

UKBFF
United Kingdom Bodybuilding and Fitness Federation
UK BRITISH CHAMPIONSHIPS
BODYBUILDING, CLASSIC BODYBUILDING, FITNESS and BODYFITNESS

ROYAL CONCERT HALL, NOTTINGHAM , 19 OCTOBER 2008

FINAL RESULTS

CATEGORY: JUNIOR MEN'S BODYBUILDING

NUMBER	Name	Gym	Town	Rnd 1+2	Rd 1+2+3	Place
1	Lewis Breed	Core Fitness		10	15	1
2	Kevin Foskett	The Gym	Dunstable	57	83	6
3	Phill Gadd	Fitness First		70	X	
4	Geraint Baldwin	Peak Physique	Cardiff	36	51	3
5	Alexander Clarke	Silvers Gym		41	61	4
6	Adam Sale	Ironworks		64	X	
7	Shane Senkav	Metroflex		70	X	
8	Daley Ford	Severn Side		28	46	2
9	Drosos Joannov	Powerbase		44	66	5
10	Paul Gibson	JJB Fitness	Aberdeen	70	X	

CATEGORY: FIRST TIMERS

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
14	Manuel Casimiro	Peacock	Bethnal Green	32	44	3
15	Steve Taylor	Fitness Bank	Ostwaldtwistle	21	30	1
16	Paul McAndrew	Proflex	Liverpool	59	X	
17	Chusky Ogbonda			65	X	
18	Vit Bohal	Health Works		52	76	5
19	Marvin Munzu			65	X	
20	Lee Griffiths	JZ Gym	Merthyr	30	43	2
21	David Kitt	Pyramid Fitness	Hereford	65	X	
22	Damian Guest	Severn Side		58	X	
23	Max O'Connor			48	67	4
24	Ram Singh	Quirkies		51	77	6
25	Peter Tafkov	Golds Gym	London	65	X	

CATEGORY: MASTERS OVER 40 YRS - 49YRS

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
28	Marcus Braithwaite	Olympia Gym	Leicester	18	25	2
29	Tony Hanson	Cyrils Gym	Nottingham	14	22	1
30	Nick Hobson	Forest Gym	Crawley	38	58	3
31	William McReery	Weights Room	Eastleigh	42	63	4
32	Kevin Fraser	David Lloyd	Langbank	55	79	6
33	Michael Wright	Foundry Gym	Bognor Regis	56	X	
34	Steve Plavec	Best Bodies	Peterborough	60	X	
35	Kevin Mahoney	Power Shack	Haverford West	60	X	
36	Kevin Gillespie	Bodywize	Hinckley	60	X	
37	Kevin Welch	Max Muscle	Hetton-le-hole	60	X	
38	Martin McGlynn	Arena Gym	Colchester	53	78	5

CATEGORY: MASTERS OVER 50 YRS

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
40	Mike Zschorn	Body Limits	St. Albans	60	X	
41	Bob Dawson	Body FX	Coventry	52*	75	6
42	Peter Kelly	Powerhouse	Whitehaven	52*	X	
43	Kevin Hop Wood	Foundry Gym	Bognor Regis	60	X	
44	Clive Wright	Ilkeston Gym	Ilkeston	42	63	4
45	Paul Ehren	Fort Galaxy	Ilford	23	34	2
46	Lee Cooksley	Snowlands Gym	Cornwall	57	X	
47	Ricky Wallis	Castle Gym/Physique	Windsor	18	26	1
48	Martin Yates-Brown	Brownz Total Fitness	Cumbria	39	56	3
49	Mick Vaughan	Planet Fitness	Bradford	48	74	5
50	Walter O'Malley	O'Malley's Gym	Warrington	60	X	

* Ties Are broken using Relative Placement Method in Round 1

FITNESS

NUMBER	Name	Gym	Town	
51	Irene Cotton	Fitness First	Chelmsford	

CATEGORY: BODYFITNESS

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
53	Clare Taubman	Fitness First	Fairham	40	61	4
54	Ruta Bunkute	Temple Gym	Birmingham	60	X	
55	Pippa Coney	Amex Extreme	Cambridge	60	X	
56	Louise Rogers			14	21	1
57	Lesley Rothera			60	X	
58	Kristelle Sammons	Flex Lifestyles	Uxbridge	60	X	
59	Penny Flynn			60	X	
60	Karen Norris			40	58	3
61	Adele Gibbon			60	X	
62	Amy King			50	71	5
63	Tasha Coppett	Soho's Gym	London	56	X	
64	Francesca Giacomini			60	X	
65	Carly Thornton	Figure Academy		35	51	2
66	Lollie Brannvall	Cheetah's Gym	Hove	49	72	6
67	Claire Scullion	Phoenix Gym	Newtownards N.I.	60	X	

CATEGORY: INTERMEDIATES UP TO & INCL 80 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
68	Jon Carter	Tone Zone	Yeovil	52	77	5
69	John Clarke	Raw Physique	Nottingham	60	X	
70	Ricardo Correia	Yltra Bodies	Peterborough	54	78	6
71	Micky mcKay	Fitness 1 to 1	Corby	16	24	1
72	Gooch Arora	Beef's Gym	Amlwch	43	66	4
73	Michael Hannam	Elite Physique	Yeovil	20	29	2

74	Levi Cullen	Muscle Factory	Mexborough	60	X	
75	Max Herd	Physique Warehouse	Molesey	59	X	
76	Ali Jan	Gold's Gym	Park Royal	60	X	
77	Mark Maver			60	X	
116	Dorival Mota	Temples Gym	Birmingham	60	X	
117	Keith Williams			25	39	3

CATEGORY: INTERMEDIATES OVER 80 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
78	Barry Pitts	David Lloyds	Kingston	60	X	
79	Harry Ogg	Bodytone Warehouse	Dundee	60	X	
80	Abid Hussain	Emporium/ Definition	Birmingham	60	X	
81	Robert Graham	Peak Physique	Cardiff	60	X	
82	Noah Sidibe	Metroflex	Sydenham	20	29	2
83	Carlos Colemanares	Muscle World	London	26	39	3
84	Darren Towers	Morgan's Powerhouse	Gateshead	47	70	5
85	Barry Saunders	Ministry of Muscle	Aylsford	60	X	
86	Luis Martins	Physique Warehouse	Molsley	44	66	4
87	Ian Gudgeon	Monster Gym	Chestnut	60	X	
88	Mohamed Amir	Rock Gym	Birmingham	60	90	6
89	Rob Renaldo	Ultra Bodies	Peterborough	14	22	DQ*
90	Gary Farr			60	X	

CATEGORY: CLASSIC BODYBUILDING

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
91	Sean Ferguson	Physique & Shapes	Dorchester	29	45	3
92	Lee Muncaster	TLC	Paignton	60	X	
93	Jason Harding			60	X	
94	Craig Jefferson	Bodytech	Carlisle	60	X	
95	Oz Hussein			60	X	
96	Simon Burdett			60	X	

97	Darren Hallett	Future Physique	Weymouth	56	84	6
98	James Goraly	Future Physique	Weymouth	60	X	
99	Steve Castle	Fitness First		18	28	2
100	Tom Batty	Morgan's Gym	Newcastle	14	20	1
101	Ian Sutherland			54	81	5
102	Kevin Twigger	Future Fitness	Coventry	60	X	
103	Jason Conway			37	54	4
104	Darren Thompson	Atlantis Gym	Gateshead	60	X	
105	Leo Calvert	Image Unique		60	X	
106	Johnathan Gammon	Power Shack	Haverford West	60	X	

CATEGORY: 70 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
107	Ian Tunnacliffe	Muscle & Fitness	Swindon	60	90	6
108	Chris Dyas	Fitness Physique	Leeds	60	X	
109	Paul Smillie	Iron Works	Birmingham	10	15	1
110	Kit Sae Yong	Bodyworks	Peterborough	34	51	3
111	Ean Miller	Atlas	Wolverhampton	44	66	5
112	Paul Ennis			20	30	2
113	Lee Upton	Powerbeck	Leigh	60	X	
114	Przemko Gruszka			60	X	
115	Swaord Almashan			40	60	4

CATEGORY: - 80 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
118	James Llewelin	Ministry of Muscle	Aylesford	10	15	1
119	Lee Williams	Monster Gym	Chesthunt	47	70	5
120	Michael Hehir	JJB Fitness	Macclesfield	32	48	3
121	Jamil Rehnem	Castle Gym	Windsor	60	X	
122	Stephen Graham	Sam's Gym	Ballymoney	42	63	4
123	Lindsay Bruce	Pyramid Fitness	Hereford	60	X	
124	Joel Wright	Unique Physique	Leicester	60	X	
125	Wade Stafford	Castle Gym	Windsor	51	78	6
126	Darren Wilkenson	MX Fitness	Worcester	60	X	

127	Andy Gold	Stoke on Trent Gym	Stoke	60	X	
128	James Guttbridge	Body Limits	St. Albans	DNC	X	
129	Winston Williams	Winners Gym	Nottingham	60	X	
130	Duane Creese	Neil's Pro Gym	Tenby	26	39	2
131	Lee Blyth	Morgan's Powerhouse	Newcastle	60	X	
132	Paul Booth	Evolution Gym	Rochdale	60	X	
133	Damien McBride	Kelsey Kerridge	Cambridge	60	X	

CATEGORY: WOMEN'S BB - 55KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
134	Venetia Gloux	Physic Warehouse	East Molesey	10	16	1
135	Traecy Kyley	Flex Lifestyles	Uxbridge	23	33	2
136	Julie Bradford	Body Temple	Burnley	60	X	
137	Tamena Danks			28	42	3
138	Lynn Gray			46	69	4
139	Claire Booth			58	87	6
140	Caroline Williams	First Class	Bridgend	48	72	5

CATEGORY: - 90 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
141	Shaun Joseph-Tavenier	Genesis/Skyline Gym	Wembley	10	15	1
142	Barny DuPlessis	Ironworks Gym	Swindon	20	30	2
143	Garry Blackstone	Beef's Gym	Anglesea	60	X	
144	Tom Blackman	Prolab	Bristol	60	X	
145	William Siddall	Physical Sculpture	Newport	58	87	6
146	Simon Fan	Temple Gym	Birmingham	60	X	
147	Jon Griffiths	Peak Physique	Cardiff	60	X	
148	Matthew Powel	Emporium Gym	Birmingham	60	X	
149	Darren Nicholhurst	Body Limits	St. Albans	35	52	3
150	Paul Lock	Riverview Gym	Beverley	60	X	
151	Jonathan Gillen	Extreme Fitness	Waterside Derry	60	X	
152	Nicholas Anthony	Muscle Works	Bethnal Green	60	X	
153	Mitchell Goslin	Fitness First	London	48	72	5

154	Dean Lesiak	Ironworks/Temple Gym	Kings Norton/B'ham	42	63	4
155	Robby Anchant	Muscle Works	London	60	X	

CATEGORY: WOMEN'S BB OVER 55 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
156	Tracy King	Yorky's Gym	Battersea	60	90	6
157	Sarah Lewis			60	X	
158	Niki Brennan	Hard Labour	Warrington	38	57	4
159	Tracy Biddle			50	75	5
160	Xyleese Burford	MX Fitness	Worcester	19	29	2
161	Jeannie Ellam	Fitness Connection		32	48	3
162	Michelle Jones			11	16	1

CATEGORY: OVER 90 KG

NUMBER	Name	Gym	Town	Rnd 1+2	Rnd 1+2+3	Place
163	Darren Ball	Daz Ball Extreme Gym	Leicester	21	33	2
164	Zak Kahn	Quirk's Gym	Sheffield	38	57	4
165	Wayne Niemiec	Kingsland Gym	Southampton	60	X	
166	Alvin Small	Garth's Gym	Nottingham	16	23	1
167	Dotun Diya	Muscle Works	Bethnal Green	60	X	
168	Dean McTernan	Hercules Gym	Colchester	58*	87	6
169	Roy McLean	Fitness First	Eastbourne	60	X	
170	Serge Camarou	Muscle Works	London	60	X	
171	David Talbot	Metroflex	Sydenham	60	X	
172	Stuart Core	Core Fitness	Plymouth	32	48	3
173	Luke Nichols	Flexability Gym	Bedford	60	X	
174	Haroldas Daumbraukas	Muscle Works	Bethnal Green	47	68	5
175	Dave Titterton	Quirk's Gym		58*	X	
176	Patrick Warner	Altered Image	Pudsey	60	X	
177	Ricky Greene	Yorkies Gym	Battersea	60	X	

* Ties are broken using Relative Placement Method

OVERALL UK CHAMPION

118	James Llewelin	Ministry of Muscle	Aylesford
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