

Reference number: 306																									
Date of survey: 2008																									
Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breastfeeding (months)	Median any breastfeeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	87.7	6359	0.7	14.3	NS	40.1	371	34.0	569	53.5	4099	45.9	1215	90.8	266			65.3	1775	57.7	427	34.2	377	1
Children by sex	F	88.6	3008	0.7	14.2	NS					54.3	1951							64.5	842					
Children by sex	M	86.8	3351	0.8	14.4	NS					52.8	2148							66.0	933					
Children by area: Urban	B	83.1	3105	0.7	7.0	NS					52.5	1942							61.6	880					
Children by area: Rural	B	92.1	3255	10	17.0	NS					54.4	2157							68.9	895					
Children by region: National Capital Regio	B	80.7	903	0.7	5.7	NS					49.1	576							57.7	257					
Children by region: Cordillera Admin Regio	B	94.4	104	0.5	15.7	NS					56.2	69							91.5	27					
Children by region: I - Ilocos	B	91.2	296	12	17.2	NS					54.2	199							72.3	95					
Children by region: II - Cagayan Valley	B	91.5	212	2.6	18.9	NS					61.7	132							81.5	67					
Children by region: III - Central Luzon	B	88.4	629	0.5	13.2	NS					26.3	417							67.2	182					
Children by region: IVA - Calabarzon	B	77.2	810	0.6	4.3	NS					53.3	479							39.2	234					
Children by region: IVB - Mimaropa	B	90.9	209	0.7	19.9	NS					44.9	136							51.7	61					
Children by region: V - Bicol	B	94.9	421	3.2	19.8	NS					47.1	272							75.3	120					
Children by region: VI - Western Visayas	B	89.6	452	0.5	13.6	NS					66.9	296							74.6	125					
Children by region: VII - Central Visayas	B	90.8	459	0.7	12.9	NS					75.3	301							84.8	122					
Children by region: VIII - Eastern Visayas	B	91.6	283	2.3	16.9	NS					58.6	180							73.6	67					
Children by region: IX - Zamboanga Penin	B	87.1	261	0.4	14.3	NS					40.6	164							76.6	70					
Children by region: X - Northern Mindanao	B	93.7	282	4.0	14.9	NS					75.1	191							63.8	73					
Children by region: XI - Davao	B	91.6	295	2.8	13.0	NS					57.1	211							72.5	77					
Children by region: XII - Soccsksargen	B	93.1	245	2.8	19.8	NS					58.4	171							67.6	74					
Children by region: XIII - Caraga	B	88.9	180	0.5	16.7	NS					60.0	111							60.0	48					
Children by region: ARMM	B	89.5	318	0.7	18.2	NS					51.9	192							59.1	75					

Survey note: Sampling: two-stage stratified cluster sampling with probability proportionate to size; sample selected from 13764 households; data on "early initiation of breastfeeding" collected among last-born children.

Reference: National Statistics Office (SNO) [Philippines], and ICF Macro. National Demographic and Health Survey 2008. Calverton, Maryland, USA: National Statistics Office and ICF Macro, 2009.

Reference number: 13 Date of survey: 2003 Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breastfeeding (months)	Median any breastfeeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	86.5	6954	0.8	14.1	4145	42.8	401	33.5	602	54.0	6017	48.6	1337	93.2	326					56.0	436	32.3	392	2
Children by sex	F	87.2	3411	1.0	13.8	2005					54.5	2975													
Children by sex	M	85.9	3544	0.7	14.5	2140					53.6	3043													
Children by area: Urban	B	82.4	3461	0.6	9.9	2064					54.4	2850													
Children by area: Rural	B	90.7	3493	1.7	16.0	2081					53.7	3167													
Children by region: National Capital Regio	B	78.3	1050	0.5	6.3	594					63.0	823													
Children by region: Cordillera Admin Regio	B	92.4	115	1.8	16.9	70					61.1	106													
Children by region: I - Ilocos	B	87.9	310	0.6	15.9	194					28.8	272													
Children by region: II - Cagayan Valley	B	95.7	224	1.4	16.6	129					60.1	215													
Children by region: III - Central Luzon	B	83.7	683	0.7	9.1	405					35.7	572													
Children by region: IVA - Calabarzon	B	76.1	816	0.7	13.2	502					55.1	620													
Children by region: IVB - Mimaropa	B	90.9	241	2.0	18.1	142					54.0	219													
Children by region: V - Bicol	B	92.7	432	1.9	14.8	256					34.9	401													
Children by region: VI - Western Visayas	B	91.0	482	1.3	15.2	299					60.7	439													
Children by region: VII - Central Visayas	B	88.8	535	0.6	15.5	325					66.5	475													
Children by region: VIII - Eastern Visayas	B	88.3	357	3.2	12.3	212					63.7	315													
Children by region: IX - Zamboanga Penin	B	90.5	276	1.3	16.3	168					56.6	250													
Children by region: X - Northern Mindanao	B	90.4	301	1.8	17.0	181					66.6	272													
Children by region: XI - Davao	B	91.2	295	0.6	14.2	170					49.0	269													
Children by region: XII - Soccskargen	B	90.7	324	2.1	13.0	193					48.6	294													
Children by region: XIII - Caraga	B	91.6	203	1.9	15.3	117					59.9	186													
Children by region: ARMM	B	93.4	310	0.6	19.8	188					56.7	289													

Mothers received information on breastfeeding %: 74.3 (sample size: 3451)

Survey note: Sampling: three-stage stratified cluster sampling with probability proportionate to the number of households; sample selected from 13945 households.

Reference: National Statistics Office (NSO) and ORC Marco. Philippines National Demographic and Health Survey 2003. Calverton, Maryland: NSO and ORC Marco, 2004.

Reference number: 291																									
Date of survey: 1998																									
Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breastfeeding (months)	Median any breastfeeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	88.0	7566	1.4	12.8	4566	47.3	457	37.0	735	40.5	7566	35.5	1040							47.5	500	23.2	442	3
Children by sex	F	89.0	3592	1.8	13.5	2161					41.1	3592													
Children by sex	M	87.1	3974	0.7	11.6	2405					40.0	3974													
Children by area: Urban	B	83.1	3465	0.7	5.6	2108					38.8	3465													
Children by area: Rural	B	92.2	4101	2.1	15.5	2459					41.8	4101													
Children by region: ARMM	B	88.1	263	3.4	15.1	151					41.6	263													
Children by region: Bicol	B	92.7	530	2.8	15.6	330					18.1	530													
Children by region: C. Luzon	B	84.3	711	1.3	10.1	450					33.9	711													
Children by region: C. Mindanao	B	87.2	264	0.7	7.8	153					43.1	264													
Children by region: C. Visayas	B	93.4	586	1.7	14.0	361					58.1	586													
Children by region: Cagayan Valley	B	90.4	242	3.5	13.9	140					51.7	242													
Children by region: Caraga	B	89.1	197	2.2	12.9	123					35.6	197													
Children by region: Cordillera Admin.	B	95.3	149	3.1	16.7	86					73.8	149													
Children by region: E. Visayas	B	90.7	446	2.3	15.3	279					54.4	446													
Children by region: Ilocos	B	85.9	344	2.8	18.2	204					37.2	344													
Children by region: Metro Manila	B	79.6	1048	0.5	3.4	624					33.6	1048													
Children by region: N. Mindanao	B	90.9	331	1.9	12.2	199					50.5	331													
Children by region: S. Mindanao	B	88.1	489	1.8	8.3	299					43.8	489													
Children by region: S. Tagalog	B	87.2	1078	0.6	12.9	648					26.8	1078													
Children by region: W. Mindanao	B	90.7	304	2.4	16.6	178					54.2	304													
Children by region: W. Visayas	B	92.7	585	1.0	14.0	341					48.3	585													

Survey note: Sampling: urban - households systematically selected; rural - cluster sampling with probability proportionate to size; sample selected from 13708 households.

Reference: National Statistics Office (NSO), Department of Health (DOH) and Macro International Inc. (MI). National Demographic and Health Survey 1998. Manila: NSO and MI, 1999.

Reference number: 290																									
Date of survey: 1993																									
Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breastfeeding (months)	Median any breastfeeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	87.2	8859	0.6	14.1	5393	32.9	486	25.1	805	35.6	5675	30.1	1219							56.6	556	18.2	558	4
Children by sex	F	97.7	4279	0.6	14.4	2593					36.1	2739													
Children by sex	M	86.7	4580	0.6	13.4	2800					35.1	2936													
Children by area: Urban	B	82.3	4296	0.5	9.0	2636					33.0	2819													
Children by area: Rural	B	91.8	4563	1.2	15.9	2757					38.2	2856													
Children by region: Bicol	B	92.7	674	2.2	15.8	419					12.8	400													
Children by region: C. Luzon	B	82.5	912	0.7	10.5	545					29.4	594													
Children by region: C. Mindanao	B	92.3	494	0.7	16.6	294					46.9	302													
Children by region: C. Visayas	B	87.3	725	0.7	11.7	433					41.4	458													
Children by region: Cagayan Valley	B	90.3	319	1.5	17.3	192					24.1	214													
Children by region: Cordillera Admin.	B	94.1	173	2.2	16.9	105					67.0	99													
Children by region: E. Samar	B	87.8	442	2.1	16.5	269					51.3	269													
Children by region: Ilicos	B	94.4	490	1.8	13.8	301					28.2	311													
Children by region: Metro Manila	B	75.5	1098	0.5	1.2	683					24.8	749													
Children by region: N. Mindanao	B	89.6	553	0.5	14.1	334					28.7	352													
Children by region: S. Mindanao	B	91.5	670	0.5	14.1	410					42.5	425													
Children by region: S. Tagalog	B	86.7	1072	0.5	13.3	677					42.3	713													
Children by region: W. Mindanao	B	95.0	497	0.6	15.9	295					38.1	310													
Children by region: W. Visayas	B	90.2	740	0.5	18.3	437					48.5	476													

Survey note: Sampling: two-stage stratified cluster sampling with probability proportionate to size; sample selected from 13728 households.

Reference: National Statistics Office and Macro International Inc. Philippines National Demographic Survey 1993. Calverton, Maryland, USA: National Statistics Office and Macro International Inc., 1994.

Reference number: 348																									
Date of survey: 1983																									
Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breastfeeding (months)	Median any breastfeeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	83.5	NS		12.5	NS																			
Children by area: Urban	B	72.6	NS																						
Children by area: Rural	B	89.3	NS																						
Children by region: Luzon	B	85.0	NS																						
Children by region: Manila	B	65.7	NS																						
Children by region: Mindanao	B	85.6	NS																						
Children by region: Visayas	B	88.8	NS																						5

Survey note: Sampling: multi-stage cluster sampling; sample included 5396 ever-married women and children; children 0-36 months of age.

Reference: Popkin BM, Akin JS, Flieger W, Wong EL. Breastfeeding Trends in the Philippines, 1973 and 1983. American Journal of Public Health, 1989, 79(1):32-35.

Reference number: 346																									
Date of survey: 1978																									
Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breast-feeding (months)	Median any breast-feeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	86.0	NS																						
Children by area: Urban	B	77.0	NS																						
Children by area: Rural	B	91.0	NS																						

Survey note: Data extracted from summary table; no sampling method provided.

Reference: Ministry of Health, Nutrition Service. Breastfeeding in the Philippines 1987. Memorandum. Philippines: Ministry of Health, 1987.

Reference number: 348																									
Date of survey: 1973																									
Administrative level: N																									
Location and sample descriptor	Sex	Ever breastfed %	Sample size	Median exclusive breast-feeding (months)	Median any breast-feeding (months)	Sample size	Exclusive breastfeeding rate %				Early initiation of breastfeeding %		Bottle-feeding rate% 0-11 %		Intro solid, semi-solid foods 6-9 mo %		Minimum dietary diversity %		Minimum meal frequency %		Continued breastfeeding				Line note
							<4 months	Sample size	<6 months	Sample size		Sample size		Sample size		Sample size		Sample size		Sample size		Sample size	1 Year	Sample size	
National: Total	B	88.9	NS																						
Children by area: Urban	B	77.4	NS																						
Children by area: Rural	B	93.0	NS																						
Children by region: Luzon	B	88.2	NS																						
Children by region: Manila	B	75.1	NS																						
Children by region: Mindanao	B	91.0	NS																						
Children by region: Visayas	B	91.6	NS																						6

Survey note: Sampling: multi-stage cluster sampling; sample included 3573 ever-married women and children; children 0-36 months of age.

Reference: Popkin BM, Akin JS, Flieger W, Wong EL. Breastfeeding Trends in the Philippines, 1973 and 1983. American Journal of Public Health, 1989, 79(1):32-35.

Line Notes

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Line note: 1 Bottle-feeding rate calculated prevalence.

Line note: 2 Exclusive breastfeeding under 4 months and bottle-feeding rate calculated prevalences.

Line note: 3 Exclusive breastfeeding under 6 months, continued breastfeeding at 1 year (12-15 months), continued breastfeeding at 2 years (20-23 months) and bottle-feeding rate calculated prevalences.

Line note: 4 Exclusive breastfeeding under 6 months, continued breastfeeding at 1 year (12-15 months), continued breastfeeding at 2 years (20-23 months) and bottle-feeding rate calculated prevalences.

Line note: 5 Excluding Manila.

Line note: 6 Excluding Manila.