Table of Contents

Introduction	2
President's Welcome	3
We Cherish Our Traditions	5
Academics at LU	6
Grading System and Academic Terms	8
Release of Student Information	9
Academic Resources and Tutoring	10
Financial Aid and Funding Your Education	12
Student Accounts and Payment Arrangements	15
Health Services and Student Health Insurance	16
Residential and Commuter Students	18
Lincoln University Police Department	19
Disability Services	20
Career and Counseling Services	22
Student Activities and Involvement	23
Transportation to Lincoln	24
Jefferson City Area Radio Stations	25
Churches, Temples, and Places of Worship.	26
Banking and Financial Institutions	27
Places to Eat in Jefferson City	28
Health and Fitness Centers	30
Support Groups and Counseling Centers	30
Pregnancy and Family Planning	30
Hospitals and Medical Centers	31
Movies	31
Shopping, Clothing, Shoes, etc.	31
University Academic Calendar	32
Campus Map	34
Building Abbreviations	35
Notes	36

Welcome to Lincoln University!

Congratulations on your acceptance to Lincoln University. We are happy that you have chosen LU, and we look forward to serving you as you continue your education.

ROAR Orientation provides all new students and families an opportunity to share in the unique and exciting transition process. ROAR stands for Readiness, Opportunity, Advancement, and Registration.

During orientation, university staff, faculty, and orientation leaders will guide you through placement exams, advisement, registration, and prepare you for your first semester at LU. You'll meet other students who have traveled the same journey. ROAR will help you make a smooth academic and social transition by providing key information about student and academic services and campus life. Simply put, orientation is your first step to being successful at LU!

This booklet guide is provided as a quick reference for students and families as you navigate through ROAR and your first-year. We encourage you to refer back to this guide as often as you need. For more specific information on university policies and procedures, please refer to the Undergraduate Bulletin or the Student Handbook.



President's Message



Dear Lincolnite,

Congratulations on your academic achievements and on your admission to Lincoln University! You are embarking upon a new phase in your life - that of being a student at Lincoln University. Your participation in one of the upcoming orientation programs will be important to help you transition into this new phase. I encourage you and your parents to take full advantage of the orientation to learn more about Lincoln University and all it has to offer.

I have recently completed my sixth year as president here at Lincoln University. I want you to know that I believe you are joining one of the best universities in the nation.

Lincoln was founded by brave civil war soldiers and officers who wanted to provide for the educational needs of a diverse community of learners. They left us a great legacy! Since our beginning in 1866 with two students, we

have grown to enroll over 3000 two-year, undergraduate, graduate and professional students. Our distinguished alumni were once students like you and, today they are successful leaders and citizens, who contribute much to our great nation and the world.

The achievements of our alumni are a reflection of the excellent education they received as students. As a student, you also will have this same opportunity to excel in academics, student leadership, and in national and international competitions. Additionally, you may join other students who participate in community projects, local and national internship programs, as well as pure and applied research in a wide variety of areas.

Our nationally recognized faculty members are dedicated to the success of each student. They will provide you with challenging opportunities to enhance your learning experience. I encourage you to meet your professors and fellow students and to learn from the great diversity of ideas and experiences offered through the variety of academic and student activity programs.

Your studies at Lincoln University will enhance and advance your life through continued learning and personal development. As I wish you success throughout your years here at LU, I invite you to call on me at any time.

I look forward to meeting you in the very near future.

Sincerely,

Carolyn R. Mahoney, Ph.D.

Carolyn R. Mahoney

President

We Cherish Our Traditions

ALMA MATER LINCOLN, O, LINCOLN

Lincoln, O, Lincoln

Thy honors ours shall be,

We thy proud children are;

Thy cause when just shall we

Thou art our guiding star,

Lincoln believe.

Ours are hearts that yearn for thee

With loyalty defend-For thee we'd die.
Lincoln, O, Lincoln!

No matter where we be; Lincoln, O, Elicoln:

We thy proud children are;

Morning, noon and always, we

Our hearts, both near and far

Are Linealnites

Leve the with delight

Are Lincolnites.

Thy name, O, Lincoln

Shall e'er to us be dear.

Thy mem'ries sacred, near

Love thee with delight.

No matter where we are;

Whether present, absent, far

Morning, noon, we always are

Hold us to thee. TRUE LINCOLNITES!

UNIVERSITY OATH

We will never bring disgrace to Lincoln University by any act of cowardice or dishonesty. We will fight for the ideals and sacred things of the University. We will transmit our University to those who come after us, greater, better and more beautiful than it was transmitted to us.

LINCOLN UNIVERSITY FIGHT SONG

(SUNG TO THE TUNE OF THE WASHINGTON AND LEE SWING.)

Verse 1 Verse 2

Oh yes we love the LU Blue and White So proud of Lincoln University

The Tiger roar, we all live for and fight! Proud children are and were and always will be

We'll wear our colors proud and brave and true You guide us o to gain the victory

We're Lincolnites, we'll fight! And fight! We love you ole LU. Fight!

Verse 3 Verse 4

Oh yes we love the LU Blue and White
The Tiger Roar, we all live for and fight!
Oh yes we love Lincoln University
We yearn for what she stands and means

We'll wear our colors proud and brave and true No other school, no university We're Lincolnites, we'll fight! And fight! Is like ole LU! FIGHT! FIGHT!

Word adaption: Mildred Robertson, Richard A. McCall, Sr., Robert Mitchell, Sr.

UNIVERSITY MOTTO UNIVERSITY COLORS

"LABORARE ET STUDERE" NAVY BLUE AND WHITE

(TO LABOR AND STUDY)

UNIVERSITY MASCOT

BLUE TIGER

CAMPUS CHIMES

Campus Chimes are currently a reflection of new technology. The first chimes rang out the 8:00 a.m. and the 5:00 p.m. hour from the original Memorial Hall until 1972. Currently computerized Westminster chimes occur every fifteen minutes, the hourly gong occurs from 8:00 a.m. until 8:00 p.m. and musical chimes are programmed for special events.

FOUNDERS' DAY

Founders' Day is the day set aside to pay tribute to our founders, the soldiers and officers of the 62nd and 65th United States Colored Infantries. Founders' Day is traditionally observed on the first Thursday in February.

HONORS CONVOCATION

Honors Convocation is traditionally held on the second Thursday in April. It is the occasion when academic awards and honors are presented to our student scholars.

HOMECOMING

Homecoming is a special time in the academic year. It is at this time that former students and alumni and their families and friends return to Lincoln University for a weekend of gala activities. These activities include the Miss and Mr. Lincoln University Coronation, a parade and a football game. It is a time for reunion and usually occurs in October.

SPRINGFEST

SpringFest is a celebration of spring. Students, faculty, and staff celebrate the arrival of spring by enjoying the myriad of games and fun activities taking place on the quadrangle area in front of Young Hall, Scruggs University Center, and other locations on campus.



Academics at LU

Center for the First-Year Experience

Academic Advising

Most students enter Lincoln University excited, eager, and a little nervous. Many have questions about adjusting to their new surroundings, or how difficult classes may be. The Center for the First-Year Experience (CFYE) works to alleviate many of the stressors that first-year students have through an array of programs they offer.

Some of the programs they offer are described below. For more information, please stop by or call. Their information is provided below:

Advisors

The CFYE advises all students who have not declared a major at the University with 29 credit hours or less. The professional advisors in this department will work with you to create an academic plan for graduation, and a schedule that works with your life.

Advising Etiquette

- Call to make an appointment
- If you aren't able to attend your appointment or you need to reschedule, always call or email your advisor this is a courteous
- Arrive on time or early for your appointment

Scheduling Appointments

Each semester you will be responsible for scheduling an appointment with your advisor to discuss your academic progress and plan for your future courses. At LU, academic advisors are also faculty members and teach a full-time load of courses. Please keep this in mind when setting up an appointment with them. Try to schedule appointments during their regularly scheduled office hours, or determine if they have appointment time blocks for registration. You will be eligible for pre-registration each semester if you meet the following criteria:

- 1. You are not on academic or social probation or suspension
- 2. You do not have an unpaid balance with Student Accounts
- 3. You do not owe any parking tickets or library fines
- 4. You do not have any other miscellaneous holds on

General Education Courses

In the first year, many students concentrate on completing general education requirements. General Education requirements, or GE's are a 47-hour required block of educational courses that encompass the knowledge, skills, and attitudes which should be the common experiences of all educated individuals, so that they can engage effectively in a life-long process of inquiry and decision-making and an appreciation of the fine arts. A copy of the GE requirements is listed on the next page.

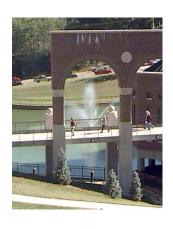
GENERAL EDUCATION GRADUATION REQUIREMENTS

Name:	Minimum 30 hrs coursework from Lincoln	
Student ID:	40 hrs upper division credit (300-400)	
Degree/Major(s):	Minimum 2.0 Cumulative GPA	
Minor(s):	Minimum 121 credit hours	
Ant. Grad. Date:	William 121 Credit Rours	
Area 1: Communication Skills (9 hours with grade of "C" or bett	er)	
ENG 101 or ENG 151H ENG 102 or ENG 152H		
SPT 206 (prerequisite ENG 101 or ENG 151H)		
SI 1200 (prerequisite ENG 101 of ENG 13111)		
Area 2: Mathematics Skills (3 hours of MAT 112 or higher; exen		
MAT 112 or higher (prerequisite for MAT 112 is MAT 111 with a	grade of "C" or satisfactory	
placement score)		
Area 3: Personal and Community Health (2 hours)		
PED 111: Personal and Community Health		
Area 4: Life and Physical Sciences (7 hours) Select courses from biology, chemistry, physics, environmental sciences	ence and experimental psychology	
3 hour science course	are and experimental psychology	
4 hour science course (w/lab)		
	<u> </u>	
Area 5: Social and Behavioral Sciences (12 hours) Choose one co	ourse from each category A-D	
A. U.S. and Missouri Constitution requirement (3 hours)		
Choose from HIS 205, HIS 206, PSC 201, PSC 203, PSC 204	or PSC 201H	
B. International History (3 hours) Choose from HIS 101, HIS 102, HIS 151H, or HIS 152H		
Choose from this 101, this 102, this 13111, of this 13211		
C. Psychology (3 hours) Choose from PSY 101 or PSY 151H		
D. Calcat 2 hours from CA 201 CA 202 CA 151H COC 201 or E/	20.201	
D. Select 3 hours from SA 201, SA 202, SA 151H, SOC 301 or E0	20 201	
Area 6: Humanities and Fine Arts (6 hours)		
Select 6 hours from two areas: literature or philosophy course numb		
ART 100, ART 330, ART 331, BS 200, MUS 200, MUS 205, SPT French or Spanish course numbered 204 or higher	209,	
1 ichen of Spanish course numbered 204 of night	L	
Area 7: Diversity (3 hours)		
CD 200 (prerequisite ENG 101)		
Area 8: International Cultural Diversity (3 hours)		
Select 3 hours from ANT 311, ANT 411, BS 200, BAD 215, ENG 3		
SPA-any three hours in a modern foreign language, FRE 321, FRE	322, SPA 321, SPA 322, HIS 101,	
HIS 102, HIS 203, HIS 403, NUR 335, PHI 201, PHI 208, PSC 440 PSC 460, SA 202),	
F3C 400, 3A 202		
Area 9: Lifetime Wellness Skills (1 hour)		
Any 100 level PED activity course (See Undergraduate Bulletin f	or exemptions)	
Area 10: General Education Skills (1 hour)		
GE 101: University Seminar		
Total General Education Requirements = 47 hours		
Notes: v 12 hours of Foreign Language required for a Bachelor o	<u> </u>	
v A course CANNOT fulfill more than one general educati	on requirement.	

Grading System and Academic Terms

CLASS STANDING Class Rank Semester hours earned First-year 0-29 Sophomore 30-59

Junior 60-89 Senior 90+



Grade Points		
Grade Points	Definition	
A	4 grade points per semester hour	
В	3 grade points per semester hour	
С	2 grade points per semester hour	
D	1 grade point per semester hour	
F	0 grade points per semester hour	
PR	0 grade points per semester hour	
S	0 grade points per semester hour	
U	0 grade points per semester hour	
W	0 grade points per semester hour	

Grading System

Grades	Definition
A	work of exceptionally high quality;
В	work of superior quality but somewhat lower than "A";
C	work of medium or average quality;
D	work of an inferior quality;
F	failing work;
PR S	(Progress-Re-enroll) indicates a student has made satisfactory progress in ENG 90 Basic English and must re-enroll in the course the following semester. This has no effect on GPA. A student may receive a —PR only once for this course. work of satisfactory quality;
U	work of unsatisfactory quality;
I	indicates a student has maintained an average of "D" or better but has not completed a small but essential part of the regular coursework;
X	indicates a student was absent from the final examination with the prior approval of the instructor or the dean of the college in which the course was taken;
W	indicates a student has officially dropped after the last day to register and/or add courses in any given term or semester and if a student withdraws from all courses in which the student was originally enrolled;
Н	indicates a student has been a —hearer (auditor) in a course.

Note: All grades are final except —I and —X. To remove the —I and —X, the student must complete the required work within the first four weeks of the following semester for

Grade Point Average (GPA)

Grade point average is the average number of grade points earned per credit hours attempted. In the cumulative

GPA calculation, if a course is repeated, then only the highest grade earned is included in the total grade points calculation, and the credit hours are counted only once in the total credit hours attempted.

Activity physical education grades are included in grade point average

calculations. Credit-by-examination (departmental and/or CLEP) and cooperative education credits are not calculated into the GPA. Transfer credit is not included in the GPA calculation except for purposes of granting honors and graduation honors. Courses in which a —PR, —I, —X, —H, —S, —U, or —W are received are not included in computing the GPA.

Developmental courses (e.g., Basic Mathematics, Basic Algebra, Basic English) are not included in the total number of credit hours a student earns towards a degree.

Repeated Courses

A student may repeat for a higher grade any course in which a "D" or "F" was earned, and must repeat a course in which a "PR" was earned. Only the highest grade earned will count in the GPA if the previous grade is a —D or —F. A course in which a "B" or "C" is earned may not be retaken in order to achieve a higher grade. If a course is repeated, all grades obtained in that course remain on the student's transcript.

Release of Student Information

The Federal Education Right to Privacy Act (FERPA) protects the privacy of student educational records, including financial information and prevents Lincoln University from providing that information to any third parties, including parents. FERPA.

What is FERPA?

The Family Educational Rights and Privacy Act of 1974, also known as the Buckley Amendment, is designed to protect the privacy of student records. The Act provides for the student's right to inspect and review educational records, to seek to amend those records, and to limit disclosure of information from those records. The Act applies to all institutions that are recipients of federal funding. Maintaining confidentiality of student records is everyone's responsibility, whether you are faculty, staff or student.

Who is protected under FERPA?

FERPA protects all students who are currently enrolled or formerly enrolled, regardless of their age or parental dependency status. FERPA does not apply to deceased students or persons who have applied but have not attended.

Parental Access to Student's Educational Record

When a student reaches the age of 18 or begins attending a postsecondary institution (<u>regardless of age</u>), FERPA rights transfer from the parent to the student. The student must sign a Third Party Release form with the Records office if he/she wishes to allow a parent to obtain information about a student record. This means that this form must be completed and on file in the Records Office before a parent can receive any information, including payment amounts and balances.

To obtain a copy of the Third Party Release Form you can visit the Records Office on the ground floor of Young Hall in room B-4. Academic Resources and Tutoring Services

Center for Academic Enrichment (CAE)

Supplemental Instruction

Coordinated through the CAE, Supplemental Instruction gives students in difficult courses an opportunity to study with a group of students from the same class. Outside-of-class study sessions are led by SI student leaders who know the course content, attend class regularly, and are approved by the instructor. SI guarantees focused study time; students who participate in SI study sessions generally earn higher course grades.

Each semester, a copy of the SI schedule is available around campus in 316 Martin Luther King Hall, and also online at: http://www.lincolnu.edu/web/center-for-academic-enrichment-cae



Center for Academic Enrichment provides professional tutoring in writing and mathematics. Students may schedule individual appointments for one-on-one tutoring for any Lincoln University writing assignment and/or for any mathematics course work. Group tutoring workshops and exam reviews are also available. More information on math or writing tutoring may be found on the CAE website.

CAE Computer Lab

A computer lab housed in the CAE is available as an open lab to all students. The CAE lab offers e-mail, word processing and Internet capabilities.

The Success Connection (TSC)

The TSC is a mentoring/tutoring initiative designed to enhance the student's academic and social experience. TSC utilizes the knowledge and skills of retired faculty, staff, and Lincoln

Alumni to assist in areas such as study habits, organizational skills, and test preparation, as well as social and character development.

You can set up an appointment via telephone or email. Walk-ins are welcome.

When calling or emailing please include your name, subject you want help in, your contact information, and your availability.

Call or Email Us

Phone: 573-681-6099 Email: tsc@lincolnu.edu

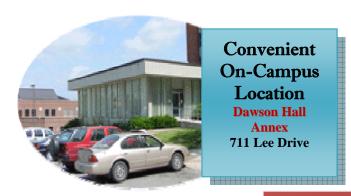
Drop by: 117 Young Hall



Student Support Services is a U.S. Department of Education program designed to assist students who face financial and other challenges when they enter college.

First authorized on a national level by the Higher Education Act of 1965 and the Higher Education Amendments of 1968, Student Support Services provides opportunities for academic development, assists students with basic college requirements, and serves to motivate students toward the successful completion of their postsecondary education.

... one semester at a time





Dawson Hall Annex Phone: (573) 681-5974

Qualifications to be a SSS Participant

U.S. Citizenship
or Resident Alien Status
and meet
ONE of the following criteria:

First-Generation College Student Meet Federal Guidelines for Low-Income Status

Have a documented disability

Program Services and Benefits

Tutoring in Most Core Courses One-on-One **Success Coaching Workshops** Relevant to Student Life **Group Activities** and **Field Trips**

At SSS, You Will Also Have:

Opportunities to Give Back to the
Community through Volunteerism
Potential to Earn a Grant Aid

Scholarship if you meet Department of Education and SSS Program Guidelines and Qualifications

Financial Aid & Funding Your Education

The financial aid webpage offers a wealth of information of value to students and parents alike, regarding the costs associated with the University and ways to fund these fees. Located on their website, you will find a cost calculator, a current schedule of fees, and links to all of the financial aid forms that you may need during this journey. Their web address is: http://www.lincolnu.edu/web/financial-aid

Scholarships

Internal

Students and families interested in obtaining information regarding scholarships and grants may contact financial aid. Additionally, incoming student's regular university admissions application and current student's enrollment data is used to automatically apply students for internal University scholarships; however, students' information must be on file by February 1st of the year prior to the academic year students would like the funds to be applied.



External

Students are also encouraged to research external scholarships that they may use to fund their education.

Links and further information regarding such scholarships may also be found on the financial aid page.

Student Employment

There are a variety of jobs available for student on campus. Interested students are responsible for locating, and applying for these opportunities. Students are selected based on their individual qualifications, the needs of the department, and depending the type of position, the financial need of the student.

Work-study

Federal College Work Study (CWSP) Employment is for undergraduate and graduate students needing financial aid. Students are paid hourly wages equal to the current federal minimum wage. Place of employment will vary based on needs of the university and the skills of the

Call or Email Us Phone: 573-681-6156

Email:

financialaid@lincolnu.edu Located: 103 Young Hall

student. CWSP is a need based aid. For more information, contact our office. A list of available positions can be obtained on the financial aid webpage, or with financial aid.

Departmental Student Labor

Departmental Employment is for undergraduate and graduate students, but is not based on financial need. Students are paid hourly wages equal to the current federal minimum wage. Place of employment will vary based on needs of the university and the skills of the student. For additional information, contact the Human Resources Office at (573) 681-5018 or visit them at 101 Young Hall.

SATISFACTORY ACADEMIC PROGRESS POLICY

Purpose

The intent of this policy is to 1) ensure that students using financial aid programs are demonstrating responsible use of public funds in pursuit of their educational goals; 2) set standards for monitoring all financial aid recipients' course completion rates each term, warning individual students when progress is so slow that financial aid eligibility may run out before completion of the degree program; and 3) give students whose progress does not meet the standards of this policy at least one term of financial aid on a probationary basis in which to improve their academic progress.

Satisfactory Progress Standards

To remain eligible for financial assistance, a student must:

- complete courses at an overall rate which will ensure graduation within the maximum time frame;
- earn credit for a reasonable number of credit hours toward a degree or certificate each term;
- complete developmental and incomplete courses in a timely manner;
- graduate prior to the maximum time frame specific term and cumulative grade point average, consistent with the University's academic policy;

Maximum time frame- to retain financial aid eligibility, as student must complete his/her degree program within a specified time limit defined in cumulative attempted hours for undergraduate/graduate students. Attempted hours, for this purpose, include regular and developmental course hours, as well as accepted transfer credit. Once a student reaches the maximum time frame, he/she is ineligible for financial aid unless additional time to complete the degree is approved through appeal. Maximum time to degree completion is as follows:

First baccalaureate degree 160 attempted hours Second baccalaureate degree 42 attempted hours

Master degree (38-hour program) 48 hours

Overall completion rate- completion rates reflect the rate at which students earn credit for courses attempted (e.g. a student earning nine of twelve hours would have a 75% completion rate). A student must meet an increasing standard of completion as he/she moves through the degree program in order to graduate within the maximum time frame. Satisfactory completion rates for this student are as follows:

0-36 cumulative attempted hours	70% completion
36.1-60 cumulative attempted hours	75% completion
60.1-84 cumulative attempted hours	80% completion
84.1+ cumulative attempted hours	85% completion

^{**}second baccalaureate attempted**

0-42 cumulative attempted hours

85% completion

Notification of Financial Aid Probation or Termination

The Department of Student Financial Aid will send a warning letter to any student who is placed on probation or a termination letter to any student who is no longer eligible for financial aid. The letter will be sent to the student's local address during any term of enrollment and to the permanent address during term breaks. It is the responsibility of the student to maintain current addresses with the Office of Admissions and Records.

Reinstatement Undergraduate with greater than 160 attempted hours and no degree- The student must appeal on the appropriate form and provide a graduation plan signed by his/her academic advisor. If the plan is considered reasonable, the student will receive financial aid on probation for one or more terms until the degree is completed.

Student on Financial Aid probation- The student may regain eligibility in one or two ways after a term of financial aid probation: a) by meeting the completion standards which applies to the student after financial aid probation under this policy (e.g. at least 36 attempted hours with a 70% completion rate) or b) by completing 12 credit hours (or less if approved) with a 2.00 semester term grade point average.

Student with grade changes- The student can regain financial aid eligibility by notifying Student Financial Aid of the grade change, including grades posted for incomplete courses.

Student previously suspended- A student loses financial aid eligibility at the time of Suspension from the University and must appeal on the appropriate form to receive approval for a term of financial aid probation if reinstated or readmitted.

Student terminated under prior policies or for zero completion- The student must complete at least 12 hours with a 2.00 grade point average at his/her own expense and then may appeal to receive financial aid on a probationary basis.

Appeals

A student who does not meet the undergraduate or graduate overall completion rates specified in this policy will be placed on probation for one term following identification of unsatisfactory progress.

For all other purposes, a student who desires to appeal termination of his/her financial aid eligibility must appeal in writing, usually on a form designated for that purpose, to the Department of Student Financial Aid by the date indicated in the termination letter. The Director of Financial Aid may take action on the appeal or forward it to the Financial Aid Appeals Committee for review. The committee's decision may be appealed to the Director; the Director's decision may be appealed to the Vice-President for Student Affairs.

The Financial Aid Appeals Committee appointed by the Vice-President for Student Affairs, shall have a membership that consists of two faculty and/or staff members familiar with University academic policy in addition to a member of Student Financial Aid, and Student Accounts Receivable. It may also have an additional member who participates in general committee matters. The committee considers, in a timely manner, appeals that are referred to it. The committee normally reviews on the written record and does not conduct hearings unless unusual circumstances warrant such. A student is encouraged to submit third party written documentation to support his/her appeal.

Student Accounts and Payment Arrangements

The goal of the Student Accounts Office is to serve and support Lincoln University students and their families by providing accurate and timely information related to their accounts according to the university policy and procedures. The office will answer questions regarding billing statements, payments received, or charges assessed to your account.

Payments to the college for student tuition and room and board fees should be made in U.S. dollars by cash, check, money order, Mastercard and Visa. **NO CASH SHOULD BE MAILED TO THE UNIVERSTIY.** All payments sent by regular mail should be addressed to:

Lincoln University Attn.: Controller's Office P.O. Box 29 Jefferson City, MO 65102-0029

Call or Email Us Phone: 573-681-5903

Email:

studentaccounts@lincolnu.edu
Drop by: 105 Young Hall

Schedule of Basic Fees

The schedule of basic fees as listed represents college charges. It does not include amounts for books and supplies, travel expenses, medical expenses other than health insurance, or miscellaneous fees that may be required. All tuition and fees are due and payable at the time of registration, unless other financial arrangements have been made. The schedule of basic fees may be found online.

Tuition Refunds due to Withdrawal

Refunds for Fall, Spring, and Summer

Tuition refunds are issued to eligible students based on the official date of withdrawal. Students must officially inform the college that they are withdrawing from class(es) by completing a withdrawal form and having it processed with the Record's Office.

Refund Schedule for 16-week classes

Fall/Spring Refund Schedule		Summer Refund Schedule	
During the first calendar week	100% refund	During the first calendar week	100% refund
During the second calendar week	50% refund	After first calendar week	No Refund
During the third calendar week	25% refund		
After three weeks	No Refund		

Refund Schedule for 8-week classes

For eight-week sessions, a 100% refund is allowed during the first calendar *week* of session. No refunds are available after the first week.

Refund Schedule for 4-week classes

For four-week classes, a 100% refund is allowed on the first *day* of the session. No refunds are available after the first day of session.

Note: Students are required to complete the withdrawal process with the Records Office, or the drop process on WebAdvisor, or with an advisor to receive any refund of fees.

Health Services and Student Health Insurance

Lincoln University's Student Health Services (SHS), located in the Thompkins Center, is here to protect and maintain the health of all currently enrolled students. Medical services are provided at no cost. Should tests, x-rays, and other services beyond the scope of the Center be recommended, the Student Health staff will assist students with referral and insurance billing. Any on-going medical condition such as, but not limited to, diabetes, hypertension, epilepsy or migraine is the responsibility of the student's primary care physician (PCP). SHS will monitor the student's health in collaboration with the PCP.

The staff of the Health Center provides a full range of primary care services, including treatment for acute and chronic illnesses, injuries, STDs, etc., and routine care.

Walk-Ins and Appointments

Patients are seen on a walk-in basis by the full-time nursing staff. Patients will be seen in the order of arrival, unless their condition is of an urgent nature. Patients can by seen by the Nurse Practitioner on Tuesdays from 1:00 pm to 3:00 pm and Wednesdays and Thursdays from 8:00 am to 10:00 am, by appointment only. Patients should contact Student Health Services at (573) 681-5476 to schedule an appointment.

Care for Ongoing Health Needs

If you have ongoing health care needs and are under the care of your private physician, the Health Center staff can team with your physician to provide lab work, blood pressure checks, or other care as needed, for continuity while you are at Lincoln University.

Medications

The Health Center dispenses a wide range of over the counter (OTC) and prescription medication commonly prescribed by university physicians.

Laboratory Testing

The following laboratory testing is available, on-site, at the SHC:

- Pregnancy
- Urine Analysis
- Blood Glucose
- · Strep Throat
- Mononucleosis
- · And More!!

Other testing can be provided and sent to an outside laboratory for results. Lab processing fees may apply.

STD Testing/Treatment

The Health Center provides HIV and Syphillis Testing free of charge during clinic hours. All other STD testing is performed during the Family Nurse Practitioner (FNP) hours with a lab processing fee attached. STD Testing performed by the FNP is by appointment only, please contact Student Health Services to schedule. STD Treatment is also provided during clinic hours.



Health Requirements

Completed Medical Health History: A medical history form must be on file in the Student Health Services Office prior to the student's registration.

Immunizations: the following immunizations (vaccinations) are required: Two (2) doses of MMR (Measles, Mumps, and Rubella) - 1st dose at age 12 - 15 months or later; 2nd dose at age 4 - 6 or older. Not required for students born before 1956. If records are not available, medical confirmation that the student had the disease(s) or a titer, blood test, showing immunity to measles, mumps and rubella will be accepted.

Meningococcal Vaccination: Students residing in on-campus housing are required by state law to receive the meningococcal vaccine or sign a waiver refusing the vaccination. The Student Health Center will maintain records on each student's vaccination status that reside in on-campus housing.

Continuing Education/Dual Credit Students: If a student is not required to be on campus nor interact with the general campus population, the health requirements can be waived (i.e., Fort Leonard Wood Campus, Dual Credit High School Students).

Student Health Insurance

Lincoln University requires all registered students taking 12 or more credit hours be enrolled in the Lincoln University Student Insurance Plan **unless** proof of comparable coverage is provided. All registered International Students taking credit hours must be enrolled in the plan. For further information, please visit Student Insurance Plan website or contact the Student Health Center.

The above requirements are supported by documentation from the American College Health Association (ACHA).

Please note: Immunizations requirements for international students may vary, depending on personal medical history and travel. Please contact the Student Health Center for further information.

S.H.A.P.E

The Student Health Advocacy & Peer Education (S.H.A.P.E.) is a student organization that educates peers and promotes the quality and delivery of care that the Student Health Center provides for the students on the Lincoln University campus.

SHAPE serves as a liaison between the Student Health Center and Lincoln students as well as student government and organizations. Members are asked to attend various prevention and health promotion events that SHAPE sponsors throughout the year.

SHAPE members are students who are interested in promoting and representing the Student Health Center. Membership strives to promote the university's diverse population. All students who are interested in furthering the goals of SHAPE should apply online.

Residential and Commuter Students

For most incoming students, this is a time of great change, challenge, and excitement. You will be assuming responsibility for decisions and actions that directly impact your personal and academic life. This is a time of transition during which we are dedicated to assisting you in achieving the best educational experience possible. We strive to facilitate your connection to educational and social opportunities in and out of the classroom.

Benefits of Living on Campus

Building new friendships Numerous leadership and volunteer opportunities

Enriching educational and cultural experiences Convenience and comfort

Shared living Personal mentors and advisors who are professional staff

Do I have to live on campus?

University Policy requires the following students to live on campus:

- All unmarried students under 21 years of age, whose primary domicile is beyond a 60-mile radius of Lincoln University, are required to live in the University residence halls for four consecutive semesters.
- Veterans of the U.S. Armed Forces are exempted from the On-Campus Housing Policy.
- Any student who has established a local primary domicile at least one year prior to entering the University is also exempted. Proof of domicile is required.

For more specific information on the housing policy we encourage you to review the Lincoln University Student Handbook, or the Lincoln University Undergraduate Bulletin.

Students seeking exemption from the On-Campus Housing Policy must submit a written appeal form by the last day of July for the upcoming fall semester and the last day of December for the upcoming spring semester to the Residential Life Appeals Board located in 117 Young Hall.

Personal Property and Liability

The University is not liable for any personal property brought onto campus by students. In the event space is not initially available to accommodate all students affected by the on-campus housing policy, a waiting list will be maintained and students on that list will be given priority when semester housing assignments are made the following year. Notification of housing assignments will be sent to students' local addresses prior to the end of the spring semester of their initial year at the University. Room and board are mutually inclusive components of on-campus residency.

Meal Plans

All residential students are required to have a meal plan. Plans vary from 10, 14, to 19 meals per week. Meal plans are also available for commuter students. For more information about meal plans and rates, please visit the website at: http://www.lincolnu.edu/pages/2107.asp.

Commuter Student Liaison

The Commuter Student Liaison, along with Community Connections of LU (CCLU) works to provide activities and events, as well as opportunities for students who do not live on campus to get involved with campus life. The Commuter Student Liaison can help you find information about lockers on campus, as well as meal plans for commuters. For more information visit room B-2 in the Scruggs

18
University Center or call (573) 681-5526.

Lincoln University Police Department



The Lincoln University Police Department (LUPD) has multiple responsibilities, which include traffic and parking operations, law enforcement, investigations, fire and safety inspections, monitoring chemical hazards, and crime prevention. The mission of the LUPD is "to help provide a safe, enjoyable environment to live, work and study."

Responsibilities (not an exhaustive list)

Enforcing Missouri criminal laws Enforcing University policies and selected city

ordinances

Conducting security operations to ensure the real and personal property on the campus and farms are protected at all times

Monitoring hazardous materials being used on campus and their proper disposal

Parking operations and traffic law enforcement Vehicle registration

Enforcement of University Traffic Rules and Fire and safety inspe

Regulations

Assistance to Jefferson City emergency vehicles and crews responding to the campus

Fire and safety inspections

Crime Statistics and Offender Registration

Lincoln University's Three (3) Year Crime Statistics and the Cole County Sheriff's Offender Registration List may also be found on the LUPD website.

Timely Warnings

In the event that a situation arises, either on or off campus, that, in the judgment of the Chief of the Police Department, constitutes an ongoing or continuing threat, a campus wide "timely warning" will be issued. The warning will be issued through the college email system to students, faculty, and staff.

Depending on the particular circumstances of the crime, especially in all situations that could pose an immediate threat to the community and individuals, the LUPD may also post a notice on the campus-wide electronic bulletin board on the LUDP website at: www.lincolnu.edu/pages/2631.asp.

Parking Permits

Parking permits are required to park on campus between the hours of 7:30 a.m. to 5 p.m., Monday through Friday. Students are not allowed to park in reserved spaces. University students are also not allowed to park in a handicap space without a University parking permit or state issued placard that indicates "disabled."

Lincoln University parking permits can be purchased at the Cashier's Office in Young Hall. Student Parking Permits are \$35.00 per year. Students may purchase a residential (on-campus) or commuter student permit.

Purchasing a Permit and Vehicle Registration

To register your vehicle and purchase a parking permit you need a valid photo ID (Lincoln ID or state-issued identification), current and valid proof of insurance, and a completed Vehicle Registration form submitted to the Cashier's Office (1st floor Young Hall).

Disability Services

Lincoln University provides services for students with disabilities, including visual and hearing impairments, in accordance to the Americans with Disabilities Act and Section 504. These services are located in 304 Founders Hall.

Guidelines on Submitting Documentation for Disability Services

Lincoln University provides assistance to students with a documented disability. Documentation of the disability needs to be on file with the Coordinator of Disability Services before requests can be granted.

- A qualified professional such as a psychologist, neurophysiologist, psychiatrist, counselor, doctor, or trained school personnel is appropriate to provide the documentation. The report must include a specific diagnosis based on the Diagnostic and Statistical Manual (DSM-IV) diagnostic criteria.
- A well-written interpretative summary based on a comprehensive evaluative process is a
 necessary component of the documentation. Each accommodation recommended by the
 evaluator must include a rationale. The diagnostic report must include specific
 recommendations for accommodations that are realistic and that postsecondary institutions can
 reasonably provide. A detailed explanation as to why each accommodation is recommended
 must be provided and should be correlated with specific functional limitations.
- A description of the current functional limitations on how the condition currently impacts the individual should be outlined. The documentation needs to be thorough enough to demonstrate whether and how a major life activity is substantially limited by providing a clear sense of the severity, frequency and pervasiveness of the condition.

Although prior documentation may have been useful in determining appropriate services in the past, current documentation must validate the need for services based on the individual's present level of function in the educational setting.

Rights of Students with Disabilities

- Equal access to courses, programs, services, facilities, and activities offered through the University.
- An equal opportunity to learn, and to receive reasonable and appropriate accommodations and academic adjustments with the goal of diminishing the effect of a disability on academic functioning.
- Appropriate confidentiality of all information related to the disability.
- Be treated with respect and courtesy.

ADA Coordinator—(573) 681-5167. Website: http://www.lincolnu.edu/web/disability-services

Disability Services cont.

Responsibilities of Students with Disabilities

- Meet the University's qualifications and essential technical, academic and institutional standards.
- Self-identify in a timely manner as an individual with a disability when an accommodation is needed.
- Provide documentation from an appropriate professional source that confirms the presence of a disability which identifies functional limitations and provides support for the requested accommodations.
- Follow the specific, published procedures for requesting and obtaining reasonable and appropriate accommodations.
- Assume personal responsibility to meet with faculty, and to request assistance through other campus resources.
- Abide by the University's standards and guidelines for behavior and academic integrity.
- Treat all University staff and faculty with respect and courtesy.

Rights of Disability Services

- Request current, appropriate and comprehensive documentation, completed by an appropriate professional that supports a request for reasonable accommodations.
- Select the most appropriate or equally effective accommodations and/or academic adjustments through discussion with the student.

Responsibilities of the Office of Disability Services

- Ensure that all programs, courses, and services through the University are offered in the most integrated and appropriate setting.
- Provide information regarding policies and procedures to students with disabilities and assure its availability in accessible formats upon request.
- Provide or arrange for reasonable and appropriate accommodations and/or academic adjustments for students with disabilities on an individualized basis and with documentation verification.
- Maintain appropriate confidentiality of records and communication concerning students
 with disabilities except where disclosure is permitted or required by law or authorized by
 the student.

Career and Counseling Services

The mission of Career, Counseling & Disability Services (CC&DS) is to provide high quality service in the areas of personal, academic, social, and career counseling to the University's diverse student population (i.e. academically at-risk students, physically challenged students and non-traditional student population). Additionally, Career, Counseling & Disability Services serves as a support system in conjunction with the academic areas, while simultaneously promoting student growth and development, thus contributing to the learning process beyond the classroom.

Personal – Attending college can be exciting, but it can also add a stress factor to your life. Personal counseling is available to help you address concerns such as: anxiety, depression, relationship problems, and academic stress.

Academic – Most students have developed the skills in secondary school to be successful in college, but the academic demands of the University may present a challenge that requires a modification and/or development of new skills. We will work with the student and their advisor to access the student in developing skill sets to be successful.

Career – During individual consultation, students explore with a counselor possible career paths. Career assessment instruments such as the Self-Directed Search and the Strong Assessment are used to assist in the career exploration process. Additionally the usage of the Occupational Dictionary provides information for: specific jobs, educational requirements, work environment, salary, and the number of job positions needed in the future.

If you need to speak to a counselor please come by Thompkins Health Center, or call 573-681-5162 and set up an appointment.

Referral/Confidentiality

Outside referrals are made through the Director. It is preferred that a relationship is established with the student, prior to the outside referral, if this is possible. All counseling information will be held in the strictest confidence. Confidential information regarding the student will not be released without the student's permission.

Procedures and Policies

Lincoln University is recognized as a National Testing Center. In this regard, the Center is responsible for administering the following National Examinations:

CLEP (College Level Examination ACT (American College Testing)

Program) Residual

National

LSAT (Law School Admissions Test) SAT (Scholastic Achievement Testing)

MAT (Miller Analogies Test) PRAXIS (Professional Assessments for

Beginning Teachers)

Although Lincoln University does not administer all national tests, applications and information is available in the Career, Counseling and Disability Services Office.

Student Activities and Involvement

Student Activities enhances the Lincoln University community by creating dynamic involvement opportunities and fostering student success through co-curricular experiences. Our goal is to serve the student body by providing programs and experiences which promote cultural, educational, recreational, social and personal growth by having students actively participate in all aspects of University life.

Contact Us

Phone: 573-681-5266

Drop by: B-2 Scruggs University Center

Student Organizations

The Office of Students Activities facilitates all campus organizations. This includes the Student Government Association, Campus Activity Board, Pan-Hellenic Council (Fraternities & Sororities), the Royal Connection, Miss Lincoln University and Mr. Lincoln University. Lincoln students "work hard and play hard". Our office is dedicated to supporting, engaging and empowering our talented, active and diverse students as they find their voice and community at Lincoln University. Through co-curricular opportunities and experiences such as clubs, organizations, events, cross-cultural education, civic engagement and leadership development, students gain invaluable skills and experiential knowledge that will continue to grow and develop during their time on campus and beyond. A list of student organizations and brief descriptions may found online. We invite and challenge you to get involved!

Student Leadership Awards Convocation

Student Leadership Awards are presented to students who have displayed leadership qualities deserving recognition. Awards are presented to an Individual Student, an Individual Student within an Organization and Outstanding Organization. All currently registered students are eligible for nomination from faculty, staff, and students.

Martin Luther King Drum Major Award

The Lincoln University MLK, Jr. Day Celebration Drum Major Award is presented to a Lincoln University faculty or staff member who has demonstrated the principles set forth by the Rev. Dr. Martin Luther King, Jr. This award is presented annually by the Office of Student Activities during the on-campus celebration.









Transportation to Lincoln

Transportation

Amtrak

Amtrak Service, through the Missouri Department of Transportation is available from Kansas City to Saint Louis daily. Students traveling to destinations farther away may make their connections from either of these locations to their final destination.



101 Jefferson Street Phone: (800) 872-7245



Airports

Columbia Regional Airport

Administration Office 11300 South Airport Drive Columbia, Missouri 65201 Phone: 573-874-7508

http://www.flymidmo.com/index.html

Kansas City International Airport

Kansas City Aviation Department 601 Brasilia Avenue Kansas City, MO 64153 http://www.flykci.com

Lambert St. Louis International Airport

moon mutt

10701 Lambert International Blvd. St. Louis, MO 63145-0212 U.S.A. Room MTN-2276 http://www.lambert-stlouis.com

Airport Shuttle Service

Shuttle service to and from the St. Louis and Kansas City airports is available. Pick-up and drop-off locations are available in Columbia, MO, and Kingdom City, MO. Please note that each of these locations is 30 minutes from campus.

MO-X (airport shuttle only) Phone: (877) 669-4826 https://www.moexpress.com



Tyus Transportation

1857 Saratoga Boulevard Jefferson City, MO Phone: (573) 556-6455

Checker Cab of Jefferson City LLC

1000 Saint Mary's Boulevard Jefferson City, MO 65109 Phone: 573-636-7101

*Flat rates available for airport drop -off

Mega Bus

4400 S. Racine Ave. Chicago, IL 60609

Phone: Call toll free 1-877-GO2-MEGA (1-877-462-6342)

http://us.megabus.com



Taxi Service

Checker Cab of Jefferson City LLC

1000 Saint Mary's Boulevard Jefferson City, MO 65109 Phone: 573-636-7101

Sober Chauffeur

1000 Saint Mary's Boulevard Jefferson City, MO 65109 573-636-7102

Veterans Cab Jeff City Taxi

1000 Saint Mary's Boulevard Jefferson City, MO 65109 Phone: 573-635-0588

JeffTran

JeffTran is the local public transportation. Bus schedules are available online at: http://www.jeffcitymo.org/transit

Phone: (573) 634-6477

Fair Information:

Fixed Routes \$1.00 Student – 20 Ride Pass \$18.00 Adult – 20 Ride Pass \$20.00 Transfers - Free

Jefferson City Area Radio Stations

700			
Station	Type of Music	Station	Type of music
KCOU/88.1 FM	College	KTTR/99.7 FM	Talk
KJLU/88.9 FM	Jazz	KBBM/100.1 FM	Rock
KOPN/89.5 FM	Public Radio	KKCA/100.5 FM	Oldies
KMCV/89.9 FM	Religious	KPLA/101.5 FM	Adult Contemporary
KNLG/90.3 FM	Religious	KRLL/1420 AM	KRLL/1420 AM
KNLG/90.3 FM	Religious	KBXR/102.3 FM	Adult Alternative
KWWC/90.5 FM	Jazz	KQUL/102.7 FM	Oldies
KNLN/90.9 FM	Religious	KJMO/1.4.1 FM	Oldies
KBIA/91.3 FM	Public Radio	KOQL/106.1 FM	Top-40
KLOZ/92.7 FM	Hot AC	KTXY/106.9 FM	Top-40
KWRT/93.1 FM	Nostalgia	KFAL/900 AM	Country
KRMS/93.5 FM	Classic Rock	KWOS/950 AM	News/Talk
KATI/94.3 FM	Country	KRMS/1150 AM	News/Talk
KWWU/94.9 FM	College	KLIK/1240 AM	Talk
KRMS/93.5 FM	Classic Rock	KWOS/950 AM	News/Talk
KATI/94.3 FM	Country	KRMS/1150 AM	News/Talk
KWWU/94.9 FM	College	KLIK/1240 AM	Talk
KTKS/95.1 FM	Country	KFRU/1400 AM	News/Talk
KFBD/97.9 FM	Classic Rock	KTGR/1580 AM	Sports
KCMQ/96.7 FM	Rock	KCLR/99.3 FM	Country



Lincoln University KJLU 88.9 FM, Black College Radio 2008, Program Director of the Year, News and Public Affairs, Mr. Dan Turner, Station with the Most Community Involvement

Churches, Temples and Places of Worship

Name	Address	Phone
В	aptist	
One In Christ Baptist Church	900 Jefferson St.	(573) 635-8491
Calvary Baptist Church	1436 Hough St	(573) 635-2083
Central Baptist Church	1505 E Miller St	(573) 634-3671
Central Baptist Church	1812 E Mccarty St	(573) 634-3671
Concord Baptist Association	804 Fairmount Blvd	(573) 635-4832
First Baptist Church	301 E Capitol Ave	(573) 634-3603
Immanuel Baptist Church	706 Ohio St	(573) 636-8658
Jefferson City Baptist Church	3705 Route C	(573)636-3242
Mattese First Baptist Church	400 E High St	(573) 635-7931
Memorial Baptist Church	1120 Madison St	(573) 635-7131
Second Baptist Church	501 Monroe St	(573) 636-3326
Southridge Baptist Church	1815 Vieth Dr	(573) 635-6398
Ca	tholic	
Immaculate Conception Church	1206 E Mccarty St	(573) 635-6143
St Joseph Cathedral	2305 W Main	(573) 635-7991
St Peters Church	216 Broadway St	(573) 636-8159
Ch	ristian	
Capital City Christian Church	1512 Swifts Hwy	(573) 635-1322
Capital West Christian Church	1308 Fairgrounds Rd	(573) 634-8335
Church Of Christ	1316 Fairgrounds Rd	(573) 636-8446
Community Christian Church	409 Ellis Blvd	(573) 635-6025
First Assembly Of God	1900 Hwy C	(573) 635-0159
First Christian Church	327 E Capitol Ave	(573) 636-5157
Hwy 54 Church Of Christ	4217 Greenbriar Dr	(573) 635-2351
Second Christian Church	703 E Dunklin St	(573) 635-8349
Ep	iscopal	
Grace Episcopal Church	217 Adams St	(573) 635-4405
Lu	theran	
Faith Lutheran Church	207 Industrial Dr	(573) 636-4602
Our Savior's Lutheran Church	1529 Southwest Blvd	(573) 636-2609
Peace Lutheran Church	7808 New Church Rd	(573)496-3893
Trinity Lutheran Church	803 Swift's Hwy	(573) 636-6750

Methodist

Free Methodist Church	933 Moreau Dr	(573) 636-7684
First United Methodist Church	201 Monroe St	(573) 635-6886
New Hope Ame Zion	728 E Miller St	(573) 636-5511
Quinn Chapel Ame Church	529 Lafayette St	(573) 635-4421
Wesley Foundation	805 Atchison Ct	(573) 636-9680
Wesley United Methodist Church	2727 Wesley St	(573) 893-2556
Non-Denom	inational	
Christian Fellowship Of Jefferson City	600 Beck St	(573) 556-6432
House Of Refuge Worship Center	5505 Heritage Hwy	(573) 761-5606
Jefferson City Bible Chapel	2804 Sue Dr	(573) 893-3977
New Life Evangelistic Center	815 E High St	(573) 635-1978
Straight Way Temple Of Deliverance	3622 Hwy 179	(573) 584-9999
Woodcrest Chapel	Capital Mall	(573) 634-4285
Non-Spec	cified	
Capital City Church Of Christ	2701 W Main St	(573) 634-5203
House Of Prayer Family Church	2707 W Main St	(573) 634-6440
Jefferson City Christian Center Church	3614 Church Ln	(573) 636-8586
Penteco	stal	
Fountain Of Life Family Worship	95 Grant St	(573) 634-8363
Solid Rock Family Church	508 Hunters Run	(573) 893-4609
United Pentecostal Church	119 Grant St	(573) 635-5182
Presbyte	erian	
First Presbyterian Church	324 Madison St	(573) 636-2149
Synago	gues	
Temple Beth-El	318 Monroe St	(573) 635-3088
Unit		(550) 505 0504
Unitarian Universalist Fellowship Of Jefferson City	1021 Northeast Dr	(573) 636-0684
Unity Church Of Peace	5402 W Business 50	(573) 636-6336

Banking and Jinancial Institutions

Name	Address	Number
Central Trust Bank	Multiple locations	(573) 634-1302
First Financial Credit Union	3124 W Edgewood Dr	(573) 636-9198
Hawthorn Bank	Multiple locations	(573) 761-6100
Home Savings of America	130 E McCarty St	(573) 636-4193
Jefferson Bank of Missouri	Multiple locations	(573) 634-0840
Legends Bank	8201 Hwy M	(573) 395-4327
Mid America Bank	1511 Friendship Rd	(573) 635-0019
Midwest Independent Bank	910 Weathered Rock Rd	(573) 636-9555
Missouri Credit Union	1815 Southwest Blvd	(573) 635-8007
Providence Bank	Multiple locations	(573) 893-6500
Regions Bank	Multiple locations	(573) 635-4151

Banking and Jinancial Institutions cont.

 River Region Credit Union
 2009 Schotthill Woods Dr
 (573) 635-4185

 UMB Bank
 300 Dix Rd,
 (573) 634-2600

 Union Planters Bank
 2805 W Truman Blvd
 (573) 635-4151

 US Bank
 101 W McCarty St Stop
 (573) 634-2150

Places to Eat in Jefferson City

NAME ADDRESS PHONE

American Variety

1650 Jefferson St.	(573) 634-5353
Capital Mall	(573) 634-8578
2314 Route B	(573) 634-6220
1550 Missouri Blvd	(573) 635-1603
2421 Industrial Dr	(573) 893-9115
500 Airport Rd	(573) 634-7050
2118 Schotthill Woods Dr	(573) 659-0006
730 W Stadium Blvd	(573) 636-7926
2519 Missouri Blvd	(573) 636-9553
315 Jefferson St	(573) 636-0720
	Capital Mall 2314 Route B 1550 Missouri Blvd 2421 Industrial Dr 500 Airport Rd 2118 Schotthill Woods Dr 730 W Stadium Blvd 2519 Missouri Blvd

Asian

Asian			
China Garden	211 E High St	(573) 634-4715	
China Wok	520 Ellis Blvd	(573) 634-9991	
Dragon Kitchen	2219 Missouri Blvd	(573) 635-8838	
Happy Garden	2803 W Truman Blvd	(573) 893-7818	
Hunan Restaurant	1416 Missouri Blvd	(573) 634-5253	
Jasmine Garden	2021 Missouri Blvd	(573) 659-9135	
Love Sushi	2201 Missouri Blvd	(573) 634-0095	
Stir Fry 88	3600 Country Club Dr	(573) 636-3388	
Yen Ching	2208 Missouri Blvd	(573) 635-5225	
New China	905 Eastland Dr. Suite D	(573) 659-0678	

Casual Dining

Applebee's Chili's Bar & Grill Capitol City Steakhouse & Catering Co Colton's Steakhouse Dudley's	2319 Missouri Blvd 3515 Missouri Blvd 127 E High St 2415 Missouri Blvd 5525 Business 50 W	(573) 636-6368 (573) 761-4765 (573) 893-3888 (573) 635-5336 (573) 893-3235
		` '
Longhorn Steakhouse	3545 Missouri Blvd	(573) 636-9100
O' Donoghue's Steaks & Seafood	900 E High St	(573) 635-1332
Perkin's Family Restaurant	1722 Jefferson St	(573) 636-2430
Red Lobster	3519 Country Club Dr	(573) 635-6737
Ria's	2550 West Edgewood	(573) 636-5221
Prison Brews	305 Ash St.	(573) 635-0678

Café/Coffee/Dessert

Caie/Coffee/Dessert		
Baskin Robbins	1922 Missouri Blvd Ste A	(573) 636-6622
Café Via Roma	105 W High St	(573) 636-8771
Central Dairy	610 Madison St	(573) 635-6148
Coffee House Café & Bakery	200 Madison St	(573) 638-5531
Coffee Zone	130 East High St	(573) 761-4277
Cold Stone Creamery	610 Wildwood Drive	(573) 636-2653
Dairy Queen	2114 Missouri Blvd	(573) 634-2240
McAlister's Deli	2323 Missouri Blvd	(573) 659-7783
Panera Bread	2226 Missouri Blvd	(573) 893-7656
Starbucks	3721 W. Truman Blvd (Hy-Vee)	(573) 893-2505
	735 West Stadium Blvd	(573) 635-8401
Blvd Cafe	2117 Missouri Blvd	(573) 634-2996

Fas	st Food/On the Go	
Burger King	2207 Missouri Blvd	(573) 636-4422
Captain D's Seafood Restaurant	2118 Missouri Blvd	(573) 636-5532
Chipolte	1400 Missouri Blvd	(573) 634-3532
Fazoli's	2333 Missouri Blvd	(573) 635-3744
Hardee's Restaurant	3601 Country Club Dr	(573) 893-5516
Jimmy John's	1920 Jefferson St	(573) 635-2742
Kentucky Fried Chicken	2201 Missouri Blvd	(573) 635-8255
Long John Silver's	2220 Missouri Blvd	(573)634-3132
McDonald's	724 W Stadium Blvd	(573) 634-5899
	1425 Missouri Blvd	(573) 635-5824
	1918 Jefferson St	(573) 635-3903
	3124 S 10 Mile Dr	(573) 893-4921
	815 Eastland Dr	(573) 636-9991
Sonic Drive-In	314 Ellis Blvd,	(573) 761-9114
	1711 E Elm St	(573) 634-8311
	201 Commerce Dr	(573) 634-9033
Wendy's Old Fashioned Hamburgers	3536 Country Club Dr	(573) 893-7033
Wellay 5 Old Labilioned Hamourgers	2108 Missouri Blvd	(573) 636-7273
	Greek	(373) 636 7273
Arris' café	409 W. Miller St Suite A & B	(573) 634-8400
Arris' Pizza Place	117 West High St	(573) 635-9225
Coffe Zone	130 East High St	(573) 761-4277
	Pizza	,
Arris' Pizza Place	115 W High St	(573) 635-9225
Breadeaux Pizza	510 Ellis Blvd	(573) 635-7472
Domino's Pizza	901 Missouri Blvd	(573) 634-8444
Imo's Pizza	706 Missouri Blvd	(573) 636-4900
Pizza Hut	1431 Christy Dr,	(573) 634-3533
	2005 Schotthill Woods Dr	(573) 659-8200
	Capital Mall Jefferson City	(573) 893-3009
Papa John's Pizza	2200 Missouri Blvd	(573) 659-7272
Sbarro	3600 Country Club Dr	(573) 634-7581
Johnny's Pizza & Steak House	2102 Missouri Blvd	(573) 635-2221
	/Tex-Mex/Latin Cuisine	
El Jimador Mexican Restaurant	512 Ellis Blvd	(573) 636-6228
	915 Eastland Dr.	(573) 659-0463
	1410 Missouri Blvd	(573) 761-1616
El Espolon	50 Rock Hill Rd.	(5730 634-6155
La Bamba Mexican Restaurant	1001 Missouri Blvd	(573) 893-5310
Santa Cruz Mexican Restaurant	242 Jaycee Dr	(573) 635-6500
Taco Bell	2605 Missouri Blvd	(573) 635-5665
	1905 Southwest Blvd	(573) 635-3773
Sone	lwiches, Salads, Etc	
Angelina's Café LLC	101 Boonville Rd	(573) 893-3200
Bones Lounge & Restaurant	210 Commercial St	(573) 636-8955
Daisy Delight Restaurant	2715 E McCarty St	(573) 635-1221
Quiznos Sub	1709 Missouri Blvd	(573) 893-8600
Poly Poly Candwiches	512 Ellic Dlyd	(573) 623 0737

Roly Poly Sandwiches 512 Ellis Blvd (573) 632-9727 Sub Shop 1902 Missouri Blvd (573) 659-8181 Subway 724 W Stadium Blvd (573) 636-8070 905 Eastland Dr (573) 635-0457 1922 Missouri Blvd (573) 636-4380

Specialty & Other

2336 Missouri Blvd (573) 634-7427



Places to Eat in Jefferson City cont.

Cajun Catfish House 6811 Business 50 W (573) 893-4665 Das Stein Haus 1436 Southridge Dr (573) 634-3869 2113 Schotthill Woods Dr Old Brick House Deli (573) 659-7227 Park Place Restaurant Capitol Plaza Hotel 415 W McCarty St (573) 635-1234 Zesto Drive-In 1730 Jefferson St (573) 659-7117 501 Broadway St (573)635-0712

Fine Dining

Alexandro's 2125 Missouri Blvd (573) 634-7740 Bingham's Restaurant 1510 Jefferson St (573) 635-5388 Sapphire Lounge

Health and Fitness Centers

Name	Address	Number
Capital Region Healthplex	1432 Southwest Blvd	(573) 632-5614
Curves	744 West Stadium Blvd	(573) 635-1004
Show ME Yoga Center	101 W High St #A3	(573)636-5656
Wilson's Total Fitness Center	3600 Country Club Dr	(573) 634-3036
YMCA	424 Stadium Blvd 603 Ellis Blvd	(573) 761-9192 (573) 635-6665



Support Groups and Counseling Centers

Name	Address	Number
Suicide	24 Hour Hotline	1-800-SUICIDE (784-2433)
Alcoholics Anonymous (AA)	323 E McCarty St 1439 Riverside Dr	(573) 636-3618 (573) 636-7851
Counseling and Career Services Lincoln University	304 Founders Hall	573-681-5162
Narcotics Anonymous (NA)	24 Hour Hotline 300 Madison St	1-800-945-4673 (573) 634-5123
Pathways Community Behavioral	24 Hour Hotline 1905 Stadium Blvd	1-800-833-3915 (573) 634-3000
Preferred Family Health Care	1448 Aaron Ct	(573) 556-6589
Professional Counseling Service	129 E High St	(573) 761-3222
Rape & Abuse Crisis Service	24 Hour Hotline	(573) 634-4911



Pregnancy and Family Planning

Name	Address	Number
Mid-Missouri Birthright Inc	24 Hour Hotline	1-800-550-4900
	224-A W Atchison St	(573) 365-8822
Planned Parenthood	1005 Northeast Drive	(573) 635-2882

Hospitals and Medical Centers

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Name
Capital Regional Medical Center
JCMG
St. Mary's Health Centers
Student Health Center

Address 1125 Madison Street 1241 West Stadium Blvd 100 St. Mary's Medical Plaza Thompkin's Health Center

Number (573) 632-5000 (573) 556-7724 (573) 761-7000 (573) 681-5878

Movies

Name	Address	Number
Goodrich Capital 8 Theatres	3550 Country Club Dr	(573) 761-7469
Redbox	Multiple locations	
Hastings Books Music & Video	2233 Missouri Blvd	(573) 635-7225



Shopping, Clothing, Shoes, etc.

Name	Address	Number
Capital Mall	3600 Country Club Dr	(573) 893-5323
Dillard's	3600 Country Club Dr	(573) 893-4497
JC Penney Co Inc	3600 Country Club Dr	(573) 893-5314
Kmart	2304 Missouri Blvd	(573) 635-0261
Kohl's	3901 Stone Ridge Ct	(573) 638-3488
Old Navy	3535 Missouri Blvd, #105	(573) 636-3451
Payless Shoe Source	3600 Country Club Dr 2014 Missouri Blvd	(573) 893-4605 (573) 635-5621
Sears	3600 Country Club Dr	(573) 893-7393
Target TJMax Dress Barn	735 W Stadium Blvd 3535 Missouri Blvd 3535 Missouri Blvd	(573) 365-8401 (573) 634-2642 (573) 659-5191

Specialty



(573) 634-2691

(573) 634-4243

Barnes & Nobles Booksellers 3535 Missouri Blvd
Hobby Lobby Creative Center 2235 Missouri Blvd
Pier 1 Imports 3535 Missouri Blvd

Pier 1 Imports	3535 Missouri Blvd	(573) 632-4304
_	Miscellaneous	
Dollar General	1414 Missouri Blvd	(573) 636-2378
	2114 Schotthill Woods Dr	(573) 761-3278
	5010 Business 50 W	(573) 636-9478
Family Dollar	713 Madison St	(573) 556-5598
Goodwill	1806 Missouri Blvd	(573) 635-6228
Walgreen Drug Store	3740 W Truman Blvd	(573) 893-1044
	2002 Missouri Blvd	(573) 636-7924
Wal-Mart	724 W. Stadium	(573) 635-8283
	401 Supercenter Dr	(573) 635-3535

University Academic Calendar



This is an abbreviated version of the University Calendar. To view the full calendar, please refer to the, Undergraduate Bulletin, or the website. The University reserves the right to make changes as necessary.

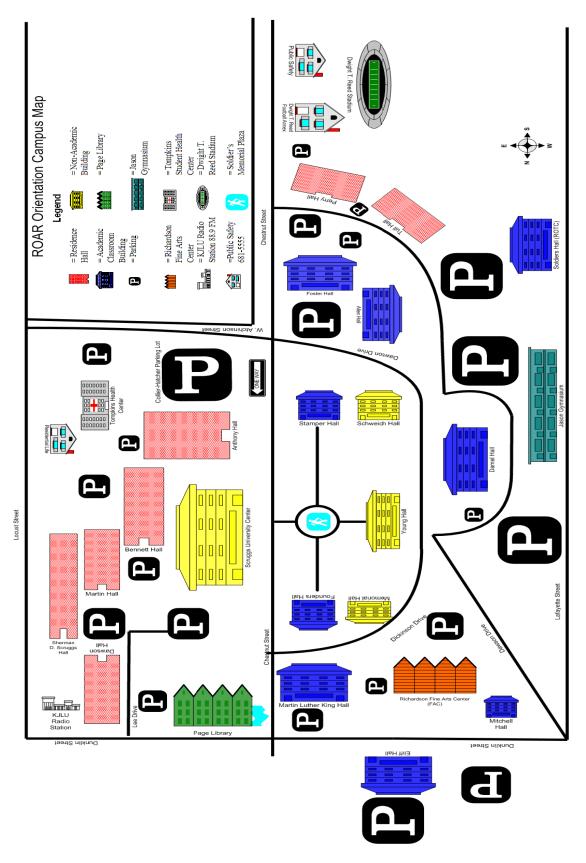
Fall Semester 2011	
Last day to submit FAFSA for fall 2011 processing	August 1
Fall Faculty and Staff Institute (University closed for business)	August 11-12
Cafeteria opens (10:30 a.m.) Residence halls open (12:00 noon)	August 14
Week of Welcome (WOW)	August 17-21
Last day to pay fall semester tuition and fees or make satisfactory payment arrangements	August 19
CLASSES BEGIN	August 22
Last day to add classes for the 1 st 8-week and 16-week sessions, <u>drop a class</u> without financial/academic obligations, <u>utilize book vouchers</u> , and <u>waive student health insurance</u>	August 27
LABOR DAY (Holiday)	September 5
Opening Convocation	September 8
Parent and Family Weekend	September 30- October 1
FREE DAY (no classes)	September 30
HOMECOMING	October 1
Last day to drop classes or withdraw from the University for the 1st 8-week session	October 3
Advanced Registration begins	November 2
Last day to withdraw from the University for the 2 nd 8-week and/or 16-week sessions	November 21
Thanksgiving Break (cafeteria closes @ 6 pm)	November 22
Classes Resume (cafeteria opens)	November 28
Final Exam Week	December 5-8
Commencement (10:00 am) Cafeteria closes (12:30 p.m.) Residence halls close (2:00 p.m.)	December 100

Spring Semester 2012		
Last day to submit FAFSA for spring 2012 processing	January 2	
Cafeteria opens (10:30 a.m.) Residence halls open (12:00 noon)	January 8	
Spring Week of Welcome (WOW)	January 11-14	
Last day to pay spring semester tuition and fees or make satisfactory payment arrangements	January 13	

Spring Semester 2012 cont. CLASSES BEGIN January 17 Last day to add classes for the 1st 8-week and 16-week sessions, drop a class with-January 20 out financial/academic obligations, utilize book vouchers, and waive student health insurance Founder's Convocation February 9 February 10 Lincoln's Birthday (no classes) Spring Break March 12-16 Classes Resume (cafeteria opens) March 19 Deadline to submit FAFSA for Missouri residents for 2012-2013 Academic year to April 1 be considered for Missouri state grants Advanced Registration for summer session or fall semester begins April 4 FREE DAY (no classes) April 6 April 19 **Honors Convocation** Last day to drop classes or withdraw from the University for 2nd, 8-week and/or 16 April 23 -week sessions Last day to apply for loans for the spring 2012 semester May 4 Final Exam Week May 9-12 Commencement (10:00 am) May 14 Cafeteria closes (12:30 p.m.) Residence halls close (2:00 p.m.)

Summer Session 2012			
Residence halls open (12:00 noon) Cafeteria opens (10:30 a.m.)	May 27		
MEMORIAL DAY (Holiday)	May 28		
Advisement and Registration for all students Last day to pay summer session tuition and fees or make satisfactory payment arrangements.	May 29		
CLASS WORK BEGINS Last day to apply for the summer 2012 session financial aid	May 30		
Last day to drop classes or withdraw from the University for the 1 st 4-week session	June 13		
Second 4-week classes begin	June 27		
Last day to drop classes or withdraw from the University for the 2 nd 4-week and/or 8-week sessions	July 11		
FINAL EXAMINATIONS	July 26		
Residence halls close (2:00 p.m.) Cafeteria closes (12:30 p.m.)	July 27		

Campus Map Orientation Map



Building Abbreviations

Abbreviation Building **Address** ABF Alan Busby Farm 5124 Goller Road ANH Anthony Hall 825 Chestnut Street AΗ Allen Hall 900 Chestnut Street **BSU Baptist Student Union** 804 Fairmont BH Bennett Hall 818 Lee Drive **CSR** Chestnut Street Residence 1106 Chestnut Street ΗΙ Continuing Education Office W. High Street DH Damel Hall 821 Taylor Drive DSN Dawson Hall 711 Lee Drive DRC Dickinson Research Center 1219 Chestnut Street 1110 Chestnut Street STA Dwight T. Reed Stadium EΗ Eliff Hall 709 E Dunklin **FSH** Foster Hall 904 Chestnut Street Founders Hall FΗ 816 Chestnut Street GF Greenberry Farm East Mokane Road GN Greenhouse 2300 Green Meadow **GWCF** George Washington Carver Farm 1204 Chestnut Street YHA Yates Hall 3804 Bald Hill Road ΗН Hoard Hall 804 A E Atchison Ct HM Home Management 804 B E Atchison Ct Jason Gymnasium Hall 826 E Dunklin JH MH Martin Hall 809 Lafayette Martin Luther King Hall MLK 817 Lee Drive **MEH** Memorial Hall 812 E Dunklin 818 Chestnut Street MIH Mitchell Hall Israel J. Collier Physical Plant MTN 706 E Dunklin NC Kathleen McGuire Newman Ctr 821 Lafayette PH Perry Hall 708 Marshall PL Page Library 920 Taylor PP Power Plant 720 Lee Drive PRH Presidents Residence 823 Taylor PD Police Department 601 Jackson Street Radio Station **KJLU** 1118 Chestnut Reed Stadium RS 1004 E Dunklin

RS Reed Stadium
FAC Richardson Fine Arts Center
SARF Small Animal Research
SCH Schweich Hall
SH Soldiers Hall

SRF Swine Research Facility 903 Lafayette
SRS Shipping, Receiving, Supply 5124 Goller
STH Stamper Hall 1002 Chestnu

STH Stamper Hall 1002 Chestnut
SU Scruggs University Center 824 Chestnut
TC Thompkins Center 819 Chestnut
TH Tull Hall 822 Lee Drive
YH Young Hall 918 Taylor

1110 E Chestnut

822 Chestnut Street

710 E Dunklin

1220 Chestnut

YH Young Hall 918 Taylor
WF Wesley Foundation 820 Chestnut
WH White House 805 Atchison
925 E. Atchison

NOTES
