105 (alt.)
2007	Nick Pullano	165
	David Mendoza	197
	Christian Staylor	133



Two-time CAA Champion & NCAA Qualifier Christian Staylor

MONARCH WRESTLERS IN THE OLD DOMINION SPORTS HALL OF FAME

NAME	INDUCTED	WRESTLED	NAME	INDUCTED	WRESTLED
Wayne Bright	1982	1967-70	Lou Curra	1988	1967-70
Carl Ragland	1983	1966-69	Terry Perdew	1990	1972-74
Pete Robinson	1985	1959-83 (Coach)	Mike McCarthy	1994	1972-76
Paul Cote	1986	1966-69	Roger Randall	2004	1979-81
Buddy Lee	1987	1980-83			

MONARCH WRESTLING ROOM

THE NEW HOME OF MONARCH WRESTLING

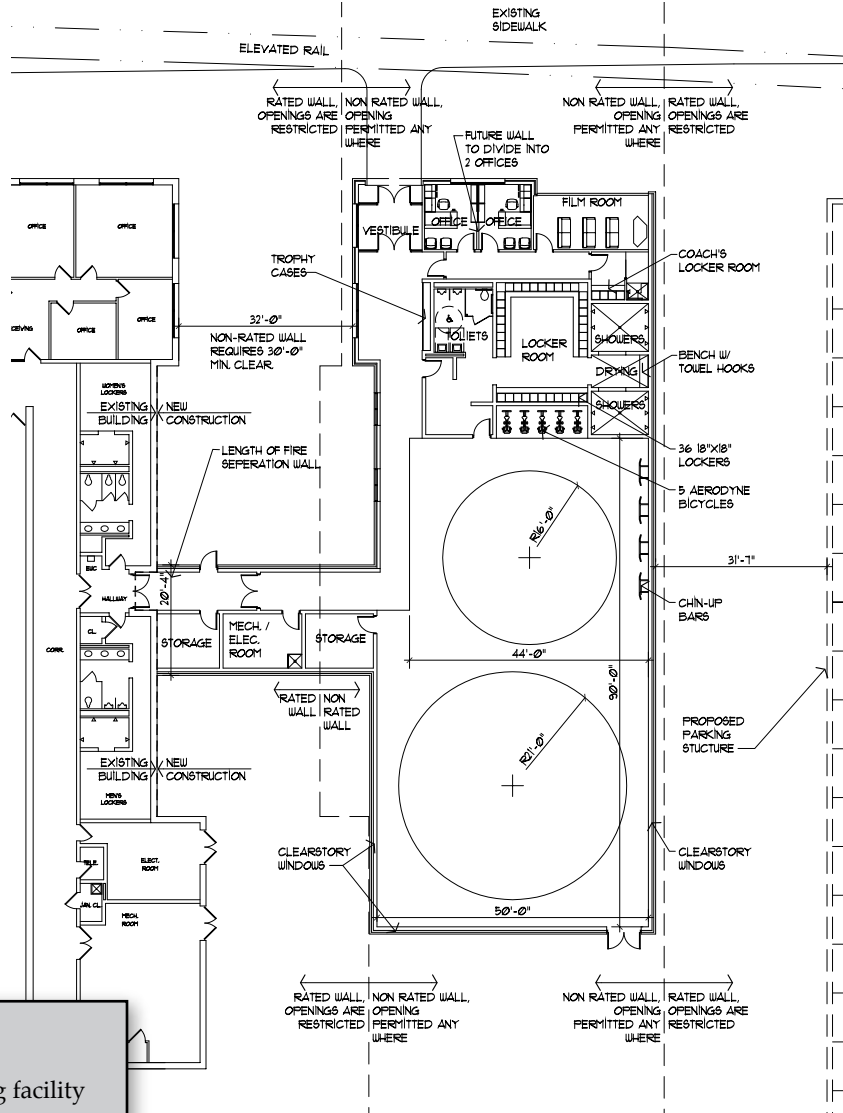
A 9,000 square foot state-of-the-art wrestling room will give Old Dominion wrestling one of the top facilities nationally to practice and train in. The wrestling facility is being built beside the existing athletic administration building.

The facility will consist of 4,500 square feet of mat space equivalent to roughly three championship size mats. The mat room will consist of a cardio area with air dyne bikes, treadmills, pull-up bars, and climbing ropes. The mat room is accessible only by a university ID that will have a card swipe feature on the 2 entrances. Natural light will be present throughout the entire complex.

Offices for the head and assistant coaches are accessible from the hallway or the mat room. A film room and recruiting lounge are connected to the coaches' office. The film room will consist of a television to allow for video review and instruction. The entire complex will be wired for sound to listen to CD's, radio, and television.

The spacious locker rooms are connected to the wrestling practice area. In the locker room will be blue carpeting embroidered with a university logo, lockers with lock boxes, a personal stool for each athlete and nameplates above each locker. Spacious shower and bathroom facilities exist as well. Separate locker rooms and showers will exist for the coaching staff.

As ODU wrestling continues to build into a national powerhouse it will now have a building fit to train champions.



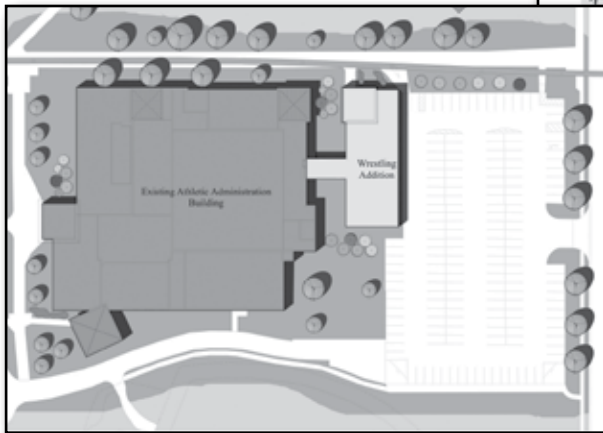
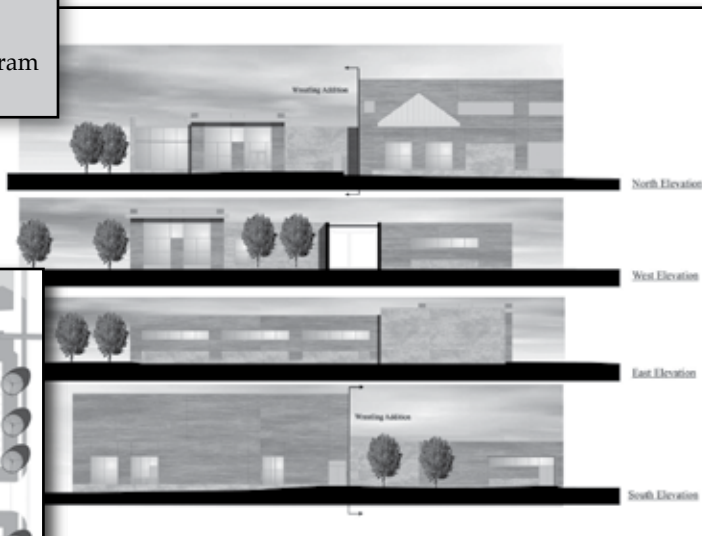
Who: Old Dominion University Wrestling

What: A brand-new state-of-the-art wrestling facility

Where: An exclusive building on campus

When: Due Spring 2008

Why: Top of the line facility for top of the line program



MONARCHS

IN THE NCAA TOURNAMENT



NCAA NATIONAL CHAMPIONS

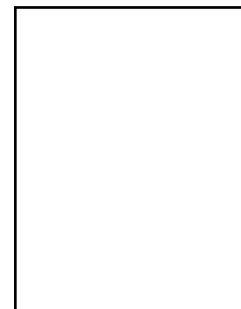
YEAR	NAME	WEIGHT
1969	Carl Ragland	152
1970	Wayne Bright	142
1974	Terry Perdeu	118



Wayne Bright

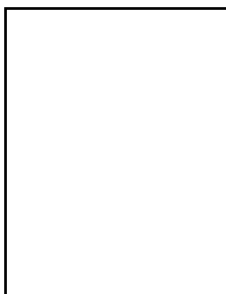


Carl Ragland

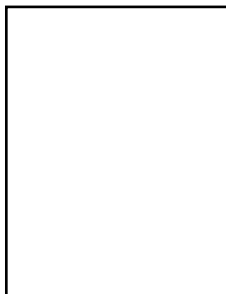


Terry Perdeu

ALL AMERICANS



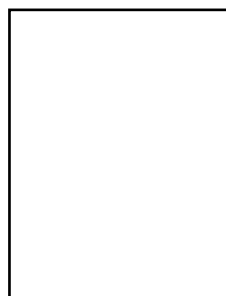
Nick Garone



Jody Staylor



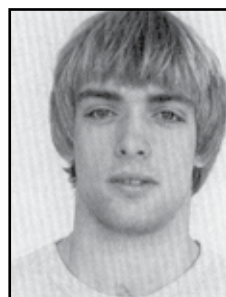
Peter Horst



Nick Hall



Lou Curra



Roger Randall

OLD DOMINION ALL-AMERICANS

YEAR	WRESTLER	WT	PLACE
1966	Carl Ragland	130	2nd
1967	David Lindjhem	145	4th
1968	Lou Curra	115	4th
	David Todd	177	6th
1969	Lou Curra	115	5th
	Wayne Bright	137	5th
	Carl Ragland	152	1st
1970	Lou Curra	115	4th
	Wayne Bright	142	1st @
1974	Terry Perdeu	118	1st
	Ray Pond	142	3rd
1975	Mike McCarthy	126	5th
1976	Mike McCarthy	142	4th
1980	Buddy Lee	134	4th
1981	Roger Randall	150	7th
1982	Buddy Lee	134	7th
1984	Ben Ward	150	7th
1991	Peter Horst	134	6th
	Nick Garone	150	6th
1994	Jody Staylor #	126	2nd
1995	Nick Hall	Hwt.	5th

Old Dominion's first Division I Finalist
@ Fourth in NCAA Division I

YEAR-BY-YEAR



1957-58 (5-1-0)
COACH: PETE ROBINSON
 7-24 L Baltimore
 21-11 W Towson State
 29-3 W Catholic
 24-7 W Virginia - Freshman
 29-3 W VA Military Institute
 36-0 W Washington & Lee

1958-59 (7-0-0)
COACH: PETE ROBINSON
 21-10 W Fort Eustis
 31-2 W Towson State
 21-8 W American
 20-0 W Gallaudet
 36-0 W North Carolina State
 28-9 W Virginia
 14-12 W Baltimore

1959-60 (6-0-1)
COACH: PETE ROBINSON
 38-0 W Catholic
 20-13 W American
 18-18 T Baltimore
 19-8 W Hampden-Sydney
 21-14 W Loyola (MD)
 20-17 W Gallaudet
 21-12 W Hampden-Sydney

1960-61 (10-1-0)
COACH: PETE ROBINSON
 22-6 L Appalachian State
 24-10 W Pfeiffer
 33-5 W Hampden-Sydney
 34-5 W Towson State
 19-8 W Baltimore
 19-10 W Appalachian State
 29-6 W American
 19-11 W Hampden-Sydney
 21-12 W Gallaudet
 25-5 W Gallaudet
 16-13 W Appalachian State

1961-62 (10-1-0)
COACH: PETE ROBINSON
 29-3 W Appalachian State
 24-7 W Baltimore
 24-8 W Washington & Lee
 0-26 L Lock Haven
 30-0 W Gallaudet
 32-3 W Loyola (MD)
 36-3 W Hampden-Sydney
 17-13 W Appalachian State
 29-5 W Pfeiffer
 25-3 W American
 28-5 W Hampden-Sydney

1962-63 (7-3-0)
COACH: PETE ROBINSON
 11-17 L Washington & Lee
 5-24 L Lock Haven
 5-24 L Lycoming
 17-11 W East Carolina
 27-5 W American
 20-6 W East Carolina
 27-6 W Baltimore
 35-5 W Loyola (MD)
 28-5 W Gallaudet
 27-10 W Hampden-Sydney

1963-64 (9-0-1)
COACH: PETE ROBINSON
 25-9 W East Carolina
 12-12 T Appalachian State
 16-13 W Pfeiffer
 32-3 W Loyola (MD)
 35-3 W Richmond Prof. Institute
 30-5 W Towson State
 26-0 W East Carolina
 25-6 W Baltimore
 39-0 W Hampden-Sydney
 15-13 W Washington & Lee

1964-65 (7-2-0)
COACH: PETE ROBINSON
 35-0 W Catholic
 15-9 W Virginia
 5-24 L Lycoming
 10-19 L Appalachian State
 25-7 W Baltimore
 17-11 W Washington & Lee
 34-3 W Hampden-Sydney
 31-5 W Richmond Prof. Institute
 36-0 W American

1965-66 (9-5-0)
COACH: PETE ROBINSON
 13-18 L Springfield
 16-20 L Virginia
 19-18 W Franklin & Marshall
 9-24 L Princeton
 15-14 W Lycoming
 29-5 W Auburn
 10-25 L Navy
 14-20 L Virginia Tech
 50-0 W American
 34-2 W Richmond Prof. Institute
 28-11 W Baltimore
 30-8 W Hampden-Sydney

25-9 W Washington & Lee
 25-6 W Pfeiffer

1966-67 (7-5-1)
COACH: PETE ROBINSON
 34-2 W Richmond Prof. Institute
 34-3 W Pfeiffer
 16-21 L Franklin & Marshall
 20-15 W Virginia
 27-8 W William & Mary
 31-11 W Towson State
 21-14 W Lycoming
 3-32 L West Chester
 6-29 L Appalachian State
 26-15 W East Carolina
 11-19 L Citadel
 4-34 L Virginia Tech
 18-18 T Baltimore

1967-68 (10-1-1)
COACH: PETE ROBINSON
 29-5 W VA Military Institute
 27-7 W William & Mary
 28-2 W Virginia
 17-12 W Franklin & Marshall
 11-22 L Appalachian State
 17-17 T East Carolina
 30-8 W Towson State
 32-3 W Richmond Prof. Institute
 15-14 W Virginia Tech
 34-2 W Washington & Lee
 41-2 W Hampden-Sydney
 27-9 W Baltimore

1968-69 (11-3-1)
COACH: PETE ROBINSON
 18-18 T Ashland
 5-27 L Bloomsburg State
 13-23 L Appalachian State
 15-16 L William & Mary
 22-8 W Virginia
 19-13 W Rutgers
 22-11 W VA Military Institute
 17-14 W East Carolina
 20-8 W North Carolina
 19-13 W Ohio State
 22-7 W Virginia Tech
 33-13 W Washington & Lee
 37-5 W Towson State
 34-3 W VA Commonwealth
 27-11 W Baltimore

1969-70 (8-6-1)
COACH: PETE ROBINSON
 38-0 W Milligan
 17-16 W Appalachian State
 3-33 L Bloomsburg
 9-27 L West Chester
 16-21 L Western Maryland
 26-16 W VA Commonwealth
 18-18 T East Carolina
 16-17 L Appalachian State
 21-16 W Virginia Tech
 39-5 W Baltimore
 41-3 W Washington & Lee
 14-22 L William & Mary
 25-18 W Howard
 36-6 W Norfolk State
 13-29 L Ball State

1970-71 (0-12-0)
COACH: PETE ROBINSON
 5-36 L Northern Ohio
 8-32 L Buffalo
 10-34 L Georgia Tech
 11-31 L North Carolina State
 8-36 L East Carolina
 13-28 L Howard
 3-39 L William & Mary
 8-26 L Appalachian State
 3-33 L Virginia Tech
 5-39 L Ohio State
 3-35 L Ashland
 20-25 L Duke

1971-72 (5-12-0)
COACH: PETE ROBINSON
 33-18 W Norfolk State
 41-8 W Virginia
 8-24 L Cal State (Pa.)
 17-23 L Howard
 6-29 L West Chester
 6-28 L William & Mary
 11-29 L Appalachian State
 20-26 L North Carolina State
 6-34 L Indiana (Pa.)
 20-26 L Virginia Tech
 21-18 W The Citadel
 36-18 W Norfolk State
 6-36 L East Carolina
 12-24 L Virginia
 9-27 L Ashland
 6-28 L UT-Chattanooga
 36-8 W Malone

1972-73 (7-9-0)
COACH: PETE ROBINSON
 2-38 L William & Mary

45-3 W Howard
 3-49 L Slippery Rock
 6-27 L West Chester
 9-28 L Appalachian State
 6-40 L Wilkes-Barre
 43-0 W George Washington
 8-29 L East Carolina
 45-0 W Norfolk State
 18-15 W Virginia Tech
 9-27 L Virginia
 12-33 L Ohio State
 0-46 L East Carolina
 38-11 W Norfolk State
 23-17 W Howard
 27-12 W VA Commonwealth

1973-74 (6-4-0)
COACH: PETE ROBINSON
 6-36 L William & Mary
 34-6 W VA Commonwealth
 45-3 W Virginia State
 9-36 L West Chester
 15-30 L Virginia
 18-25 L William & Mary
 28-12 W Washington & Lee
 20-18 W Pembroke State
 25-12 W Virginia Tech
 31-18 W Richmond

1974-75 (2-9-1)
COACH: PETE ROBINSON
 9-30 L William & Mary
 17-17 T Western Maryland
 2-33 L Slippery Rock
 19-15 W Appalachian State
 6-21 L Temple
 8-27 L Bucknell
 15-18 L Gettysburg
 14-26 L Franklin & Marshall
 9-30 L William & Mary
 24-18 W Quantico Marines
 10-31 L East Carolina
 13-24 L Richmond

1975-76 (1-6-0)
COACH: PETE ROBINSON
 20-24 L Salisbury State
 19-25 L Appalachian State
 60-0 W VA Commonwealth
 12-38 L North Carolina
 6-33 L Florida Tech
 14-32 L William & Mary
 10-33 L Richmond

1976-77 (4-7-0)
COACH: PETE ROBINSON
 39-12 W VA Commonwealth
 6-39 L Virginia
 18-22 L Richmond
 35-8 W James Madison
 11-20 L Franklin & Marshall
 3-35 L William & Mary
 42-2 W George Washington
 35-13 W Appalachian State
 4-37 L East Carolina
 19-22 L Salisbury State
 11-32 L Virginia Tech

1977-78 (3-13-0)
COACH: PETE ROBINSON
 32-16 W Norfolk State
 34-21 W Hampton Institute
 3-45 L Lock Haven
 8-37 L West Chester
 15-28 L VA Commonwealth
 12-38 L Virginia
 23-24 L Richmond
 17-23 L American
 9-34 L William & Mary
 12-29 L Franklin & Marshall
 3-47 L Virginia Tech
 25-22 W George Washington
 16-35 L East Carolina
 23-30 L Appalachian State
 20-21 L James Madison
 21-27 L Salisbury State

1978-79 (5-9-0)
COACH: PETE ROBINSON
 4-41 L Florida
 14-26 L West Chester
 28-15 W James Madison
 33-18 W Indiana (PA)
 18-24 L VA Commonwealth
 27-18 W George Mason
 33-16 W Richmond
 17-24 L Salisbury State
 10-32 L William & Mary
 19-33 L East Carolina
 13-30 L Virginia Tech
 20-19 W East Carolina
 18-25 L North Carolina
 10-32 L Virginia

1979-80 (6-6-0)
VIRGINIA STATE CHAMPIONS
COACH: PETE ROBINSON
 15-23 L Navy

26-12 W West Chester
 32-9 W James Madison
 11-30 L North Carolina
 46-6 W Richmond
 25-17 W Salisbury State
 13-26 L East Carolina
 16-28 L William & Mary
 23-20 W Virginia
 41-6 W VA Commonwealth
 19-24 L Wilkes
 12-26 L Virginia Tech

1980-81 (9-9-0)
VIRGINIA STATE CHAMPIONS
COACH: PETE ROBINSON
 20-15 W Shippensburg
 29-17 W Springfield
 11-24 L Army
 19-17 L James Madison
 23-12 W Pittsburgh
 3-36 L North Carolina State
 28-19 W William & Mary
 20-17 W Clemson
 10-35 L Auburn
 27-15 W UT-Chattanooga
 17-21 L Morgan State
 25-23 W VA Commonwealth
 19-21 L North Carolina
 14-28 L Virginia Tech
 25-19 W East Carolina
 8-36 L North Carolina State
 17-23 L William & Mary
 22-18 W Virginia

1981-82 (8-5-0)
NCAA EAST REGIONAL CHAMPIONS
COACH: PETE ROBINSON
 28-7 W William & Mary
 15-22 L Cal Poly-San Luis Obispo
 7-30 L Navy
 20-18 W Clemson
 18-32 L North Carolina State
 0-37 L North Carolina
 23-19 W Norfolk State
 25-17 L West Chester
 37-13 W Georgetown
 29-20 W Salisbury State
 32-15 W Virginia Tech
 30-12 W George Washington
 31-9 W Virginia

1982-83 (10-3-0)
VIRGINIA STATE CHAMPIONS
COACH: PETE ROBINSON
 27-7 W Morgan State
 6-29 L Kentucky
 41-3 W Salisbury State
 31-12 W James Madison
 21-13 W West Virginia
 25-15 W Morgan State
 12-30 L North Carolina
 22-12 W West Chester
 40-(-1) W Norfolk State
 24-21 W Liberty Baptist
 11-24 L North Carolina
 28-14 W Virginia
 34-6 W Virginia Tech

1983-84 (20-3-1)
NCAA EAST REGION CHAMPIONS
COACH: WADE SCHALLES
 33-9 W Norfolk State
 41-9 W Elizabeth City
 47-4 W Seton Hall
 25-12 W Princeton
 27-11 W Army
 21-15 W Temple
 16-25 L Missouri
 31-12 W Morgan State
 26-16 W North Carolina
 15-15 T Missouri
 23-20 W Tennessee
 33-14 W Virginia Tech
 37-5 W Norfolk State
 22-14 W Pittsburgh
 8-25 L Maryland
 8-30 L Navy
 24-13 W James Madison
 41-14 W George Washington
 45-6 W Coppin State
 60-0 W Maryland Eastern Shore
 39-9 W Youngstown State
 25-11 W West Chester
 60-0 W Maryland Eastern Shore
 29-15 W Liberty Baptist

1984-85 (13-5-0)
COACH: WADE SCHALLES
 11-26 L Oregon State
 37-11 W Norfolk State
 6-40 L Clarion
 34-15 W Delaware State
 9-38 L North Carolina State
 17-35 L West Virginia
 17-27 L Illinois
 34-14 W George Washington
 33-14 W Virginia Tech
 25-14 W American

RESULTS

27-15 W West Chester
 42-2 W George Mason
 39-9 W Howard
 54-0 W Coppin State
 39-20 W Norfolk State
 24-20 W Morgan State
 45-5 W William & Mary
 24-18 W Liberty Baptist

1985-86 (9-9-1)

COACH: WADE SCHALLES
 22-13 W Norfolk State
 25-17 W Livingston
 14-31 L Appalachian State
 18-26 L Waynesboro State
 6-38 L West Virginia
 12-32 L Ohio State
 10-24 L Tennessee
 24-22 W George Washington
 37-14 W Coppin State
 34-17 W Norfolk State
 18-33 L Slippy Rock
 27-19 W Kutztown
 54-3 W Loyola
 32-14 W Howard
 18-23 L William & Mary
 21-21 T Delaware
 21-20 W American
 8-40 L Liberty
 15-34 L VA Military Institute

1986-87 (13-11-2)

COACH: BILLY MARTIN JR
 33-11 W Norfolk State
 43-13 W Coppin State
 12-30 L Pittsburgh-Johnstown
 11-25 L American
 40-13 W Delaware State
 3-40 L North Carolina
 6-43 L Missouri
 11-34 L Maryland
 46-10 W New York
 18-18 T Rutgers
 32-14 W Yale
 28-17 W East Stroudsburg
 35-12 W Coast Guard
 24-16 W Harvard
 38-8 W George Washington
 35-11 W Norfolk State
 12-25 L Virginia
 23-16 W George Mason
 15-25 L Slippy Rock
 17-26 L Central Connecticut
 34-12 W American
 27-12 W Delaware
 6-29 L Navy
 18-21 L Bucknell
 21-26 L James Madison
 21-21 T Liberty

1987-88 (9-4-0)

COACH: GRAY SIMONS
 25-6 W Cornell
 45-0 W Coppin State
 20-24 L Wilkes
 42-6 W Norfolk State
 7-29 L North Carolina
 20-15 W Virginia
 14-31 L Maryland
 22-20 W Liberty
 16-32 L VA Military Institute
 39-11 W Norfolk State
 42-12 W American
 22-20 W William & Mary
 36-6 W George Washington

1988-89 (11-9-1)

COACH: GRAY SIMONS
 29-9 W California (Pa.)
 27-9 W Coppin State
 9-32 L Wilkes
 45-10 W Norfolk State
 15-21 L Slippy Rock
 14-18 L Wright State
 Forfeit W Liberty
 3-36 L Syracuse
 5-39 L Oklahoma State
 10-20 L Indiana
 9-30 L Missouri
 18-18 T Maryland
 19-22 L Virginia
 30-8 W VA Military Institute
 34-13 W Liberty
 34-23 W Norfolk State
 24-26 W American
 22-20 W William & Mary
 9-30 L North Carolina
 33-14 W James Madison
 42-2 W George Washington

1989-90 (9-6-0)

COACH: GRAY SIMONS
 16-30 L Central Connecticut
 30-9 W Wilkes-Barre
 35-13 W Shippensburg
 16-22 L Kent State
 46-6 W Norfolk State
 13-23 L Maryland

25-12 W Liberty
 19-24 L William & Mary
 32-8 W American
 27-9 W VA Military Institute
 12-27 L James Madison
 44-12 W Norfolk State
 29-6 W Virginia
 8-41 L North Carolina
 25-14 W Virginia Tech

1990-91 (14-3-0)

RANKED 20TH
COACH: GRAY SIMONS
 20-14 W Central Connecticut
 35-9 W American
 19-15 W Wilkes
 35-6 W Norfolk State
 18-29 L Appalachian State
 29-13 W Hofstra
 29-12 W Yale
 18-17 W Indiana
 28-7 W Adams State
 27-13 W Virginia Tech
 22-17 W Liberty
 50-0 W Howard
 17-20 L Maryland
 27-13 W Virginia
 32-11 W James Madison
 18-23 L North Carolina
 29-12 W William & Mary

1991-92 (8-4-1)

COACH: GRAY SIMONS
 21-21 T Hofstra
 33-6 W Drexel
 8-30 L Lock Haven
 7-30 L Maryland
 44-3 W Norfolk State
 21-15 W Liberty
 18-16 W Virginia
 37-5 W James Madison
 50-3 W American
 12-28 L North Carolina
 21-15 W Virginia Tech
 16-24 L George Mason
 38-5 W William & Mary

1992-93 (4-9-0)

COACH: GRAY SIMONS
 15-19 L Hofstra
 7-34 L Wisconsin
 9-19 L North Carolina
 16-29 L Maryland
 19-18 W William & Mary
 16-15 W James Madison
 12-24 L Virginia Tech
 9-29 L Liberty
 27-13 W Norfolk State
 16-19 L American
 10-21 L Virginia
 37-9 W Howard
 15-17 L George Mason

1993-94 (8-4-0)

CAA CHAMPIONS
COACH: GRAY SIMONS
 15-18 L Lock Haven
 35-9 W William & Mary
 34-9 W Norfolk State
 11-28 L Clemson
 21-20 W Virginia Tech
 15-22 L Lock Haven
 19-16 W Maryland
 36-6 W Virginia Tech
 27-11 W Liberty
 25-19 W James Madison
 26-14 W American
 17-19 L George Mason

1994-95 (7-6-0)

COACH: GRAY SIMONS
 18-22 L Drexel
 38-6 W Norfolk State
 12-23 L U.S. Naval Academy
 17-17 W North Carolina State
 12-27 L Pennsylvania
 12-24 L Maryland
 21-16 W Virginia
 38-6 W William & Mary
 16-18 L Virginia Tech
 30-15 W Howard
 26-14 W UNC Greensboro
 12-20 L George Mason
 29-7 W American

1995-96 (12-5)

COACH: GRAY SIMONS
 34-6 W The Citadel
 23-12 W Georgia State
 26-13 W Howard
 42-6 W Coppin State
 27-9 W Drexel
 42-4 W Norfolk State
 23-13 W VA Military Institute
 6-31 L Oklahoma
 14-33 L Wyoming
 10-22 L Maryland
 20-16 W Virginia Tech

20-16 W James Madison
 19-20 L George Mason
 16-18 L Virginia
 33-9 W American
 28-10 W UNC Greensboro
 37-8 W Wilkes

1996-97 (9-5)

COACH: GRAY SIMONS
 40-0 W Campbell
 15-27 L Drexel
 49-4 W Coppin State
 22-17 W UNC Greensboro
 55-0 W Anderson College
 12-23 L Maryland
 21-13 W Virginia Tech
 12-23 L James Madison
 6-37 L Virginia
 32-18 W American
 37-9 W Wilkes
 36-9 W Howard
 50-6 W Norfolk State
 15-30 L George Mason

1997-98 (6-8)

COACH: GRAY SIMONS
 25-19 W Slippy Rock
 34-12 W Norfolk State
 6-38 L Edinboro
 15-27 L Brown
 16-17 L Maryland
 5-31 L Virginia Tech
 19-22 L James Madison
 9-31 L Virginia
 16-29 L American
 32-15 W Campbell
 30-14 W Howard
 58-0 W Wilkes
 37-9 W Norfolk State
 13-19 L George Mason

1998-99 (8-10)

COACH: GRAY SIMONS
 17-21 L The Citadel
 6-33 L Kent State
 20-21 L Gardner Webb
 12-18 L NC State
 27-10 W VMI
 28-9 W Duke
 9-24 L Drexel
 9-29 L Virginia
 26-6 W Virginia Tech
 8-37 L Cleveland State
 13-25 L James Madison
 29-16 W American
 26-9 W Campbell
 51-3 W Norfolk State
 25-18 W Howard
 30-12 W Wilkes
 13-25 L Maryland
 10-33 L George Mason

1999-2000 (5-6)

COACH: GRAY SIMONS
 9-24 L VMI
 24-18 W Duke
 15-25 L Seton Hall
 7-32 L Virginia
 26-15 W Campbell
 18-25 L James Madison
 33-13 W American
 25-15 W Howard
 16-21 L Maryland
 35-9 W Delaware State
 19-22 L GMU

2000-01 (7-6)

COACH: GRAY SIMONS
 24-15 W Howard
 41-6 W Delaware State
 18-15 L Duke
 25-18 W Columbia
 39-9 L Lock Haven
 33-3 L Cornell
 24-22 W VMI
 28-15 W American
 23-9 L JMU
 24-12 L UVA
 26-15 W Campbell
 28-21 L Maryland
 43-3 W Delaware St.
 Canceled L George Mason

2001-02 (6-9)

COACH: GRAY SIMONS
 13-32 L Drexel
 13-29 L N.C. State
 10-30 L VMI
 6-43 L Missouri
 6-40 L Rider
 11-40 L Kent State
 19-27 L Virginia
 18-23 L James Madison
 28-11 W Campbell
 15-22 L Maryland
 30-15 W American
 20-15 W Buffalo
 43-7 W Delaware State

37-8 W Howard
 28-17 W George Mason

2002-2003 (6-10)

COACH: GRAY SIMONS
 23-17 W UNC Greensboro
 42-6 W American
 12-25 L N.C. State
 21-13 W Campbell
 29-6 W Drexel
 13-34 L Virginia
 27-8 L Maryland
 36-7 W Delaware State
 21-24 L James Madison

2003-2004 (7-12)

COACH: GRAY SIMONS
 42-6 L Edinboro
 39-9 W American
 37-7 L Purdue
 25-19 L Drexel
 39-6 L Rider
 23-20 W Sacred Heart
 34-9 L Boston University
 32-18 W Binghamton
 25-14 L Virginia
 29-12 L Virginia Tech
 32-11 L Kent State
 27-22 L N.C. State
 21-20 L VMI
 32-7 W Campbell
 22-14 L Maryland
 23-19 L UNC-Greensboro
 42-3 W James Madison
 57-0 W Delaware State
 20-13 W George Mason

2004-2005 (12-5)

COACH: STEVE MARTIN
 9-39 L Pittsburgh-Johnstown
 29-16 W Delaware Valley
 0-44 L UT-Chattanooga
 26-16 W Citadel
 18-20 L Ohio
 24-16 W Rider
 34-9 W Sacred Heart
 20-18 W Boston University
 16-17 L Drexel
 55-0 W Wagner
 49-4 W Campbell
 12-27 L Hofstra
 20-15 W UNC-Greensboro
 23-13 W N.C. State
 27-11 W VMI
 40-9 W James Madison
 28-10 W George Mason

2005-2006 (11-7-1)

COACH: STEVE MARTIN
 24-17 W University of Maryland
 41-3 L Edinboro
 31-9 W Slippy Rock
 34-6 L Northern Iowa
 22-13 W The Citadel
 30-15 W Virginia Tech
 13-19 L Bloomsburg
 17-24 L Drexel
 27-16 W Sacred Heart
 21-10 W Drexel
 26-15 L Hofstra
 18-18 T Rider
 34-10 W Boston U.

2006-2007 (12-7)

COACH: STEVE MARTIN
 17-18 L Purdue
 38-12 W George Mason
 30-12 W Citadel
 38-6 W Liberty
 9-24 L Kent State
 26-12 W Virginia
 20-16 W North Dakota State
 19-18 W Rider
 14-21 L Kent State
 12-24 L Hofstra
 20-15 W Drexel
 22-12 W Rider
 37-6 W Boston U.
 36-4 W Sacred Heart
 14-20 L Northern Illinois
 16-20 L Northern Iowa
 31-10 W Virginia Tech
 23-20 W American
 12-20 L Missouri



OLD DOMINION VS. OPPONENTS

SCHOOL	RECORD	FIRST MEETING	LAST MEETING	SCHOOL	RECORD	FIRST MEETING	LAST MEETING
Adams State	1-0-0	1991	1991	Loyola (Md.)	5-0-0	1960	1986
American	26-4-0	1959	2007	Lycoming	2-2-0	1963	1967
Appalachian State	7-13-1	1961	1991	Malone	1-0-0	1972	1972
Army	1-1-0	1981	1984	Maryland	2-17-1	1984	2005
Anderson College	1-0-0	1997	1997	Maryland-Eastern Shore	2-0-0	1984	1984
Ashland	0-2-1	1969	1972	Michigan	1-0-0	1970	1970
Auburn	1-1-0	1966	1981	Missouri	0-5-1	1984	2007
Ball State	0-1-0	1970	1970	Morgan State	4-1-0	1983	1985
Baltimore	10-1-2	1958	1970	Navy	0-5-0	1966	1987
Binghamton	1-1	2003	2004	New York University	1-0-0	1987	1987
Bloomsburg	0-3-0	1969	2006	Norfolk State	32-0-0	1970	1999
Boston University	3-2-0	2003	2007	North Carolina	2-15-0	1969	2006
Brown	0-1-0	1998	1998	North Carolina-Greensboro	6-1-0	1995	2006
Bucknell	0-2-0	1975	1987	North Carolina State	3-10	1959	2005
Buffalo	1-1-0	1971	2002	North Dakota State	1-0	2007	2007
Cal-State (Pa.)	0-1-0	1972	1972	Northern Illinois	0-1-0	2007	2007
Cal Poly-San Luis Obispo	0-1-0	1982	1982	Northern Iowa	0-2-0	2005	2007
California Univ. of Pa.	1-0-0	1989	1989	Northern Ohio	0-1-0	1971	1971
Campbell	10-0	1997	2006	Ohio	0-1	2004	2004
Catholic	3-0-0	1958	1965	Ohio State	1-3-0	1969	1986
Central Connecticut	1-2-0	1987	1991	Oklahoma	0-1-0	1996	1996
Citadel, The	5-2-0	1967	2006	Oklahoma State	0-1-0	1989	1989
Clarion	0-1-0	1985	1985	Oregon State	0-1-0	1985	1985
Clemson	2-1-0	1981	1994	Pembroke State	1-0-0	1974	1974
Cleveland State	0-1-0	1999	1999	Pennsylvania	0-1-0	1995	1995
Coast Guard	1-0-0	1987	1987	Pfeiffer	5-0-0	1961	1967
Columbia	1-0-0	2001	2001	Pittsburgh	2-0-0	1981	1984
Coppin State	8-0-0	1984	1997	Pitt-Johnstown	0-2-0	1987	2004
Cornell	1-1-0	1988	2001	Princeton	1-1-0	1966	1984
Cumberland (Ky.)	0-1-0	2003	2003	Purdue	0-2-0	2003	2006
Delaware	1-0-1	1986	1987	Quantico Marines	1-0-0	1975	1975
Delaware State	8-0	1985	2004	Richmond	3-4-0	1974	1980
Delaware Valley	1-0	2004	2004	Richmond Professional Inst.	5-0-0	1964	1968
Drexel	4-8-0	1992	2007	Rider	3-3-1	2002	2007
Duke	1-2-0	1971	2001	Rutgers	1-0-1	1969	1987
East Carolina	8-9-2	1963	1981	Sacred Heart	5-0-0	2003	2007
East Stroudsburg	1-0-0	1987	1987	Salisbury State	3-4-0	1976	1983
Edinboro	0-3-0	1998	2005	Seton Hall	1-1-0	1984	2000
Elizabeth City	1-0-0	1984	1984	Shippensburg	2-0-0	1981	1990
Florida	0-1-0	1979	1979	Slippery Rock	2-5-0	1973	2005
Florida Tech	0-1-0	1976	1976	Springfield	1-1-0	1966	1981
Fort Eustis	1-0-0	1959	1959	SUNY-Brockport	0-1-0	2003	2003
Franklin & Marshall	2-4-0	1966	1978	Syracuse	0-1-0	1989	1989
Gallaudet	6-0-0	1959	1963	Temple	1-1-0	1975	1984
Gardner Webb	0-10-0	1998	1998	Tennessee	1-1-0	1984	1986
George Mason	8-9-0	1979	2007	Tennessee-Chattanooga	1-2-0	1972	2004
George Washington	10-0-0	1973	1989	Towson State	7-0-0	1958	1969
Georgetown	1-0-0	1982	1982	U.S. Naval Academy	0-1-0	1995	1995
Georgia State	1-0-0	1995	1995	Virginia	17-20-0	1958	2007
Georgia Tech	0-1-0	1971	1971	Virginia Commonwealth	8-2-0	1969	1981
Gettysburg	0-1-0	1975	1975	Virginia Military Institute	10-4-0	1958	2006
Hampden-Sydney	11-0-0	1960	1968	Virginia State	1-0-0	1974	1974
Hampton Institute	1-0-0	1978	1978	Virginia Tech	18-13-0	1966	2007
Harvard	1-0-0	1987	1987	Wagner	1-0	2005	2005
Hofstra	1-4-0	1991	2007	Washington & Lee	9-1-0	1958	1974
Howard	15-2-0	1970	2002	Waynesboro State	0-1-0	1986	1986
Illinois	0-1-0	1985	1985	West Chester	4-8-0	1967	1985
Indiana	1-1-0	1989	1991	West Virginia	1-2-0	1983	1986
Indiana Univ. of Pa.	1-1-0	1971	1979	Western Maryland	0-1-1	1970	1975
James Madison	13-10	1977	2005	Wilkes	5-3-0	1980	1999
Kent State	0-6-0	1990	2007	Wilkes-Barre	1-1-0	1973	1990
Kentucky	0-1-0	1983	1983	William & Mary	12-17-0	1967	1995
Kutztown	1-0-0	1986	1986	Wisconsin	0-1-0	1993	1993
Liberty	8-2-1	1986	2007	Wright State	0-1-0	1989	1989
Liberty Baptist	3-0-0	1983	1985	Wyoming	0-1-0	1996	1996
Livingston	1-0-0	1986	1986	Yale	2-0-0	1987	1991
Lock Haven	0-7-0	1962	2001	Youngstown State	1-0-0	1984	1984

ALL-TIME ODU WRESTLING RECORDS

TOPTEN ALL TIME SINGLE SEASON WON-LOST MARK

40-1-1 by Buddy Lee 1978-79 136 pounds
 37-2 by Carl Ragland, 1968-69, 152 pounds
 37-11 by Darell Lorthridge, 2003-04 at heavyweight
 37-16 by Shannon Slack 2004-05 at 141
 36-13 by B.J. Compton, 2004-05 at 133
 36-1 by Nick Hall, 1995-96 heavyweight
 35-14 by Chris Brown, 2006-07 at 157
 35-2 by Jeff Rusak, 2001-02 at 174
 34-6 by Jeff Rusak, 200-01 at 174
 34-7 by Adam Wright, 2005-06 at 197
 34-11 by Ben Ward, 1983-84 at 150
 34-3 by Terry Perdew, 1973-74 at 118.

TOP CAREER WINS

Jeff Rusak (174), 1997-02 135-19
 Buddy Lee (136), 1977-82 122-25-2
 Adam Wright (197), 2003-06 120-31
 Nick Hall (Hwt), 1991-96 115-18-3
 Rich Castano (158), 1984-89 104-31-6
 Steve Sciandra (Hwt), 1986-91 102-25-1
 Erik Shaw (126), 1991-96 101-25-1
 Tom Sinacore (118), 1989-94 95-38-2
 Jamie Kelly (167), 1994-98 90-38
 Carl Ragland (152), 1966-69 89-6-1
 Mike McCarthy (142), 1972-76 88-41
 Ben Ward, (150) 1983 & 84 88-33-1
 Noel Clavel, 1989-92 82-14-3
 Christian Staylor, 2004-05, 07 81-31

TOP CAREER WINS continued

Wayne Gibson (118), 1985-89 77-20-4
 Mark Billups (142), 1985-89 69-24-3
 Wayne Bright (142), 1967-70 65-11
 Randy Payne (HWT), 1974-78 61-33
 Paul Cote (157), 1963-66 57-7-1

TOP CAREER FIVE PINS

29 by Nick Hall (HWT), 1991-96
 by Mark Billups (142), 1985-89
 26 by Buddy Lee (136), 1977-82
 22 by Randy Payne (HWT) 1974-78
 19 by Jeff Rusak (174), 1997-02

MEDIA LIST

PRINT MEDIA

The Virginian Pilot
Chic Riebel
150 W. Brambleton Avenue
Norfolk, VA 23510
757-446-2366
FAX: 757-533-9004

Newport News Daily Press
7505 Warwick Boulevard
Newport News, VA 23607
757-247-4630
FAX: 757-247-9420

The Richmond Times-Dispatch
PO Box 85333
Richmond, VA 23293
804-649-6554
FAX: 804-775-8085

USA Today
7950 Jones Branch Dr.
McLean, VA 22108
FAX: 703-854-2072

The Washington Post
Sports Department
1150 15th St., NW
Washington, D.C. 20071
202-334-7350
FAX: 202-334-7685

The Washington Times
Sports Department
3600 New York Ave., NE
Washington, D.C. 20022
202-636-3269
FAX: 202-269-3419

Old Dominion Mace and Crown
Sports Editor
Webb University Center
Norfolk, VA 23529
757-683-3456

RADIO

ESPN RADIO 1310 AM
Tony Mercurio, Sports Director
5589 Greenwich Road
Virginia Beach, VA 23462
757-671-1000
FAX: 757-490-8973

WODU Radio (Cable 51)
Sports Director
Webb University
Norfolk, VA 23529
757-683-3441
www.oduradio.com

TELEVISION

WTKR-TV-3 (CBS)
Corey Curtis, Sports Director
720 Boush Street
Norfolk, VA 23510
757-446-1352
FAX: 757-446-1376

WAVY-TV-10 (NBC)
Bruce Rader, Sports Director
300 Wavy Street
Portsmouth, VA 23704
757-396-6181
FAX: 757-397-8279

WVEC-TV-13 (ABC)
Scott Cash, Sports Director
613 Woodis Avenue
Norfolk, VA 23510
757-628-6217
FAX: 757-628-5855

COMCAST Sportsnet
7700 Wisconsin Ave.
Bethesda, Md. 20814
301-718-3200 / 3306
FAX: 301-718-3300

ESPN
ESPN Plaza
Bristol, CT 06010
860-585-2000
FAX: 860-585-2400

CONFERENCE

Colonial Athletic Association
Rob Washburn
Assistant Commissioner
8625 Patterson Ave.
Richmond, VA 23229-6349
804-754-1616
FAX: 804-754-1830

WIRE SERVICES

Associated Press
700 E. Main Street, Suite
1380
Richmond, VA 23219
804-643-6646
Inside VA: 1-800-552-9935
FAX: 804-643-6223

INTERNET

College Sports Network
2035 Corte del Negal
Suite 200
Carlsbad, CA 92009
Phone: 760-431-8221
Fax: 760-431-8608

SPORTS INFORMATION CONTACTS

Sports Information Director: Carol Hudson, Jr.
Wrestling SID: Rob Silsbee,
Assistant Sports Information Director
Office Phone: (757) 683-3372
Office FAX: (757) 683-3119
Parks' EMail: rsilsbee@odu.edu



BEFORE COVERING
THE MONARCHS...

INTERVIEWS

Head Coach Steve Martin will be available for interviews immediately following all home matches. Player interviews must be set up through the sports information office. Coach Martin is available during the week for interviews before and after practice. Please contact the sports information office at 757-683-3372 for more information.

PHOTOGRAPHERS

Only working photographers will be allowed at mat side during matches. Credentials must be secured at least 24 hours in advance of matches. Photographers will be asked to wear a press photo pass at all times when shooting.

COLONIAL ATHLETIC ASSOCIATION

Wrestling statistics for the eleven CAA schools are compiled throughout the season at the conference office in Richmond, Va. For up-to-date information, call Rob Washburn at 804-754-1616. You can also get up-to-date information from Fax On Demand. Please call 770-399-3066 and dial 222 for the CAA. The document code for Old Dominion wrestling stats is 1680 and 1681.

PRESS TABLE FACILITIES

Space is available at the scorer's table for members of the media. Old Dominion University Sports Information will furnish a complete statistics sheet immediately following the conclusion of all home matches upon request.

RADIO BROADCAST LINES

Visiting teams wishing to broadcast matches are asked to contact the sports information office at least two weeks prior to the game. The Fieldhouse is located between Parker and Powhatan. All radio lines must be secured through the Bell Atlantic Telephone office in Norfolk, by calling 757-667-5000.



BUDDY LEE, ODU '82 & 1992 OLYMPIAN

One of Old Dominion's finest wrestling alums is Anthony "Buddy" Lee. For years, he has wowed audiences around the world with his acrobatic jump rope skills and techniques. Buddy currently has his own line of High performance jump ropes and training programs that are used by Olympians across all sports. His patented jump ropes are licensed and are the official ropes of The United States Olympic Team.

Buddy came to Old Dominion from Highland Springs High School in Richmond, Va. a high school known for its basketball and football state championship teams. He started wrestling as a 9th grader and won Highland Springs' first Virginia AAA State championship at 126 pounds in 1977 and was the State Runner up at 119 lb. in 1976. He came to Old Dominion with only one high school state title and a record of 90 -5 1 and as of 2004, is

one of only three high school state champions from Highland Springs.

Buddy was a two-time NCAA All-American at ODU, placing fourth in 1980 and seventh in 1982. After graduating from ODU with a degree in secondary education, he went on to serve in the U.S. Marines and became a 10-time world medalist, a three-time National Greco Roman Champion, and was voted most outstanding wrestler at the National Championships and was twice named U.S. Marine Corps Athlete of the Year.

Buddy is the first of hopefully many more Olympic wrestling hopefuls that have stepped on the mat at Old Dominion University. He placed sixth in the 1992 Barcelona Games in Greco-Roman.

He is the author of Jump Rope Training published by Human Kinetics, a national motivational speaker, inventor of Hyperformance jump rope with a patented bearing system, and a trainer to Olympic Athletes, all while living an exemplary lifestyle. Pictured above, you will see Buddy carrying the Olympic Torch en route to the 1996 Atlanta Games.

In 2004, Buddy Lee Jump Ropes were recognized as the best jump rope, period, by "Men's Health" and Men's Fitness magazine and appeared on CNN Headline news, NBC, CBS, Business Week, GO, Jet, New York Times, Los Angeles Times and will appear in Vogue. Buddy compiled an impressive 122-13-2 record at Old Dominion, was voted male athlete of the year three times; most valuable wrestler four times and was inducted into the ODU Sports Hall of Fame in 1987.

"Wrestling built my character, taught me the self discipline, commitment, confidence, persistence, and courage to fight to the end to live my dreams. My greatest lessons did not come from winning but from what I learned in the struggle for athletic excellence. I learned about life and about myself. Everyday I call on these mental skills to help me in my personal life, in business and to continue to stay focused to live my dream to motivate, educate and encourage others to become fit for life," said Lee.

"Wrestling helped me to discover, mold and develop my inner self to become a champion in life. As a result my education and sports background has allowed me to make the right choices in life."





NOTABLE ALUMS



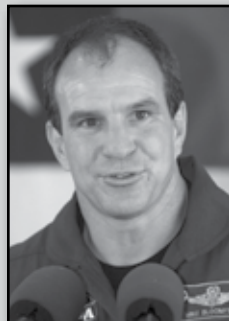
Justin Verlander

*Drafted by the Detroit Tigers 2004
AL Rookie of the Year '06*



Jay Harris

'87 ESPN Sportscaster



Astronaut Michael J. Bloomfield '93



Samantha Salvia

'96 ODU's First Rhodes Scholar

THE COLONIAL

COLONIAL ATHLETIC ASSOCIATION QUICK FACTS

8625 Patterson Avenue Richmond, VA 23229-6349

Telephone: 804-754-1616 Fax: 804-754-1830

WWW.CAASPORTS.COM



Coming off another record-setting season, the Colonial Athletic Association continues to enhance its reputation as one of the nation's top collegiate conferences.

With a geographic footprint stretching from Boston to Atlanta, the CAA encompasses five of the nation's nine largest metropolitan areas. The conference has produced 16 national team champions in five different sports, 33 individual national champions, 12 national players of the year, 11 national coaches of the year and 12 Honda Award winners. Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 21 NCAA post-graduate scholars. In 2006-07, the CAA had six ESPN the Magazine Academic All-Americans and more than 1,600 of our 4,000 student-athletes received the Commissioner's Academic Award after posting at least a 3.2 grade point average while lettering in a varsity sport.

The landscape of the conference stretches along the majority of the East Coast, and includes six of the nation's top 25 media markets – New York (1), Philadelphia (4), Boston (5), Washington, D.C. (8), Atlanta (9) and Baltimore (23). The number of television homes in the CAA market exceeds 19 million.

The CAA now sponsors 22 sports with the addition of a 12-team football league in 2007. Male athletes compete for championships in baseball, basketball, cross country, football, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming & diving, tennis, track & field and volleyball. In 2006-07, a league-record 29 teams earned NCAA Tournament berths.

The conference has made its presence known nationally in men's basketball with four teams advancing to post-season play for the past three years. Conference champion VCU pulled the most noted upset of the NCAA first round last season with its 79-77 victory over Duke and Old Dominion became the second CAA team in as many years to receive an NCAA at-large bid. Hofstra returned to the NIT for the third straight season and Drexel made its fourth NIT appearance in the last five years. In 2006, George Mason became the first mid-major program since 1979 to reach the Final Four, knocking off powerhouses Michigan State, North Carolina, Wichita State and Connecticut along the way. The Patriots were ranked No. 8 in the final ESPN/USA Today Top 25 poll, which was the highest ever for a CAA team.

In women's basketball, the CAA had three teams earn NCAA Tournament berths for the first time and four squads advanced to post-season play for the second straight year. Perennial power Old Dominion, which has captured three national championships (1979, 1980, 1985) and was national runner-up in 1997, captured its 16th consecutive conference title. James Madison returned to the NCAA Tournament for the first time since 1996 and Delaware made its second-ever trip to the NCAA's. Hofstra completed its most successful season in school history by advancing to the quarterfinals of the WNIT.

The conference also excels in many other sports. Delaware became the first CAA team to reach the Final Four of the NCAA Men's Lacrosse Championship in 2007. A league-record four men's soccer teams earned NCAA berths in 2006, with Towson and Old Dominion advancing to the round of 16. A league-high four teams also represented the conference in the NCAA Men's Tennis Championship. William & Mary reached the round of 16 in women's tennis and the Tribe tandem of Megan Moulton-Levy and Katarina Zoricic was ranked No. 1 in the nation and reached the finals of the NCAA Doubles Championship. CAA squads have won 10 field hockey national titles since the championship began in 1981, which is the most of any Division I conference. Hofstra finished seventh overall at the NCAA Wrestling Championship and William & Mary finished eighth nationally in men's cross country. In baseball, the league had 17 players chosen in the 2007 Major League Baseball draft. There were 37 CAA student-athletes who received All-America honors.

CAA member institutions are committed to excellence in the classroom. The Colonial Academic Alliance was created in 2002 by the league's presidents with a goal of expanding their partnership to all aspects of university life outside of intercollegiate athletics. Among the programs already established are an undergraduate research conference, coordination of study abroad programs and granting visiting academic status to student-athletes traveling to an away contest so that they have access to libraries, academic resource centers and computer labs.

In 2002, two faculty members from CAA institutions were awarded academia's most coveted distinction – the Nobel Prize. John B. Fenn, a research professor in the Department of Chemistry at Virginia Commonwealth University, received the Nobel Prize for chemistry, and Vernon Smith, a professor of economics and law at George Mason University, shared the Nobel Prize in economic sciences.

Commissioner Thomas E. Yeager has guided the CAA since its inception. The conference traces its roots back to 1983 when three of its current members- George Mason University, James Madison University, and the College of William and Mary - were aligned with East Carolina University, the United States Naval Academy and the University of Richmond as a basketball league (ECAC South). During the next two years, the league added 11 sports, acquired two new members (the University of North Carolina at Wilmington and American University) and decided to form a new association. The transformation from ECAC South to CAA took place on June 6, 1985.

Charter members George Mason, James Madison, UNC Wilmington and William and Mary were joined by Old Dominion University in 1991 and by Virginia Commonwealth University in 1995. The conference added the University of Delaware, Drexel University, Hofstra University and Towson University in 2001. Georgia State University and Northeastern University became members of the conference on July 1, 2005.

From all-star athletes to Nobel Prize winning faculty, the CAA takes great pride in producing performers who stand out both on the playing field and in the classroom.

ATHLETIC DEPT. DIRECTORY
(757 Area Code)

President:	
Dr. Roseann Runte	683-3159
Athletic Director:	
Dr. Jim Jarrett	683-3369
Senior Associate Athletic Director:	
Debbie H. White	683-3359
Associate Athletic Director:	
Deb Polca.....	683-3358
Associate Athletic Director:	
Bruce Stewart.....	683-3369
Associate A.D./Finance:	
Mark Brown.....	683-3569
Assistant A.D./Event Management:	
Greg Smith	683-6026
Assistant A.D./Compliance/Student-Athlete Welfare:	
Jeff Wilson	683-5474
Sports Information Director:	
Carol R. Hudson, Jr.....	683-3372
Assoc. Sports Information Director:	
Jamar Ross.....	683-3372
Asst. Sports Information Director:	
Kimberly Zivkovich	683-3372
Asst. Sports Information Director:	
Rob Silsbee	683-3372
Director of Athletic Publications/Creative Services:	
Tina Price.....	683-3372
Asst. Dir. of Athletic Publications/Creative Services:	
Chrisie Henn.....	683-3372
Asst. Athletic Business Manager	
Scott Lowery	683-4444
Athletic Camp Director:	
Chris Crouch.....	683-4358
Dir. of Sales & Corp. Sponsorships:	
Chuck Gray	683-3372
Asst. Dir. of Sales & Corp. Sponsorships:	
TBA	683-3372
Dir. of Game Atmosphere & Student Att.:	
David Weisser.....	683-3372
Life Skills Director/Academic Advisor:	
April Brecht.....	683-3709
Academic Advisor:	
Devon Uiterwyk	683-3715
Equipment Room Manager:	
Andrea Allen.....	683-3371
Head Athletic Trainer:	
Marty Bradley.....	683-3383
Asst. Athletic Trainer:	
Scott Johnson	683-3397
Asst. Athletic Trainer:	
Brynn Schuckman.....	683-5444
Athletic Faculty Representative:	
Dr. Janis Sanchez-Hucles	683-4995
Baseball Coach:	
Jerry Meyers	683-4360
Men's Basketball Coach:	
Blaine Taylor	683-3362
Women's Basketball Coach:	
Wendy Larry	683-3401
Field Hockey Coach:	
Beth Anders.....	683-3785
Football Coach:	
Bobby Wilder.....	683-6150
Men's Golf Coach:	
Dr. Murray Rudisill.....	683-3300
Women's Golf Coach:	
Pat Kotten	683-4553
Lacrosse Coach (W):	
Sue Stahl	683-4541
Women's Rowing Coach:	
Heather Weisel	683-3372
Sailing Coach (M&W):	
Mitch Brindley	683-3387
Men's Soccer Coach:	
Alan Dawson	683-4360
Women's Soccer Coach:	
Joe Pereira.....	683-5343
Swimming Coach (M&W):	
Carol Withus.....	683-5752
Tennis Coach (M&W):	
Darryl Cummings.....	683-5312
Wrestling Coach:	
Steve Martin.....	683-5311
Strength & Conditioning Coach:	
Paul Helsel.....	683-5313

OLD DOMINION ADMINISTRATION

Dr. Roseann Runte UNIVERSITY PRESIDENT



Dr. Roseann Runte became the seventh president of Old Dominion University in the summer of 2001. She has more than 20 years' experience as a professor and senior administrator. Her publications include books, articles and chapters on topics ranging from economic and cultural development to creative writing.

She has served on national and international boards, including The National Bank of Canada, the National Library, the Club of Rome, UNESCO and the Royal College of Physicians and Surgeons. She is currently president of the American Council on Education's Commission on International Education, a board member of the Commission on Colleges of the Southern Association of Colleges and Schools and a member of the Executive Advisory Council for SunGard SCT.

Dr. Runte's work has been recognized with many awards and honors, including the Order of Canada, the French Order of Merit, fellowship in the Royal Society and the World Academy of Arts and Science, several honorary degrees and a prize from the French Academy.

Dr. Jim Jarrett ATHLETIC DIRECTOR



When Jim Jarrett arrived on the campus of Old Dominion University in the fall of 1967 as a Health and Physical Education professor, he had little idea that his tenure would be counted in decades. During that time span, he has led the program from a well respected NCAA Division II member to a nationally respected Division I power that has captured 25 national championships.

Jarrett began his 37th year as athletic director in 2007, taking over the reigns in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aids to women student-athletes. It was

a bold move at the time for a young athletic director and equally young University, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women's basketball, and led the nation in attendance.

Under his leadership, the department's athletic venues have tripled and are considered state of the art facilities. They include the construction of the Bud Metheny Baseball Complex, the Sailing Center, the Athletic Administration Building, the ODU Soccer Building the 8,500 seat Constant Convocation Center. Currently, Jarrett is overseeing the construction of the Folkes-Stevens Indoor Tennis Center, the Powhatan Sports Center, Foreman Field renovations and renovations to the Athletic Administration Building. For all his efforts, Jarrett's has been honored many times by national and local groups. Most recently, Jarrett was given Lifetime Achievement awards from NACDA and VaSID. In 2003, he was named the Southeast Regional Athletic Director of the Year by NACDA. Other awards he's received include the Collegiate Director's Award from the Women's Basketball Coaches Association, and the Norfolk Sports Club Man of the Year. He served as a member of the NCAA Women's Basketball Committee and is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame.

An avid golfer and tennis player, Jarrett and his wife Sugie reside in Norfolk.



ACADEMIC SUPPORT

The Old Dominion University Athletic Department offers a wide variety of programs to assist the academic and personal well-being of the student-athlete.

These programs are overseen by April Brecht, life skills program director/academic advisor and Devon Uiterwyk, academic advisor for student-athletes. Their offices are located in the new Marc and Connie Jacobson Athletic Academic Center inside the Athletic Administration Building, with convenient access to all the student-athletes.

Among the programs available to student-athletes:

SUPERVISED STUDY SESSIONS

Supervised study sessions are required for all freshmen, transfer student-athletes, and select upperclassmen. Study sessions are held in the Jacobson Athletic Academic Center. Students can attend day or evening hours for a minimum of six hours per week.

"RISING STARS"- THE LIFE SKILLS PROGRAM

The Life Skills Program provides a comprehensive approach to the overall academic and personal development of student-athletes at Old Dominion University. With the student-athlete welfare in mind, the Athletic Department provides:

The Academic Commitment

- Academic, major choice and career counseling
- Academic advising - class scheduling and eligibility review
- Supervised study sessions
- Tutoring program by request and/or referral
- UNIV 100 (University Orientation) class
- Academic progress/attendance reports during each semester
- Intervention - illness, injuries, etc. reported to faculty
- Laptop checkout for athletic travel

The Athletic Commitment

- Title IX information, coach and support staff standards of conduct, the coach as a teacher, departmental operations and standards, and athletic support program information
- Team-building and conflict resolution intervention /training



Above, Students attend study hall in the new Jacobson Academic Center. Right, Life Skills Program Director/ Academic Advisor April Brecht and Academic Advisor Devon Uiterwyk



The Personal Development Commitment

- Educational programming for new students and teams
Understanding Values, Appreciating Diversity, Personal Health (Sexual Responsibility, Alcohol Choices, Stress Management), Interpersonal Communication and Media Relations, Social Development, and Fiscal Responsibility.
- Networking and appropriate campus program promotion

The Service Commitment

- Monarch ReachOut service project referrals and contacts
- CAA Blood Drive

The Career Development Commitment

- Networking and referral are provided in cooperation with our career management center
- Educational programming
- UNIV 120 (Career Planning) class
- Interview, cover letter, and resume techniques.

STUDENT ATHLETE ADVISORY COMMITTEE (SAAC)

The SAAC serves as a voice for student-athletes to address issues common to all teams. The committee allows student-athletes to address concerns with administrators to improve the student-athlete experience.

The CAA selects an athlete from each school in the conference to attend a student-athlete advisory meeting in the spring of each year. The selected college representatives are given the opportunity to discuss issues at the conference level.

ATHLETIC FACILITIES

Old Dominion University prides itself on being able to offer the student-athlete the best possible facilities to achieve maximum potential on the field.

The Intercollegiate Athletics Building, which underwent a renovation in 2006, houses both strength training and athletic training facilities which are always at the full disposal of the student-athlete. The expanded building is also the home of the Jacobson Athletic Academic Center.

The athletic training room provides the best in modern rehabilitation equipment for athletic injuries. The seven-foot deep running pool, located in the hydrotherapy room, along with three whirlpools and jacuzzi, provides Old Dominion athletes the opportunity to rehabilitate through exercise in water. The room also includes nine training tables, a Kinkom rehabilitation machine, and a traction table. The athletic training room is under the supervision of Head Athletic Trainer Marty Bradley, M.S., A.T.C., and his two full-time assistants, along with a staff of graduate assistants and student assistants.

The strength training room, built specifically for student-athlete use. The room includes the most up-to-date in nautilus and free weight equipment, all under the supervision of the Head Strength and Conditioning Coach.

The Intercollegiate Athletics Building also houses the administrative staff including the athletic director, the associate and assistant athletic directors, the offices of sports information, marketing, athletic camps, and the ticket office. The Athletic Support Office and Buildings and Grounds offices are also located in the Intercollegiate Athletics Building. The Intercollegiate Athletics Building is located in the middle of the athletic quadrant of the campus that includes the 4,000 seat Old Dominion Soccer Stadium, the 2,500 seat Bud Metheny Baseball Complex, the Folkes-Stevens Indoor Tennis Center, and the Student Recreation Center will be undergoing major renovation and expansion.

The Old Dominion Sailing Center is located on the Elizabeth River on the western side of the campus and serves as home to the Monarch sailing program. Featuring a 200-foot pier and launch area, the Sailing Center also has storage space for the entire Old Dominion fleet of FJ's, Lasers, 420's, and various support craft, locker rooms, classrooms, workshop, and office space for the sailing coaches.

Foreman Field, located behind Rollins Hall on the northern edge of the campus, is currently home to the field hockey and lacrosse teams. In 2009, the field will be the home field for Monarch football.

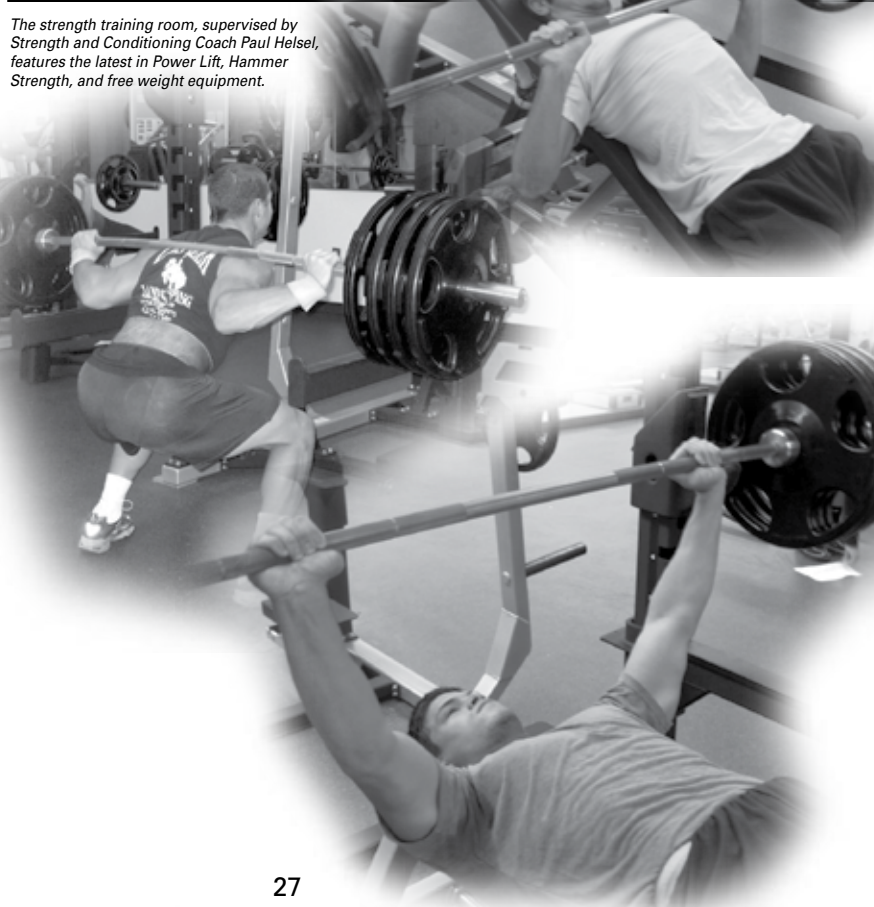
On August 2, 2007, the university broke ground on the Powhatan Sports Center. This new facility will house the football, field hockey and lacrosse programs. The Center will include offices, locker rooms, meeting rooms, a weight room, football practice fields and a new stadium for field hockey and lacrosse.



The new entrance to the Intercollegiate Athletics Building.



The strength training room, supervised by Strength and Conditioning Coach Paul Helsel, features the latest in Power Lift, Hammer Strength, and free weight equipment.



THIS IS OLD DOMINION UNIVERSITY



Koch Hall houses the University Administration

Rollins Hall houses the University's admissions, financial aid, and other support offices.

Old Dominion University opened its doors 76 years ago in an abandoned public school building to 206 students. Known at the time as the Norfolk Division of the College of William and Mary, it became an independent, four-year institution in 1962 and attained university status in 1969. Today, Old Dominion enrolls more than 21,000 students, including approximately 6,200 graduate students. Its 185-acre Norfolk campus is the primary hub of activity, along with four additional higher education centers (Virginia Beach Center, Peninsula Center, Tri-Cities Center and Northern Virginia Center). Old Dominion is a versatile university, committed to its students, their education, personal development and overall success.

The University offers 68 bachelor's degrees, 60 master's degrees, 35 doctoral degrees and two educational specialist degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences and Sciences.

Students who live on campus may choose residence hall or apartment-style living. The attractive Webb University Center provides a bookstore, cafeteria, food court, game room, lounge areas, and other shops and offices to serve the student body.

Old Dominion is one of Virginia's leading Ph.D. research institutions. The University contributes approximately \$600 million a year to the Hampton Roads economy and provides the community with a variety of programs and services, including the Applied Research Center, Virginia Applied Technology and Professional Development Center, Military Career Transition Program, Executive Development Center and the Virginia Modeling, Analysis and Simulation Center. A leader in space-related research, Old Dominion ranks first in the state in funding from NASA for research projects. The University operates one of the largest wind tunnels in the world at NASA's Langley Research Center, and its Oceanography, Nuclear Physics, and Modeling and Simulation programs are among the best in the nation.

The University Village, a 75-acre development along the east side of Hampton Boulevard, is yet another economic spark for the region.



The Webb Student Center houses student services, the campus bookstore and many dining options.

The 8,600-seat Ted Constant Convocation Center, which opened in fall 2002, is the centerpiece of the project. The Village also currently includes 278 modern apartment units for students, a fitness center and a variety of restaurants. Plans call for the addition of a research park, bookstore, hotel and shopping center.

In the classroom, Old Dominion students continue to earn high marks. The University boasts three USA Today Academic All-Americans and a Truman Fellow. ODU's first Rhodes Scholar is former field hockey All-American Samantha Salvia, a 1996 graduate.

Through its distance learning operation, Old Dominion offers nationally ranked programs in the sciences, engineering, arts and letters, health sciences, business and education. Its network includes nearly 50 locations throughout Virginia and as far away as Arizona, Georgia, Washington state, and even U.S. Navy ships and submarines deployed around the globe.

Old Dominion is well known for its international focus in both its curricula and student population. More than 1,100 international students from 100 countries are enrolled at the University.

The University also contributes to the cultural life of Hampton Roads by presenting music and dance concerts, plays, art exhibits, and annual literary and film and video festivals. In addition, the President's Lecture Series brings nationally known speakers to campus each year.

The University is located approximately 200 miles south of Washington, D.C., and is but a short drive to Virginia Beach and the Outer Banks of North Carolina.

WHY MONARCHS?

Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion's mother institution, the College of William and Mary. The nickname "Old Dominion" was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as "joint monarchs."

The Monarch used by Old Dominion has a royal crown on a lion's head, representing an historic past and a strong future. The school's current family of athletic logos were adopted in April of 2002.

