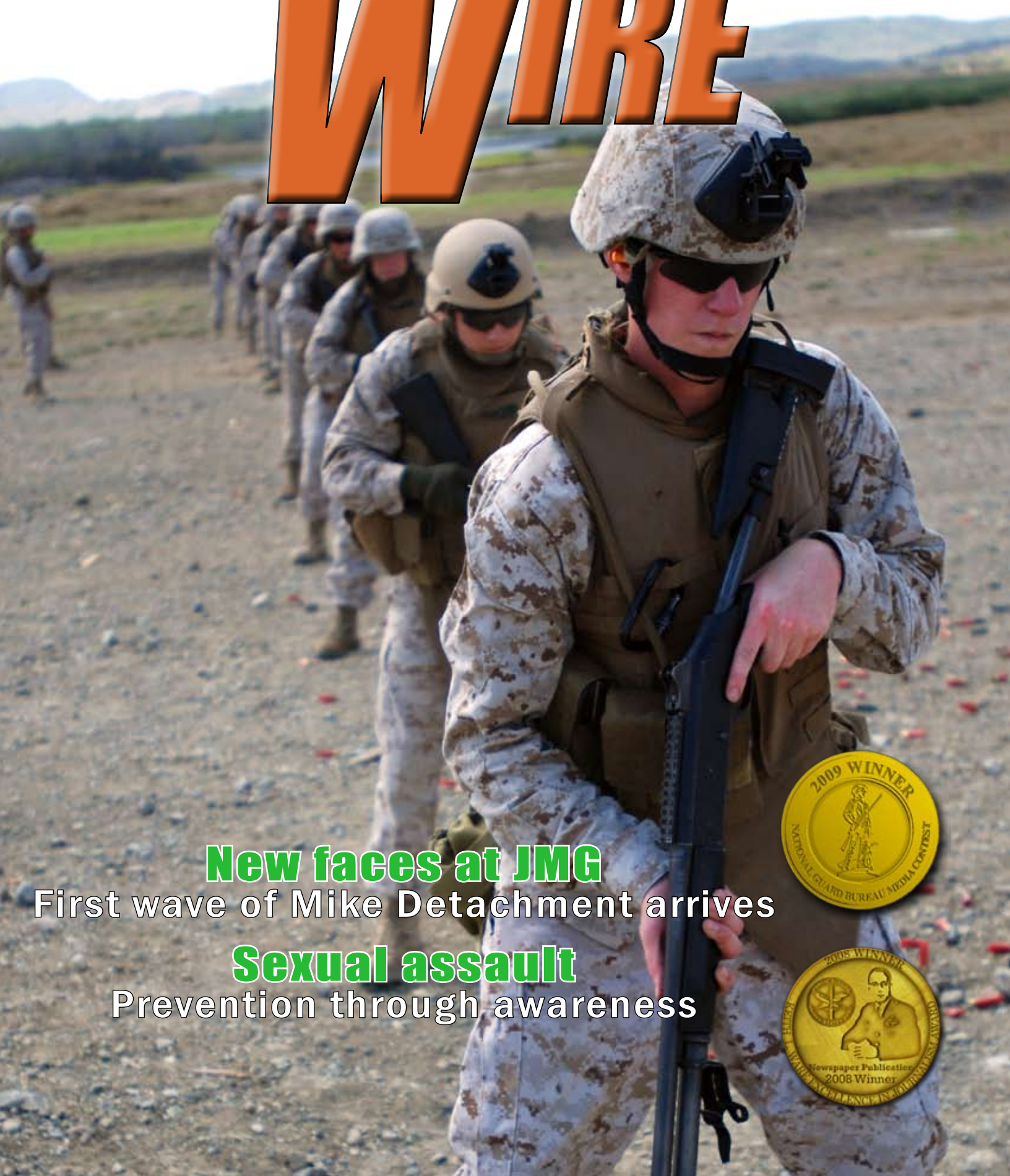


WIRED



New faces at JMG

First wave of Mike Detachment arrives

Sexual assault

Prevention through awareness



Uniform Heritage

**Navy Senior Chief Petty Officer
Carl Stewart**
NEGB Operations Lead Petty Officer

Webster's dictionary defines heritage as something transmitted by or acquired from a predecessor – a legacy, an inheritance or tradition, something possessed as a result of one's natural situation or birth.

As a member of the Armed Forces, I personally define heritage as a sense of belonging to the very best that America has to offer our country and the world. We are an elite and proud group of professional men and women who are loyal and bound together by a sense of pride – individuals who have a strong sense of service to our nation.

I believe that our military heritage is one of the cornerstones of America's standing in the world. We serve with pride and honor, following many of our friends, family and loved ones, who have paid the ultimate price for the freedoms that we enjoy each and every day.

Our military heritage has been written in blood with many heroic feats and acts of bravery that have changed the course of history in this great country. Each day as I put on my uniform, I think to myself how I wear it and how my conduct and performance impacts greatly on how I am perceived by my superiors, juniors and peers.

Nothing makes me more upset and disappointed than to see one of my Sailors or fellow service members in a poorly fitted and a badly kept uniform.

As I reflect back to boot camp, many years ago, I remember a division leading senior chief petty officer saying, "if you don't believe in wearing your uniform with a sense of pride and a commitment to the Navy and to my country, take it off right now." I wasn't quite sure what he meant by that, but by the end of boot camp I started to figure it out.

It really hit me during my first fleet week in New York City. As I left the ship to go on liberty with friends, I was wearing my dress white uniform. Being home was so much different this time. The reaction of my family and fellow New Yorkers, whom I had known for years, was amazing. People stopped and thanked me and my friends for our service to the nation.

I now realize what they saw – not just me, but my uniform and the rich heritage for which it stands. Each day as we put on the uniform of our branch of service we must wear it with pride and give it the respect it deserves.

While our uniforms have changed many times over the years, their heritage and meaning has not.

The challenge we face as senior enlisted leaders today, is to instill in our troops the pride and professionalism that we were taught by those senior enlisted leaders before us. I believe each senior enlisted leader is willing to accept and succeed in this task. ☆



JTF GUANTANAMO

Commander:

Navy Rear Adm. Tom Copeman

Command Master Chief:

Navy Master Chief Petty Officer
Scott A. Fleming

Office of Public Affairs Director:

Navy Cmdr. Brook DeWalt: 9928

Deputy Director:

Navy Lt. James Gonzales: 9927

Operations Officer:

Army Capt. Robert Settles: 3596

Supervisor:

Air Force Chief Master Sgt.
Randy Dunham: 3649

The Wire

Executive Editor, Command Information

NCOIC, Photojournalist:

Navy Mass Communication Specialist
1st Class Edward Flynn: 3592

Editor, Photojournalist:

Army Spc. Tiffany Addair: 3499

Photojournalists:

Army Sgt. Athneil Thomas
Navy Mass Communication Specialist
2nd Class Zachary Harris
Navy Mass Communication Specialist
2nd Class Sean Allen
Army Sgt. Derrol Fulghum
Air Force Staff Sgt. Angela Ruiz
Army Spc. Cody Black
Army Spc. Juanita Philip
Marine Corps Lance Cpl.
Justin R. Wheeler

Contact us

Editor's Desk: 3499 or 3594

From the continental United States:

Commercial: 011-53-99-3499

DSN: 660-3499

E-mail: thewire@jftgmo.southcom.mil

Online: www.jftgmo.southcom.mil

COVER:

Marine Corps Cpl. Jesse Barton, Marine Corps Security Force Company, conducts firing drills with a 12-gauge shotgun at Grenadillo Range, March 30. - JTF Guantanamo photo by Marine Corps Lance Cpl. Justin R. Wheeler

BACK COVER:

The Windward Point Lighthouse, deactivated completely in 1964, still stands tall in the soft moonlight as a historic marker at Naval Station Guantanamo Bay, March 2. - JTF Guantanamo photo by Army Spc. Cody Black

The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. The WIRE seeks to provide maximum disclosure with minimum delay with regard to security, accuracy, propriety and policy. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by the Document Automation & Production Service with a circulation of 1,000.

Navy Hospitalman Cody Vaneerd, with Joint Medical Group's Lima Detachment of Joint Task Force Guantanamo, provides the incoming Mike Detachment with ambulance familiarization training, March 24. – JTF Guantanamo photo by Army Spc. Tiffany Addair



Mike Detachment takes over

■ Joint Medical Group conducts right seat, left seat training

Army Spc. Tiffany Addair
JTF Guantanamo Public Affairs

Fresh faces are popping up at the Detainee Hospital and the Joint Troop Clinic at Joint Task Force Guantanamo. Changeover at Joint Medical Group has begun.

The first wave of Mike Detachment arrived at Naval Station Guantanamo Bay last month. They are replacing Lima Detachment in the ongoing JMG mission.

“The JMG mission is entrusted with safe, humane, legal and transparent care and custody of detainees,” said Navy Cmdr. Theresa Wood, senior nurse executive for the JMG. “Our mission is distinctly separate from the detention and intelligence group’s mission, meaning provision of medical care has no linkage to compliance with detention or involvement with intelligence operations. Provision of safe medical care

is integral to our successful function at JTF Guantanamo.”

The detachment comprises Sailors from all across Navy medicine. All service members are qualified corpsman, nurses and providers. Prior to arrival in GTMO, Sailors complete administrative and logistical training, Wood said, as well as more in-depth training on working in a detention setting.

For most, that training is where the incoming group begins to form a cohesive bond. By the time they arrive at GTMO they are a team.

“Before arriving at JTF Guantanamo we actually went through Army training at Fort Lewis,” said one Hospital Corpsman, whose name and job title are withheld per the members request. “Most of our training prior to arrival was refresher and familiarization. The main thing that was focused on was team building.”

After minimal hours with boots on ground, Mike Detachment has already started right seat, left seat training in preparation to relieve Lima.

Wood emphasized the importance of the training, and its functions related to continuous and safe mission success.

“This type of training is integral to a thorough turnover,” Wood said. “The initial

right seat time allows the new [team member] opportunities to observe what’s happening and digest all of the important components related to their job. Once they assume the left seat they are leading the way. They have the opportunity to run the show if you will, but their counterpart is still there for questions and guidance.”

Wood added that the overall goal of this format of training is to ease each service member into his or her new role. A gradual transition allows them to learn their new environment and gain the necessary confidence to work comfortably in it, she said.

While there is still another wave of Mike Detachment scheduled to arrive, the first wave is already at work, preparing to take over their new duties when Lima Detachment departs.

Hospitalman Seaman Cody Vaneerd, with the outgoing Lima Detachment, has been training his replacements in the duties he has fulfilled during his six months here at JTF Guantanamo.

“I feel confident that the new group will take charge of the responsibilities here and do a good job,” Vaneerd said. “It is important to make sure that our

See **Changeover/12**

MWR director hits ground running



Tara Culbertson, the new director of Morale, Welfare and Recreation, speaks with MWR employees about future plans and coordinating upcoming events, March 25. – JTF Guantanamo photo by Navy Mass Communication Specialist 1st Class Edward Flynn

Navy Mass Communication Specialist 1st Class Edward Flynn
JTF Guantanamo Public Affairs

Morale, Welfare and Recreation provides Joint Task Force Guantanamo Troopers and the Naval Station Guantanamo Bay community with a variety of recreational and fitness programs to support the diverse needs of the GTMO community. Being on a remote military installation with a diverse community made up of active duty military personnel, civilian contractors, families and foreign nationals, MWR continues to make great strides to provide a broad range of activities for its community.

Tara Culbertson, the new director of MWR for Naval Station Guantanamo Bay, hit the ground running, laying out her plans to continue the MWR mission of providing exceptional services to military and civilian personnel throughout the naval base.

With her arrival on March 6, she immediately hosted two “all hands” meetings at the Windjammer Ballroom with MWR employees. In her address, Culbertson praised the outstanding leadership of the MWR staff and promised to provide the necessary training, resources and a clear expectation to carry out their important mission.

“I laid out my vision for how we will work together as a team and make this the best MWR department in the Navy,” Culbertson said. “It is important we take great care of our customers. I also believe if we take excellent care of our employees, our employees will take excellent care of the customers.”

Culbertson most recently served as the MWR director at Naval Air Station Kingsville, Texas, and now has more than seven years of experience as an MWR director and more than 15 years working directly for MWR. Putting her vast administrative and management experience to use, Culbertson said she will focus on putting funding in the right places and take a hard look at existing facilities, including renovating, repairing and rebuilding these facilities.

MWR at Naval Station Guantanamo Bay offers three movie theaters, a marina, sailing center, bike shop, paintball course,

climbing wall, nine-hole golf course, nine-hole disc golf course, bowling center, football field and track, two baseball fields, two pools, batting cages, a skate park, putt-putt golf course, go carts, tennis facilities, beach volleyball courts, racquetball, weight and cardiovascular rooms, water sport rentals, indoor and outdoor basketball courts, fitness classes, four liberty centers, hiking/biking trails and playgrounds.

Through the recent work and funding provided by MWR, state-of-the-art athletic equipment was recently installed at G.J. Denich Gym. The new athletic equipment includes approximately 38 pieces, including cardiovascular equipment and free weights.

Alec Culpepper, MWR fitness specialist, couldn’t say enough positive things about why he loves his job and how beneficial the enhancements to the gyms have been.

“One of the best parts of my job is seeing [military] personnel and civilians use our athletic services, equipment and programs,” Culpepper said. “With this new equipment, it is another opportunity for the Naval Station Guantanamo Bay community to participate in the many physical fitness programs we offer.”

Additionally, more than 50 new pieces of similar equipment were installed at Marine Hill. This equipment will allow for a complete workout of all body parts, utilizing fitness, sports, bodybuilding and rehabilitation techniques. In total, MWR installed more than \$150,000 worth of new equipment.

Culbertson’s vision for MWR put live entertainment on the priority list. In fact, MWR is now actively planning a Fourth of July celebration with food, fun, live bands and fireworks. Additionally, annual events will continue while also ensuring financial considerations are planned accordingly.

The arrival of the new MWR director was greeted with positive comments throughout the naval station.

“As a member of the Guantanamo Bay community, I would like to welcome Tara Culbertson to the island,” said C.C. Lowery, acting director of Fleet and Family Support Center. “I have seen the great work of MWR throughout the community and am excited about her vision and leadership for the future.” ★

Army Sgt. Ronald K. McDaniel, healthcare specialist for Joint Task Force Guantanamo's Joint Troop Clinic, draws a blood sample from a JTF Guantanamo Trooper, March 30. - JTF Guantanamo photo by Army Spc. Tiffany Addair



Know where to go

■ Joint Troop Clinic keeping Troopers mission ready

Army Spc. Juanita Philip
JTF Guantanamo Public Affairs

With a considerable number of Troopers deployed to Naval Station Guantanamo Bay in support of Joint Task Force Guantanamo, it takes a well-trained staff of doctors, dentists and nurses to treat any injury or ailment that might prevent them from completing their mission.

The Joint Troop Clinic is charged with ensuring that all Troopers are well taken care of and are mission ready. The JTC provides routine outpatient services for

JTF Troopers, ranging from sick-call to dental care. The clinic staff comprises 10 people and the JTF has more than 2,000 Troopers assigned. An impressive number, nonetheless the JTC is willing and able to provide first-class medical care.

“On average, the staff at the JTC will care for 25 to 40 Troopers daily,” said Army Sgt. Ronald K. McDaniel, healthcare specialist at the JTC. “This range of Troopers is ideal to keep the wait time down.”

While the JTC has a steady stream of people daily, some seasons are more active than others, and the professionals always rise to the occasion.

“We do have some periods where we get busy,” said Army Sgt. Lee McClure, non-commissioned officer-in-charge of

the JTC. “The most patients we have seen in a day was 75, during flu season. With everyone living in such close proximity of one another, communicable diseases, such as the flu and stomach virus, are one of our biggest concerns.”

Even though the clinic staff is small, they’re capable of caring for all JTF Troopers. Many times, service members will bypass the JTC and go to the naval hospital for treatment, only to be turned away. The JTC is the first line of defense when seeking medical aid unless there is an emergency.

“All JTF personnel must come to the clinic first,” McClure said. “If by chance we cannot help those service members, then they’re referred to the naval hospital.”

McDaniel added to the importance of visiting the troop clinic prior to going to the naval hospital. Even specialty services must be routed through the JTC.

“If you want to see a specialist you have to come to the JTC first and then, if necessary, we will refer you to the hospital,” McDaniel said.

In addition to the health staff, there is also a team consisting of two dentists and three technicians. They perform cleanings, extractions, remove tooth decay, fill cavities and examine X-rays. If it is very serious, the patient is referred to the naval hospital.

The clinic staff also performs the yearly Periodic Health Assessment, where service members are vaccinated as needed and given vision tests. Some additional tests may be run hinging upon medical history.

“Depending on the family medical history, other tests are also conducted,” McClure said. “If, for example, there is a history of diabetes, the patient is given a blood sugar test.”

For Army personnel, at the end of the PHA, the files are uploaded into the Medical Protection System, which was developed by the Army medical department to track immunization,

medical readiness and eligibility of deployment status data for all active and reserve components.

According to McDaniel, the clinic also offers over the counter medication without seeing a doctor.

With a wide array of services offered, the JTC is here for the Troopers. The troop clinic relies on the unique talents and strengths of its diverse staff to make sure troops are fit for duty and have the ability to complete their mission.

Joint Troop Clinic’s sick-call hours are, Monday-Friday from 7 a.m. to 10 a.m. and 1 p.m. to 3 p.m., Wednesday from 7 a.m. to 10 a.m. and Saturday from 7 a.m. to noon. For more information, the clinic can be reached at ext. 3395. ★



Navy Petty Officer 3rd Class Jackson Thomas, playing for Dirt Merchant's Union, shoots a free throw while playing against Ballaholics at G.J. Denich Gym, March 26. – JTF Guantanamo photo by Army Sgt. Derrol Fulghum

Dogs pound Allstars

Army Sgt. Derrol Fulghum
JTF Guantanamo Public Affairs

Morale, Welfare and Recreation hosted an all-night tournament March 26 at G.J. Denich Gym that pitted Guantanamo's basketball aficionados against each other in a competition similar to the NCAA's "March Madness."

Eleven teams from U.S. Naval Station Guantanamo Bay and Joint Task Force Guantanamo competed in the all-night tournament. Team Dog Pound, comprising service members with the Joint Medical Group, proved victorious after defeating the GTMO Allstars, 49 to 36 in the championship game.

For some, the tournament was not about the thrill of competition, but a unique way to interact with their fellow service members.

"I think it's important for people to get out of their rooms and socialize," said Navy Petty Officer 3rd Class Nicole Frederick, who played for Dirt Merchant's Union. "I love basketball, and this is the perfect way to do that."

The first game, a tie breaker heading into overtime, set the tone for the tournament.

One by one, teams were eliminated as the night grew late. At approximately 3 a.m. the two remaining teams brought confidence into the arena for one last game.

The gym echoed while orders were shouted among teammates. The crowd joined in with cries of victory and howls of despair.

The first and second place teams received trophies after the final game. The struggle was well worth it. For some, it was more than a good workout, it provided friendly rivalry.

"It's good to get out and be competitive with buddies you see on a daily basis," said Navy Petty Officer 2nd Class Patrick Winham, who played for the Dirt Merchant's Union. "The friendly competition is good for morale."

For information on future sporting events, call the G.J. Denich gym at ext. 77262 or e-mail MWR sports coordinator Robert Neuman at robert.neuman@usnbgtno.navy.mil. 📧



Members from Ballaholics and Dirt Merchant's Union gather under the goal in preparation for a rebound, March 26. – JTF Guantanamo photo by Army Sgt. Derrol Fulghum



Visually wonderful wonderland

Michael Sheen, and Dormouse, voiced by Barbara Windsor. She is escorted through a spectacularly well constructed digital world, where everything literally comes to life. Alice also meets the Blue Caterpillar who assures her she is, in fact, the wrong Alice.

Suddenly, the Red Queen's army of playing cards, led by Stayne (Crispin Glover) comes out of the woods surrounding the blue caterpillar and attempts to ambush the group of travelers. Alice manages to barely escape and continues her journey, until running into the Cheshire Cat.

Voiced by Stephen Fry, the Cheshire Cat is beautifully animated. Its smile is also quite creepy. He leads her to the Mad

Hatter, Johnny Depp, who is extremely happy to see her given her foretold destiny is to slay the Jabberwocky, an evil beast kept by the Red Queen. Stayne appears again at the Mad Hatter's table searching for Alice. She manages to hide in a tea pot until it is safe to emerge.

Alice and the Mad Hatter are soon off toward the land of the White Queen, played by Anne Hathaway. Along the way, they enter the remnants of a burned village. It is here the Hatter explains how he came to be mad and why Wonderland is in shambles. The Red Queen has taken over and banished her sister, the White Queen, using the Jabberwocky to terrorize the citizens of Wonderland into submission.

From here, the story escalates as it marches toward the inevitable conclusion.

While the climax of the movie plays out a bit too quickly, the battle that ensues between the forces of good and evil is orchestrated to perfection.

Since the majority of this movie was shot against a green screen, director Tim Burton had the opportunity to create a completely fantastic world where anything is possible.

He succeeded.

The dark tones of the movie parallel the overall feeling of the inhabitants of this magical realm under the rule of the Red Queen. It is one of the rare occasions where the scenery of the movie feels like a character itself.

While Johnny Depp got top billing in the ad campaign for the movie, Wasikowska holds her own, demonstrating that good things are bound to come from the young actress.

The supporting cast was brilliantly chosen and does not fail to deliver. Bonham Carter truly brings out the evil in the Red Queen with her shrill shouts of "off with their heads!" The unmistakable tone of Alan Rickman delivering the cynical advice of the Blue Caterpillar is perfect. The minor role showcased the actor's ability to steal the screen, even when he's not on it.

While the movie could have developed certain elements of the story more completely, it delivers a visually entertaining experience. 🍷

PG

109 minutes

Rating: ★★★★★☆

**Navy Mass Communication Specialist 2nd Class
Zachary Harris
JTF Guantanamo Public Affairs**

Destiny waits for no one. When attending significant functions in your life it is imperative to be punctual. For Alice, this rings especially true given the monumental, unforeseen task at hand.

Alice (Mia Wasikowska) chases after a white rabbit wearing a waistcoat, and falls down a dark hole that deposits her in Wonderland. It is reminiscent of a reoccurring bad dream she has been having since she was a child. Assured it is only a dream, she continues her journey through the odd land.

She is first introduced to Tweedledee and Tweedledum, both played by Matt Lucas, The White Rabbit, voiced by



Coast Guard Gunner's Mate 3rd Class Cameron Hutchens signs for M-9 pistols at the MSST Amory, March 30. - JTF Guantanamo photos by Air Force Staff Sgt. Angela Ruiz



Coast Guard Gunner's Mate 3rd Class Cameron Hutchens cleans an M-9 pistol at the MSST Amory.



Coast Guard Maritime Enforcement Specialist's 2nd Class Zachary Houghton and Micahel Maldonado clean a .50-caliber Browning machine gun.



Coast Guard Maritime Enforcement Specialist's 2nd Class Andrew Makins and Zachary Houghton clean a .50-caliber Browning machine gun at the armory.



Coast Guard Maritime Enforcement Specialist 2nd Class Michael Maldonado cleans an MK-18.



Coast Guard Maritime Enforcement Specialist 2nd Class Jeremy Bousman gathers tools to clean a .50-caliber Browning machine gun with other Coast Guardsmen, March 30.

Sexual assault, awareness is key

Navy Mass Communication Specialist 2nd Class
Sean Allen

JTF Guantanamo Public Affairs

The Navy traditionally has done its best to take care of Sailors. However, in 1990, as part of its update report on the Progress of Women in the Navy, the Navy women's study group made a number of recommendations regarding the assimilation of women into the Navy.

As a result of these recommendations, the Navy was the first service to have a dedicated, funded program for sexual assault. Established in 1994, the Navy Sexual Assault Victim Intervention (SAVI) program offers a standardized, consistent, victim-sensitive system to prevent and respond to sexual assault Navy-wide.

The prevention of sexual assault through awareness and education training is the overall goal of the Joint Task Force Guantanamo's SAVI program.

With alcohol being a factor in most assaults, it is important for service members to be aware of the risks that come with drinking too much.

"Almost all of the sexual assaults that take place here in Guantanamo Bay involve alcohol," said Michele Linger, the Sexual Assault Response Coordinator at the Fleet and Family Support Center, "whether it is the victim who is under the influence or the perpetrator."

A little planning could prevent a good time from turning into a bad time.

"It is Ok for people to go out and have fun and drink responsibly, but they must have a plan." Linger said. "It is best to utilize the buddy system, pick somebody you trust, designate who is going to drink, and stick to the plan."

The Fleet and Family Support Center offers tips to help avoid potential dangerous situations.

- Trust your instincts. If you feel something is wrong, it probably is
- Lock your room at night when you arrive home
- Watch out for other's safety and take care of each other
- Tell a friend where you are at all times
- When you go out, go with a group, and leave with that group
- If you do go out alone, make sure somebody knows where you are going, what time you left, and what time you expect to be home
- Do not accept drinks from people you do not know or trust
- Do not leave your drink unattended
- If you feel uncomfortable, scared, or pressured, act quickly to end the situation. Say, "Stop it" and leave or call for help

Department of Defense Directive 6495.01 defines sexual assault as intentional sexual contact, characterized by the use of force, threats, intimidation, abuse of authority, or a situation in which the victim does not or cannot give consent.

The DoD has two sexual assault reporting

procedures: restricted and unrestricted. If someone wishes to file a restricted report, the individual may only notify a victim advocate, SARC, healthcare provider or chaplain. Law enforcement officials and the military are not notified and the matter remains confidential.

The sexual assault victim will be provided a victim advocate as well as counseling and health care resources. A victim may switch from restricted to unrestricted if he or she wishes to file a police report.

With unrestricted reporting, an official law enforcement investigation is initiated. The sexual assault victim will be provided a victim advocate as well as counseling and health care resources.

The SARC will monitor the care, and the victim will be updated monthly on the status of the investigation. Once a victim decides on unrestricted reporting, he or she cannot go back and change it to restricted reporting.

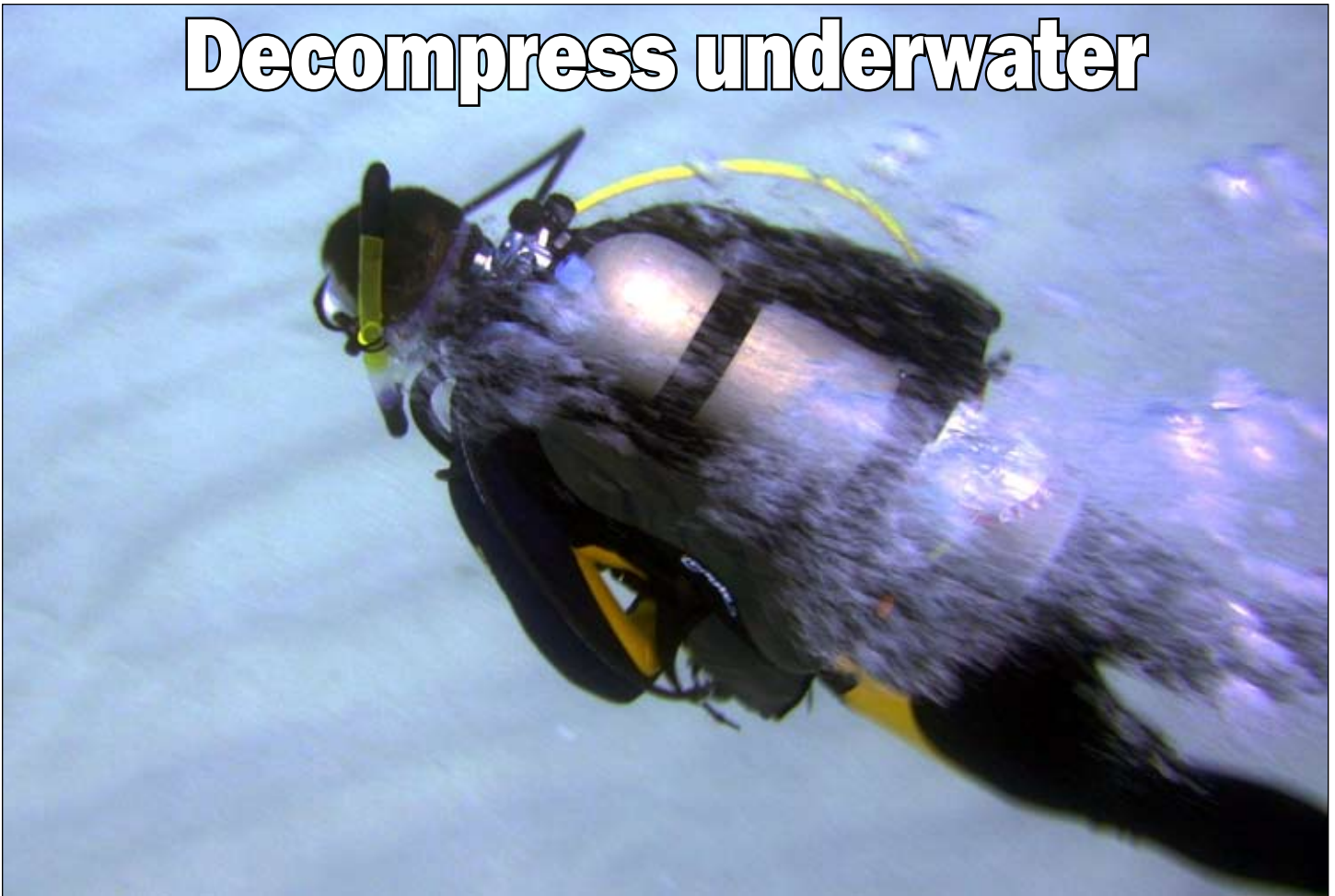
Sexual assault is not only detrimental to unit morale, cohesion and readiness, it also has a lifetime of consequences for the perpetrator.

"Many of these young men and women don't understand that if convicted of a sex crime, most will have to register as a sex offender for the rest of their lives," said Patty Lyons, NCIS Special Agent. "The reality of it is sexual assault is one of those crimes that will only increase if the suspect isn't caught. If someone gets away with it once, they will normally try it again and again." ★



Michele Linger, sexual assault response coordinator, lends an ear to a Joint Task Force Guantanamo Trooper during a counseling session, March 25. – JTF Guantanamo photo by Army Spc. Juanita Philip

Decompress underwater



Navy Intelligence Specialist 2nd Class Zach Carver swims along the ocean floor at Phillip's Dive Park, March 27. – JTF Guantanamo contributed photo

Navy Mass Communication Specialist 2nd Class Zachary Harris
JTF Guantanamo Public Affairs

For Troopers stationed at Joint Task Force Guantanamo, life can be hectic. Long working hours, arduous assignments and a hot climate can add up to equal an extremely stressful life.

For those looking for a way to relax that doesn't involve the abuse of alcohol or sitting in a dark room all day long, scuba diving may be just the ticket, especially when the waters of Guantanamo Bay offer one of the most pristine environments on Earth. While it can be costly, \$280 for the Basic Open Water Course, books, certification card and rental equipment, the dividends it pays are well worth it.

Chief Intelligence Specialist James Twichell agrees that the price can be unsettling.

"A lot of people have a problem with the initial cost of getting into diving. The gear and classes aren't cheap, but the price in [Guantanamo] is a lot lower than back stateside," Twichell said. "After you [pay initial costs] and get your own gear it's a pretty inexpensive sport."

Twichell also said the local dive shop is not out to scam the service members stationed here.

"Go see Jesse Keenan at Ocean Enterprises," Twichell said. "She will take great care of you and make sure you walk out of there with the best gear, and the right gear that fits you and your budget."

The Basic Open Water Course is designed to familiarize newcomers with the sport of diving and the skills they will need to stay safe and secure while underwater. It includes classroom training as well as sessions in the Marine Hill pool to make students comfortable with the new environment.

"During the pool sessions we focus on skill development,"

said Army Capt. Sarah Cleveland, certified scuba instructor. "In the open water dives, we evaluate skills and go on tours to allow students to relax and enjoy their diving experience."

For Cleveland, instructing is about more than just an extra paycheck.

"It is fun for me as their instructor to see [students] develop their skills and abilities as they go through the process of learning something new," Cleveland said. "The excitement is contagious as they wrap up their final open water dive, knowing they will be able to explore our underwater environment on their own."

The waters here offer a variety of sights that provide new divers a diverse array of underwater environments to explore.

"The diving here is unparalleled and we are truly spoiled," Twichell said. "No matter if you are diving at Phillip's Dive Park at the mike boat watching the fish swim in and out of the wrecks, Windmill Beach with those great grass beds for shell hunting or "the slot" with its spectacular reef system that leads you to an awe inspiring wall dive."

The tranquility that one can experience immersed in the underwater world can have a therapeutic effect as well.

"Diving allows Troopers the chance to get away in a confined environment," Cleveland said. "It is healthy to have activities to occupy our free time during a deployment, it's one of many options, but I think it is one of the best."

Perhaps the greatest reason to dive here at Guantanamo is the sense of community one can feel when they participate in the sport.

"If you dive, you truly understand how easy it is to develop a passion for the sport, and meeting a new diver is like meeting a new member of the family," Twichell said. "All the new divers out there should find a good group to dive with; it makes the experience just that much better." 🐾

replacements are comfortable with the job being passed down to them.”

Vaneerd also added that he has enjoyed his time at Guantanamo Bay.

“The weather is very enjoyable here,” Vaneerd said. “This is a unique mission and I am glad I could be apart of it.”

As Lima Detachment prepares to depart, Wood was reflective on their time with the JTF and boasts about her Sailors’ professionalism.

“I couldn’t be more proud of how this deployment has gone,” Wood said. “Detention medicine is something most people in our line of work do not have an opportunity to be a part of. These young corpsman and nurses have performed admirably – often times in very stressful situations, that prior to arrival here they never would have been involved with. They were dedicated to the strict adherence of our protocols, which I feel has lead to a very successful mission.”

Wood also gave insight on the training Mike has received thus far, and feels they will be successful with carrying out the JMG mission as well.

“Although the Mike wave rotation is just getting here, they have a keen understanding of the importance of the mission at hand and are motivated to succeed. “I look forward to working with them!” ☆



Navy Hospitalman Cody Vaneerd, with Joint Medical Group's Lima Detachment of Joint Task Force Guantanamo, provides the incoming Mike Detachment with ambulance familiarization training, March 24. - JTF Guantanamo photo by Army Spc. Tiffany Addair

100% Shred Policy

While information may not be classified, it can still be considered critical.

Shred everything!

One person's trash could be an adversary's treasure.

Keep GTMO safe!



Navy Machinist's Mate 1st Class Steven T. Roberson is presented the Navy Expeditionary Combat Command Sailor of the Year plaque from Navy Rear Admiral Carol Pottenger, NECC commander, March 18. Roberson, who recently detached from Navy Expeditionary Guard Battalion here at Joint Task Force Guantanamo, competed against more than 160 commands and approximately 32,500 fellow Sailors to be awarded this honor. He will go on to compete at the Fleet Forces level in the middle of April. – NECC photo by Navy Mass Communication Specialist 2nd Class Laura A. Moore

Boots on the Ground

by Army Sgt. Athneil Thomas

With the 2010 Major League Baseball season upon us, who is your favorite player of all time and why?

**Navy Master-at-Arms
Seaman Jared N. Mullikin**



"David Wright, with the New York Mets. Not only is he a good player, but he participates in charitable organizations as well."

**Coast Guard Maritime
Enforcement Specialist
2nd Class Daniel Acosta**



"Tony Gwynn, former San Diego Padres outfielder. He was the best pure hitter out there."

**Air Force Tech. Sgt.
Jose S. Delriosoto**



"Roberto Clemente. He represented Puerto Rico on the field and was a great humanitarian off the field."

**Army Staff Sgt.
Margaret E. Gines**



"Thurmun Munson, former New York Yankees catcher, because of his dedication to the game."

Approaching God



Army Capt. Eric Bey

525th MP Battalion Command Chaplain

What would you say of a person who goes into a store and selects a great deal of merchandise that totals more than a \$1,000, and when he gets to the check out counter he pulls out a twenty dollar bill expecting that to cover it?

Would you call him a fool, a dreamer or insane?

Whatever it is that you would call him it probably wouldn't be nice. What if he pulled out the exact amount of the tab ... in Monopoly money?

How would it affect you if you discovered that person is you? Would your thoughts change?

As sad as this sounds, that is what many people try to do in their lives when it comes to religion.

They try to dictate to God how they will approach Him or what they are willing to

pay for God's forgiveness.

Some of the more holy people will try the approach of going to church stating 'yeah, I went there!'

Going to church doesn't make you a Christian any more than standing in a garage makes you a car.

Some will appeal to the Lord because they are in ministry; some because they tithe or fast. The fact is, though, God is the one who has been offended when we sin. So it stands to reason that He alone gets to set the price for us getting things right with Him.

The book of Hebrews 9:22 states without the shedding of blood there is no forgiveness of sins. For clarification and so everyone understands – that means death.

From the time of Adam and Eve, that has been the price and it will never change.

There is only one thing that ever separates a man from his God and that one thing is sin.

There is only one payment for sin and

that one payment is the spilling of blood until life expires.

There is only one person who has never sinned and so his blood is perfect and able to pay for the sins of humanity. That one person is Jesus.

King Uzziah was in a temple and about to burn incense to the Lord when he was confronted by the priests. They explained that it was not lawful for him to offer incense, that it was the job of the Levites. He became angry and was about to probably put the priests to death when God struck him with leprosy. Offering incense to the Lord is not a bad thing. In fact, it is a good thing – but it must be done according to his word, by whom who he appointed to do it.

Take inventory. In what are you trusting? Are you trying to approach God on your own terms?

Remember that Jesus has said, "I am the way, the truth, and the life and no man comes unto the Father, except through me." ✨

GTMO Religious Services

Daily Catholic Mass
Mon. - Fri. 5:30 p.m.
Main Chapel
Mon. - Fri. 6:30 p.m.*
Troopers' Chapel
Vigil Mass
Saturday 5 p.m.
Main Chapel
Mass
Sunday 9 a.m.
Main Chapel

Protestant Worship
Sunday 9 a.m.
Troopers' Chapel
Islamic Service
Friday 1:15 p.m.
Room C
Jewish Service
FMI call 2628
LORIMI Gospel
Sunday 8 a.m.
Room D

Seventh Day Adventist
Saturday 11 a.m.
Room B
Iglesia Ni Cristo
Sunday 5:30 a.m.
Room A
Pentecostal Gospel
Sunday 8 a.m.
Room D
LDS Service
Sunday 9 a.m.
Room A

Liturgical Service
Sunday 10 a.m.
Room B
General Protestant
Sunday 11 a.m.
Main Chapel
United Jamaican Fellowship
Sunday 11 a.m.
Building 1036
Gospel Service
Sunday 1 p.m.
Main Chapel

GTMO Bay Christian Fellowship
Sunday 6 p.m.
Main Chapel
Bible Study
Wednesday 7 p.m.
Troopers' Chapel
The Truth Project
Bible study
Sunday 6 p.m.
Troopers' Chapel

*Time Change



A legacy of helping others

Navy Chief Logistics Specialist Jillian Easley and Army Spc. Keith Chambers discuss policy and procedures, March 23.
 - JTF Guantanamo photo by Navy Mass Communication Specialist 1st Class Edward Flynn

**Navy Mass Communication Specialist 1st Class
 Edward Flynn**
 JTF Guantanamo Public Affairs

A Navy chief is frequently relied upon for his or her vast knowledge, experience, life skills and leadership qualities. Those same qualities are also the hallmark of a Joint Task Force Guantanamo Trooper, Navy Chief Logistics Specialist Jillian Easley.

For her determination and positive example to other Troopers, Easley deserves her 15 minutes of fame.

Easley credits those Navy leaders before her for instilling a leadership style that listens to the concerns of Sailors, while also ensuring accountability and professionalism.

“True leaders must fully understand the importance of being a loyal follower,” Easley said, the lead chief petty officer of J-4 supply at JTF Guantanamo. “Leadership, accountability and a positive attitude are essential.”

Easley also credited the military as one of the few professions that takes a personal interest in the lives of the individual serving and “improving the personal and professional growth of each individual.”

First trained as an aviation storekeeper,

Easley’s first duty assignment was aboard USS Abraham Lincoln (CVN 72). After several additional assignments, Easley converted to the storekeeper rate, now the logistics specialist rate, qualified as an enlisted surface warfare specialist and achieved a life dream: becoming a Navy chief.

In her capacity as a logistics and supply specialist, Easley ensures the reconfiguration and alignment of operational logistic readiness procedures. Additionally, she is directly responsible for the Command Supply Discipline program, designed to monitor units to ensure that standard supply protocols are followed.

Although Easley’s tour as an Individual Augmentee is almost complete, her impact on JTF Troopers will be lasting.

“Chief Easley is always willing to go the extra mile for any Trooper,” said Army Sgt. Danielle Sharrock, Medical Evacuation non-commissioned officer. “She continues to perform her duties in the most professional manner.”

Easley can often be found mentoring Troopers and volunteering for many JTF and Naval Station Guantanamo Bay activities through the Chief Petty Officer’s Association.

“Chief Easley demonstrates genuine

qualities such as leadership and commitment to lead and mentor Sailors,” said Navy Chief Petty Officer Demetrius Norris, lead chief petty officer at the radio station on base. “Her dedication to the U.S. Navy is the key to her success.”

Chief Easley is a leader who sets the example for all to follow.

“She always accepted all challenges without hesitation,” said Army Master Sgt. Kent Bellot, J-4 logistics senior enlisted advisor. “Easley possess a great amount of integrity. She continuously displays a ‘can do’ mission first attitude, and a genuine concern for all JTF Troopers.”

Bellot also echoed Norris’ complimentary words of Easley’s positive reflection of the Navy.

“Easley is a great asset to J-4 in particular and to the U.S. Navy as a whole,” Bellot said.

According to Easley, the most satisfying accomplishment for her assignment at JTF Guantanamo was working in a joint environment and learning the joint interaction with other forces to accomplish common goals.

“The success of each individual is highly dependent on the mentorship and guidance provided by peers and superiors,” Easley concluded. ☆

Navy Equipment Operator 1st Class Christopher J. Grammer, with Naval Mobile Construction Battalion 25, digs a foundation for the future home of a K-Span, March 23. – JTF Guantanamo photo by Army Spc. Cody Black



Army Chaplain Capt. Eric Bey pours his “almost homemade” special recipe pancake mix, March 26. Bey prepared breakfast for Soldiers attending a Women’s History Month program at the 189th MP Company headquarters building. – JTF Guantanamo photo by Army Sgt. Athneil Thomas

Around the ★ JTF



Soldiers deployed to Joint Task Force Guantanamo with the Virgin Islands National Guard 786th Combat Sustainment and Support Battalion test and inspect portable lighting units March 25, in preparation for an upcoming destructive weather exercise. – JTF Guantanamo photo by Army Sgt. Athneil Thomas