

W¹The WIRE



PUERTO RICO N.G. SAYS "FAIR WINDS AND FOLLOWING SEAS"

EASTER PLAY, SERVICE INSPIRES
TROOPER FOCUS GRIFFIN ORGANIZES
FEMALE SOCCER TEAM

COL. JOHN BOGDAN
COMMANDER, JOINT DETENTION GROUP

What is a knight? Knights were the king's unique corps of warriors. They were the professional Soldiers that led the king's armies and protected his lands and people. The knight was vital to mission success. Just like today's Army leaders, the medieval kings knew that they could not oversee their entire kingdom without trusted subordinate leaders. They could not do it alone. The knights diligently oversaw their individual sections of the kingdom, ensuring the collective nation was intact.

One of the primary characteristics of the knights was that they lived by the code of chivalry, in which they swore to defend the weak, remain loyal, and be honest to all people and compassionate towards their enemy. Soldiers today, like the knights of the middle ages, live by a code known as the Army values – Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage. As highly trained military experts, knights had a mission to use that expertise to train and lead their Soldiers to victory.

So, who are your knights today? They are those key subordinate leaders who are the standard bearers and executors of the commander's intent. During my Army career, I have had many knights, such as my squad leaders when I was a platoon leader, and my first sergeant, platoon leaders, and section noncommissioned officers when I was company commander. These are the key leaders

I depended on to seize the initiative with our Soldiers.

As a leader, I counted on my knights to be the vital link through which I imparted my intent and vision for mission success and looked to them to achieve it. But, in order to be successful, my knights, our knights, must have the authority to execute. All leaders make their subordinate leaders successful by empowering them to make decisions and take action. The power of the American military is centered in the trust and confidence that our leaders have in their subordinates. I

As a leader, I counted on my knights to be the vital link through which I imparted my intent and vision for mission and success and looked to them to achieve it. But, in order to be successful, my knights, our knights, must have the authority to execute.

have always kept a close watch over my knights, ensuring they understand my intent and have the necessary resources to accomplish their mission. I teach and mentor them where they need and prepare them for continued growth and success.

The purpose of your knights is simple – it is much more effective to provide detailed orders and guidance to a few key leaders rather than try to achieve that level of detail across a large

formation. At every level, from brigade commander to squad leader, we must know who our knights are and empower them to lead our Soldiers to mission success.

You must invest your energy, blood, sweat and tears into the leaders who will one day assume your role. So, who are your knights? Ask yourself. Do they know who they are? Are you taking the time to ensure they are the best trained and developed leaders that our nation deserves?



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Day at the Bay

MWR is hosting Day at the Bay on Saturday, April 27 from 2 to 6 p.m. Activities will include face painting, a surfboard painting contest, a cardboard boat regatta, and much more. Cardboard boats must be registered at the marina by April 15. Residents interested in being food vendors can call 55371 to sign up.

Live music

MWR is hosting two bands in April. Something Distant will perform Friday, April 12 at 9 p.m. at the Tiki Bar and Saturday, April 13 at 3:30 p.m. at the Windjammer Ballroom. The Dirty Gringos will perform Friday, April 19 at 9 p.m. at the Tiki Bar, Saturday, April 20 at 10 p.m. at the Tiki Bar, and Sunday, April 21 at 11 a.m. at the Bayview.

Fitness classes

Looking for a new way to workout? Navy Fitness and MWR are providing Step Fusion classes every Saturday at 9 a.m. at the Marine Hill aerobic room. They also offer water aerobics classes at 10:30 a.m. at the Windjammer pool. Enjoy getting in shape with these fun fitness classes. For more information or to sign up, call 2113.

Marathon volunteers

MWR needs singers and cheerleaders to fill the GTMO Marathon cheer stations on April 13. Cheer stations will be placed at each mile of the marathon route to support runners. MWR is seeking volunteers to support the participants. Volunteers can call for more information or to sign up at 2113 or 77262.

Food court

Marblehead Lanes now has a new restaurant in its food court. KFC and A&W have been replaced by House of Yum. House of Yum will serve Asian fast food. Residents will have a choice of rice, two entrees, and an eggroll for \$8.99. House of Yum opens soon. For more information, call Marblehead Lanes at 2118.

Marine life

Diving for conch is prohibited now through the end of May while the season is closed. Collection of starfish, coral, sponges, and fans is prohibited. For more information on GTMO marine life, call the Public Works Department Environmental at 4662 or 4493 or refer to COMNAVBASEGTMOINST 1710.10.



Photo Of The Week
by Voltaire Siacor

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The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by Defense Logistics Agency Document Services with a circulation of 1,250.

ONLY AT GTMO by Army Sgt. Brian Godette



G.I. JOE RETALIATION

Movie Review

PG-13
110 min.



Easter weekend always makes me reminisce of my childhood, where I could do things such as go on Easter egg hunts and play with G.I. Joes. The thing about playing with G.I. Joes is that there doesn't have to be an outstanding storyline, any over-arching symbolism, or melodramatic monologues to make your story awesome. So, why would you expect any of that from a G.I. Joe movie?

"G.I. Joe: Retaliation" is the sequel to the 2009 flop "G.I. Joe: Rise of Cobra," which tanked at the box office and was considered ridiculous and cheesy. The producers at Paramount had a lot to make up for when choosing to shoot a sequel, so they devised a strategy.

Together they asked the question: How would you make this new movie not only better than the first, but an intense action-packed thriller that will dominate the Easter weekend box office? They came up with a good answer.

First, you hire a new director, Jon M. Chu, who directed Step Up 2 and Step Up 3D. Next, you take away things such as convenient invisibility suits you only activate once you are in a head-lock by your enemy and multi-billion dollar submarines that could only serve a specific purpose, unique to the mission you are currently on. After that, you kill off Channing Tatum in the first 20 minutes, then throw in Dwayne "The Rock" Johnson as the new main badass for the rest of the film, keep the ninjas from before and give them an epic fighting scene on the side of a mountain, throw in Adrienne Palicki ("Red Dawn," 2012) looking hot the entire time. Finally include Bruce Willis as an awesome general with a secret weapons safe inside his wall with the PIN "1776," then give him a ton of firepower and let him do his Bruce Willis thing. They figured this formula would work, and it did, scoring an estimated \$41.2 million during its opening last weekend.

Retaliation features the G.I. Joe team after

they have been betrayed and almost completely wiped out by an imposter president, played by Jonathan Pryce (Governor Norris in "Pirates of the Caribbean"). What follows is 110 minutes of Easter-eggs-to-the-wall action. The movie wasn't a psychological thriller that had you guessing until the end, nor should it have been.

It was exactly what it needed to be: the

recreation of all the awesome G.I. Joe stories you played out in your head and with your action figures as a kid - except this time with real guns, hot chicks, and Bruce Willis. What could be better than that? It more than healed the damage done by its first film. If you look for action in your movies, I definitely recommend seeing "G.I. Joe: Retaliation." I give it three and a half banana rats.

SNITCH

Movie Review

PG-13
112 min.



If you didn't get your fill of The Rock during G.I. Joe, you can always see "Snitch," his previous film. It features The Rock playing John Matthews, the owner of a construction company in Missouri, whose son is sent to jail and accused of trafficking drugs.

Given the choice to serve a maximum sentence, up to 30 years, or reduce his sentence to two years, he and his son are coaxed by the federal district attorney, Joanne Keeghan (Susan Sarandon, "Cloud Atlas"), to turn in another drug dealer to get the lesser sentence. Matthews' son refuses to do so, which leads Matthews to make a deal with Keeghan. He agrees to partner with the DEA. He then works

alongside Agent Cooper, played by Barry Pepper ("Saving Private Ryan" and "We Were Soldiers"), sporting a beard for this role, and help them take down a drug lord to reduce his son's sentence for him. This partnership leads Matthews down a road filled with drugs, violence and Mexican drug cartels.

The Rock and Pepper had a solid partnership and worked well together, but Sarandon's acting was almost as annoying as the car alarm right next to the screen that went off for 90 seconds in the middle of the movie. This film has twists and turns with a little bit of comic relief mixed in. It definitely shows that The Rock was never meant to be a one-hit wonder with "The Scorpion King" nearly 11 years ago. When given a solid role (that doesn't include him being the tooth fairy), he has the ability to knock it out of the park, putting method actors to shame. Even though there seemed to be something missing that could have made the movie great, "Snitch" overall was a good film. It deserves two and a half banana rats.



Swimmers begin a one-mile race at the Marine Hill Pool on March 30 during a swim-off held by Naval Station Guantanamo Bay's Morale, Welfare, and Recreation. Competitors swam 17.5 laps in the 50-yard-long pool, equaling 100 yards a lap.

GTMO swimmers compete in one-mile swim

Story and photos by Spc. Chalon Hutson

Naval Station Guantanamo Bay's Morale, Welfare, and Recreation hosted a one-mile swim off at the Marine Hill Pool on Saturday.

In order to complete one mile, swimmers had to complete 17.5 laps of the 50-yard-long pool, equaling 100 yards a lap. Swimming is a unique exercise, and with two pools available here at GTMO, Troopers have an opportunity to break away from the repetitive nature of running and jogging.

"What MWR does is organize functions for everyone and try to provide more activities for the community," said Anthony Roberts, aquatics manager for MWR. "It's good for fitness. What swimming does is exercise every muscle in your body. Swimming requires more coordination with your breathing, arm action and leg action. That's why many people like to swim."

The winner of the male race was Coast Guard Petty Officer 3rd Class Michael Gavola, a tactical crew member with Port Security Unit 311, with a final time of 23 minutes and 53 seconds. Gavola is a native of California and grew up around the water, which is where he gained experience in swimming.

"Every day I spent time at the beach," Gavola said. "Before the pool hours changed, I used to come in and swim often. With the new hours, I haven't been able to swim in a while, so my time was a little

slower than I expected."

Gavola participates in various MWR activities, which provide him a way to be active outside of work and have fun at the same time.

"I wanted to support the MWR events," he said. "It's fun to do other activities the MWR puts on to relieve stress from work and make the time here go by a little bit faster."

The female swimmers had a separate race but were not far behind the male finalists.

Army Capt. Abigail Vargo, a battalion surgeon with the 525th Military Police Battalion, finished in first place for the females, with a time of 28 minutes and 35 seconds.

Vargo said swimming is one of her preferred workouts for various reasons.

"It's not as hard on your joints," she said. "It helps with flexibility."

Vargo said she enjoys having access to the pool at Marine Hill. However, her schedule makes it difficult for her to use the pool in her free time. "I enjoy getting to know people I don't work with," she said. "More people would be able to swim if the pools were still open a few hours later."

MWR hosts events for all Troopers and GTMO residents to participate in. It is wise for anyone interested to check in regularly and register for future events ahead of time.

"We have swimming lessons starting [Monday], and that is going to be a great program for the community that runs through eight months out of the year," Roberts said. "It's a great thing to come and compete against each other, support MWR and support the community."

If you missed the one-mile swim, there will be more opportunities in the future. MWR has plans to conduct a swim across Guantanamo Bay in May, which Troopers can look forward to.



Coast Guard Boatswain's Mate 3rd Class Michael Gavola finishes a one-mile swim in first place with a final time of 23 minutes and 53 seconds on March 30. The race was part of a swim-off held by Naval Station Guantanamo Bay's Morale, Welfare, and Recreation.

GTMO MWR Bring Troops Together With April Fools Softball

Story and photos by Army Sgt. Ferdinand Thomas



Nine teams went head to head in a double elimination all-night softball tournament. This wasn't just any tournament though. It was a one-pitch game that had an April Fools theme.

Smiles lit up the dark night as Soldiers, Sailors, Airmen, Coast Guardsmen and Marines got strong hits on their one underhand pitch. A part of the theme had the troops playing softball backward. Once you hit the ball third base became first base.

"Everyone had a great time. This type of tournament has historically been a success and being April Fools we changed a few things," Jim Holbert, MWR sports coordinator, said.

The championship came down to the GTMO Latinos and the Mercenaries. And the GTMO Latinos won by a landslide 18-8.



(Below) Teams square off during the 1-Pitch softball tournament early in the night. (Top) Army Staff Sgt. Travis Sand gets a big hit to score his team a run.



VOLUNTEERS NEEDED
ADOPT AN MWR WATER STATION
PRIZE FOR BEST DECORATED STATION
CONTACT CSM BORLIN
BY EMAIL OR 84544/3246 FOR MORE DETAILS

“A new day ... a new hope”

GTMO Christians celebrate the miracle of Easter



Joint Task Force Guantanamo command chaplain Cmdr. Terry Eddinger delivers a sermon in which he talked about the darkness Christians felt at Jesus' crucifixion and the light they witnessed at his resurrection at the Easter sunrise service held at Windmill Beach on Sunday morning. The sunrise service and other religious services celebrated the Christian belief in Jesus' crucifixion and resurrection on Easter Sunday. Photo by Army Sgt. Jonathan Monfiletto

Story by Army Sgt. Jonathan Monfiletto and Army Staff Sgt. Michael E. Davis Jr.

A nearly full moon was still high in the sky over Naval Station Guantanamo Bay on Easter Sunday, as the morning light slowly began to shine. A piano played softly, while the waves gently crashed over the sand at Windmill Beach. A crowd gathered and whispered among themselves in anticipation of what was about to happen.

Just as the Bible says the followers of Jesus Christ did on the first Easter Sunday many centuries ago, his followers at GTMO came together once again to witness the good news of their belief in his crucifixion and resurrection during a series of religious services conducted around the base.

To celebrate the moment that Joint Task Force Guantanamo command chaplain Navy Cmdr. Terry Eddinger called “the entire basis of our Christian teaching,” JTF and naval station chaplains joined forces for an Easter sunrise service Sunday morning at Windmill Beach.

In addition to the sunrise service at 6:30 a.m., the Trooper Chapel and naval station chapel played host to a variety of Protestant and Catholic services, including a Gospel service at 1 p.m. that presented a short play based on Jesus' crucifixion and resurrection.

“This is a wonderful day when we can come together and celebrate the good news that Christ our lord is crucified and has risen,” naval station command chaplain Navy Capt. John Dickens said in welcoming the attendees

to the sunrise service.

The crowd that filled two sections of bleachers at Windmill Beach was the largest Dickens said he has seen compared to other sunrise services he has been to.

“If that's any sign of the good news of the morning, then it's a good day,” he said.

Trooper Chapel worship band leader Kit Lerio led a chorus in singing “Wonderful Cross” to open the service, and then Dickens delivered the call to worship before naval station chaplain Navy Lt. Larry Jones led the congregation in singing the hymn “Christ the Lord is Risen Today.”

JTF deputy command chaplain Air Force Lt. Col. Daniel Zulli gave the epistle reading from the First Book of Corinthians. The passage recalls the good news of Christ's resurrection and states that this belief is the foundation of Christianity.

Naval station chaplain Navy Lt. Tung Tran gave the gospel reading from the Book of John. The passage describes the moment in which Mary Magdalene and the disciples found Jesus' tomb empty, and then Jesus appeared to them before ascending into heaven.

After the readings, Eddinger delivered a sermon in which he talked about the 36 hours of literal and figurative darkness that took place between Jesus' crucifixion and his resurrection.

Jesus' followers had seen him perform miracles and tell parables to turn sinners into believers, Eddinger said. As a result, he said, they had come to believe he was the savior who would give them eternal life, so when he

died they had many questions.

They had seen him arrested, handed over to the Jews, and given cruel death, so, Eddinger said, they wondered what happened and why it ended this way. They pondered these questions for a day and half before going to the tomb to see if Jesus' promise had come true.

Their questions “faded in the light” of Sunday morning, Eddinger said, as first angels and then Jesus appeared to his followers to announce the good news that he had died and risen to take away the punishment for their sins.

“It was not just the beginning of a new day. It was the beginning of a new way,” Eddinger said, pointing to the Christian belief that Jesus' sacrifice was for the sins of all mankind. “Through him, we have life everlasting. We remember on the first Easter, Jesus provided a new way and a new hope for all of us. ... We have new life, and Jesus is our hope.”

After the sermon, Jones once again led the congregation in singing the hymn “Low in the Grave He Lay.” Dickens then remarked how the crowd represented different Christian denominations but had joined as one to remember their common savior.

“We can come together in faith because we believe Jesus is lord,” Dickens said. “Wherever we go today, it's good we can begin this way.”

In closing the service with the benediction, Army Capt. Brady Frederick, the 525th Military Police Battalion chaplain, reminded the congregation that Jesus came not to be a nice guy who did nice things for people but to be a savior who sacrificed for the sins of

all mankind.

The crucifixion and resurrection of Jesus was further commemorated in a play reenacting the event performed by members of the Gospel service. Easter Sunday, also called “resurrection Sunday” by Christians, is the day Jesus rose from the dead and became a spirit to whom they pray and confess their sins.

The play was organized and directed by Air Force Master Sgt. Brenda Fleming, and it showcased in front of other church members at the beginning of the service.

“And so it was, more than 2,000 years ago, that Jesus picked up his cross,” Fleming said as she began to narrate the play.

Played by Sgt. 1st Class Herbert Craft, Jesus carried his cross to the pulpit of the church, ready to be crucified. As he walked with agonizing pain, some characters mocked him and beat him, but other sympathized with him.

“So, here it is on a hill they called Calvary, where they led him, the place where our savior would be crucified,” Fleming said.

The actors performed while Fleming narrated the rest of the story.

“The crowd grew as the soldiers took up their positions, and here they put a crown of thorns upon his head,” Fleming said.

She continued to narrate as the church members awed at the role players' performance of recreating the crucifixion.

“Father, I commend my spirit in your hands,” Craft said as he hung on the cross.

“As he said this, Jesus hung his head and died,” Fleming said.

While Jesus hung on the cross, the church became dark and music began to fill the church.

“Three days later, as prophesied by Jesus, he got up from the grave with all power in his hands,” Fleming said. “For death and the grave could not hold him down.”

Just seconds later, a resurrected Jesus – played by Petty Officer 3rd Class Deon Haynes – walked inside the church. Jesus blessed the characters as they knelt down in shock.

“All power has been given to me in heaven and in earth,” Haynes said.

The church members applauded and the actors bowed three times and proceeded to dance in victory down the aisle.

Just as Jesus' followers were excited to witness his resurrection when it first happened, his followers here showed their excitement at hearing the good news all over again.

While the day of celebration started off in the darkness, the sun was now high in the sky as the schedule of services honoring the Christian belief in Jesus' crucifixion and resurrection came to an end.

Just as Jesus' followers found a new way after the light of the first Easter Sunday, his followers at GTMO also found a new way and a new hope on Easter Sunday thousands of years later.



Sgt. 1st Class Herbert Craft, as Jesus Christ, carries his cross to the front of the Naval Station Guantanamo Bay chapel and prepares to be put to death in a reenactment of Jesus' crucifixion and resurrection at the Gospel service on Sunday. Photo by Army Sgt. Ferdinand Thomas



Sgt. 1st Class Herbert Craft, as Jesus Christ, hangs on the cross at the front of the Naval Station Guantanamo Bay chapel in a reenactment of Jesus' crucifixion and resurrection at the Gospel service at on Sunday. Photo by Army Sgt. Ferdinand Thomas



Religious Programs Specialist 3rd Class Deon Haynes, as the resurrected Jesus Christ, greets Jesus' followers after rising from the dead in a reenactment of Jesus' crucifixion and resurrection at the Naval Station Guantanamo Bay chapel on Sunday. Photo by Army Sgt. Ferdinand Thomas



Puerto Rico

NATIONAL GUARD

¡Hasta la próxima!

Story and Photo by Spc. Cody Campana

The Puerto Rico National Guard left Naval Station Guantanamo Bay Monday after a nine-month deployment at Joint Task Force Guantanamo in support of Operation Enduring Freedom. They provided many different support roles necessary to the base functions.

“Our deployment was for nine months at GTMO, but it was a total of 10 months with the mobilizing station,” said Army Master Sgt. Luis Cora, operations non-commissioned officer in charge with the 125th Military Police Battalion. “We arrived on 26 June 2012 and we depart on April 1, 2013.”

After 10 months away from home, most of the Soldiers seemed very ecstatic to return to their families.

“I think they are very excited,” Cora said. “Believe it or not, the Puerto Rico National Guard is very rich with its family unity, and the fact that they haven’t been around their families, they are all excited to be around them once they get back to the island.”

Most of the Puerto Rico National Guard went home, but a few stayed to further support the Joint Detention Group mission.

“The Soldiers that are staying are mainly from the Joint Task Force. There are a few that have extended due to the high unemployment rate,” he said, “We have people staying with the J-2, we have people staying with the J-4 transportation, and we have rotations with the J-3... We have about four or five Soldiers who have extended.”

Though this was Cora’s first time here in GTMO, the Puerto Rico National Guard has had a long history here.

“They have been deployed here ever since 2002 when this operation started” Cora said. “This is our sixth rotation from our National Guard in Puerto Rico.”

Although Puerto Rico is a small island, its National Guard contributes many units to Guantanamo Bay.

“We had four total units come to this rotation. The JTF, which is the 191st Regional Support Group and their mission was in support of detainee operations,” he said. “The JDG, 125th Military Police Battalion, the same thing, we were here in support of the detainee operations. The 525th [MP Battalion] has external security, which is one of our units, and the 755th MP Company. We had the 770th MP Company that also provided external security.”

While here at GTMO, they not only accomplished their missions during Hurricane Sandy, but they also accomplished a great deal in a joint service environment.

“We worked on the base defense plan and we also worked on the memo of agreement and understanding between the Naval Station and Joint Detention Group,” Cora said. “That was quite an accomplishment for us and also in support of the Navy Expeditionary Guard Battalion, as you know they just left the island, we were in support of their operations as far as the detention center itself. Just sharing that joint environment was also an accomplishment

for the National Guard of Puerto Rico.”

Within their long list of successes while here on the island, they also shared in some of the more memorable and historic missions that GTMO is known for.

“One of the memorable missions was in support of the commissions, where there’s that constant support of high value detainees,” Cora said.

While constantly working in the joint environment and supporting the JDG mission, the units of the Puerto Rico National Guard faced few difficulties in completing their duties.

“I wouldn’t say there were any difficulties. Like any other mission when you get good guidance, leadership, and direction,” Cora said. “I think any troops can accomplish the mission when they are under that type of leadership, which is what we received here at GTMO.”

The good leadership that the Puerto Rico National Guard received here at GTMO led to a safe deployment and a successful mission.

“This deployment has been an overall success,” Cora said. “I know that our commander Col. [John] Bogdan has mentioned his philosophy: ‘Give a damn! I remember asking him when I arrived, ‘Sir, how do you spell success for us after nine months?’ His response was, ‘If we don’t hurt the detainees and we don’t lose a Soldier, we have been successful.’ For what it’s worth, I’d like to tell Col. Bogdan ‘Sir we have been successful. We didn’t hurt any detainees and we didn’t lose any Soldiers during this deployment.’”



"We want to win games and have fun."

Trooper

FOCUS

By Army Sgt. Ferdinand Thomas

SPC. BRITTANY GRIFFIN
Organizer of 525th Military Police Company's Vigilant Ladies soccer team

Q. Where are you from?

A. "Waldorf, Md."

Q. How did you organize the Vigilant Ladies and who are they?

A. "I found out that males and females have to play soccer separately. At that point my only option was to organize a female team. Most of the ladies are from 525 and we have few from other units."

Q. Who do the Vigilant Ladies play against?

A. "We play the only other female team and they're called The Soccer Bombers. I believe they mainly consist of civilian personnel."

Q. What is the Vigilant Ladies record?

A. "We've won one. We lost one. And we tied one."

Q. Where does your love for soccer come from?

A. "I've been playing since I was four. I grew up playing. I started playing on military bases cause that's just what people did so I did it too."

Q. What do you want the ladies to get out of this experience?

A. "I want them to build a bond through this sport and remember this experience."

Q. What's the goal of your team

A. "We want to win games and have fun."

SATURDAY Group Classes

STEP FUSION

0900 at Marine Hill Aerobic Room behind the pool

Fun filled cardio workout using step choreography and strength training exercises.



WATER AEROBICS



1030 at Windjammer Swimming Pool

Workout to fun, aerobic routines while staying cool. This cardiovascular workout is for anyone!!!



FMI, CALL 2113

GTMO Gourmet: BAYVIEW OFFERS STEAK UNDER THE STARS



Naval Station Guantanamo Bay commanding officer, Navy Capt. J.R. Nettleton (second from right) and guests enjoy their meals on the patio at the Steak Out Under the Stars event. The Steak Out Under the Stars was held March 29 at the Bayview.

Story and photos by Spc. Raechel Haynes

Naval Station Guantanamo Bay's Morale, Welfare, and Recreation may have felt some tightening of its budget recently, but it is still working hard to bring new things to GTMO.

Restaurants such as the Bayview and the Windjammer will be seeing some changes in the coming months. The Bayview hosted one of MWR's new ideas March 29, the Steak Out Under The Stars.

Guests had a choice of one of three different steaks for their entrée: top sirloin, bone-in, or t-bone steak. Their choice was written on a ticket with their table number. Once seated, they had the chance to visit the salad bar while waiting for their steak.

Wait staff informed guests when their steak was finished, and guests filled their plate with sides. The Bayview served baked potatoes, steak fries, green beans, and dinner rolls with the steak. They helped themselves to whatever appealed to them.

Diners also had the option of enjoying their meal on the patio or in the dining room. Guests had a beautiful view of the sunset no matter where they sat. As the stars came out, Tiki torches on the patio were lit.

"Presentation is 95 percent of everything," said Michael Crawford, MWR assistant manager of food, beverage, and hospi-

ality. "If it looks good, the mind is going to think it is good."

The presentation for the Steak Out set a standard that Crawford hopes to maintain and improve with each event. This was the first Steak Out but certainly not the last. Crawford hopes to make this a monthly event.



"Hopefully, we can keep building this, using new ideas to change the atmosphere, maybe add new things to the menu like porterhouse steak," Crawford said. "We can fine tune it a little bit more, [but] I think we have a real winner here."

Crawford felt the turnout was good for this event, especially since it was the first time MWR had held an event like this. Some people came out of curiosity, some

for something new, and others came to support the Bayview and MWR.

"The Bayview has a new manager who has a lot of experience as a chef in the Air Force and other areas," naval station commanding officer Navy Capt. J.R. Nettleton said. "He has a lot of great ideas and things he is trying to do. I wanted to come out and support him."

Crawford attributed much of this culinary success to the opportunities he had to learn with the military. Throughout his travels, he took time to learn about the local cuisine and learned to manage restaurants and clubs around the world.

He hopes to share his experience with his staff here at GTMO. Crawford has already begun to make some changes, starting with the Steak Out menu.

"We don't do any of the regular menu items at the Steak Out, only the kids menu," Crawford said. "We don't want to try to do a bunch of different things. We want to be able to focus on

this event. That way, we aren't doing many things at half-speed."

This strategy panned out well, and guests enjoyed a quality dining experience. From the attentive wait staff to the delicious food, everything enhanced the guests dining experience.

"It was great," Nettleton said. "There was really great food and a great turnout. I was very happy about that."

April Showers Bring May Flowers

Column by Spc. Jessica Randon

The first week of April has come and gone, and we are almost halfway through the year. I can't complain about much when it comes to my time here thus far at Naval Station Guantanamo Bay, as it is a lot better compared to the last deployment I was on.

When my unit was selected to come here towards the end of last year, I wasn't sure how to feel about it. As my friends all prepared to leave for Afghanistan, I was coming to an island where they allow us to wear civilian clothes and drink alcohol responsibly. For those that have deployed to a combat zone, you know that the regulations tend to be much different.

At first, I looked at my time here as basically a vacation. Then I realized that even though this is not a combat zone, many of the issues that service members face here are a fight within themselves.

In a combat zone, people are always on the watch for their battle buddies, making sure they're OK on a regular basis, because there is no room for complacency. One mistake made could cost someone their life. I feel that because we can wear civilians on our off time and share some drinks, many people tend to let complacency overtake them and their fellow Troopers.

What's my point? When having a conversation with a Trooper, it was brought to my attention that some felt that because we have JSMART and other outlets to relieve stress, there isn't much need to stop and check on people. I'm sorry, but if you cross paths with someone who you

may not know or someone you do know, and they look bothered by something, how much energy would it take to stop and say, "Hey, are you OK?"

If you work in the camps and you see things going on that you know may be harder for someone in your squad to handle, talk to them about it. Maybe not then and there, but eventually just talk to them. The biggest thing we can do for one another is keep each other level headed.

Complacency comes into effect, as people begin to disregard the many stressors that exist within the missions here at GTMO simply because this is not a "combat" zone. Thinking like such can make things even harder to go through.

I do not doubt for one second that what's going on in GTMO is not anywhere close in comparison to the hardships our fellow service members are facing in Afghanistan. But, even with that being so, we cannot dismiss the stressors that people face here.

While watching the PowerPoints and videos for suicide prevention training that we are required to take every six months, individuals tend to not take them too seriously, but more so as just a "check the box" type of training. But, losing a fellow Trooper and feeling like there may have been more you could have done should not be the eye opener to the difference that stopping and talking to someone can make.

Stay motivated, stay strong, stay level. When the storm passes, the aftermath will be a better and stronger you. And with the support of others, we will have a better and stronger force. So as always, from me to you, be you, be true, be beautiful.



GTMO Says... 4.5.13

"What's the wildest things you've ever done for April Fools?"

Navy
Yeoman 2nd Class
Patrick Woollett

Joint Task Force - J2

"We switched two junior officers rooms completely. We moved their furniture, clothes and everything. It was hilarious when they came home and thought they'd walked into the wrong rooms!"

Spc.
Bryan Cureton

428th Military
Police Company

"Me and some of my friends went to a store and bought a lot of rats. We thought it'd be funny to let them loose in our school. It scared the life out of a lot of people!"

Army Sgt.
Ryan Lee

428th Military
Police Company

"My first sergeant had a meeting with us about various mission things, and he told us that the mission had been pushed up and we were leaving in weeks rather than months. He told us to get our things packed and accounts taken care of with our family. Everyone was panicking. He waited about 20 minutes and said it was an April Fool's joke."

Army Sgt. 1st Class
Brian Reynolds

428th Military
Police Company

"We went crazy in my fifth-grade class when we had a substitute teacher."

Spc.
Eric Mejia

812th Military
Police Company

"I called my dad on April 1 last year and told him I got my girlfriend pregnant."



Trooper to Trooper

Stay the course

CHIEF PETTY OFFICER
MICHAEL TREDO
PORT SECURITY UNIT 311

The following are three principles that have guided me through nearly 18 years in the military: Surround yourself with good people, always do what's right, and don't ask anyone to do something you aren't willing to do yourself. Whether or not you plan on making the military a career, following these principles will help guide you to success in whatever life throws at you.

Good people challenge and support you but also hold you to standards. This relationship is mutual, as are the expectations. If you fall, they pick you up. When they fall, you catch them. If you try to cut corners, good people keep you honest and endeavor to help you get the job done the right way. They realize that if difficult things were easy, everyone would do them. Good people need not like each other. In fact, you may never want to see them outside of work, but good people respect, trust and rely on each other to get the job done.

We've all dealt with them in our careers, but there are those who seem like they do no wrong. They tell COs or supervisors what they want to hear at the expense of reality. They point the finger at others when problems arise and are just as quick to take the credit for others' hard work. We see these people get away with it and might begin to think that this is the way ahead, but do not be tempted and stay the course. Reality will set in. Perception is not always

reality and good supervisors know this.

Focus on what you can control, and remember none of us are perfect. If you stumble, own it, correct it and move forward. The mark of a good leader isn't how well they accept praise but rather how well they manage adversity. If you are candid and upfront about your weaknesses, good people will see your integrity shine through and support you through difficult times, as

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will your strengths buoy them. However, you must be humble enough to accept support from those above you as well as below you. And remember, it is OK to be persuaded.

Roles change as we advance in our careers. However, rank does not relieve us of the responsibility to perform work. Members who advance to E-7 or E-9 are subject matter experts, and they will be called upon from time to time to get their hands dirty and teach. Some feel that rank provides them the privilege of delegation. Set the example, and never ask someone to do something you aren't willing to do yourself and prove it.

PROTECT YOUR INFO!

ALERT Cyber crime is going mobile

A cyber crime occurs 18 times per second! That's over 1.5 million victims per day! Here are some interesting statistics on cyber crime: 46 percent of adults who use online services have fallen victim to attacks such as malware, viruses, hacking, scams, fraud and theft. Many of these are happening on mobile devices. Last year, 31 percent of mobile users reported receiving a text message from someone they didn't know requesting that they click on an embedded link or dial an unknown number to retrieve a "voicemail." Almost half of mobile users access personal emails via free or unsecured wi-fi connections. More than half access their social network account, bank account and shop online using a mobile device. That can be risky if you don't have a secure connection and use security software on your mobile device. Bottom line: Be careful when using your mobile device. Don't access sensitive



	5 FRI	6 SAT	7 SUN	8 MON	9 TUE	10 WED	11 THU
Downtown Lyceum	Act of Valor (R) 8 p.m. 21 and Over (NEW) (R) 10 p.m.	The Croods (PG) 8 p.m. G.I. Joe: Retaliation (PG-13) 10 p.m.	Snitch (PG-13) 8 p.m.	Side Effects (Last Showing) (R) 8 p.m.	Beautiful Creatures (Last Showing) (PG-13) 8 p.m.	Identity Thief (Last Showing) (R) 8 p.m.	Dark Skies (PG-13) 8 p.m.
Camp Bulkeley	Snitch (PG-13) 8 p.m. G.I. Joe: Retaliation (PG-13) 10 p.m.	21 and Over (NEW) (R) 8 p.m. Dark Skies (PG-13) 10 p.m.	Side Effects (Last Showing) (R) 8 p.m.	CLOSED Note: Concessions at Camp Bulkeley are also closed every night until further noticed.	CLOSED Note: Concessions at Camp Bulkeley are also closed every night until further noticed.	CLOSED Note: Concessions at Camp Bulkeley are also closed every night until further noticed.	Jack the Giant Slayer (PG-13) 8 p.m.

Call the movie hotline at 4880 or visit the MWR Facebook page for more information.

GTMO RELIGIOUS SERVICES

For more information, contact the NAVSTA Chaplain's Office at 2323 or the JTF Chaplain's Office at 2309

NAVSTA MAIN CHAPEL

Daily Catholic Mass
Tues.-Fri. 5:30 p.m.
Vigil Mass
Saturday 5 p.m.
Mass
Sunday 9 a.m.
Spanish-language Mass
Sunday 4:35 p.m.

General Protestant

Sunday 11 a.m.
Gospel Service
Sunday 1 p.m.
Christian Fellowship
Sunday 6 p.m.
CHAPEL ANNEXES
Pentecostal Gospel

Sunday 8 a.m. & 5 p.m. Room D

LDS Service

Sunday 10 a.m. Room A

Islamic Service

Friday 1 p.m. Room 2

JTF TROOPER CHAPEL

Protestant Worship
Sunday 9 a.m.
Bible Study
Wednesday 6 p.m.

GTMO BUS SCHEDULE

All buses run on the hour,
7 days/week, from 5 a.m. to 1 a.m.

Bus	#1	#2	#3	96 Man Camp	:31	:51	:11
Camp America	:00	:20	:40	NEX	:33	:53	:13
Gazebo	:02	:22	:42	Gold Hill Galley	:37	:57	:17
NEX Trailer	:03	:23	:43	Windjammer/Gym	:36	:56	:16
Camp Delta 2	:06	:26	:46	West Iguana	:39	:59	:19
KB 373	:10	:30	:50	TK 1	:40	:00	:20
TK 4	:12	:32	:52	TK 2	:43	:03	:23
JAS	:13	:33	:53	TK 3	:45	:05	:25
TK 3	:14	:34	:54	TK 4	:47	:07	:27
TK 2	:15	:35	:55	KB 373	:50	:10	:30
TK 1	:16	:36	:56	Camp Delta 1	:52	:12	:32
West Iguana	:18	:38	:58	IOF	:54	:14	:34
Windjammer/Gym	:21	:41	:01	NEX Trailer	:57	:17	:37
Gold Hill Galley	:24	:44	:04	Gazebo	:58	:18	:38
NEX	:26	:46	:16	Camp America	:00	:20	:40

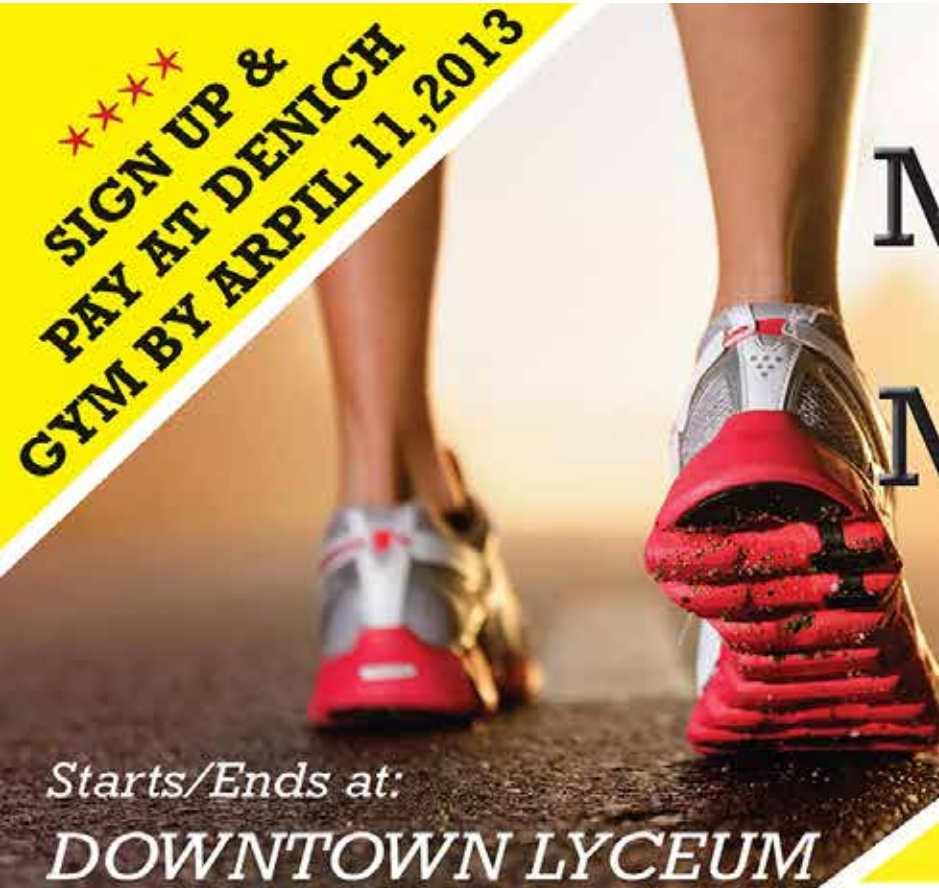
GTMO Beach Bus Schedule

Saturdays and Sundays only

Location	Run #1	Run #2	Run #3	Run #4
Windward Loop/ East Caravella	0900	1200	1500	1800
SBOQ/Marina	0905	1205	1505	1805
NEX	0908	1208	1508	1808
Phillips Park	0914	1214	1514	1814
Cable Beach	0917	1217	1517	1817
NEX	0925	1225	1525	1825
Windward Loop/ East Caravella	0930	1230	1530	1830
SBOQ/Marina	0935	1235	1535	1835
Return to Office	0940	1240	1540	1840

SAFE RIDE – 84781

SIGN UP &
PAY AT DENICH
GYM BY APRIL 11, 2013



Guamo
Marathon
&
Half Marathon

Starts/Ends at:
DOWNTOWN LYCEUM

***** JOIN US :
13 APRIL 2013

26.2 * 13.1

MARATHON // HALF MARATHON

0500 START TIME // 0630 START TIME



AWARD CEREMONY: 13 April / 1500 / Windjammer Ballroom

* Stick around for a concert by *SOMETHING DISTANT* at the conclusion of the ceremony. **YOU DESERVE IT!**

PARTICIPANT PASTA DINNER: 12 April / 1800 / WJ Ballroom

* Pick up your race packet during this time.

Pre-race pasta dinner & registration: **\$25**

Registration Alone: **\$20**

(No Same Day Registration Accepted)



FMI, CALL 2113

**MARATHONERS AREN'T BORN,
THEY'RE MADE!**