

2014 Annual Report

NOURISHING • CONNECTING • EMPOWERING



2014 Annual Report

"This is the first time I have felt hopeful in a very long time." A new FamilyWorks participant

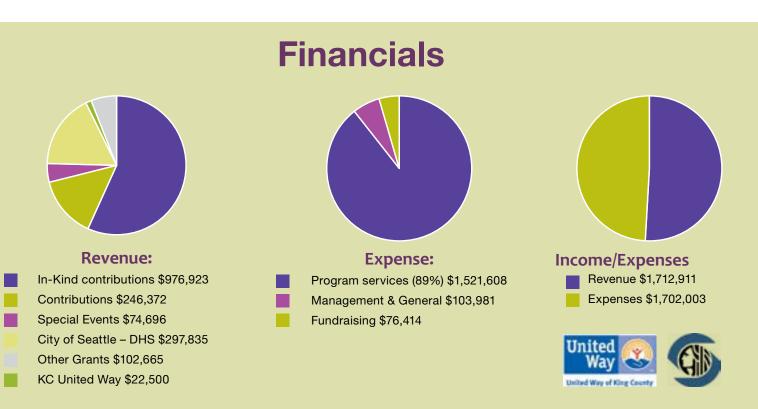
More families than ever found resources at the FamilyWorks Resource Center in 2014 (over 700) and more individuals (2,914) than the previous year found needed food through the FamilyWorks Food Bank and Delivery program. With the help of our amazing community of donors, partners and contributors, FamilyWorks was united in nourishing, connecting and empowering our community – making sure that people did not go hungry or without support. Please read more about how your investment is helping vulnerable people thrive and be resilient. We thank you for being part of this work!



JAMIE FLAXMAN, BOARD PRESIDENT



JAKE WEBER, EXECUTIVE DIRECTOR



We also welcomed Mike Cox to the helm, bringing with him 14 years of food bank experience at Chicken Soup Brigade.

We celebrate all of our FW staff, Board and volunteers!

Thank you to the: employees community fue of Boeing P

With a grant from Employees Community Fund of Boeing Puget Sound, we were able to purchase a Nissan Cargo Van, wrapped with a beautiful illustration by Hannah Allender. We started a Power Pack Program this year, providing backpacks of food to students in need of food over the weekends, at two local schools. mpolve

Highlights of 2014

Family Resource Center

Shirley Ferkingstad, Manager

It has been my pleasure to be part of the wonderful work of the Resource Center this year. I have watched my staff build webs of support for participants by listening, working together, and accessing resources in a thoughtful and caring way. We share the hope that in our work each of us can make a difference, rise up to challenges, and contribute. The Family Resource Center values and supports strong, healthy and self-sufficient families and individuals. With our small and dedicated staff we were able to provide this support to over 700 families with about 1,000 individuals making 22,000 visits to the resource center in 2014. Family Advocates spent time with over 300 families and 29 teen parents to help them on their path to resiliency.

"FamilyWorks is a welcoming place for families of all kinds. Sarah's support of my family utilizing the playroom regularly has been a consistent emotional boost during a difficult period. I'm so grateful for everything FamilyWorks has done for us." Playgroup Participant FamilyWorks works with many partners for the best outcome for families. Recently, our family advocate collaborated with WIC, Children's Hospital and Seattle Public Schools to address a child's developmental delay and the mom's isolation, food insecurity and depression.

Family Resource Center Program Services:

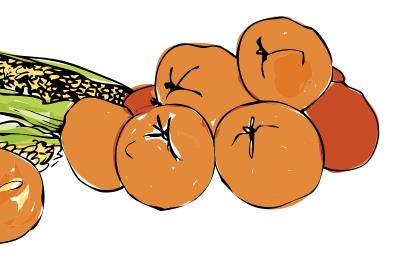
- Information & referral
- Family advocacy
- Parenting classes
- Free clothing, toys and books
- Parent/Child Playgroups
- Computer Tutoring
- Employment Advice
- Bus Tickets & Socks
- Single Parent events
- Teen Parent Program
- Family and Community events



Food Bank

Mike Cox, Manager

I'm thrilled to be managing FamilyWorks Food Bank! The opportunity to employ my years of food bank experience nourishing and strengthening families and individuals, is a privilege. Despite the upswing in our nation's economy, we still see increasing numbers of families, especially our seniors, living with food scarcity. We have expanded our Power Pack program to make sure that even more children receiving free breakfast and lunch at school don't go hungry over the weekend. We are working to broaden our outreach and bring essential resources to even more of our neighbors in need. Our impact on hunger must be defined by how well we help our neighbors in need live healthfully through proper nutrition. My desire is to make healthy nutrition more available to feed both the body and spirit of our food bank participants. We will continue to be strong advocates for those who are not able to speak for themselves. And we will work to ensure that no family sits down to an empty table.



"A few months ago I lost almost 60% of my income and was trying to stay afloat paying my bills and keeping a roof over my head. Buying food was the last thing on my mind. Searching for resources at the library I found out about the FamilyWorks Food Bank. I am so thankful because without this resource I would have nothing to eat." First time food bank participant

Food Program Services:

- The Food Bank served 2,839
 individuals in need with groceries through 25,775 visits.
- Home Delivery We made 2,640 deliveries of nutritious grocery bags to 75 homebound seniors in the community.
- •Power Pack Program 30 weekly bags of kid-friendly food for students in need at 2 local schools.
- Over 291 tons of food was collected from Northwest Harvest, Food Lifeline, local grocery stores, food drives, individuals and groups to distribute.

Roger, recently homeless, learned about our family advocate while at the food bank. She helped him sort out his SSI and he was able to pay for an apartment. He came back to talk to the family advocate about his health insurance status and furniture resources. Roger is looking forward to inviting friends over to his new place!

Highlights of 2014

onhecting

Chris Martino cooks up a Thanksgiving feast for 100 of our food bank customers at Nickerson Street Saloon.

Adobe prepares a BarBQ feast, so that participants, staff, volunteers and donors can eat together and build community.

Students from John Stanford International School collected 40 boxes of diapers and 170 jars of peanut butter!

Mandy Levenberg started Greater Good Granola, a granola business that benefits non-profits, raising over \$2,000 for FW!

Empowering

GREATER GOOD granola

Thank You To Our Volunteers!

Volunteers are really the heart and soul of this organization. It is because of volunteers that we are able to do so much more and do it well. Just a few things volunteers do for us: work in the food bank, help at events like Reading Rocks and single parent potlucks, transport produce from the Farmer's Market back to the food bank, and help with data entry and mailings. It is really special to see volunteers having a good time and interacting positively with our participants. Thank you for all you do! ~ Elizabeth Ralston, Volunteer Coordinator



Board of Directors Serving in 2014

*Those leaving the Board

E

Julie Daman Jamie Flaxman Lori Goode, President Cassy Johnson *3 years of service Will Lewis Kerwin Manuel *6 years of service Michelle Quesada Cathy Sander Nancy Swierkos Greg Traxler Kymber Waltmunson Lauren Woodman *4 years of service Laurence P. Wydro * 5 years of service

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*no longer at FW

Ava Dowell, Food Bank Manager * Elizabeth Ralston, Volunteer Coordinator Gladys Martinez, Teen Parent Coordinator Lexi Fleming, Family Advocate Leah Knopf, Family Programs Coordinator* Jake Weber, Executive Director James Moody, Food Bank Warehouse Coordinator Jesse Shandrowski, Driver Joey Ashenbrenner, Resource and **Development Manager** Larry Barnes, Food Bank Warehouse Coordinator Mike Cox, Food Bank Manager Sarah Turner, Family Programs Manager Shirley Ferkingstad, Resource Center Manager Virginia Gonzalez, Family Advocate

Interns

Steven Robinson, BSW Leah Knopf, MSW Anchor Church and other groups ensured that we never ran out of diapers, relieving parental stress and keeping babies healthier!

Call Electric and CP Carpenter pulled together all of their architect and contractor friends and collected a truckload, over 1500 lbs, of food!

Music Center Northwest – In it 27th year, singers at the Messiah Sing-a-Long at Phinney Lutheran Church contributed food and money for FamilyWorks.

Highlights of 2014

Seattle Park's Pathway of Lights – Luminaries lit up the pathway around the lake, and FW was the recipient of the evening's food drive.

Empowe

As you've read this year's annual report we hope it has highlighted for you the amazing things our program staff and participants have accomplished together in 2014. You, the donor, have made these accomplishments possible. At FamilyWorks we understand every donation to be a transference of values by the donor. We know that when we get to hand a bag of groceries to a hungry neighbor it's because our donors believe that no one in our community should go hungry. We know that when we have the opportunity to advocate for a vulnerable family who is desperate to access resources for their children it is only because our donors believe in creating a vibrant and resilient community for everyone. We are humbled by the trust you place in us to do this work and we are honored by your generous support and continued partnership. Thank you. ~ Joey Ashenbrenner, Development Manager

2014 Individual Cash Donations

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"I am making a donation of \$100. I picked FamilyWorks out of about five nonprofits. I like what you are doing becaue I always am hungry (even after eating) and can focus better when I am full." Roan Chadsey

In Honor Of

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2014 Business Cash Donations

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Music Center of the Northwest Pecado Bueno Peet's Coffee & Tea Greenlake Puget Sound Energy Seattle Bank Wallingford SOZO Spin's Barber Shop Tableau Foundation Twist Architecture Verizon Foundation WSECU Zymogenetics

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Molly Moon's Anna Banana Milk Fund

Thank you to all who donated milk in loving memory of Anna.

Amanda Abbott Eric Anderson Emilia Arnold Amanda Aude Matthew Bahner Laurel Bailev Brian Barnes Amber Bjarnason Samuel Bovarnick Kailee Bradley Marissa Bruno Andy Clausen Michael Craigwood Michele Crowley Mary Anne Davis Steve DeForest Nick Derrah Linda Derschang **Tucker Devault-Weaver** Ceiara Dillon Meghan Dolbey Liam Easton-Calabria Lauren and Paul Edlund Jane Elliott **Richard Fehrenbacher** Lynn Feingold Joshua Fink Will Fleming Julia Fletcher **Gregory Flores Dillon Galloway** Fiona Gleason Devin Gleeson Kessiah Gordon Kendra Gowen **Rebecca** Graves Caroline Grundin Austin Hackett Emily Hardy



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John's Dairy Service rose early to deliver enough milk for all of our Food Bank participants, because of so many people contributing to Molly Moon's Anna Banana Milk Fund!

2014 Individual In-Kind Donations

Gary Adlen Carolyn Akinbami Luzelvia Alejandro **Cameron Alexander** Adriana AlfaroZierten Anabel and Paco AlfaroZierten Hannah Allender Carren Alston Lois Anderson Anonymous Susan Arefi Leslie Atkins and Steve Willette Dorothy Ayers Amy Baernstein Laura Baldwin Francine Barr Vaughnetta and Peter Barton Kerby Beckman Denise Bevacqua Veronica Binder Zoe, Ella, and William Bischoff Carol Bjork Heidi Blythe Carl Bolstad Serge and Frances Boro Vivian Bowden Jennifer Boyce-McNeill Ken Brettman Kate Brewer Bree Brown M. Bryant Emilie Burke Barbara Burrill Janet Buttenwieser and Matthew Wiley **Deborah Carstens** Monica Cary Deb Casso Yeicelin Castillo Wendy Chamberlin Kathleen and Michael Chan **Caroline Coates &** Geoff Gottlieb Elizabeth Cody John Coelho **Emily Colleran** Faith Cooley Cameron and Sam Cooper Shari Comboy Peter & Beatrice Crane Brandi Cypher Julie Daman and Stephen **McCandless** Monica Davies Steven Deutsch Antonia Jindrich and David Dicks

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A young couple who had recently moved her from out of state came into the Family Resource Center. They were about ready to give birth to twins, had no money for food and were sleeping outside. Our staff worked together to seek resources for housing, WIC, food and baby supplies. Our family advocate connected with their medical provider to arrange their babies' delivery and called the hospital the next weekend to hear that healthy babies had been born!



Thank You!

Your support helps families in your community.

Find Us Online!

Find out the latest news from FamilyWorks at our various websites and social media:



E

V



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