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About UMass Athletics

The University of Massachusetts is a member of the Atlantic 10 Conference in most sports. UMass also competes in the Mid-American Conference (MAC) for football, the Colonial Athletic Association (CAA) for men's lacrosse, and Hockey East for ice hockey. For additional information on the UMass Athletic Department or any of these organizations, please check out the following web sites:

The University of Massachusetts	www.umass.edu
UMass Athletic Department	www.umassathletics.com
The Atlantic 10 Conference	www.atlantic10.org
The Mid-American Conference	www.mac-sports.com
Colonial Athletic Association	www.caasports.com
Hockey East Conference	www.hockeyeastonline.com



Directions To UMass Athletics Facilities

Note: All parking is restricted between the hours of 7:00am and 5:00pm., from Monday through Friday. If you will be on campus during these hours, please contact us about your parking needs.

Boyden Gymnasium (B4):

Follow Massachusetts Avenue through a flashing set of lights. Take a left at the second set of lights onto Commonwealth Avenue. Boyden Gymnasium will be the first building on the right-hand side of the road. There is a parking lot just past Boyden.

Curry Hicks Cage [C4]:

Follow Massachusetts Avenue through two sets of lights (one flashing) and take a left near the top of the hill (approximately one-half mile) into the parking lot just before the Whitmore Administration Building. The Cage is just past the north end of the parking lot.

Earl Lorden Baseball Field [A3]:

Take the first left off Massachusetts Avenue onto Mullins Way. Lorden Field will be on the left-hand side of the road, just before the Mullins Center. Parking is available in the lot behind the Mullins Center.

Richard F. Garber Field [B4]:

Follow Massachusetts Avenue through a flashing set of lights. Take a left at the second set of lights onto Commonwealth Avenue. Boyden Gymnasium will be the first Building on the right-hand side of the road. There is a parking lot just past Boyden. Garber Field is behind Boyden.

UMass Softball Complex [A5]:

Take the first right off Massachusetts Avenue on to Stadium Drive. The Softball Complex will be on the right side of the road.

Rudd Field Soccer Complex [A5]:

Take the first right off Massachusetts Avenue on to Stadium Drive. The Rudd Field Soccer complex will be on the right side of the road.

Track & Field Complex [A5]:

Take the first right off Massachusetts Avenue on to Stadium Drive. The Track & Field Complex will be on the right side of the road.

Mullins Center Tennis Courts Courts (B4):

Take the first left off Massachusetts Avenue on to the Mullins Way. Parking for team vehicles is available in the lot behind the Mullins Center [Note: This lot is for media, visiting teams and V.I.P's only].

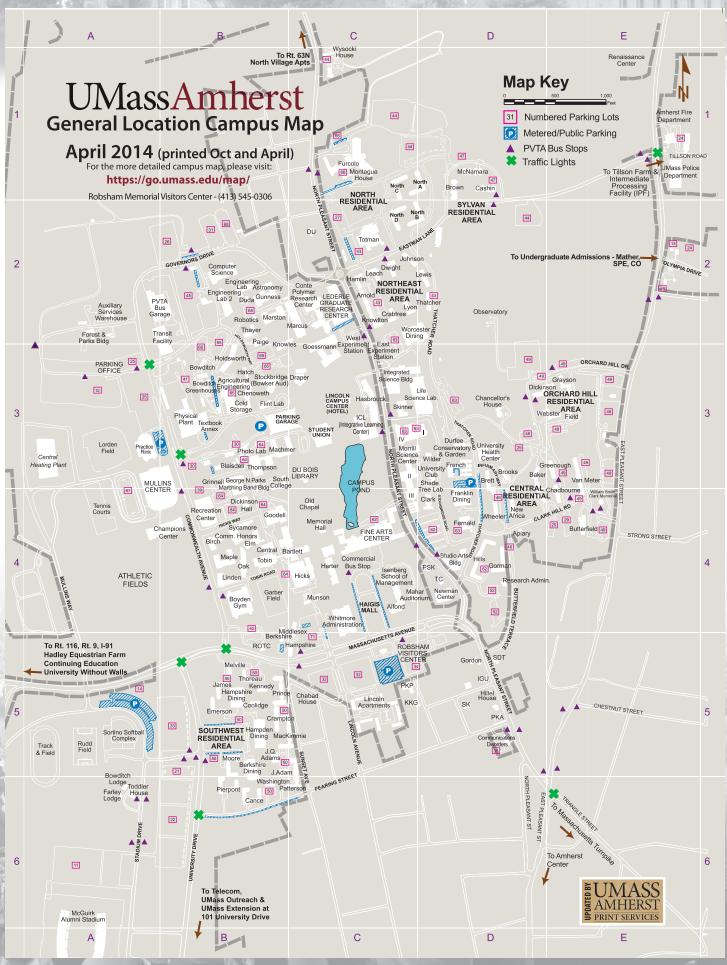
Warren P. McGuirk Alumni Stadium [A6]:

Follow Massachusetts Avenue to the first set of lights (usually blinking yellow), and take a right on to University Drive. Proceed approximately one-quarter of a mile. The stadium entrance will be on the right.

William D. Mullins Memorial Center (B4):

Take the first left off Massachusetts Avenue on to the Mullins Way. Parking for team vehicles is available in the lot behind the Mullins Center [Note: This lot is for media, visiting teams and V.I.P's only].

* All Directions are from the intersection of Route 116 and Massachusetts Avenue. The letter and number following a facility show Its location on the Campus Map.



LIMASS HEAD COACHES All phone numbers are in the 413 area code.		
BASEBALL Head Coach	Mike Stone	545-3120
MEN'S BASKE Head Coach		545-2610
WOMEN'S BAS Head Coach		545-1403
WOMEN'S CRE Head Coach		545-9441
MEN'S CROSS Head Coach	COLINTRY Ken O'Brien	545-0097
WOMEN'S CRO Head Coach		427-3643
FIELD HOCKEY Head Coach	(Carla Tagliente	545-1942
FOOTBALL Head Coach	Mark Whipple	545-2026
ICE HOCKEY Head Coach	John Micheletto	545-5175
MEN'S LACRO Head Coach	SSE Greg Cannella	545-3782
WOMEN'S LAC Head Coach	ROSSE Angela McMahon	545-3157
MEN'S SOCCEI Head Coach	R Fran O'Leary	545-3544
WOMEN'S SOU Head Coach	C ER Ed Matz	545-4343
SOFTBALL Head Coach	Kristi Stefanoni	545-9588
MEN'S SWIMN Head Coach	AING AND DIVING Russ Yarworth	545-0093
WOMEN'S SW Head Coach	IMMING AND DIVING Bob Newcomb	545-4342
WOMEN'S TEN Head Coach	JNIS Judy Dixon	545-1593

MEN'S TRACKAND FIELDHead CoachKen O'Brien545-0097

WOMEN'S TRACK AND FIELD Head Coach Julie LaFreniere 545-2759

ADMINISTRATIVE AND

SUPPORT PERSONNEL

All phone numbers are in the 413 area code.

All phone numbers are in the 415 area code.	
RYAN BAMFORD Athletic Director	545-9652
JULIE SARSYNSKI Administrative Assistant to the Athletic Director	545-9652
TBA Associate Athletic Director - External Relations	545-4284
TBA Associate Athletic Director - Business/HR	545-2091
ROCKO DELUCA Senior Associate Athletic Director Exec. Director of Developemnt	545-4952
JEFF SMITH Associate Athletic Director - Sports Medicine	545-2866
KIM CALLICOATTE Associate Athletic Director - Compliance	545-1823
JOAN HOPKINS Associate Athletic Director - Academics Interim Senior Women's Administrator	545-1823
DAN MARKOWSKI Associate Athletic Director - Facilities & Operations	545-0075
TODD McDONALD Associate Athletic Director - Marketing	545-9596
JOHN SINNETT Assistant Athletic Director - Media Relations	545-2439
CAROL FORD Assistant Athletic Director - Compliance	545-1950
SEAN QUINN Tickets	545-0810

AMHERST AREA PREFERRED HOTELS AND MOTELS

CAMPUS CENTER HOTEL

1 Campus Center Way Amherst, MA 01003 Phone: 549-6000 On Campus

THE CLARION HOTEL

1 Atwood Drive Northampton, MA 01060 Phone: 586-1211 15-20 Minutes from Campus

COMFORT INN

237 Russell Street, Rt. 9 Hadley, MA 01035 Phone: 584-9816 www.pvhg.com 5-10 Minutes from Campus

COURTYARD BY MARRIOTT

423 Russell Street Hadley, MA 01035 Phone: 256-5454 5-10 Minutes from Campus

HAMPTON INN

24 Bay Rd. Hadley, MA 01035 586-4851 10 Minutes from Campus

HOLIDAY INN EXPRESS

400 Russell Street Hadley, MA 01035 Phone: 582-0002 5 minutes from Campus

HOWARD JOHNSON'S

401 Russell Street Hadley, MA 01035 Phone: 586-0114 5 Minutes from Campus

SPRINGFIELD MARRIOTT

1500 Main Street Springfield, MA 01115 Phone: 781-7111 30-35 Minutes from Campus

SPRINGFIELD SHERATON

1 Monarch Place Springfield, MA 01114 Phone: 781-1010 30-35 Minutes from Campus

All numbers are in the 413 area code

TRANSPORTATION INFORMATION

Airlines

Bradley International Airport		
Windsor, CT	[45 minutes from Campus]	
Air Canada		
American Airlines		
American West Airlines		
Continental Airlines		
Delta Airlines		
Delta Express		
Midway Airlines		
Northwest Airlines		
Southwest Airlines		
• TWA		
United Airlines		
• US Airways		

Logan International Airport

Boston, MA	[2 Hours from Campus]
• Air Canada	
• Air Tran	
American Airlines	
American Trans Air	
American West Airlines	
• Cape Air	
Comair	
Continental Air	
Delta Airlines	
Delta Express	
Frontier Airlines	
Midway Airlines	
Midwest Express	
Northwest Airlines	
• TWA	
United Airlines	
US Airways	

Bus Companies

Peter Pan-Preferred

1776 Main Street Springfield, MA 01003 800-343-9999

King Ward

110 North Bridge Street Holyoke, MA 01040 413-539-9981

Morgan Coach

236 Greenfield Road South Deerfield, MA 01373 413-665-8036

Car Rentals

Enterprise	
Alamo	
Avis	
Budget	
Dollar	
Hertz	
National	
Thrifty	

UMass Athletics Visitor Guide

Other Options

Checkers Taxi P.O. Box 1005 Northampton, MA 01061 413-586-6000

AMHERST AREA RESTAURANTS

Family/Variety-Preferred

The Hangar - Preferred

55 University Drive Amherst, MA 01003 549-9464

Friendly's Restaurant

454 Russell Street Hadley, MA 01035 253-7640

Amherst Brewing Company

24 North Pleasant Street Amherst, MA 0002 253-4400

Applebee's Neighborhood Bar & Grill

100 Westgate Center Drive Hadley, MA 01035 253-5799

Arizona Pizza Co. - Preferred

367 Russell Street Hadley, MA 01035 582-0400

Chili's Grill & Bar

426 Russell Street Hadley, MA 01035 253-4008

Rafters

422 Amity Street Amherst, MA 01002 549-4040

Fast Food

Bueno Y Sano 46 Main Street Amherst, MA 01003 253-4000

Burger King 353 Russell Street Hadley MA 01035

Hadley, MA 01035 584-5110

KFC 3 South Maple Street Hadley, MA 01035 584-9878

McDonald's 377 Russell Street Hadley, MA 01035 584-9878

Wendy's 378 Russell Street Hadley, MA 01035 586-4885

AMHERST AREA RESTAURANTS

Pizza

Athena's Pizza University Avenue Amherst, MA 01003 549-9900

Antonio's Pizza

31 North Pleasant Street Amherst, MA 01003 253-0222

Domino's Pizza - Preferred

459 Russell Street Hadley, MA 01035 256-8911

Ethnic

Chinese Kitchen 150 King Street Northampton, MA 01060 586-8220

Hunan Gourmet Chinese Restaurant

261 King Street Amherst, MA 01003 585-0202

Subs And Sandwiches

Subway - Preferred 4 Main Street Amherst, MA 01003 256-1919 Subway-Will Deliver to Bus, locker room or hotel

Amherst Delicatessen

233 North Pleasant Street Amherst, MA 01003 549-6314

Black Sheep Deli

79 Main Street Amherst, MA 01003 253-3442

Asian

India Palace Restaurant 28 Main Street Northampton, MA 01060 584-4892

New India Restaurant

17 Kellogg Avenue Amherst, MA 01003 253-4200

Paradise of India Restaurant 87 Main Street

Amherst, MA 01003 256-1067

Panda East Chinese Restaurant 103 North Pleasant Street Amherst, MA 01003 256-8923

Peking Garden Chinese Restaurant

48 Russell Street Hadley, MA 01035 586-1202

Japanese

Ichiban Japanese Restaurant 1 Roundhouse Plaza Northampton, MA 01060 585-1185

Fine Dining

Carmelina's at the Commons 98 Russell Street Hadley, MA 01035 584-8000

Deerfield Inn

81 Old Main Street Deerfield, MA 01342 774-5587

Judy's

51 North Pleasant Street Amherst, MA 01003 253-3491

Spoleto Restaurant 50 Main Street

Northampton, MA 01060 584-3100

<u>Italian</u>

Bertucci's 51 East Pleasant Street Amherst, MA 01003 549-1900

Joe's Café Spaghetti & Pizza

33 Market Street Northampton, MA 01060 584-3168

Mexican

La Cazuela 7 Old South Street Northampton, MA 01060 586-0400

Veracruzana {2 locations}

63 South Pleasant Street Amherst, MA 01003 253-6900

All phone numbers are in the 413 area code.

AMHERST AREA PLACES OF WORSHIP

African Methodist

Episcopal Zion Goodwin A.M.E Zion Church 41 Woodside Avenue Amherst, MA 01003 256-1885

Assembly Of God

Connecticut Valley Church 22 Amherst Road Sunderland, MA 01375 665-8289

Baptist

First Church of Amherst 434 North Pleasant Street Amherst, MA 01003 549-0300

<u>Catholic</u>

Newman Center 472 North Pleasant Street

Amherst, MA 01003 549-0300

St. Brigid's Catholic Church

46 North Prospect Street Amherst, MA 01003 253-2829

Christian Science

First Church of Christian Science 79 Masonic Street Northampton, MA 01060 584-3420

Church of Jesus Christ of Latter Day Saints

Church of Jesus Christ of Latter Day Saints 104 Sunset Avenue Amherst, MA 01003 549-5033

Congregational

First Congregational 130 Pine Street Florence, MA 01062 584-1325

Episcopal

Grace Episcopal 14 Boltwood Avenue Amherst, MA 01003 256-6754

Interdenominational

College Church 48 Pomeroy Terrace Northampton, MA 01060 586-0057

First Churches UCC & ABC

129 Main Street Northampton, MA 01060 584-9392

<u>Jehovah's Witnesses</u>

Hall of Kingdom

17 Pomeroy Lane Amherst, MA 01003 253-9720

<u>Lutheran</u>

Immanuel Lutheran 867 North Pleasant Street Amherst, MA 01003 549-0322

Methodist

Wesley United Methodist 365 North Pleasant Street Amherst, MA 01003 549-0604

Presbyterian

Amherst Korean Church North Pleasant Street Amherst, MA 01003 549-0604

Seventh Day Adventist

Seventh Day Adventist Church 35 North Main Street Florence, MA 01062 586-3365

Unitarian-Universalist

Unitarian-Universalist Society 121 North Pleasant Street Amherst, MA 01003 253-2848

All phone numbers are in the 413 area code.

AMHERST AREA HOSPITALS

Cooley Dickinson Hospital 30 Locust Street Northampton, MA 01060 413-582-2000

Bay State Medical 759 Chestnut Street Springfield, MA 01199 (413) 794-0000

Franklin Medical Center 164 High Street Greenfield MA, 01301 413-773-0211

www.UMassAthletics.com

Mary Lane Hospital

85 South Street Ware, MA 01082 413-967-9077

Mercy Hospital

271 Carew Street Springfield, MA 01104 413-784-9000

Providence Hospital

1233 Main Street Holyoke, MA 01040 413-536-5111

AMHERST AREA ENTERTAINMENT

Movies

Cinemark at Hampshire Mall 367 Russell Street Hadley, MA 01035 587-4233

Museums

Naismith Memorial Basketball Hall of Fame

1150 West Columbus Avenue Springfield, MA 01105 781-6500

Amherst History Museum

67 Amity Street Amherst, MA 01003 256-0678

Springfield Library & Museums

220 State Street Springfield, MA 01103 263-6800

Northampton Historical Society

46 Bridge Street Northampton, MA 01060 584-6011

Volleyball Hall of Fame

444 Dwight Street Holyoke, MA 01040

Words & Pictures Museum

136 West Street Northampton, MA 01060 586-8545

Children's Museum At Holyoke

444 Dwight Street #2 Holyoke, MA 01040 536-5437

Public Golf Courses

Hickory Ridge Country Club - Preferred 191 West Pomeroy Lane Amherst, MA 01003 253-9320

Amherst Golf Club

365 South Pleasant Street Amherst, MA 01003 256-6894