

*MAPPERLEY*  
*HOSPITAL*

OPEN WEEK • JUNE 1955

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*RECEPTION CENTRE*

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THE HOSPITAL HAS NOW BEEN COMPLETELY OPEN FOR OVER TWO AND A HALF YEARS. As a result of this policy the patients are able to re-develop their initiative and individuality, and that tendency towards recovery which is always present in mental illness is given a proper opportunity.

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## MAPPERLEY

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CONCURRENTLY the previous over-crowding has been further reduced and at the end of 1954 was only 4.5%. This helps the nursing staff to give each patient the individual attention which is so essential.

DURING 1954 out of 1,134 admissions 1,120 were voluntary, and during the year 1,047 patients were discharged. At the present time only 6.2% of all the patients in the hospital are certified. These figures show how the policy of obtaining the co-operation of the patients in dealing with the illness and encouraging them to enter hospital on a voluntary basis for treatment when necessary is diminishing the need for certification.

THIS is the seventh annual occasion on which the hospital has been open to the public. We wish all parts of the hospital to be seen, as it is found that this is the most effective way of dispelling the fears and ignorance about mental illness, which are so prevalent. Explanatory talks are of great value, but nothing is so convincing as a personal visit and seeing for oneself what the actual conditions are in a modern mental hospital.

ALL three parts of the hospital, i.e. Mapperley Hospital, St. Ann's Hospital, and the Lilac and Maple Annexe at the City Hospital will be open for inspection on different days.

AT Mapperley Hospital there are the male and female wards of the main building, St. Ann's Clinic for early treatment of men, the insulin therapy unit, and the occupational therapy department. On each side of the main hospital there are two admission wards for early treatment which are Hope Ward and Elizabeth Ward on the female and St. Jude's Ward and Sherwood Ward on the male side.

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# HOSPITAL

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AT St. Ann's Hospital there are the Children's Unit and the Nurses Training School as well as the diagnostic and treatment units and the electro-encephalographic department.

THE Lilac and Maple Annexe at the City Hospital is reserved for patients aged 65 and over, and the short-stay wards and long-stay wards as well as the occupation centre may be seen. It is hoped that shortly this Annexe will be released from the necessity for any legal formality before admission, and that the old people may enter and leave in the same way as they enter geriatric wards in a general hospital.

IT is not possible to demonstrate the work of the out-patient clinics which are held at Mapperley Hospital, St. Ann's Hospital, the General Hospital, the City Hospital, and the Women's Hospital, but the work there continues to increase, and is a very important part of the early treatment of nervous and mental illness. During the year 2,160 new patients were seen with a total of 6,988 attendances.

YEAR by year the importance of the work done in the home by the social workers and medical staff is becoming more fully appreciated as of outstanding importance in preventive psychiatry and in the re-establishment of the patient in the home and in employment. An additional social worker has been appointed, and more time is now being spent by the medical staff in this work. Previous ideas about mental illness have been revolutionised, and in Amsterdam, for example, mental illness is now being treated in the homes of the patients by a special staff employed solely in this work.

A LEAGUE of Friends of Mapperley Hospital has been formed, and it is hoped that all interested in the hospital and the welfare of the patients and staff will join.

WITH the changes which have taken place, the work of the nursing and medical staff in the mental hospital has completely altered, and is now a life of active therapy, offering interesting careers with great opportunities of advancement.



*Photograph 'Nottingham Guardian Journal'*

*PRESENTATION OF WARD SHIELDS BY MISS GLEN BOTT*





*LIBRARY LOUNGE*





*STAFF RECREATION*