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Guantanamo

GTMO HONORS VETERANS SERVICE

The U. S. Naval Station Guantanamo Bay 2014 Veterans Day ceremony was held to recognize all Service members past and present.

p07

MARINE CORPS BALL, HONORING 239 YEARS

Service members of all branches, their guests and the Guantanamo Bay community gathered to give thanks and remembrance to the Marine Corps past, present and future.

p04

Command **CORNER**



REAR ADM. KYLE J. COZAD COMMANDER, JTF GUANTANAMO

It's easy to recognize the service and sacrifice in the faces of our Service members as you look around GTMO. Let's face it; our uniforms blanket the base to support a common mission. It's not a Joint Task Force, Navy or Marine Corps mission but a mission of collective service to our nation. However, because of the "sea of uniforms" so

VETERANS DAY

prevalent throughout the base, it's not always easy to recognize the face of a veteran.

Veterans are our neighbors, coworkers and the friendly faces you pass on the streets in your community. They're brothers, sisters, children, parents and grandparents. Veterans are humble in who they are and what they have accomplished. They're U.S. Veterans, and we thanked them on Nov. 11 for their service and commitment to our great nation.

Veterans Day signifies so much more than the end of World War I, as it was originally intended. Veterans Day is a time to share our appreciation for those in the military – past and present. It's a day to focus our attention on the less than one percent of our population who answers the call to serve our nation – a calling that demands uncommon personal sacrifice and willingness to put their commitment to service above all else. Veterans Day is an opportunity for those still serving to demonstrate pride in our uniforms, regardless of the cloth or camouflage pattern. For our retired veterans, it's an opportunity to reflect upon personal service to our great nation with immense pride, knowing that they made a difference.

Years from now, when each of us reflect upon

SAFE

our careers and our individual service to our country, we will do so knowing that recognition of service and sacrifice to our great nation is not just "given away" as an entitlement. That recognition is earned. Your service has unquestionably earned my personal thanks, but it also deserves much more. Your service deserves the nation's full gratitude for that willingness to give to something much greater than ourselves. On this Veterans Day, I was humbled and proud to serve, Honor Bound, with the men and women of Team GTMO, and honor the service of those who have served before us.

Article by **REAR ADM. KYLE J. COZAD** COMMANDER, JTF GUANTANAMO

HUMANE 🐼 LEGAL 🍘 TRANSPARENT 👸

JOINT TASK FORCE – GUANTANAMO



"Honor your father and your mother, so that you may live long in the land the Lord your God is giving you," (Exodus 20:12). How can we obey the fifth commandment while we're deployed? This has been a very real issue for me personally. I had only been at GTMO for three weeks when I got word that my dad was in the intensive care unit. I prayed and tried to pull myself together before talking to my boss, Cmdr. Thomas Taylor, Joint Task Force GTMO command chaplain, but I still choked up. He

'HONOR YOUR FATHER AND MOTHER'

and many others worked tirelessly to get me back home. Those 36 hours between the time I received the message and the time I saw my dad were tough. When my wife and I walked into the hospital room and saw my father hooked up to a ventilator, the tears flowed. I was on emergency leave long enough to see him get off the ventilator and to help out my family. However, leaving his hospital room to return to GTMO was one of the hardest things I've ever done.

Chances are you too will have to deal with the illness or death of a family member someday. It's hard enough to deal with these situations when we're home, but it's even harder on deployment. I'd like to share with you some of the things that helped me "honor my father" long distance and helped me cope. First of all, I prayed, asking my Heavenly Father to take care of my earthly father. I also drew an enormous amount of strength from all who let me know they were praying for my dad – and for me. Second, my family and I talked through the "what ifs," acknowledging that I probably would not be in town when critical decisions had to be made. Third, I did a lot of reminiscing, thinking about better days. Those reflections reminded me of how fortunate I am to have a loving father who provided for his family. And finally, I thanked God for grace – no father or child, for that matter, is perfect; a little forgiveness goes a long way.

One last thing – if your parents are still living – reach out to them with a phone call, email or card. Life is short. "Honor your father and mother," the Lord tells us. You'll be glad you did.

Article by **LT. CMDR. TIM FOSTER** JTF DEPUTY COMMAND CHAPLAIN



n1 Command & Chaplain

Rear Adm. Kyle J. Cozad, JTF-GTMO commander, shares his thoughts on what it means to honor our nation's veterans and to serve those who have served.

NA GTMO NEWS

Marines and the GTMO community celebrated the Corps' 239th Birthday Saturday in a celebration that commemorated the heroism of Devil Dogs past and present.

PHOTO STORY/cover photo

Service members past and present came together in a ceremony to honor Veterans Day atop Marine Hill. The ceremony included a 21-gun salute and speech by a retired U.S. Army sergeant and VFW post commander.

ENTERTAINMENT & REVIEWS

Two new movies played at your local theaters this weekend. Find out what our entertainment gurus thought of Hollywood's latest films.

SPORTS

The NFL Weekly column and NCAA Update provides the latest up-to-date scores and highlights from your favorite teams after each weekend of action.

3 LIFE & FITNESS

The G.J. Denich Gym provides more than just free weights for you local Arnold wannabes. There are also a plethora of free classes, to include the fan favorite Zumba, that are offered every day for all levels of fitness.

MOTIVATOR OF THE WEEK

SGT. CAPRICE VANAUKEN

102ND MP BATTALION

PETTY OFFICER 2ND CLASS EDWARD MOSES

CLO SECTION



TAKE THE **READERSHIP SURVEY**

Please help the JTF-GTMO Public Affairs office evaluate and improve our command information product to JTF Troopers. We greatly appreciate your time and feedback.

Take the survey @ https://www.surveymonkey.com/s/CD2LFKP

The Wire is an authorized publication for members of the Department of Defense. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF-GTMO. The contents of The Wire are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the U.S. Army, Air Force, Navy, Marines or Coast Guard. The editorial content of this publication is the responsibility of the Joint Task Force Guantanamo Bay Public Affairs Office. The Wire is printed weekly by the Defense Logistics Agency Document Services with a circulation of 1,025. It is distributed free to all personnel assigned to the Joint Task Force and is published online.





I photos / jtfgtmo

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THANKSGIVING OPSEC

traditionally a time when three things happen: traveling, eating and shopping! Two of these need special attention (eating isn't one of them). While traveling or making plans for leave and travel, remember to use OPSEC to protect your plans and sensitive information (travel dates, leave papers, passport number, military I.D., etc). When shopping in a store or online make sure to use only reputable websites and be careful when you give your credit card numbers and expiration dates. Identity theft and credit fraud always spike this time of year. Be safe and enjoy the Thanksgiving season. USE **OPSEC!**



SAPR VICTIM ADVOCATE TRAINING

If you are interested in helping people, join the SAPR team and become a Victim Advocate! The training will take place from 7:30 a.m. to 4:30 p.m., Dec. 1 through 5 at Fleet & Family Support Center, Bldg 2135. The position is open to USN, USMC, USA and USAF personnel (Army must be E-6 or above). Application deadline is Nov. 21.

For more information or to sign up, call Veronica Wruble at Ext. 4227

DEFENSE FOR USS COLE BOMBER, NO DEATH PENALTY



Defense counsel for the alleged mastermind behind the suicide bombing of the USS Cole asked a military judge here Thursday to not allow the death penalty as a sentence for his client's trial.

Army Maj. Allison Danels, a member of the defense team, argued the use of the death penalty in this case wouldn't serve to fulfill any military necessity.

"There is no public safety interest served by killing someone who is authorized to be detained indefinitely by the United States government," Danels said.

Another issue brought up by the defense was an allegation of inadequate medical care provided to the accused, Al-Nashiri, who the defense counsel said suffers from post-traumatic stress disorder.

"Its unquestioned by any reasonable person, that Mr. Nashiri does suffer from PTSD as a result of his treatment by the hands of the CIA," said Richard Kammen, lead counsel for the defense.

Kammen said it is an allegation backed up by military doctors who have testified to the same, and by Dr. Sandra Crosby, who related his PTSD to "physical, psychological and sexual torture." Brig. Gen. Mark S. Martins, lead prosecutor for the government, said the government is handling only the case before them, not the public perception of the ongoing commissions.

"We are trying to do this with rectitude, according to law, that's what I can control, and I'm confident that we are doing that," Martins said.

He was appreciative of the fact that the defense was quoting military doctors who examined Nashiri and applauded the efforts of those involved in the hearing for doing what they could to make the proceedings fair.

"That shows a level of willingness to acknowledge that people in the system are trying to do their jobs," Martins said.

When pre-hearings will end, and Nashiri's trial will begin is still yet to be decided as both sides have differing opinions on the subject; however, there's an agreement it won't be early 2015.

Story by SGT. ADRIAN BORUNDA

MARINE CORPS BALL, HONORING 239 YEARS



Marine Sgt. Maj. Juan M. Hidalgo the Joint Task Force Guantanamo Sergeant Major, and Pfc. Xavier T. Espinosa begin the customary cake cutting for the 239th Marine Corps Ball on Saturday. It is tradition for the eldest and youngest Marines in attendance to share cake with the guest of honor. (photo illustration by Sgt. Rick Hoppe)

The Marine Corps Security Force Company here hosted the 239th Marine Corps Birthday Ball at the Windjammer, Saturday. Service members of all branches, their guests, and the Guantanamo Bay community gathered to give thanks and remembrance to the Marine Corps past, present and future.

"You're all dining in the presence of heroes, my heroes, our heroes, and our Corps' heroes," said Marine Sgt. Maj. Troy A. Nicks, the ceremony's guest of honor.

The celebration started off with a special video presentation entitled the "Commandant's Birthday Message," which honored those who have had the opportunity to distinguish themselves as "Devil Dogs." A customary reading of Gen. John A. Lejeune's birthday message, the 13th Commandant of the Marine Corps, followed.

Traditionally, the ball recognizes the youngest and oldest Marines in attendance with a cake cutting ceremony, a symbol of the past and present together.

The cake cutting ceremony was conducted with the first slice given to Nicks as the guest of honor, then to the oldest Marine present, Sgt. Maj. Juan M. Hidalgo, 48, the Joint Task Force sergeant major, and the youngest Pfc. Xavier T. Espinosa, 19.

"This may be my last Marine Corps Ball; its bittersweet, what's good about seeing the younger Marines is that I know that our Corps is in great hands," Hidalgo said. "Our Corps is going to drive on for many years."

On Nov. 10, 1775, the Continental Congress formed the Marines to help the Continental Navy conduct ship-to-ship fighting, shipboard security and assist in landing forces. Since then, the Marine Corps has marked Nov. 10, 1775 as its official birthday.

"Tonight we are celebrating a very special birthday. And birthdays are all about receiving gifts. Two hundred and thirty nine years ago the people of a fledgling republic also known as the United States of America were given a gift. It was a gift of blood, of sweat, of tears. It was a gift that served her well in all her battles, wars and conflicts. Such as those who took part on top of the hillside of McCalla Hill, through the battle of Cuzco Wells, from the shores of Tripoli and fast-forwarding to the treacherous mountainsides of Afghanistan. It's a gift that has helped her preserve the precious liberties we have fought so hard to win," Nicks said. "It was a gift of the Marine Corps. Marines, each of you are a part of that gift."

Nicks paid tribute to Medal of Honor recipients Sgt. Maj. John H. Quick and Gunnery Sgt. John Basilone. Quick fought in the battle of Cuzco Wells, and Basilone fought in the island hopping campaign of World War II. Nicks commemorated the Marines in attendance.

"All of us were born into a nation blessed with great wealth and great material bounty. What our nation needs the most, we cannot buy. These young people who are willing to forgo creature comforts to adopt a way of life that is demanding and often arduous; we call those people patriotic. Our nation needs a few of those to go into harm's way and to risk life for higher principles; we call those people brave. Our nation needs a very select few of them to take on missions that others consider special or impossible, or absolutely insane, we call that final category of people United States Marines," Nicks said. "Happy 239th birthday Marines."

Story and photo by SGT. REBA BENALLY

GTMO STUDENTS SING THEIR TRIBUTE TO VETS



Children honor veterans by singing our national anthem, "The Star Spangled Banner," during a tribute to veterans at W.T. Sampson Elementary School, Tuesday.

In recognition of the many veterans who have served our country, a tribute was held at the W.T. Sampson Elementary School, Tuesday. Students gave presentations to show their appreciation to Service members.

"I want the children to understand they have to give of themselves; they can't be selfish," said Wanda Robinson-Caton, the chairperson of the Veterans Day Committee for W.T. Sampson Elementary School.

Many people were involved with the event, from Rear Adm. Kyle Cozad the, commander of JTF-GTMO, Cmdr. Colin Caswell, the U.S. Naval Station Guantanamo Bay's executive officer and Command Sgt. Maj. Juan Hidalgo, JTF-GTMO's senior enlisted advisor, to the children of the elementary, middle and high schools.

"I think we need to honor those who serve, because of them, we can go on our vacations and get all of the things we have," Robinson-Caton said.

The students had Veterans Day off, but still came in to show their respect, which added additional meaning to their presentations.

"Sgt. Maj. Hidalgo always participates. He is one person I can count on to help get participants," Robinson-Caton said.

Some of the participants have volunteered for many years for this event; however, there were some first time volunteers who came out to show

EVERYBODY HERE IS SUPPORTIVE OF OUR MILITARY AND WHAT WE DO

their support.

"This is my first time helping out; I've been serving for 10 years. A lot of people make sacrifices, putting other parts of their lives on hold, like college or family," said Petty Officer 2nd Class Adam Caballero, a committee volunteer.

The connections between our military families and our Service members shine on days like this, when the community comes together to celebrate and honor our fallen heroes.

"I just want to give back to the community. Everybody here is very supportive of our military and what we do here," said Petty Officer 2nd Class Kevin Ray, a committee volunteer.

The morning was filled with patriotic songs sung by the younger children, and each branch's song was beautifully done by the middle and high school students present.

"I feel as though we did an amazing job today, and everything went really smooth, I'm proud of what they've done today," Robinson-Caton said.

Story and photo by **PFC. LIZ SMITH**

ONE OF THE GUYS



Petty Officer 3rd Class Bianca Valenzuela and her crew conduct anti-terrorism missions around Guantanamo Bay. Valenzuela has been the only female in the unit for the last four years.

Petty Officer 3rd Class Bianca Valenzuela is the only woman in the Waterside Security Division of Port Security Unit 312, and she said she likes it that way. Valenzuela has been the only woman in the unit for the last four years, and she said she feels like, "one of the guys."

Petty Officer 2nd Class Erik Guy, also assigned to the Waterside Security Division, agreed.

"You kind of don't even think of her as a girl," Guy said. "She's just Valenzuela. She's actually scarier than some of the guys."

And that's not a bad thing. As a Boatswain's Mate assigned to waterside security, Valenzuela and her crew are the first line of defense when it comes to protecting Guantanamo Bay.

"Since this place is so high security, we are just making sure no foreign vessel enters," Valenzuela said.

Valenzuela and the rest of her crew constantly patrol the waters in and around Guantanamo Bay watching vigilantly for threats to port security. They have to be tough because they have to be ready to engage potential enemies at a moment's notice. "The guys will say stuff like, 'Hey, you're a female! Get up there and flex those muscles and show them how it's done!" Valenzuela said.

Valenzuela says most of the people in her unit have been together for at least three or four years, and the group has formed extremely close bonds. After spending so much time together she's used to the teasing.

"I have a great group. They play the big brother part really well, and they have a lot of great knowledge to share," Valenzuela said.

This is Valenzuela's first deployment, and she said the training she received at home made it a good mission.

"I love it here," Valenzuela said. "The training we do at home is pretty close to what we do here. We don't want to use deadly force, warnings usually work. But that's why we train and drill."

With only a few months left in the unit's rotation, Valenzuela has a new goal; make Coxswain before the end of her tour. In order to do that, Valenzuela has a tough road of preparation and studying ahead of her, but according to Valenzuela's supervisor, Petty Officer 1st Class Steven Harvey, she's got what it takes.

"She holds her own for sure," Harvey said. "She made engineer and tactical crewman very quickly. When she went to BM school she came back a team player and a hard charger. If she keeps plugging away like she's been doing, she'll definitely make it by the end of the year."

Guy agreed.

"She's determined," Guy said. "She also has really good boat handling skill. She's got a great sense of how the boat handles."

If she succeeds at making Coxswain, Valenzuela will be setting the example for future members of the Waterside Security Division of both genders.

"I joined the Coastguard because I wanted to serve my country, and I needed to jump start my life," Valenzuela said. "It's the best decision I ever made. I really feel like one of the guys!"

Story and photo by CPT. AMANDA HAMMOND

Photo STORY

Sailors and Marines take a moment of silence during the invocation of the 2014 Veterans Day ceremony on U.S. Naval Station Guantanamo Bay, Cuba to listen to the words of the chaplain Tuesday. "Veterans Day to me means that it's time to pay respect to those who came before me, and for me being a part of the 21-gun salute team was overwhelming, it felt good to do that," said Marine Cpl. Colin Hall.





GTMO held its 2014 Veterans Day ceremony on Marine Hill parade deck Tuesday as a way to acknowledge the sacrifices of those Service members who came before them.



Members of the 21-gun salute team fire a volley of blank ammunition during the 2014 Veterans Day ceremony on Marine Hill. The ceremony included a former VFW post commander as a guest speaker and 21gun salute accompanied by playing of "Taps." he U. S. Naval Station Guantanamo Bay 2014 Veterans Day ceremony was held Tuesday on Marine Hill Parade Field, to recognize all Service members past and present who gave to be a part of something bigger.

Guest Speaker Darrell LaBorn, retired Army sergeant and a former Veterans of Foreign Wars post commander said, "We are here to remember the sacrifices they have made and the courage it took to defend our great country."

With families, relatives and fellow Service members present, LaBorn said that today is a day of togetherness, meant to bind us in unity for one purpose -- remembrance.

"Today people throughout the country will gather to honor and pay gratitude to those who have served our country," LaBorn said. "Our gathering here is but one small spark in the gathering of pride that burns across the nation today."

VETERANS DAY IS CELEBRATING FREEDOM, THOSE WHO FOUGHT FOR IT AND THOSE WHO DIED FOR IT.

That responsibility to remember is echoed to all present, from retiree to active duty Marines like Cpl. Colin Hall, a member of Marine Security Force Company GTMO.

"Veterans Day to me means paying respect to those who came before me, like my grandfathers; one who served in the Royal Air Force in the United Kingdom and the other who served in the Army Air Corps," Hall said.

Hall had a special role in today's ceremony as a member of the 21-gun salute used to pay tribute to those Service members who paid the ultimate sacrifice.

"It was the first time I did it. It was definitely overwhelming though. The last time I had heard it was at my grandfather's funeral, and it brought back some memories, so it was good, and it was nice to get to be a part of that," Hall said.

Joshua Haygood, a Sailor stationed at the GTMO Hospital, also participated in today's ceremony.

"Veterans Day is celebrating freedom, those who fought for it and those who died for it, and it means everything to me," Haygood said.

Being a part of the ceremony was not mandatory for Haygood, but it was a necessity.

"For me it's not even about just volunteering, it's doing what's right," Haygood said. "It's doing whatever is possible to represent what our fallen comrades represent."

Story and Photos by SGT. ADRIAN BORUNDA



GTMO HONORS VETERANS SERVICE

Sailors, Marines and retired Service members recognized the service of all veterans with the 2014 Veterans Day ceremony on Marine Hill. "Veterans day is everything. Everything that someone has died for, that they have fought for and it means everything to me," said Joshua Haygood, a sailor stationed on GTMO.

ENTERTAINMENT

REVIEW / INTERSTELLAR



After his unsuccessful adaptation of the "Man of Steel," acclaimed writer, producer, and director Christopher Nolan dominates science fiction with his newest film, "Interstellar," which will probably turn a few Batman fans into awe-inspired science geeks.

Set in the near future, Cooper (Matthew McConaughey) is an ex NASA pilot and engineer turned farmer who survives with his family in a world covered in dust and blight that's slowly starving all life on Earth. After stumbling upon what's left of NASA with his daughter Murph (named after Murphy's Law), Cooper reluctantly leaves his family to join a crew of three scientists and a Minecraft-like Marine Corps robot on a voyage into space to locate a habitable planet. To get there, the team must survive travel through a wormhole to distant galaxies, navigating dangerous alien terrain, and battle extreme time dilation in order to save the human race

McConaughey plays possibly his best role to date with extremely convincing emotions that can be shared by anyone who's loved someone. McConaughey's role could not have been achieved, however, without supporting actresses Mackenzie Foy (Cooper's daughter), who falls just shy of stealing the spotlight, and Jessica Chastain (Cooper's adult daughter).

Nolan's use of Albert Einstein's Theory of Relativity, quantum physics, and alternate dimensions could easily leave onlookers perplexed, but all instances are well explained by the characters, keeping everyone on track for the lucid blend of time and space.

Most movies in this genre fail under scrutiny by scientists like Neil deGrasse Tyson, an American astrophysicist, cosmologist, and author responsible for pointing out many errors in film. However, Tyson surprisingly gave more support than criticism to the film's creators and their visual representations in a recent review with NBC News. This shows writers Christopher and Jonathan Nolan did their homework before hitting the effects studios.

There are moments where it feels like the Nolan brothers got lazy, didn't want to push the three hour boundary more, or were perhaps too deep in their own inception to think clearly, but these moments fade away when you're entranced in the remarkable soundtrack by famous composer Hans Zimmer.

In all, if you re-imagine Stanley Kubrick's 1968 film, "2001: A Space Odyssey," mix in emotion that you've only felt during those SPCA adopta-pet commercials featuring Sarah McLachlan, take some amazing effects from "Gravity," and cover it all in Bach, the final product would be one of the best Nolan films I've seen so far (aside from "Memento" of course), bringing me back on board for Nolan's future films.

Movie review by SGT. RICK HOPPE

REVIEW / BIG HERO 6



What happens when Walt Disney Pictures blends a child prodigy, superhero suits and a blow-up robot? A hot, funky mess! Disney's latest digitally animated box-office smash, set in a futuristic city called San Fransokyo (get it?), blends the above elements with evil microbots, a rich family member and comic book science. The blend is far-fetched even for a comic book story, especially since the movie doesn't even stay true to the comic setting of Tokyo. The reason is because Marvel Comics has never used San Francisco as a base of operations for a story.

The hero, 14-year old Hiro Hamada (Ryan Potter), is a high school graduate and a robotics genius. His older brother, Tadashi (Daniel Henney), thinks Hiro isn't living up to his potential and convinces him to enroll in a university.

At the university, Hiro befriends some of Tadashi's friends, one of them a robot Tadashi built named Baymax. Hiro helps Tadashi build a legion of microbots to impress the robotics department head, Professor Callaghan (James Cromwell) and gain admission to the school.

Long story, short (because that's what you do in a review), a fire is started in the university, there's an explosion, Tadashi tries to save Callaghan, Callaghan is presumed dead, Tadashi really is dead, Hiro becomes a recluse.

All pretty cliché as far as

superhero plots go.

When Hiro accidently activates Baymax, and finds a lone microbot in his jacket, he follows it to an abandoned warehouse. At the warehouse he discovers someone is mass-producing microbots, some masked fellow attacks them, Hiro realizes this guy has stolen his project, he upgrades Baymax's battle chip and gives him a suit of armor.

Still cliché.

The masked man attacks Hiro, Baymax, and their group of friends. Hiro builds more upgrades to Baymax, and gives his friends super-powered suits.

Why does this sound more and more like an episode of Dexter's Laboratory (which was actually entertaining and clever)?

To avoid a spoiler, I'll just tell you what you already know: the bad guys lose, the good guys win, and there is a moral to the story that makes everything okay.

Critical response to Big Hero 6 has been extremely positive, with high scores from Rotten Tomatoes and Metacritic.

However, I didn't like it, so it gets two stars. Stan Lee made his stereotypical Marvel movie cameo, and I like Stan Lee. Otherwise, I would have given this flick one measly star.

Movie review by SGT. 1ST CLASS ROBERT FREESE

	IN THEATERS THIS WEEK							
	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
DOWNTOWN	Dumb and Dumber to (New) PG13, 7 p.m. Annabelle R, 9 p.m.	Big Hero 6 PG, 7 p.m. Interstellar PG13, 9 p.m.	The Boxtrolls (LS) PG, 6:30 p.m. The Best of Me (New) PG13, 8:30 p.m.	The Maze Runner (LS) PG13, 7 p.m.	The Equalizer (LS) R, 7 p.m.	The Judge R, 7 p.m.	Dracula Untold PG13, 7 p.m.	DOWNTOWN
BULKELEY	The Best of Me (New) PG13, 8 p.m. Interstellar PG13, 10 p.m.	The Equalizer (LS) R, 8 p.m. Big Hero 6 PG, 10:30p.m.	Dumb and Dumber To (NEW) PG13, 8 p.m.	* LYCEUMS CLOSED	The Maze Runner (LS) PG13, 8 p.m.	* LYCEUMS CLOSED	Fury R, 8 p.m.	BULKELEY
	Call the Movie Hotline @ 4	880 or visit the MWR Facel	book for more info.	* Concessions closed until	further notice Stay	classy, GTMO! No alcohol o	or tobacco at the Lyceum	s.

FLASHBACK REVIEW / PROMETHEUS



"Prometheus," is a visually epic film that fails just as epically with its incoherent storyline. The plot is filled with more holes than craters on the surface of the moon. Ridley Scott's prequel to, "Alien" felt like a more aesthetically pleasing episode of the History Channel's, "Ancient Aliens," but an hour longer and even less sagacious.

The movie begins with Elizabeth Shaw (Noomi Rapace) and her lover/colleague Charlie Holloway (Logan Marshall-Green) discovering pictographs on a cave wall during an archeological expedition to Scotland. Having discovered similar pictographs around the world, the archeologists, without explanation, jump to the logical conclusion that the paintings are a map to a distant planet and our creators. A decade later, and with no clarification. Shaw and Holloway are able to convince Peter Weyland (a significantly aged Guy Pearce) of the Weyland Corporation to fund a trillion-dollar expedition to the planet. The 17-person crew of Prometheus is awoken after two years in a cryogenically induced coma

by a cyborg named David (Michael Fassbender) who models himself off of Peter O'Toole's, "Lawrence of Arabia."

After being introduced to your typical group of sci-fi characters a beautiful heroine with an other-worldly will to live (Shaw), her lover (Holloway), a creepy cyborg (David), Meredith Vickers, a heartless corporate villain played the incomparable Charlize bv Theron, Janek, a token and alcoholic captain played by Idris Elba, and a hodgepodge of throwaway characters bound for a gruesome fate - Vickers brings them together and the viewers are offered a half-hearted explanation for the exploration.

The crew hastily begins exploring the planet despite dwindling sunlight and come upon a mountain with an endless cave system created by some form of intelligent life. As the crew explores the system, David for some unknown reason begins punching alien codes into the wall that releases a sort of holographic depiction of an event in the past – David's actions and allegiance throughout the film are bewildering. The crew discovers a well-preserved alien body and huge cavern with a gigantic humanoid head and thousands of containers. At this point, two of the crew members become frightened and decide to head back to the space ship – confusingly none of the other crew tries to stop them despite only being on an alien planet for a few hours.

A massive storm appears out of nowhere with hurricane-type winds, so the crew is forced to head back to their ship – Prometheus. Finally, roughly an hour later, we see the two crewmembers, who headed back to the ship early, meet their sad and gory ends after getting lost in the labyrinth of caverns. Unfortunately, there was no register of shock amongst the audience – they've been there, done that circa , "Alien" 1979.

The rest of the story follows a conventional plot with the characters being reduced with more predictability due to equally predictable deaths. It's revealed that our creators, or "engineers" in fact share our DNA, but for some unexplainable reason are 12 feet tall and built like Mr. Olympia. Furthermore, they hate their creation – again no explanation – and are bent on destroying us.

The film's saving grace - beside the stunning visuals - is Rapace. Her character is significantly different from the one she played in the original, "The Girl with the Dragon Tattoo," but equally impressive. She's very convincing as an archeologist powered by faith and the need to understand life's existential question - why are we here and where did we come from? The movie ultimately ends as though it were a preview for the sequel, which despite the horrible storyline I'll likely attend - if Rapace is recast. Visually it's breath-taking, and there is enough shock value for most sci-fi fans - like a self administered cesarean section - to be content. However, it's really a B minus sci-fi flick at hest

Catch "Prometheus," on DVD or Netflix it, if possible.

Movie review by **1ST LT. MACARIO MORA**

SPORTS

SPORTS STANDINGS

FLAG FOOTBALL WEST

No.	TEAM NAME	Score
01	Here Come The Runs	10-0
02	391st Paladins	8-2
03	Grizzlies	5 - 5
04	Goin' Deep	5 - 5
05	Thunder	4-6
06	The Abusement Park	3 - 7

FLAG FOOTBALL EAST

01	SH Money Team	8 - 2
02	BEEF	7 - 3
03	Crazyhorse	6 - 4
04	Boston BD's	4 - 6
05	The Pirates!	4 - 5
06	Gerbils	4 - 5
07	Confusion	4 - 5
08	MCSFCO	2 - 7

AMERICAN LEAGUE EAST

01	Husker Doos	11-0
02	GMO Latinos Plus	9-2
03	The Black Sheep	7-4
04	Misfits	7 - 4
05	The Leftovers	6-5
06	Red Apple	4 - 7
07	Nailed It!	3 - 8
08	Poker Jokers	3 - 8
09	Non-Jerks	3 - 8
10	PT-Romaniacs	2-9

NATIONAL LEAGUE EAST

01	Outcasts	9-2
02	Here Come the Runs	9-2
03	Boondoggles	9-2
04	GTMO Goonies	8 - 3
05	WMPA	6-5
06	Jerks	6-5
07	Puddle Pirates	5-6
08	391st Paladins	3 - 8
09	React to Extract	1 - 10
10	Swift Justice	0 - 11

BASKETBALL LEAGUE

01	391st Paladins	5 - 0
02	Grizzlies	4 - 0
03	GTMO Ballers	4 - 1
04	Hot Fuzz	3 - 1
05	Shottas	3 - 1
06	Thunder	3 - 1
07	Daywalkers	2 - 1
08	BEEF	3-2
09	Busting Shots	3 - 2
10	GTMO Gilas	2-2
11	Team Scheme	3 - 4
12	Cousy's	2-3
13	Deadball	2 - 4
14	Philipinas	1 - 4
15	Beserkers	0 - 5
16	GTMO Talent	0 - 4
17	Odd Balls	0 - 5

A RUN TO REMEMBER



Veterans and supporters line the course of the 2014 inaugural "Wear Blue Run to Remember" 5k to motivate runners, as they cross the finish line at Phillips Park.

Veterans Day has mixed feelings for many people. For some it is a solemn day of mourning and remembrance; for others it is a day of pride and community. But for most, Veterans Day is a day to honor veterans for their service and sacrifice to the United States of America.

Since the holiday's conception in 1919, there have been many traditions of remembrance. Some traditions include bake sales and picnics; others include group hikes and bike rides. One community runs to remember, and for the first time, hosted a run along the bay.

"The mission of 'Wear Blue: Run to Remember' is to build running communities that honor the service and sacrifice of the American military by acting as a support network to serve as a living memorial, bridging the gap between military and civilian communities," said Army Col. Jody Miller, JTF-GTMO Operations Officer and lead GTMO "Wear Blue Run to Remember" event organizer.

Miller was introduced to the wear blue run to remember community by the Joint Base Louis McCord chapter when he was stationed there in 2009.

The inaugural GTMO run to remember began at 7:30 a.m. Tuesday, took runners from Phillips Park along Cable Beach, and looped back toward Phillips Park, past Girl Scout Beach Road and finished at Phillips Park.

"I'm running the 'Wear Blue Run to Remember 'in honor of Chief Barns, who I went to the Coast Guard Academy with, and died in a plane crash near Camp Pendleton last year," said Coast Guard Lt. Cmdr. Gennaro Ruocco a deputy at the Maritime Security Detachment. "This was one of the better runs I've seen; there was an excellent turn out. I will definitely be running it again if it's here next year. The Coast Guard puts on a run similar to this that I run every year, but this one is for all the services, which is pretty cool."

Running groups serve as a healthy bond to bring survivors and supporters of military service members together to create a community of honor and awareness through tradition. The "running bibs" worn for this run displayed a hand written name of an individual or individuals who running to honor, rather than a typical number, to focus on veterans and to promote an atmosphere of community.

"Today I am running the "Wear Blue Run to Remember" in honor of my grandfather Sgt. Norman Henson, a World War II vet," said Coast Guard Lt. Travis Henson, an operations officer for the a Maritime Security Detachment. "The event was good. It was nice to see everyone from all the branches come out to support the cause. I look forward to seeing this become an annual event here at GITMO."

Story and photo by SGT. CHRIS MOORE



Well you didn't need to be a football guru this week to call these games correctly. Cleveland rolled past Cincinnati 24-3, Atlanta bested Tampa Bay 27-17, New Jersey won big and upset Pittsburg 20-13, Baltimore beat Tennessee 21-7, Dallas with Tony Romo at the helm, beat Jacksonville 31-17, Detroit squeezed by Miami 20-16, Kansas City beat Buffalo 17-13, Denver regained some confidence by trouncing Oakland 41-17, and Seattle beat up on New York 38-17. *Arizona* came back from a 14-10 deficit in the fourth quarter to beat a stubborn St. Louis team 31-14 even after losing Carson Palmer. The Sunday Night Football game saw the Green Bay Packers destroy the Bears 55-14. Finally, on Monday Night Football,



Week 11 had the potential to really shake things up in the Associated Press college football poll, and after some big wins and huge upsets, there was no disappointment among college football enthusiasts – unless your team came out on the losing end.

The top two teams in the nation stayed atop their perch as No. 1 Mississippi State and No. 2 Florida State defeated their unranked opponents with relative ease. However, Auburn fell out of the top five, falling six places to No. 9 after being defeated by unranked Texas A&M in a highly entertaining SEC showdown. Oregon leapfrogged to No. 3 over No. 4 Alabama after dominating Utah who fell five places to No. 25. Bama beat LSU, who fell six places to No. 20, but needed a late rally and overtime to overcome the Tigers. the Philadelphia Eagles forced five turnovers in a dominating 45-21 win over the Carolina Panthers.

GAME SPOTLIGHT

This week I'm highlighting the topsy turvy game that was the San Francisco 49ers and the New Orleans Saints. The 49ers came out looking to prove they could win in the Superdome. Up 14-3 at the end of the first quarter, things were looking good for the Niners. Both teams scored a touchdown in the second for a halftime score of 21-10. Two touchdowns for the Saints with less than three minutes left in the game put the Saints up 24-21.

Quarterback Drew Brees established a connection with tight end Jimmy Graham in the fourth, hooking up for two scores to put the 49ers down by three. A late field goal by the 49ers kicker Phil Dawson tied the game, giving the Saints time for one more chance. Brees rolled back in the pocket and hurled the ball toward the end zone to, you guessed it, Graham, who caught the ball and had apparently secured the win. However, Graham was penalized for offensive pass interference for pushing off a defender. It wasn't anything more than players jockeying for position, but a well-timed hand to the back and an Oscar

TCU moved up to No. 5 with a dominating win over Kansas State, who fell four places to No. 13, and Baylor jumped up four spots to No. 6 after easily defeating then No. 15 Oklahoma who fell out of the Top 25 entirely. *Arizona State* moved up four spots to No. 7, after a highly entertaining 55-31 victory against Notre Dame, who dropped seven spots to No. 15. Ohio State made a huge statement by defeating Michigan State 49-37 jumping up five spots to No. 8. The Spartans fell out of the Top 10 to No. 12.

Week 12 isn't as heavy on Top 25 matchups as the previous week, but No. 1 Mississippi State versus No. 4 Alabama has the potential to significantly alter the inaugural college football playoff by ensuring a lose for one of the top four teams in the nation. In my humble, but typically correct, opinion, Alabama is the more battlehardened team and playing on their home turf, so Bama will knock Mississippi St. off its pedestal in what should be an entertaining back and forth contest.

Fear the Fork!

Article by 1ST LT. MACARIO MORA worthy performance by the defender resulted in a flurry of yellow penalty flags. The game headed into overtime. The Saints won the coin toss and had the first shot at winning the game. Nothing came of it, and the 49ers took over possession in field goal range. Dawson came out on first down, wasting no time, and kicked a 35 yard field goal for the win. The Saints, despite a valiant comeback, lost, robbed of a well deserved win.

Article by SGT. ADRIAN BORUNDA

COLLEGE TOP 25

No.	TEAM NAME	Points
01	Mississippi State	1,488
02	Florida State	1,446
03	Oregon	1,334
04	Alabama	1,326
05	тси	1,273
06	Baylor	1,193
07	Arizona State	1,142
08	Ohio State	1,086
09	Auburn	981
10	Mississippi	948
11	Nebraska	830
12	Michigan State	782
13	Kansas State	742
14	UCLA	691
15	Notre Dame	630
16	Georgia	622
17	Arizona	471
18	Clemson	475
19	Duke	431
20	LSU	429
21	Marshall	297
22	Wisconsin	225
23	Colorado State	128
24	Georgia Tech	127
25	Utah	87

Life & **FITNESS**

SWITCHING THINGS UP

Doing one activity over and over isn't exactly my idea of fun. Sometimes it's just good to switch things up and get a little variety. Working out can get a bit mundane, and most people don't really want to go to the gym and do squats three days a week, every week, month after month. We are very fortunate to have free gym access here on Guantanamo. A gym that provides many class options to GTMO residents. The classes range from group weight training to dance fitness classes like Zumba.

Instead of running on the track, again, you could try a Zumba class for a more fun and exciting way to get your weekly cardio. Every song has its own

Success is not a race. Be patient.

choreography to target almost every muscle in your body. One dance will work your shoulders to your legs along with your core, arms, and of course, some hip action.

Zumba instructor, Roxy Bumpus, wants to remind people that muscle building, weight loss and nutrition can each be their own category, but it's important to see how much they fit together as well. Cardio classes, like Zumba, can help with just weight loss and toning but can also be easily paired with a strength training regimen. As you build your muscles up in other ways, Zumba will help tone them.

It's also very important to think about your nutrition.

"If you are trying to lose, maintain or gain weight, choosing the right foods will assist you with your

goals," Bumpus said.

Working hard in the gym will not mean anything if you follow it up with McDonalds. Take care of your hard work and treat your body right. It will reward you in the end.

ARTICLE BY SPC. MONIQUE QUINONES

Try this recipe for:

PUMPKIN SPICE PROTIEN PANCAKES

Recipe Ingredients:

 ½ cups Oat Flour
 tbsp. Splenda, Truvia, or Ideal
 tbsp. Baking Powder
 tsp. Salt
 tbsp. Cinnamon
 tsp. Allspice
 tsp. Nutmeg
 4 Egg Whites
 Cup Raw Pumpkin

1 ½ cups unsweetened Almond Breeze

Pumpkin can be canned as long as it's not pie filling. To make these protein pancakes, only add 1 ¼ cups of flour plus 2 scoops of vanilla protein powder.

Directions:

 Preheat griddle to medium heat
 Mix oat flour, Splenda, baking powder, salt, cinnamon, allspice, and nutmeg in a bowl
 Wisk egg whites and

pumpkin. Mix in Almond Breeze

4. Add wet ingredients to dry ingredients and mix
5. Spray griddle with non-stick butter spray
6. Scoop batter with a ¼ cup measuring cup onto griddle, cook 3-5 minutes on each side



The foundation of any successful relationship be it personal or professional _ is effective communication. But what is an effective communicator? Is it someone who can talk non-stop, uses eloquent language or a person of few words? Many factors play into effective communication. We are not good communicators because we like to talk, as much as we are not great listeners because we hear someone talking.

Becoming a great communicator requires an increased level of selfawareness. Understanding your own personal style of communication, how it resonates with others and how it fits our personality, as well as learning how to adapt that style to fit the needs of others is important. In addition, be aware of not only what you say, but how you say it. Slight variations in tone, pitch, volume and rhythm can drastically change a message. Our non-verbal cues tend to speak louder than our words. And don't forget, practice makes perfect. Making mistakes not only teaches us better techniques for future use, but allows others to see our growth toward improvement.

Happy Veterans Day from your JSMART family.

JSMART Monday - Friday, 6 a.m. - 5 p.m.

Article by PETTY OFFICER 2ND CLASS ROBERT MCQUEEN



NOVEMBER 1854

It would be another 100 years until the British again figured in Guantanamo History, when the British warship, HBMS Buzzard, entered the bay with 10-12 yellow fever victims aboard. The skipper anchored near 'Hospital Cay,' and put his patients ashore for isolation and treatment. All the victims recovered except one, E.N. Harrison, paymaster, who died on Dec. 1, 1854, and was buried on the cay's south end.

Courtesy of STACEY BYINGTON



	ROMAN CATHOLIC	(NAVST	A CHAPEL)		
RELIGIOUS SERVICES		Saturday Sunday* Mon-Thu	0900		
	PROTESTANT SERV	ICES	(JTF TROOPERS	S' CHAPEL)	
		Sunday*	0640 0900 1900		
	PROTESTANT SERV	ICES	(NAVSTA CHAPE	EL)	
	Traditional* Contemporary* Gospel	Sunday Sunday Sunday	0930 1100 1300	Annex Room 1 Main Chapel Main Chapel	(Liturgical Service)
	OTHER SERVICES				
	Islamic Prayers 7th Day Adventist	Friday Saturday Saturday		Annex Room 2 Annex Room 1 Annex Room 1	(Sabbath School) (Sabbath Service)
	Latter Day Saints Pentacostal	Sunday Sunday	0900 0800	Annex Room 2 Annex Room D	
	JTF Bible Study* New Christian's Inquiry*	Sunday Monday Wednese	1700 2000 day 1900	Annex Room D Cuzco Block H JTF Troopers' C	hapel

*These services are conducted by Army or Navy chaplains

Saturday

TRANSPORTATION SCHEDULES

BUS SCHEDULE

CAMP AMERICA	:00/:20/:40
GAZEBO	:01/:18/:21/:38/:41/:58
CAMP AMERICA NEX	:02/:17/:22/:37/:42/:57
CAMP DELTA	:04/:13/:24/:33/:44/:53
CAMP 6	:07/10/:27/:30/:47/:50
HQ BUILDING	:55/:15/:35
TK 1	:01/:17/:21/:37/:41/:57
TK 2	:02/:16/:22/:36/:42/:56
TK 3	:03/:15/:23/:35/:43/:55
TK 4	:04/:13/:24/:33/:44/:53
СС	:00/:19/:20/:39/:40/:59
JAS	:14/:34/: 54
WINDJAMMER / GYM	:02/:17/:22/:37/:42/:57
GOLD HILL GALLEY	:04/:15/:24/:35/:44/:55
NEX	:06/:13/:26/:33/:46/:53
NEX LAUNDRY	:07/:27:47
C POOL	:10/:30/:50
DOWNTOWN LYCEUM	:11/:31/:51

BEACH BUS WINDWARD LOOP / E. CARAVELLA

(SATURDAY & SUNDAY ONLY)

1900

0900/0930/1200/1230/1500/1530/1800/1830 0905/0935/1205/1235/1505/1535/1805/1835 0908/0925/1208/1225/1508/1525/1808/1825 0914/1214/1514/1814 0917/1217/1517/1817 0940/1240/1540/1840

Troopers['] Chapel

FERRY SCHEDULE

MONDAY THRU SATURDAY

FERRY
WINDWARD
LEEWARD
UTILITY BOAT
WINDWARD
LEEWARD

FERRY WINDWARD

LEEWARD

LEEWARD

UTILITY BOAT WINDWARD

SUNDAY & HOLIDAYS

SBOQ / MARINA

PHILLIPS PARK

CABLE BEACH

RETURN TO OFFICE

NEX

0630/0730/0930/1030/1130/1330/1530/1630 0700/0800/1000/1100/1200/1400/1600

1630/1730/1830/2030/2230/2330 1700/1800/1900/2100/2300/0000

NEX EXP. BUS 09:55 - 19:55 hourly

CAMP AMERICA	:48/:55
TK 1	:05/:36
WINDJAMMER / GYM	:11/:31
GOLD HILL GALLEY	:14/:29
NEX	:16/:27
DOWNTOWN LYCEUM	:17/:25

0730/1330	
0800/1400	

1030/1530/1730/1830/2030/2230 1100/1600/1800/1900/2100/2300



Photo by Daryl Madrid

PARTING SHOT



RED LIGHTHOUSE SUNSET PHOTO BY U.S. ARMY STAFF SGT. DARYL MADRID JTF-GTMO-PAO. FOR A CHANCE TO HAVE YOUR PHOTOS FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: THEWIRE@JTFGTMO.SOUTHCOM.MIL

WIRE