

# PRESS-INFO

104<sup>th</sup> for MEN  
34<sup>th</sup> for LADIES

## 2010 EUROPEAN CHAMPIONSHIPS

Hamar Olympic Hall "Vikingskipet" - January 9 - 10, 2010

All lists compiled by Magne Teigen, WSSSA-Norway

### List of ACTUAL RECORDS as of Jan. 9, 2010

#### Official WORLD RECORDS

\* = pending ratification by ISU Sports Directorate

##### Men

500 m	34,03	Jeremy Wotherspoon ( 9,59 - 34,03 )	CAN	Salt Lake City	9.11.2007
1500 m	1.41,80	Shani Davis ( 23,35 - 48,44 - 1.14,46 - 1.41,80 )	USA	Salt Lake City	6.3.2009
	* <b>1.41,04</b>	<b>Shani Davis</b> ( 23,28 - 48,04 - 1.13,73 - 1.41,04 )	<b>USA</b>	<b>Salt Lake City</b>	<b>11.12.2009</b>
5000 M	6.03,32	Sven Kramer ( 17,74 - 45,88 - 1.14,40 - 1.42,98 - 2.11,33 - 2.39,98 - 3.08,59 - <u>3.37,15</u> - 4.05,73 - 4.34,92 - 5.04,20 - 5.33,77 - 6.03,32 )	NED	Calgary Olympic Oval	17.11.2007
10000 m	12,41,69	Sven Kramer ( 33,13 - 1.02,98 - 1.33,40 - 2.03,53 - 2.33,73 - 3.03,98 - 3.34,46 - 4.04,81 - 4.35,44 - 5.05,80 - 5.36,33 - 6.06,88 - 6.37,49 - 7.08,22 - 7.38,97 - 8.09,54 - 8.40,14 - 9.10,51 - 9.41,08 - 10.11,61 - 10.41,99 - 11.11,98 - 11.42,23 - 12.12,04 - 12.41,69 )	NED	Salt Lake City	10.3.2007
Big Comb.	145.742 p.	Shani Davis ( 35,17 - 6:10,49 / 1.42,68 WR -13.05,94 )	USA	Calgary Olympic Oval	18.-19.3.2006

##### Ladies

500 m	37,02	Jenny Wolf ( 10,13 - 37,02 )	GER	Calgary	16.11.2007
	* <b>37,00</b>	<b>Jenny Wolf</b> ( 10,19 - 37,00 )	<b>GER</b>	<b>Salt Lake City</b>	<b>11.12.2009</b>
1500 m	1.51,79	Cindy Klassen ( 25,08 - 52,37 - 1.21,08 - 1.51,79 )	CAN	Salt Lake City	20.11.2005
3000 m	3.53,34	Cindy Klassen ( 19,09 - 48,78 - 1.19,12 - 1.49,50 - 2.19,90 - 2.50,53 - 3.21,38 - 3.53,34 )	CAN	Calgary Olympic Oval	18.3.2006
5000 m	6.45,61	Martina Sáblíková ( 20,07 - 51,31 - 1.23,32 - 1.55,05 - 2.26,82 - 2.58,59 - 3.30,64 - 4.02,85 - 4.35,35 - 5.07,53 - 5.40,17 - 6.12,71 - 6.45,61 )	CZE	Salt Lake City	11.3.2007
Small Comb.	154,580 p.	Cindy Klassen ( 37,51 - 3.53,34 WR / 1.51,85 - 6.48,97 )	CAN	Calgary Olympic Oval	18.-19.3.2006

##### Men, juniors

500 M	34,75	Joji Kato ( 9,64 - 34,75 )	JPN	Salt Lake City	13.12.2003
1500 m	1.45,54	Sjoerd de Vries ( 23,68 - 49,50 - 1.16,67 - 1.45,54 )	NED	Calgary Olympic Oval	15.3.2007
	* <b>1.44,52</b>	<b>Brian Hansen</b> ( 24,12 - 49,89 - 1.16,65 - 1.44,52 )	<b>USA</b>	<b>Calgary Olympic Oval</b>	<b>5.12.2009</b>
	* <b>1.44,45</b>	<b>Brian Hansen</b> ( 23,91 - 49,64 - 1.16,36 - 1.44,45 )	<b>USA</b>	<b>Salt Lake City</b>	<b>11.12.2009</b>
5000 M	6.18,93	Håvard Bøkko ( 19,06 - 48,83 - 1.18,82 - 1.48,80 - 2.18,59 - 2.48,26 - 3.17,93 - 3.47,50 - 4.17,24 - 4.47,30 - 5.17,59 - 5.48,33 - 6.18,93 )	NOR	Calgary Olympic Oval	13.11.2005
10000 m (Inoff.)	13.09,65	Sven Kramer ( 34,81 - 1.07,04 - 1.38,89 - 2.09,85 - 2.40,88 - 3.11,88 - 3.42,79 - 4.13,63 - 4.44,90 - 5.15,93 - 5.47,04 - 6.18,22 - 6.49,62 - 7.20,87 - 7.52,51 - 8.24,02 - 8.55,50 - 9.27,14 - 9.59,11 - 10.30,77 - 11.02,69 - 11.34,58 - 12.06,73 - 12.38,41 - 13.09,65 )	NED	Heerenveen / Thialf	9.1.2005
Big Comb. (Inoff.)	150,369 p.	Håvard Bøkko ( 36,42 - 6.20,42 / 1.46,31 - 13.29,42 )	NOR	Calgary Olympic Oval	18.-19.3.2006

## Ladies, juniors

500 M	37,81	Sang-Hwa Lee ( 10,43 - 37,81 )	KOR	Salt Lake City	10.3.2007
1500 m	1.55,14	Marrit Leenstra ( 25,80 - 53,87 - 1.23,07 - 1.55,14 )	NED	Calgary Olympic Oval	12.3.2008
3000 M	4.00,63	Martina Sáblíková ( 20,50 - 51,23 - 1.22,11 - 1.53,35 - 2.24,79 - 2.56,69 - 3.28,72 - 4.00,63 )	CZE	Calgary Olympic Oval	22.3.2006
5000 m (Inoff.)	6.50,45	Martina Sáblíková ( 20,61 - 52,78 - 1.25,41 - 1.57,96 - 2.30,38 - 3.02,89 - 3.35,45 - 4.07,95 - 4.40,48 - 5.13,05 - 5.45,82 - 6.18,34 - 6.50,45 )	CZE	Calgary Olympic Oval	19.3.2006
Small Comb. (Inoff.)	161,252 p.	Martina Sáblíková ( 40,72 - 4.01,09 / 1.57,92 - 6.50,45 )	CZE	Calgary Olympic Oval	18.-19.3.2006

## EUROPEAN CHAMPIONSHIP RECORDS

### Men

500 m	35,72	Ådne Søndrål ( 9,77 - 35,72 )	NOR	Hamar / Vikingskipet	15.1.2000
1500 m	1.44,72	Enrico Fabris ( 23,92 - 50,12 - 1.17,00 - 1.44,72 )	ITA	Collalbo / Arena Ritten	13.1.2007
5000 m	6.11,78	Sven Kramer ( 18,17 - 46,55 - 1.15,87 - 1.45,09 - 2.14,34 - 2.43,73 - 3.13,33 - 3.42,96 - 4.12,91 - 4.42,48 - 5.12,08 - 5.41,73 - 6.11,78 )	NED	Kolomna	12.1.2008
10000 m	13.00,16	Sven Kramer ( 34,15 - 1.05,80 - 1.37,25 - 2.08,83 - 2.40,51 - 3.11,91 - 3.43,56 - 4.15,18 - 4.47,21 - 5.18,91 - 5.50,98 - 6.22,32 - 6.54,30 - 7.25,16 - 7.56,79 - 8.28,27 - 9.00,18 - 9.30,97 - 10.01,74 - 10.30,76 - 10.59,75 - 11.29,39 - 11.59,41 - 12.29,55 - 13.00,16 )	NED	Heerenveen	11.1.2009
Total points :	147,716 p.	Sven Kramer ( 36,20 - 6.11,78 / 1.45,52 / 13.03,30 )	NED	Kolomna	12.-13.1.2008

### Ladies

500 m	39,24	Yekaterina Lobysheva ( 10,95 - 39,24 )	RUS	Kolomna	12.1.2008
1500 m	1.56,78	Ireen Wüst ( 25,54 - 54,16 - 1.24,35 - 1.56,78 )	NED	Collalbo / Arena Ritten	13.1.2007
3000 m	4.01,67	Martina Sáblíková ( 20,09 - 51,55 - 1.23,38 - 1.55,12 - 2.26,70 - 2.58,25 - 3.29,71 - 4.01,67 )	CZE	Kolomna	12.1.2008
5000 m	6.53,42	Martina Sáblíková ( 20,48 - 52,77 - 1.25,74 - 1.58,82 - 2.31,48 - 3.04,18 - 3.37,09 - 4.09,93 - 4.42,80 - 5.16,05 - 5.48,51 - 6.20,97 - 6.53,42 )	CZE	Kolomna	13.1.2008
Total points	160,533 p.	Ireen Wüst ( 39,43 - 4.02,14 / 1.56,88 - 6.57,87 )	NED	Kolomna	12.-13.1.2008

## TRACK RECORDS ( Hamar Olympic Hall / "Vikingskipet" )

*\* = WR when achieved*

### Men :

500 m :	34,31	Jeremy Wotherspoon ( 9,59 - 34,31 )	CAN	W-Cup	26.1.2008
1500 m :	<b>1.44,27</b>	<b>Shani Davis</b> ( 23,61 - 48,87 - 1.15,60 - 1.44,27 )	<b>USA</b>	<b>W-Cup</b>	<b>21.11.2009</b>
5000 m :	6.09,74	Sven Kramer ( 18,14 - 46,81 - 1.16,05 - 1.45,37 - 2.14,67 - 2.43,93 - 3.13,04 - 3.42,44 - 4.11,88 - 4.41,35 - 5.10,71 - 5.39,96 - 6.09,74 )	NED	WAR-09	7.2.2009
10000 m :	<b>12.50,96</b>	<b>Sven Kramer</b> ( 34,54 - 1.04,28 - 1.35,31 - 2.06,13 - 2.37,09 - 3.07,99 - 3.38,63 - 4.09,41 - 4.40,63 - 5.10,90 - 5.42,17 - 6.12,77 - 6.44,28 - 7.15,08 - 7.46,80 - 8.17,50 - 8.47,59 - 9.17,53 - 9.47,49 - 10.17,33 - 10.47,27 - 11.17,46 - 11.48,34 - 12.19,44 - 12.50,96 )	<b>NED</b>	<b>W-Cup</b>	<b>22.11.2009</b>
Big Comb.:	147,567	Sven Kramer ( 36,33 - 6.09,74 / 1.45,01 - 13.05,21 )	NED	WAR-09	7.- 8.2.2009

## LADIES:

500 m :	37,52	Jenny Wolf ( 10,23 - 37,52 )	GER W-Cup	25.1.2008
e 37,52		Jenny Wolf ( 10,24 - 37,52 )	GER W-Cup	26.1.2008
1500 m :	1.54,65	Ireen Wüst ( 25,59 - 54,00 - 1.23,71 - 1.54,65 )	NED W-Cup	25.1.2008
3000 m :	* 4.00,26	Gunda Niemann-Stirnemann ( 20,28 - 50,87 - 1.21,60 - 1.52,88 - 2.24,13 - 2.55,64 - 3.27,58 - 4.00,26 )	GER W-Cup	17.2.2001
5000 m :	<b>6.50,07</b>	<b>Martina Sáblíková</b> ( 20,11 - 51,69 - 1.23,87 - 1.56,23 - 2.28,56 - 3.01,09 - 3.33,70 - 4.06,25 - 4.38,93 - 5.11,63 - 5.44,21 - 6.17,04 - 6.50,07 )	<b>CZE W-Cup</b>	<b>21.11.2009</b>
Small Comb.:	* 161,479	Gunda Niemann-Stirnemann ( 40,34 - 4.02,01 / 1.57,24 - 6.57,24 )	GER WAR-99	6.- 7.2.1999

## BEST EVER MARKS IN EUROPE

### Men :

500 m :	34,31	Jeremy Wotherspoon ( 9,59 - 34,31 )	CAN Hamar V	26.1.2008
1500 m :	<b>1.44,27</b>	<b>Shani Davis</b> ( 23,61 - 48,87 - 1.15,60 - 1.44,27 )	<b>USA Hamar V</b>	<b>21.11.2009</b>
5000 m :	6.09,74	Sven Kramer ( 18,14 - 46,81 - 1.16,05 - 1.45,37 - 2.14,67 - 2.43,93 - 3.13,04 - 3.42,44 - 4.11,88 - 4.41,35 - 5.19,71 - 5.39,96 - 6.09,74 )	NED Hamar V	7.2.2009
10000 m :	12.49,88	Sven Kramer ( 34,21 - 1.04,03 - 1.34,78 - 2.04,81 - 2.35,32 - 3.05,80 - 3.36,52 - 4.07,21 - 4.38,37 - 5.09,16 - 5.40,44 - 6.11,28 - 6.42,52 - 7.12,95 - 7.44,06 - 8.15,01 - 8.46,04 - 9.16,74 - 9.47,96 - 10.18,78 - 10.49,74 - 11.20,23 - 11.50,67 - 12.20,73 - 12.49,88 WR )	NED Heerenveen	11.2.2007
Big Comb.:	147,567	Sven Kramer ( 36.33 - 6.09,74 / 1.45.01 - 13.05.21 )	NED Hamar V	7.- 8.2.2009

### Ladies :

500 m :	37,51	Jenny Wolf ( 10,21 - 37,51 )	GER Kolomna	24.1.2009
1500 m :	1.54,05	Ireen Wüst ( 25,53 - 53,66 - 1.22,87 - 1.54,05 )	NED Heerenveen	10.2.2007
3000 m :	4.00,26	Gunda Niemann-Stirnemann ( 20,28 - 50,87 - 1.21,60 - 1.52,88 - 2.24,13 - 2.55,64 - 3.27,58 - 4.00,26 )	GER Hamar V	17.2.2001
5000 m :	6.49,31	Martina Sáblíková ( 20,11 - 51,73 - 1.24,05 - 1.56,58 - 2.29,13 - 3.01,83 - 3.34,37 - 4.07,01 - 4.39,67 - 5.12,42 - 5.44,74 - 6.17,31 - 6.49,31 )	CZE Heerenveen	11.2.2007
Small Comb.:	158,662	Ireen Wüst ( 38.44 / 1.54.05 - 4.00.28 / 7.01.60 )	NED Heerenveen	9.-11.2.2007

# Actual intermediate times (laptimes)

Intermediate times (laptimes) for

**World Record (WR), Championship Record (ECh), Track record (TR), NOR record (NR)**

## LADIES

<b>500 meter</b>	<b>WR</b> Jenny Wolf SLC 11.12.2009	<b>ECh</b> Yek. Lobysheva Kolomna 12.01.2008	<b>TR</b> Jenny Wolf W-Cup 25.01.2008	<b>NR</b> Edel Th. Høiset WCup 29.01.2000
100 m	10,19	10,95	10,23	10,69
<u>500 m</u>	<u>37,00</u> (26,81)	<u>39,24</u> (28,29)	<u>37,52</u> (27,29)	<u>38,40</u> (27,71)
<b>1500 meter</b>	<b>WR</b> Cindy Klassen SLC 20.11.2005	<b>ECh</b> Ireen Wüst Collalbo 13.01.2007	<b>TR</b> Ireen Wüst W-Cup 25.01.2008	<b>NR</b> Maren Haugli Calgary 19.03.2006
300 m ( 3)	25,08	25,54	25,59	26,52
700 m ( 2)	52,37 (27,29)	54,16 (28,62)	54,00 (28,41)	55,05 (28,53)
1100 m ( 1)	1.21,08 (28,71)	1.24,35 (30,19)	1.23,71 (29,71)	1.24,58 (29,53)
<u>1500 m</u>	<u>1.51,79</u> (30,71)	<u>1.56,78</u> (32,43)	<u>1.54,65</u> (30,94)	<u>1.55,99</u> (31,41)
<b>3000 meter</b>	<b>WR</b> Cindy Klassen Calgary 18.03.2006	<b>ECh</b> Martina Sáblíková Kolomna 12.01.2008	<b>TR</b> G.Niemann-Stirnemann W-Cup 17.02.2001	<b>NR</b> Maren Haugli Calgary 18.03.2006
200 m ( 7)	19,09	20,09	20,28	20,53
600 m ( 6)	48,78 (29,69)	51,55 (31,46)	50,87 (30,59)	51,37 (30,84)
1000 m ( 5)	1.19,12 (30,34)	1.23,38 (31,83)	1.21,60 (30,73)	1.22,24 (30,87)
1400 m ( 4)	1.49,50 (30,38)	1.55,12 (32,74)	1.52,88 (31,28)	1.53,35 (31,11)
1800 m ( 3)	2.19,90 (30,40)	2.26,70 (31,58)	2.24,13 (31,25)	2.24,84 (31,49)
2200 m ( 2)	2.50,53 (30,63)	2.58,25 (31,55)	2.55,64 (31,51)	2.56,45 (31,61)
2600 m ( 1)	3.21,38 (30,85)	3.29,71 (31,46)	3.27,58 (31,94)	3.28,35 (31,90)
<u>3000 m</u>	<u>3.53,34</u> (31,96)	<u>4.01,67</u> (31,96)	<u>4.00,26</u> (32,68)	<u>4.00,34</u> (31,99)
<b>5000 meter</b>	<b>WR</b> Martina Sáblíková SLC 11.03.2007	<b>ECh</b> Martina Sáblíková Kolomna 13.01.2008	<b>TR</b> Martina Sáblíková W-Cup 21.11.2009	<b>NR</b> Maren Haugli Calgary 19.03.2006
200 m (12)	20,07	20,48	20,11	20,75
600 m (11)	51,31 (31,24)	52,77 (32,29)	51,69 (31,58)	53,36 (32,61)
1000 m (10)	1.23,32 (32,01)	1.25,74 (32,97)	1.23,87 (32,18)	1.25,91 (32,55)
1400 m ( 9)	1.55,05 (31,73)	1.58,82 (33,08)	1.56,23 (32,36)	1.58,58 (33,67)
1800 m ( 8)	2.26,82 (31,77)	2.31,48 (32,66)	2.28,56 (32,33)	2.31,55 (32,97)
2200 m ( 7)	2.58,59 (31,77)	3.04,18 (32,70)	3.01,09 (32,53)	3.04,45 (32,90)
2600 m ( 6)	3.30,64 (32,05)	3.37,09 (32,91)	3.33,70 (32,61)	3.37,44 (32,99)
3000 m ( 5)	4.02,85 (32,21)	4.09,93 (32,84)	4.06,25 (32,55)	4.10,86 (33,42)
3400 m ( 4)	4.35,35 (32,50)	4.42,80 (32,87)	4.38,93 (32,68)	4.44,00 (33,14)
3800 m ( 3)	5.07,53 (32,18)	5.16,05 (33,25)	5.11,63 (32,70)	5.16,99 (32,99)
4200 m ( 2)	5.40,17 (32,64)	5.48,51 (32,46)	5.44,21 (32,58)	5.49,91 (32,92)
4600 m ( 1)	6.12,71 (32,54)	6.20,97 (32,46)	6.17,04 (32,83)	6.22,64 (32,73)
<u>5000 m</u>	<u>6.45,61</u> (32,90)	<u>6.53,42</u> (32,45)	<u>6.50,07</u> (33,03)	<u>6.54,98</u> (32,34)

## **MEN**

### **500 meter**

#### **WR**

**Jeremy Wotherspoon**  
SLC 09.11.2007

100 m (1)

9,59

500 m

34,03 (24,44)

#### **ECh**

**Ådne Søndrål**  
Hamar 18.03.2006

9,77

35,72 (25,95)

#### **TR**

**J. Wotherspoon**  
WCup 26.01.2008

9,59

34,31 (24,62)

#### **NR**

**Even Wetten**  
SLC 09.03.2007

9,84

35,08 (25,24)

### **1500 meter**

#### **WR**

**Shani Davis (USA)**  
SLC 11.12.2009

300 m (3)

23,28

700 m (2)

48,04 (24,76)

1100 m (1)

1.13,73 (25,69)

1500 m

1.41,04 (27,31)

#### **ECh**

**Enrico Fabris**  
Collalbo 13.01.2007

23,92

50,12 (26,20)

1.17,00 (26,88)

1.44,72 (27,72)

#### **TR**

**Shani Davis**  
WCup 21.11.2009

23,61

48,87 (25,26)

1.15,60 (26,73)

1.44,27 (28,67)

#### **NR**

**Håvard Bøkkø**  
SLC 06.03.2009

23,41

49,22 (25,81)

1.15,68 (26,46)

1.42,67 (26,99)

### **5000 meter**

#### **WR**

**Sven Kramer**  
Calgary 17.11.2007

200 m (12)

17,74

600 m (11)

45,88 (28,14)

1000 m (10)

1.14,40 (28,52)

1400 m ( 9)

1.42,98 (28,58)

1800 m ( 8)

2.11,33 (28,35)

2200 m ( 7)

2.39,98 (28,65)

2600 m ( 6)

3.08,59 (28,61)

3000 m ( 5)

3.37,15 (28,56)

3400 m ( 4)

4.05,73 (28,58)

3800 m ( 3)

4.34,92 (29,19)

4200 m ( 2)

5.04,20 (29,28)

4600 m ( 1)

5.33,77 (29,57)

5000 m

6.03,32 (29,55)

#### **ECh**

**Sven Kramer**  
Kolomna 12.01.2008

18,17

46,55 (28,38)

1.15,87 (29,32)

1.45,09 (29,22)

2.14,34 (29,25)

2.43,73 (29,39)

3.13,33 (29,60)

3.42,96 (29,63)

4.12,91 (29,95)

4.42,48 (29,57)

5.12,08 (29,60)

5.41,73 (29,65)

6.11,78 (30,05)

#### **TR**

**Sven Kramer**  
WAR 07.02.2009

18,14

46,81 (28,67)

1.16,05 (29,24)

1.45,37 (29,32)

2.14,67 (29,30)

2.43,93 (29,26)

3.13,04 (29,11)

3.42,44 (29,40)

4.11,88 (29,44)

4.41,35 (29,47)

5.10,71 (29,26)

5.39,96 (29,25)

6.09,74 (29,78)

#### **NR**

**Håvard Bøkkø**  
SLC 07.03.2009

18,01

46,00 (27,99)

1.14,46 (28,46)

1.43,09 (28,63)

2.12,10 (29,01)

2.41,29 (29,19)

3.10,78 (29,49)

3.40,15 (29,37)

4.09,79 (29,64)

4.39,45 (29,66)

5.09,56 (30,11)

5.39,62 (30,06)

6.09,94 (30,32)

### **10000 meter**

#### **WR**

**Sven Kramer**  
SLC 10.03.2007

400 m (24)

33,13

800 m (23)

1.02,98 (29,85)

1200 m (22)

1.33,40 (30,42)

1600 m (21)

2.03,53 (30,13)

2000 m (20)

2.33,73 (30,20)

2400 m (19)

3.03,98 (30,25)

2800 m (18)

3.34,46 (30,48)

3200 m (17)

4.04,81 (30,35)

3600 m (16)

4.35,44 (30,63)

4000 m (15)

5.05,80 (30,36)

4400 m (14)

5.36,33 (30,53)

4800 m (13)

6.06,88 (30,55)

5200 m (12)

6.37,49 (30,61)

5600 m (11)

7.08,22 (30,73)

6000 m (10)

7.38,97 (30,75)

6400 m ( 9)

8.09,54 (30,57)

6800 m ( 8)

8.40,10 (30,56)

7200 m ( 7)

9.10,51 (30,41)

7600 m ( 6)

9.41,08 (30,57)

8000 m ( 5)

10.11,61 (30,53)

8400 m ( 4)

10.41,99 (30,38)

8800 m ( 3)

11.11,98 (29,99)

9200 m ( 2)

11.42,23 (30,25)

9600 m ( 1)

12.12,04 (29,81)

10000 m

12.41,69 (29,65)

#### **ECh**

**Sven Kramer**  
H-veen 11.01.2009

34,15

1.05,80 (31,65)

1.37,25 (31,45)

2.08,83 (31,58)

2.40,51 (31,64)

3.11,91 (31,40)

3.43,56 (31,65)

4.15,18 (31,62)

4.47,21 (32,03)

5.18,91 (31,70)

5.50,98 (32,07)

6.22,32 (31,34)

6.54,30 (31,98)

7.25,16 (30,86)

7.56,79 (31,63)

8.28,27 (31,48)

9.00,18 (31,91)

9.30,97 (30,79)

10.01,74 (30,77)

10.30,76 (29,02)

10.59,75 (28,99)

11.29,39 (29,64)

11.59,41 (30,02)

12.29,55 (30,14)

13.00,16 (30,61)

#### **TR**

**Sven Kramer**  
WCup 22.11.2009

34,82

1.04,28 (29,74)

1.35,31 (30,03)

2.06,13 (30,82)

2.37,09 (29,96)

3.07,99 (30,90)

3.38,63 (30,64)

4.09,41 (30,78)

4.40,63 (31,22)

5.10,90 (30,27)

5.42,17 (31,27)

6.12,77 (30,60)

6.44,28 (31,51)

7.15,08 (30,80)

7.46,80 (31,72)

8.17,50 (30,70)

8.47,59 (30,09)

9.17,53 (29,94)

9.47,49 (29,96)

10.17,33 (29,84)

10.47,27 (29,94)

11.17,46 (30,19)

11.48,34 (30,88)

12.19,44 (31,10)

12.50,96 (31,52)

#### **NR**

**Øystein Grødum**  
Calgary 19.03.2006

1.05,58 (30,76)

1.36,28 (30,70)

2.06,94 (30,66)

2.37,26 (30,32)

3.08,09 (30,83)

3.38,85 (30,76)

4.09,75 (30,90)

4.40,72 (30,97)

5.11,51 (30,79)

5.42,92 (31,41)

6.13,92 (31,00)

6.45,33 (31,41)

7.16,34 (31,01)

7.47,61 (31,27)

8.18,83 (31,22)

8.49,99 (31,16)

9.21,54 (31,55)

9.52,66 (31,12)

10.23,75 (31,09)

10.54,61 (30,86)

11.25,59 (30,98)

11.56,21 (30,62)

12.26,52 (30,31)

12.56,38 (29,86)





		t) 1.55,54	<i>Christine Nesbitt</i>	CAN	08.11.2009
8	Moscow / Krylatskoje	1.55,96	Claudia Pechstein	GER	23.11.2008
9	Nagano / M'Wave Stadion	1.56,06	Anni Friesinger	GER	06.03.2008
10	Erfurt / Gunda N.-S. Halle	1.56,10	Anni Friesinger	GER	17.02.2007

### 3000 m ladies

	1	Calgary Olympic Oval	3.53,34	Cindy Klassen	CAN	18.03.2006
	<b>2</b>	<b>Salt Lake City / Utah Olympic Oval</b>	<b>3.56,29</b>	<b>Martina Sáblíková</b>	<b>CZE</b>	<b>11.12.2009</b>
♦	3	Hamar Olympic Hall / Vikingskipet	4.00,26	Gunda Niemann-Stirnemann	GER	17.02.2001
	4	Heerenveen / IJsstadion Thialf	4.00,28	Ireen Wüst	NED	10.02.2007
	<b>5</b>	<b>Berlin Sportforum</b>	<b>4.00,75</b>	<b>Martina Sáblíková</b>	<b>CZE</b>	<b>06.11.2009</b>
	6	Kolomna / Centre of Skating Sport	4.01,67	Martina Sáblíková	CZE	12.01.2008
	7	Torino / Oval Lingotto	4.02,43	Ireen Wüst	NED	12.02.2006
	8	<u>Collalbo / Ritten</u>	<u>4.03,52</u>	<u>Martina Sáblíková</u>	<u>CZE</u>	<u>13.01.2007</u>
	9	Erfurt / Gunda N.-S. Halle	4.03,65	Martina Sáblíková	CZE	31.01.2009
	10	Nagano / M'Wave Stadion	4.05,03	Kristina Groves	CAN	07.03.2008

### 5000 m ladies

	1	Salt Lake City / Utah Olympic Oval	6.45,61	Martina Sáblíková	CZE	11.03.2007
	2	Calgary Olympic Oval	6.48,97	Cindy Klassen	CAN	19.03.2006
	3	Heerenveen / IJsstadion Thialf	6.49,31	Martina Sáblíková	CZE	11.02.2007
	4	Moscow / Krylatskoje	6.49,92	Claudia Pechstein	GER	22.11.2008
♦	<b>5</b>	<b>Hamar Olympic Hall / Vikingskipet</b>	<b>6.50,07</b>	<b>Martina Sáblíková</b>	<b>CZE</b>	<b>21.11.2009</b>
	6	Erfurt / Gunda N.-S. Halle	6.50,39	Martina Sáblíková	CZE	18.02.2007
	7	Kolomna / Centre of Skating Sport	6.53,42	Martina Sáblíková	CZE	13.01.2008
	8	<u>Inzell / Ludwig Schwabl Stadion</u>	<u>6.56,98</u>	<u>Martina Sáblíková</u>	<u>CZE</u>	<u>19.10.2008</u>
	9	Nagano / M'Wave Stadion	6.58,22	Martina Sáblíková	CZE	09.03.2008
	10	<u>Collalbo / Ritten</u>	<u>6.58,45</u>	<u>Martina Sáblíková</u>	<u>CZE</u>	<u>14.01.2007</u>

oo

## Aktuelle NORSKE REKORDER

### MENN, SENIOR

500 m:	35,08	Even Wetten	Hamar IL	Salt Lake City	9.3.2007
1500 m:	1.42,67	Håvard Bøkko	Hol IL	Salt Lake City	6.3.2009
		( 23,41 - 49,22 - 1.15,68 - 1.42,67 )			
5000 m:	6.09,94	Håvard Bøkko	Hol IL	Salt Lake City	7.3.2009
		( 18,01 - 46,00 - 1.14,46 - 1.43,09 - 2.12,10 - 2.41,29 - 3.10,78 - 3.40,15 - 4.09,79 - 4.39,45 - 5.09,56 - 5.39,62 - 6.09,94 )			
10000 m:	12.56,38	Øystein Grødum	Arendal SK	Calgary Olympic Oval	19.3.2006
		( 34,82 - 1.05,58 - 1.36,28 - 2.06,94 - 2.37,26 - 3.08,09 - 3.38,85 - 4.09,75 - 4.40,72 - 5.11,51 - 5.42,92 - 6.13,92 - 6.45,33 - 7.16,34 - 7.47,61 - 8.18,83 - 8.49,99 - 9.21,54 - 9.52,66 - 10.23,75 - 10.54,61 - 11.25,59 - 11.56,21 - 12.26,52 - 12.56,38 )			
Stor firke.:	148,077	Håvard Bøkko	Hol IL	Hamar / Vikingskipet	7.- 8.2.2009
		( 35,99 - 6.15,94 / 1.44,83 - 13.11,01 )			

### KVINNER, SENIOR

500 m:	38,40	Edel Therese Høiseth	Geithus IL	Calgary Olympic Oval	29.1.2000
		( 10,69 - 38,40 )			
1500 m:	1.55,99	Maren Haugli	Jevnaker IF	Calgary Olympic Oval	19.3.2006
		( 26,52 - 55,05 - 1.24,58 - 1.55,99 )			
3000 m:	4.00,34	Maren Haugli	Jevnaker IF	Calgary Olympic Oval	18.3.2006
		( 20,53 - 51,37 - 1.22,24 - 1.53,35 - 2.24,84 - 2.56,45 - 3.28,35 - 4.00,34 )			
5000 m:	6.54,98	Maren Haugli	Jevnaker IF	Calgary Olympic Oval	19.3.2006
		( 20,75 - 53,36 - 1.25,91 - 1.58,58 - 2.31,55 - 3.04,45 - 3.37,44 - 4.10,86 - 4.44,00 - 5.16,99 - 5.49,91 - 6.22,64 - 6.54,98 )			
Liten firke.:	160,157	Maren Haugli	Jevnaker IF	Calgary Olympic Oval	18.-19.3.2006
		( 39,94 - 4:00.34 / 1:55.99 - 6.54,98 )			

### MENN, JUNIOR ( 19 år )

500 m:	35,68	Christoffer Fagerli Rukke	Hol IL	Calgary Olympic Oval	13.3.2007
		( 9,97 - 35,68 )			
1500 m:	1.46,07	Håvard Bøkko	Hol IL	Salt Lake City	18.11.2005
		( 24,17 - 50,69 - 1.18,10 - 1.46,07 JWR )			
5000 m:	6.18,93	Håvard Bøkko	Hol IL	Calgary Olympic Oval	13.11.2005
		( 19,06 - 48,83 - 1.18,82 - 1.48,80 - 2.18,59 - 2.48,26 - 3.17,93 - 3.47,50 - 4.17,24 - 4.47,30 - 5.17,59 - 5.48,33 - 6.18,93 JWR )			
10000 m:	13.24,09	Håvard Bøkko	Hol IL	Hamar / Vikingskipet	15.1.2006
		( 35,39 - 1.07,80 - 1.39,35 - 2.11,28 - 2.43,30 - 3.15,13 - 3.47,22 - 4.19,13 - 4.51,34 - 5.23,43 - 5.55,54 - 6.27,69 - 6.59,83 - 7.32,04 - 8.03,98 - 8.35,93 - 9.07,91 - 9.39,76 - 10.11,67 - 10.43,63 - 11.15,87 - 11.47,90 - 12.20,14 - 12.52,21 - 13.24,09 )			

Stor firk.:	150,369	Håvard Bøkko ( 36.42 - 6:20.42 / 1:46.31 - 13:29.42 )	Hol IL	Calgary Olympic Oval	18.-19.3.2006
<b><u>KVINNER, JUNIOR ( 19 år )</u></b>					
500 m:	<b>39,82</b>	<b>Hege Bøkko</b> ( 11,24 - 39,82 )	<b>Hol IL</b>	<b>Calgary Olympic Oval</b>	<b>5.12.2009</b>
1500 m:	<b>1.57,96</b>	<b>Hege Bøkko</b> ( 25,99 - 54,87 - 1.25,79 - 1.57,96 )	<b>Hol IL</b>	<b>Calgary Olympic Oval</b>	<b>5.12.2009</b>
3000 m:	4.16,03	Hedvig Bjelkevik ( 20,86 - 53,63 - 1.26,98 - 2.00,58 - 2.34,19 - 3.08,07 - 3.41,87 - 4.16,03 )	Arendal SK	Calgary Olympic Oval	30.1.2000
5000 m:	7.21,59	Maren Haugli ( 21,48 - 55,54 - 1.30,17 - 2.04,80 - 2.39,46 - 3.13,86 - 3.48,35 - 4.23,18 - 4.58,01 - 5.33,52 - 6.09,36 - 6.45,55 - 7.21,59 )	Jevnaker IF	Heerenveen / Thialf	29.2.2004
Liten firk.:	171,185	Hedvig Bjelkevik ( 41,28 - 4.22,13 / 2.02,70 - 7.33,17 )	Arendal SK	Hamar / Vikingskipet	15-16.1.2000

## **Actual NATIONAL RECORDS / "Best ever times"**

( **AKTUELLE NASJONSREKORDER** ) - as of January 1, 2010

### **LADIES**

#### **AUT - Austria - Østerrike**

<b>38,87</b>	Emese Hunyady	Calgary	15.3.2001
<b>1.56,51</b>	Emese Hunyady	SLC	20.2. 2002
<b>4.05,17</b>	Anna Rokita	Calgary	12.11.2005
<b>7.11,72</b>	Anna Rokita	Kolomna	1.12.2007
<b>164,885</b>	Emese Hunyady	Hamar V	6-7.2.1999

#### **BEL - Belgium - Belgia**

**No part.**

#### **BLR - Belarus - Hvitrusland**

<b>37,66</b>	Anzelika Kotyuga	SLC	14.2.2002
<b>1.59,23</b>	Anzelika Kotyuga	SLC	9.12.2001
<b>4.13,98</b>	Yuliya Yasenok	SLC	11.12.2009
<b>7.34,69</b>	Svetlana Chepelnikova	H-veen	25.11.2000
<b>177,887</b>	Svetlana Chepelnikova	Baselga	13-14.1.2001

#### **CZE - Czech Republic - Tsjekkia**

<b>38,90</b>	Karolina Erbanová	SLC	12.12.2009
<b>1.54,55</b>	Martina Sáblíková	Calgary	3.3. 2007
<b>3.55,83</b>	Martina Sáblíková	Calgary	16.11.2007
<b>6.45,61</b>	Martina Sáblíková	SLC	11.3. 2007
<b>161,252</b>	Martina Sáblíková	Calgary	18-19.3.2006

#### **DEN - Denmark - Danmark**

<b>42,27</b>	Cathrine Grage	Calgary	19.12.2009
<b>1.59,86</b>	Cathrine Grage	SLC	12.12.2009
<b>4.07,73</b>	Cathrine Grage	SLC	11.12.2009
<b>7.10,24</b>	Cathrine Grage	Hamar V	21.11.2009
<b>173,171</b>	Cathrine Grage	Calgary	13-14.3.2007

#### **ESP - Spain - Spania**

**No part.**

### **MEN**

<b>35,77</b>	Roland Brunner	Calgary	21.2.1999
<b>1.48,03</b>	Christian Pichler	Calgary	13.3.2008
<b>6.35,88</b>	Marnix ten Kortenaar	Hamar	6.2.1999
<b>13.52,30</b>	Marnix ten Kortenaar	Nagano	17.2.1998
<b>156,715</b>	Marnix ten Kortenaar	Hamar	15-16.1.2000

<b>36,62</b>	Wim De Deyne	Calgary	8.8.2009
<b>1.49,00</b>	Bart Veldkamp	Calgary	4.3.2001
<b>6.23,64</b>	Bart Veldkamp	Calgary	2.3.2001
<b>13.27,48</b>	Bart Veldkamp	SLC	22.2.2002
<b>154,808</b>	Bart Veldkamp	Hamar V	6-7.2.1999

<b>36,38</b>	Aleksey Khatylyov	SLC	7.1.2006
<b>1.47,45</b>	Vitaly Mikhailov	SLC	9.11.2007
<b>6.26,09</b>	Vitaly Mikhailov	Calgary	17.11.2007
<b>13.57,22</b>	Vitaly Mikhailov	Calgary	25.11.2007
<b>167,061</b>	Igor Makovetsky	Inzell	20-21.12.2003

<b>37,24</b>	David Kramár	Calgary	29.1.2002
<b>1.49,03</b>	Milan Sáblík	SLC	11.12.2009
<b>6.38,55</b>	Pavel Kulma	Calgary	17.11.2007
<b>14.04,71</b>	Milan Sáblík	Kolomna	2.12.2007
<b>165,064</b>	Martin Holoubek	Calgary	20-21.3.1999

**No part.**

<b>40,33</b>	Asier Peña Iturria	Calgary	24.10.2009
<b>1.58,24</b>	Asier Peña Iturria	Kolomna	13.1.2008
<b>6.51,72</b>	Asier Peña Iturria	SLC	12.12.2009
<b>14.35,06</b>	Asier Peña Iturria	Hamar V	27.1.2008
<b>176,570</b>	Asier Peña Iturria	Hamar V	13-14.1.2007

#### **FIN - Finland - Finnland**

**No part.**

<b>34,31</b>	Mika Poutala	SLC	11.12.2009
<b>1.45,46</b>	Risto Rosendahl	SLC	11.3.2007
<b>6.33,84</b>	Jarmo Valtonen	SLC	19.11.2005
<b>13.56,42</b>	Jarmo Valtonen	H-veen	4.12.2005
<b>155,278</b>	Vesa Rosendahl	Calgary	15-16.3.2001

#### **FRA - France - Frankrike**

**No part.**

<b>36,28</b>	Lionel Sodogas	Calgary	18.11.2000
<b>1.44,73</b>	Alexis Contin	Calgary	4.12.2009
<b>6.15,74</b>	Alexis Contin	SLC	12.12.2009
<b>13.14,92</b>	Tristan Loy	Kolomna	2.12.2007
<b>158,911</b>	Cédric Kuentz	Baselga	13-14.1.2001



### GER - Germany - Tyskland

<b>37,00</b>	Jenny Wolf	SLC	11.12.2009	<b>35,04</b>	Nico Ihle	Calgary	21.3.2009
<b>1.53,09</b>	Anni Friesinger	Calgary	17.11.2007	<b>1.45,03</b>	Robert Lehmann	SLC	11.12.2009
<b>3.56,80</b>	Stephanie Beckert	Calgary	4.12.2009	<b>6.19,82</b>	Patrick Beckert	SLC	12.12.2009
<b>6.46,91</b>	Claudia Pechstein	SLC	23.2.2002	<b>13.16,36</b>	Tobias Schneider	Moscow	26.11.2006
<b>158,265</b>	Claudia Pechstein	Calgary	18-19.3.2006	<b>152,159</b>	Tobias Schneider	Kolomna	12-13.1.2008

### HUN - Hungary - Ungarn

<b>39,47</b>	Krisztina Egged	SLC	13.2.2002	<b>No part.</b>			
<b>1.59,86</b>	Krisztina Egged	SLC	20.2.2002				
<b>4.21,24</b>	Krisztina Egged	H-veen	3.2.2001				
<b>7.40,27</b>	Krisztina Egged	H-veen	10.1.1999				
<b>171,469</b>	Krisztina Egged	H-veen	3-5.1.2001				

### ITA - Italy - Italia

**No part.**

<b>35,01</b>	Ermanno Ioriatti	Calgary	4.12.2009
<b>1.43,48</b>	Enrico Fabris	SLC	11.12.2009
<b>6.06,06</b>	Enrico Fabris	SLC	12.12.2009
<b>13.10,60</b>	Enrico Fabris	Calgary	19.3.2006
<b>147,216</b>	Enrico Fabris	Calgary	18-19.3.2006

### LAT - Latvia - Latvija

**No part.**

<b>37,05</b>	Haralds Silovs	Calgary	10.8.2008
<b>1.45,90</b>	Haralds Silovs	SLC	11.12.2009
<b>6.17,13</b>	Haralds Silovs	SLC	12.12.2009
<b>15.04,81</b>	Aleksandr Visjkers	Medeo	9.4.1976

### NED - Netherlands - Nederland

<b>37,54</b>	Andrea Nuyt	SLC	13.2.2002	<b>34,52</b>	Roland Mulder	Calgary	4.12.2009
<b>1.52,38</b>	Ireen Wüst	Calgary	3.3.2007	<b>1.42,32</b>	Erben Wennemars	SLC	9.11.2007
<b>3.55,98</b>	Renate Groenewold	Calgary	16.11.2007	<b>6.03,32</b>	Sven Kramer	Calgary	17.11.2007
<b>6.49,22</b>	Gretha Smit	SLC	23.2.2002	<b>12.41,69</b>	Sven Kramer	SLC	10.3.2007
<b>158,662</b>	Ireen Wüst	H-veen	9-11.2.2005	<b>147,567</b>	Sven Kramer	Hamar	7-8.2.2009

### NOR - Norway - Norge

<b>38,40</b>	Edel Th. Høiseth	Calgary	29.1.2000	<b>35,08</b>	Even Wetten	SLC	9.3.2007
<b>1.55,99</b>	Maren Haugli	Calgary	19.3.2006	<b>1.42,67</b>	Håvard Bøkko	SLC	6.3.2009
<b>4.00,34</b>	Maren Haugli	Calgary	18.3.2006	<b>6.09,94</b>	Håvard Bøkko	SLC	7.3.2009
<b>6.54,98</b>	Maren Haugli	Calgary	19.3.2006	<b>12.56,38</b>	Øystein Grørdum	Calgary	19.3.2006
<b>160,157</b>	Maren Haugli	Calgary	18-19.3.2006	<b>148,077</b>	Håvard Bøkko	Hamar	7-8.2.2009

### POL - Poland - Polen

<b>39,08</b>	Katarzyna Wójcicka-Tr.	Calgary	18.3.2006	<b>34,81</b>	Maciej Ustynowicz	SLC	12.12.2009
<b>1.54,97</b>	Katarzyna Bachleda-C.	Calgary	5.12.2009	<b>1.43,71</b>	Konrad Niedzwiedzki	SLC	11.12.2009
<b>4.04,08</b>	Katarzyna Wójcicka-Tr.	Calgary	16.11.2007	<b>6.23,39</b>	Sławomir Chmura	SLC	12.12.2009
<b>7.15,41</b>	Luiza Złotkowska	Hamar V	21.11.2009	<b>13.19,73</b>	Pawel Zygmunt	H-veen	4.12.2005
<b>166,193</b>	Katarzyna Wójcicka-Tr.	Kolomna	12-13.1.2008	<b>151,057</b>	Konrad Niedzwiedzki	Calgary	18-19.3.2006

### ROU - Romania - Romania

<b>39,92</b>	Daniela Dumitru	Calgary	5.12.2009	<b>36,22</b>	Marius Paraschivoiu	SLC	11.12.2009
<b>1.59,21</b>	Bianca Anghel	Calgary	17.11.2007	<b>1.51,05</b>	Valentin Anghel	SLC	11.12.2009
<b>4.10,14</b>	Bianca Anghel	Calgary	16.11.2007	<b>6.31,58</b>	Marian Cristian Ion	Calgary	17.11.2007
<b>7.27,14</b>	Daniela Oltean	H-veen	11.1.2004	<b>14.04,94</b>	Marian Cristian Ion	Moscow	23.11.2008
<b>171,145</b>	Daniela Oltean	H-veen	9-11.1.2004	<b>162,500</b>	Dezideriu Horvath	H-veen	22-24.1.1993

### RUS - Russia - Russland

<b>37,55</b>	Svetlana Zhurova	SLC	9.3.2001	<b>34,35</b>	Dmitry Lobkov	Calgary	16.11.2007
<b>1.54,78</b>	Yekaterina Shikhova	SLC	12.12.2009	<b>1.43,16</b>	Yevgeny Lalenkov	SLC	9.11.2007
<b>4.04,18</b>	Svetlana Vysokova	SLC	18.11.2005	<b>6.10,58</b>	Ivan Skobrev	SLC	12.12.2009
<b>6.56,97</b>	Vavara Barysheva	SLC	23.2.2002	<b>13.01,41</b>	Ivan Skobrev	Hamar V	22.11.2009
<b>164,805</b>	Vavara Barysheva	H-veen	15-17.3.2002	<b>151,533</b>	Ivan Skobrev	Kolomna	15-16.12.2007

### SUI - Switzerland - Sveits

**No part.**

<b>36,95</b>	Simon van Beek	Calgary	17.3.2007
<b>1.48,63</b>	Roger Schneider	Calgary	16.11.2007
<b>6.21,69</b>	Roger Schneider	SLC	10.11.2007
<b>13.16,74</b>	Roger Schneider	Moscow	23.11.2008
<b>159,682</b>	Martin Feigenwinter	Hamar	15-16.1.2000

### SWE - Sweden - Sverige

<b>38,75</b>	Paulina Wallin	SLC	10.3.2007	<b>35,44</b>	Eric Zachrisson	SLC	20.11.2005
<b>2.00,34</b>	Sofia Albertsson	SLC	19.11.2005	<b>1.43,90</b>	Joel Eriksson	SLC	11.12.2009
<b>4.12,94</b>	Sofia Albertsson	SLC	18.11.2005	<b>6.18,35</b>	Johan Røjler	SLC	19.11.2005
<b>7.33,03</b>	Marita Johansson	H-veen	20.2.2005	<b>13.08,42</b>	Johan Røjler	H-veen	4.12.2005
<b>172,255</b>	Marita Johansson	Calgary	12-13.3.2008	<b>151,496</b>	Johan Røjler	Calgary	18-20.3.2009

### UKR - Ukraine - Ukraina

<b>40,40</b>	Tatyana Tarasova	Medeo	27.12.1980	<b>No part.</b>			
<b>2.00,21</b>	Yelena Myagkikh	Calgary	18.3.2009				
<b>4.15,30</b>	Yelena Myagkikh	Calgary	4.12.2009				
<b>7.36,17</b>	Yelena Myagkikh	Calgary	16.3.2001				
<b>171,933</b>	Yelena Myagkikh	Calgary	15-16.3.2001				

# ISU Essent European Speed Skating Championships 2010

## Hamar Olympic Hall "Vikingskipet", January 9-10, 2010

### **List of final entries – and their PBs** *(as of January 7<sup>th</sup>, 2010)*

Samalog = Total points in "Small" (ladies) and "Big Combination" (men) in a four-distance event

<b>LADIES</b>		(26 part.)	<b>Personal best times</b>					
St.no.	Nat	Competitor	Born	500 m	1500 m	3000 m	5000 m	Samalog
1	AUT	Anna Rokita	30.01.1986	40,63	1.58,25	4.05,17	7.11,72	168,463
2	BLR	Yuliya Yasenok	09.07.1983	40,08	1.59,58	4.13,98	7.43,60	196,286
3	CZE	Karolina Erbanová	27.10.1992	38,90	1.55,80	4.18,38	-	-
4	CZE	Martina Sáblíková	27.05.1987	40,01	1.54,55	3.55,83	6.45,61	161,252
5	DEN	Cathrine Grage	13.10.1973	42,27	1.59,86	4.07,73	7.10,24	173,171
6	GER	Daniela Anschütz-Thoms	20.11.1974	39,38	1.53,80	3.58,07	6.56,15	160,374
7	GER	Stephanie Beckert	30.05.1988	42,14	1.58,45	3.56,80	6.52,79	168,197
8	GER	Kathrin Mattscherodt	26.10.1981	40,95	1.58,33	4.03,89	7.05,01	166,731
9	GER	Isabell Ost	21.10.1988	40,91	1.57,31	4.09,88	7.28,19	175,121
10	GER	<i>Lucille Weber (sub)</i>	<i>24.11.1977</i>	<i>40,22</i>	<i>1.57,13</i>	<i>4.04,26</i>	<i>7.13,11</i>	<i>166,885</i>
11	HUN	Ágota Tóth	08.09.1987	40,38	2.05,95	4.23,91	-	-
12	NED	Paulen van Deutekom	04.02.1981	39,40	1.54,44	3.59,18	7.02,40	161,229
13	NED	Dianne Valkenburg	30.08.1984	40,17	1.55,79	4.03,86	7.10,62	165,626
14	NED	Jorien Voorhuis	26.08.1984	39,87	1.56,08	4.01,75	7.08,52	164,241
15	NED	Ireen Wüst	01.04.1986	38,44	1.52,38	3.59,74	6.57,87	158,662
16	NED	<i>Yvonne Nauta (sub)</i>	<i>21.02.1991</i>	<i>40,86</i>	<i>2.00,79</i>	<i>4.10,72</i>	<i>7.20,52</i>	<i>169,859</i>
17	NOR	Hege Bøkko	05.09.1991	39,82	1.57,96	4.21,90	8.11,03	181,542
18	NOR	Maren Haugli	03.03.1985	39,94	1.55,99	4.00,34	6.54,98	160,157
19	NOR	Ida Njåtun	06.02.1991	40,66	1.59,10	4.21,58	8.11,55	184,579
20	NOR	<i>Mari Hemmer (sub)</i>	<i>20.11.1983</i>	<i>40,76</i>	<i>1.59,87</i>	<i>4.08,72</i>	<i>7.10,45</i>	<i>165,719</i>
21	POL	Katarzyna Bachleda-Curuś	01.01.1980	39,08	1.54,97	4.04,08	7.18,56	166,193
22	POL	Katarzyna Woźniak	05.10.1989	40,16	1.58,84	4.09,42	8.07,69	177,653
23	POL	Luiza Złotkowska	25.05.1986	40,61	1.57,24	4.08,05	7.15,41	179,426
24	POL	<i>Natalia Czerwonka (sub)</i>	<i>20.10.1988</i>	<i>40,25</i>	<i>1.57,87</i>	<i>4.14,76</i>	<i>7.48,60</i>	<i>180,212</i>
25	ROU	Daniela Oltean	24.07.1980	41,15	2.00,81	4.10,96	7.27,14	171,145
26	RUS	Yekaterina Lobysheva	13.03.1985	38,56	1.55,59	4.09,32	7.31,20	166,786
27	RUS	Yekaterina Shikhova	25.06.1985	38,72	1.54,78	4.14,06	7.24,64	166,730
28	RUS	Svetlana Vysokova	12.05.1972	40,50	1.59,97	4.04,18	7.07,08	166,958
29	RUS	<i>Galina Likhachova (sub)</i>	<i>15.07.1977</i>	<i>40,17</i>	<i>1.56,37</i>	<i>4.04,75</i>	<i>7.20,98</i>	<i>167,706</i>
30	SWE	Marita Johansson	09.07.1984	41,64	2.02,06	4.16,70	7.33,03	172,255
31	UKR	Yelena Myagkikh	23.12.1978	40,82	2.00,21	4.15,30	7.36,17	171,933

# ISU Essent European Speed Skating Championships 2010

## Hamar Olympic Hall "Vikingskipet", January 9-10, 2010

### List of final entries – and their PBs *(as of January 7<sup>th</sup>, 2010)*

Samalog = Total points in "Small" (ladies) and "Big Combination" (men) in a four-distance event

<b>M E N</b>			<b>Personal best times</b>					
St.no.	Nat	Competitor	Born	500 m	1500 m	5000 m	10000 m	Samalog
51	AUT	Christian Pichler	12.07.1988	37,00	1.48,03	6.36,46	14.09,68	164,764
52	BEL	Kris Schildermans	08.04.1984	39,68	1.51,46	6.29,17	13.42,56	157,594
53	BLR	Vitaly Mikhailov	24.08.1986	36,48	1.47,45	6.26,09	13.57,22	-
54	CZE	Milan Šablík	14.03.1991	37,79	1.49,03	6.41,70	14.04,71	-
55	CZE	<i>Pavel Kulma (sub)</i>	<i>03.11.1989</i>	<i>39,03</i>	<i>1.52,99</i>	<i>6.38,55</i>	<i>14.26,92</i>	-
56	ESP	Asier Peña Iturria	15.04.1977	40,33	1.58,24	6.51,72	14.35,06	176,570
57	FIN	Niko Räsänen	05.01.1990	38,40	1.48,81	6.41,45	14.26,89	170,502
58	FRA	Pascal Briand	09.07.1976	36,51	1.47,24	6.33,12	13.34,10	-
59	FRA	Alexis Contin	19.10.1986	36,79	1.44,73	6.15,74	13.37,87	-
60	GER	Patrick Beckett	17.04.1990	38,00	1.50,65	6.19,82	-	-
61	GER	<i>Tobias Schneider (sub)</i>	<i>23.07.1981</i>	<i>36,94</i>	<i>1.45,82</i>	<i>6.21,55</i>	<i>13.16,36</i>	<i>152,159</i>
62	GER	Marco Weber	28.09.1982	37,74	1.50,28	6.23,95	13.18,60	155,102
63	GER	Robert Lehmann	09.01.1984	36,34	1.45,03	6.20,16	13.22,33	153,304
64	ITA	Matteo Anesi	16.08.1984	36,35	1.43,83	6.28,37	14.01,78	155,885
65	ITA	Enrico Fabris	05.10.1981	35,99	1.43,48	6.06,06	13.10,60	147,216
66	ITA	<i>Luca Stefani (sub)</i>	<i>22.02.1987</i>	<i>37,11</i>	<i>1.48,20</i>	<i>6.20,71</i>	<i>13.38,33</i>	<i>160,615</i>
67	LAT	Haralds Silovs	07.04.1986	37,05	1.45,90	6.17,13	-	-
68	NED	Jan Blokhuisen	01.04.1989	36,12	1.46,46	6.15,84	13.31,11	155,306
69	NED	Sven Kramer	23.04.1986	36,17	1.43,54	6.03,32	12.41,69	147,567
70	NED	Wouter Olde Heuvel	18.08.1986	36,65	1.44,46	6.16,26	13.17,08	149,836
71	NED	Renz Rotteveel	27.01.1989	37,40	1.47,97	6.25,73	13.47,36	160,383
72	NED	<i>Ted-Jan Bloemen (sub)</i>	<i>16.08.1986</i>	<i>36,95</i>	<i>1.46,52</i>	<i>6.17,07</i>	<i>13.11,79</i>	<i>150,861</i>
73	NOR	Håvard Bøkko	02.02.1987	35,86	1.42,67	6.09,94	13.00,65	148,077
74	NOR	Henrik Christiansen	10.02.1983	37,23	1.47,09	6.15,41	13.21,61	151,049
75	NOR	Sverre Haugli	02.10.1982	37,52	1.46,98	6.18,09	13.12,75	152,777
76	NOR	Fredrik van der Horst	02.12.1989	36,70	1.47,32	6.27,87	13.48,67	155,557
77	NOR	<i>Sverre Lunde Pedersen (sub)</i>	<i>17.07.1992</i>	<i>37,38</i>	<i>1.47,53</i>	<i>6.40,47</i>	<i>14.53,91</i>	<i>165,576</i>
78	POL	Zbigniew Bródka	08.10.1984	36,66	1.45,48	6.36,67	14.54,54	165,286
79	POL	Konrad Niedźwiedzki	02.01.1985	35,29	1.43,71	6.29,14	13.51,95	151,057
80	POL	<i>Sławomir Chmura (sub)</i>	<i>05.11.1983</i>	<i>38,20</i>	<i>1.52,07</i>	<i>6.23,99</i>	<i>13.32,67</i>	<i>162,889</i>
81	ROU	Marian Christian Ion	14.09.1988	38,86	1.51,62	6.31,58	14.04,94	167,556
82	RUS	Denis Anisimov	13.03.1988	37,74	1.49,94	6.41,73	14.23,80	163,450
83	RUS	Aleksandr Rumyantsev	05.12.1986	37,60	1.50,35	6.25,52	13.30,69	156,491
84	RUS	Ivan Skobrev	08.02.1983	36,00	1.43,49	6.10,58	13.01,41	151,533
85	RUS	<i>Sergey Gryaztsov (sub)</i>	<i>26.07.1986</i>	<i>37,54</i>	<i>1.49,71</i>	<i>6.45,56</i>	<i>14.19,68</i>	<i>159,115</i>
86	SUI	Jan Caflisch	13.09.1983	39,42	1.57,02	6.47,85	14.09,05	164,472
87	SWE	Joel Eriksson	16.09.1984	35,95	1.43,90	6.27,98	14.40,52	165,485
88	SWE	Daniel Friberg	10.07.1986	36,10	1.44,97	6.44,10	14.25,72	172,454
89	SWE	Johan Røjler	11.11.1981	37,05	1.45,85	6.18,35	13.08,42	151,496
90	SWE	<i>Ola Røjler (sub)</i>	<i>05.04.1985</i>	<i>38,52</i>	<i>1.56,62</i>	<i>6.54,33</i>	<i>15.21,04</i>	<i>169,053</i>

# WORLD ALL TIME BEST SKATERS

## “ADELSKALENDEREN”, MEN -“Top-100” as of Jan. 7<sup>th</sup>, 2010

Listed by Magne Teigen, WSSSA - New PBs from season 2009/10 in underlined

Rank	Name	Born	Nat	500 m	1500 m	5000 m	10000 m	(Last)	Points
1	Shani DAVIS	13.08.82	USA	34,78	<u>1.41,04</u>	6.10,49	13.05,94	(10)	<u>144,806</u>
2	Sven KRAMER	23.04.86	NED	<u>36,17</u>	<u>1.43,54</u>	6.03,32	12.41,69	(10)	<u>145,099</u>
3	Chad HEDRICK	17.04.77	USA	<u>35,52</u>	<u>1.42,14</u>	6.09,68	12.55,11	(10)	<u>145,289</u>
4	Håvard BØKKO	02.02.87	NOR	35,86	1.42,67	6.09,94	13.00,65	(09)	146,109
5	Enrico FABRIS	05.10.81	ITA	35,99	<u>1.43,48</u>	<u>6.06,06</u>	13.10,60	(10)	<u>146,619</u>
6	Ivan SKOBREV	08.02.83	RUS	36,00	<u>1.43,49</u>	<u>6.10,58</u>	<u>13.01,41</u>	(10)	<u>146,624</u>
7	Trevor MARSICANO	05.04.89	USA	<u>35,72</u>	1.42,31	6.16,55	<u>13.21,06</u>	(10)	<u>147,531</u>
8	Jochem UYTDEHAAGE	09.07.76	NED	36,27	1.44,57	6.14,66	12.58,92	(06)	147,538
9	Carl VERHEIJEN	26.05.75	NED	36,99	1.45,78	6.08,98	12.55,30	(07)	147,913
10	Eskil ERVIK	11.01.75	NOR	37,03	1.45,73	6.10,65	12.59,69	(06)	148,322
11	Denny MORRISON	08.09.85	CAN	34,85	1.42,01	6.24,13	13.41,65	(08)	148,348
12	Erben WENNEMARS	01.11.75	NED	34,68	1.42,32	6.28,42	13.35,67	(08)	148,411
13	Wouter OLDE HEUVEL	18.08.86	NED	36,65	1.44,46	6.16,26	13.17,08	(09)	148,950
14	Derek PARRA	15.03.70	USA	35,88	1.43,95	6.17,98	13.33,44	(02)	149,000
15	Arne DANKERS	01.06.80	CAN	37,58	1.44,01	6.14,01	13.10,58	(08)	149,180
16	Mark TUITERT	04.04.80	NED	<u>35,20</u>	1.42,87	6.27,63	13.38,91	(09)	<u>149,198</u>
17	Lucas MAKOWSKY	30.05.87	CAN	36,15	<u>1.43,53</u>	<u>6.24,57</u>	13.21,92	(10)	<u>149,213</u>
18	Robert LEHMANN	09.01.84	GER	36,34	<u>1.45,03</u>	6.20,16	13.22,33	(10)	<u>149,482</u>
19	Bob de JONG	13.11.76	NED	37,86	1.48,22	<u>6.08,76</u>	<u>12.53,63</u>	(10)	<u>149,490</u>
20	Dmitry BABENKO	22.03.85	KAZ	36,83	1.45,26	6.20,32	13.11,13	(08)	149,504
21	Ippolito SANFRATELLO	11.03.73	ITA	36,59	1.46,13	6.16,27	13.18,98	(06)	149,542
22	Gianni ROMME	12.02.73	NED	36,97	1.47,88	6.14,70	13.03,40	(05)	149,570
23	Johan RÖJLER	11.11.81	SWE	37,05	<u>1.45,85</u>	6.18,35	13.08,42	(10)	<u>149,589</u>
24	Rintje RITSMA	13.04.70	NED	35,90	1.45,86	6.20,26	13.28,19	(06)	149,621
25	Steven ELM	12.08.75	CAN	35,81	1.44,22	6.22,79	13.36,25	(08)	149,641
26	Jan BLOKHUIJSEN	01.04.89	NED	36,12	1.46,46	<u>6.15,84</u>	<u>13.31,11</u>	(10)	<u>149,745</u>
27	Ted-Jan BLOEMEN	16.08.86	NED	36,95	1.46,52	6.17,07	13.11,79	(09)	149,752
28	Dmitry SHEPEL	08.08.78	RUS	36,13	1.45,98	6.21,85	13.23,83	(02)	149,832
29	Tom PRINSEN	09.09.82	NED	36,96	1.46,81	6.17,34	13.14,95	(09)	149,974
30	Brian HANSEN	03.09.90	USA	36,01	<u>1.44,45</u>	<u>6.23,44</u>	<u>13.36,28</u>	(10)	<u>149,984</u>
31	KC BOUTIETTE	11.04.70	USA	36,09	1.46,78	6.22,97	13.21,06	(04)	150,033
32	Alex CONTIN	19.10.86	FRA	36,79	<u>1.44,73</u>	<u>6.15,74</u>	13.37,87	(10)	<u>150,167</u>
33	Tobias SCHNEIDER	23.07.81	GER	36,94	1.45,82	6.21,55	13.16,36	(08)	150,186
34	Rhian KET	16.08.83	NED	36,22	<u>1.44,06</u>	6.24,88	13.38,05	(10)	<u>150,296</u>
35	Justin WARSYLEWICZ	19.11.85	CAN	36,75	1.45,57	6.20,04	13.28,21	(07)	150,354
36	Konrad NIEDZWIEDZKI	02.01.85	POL	<u>35,29</u>	<u>1.43,71</u>	6.29,14	13.51,95	(10)	<u>150,371</u>
37	Jay MORRISON	05.08.83	CAN	36,22	1.45,27	6.26,36	13.30,17	(08)	150,390
38	Henrik CHRISTIANSEN	10.02.83	NOR	37,23	<u>1.47,09</u>	<u>6.15,41</u>	13.21,61	(10)	<u>150,547</u>
39	Sverre HAUGLI	02.10.82	NOR	37,52	1.46,98	<u>6.18,09</u>	13.12,75	(10)	<u>150,626</u>
40	Jonathan KUCK	<u>14.03.90</u>	USA	<u>36,75</u>	<u>1.45,71</u>	<u>6.22,79</u>	<u>13.30,14</u>	(10)	<u>150,772</u>
41	Yevgeny LALENKOV	16.02.81	RUS	<u>35,47</u>	1.43,16	6.31,59	13.55,36	(10)	<u>150,783</u>
42	Dustin MOLICKI	13.08.75	CAN	36,19	1.46,00	6.26,29	13.34,58	(02)	150,881
43	Ryan BEDFORD	20.10.86	USA	37,16	<u>1.45,86</u>	<u>6.25,49</u>	<u>13.20,46</u>	(10)	<u>151,018</u>
44	Sicco JANMAAT	22.11.78	NED	36,97	1.46,72	6.22,38	13.26,55	(06)	151,108
45	Hiroki HIRAKO	06.08.82	JPN	37,10	1.47,77	6.21,98	13.19,64	(09)	151,203
46	Lasse SÆTRE	10.03.74	NOR	38,15	1.49,36	6.17,60	12.56,85	(06)	151,205
47	Koen VERWEIJ	26.08.90	NED	36,84	<u>1.47,25</u>	<u>6.24,22</u>	<u>13.27,27</u>	(10)	<u>151,375</u>
48	Ben JONGEJAN	09.01.85	NED	36,89	1.47,11	6.26,08	13.24,76	(08)	151,439
49	Vadim SAYUTIN	31.12.70	RUS	37,67	1.46,99	6.23,47	13.17,83	(02)	151,571
50	Roberto SIGHEL	17.02.67	ITA	36,93	1.47,47	6.25,11	13.26,19	(02)	151,573
51	Øystein GRØDUM	15.02.77	NOR	39,10	1.48,52	6.15,50	12.56,38	(08)	151,642
52	Mathieu GIROUX	<u>02.03.86</u>	CAN	37,60	<u>1.44,64</u>	<u>6.24,51</u>	<u>13.34,74</u>	(10)	<u>151,668</u>
53	Keiji SHIRAHATA	08.10.73	JPN	37,18	1.47,78	6.26,04	13.19,92	(02)	151,706
54	Paul DYRUD	04.11.85	USA	<u>36,85</u>	<u>1.45,95</u>	<u>6.25,80</u>	<u>13.39,27</u>	(10)	<u>151,709</u>
55	Ids POSTMA	28.12.73	NED	35,99	1.45,41	6.32,92	13.45,91	(02)	151,713
56	Stefano DONAGRANDE	01.09.76	ITA	36,67	1.45,52	6.26,02	13.47,67	(06)	151,828
57	Matteo ANESI	16.08.84	ITA	<u>36,35</u>	<u>1.43,83</u>	<u>6.28,37</u>	14.01,78	(10)	<u>151,886</u>
58	Simon KUIPERS	09.08.82	NED	34,78	1.42,37	6.21,57	14.56,67	(08)	151,893
59	Odd Bohlin BORGERSEN	10.04.80	NOR	37,73	1.49,57	6.19,20	13.15,67	(06)	151,956
60	Tim ROELOFSEN	28.12.87	NED	36,29	1.45,83	6.24,71	13.59,68	(09)	152,021
61	Stefan HEYTHAUSEN	27.05.81	GER	36,44	1.45,82	6.31,53	13.45,53	(08)	152,142
62	Boris KUSMIRAK	01.07.86	NED	38,32	1.47,80	6.20,56	13.16,77	(09)	152,147
63	Luca STEFANI	22.02.87	ITA	37,11	1.48,20	<u>6.20,71</u>	13.38,33	(10)	<u>152,163</u>
64	Bright RYKKJE	16.06.75	NED	37,88	1.50,28	6.22,38	13.06,03	(07)	152,179
65	Frank VREUGDENHIL	17.10.84	KAZ	<u>37,10</u>	1.49,25	6.23,16	13.27,85	(10)	<u>152,224</u>
66	Pascal BRIAND	09.07.76	FRA	<u>36,51</u>	1.47,24	6.33,12	13.34,10	(10)	<u>152,273</u>
67	Christian BREUER	03.11.76	GER	35,57	1.45,49	6.35,22	14.01,80	(06)	152,345
68	Artyom DETYSHEV	21.07.78	RUS	38,04	1.49,99	6.17,25	13.18,61	(06)	152,358
69	Petter ANDERSEN	02.01.74	NOR	35,52	1.45,32	6.34,81	14.05,19	(06)	152,366
70	Takahiro USHIYAMA	01.05.81	JPN	36,06	1.46,75	6.28,03	14.01,82	(06)	152,537
71	Jamie IVEY	31.03.76	CAN	36,49	1.47,50	6.29,72	13.45,01	(06)	152,545
72	Roger SCHNEIDER	22.05.83	SUI	38,37	1.48,63	6.21,69	13.16,74	(09)	152,586



73	Joey CHEEK	22.06.79	USA	34,66	1.44,98	6.42,57	14.13,81	(03)	152,600
74	Bart VELDKAMP	22.11.67	BEL	37,55	1.49,00	6.23,64	13.27,48	(02)	152,621
75	Philippe RIOPEL	29.08.88	CAN	35,34	<u>1.46.38</u>	6.35,77	14.05,12	(10)	<u>152,633</u>
	- Arjen van der KIEFT	<u>17.05.85</u>	NED	38,36	1.51,33	<u>6.20.14</u>	<u>13.02.99</u>	(10)	<u>152,633</u>
77	Pawel ZYGMUNT	15.07.72	POL	37,69	1.49,60	6.24,48	13.19,73	(06)	152,657
78	Fredrik van der HORST	<u>02.12.89</u>	NOR	<u>36.70</u>	<u>1.47.32</u>	<u>6.27.87</u>	<u>13.48.67</u>	(10)	<u>152,693</u>
79	Aleksandr KIBALKO	25.10.73	RUS	35,64	1.45,02	6.32,56	14.16,63	(06)	152,733
80	Kwun-Won CHOI	06.06.82	KOR	36,53	1.47,50	6.30,12	13.47,34	(09)	152,742
81	Xuefeng GAO	22.03.80	CHN	37,05	1.45,74	6.26,68	13.55,75	(07)	152,751
82	Vitaly MIKHAILOV	24.08.86	BLR	36,48	1.47,45	6.26,09	13.57,22	(08)	152,766
83	Chris CALLIS	08.11.79	USA	35,71	1.45,84	6.36,29	14.04,02	(03)	152,820
84	Ralf van der RIJST	16.03.77	NED	36,69	1.46,36	6.31,85	13.49,91	(06)	152,823
85	Marco WEBER	28.09.82	GER	37,74	1.50,28	6.23,95	13.18,60	(09)	152,825
86	Kevin MARSHALL	12.01.73	CAN	36,11	1.46,75	6.34,37	13.54,11	(02)	152,835
87	Hiroyuki NOAKE	24.08.74	JPN	35,61	1.46,34	6.33,49	14.08,96	(01)	152,853
88	Yuri SOLINGER	19.08.79	NED	36,08	1.46,50	6.32,62	14.01,14	(07)	152,879
89	Joon MUN	14.07.82	KOR	34,43	1.43,87	6.37,23	14.42,76	(08)	152,914
90	Tom SCHUIT	11.01.89	NED	37,30	1.48,95	6.21,96	13.42,33	(08)	152,928
91	Kesato MIYAZAKI	04.04.81	JPN	37,53	1.48,92	6.26,35	13.31,24	(06)	153,033
92	Justin STELLY	<u>06.07.87</u>	USA	<u>36.62</u>	<u>1.48.65</u>	6.29,94	13.23,94	(10)	<u>153,037</u>
93	Shigeyuki DEJIMA	13.05.82	JPN	37,66	<u>1.48.65</u>	<u>6.24.13</u>	13.35,14	(10)	<u>153,046</u>
94	Sebastian DRUSZKIEWICZ	14.06.86	POL	<u>37.76</u>	<u>1.48.74</u>	<u>6.25.70</u>	13.30,89	(10)	<u>153,120</u>
95	Andrey BURLYAYEV	18.05.83	RUS	37,02	1.47,36	6.32,90	13.41,18	(07)	153,155
96	Martin HERSMAN	26.02.74	NED	36,38	1.46,76	6.31,62	14.01,42	(02)	153,199
97	Clay RUTLE	29.09.79	USA	37,08	1.46,27	6.29,61	13.56,63	(06)	153,295
98	Renz MOTTVEEL	<u>27.01.89</u>	NED	<u>37.40</u>	<u>1.47.97</u>	<u>6.25.73</u>	<u>13.47.36</u>	(10)	<u>153,331</u>
99	Stefan WAPLES	<u>04.05.87</u>	CAN	<u>37.06</u>	<u>1.48.11</u>	6.34,74	13.36,26	(10)	<u>153,383</u>
100	Joel ERIKSSON	<u>16.09.84</u>	SWE	<u>35.95</u>	<u>1.43.90</u>	6.27,98	14.40,52	(10)	<u>153,407</u>

### **“ADELSKALENDEREN”, LADIES -“Top-100” as of Jan. 7<sup>th</sup>, 2010**

Rank	Name	Born	Nat	500 m	1500 m	3000 m	5000 m	(Last)	Points
1	Cindy KLASSEN	12.08.79	CAN	37,51	1.51,79	3.53,34	6.48,97	(06)	154,560
2	Anni FRIESINGER	11.01.77	GER	37,77	1.53,09	3.58,52	6.58,39	(08)	157,058
3	Claudia PECHSTEIN	22.02.72	GER	38,99	1.54,31	3.57,46	6.46,91	(08)	157,342
4	Kristina GROVES	04.12.76	CAN	38,75	1.53,18	<u>3.58.11</u>	6.54,55	(10)	<u>157,616</u>
5	Ireen WÜST	01.04.86	NED	38,44	1.52,38	3.59,74	6.57,87	(08)	157,643
6	Martina SÁBLÍKOVÁ	27.05.87	CZE	<u>40.01</u>	1.54,55	3.55,83	6.45,61	(10)	<u>158,059</u>
7	Daniela ANSCHÜTZ-THOMS	20.11.74	GER	39,38	1.53,80	<u>3.58.07</u>	6.56,15	(10)	<u>158,606</u>
8	Christine NESBITT	17.05.85	CAN	38,41	1.52,75	4.05,42	7.07,15	(10)	<u>159,321</u>
9	Renate GROENEWOLD	08.10.76	NED	39,48	1.55,29	3.55,98	7.01,21	(08)	159,361
10	Maki TABATA	09.11.74	JPN	39,18	<u>1.54.28</u>	4.01,01	7.00,09	(10)	<u>159,450</u>
11	Jennifer RODRIGUEZ	08.06.76	USA	37,87	<u>1.54.59</u>	4.04,99	7.07,93	(10)	<u>159,557</u>
12	Paulien van DEUTEKOM	04.02.81	NED	39,67	1.54,44	3.59,18	7.02,40	(08)	159,649
13	Varvara BARYSHEVA	24.03.77	RUS	38,86	1.55,22	4.05,73	6.56,97	(02)	159,918
14	Fei WANG	20.08.84	CHN	39,05	1.54,35	4.01,98	7.06,44	(07)	160,140
15	Maren HAUGLI	03.03.85	NOR	39,94	1.55,99	4.00,34	6.54,98	(06)	160,157
16	Gunda NIEMANN-STIRNEMANN	07.09.66	GER	40,34	1.55,62	4.00,26	6.52,44	(01)	160,167
17	Tonny de JONG	17.07.74	NED	39,36	1.56,02	4.00,49	7.01,17	(02)	160,231
18	Shannon REMPEL	26.11.84	CAN	37,80	1.54,60	4.09,78	7.12,16	(09)	160,846
19	Tessa van DIJK	23.02.86	NED	39,73	1.56,47	4.02,19	7.00,10	(06)	160,928
20	Brittany SCHUSSLER	21.04.85	CAN	39,08	<u>1.54.85</u>	<u>4.03.17</u>	7.10,64	(10)	<u>160,955</u>
21	Elma de VRIES	20.03.83	NED	40,06	<u>1.54.55</u>	<u>4.03.18</u>	7.02,48	(10)	<u>161,021</u>
22	Clara HUGHES	27.09.72	CAN	41,19	1.57,46	3.59,06	6.53,04	(08)	161,490
23	Marja VIS	15.01.77	NED	39,86	1.55,99	4.04,49	7.02,51	(07)	161,522
24	Catherine RANEY	20.06.80	USA	40,51	1.57,34	4.01,98	6.56,92	(06)	161,645
25	Wieteke CRAMER	13.06.81	NED	39,37	1.56,94	4.04,51	7.05,94	(07)	161,695
26	Jorien VOORHUIS	26.08.84	NED	39,87	1.56,08	4.01,75	7.08,52	(09)	161,706
27	Barbara de LOOR	26.05.74	NED	39,79	1.55,83	4.04,56	7.07,49	(05)	161,909
28	Katarzyna BACHLEDA-CURUS	01.01.80	POL	39,08	<u>1.54.97</u>	4.04,08	7.18,56	(10)	<u>161,939</u>
29	Jilleanne ROOKARD	<u>09.01.83</u>	USA	<u>40.30</u>	<u>1.56.79</u>	<u>4.03.70</u>	<u>7.03.28</u>	(10)	<u>162,174</u>
30	Masako HOZUMI	11.09.86	JPN	40,89	<u>1.56.01</u>	<u>4.01.87</u>	7.03,56	(10)	<u>162,227</u>
31	Marrit LEENSTRA	10.05.89	NED	38,87	1.55,14	4.08,34	7.16,55	(08)	162,260
32	Jia JI	22.01.85	CHN	39,46	1.54,62	4.05,05	7.17,70	(08)	162,277
33	Emese HUNYADY	04.03.66	AUT	38,87	1.56,51	4.06,55	7.15,23	(02)	162,320
34	Stephanie BECKERT	30.05.88	GER	42,14	<u>1.58.45</u>	<u>3.56.80</u>	<u>6.52.79</u>	(10)	<u>162,368</u>
35	Diane VALKENBURG	30.08.84	NED	<u>40.17</u>	1.55,79	4.03,86	7.10,62	(10)	<u>162,471</u>
36	Eriko ISHINO	01.12.85	JPN	40,28	1.58,31	4.03,45	7.03,34	(06)	162,625
37	Annamarie THOMAS	15.09.71	NED	38,97	1.55,50	4.11,45	7.16,97	(02)	163,075
38	Maria LAMB	04.01.86	USA	39,29	1.58,03	4.08,90	<u>7.09.42</u>	(10)	<u>163,078</u>
39	Li SONG	10.03.81	CHN	39,06	1.55,79	4.07,01	7.23,15	(01)	163,139
40	Nicole GARRIDO	29.12.88	CAN	40,49	1.58,45	4.04,49	7.04,34	(09)	163,155
41	Lucille OPITZ	24.11.77	GER	40,22	1.57,13	4.04,26	7.13,11	(08)	163,284
42	Lisette van der GEEST	21.09.83	NED	40,28	1.57,58	4.04,03	7.13,86	(09)	163,530
43	Katrin MATTSCHERODT	26.10.81	GER	<u>40.95</u>	<u>1.58.33</u>	<u>4.03.89</u>	<u>7.05.01</u>	(10)	<u>163,542</u>
44	Nami NEMOTO	24.03.75	JPN	40,66	1.57,97	4.04,91	7.08,60	(06)	163,661
45	Nancy SWIDER-PELTZ Jr	10.01.87	USA	40,17	<u>1.58.73</u>	<u>4.06.04</u>	<u>7.09.12</u>	(10)	<u>163,664</u>
46	Moniek KLEINSMAN	03.11.82	NED	40,41	1.58,95	<u>4.05.97</u>	7.06,47	(10)	<u>163,702</u>
47	Yekaterina LOBYSHEVA	13.03.85	RUS	38,56	1.55,59	4.09,37	7.31,20	(09)	163,763



48	<b>Yekaterina SHIKHOVA</b>	25.05.85	RUS	<u>38,72</u>	<u>1.54,78</u>	<u>4.14,06</u>	7.24,64	(10)	<u>163,787</u>
49	<b>Yekaterina ABRAMOVA</b>	14.04.82	RUS	<u>38,74</u>	1.57,21	4.09,44	7.24,14	(10)	<u>163,797</u>
50	<b>Galina LIKHACHOVA</b>	15.07.77	RUS	40,17	1.56,37	4.04,75	7.20,98	(08)	163,849
51	<b>Shiho ISHIZAWA</b>	23.10.86	JPN	40,61	1.59,28	<u>4.04,15</u>	7.08,06	(10)	<u>163,867</u>
52	<b>Hiroshi OTSU</b>	22.05.84	JPN	40,82	1.56,93	4.05,71	7.11,29	(08)	163,876
53	<b>Svetlana VYSOKOVA</b>	12.05.72	RUS	40,50	1.59,97	4.04,18	7.07,08	(07)	163,894
54	<b>Helen van GOOZEN</b>	25.12.80	NED	40,69	1.58,83	4.06,06	7.06,84	(06)	163,994
55	<b>Anna ROKITA</b>	30.01.86	AUT	<u>40,63</u>	<u>1.58,25</u>	4.05,17	7.11,72	(10)	<u>164,079</u>
56	<b>Eriko SEO</b>	12.03.79	JPN	40,52	1.58,46	4.07,25	7.09,95	(06)	164,209
57	<b>Chiara SIMIONATO</b>	04.07.75	ITA	37,86	1.54,38	4.07,66	7.49,60	(08)	164,222
58	<b>Ju-Youn LEE</b>	29.10.87	KOR	40,38	1.57,09	4.05,64	7.18,85	(09)	164,235
59	<b>Frédérique ANKONÉ</b>	07.12.81	NED	40,53	1.58,33	4.09,53	7.07,26	(05)	164,287
60	<b>Cindy OVERLAND</b>	19.02.76	CAN	39,78	1.57,67	4.11,24	7.14,31	(02)	164,307
61	<b>Lyudmila PROKASHEVA</b>	23.01.69	KAZ	41,06	1.58,64	4.05,01	7.09,42	(01)	164,383
62	<b>Gretha SMIT</b>	20.01.76	NED	42,18	2.02,02	4.03,80	6.49,22	(07)	164,408
63	<b>Annouk van der WEIJDEN</b>	27.06.86	NED	39,70	1.59,15	<u>4.14,28</u>	7.07,02	(10)	<u>164,498</u>
64	<b>Luiza ZŁOTKOWSKA</b>	<u>25.05.86</u>	POL	<u>40,61</u>	<u>1.57,24</u>	<u>4.08,05</u>	<u>7.15,41</u>	(10)	<u>164,572</u>
65	<b>Feifei DONG</b>	03.08.82	CHN	39,48	<u>1.56,90</u>	<u>4.13,63</u>	7.19,76	(10)	<u>164,693</u>
66	<b>Valentina YAKSHINA</b>	06.02.74	RUS	41,11	1.58,56	4.07,52	7.08,42	(06)	164,725
67	<b>Jinjin XU</b>	20.08.87	CHN	39,88	1.55,36	4.08,34	7.30,06	(09)	164,729
68	<b>Eun-Bi BAK</b>	14.09.79	KOR	40,02	1.59,54	4.09,91	7.13,60	(00)	164,877
69	<b>Katrin KALEX</b>	14.02.79	GER	40,46	1.58,57	4.08,10	7.17,22	(06)	165,055
70	<b>Mari HEMMER</b>	20.11.83	NOR	40,76	1.59,87	4.08,72	7.10,45	(08)	165,214
71	<b>Yuliya SKOKOVA</b>	01.12.82	RUS	39,57	1.57,78	<u>4.08,40</u>	7.30,38	(10)	<u>165,268</u>
72	<b>Tatyana TRAPETZNIKOVA</b>	03.12.73	RUS	40,36	1.58,43	4.08,49	7.20,19	(02)	165,270
73	<b>Kerry SIMPSON</b>	06.11.81	CAN	38,76	1.57,57	4.13,49	7.31,21	(06)	165,319
74	<b>Becky SUNDSTROM</b>	10.05.76	USA	38,49	1.57,28	4.14,60	7.33,80	(03)	165,396
75	<b>Ingeborg KROON</b>	02.10.87	NED	39,56	1.58,58	4.09,87	7.26,73	(08)	165,404
76	<b>Anna RINGSRED</b>	<u>27.09.84</u>	USA	<u>39,87</u>	<u>1.57,86</u>	<u>4.12,83</u>	<u>7.21,18</u>	(10)	<u>166,412</u>
77	<b>Kristine HOLZER</b>	21.03.74	USA	41,52	1.58,24	4.08,46	7.11,31	(06)	165,474
78	<b>Natalya RYBAKOVA</b>	24.06.81	KAZ	<u>39,87</u>	1.57,51	4.09,82	7.28,07	(10)	<u>165,483</u>
79	<b>Natalya POLOZKOVA</b>	02.04.72	RUS	40,02	1.56,25	4.08,60	7.32,92	(01)	165,495
80	<b>Seon-Yeong NOH</b>	19.11.89	KOR	<u>41,00</u>	<u>1.56,38</u>	4.09,55	7.21,27	(10)	<u>165,511</u>
81	<b>Michèle D'AMOURS</b>	23.11.79	CAN	41,04	2.01,19	4.07,70	7.18,09	(07)	165,528
82	<b>Yang GAO</b>	02.12.80	CHN	39,81	1.59,51	4.09,86	7.23,72	(09)	165,661
83	<b>Eri NATORI</b>	<u>23.09.85</u>	JPN	41,92	<u>1.58,50</u>	<u>4.05,14</u>	<u>7.14,19</u>	(10)	<u>165,695</u>
84	<b>Olga TARASOVA</b>	28.02.71	RUS	40,34	1.58,83	4.12,27	7.17,31	(05)	165,726
85	<b>Mireille REITSMA</b>	31.05.78	NED	40,48	2.00,58	4.15,35	7.05,75	(08)	165,806
86	<b>Justine L'HEUREUX</b>	02.03.89	CAN	39,75	1.58,79	4.12,75	7.23,67	(08)	165,838
87	<b>Annette BJELKEVIK</b>	12.05.78	NOR	40,00	1.58,57	4.07,58	7.30,73	(06)	165,859
88	<b>Svetlana BASHANOVA</b>	01.12.72	RUS	40,77	1.59,46	4.12,02	7.13,12	(00)	165,905
89	<b>Alla SHABANOVA</b>	25.10.82	RUS	<u>39,44</u>	<u>1.57,02</u>	4.15,60	7.29,65	(10)	<u>166,011</u>
90	<b>Sandra 't HART</b>	30.08.74	NED	40,00	1.58,95	4.14,31	7.20,70	(05)	166,105
91	<b>Tara RISLING</b>	27.07.81	CAN	40,49	2.00,11	4.11,83	7.16,94	(05)	166,191
92	<b>Marieke WIJSMAN</b>	09.05.75	NED	38,31	2.00,03	4.17,22	7.30,33	(02)	166,223
93	<b>Yuri OBARA</b>	10.09.80	JPN	40,22	1.56,92	4.11,13	7.32,62	(06)	166,310
94	<b>Nicola MAYR</b>	06.04.78	ITA	39,85	1.59,89	4.14,41	7.22,20	(05)	166,434
95	<b>Isabell OST</b>	<u>21.10.88</u>	GER	40,91	<u>1.57,31</u>	<u>4.09,88</u>	<u>7.28,19</u>	(10)	<u>166,478</u>
96	<b>Nicole SLOT</b>	13.04.69	CAN	41,44	1.58,70	4.10,61	7.17,21	(02)	166,495
97	<b>Chris WITTY</b>	23.06.75	USA	38,36	1.55,71	4.22,57	7.38,20	(02)	166,511
98	<b>Cathrine GRAGE</b>	<u>13.10.76</u>	DEN	<u>42,27</u>	<u>1.59,86</u>	<u>4.07,73</u>	<u>7.10,24</u>	(10)	<u>166,535</u>
99	<b>Anette TØNSBERG</b>	02.04.70	NOR	40,24	2.00,10	4.12,92	7.21,57	(99)	166,583
100	<b>Chunyan FU</b>	<u>28.12.89</u>	CHN	41,32	<u>2.00,46</u>	<u>4.08,52</u>	<u>7.17,32</u>	(10)	<u>166,625</u>

Further statistics / informations you find on the official ECh-website :

[http://www.n-s-f.no/em\\_hamar\\_2010/index.htm](http://www.n-s-f.no/em_hamar_2010/index.htm)

For questions you may ask for me  
at the Press Center !

Magne Teigen -

Comments (corrections / additions) are welcome directly to: [mteigen@skoytesport.no](mailto:mteigen@skoytesport.no)

N-3628 Veggli, January 7<sup>th</sup>, 2010

Magne Teigen (sign.)

34,15 (34,15)  
1.05,80 (31,65)  
1.37,25 (31,45)  
2.08,83 (31,58)  
2.40,51 (31,64)  
3.11,91 (31,40)  
3.43,56 (31,65)  
4.15,18 (31,62)  
4.47,21 (32,03)  
5.18,91 (31,70)  
5.50,98 (32,07)  
6.22,32 (31,34)  
6.54,30 (31,98)  
7.25,16 (30,86)  
7.56,79 (31,63)  
8.28,27 (31,48)  
9.00,18 (31,91)  
9.30,97 (30,79)  
10.01,74 (30,77)  
10.30,76 (29,02)  
10.59,75 (28,99)  
11.29,39 (29,64)  
11.59,41 (30,02)  
12.29,55 (30,14)  
13.00,16 (30,61)  
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