# Hau, sea hibiscus

Hibiscus tiliaceus L.

Mallow family (Malvaceae)

Native species (indigenous)

This common small tree of lowlands, especially shores, through the islands, is characterized by large funnel-shaped bright yellow flowers  $3-3\frac{1}{2}$  inches (7.5–8 cm) long and broad, usually with dark red "eye spot" inside, and by long-stalked heart-shaped and nearly round leaves with mostly seven or nine main veins from base, whitish gray hairy beneath.

Small evergreen native tree 13–33 ft (4–10 m) high, with short crooked trunk to 6 inches (15 cm) in diameter and with broad crown of widely spreading or crooked branches, or a shrub with many prostrate branches forming dense thickets. Bark gray or light brown, smooth; inner bark fibrous. Twigs stout, with rings at nodes, becoming brown and hairless. Young twigs, leafstalks, lower leaf surfaces, calyx, and seed capsules densely covered with minute whitish gray star-shaped hairs.

Leaves alternate with leafstalks of 2–5 inches (5–13 cm) and with two large short-pointed whitish hairy basal scales (stipules) 1–1½ inches (2.5–4 cm) long, shedding early and leaving a ring scar. Blades 4–7 inches (10–18 cm) long and broad, sometimes larger, abruptly short- or longpointed at apex and heart-shaped at base, rarely wavy toothed on edges, slightly thickened and leathery, shiny yellow green and hairless on upper surface, lower surface with three narrow glands near base of main veins.

Flower clusters (panicles) at or near ends of twigs, branching. Flowers many, few in each cluster, each with whitish hairy stalk of ¾-2 inches (2–5 cm) and gray green hairy basal cup (involucre) ¾ inch (2 cm) long usually with 9–10 narrow pointed lobes. Calyx 1–1¼ inches (2.5–3 cm) long, gray green hairy, tubular with five narrow long-pointed lobes. Petals five, yellow, usually with dark red spot at base inside, 2½-3½ inches (6–9 cm) long, rounded but broader on one side, with tiny star-shaped hairs on outer surface, united at base. Stamens numerous on column about 2 inches (5 cm) long united with corolla at base. Pistil has densely hairy conical five-celled ovary, long slender style, and five broad stigmas. Flowers opening and closing same day, the petals withering and turning to orange and later to red.

Seed capsules elliptical,  $1-1\frac{1}{4}$  inches (2.5–3 cm) long, long-pointed, gray green hairy, splitting into five parts and breaking open the calyx and involucre which remains attached. Seeds, three from each cell, brownish

black, ½-½16 inch (3–5 mm) long, hairless. Flowering and fruiting probably through the year.

Sapwood whitish and heartwood dark greenish brown. Wood moderately soft and porous, and moderately heavy (sp. gr. 0.6). It has been used sparingly by Hawaii's craftwood industry for carved and turned bowls and bracelets. The wood so used is mostly sapwood, so that the mottled dark heartwood inclusions give a marble-like appearance. Freshly cut wood has an odor similar to coconut.

Hawaiians used the wood for outriggers of canoes, floats for fish nets, long spears for games, and for cross sticks of kites. Fires were started by friction by rubbing a pointed stick of a hardwood such as olomea (*Perrottetia sandwicensis*), against a grooved piece of the much softer hau wood. Hau is preferred by local Boy Scout troops for earning fire starting merit badges.

An important use of the tough fibrous inner bark, here and wherever this species grows, is for ropes and cords. Several long strips are braided together depending upon the strength needed. It was beaten into tapa or bark cloth and used for mats. The "grass" skirts exported for hula dancers from Samoa and elsewhere in the Pacific are actually made of hau fiber. The same material is used to strain the beverage kava in Samoa. Elsewhere, in times of famine the bark, roots, and young leaves were eaten. Flowers, roots, and bark served in folk remedies.

Hau is planted through the tropics as an ornamental for the showy flowers and as a shade tree. Branches can be trained over trellises to form arbors. Easily propagated by cuttings and started in fence rows as living fenceposts. The long spreading branches form roots upon contact with the ground, making dense thickets and in coastal swamps aiding in building the land. Classed as a honey plant. A weed in pastures, rangelands, and waste places (Haselwood and Motter 1966).

Common in lowlands and especially on beaches through the Hawaiian Islands to about 1500 ft (457 m).

### Special areas

Keahua, Waimea Arboretum, Tantalus, Haleakala, Volcano

# Range

Seashores through tropics, native probably in Old World. Common and widespread through Pacific Islands and regarded as native in Hawaii. Naturalized in New World, including Florida, Puerto Rico, and Virgin Islands.

#### Other common names

linden hibiscus, mahoe; emajagua (Puerto Rico, Spanish); pago (Guam, N. Marianas); ermall (Palau); gaal (Yap); kilife (Truk); kalau (Pohnpei); lo (Kosrae, Marshalls); fau (Am. Samoa).

## **Botancial synonyms**

Paritium tiliaceum (L.) St.-Hil., Juss., & Camb., Pariti tiliaceum (L.) Britton.

Minor variations have been observed. Examples are forms with double flowers, white petals with maroon dot at base, and pure yellow petals. One variation introduced into Hawaii from Guadalcanal is an erect tree to 66 ft (20 m) tall

The English name mahoe is a corruption of the Spanish common name majagua or emajagua. That American Indian word is applied in tropical America to several unrelated trees with useful fibrous bark.

Additional uses by the early Hawaiians as well as legends have been recorded by Degener (1930, p. 213–219).

