

## ANNEX I

### SUMMARY OF PRODUCT CHARACTERISTICS

#### 1. NAME OF THE MEDICINAL PRODUCT

**STABLON 12.5 mg, coated tablet**

#### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Tianeptine (sodium salt) ..... 12.5 mg  
For one coated tablet.

Excipient: sucrose.

For a full list of excipients, see section 6.1.

#### 3. PHARMACEUTICAL FORM

Coated tablet.

#### 4. CLINICAL DATA

##### 4.1 Therapeutic indications

Major depressive episodes (i.e. typical).

##### 4.2 Posology and method of administration

The recommended dosage is one 12.5 mg tablet three times a day (morning, midday and evening) at the beginning of the main meals.

In chronic alcoholics, whether cirrhotic or not, no alteration of the dosage is necessary.

In subjects aged over 70 years, and in subjects with renal insufficiency, the dosage should be restricted to 2 tablets per day.

##### 4.3 Contraindications

- Hypersensitivity to tianeptine or to any of the excipients mentioned in section 6.1.
- Children and adolescents under 15 years old.
- Association with MAOIs (see section 4.5).
- A wash-out period of two weeks is required between treatment with MAOIs and treatment with tianeptine. A wash-out period of only 24 hours is required when replacing tianeptine with an MAOI.

##### 4.4 Special warnings and precautions for use

###### **Suicide/suicidal thoughts or clinical worsening**

Depression is associated with an increased risk of suicidal thoughts, self-harming and suicidality (suicidal behaviour). This risk persists until a significant remission has been obtained. Clinical improvement may not be obtained until after several weeks of treatment, and so patients must be closely monitored until this improvement has been achieved. Clinical experience shows that the risk of suicide can increase during the very early stages of recovery.

Patients with a history of suicidal behaviour or those expressing significant suicidal thoughts before starting the treatment face a higher risk of the onset of suicidal thoughts or suicidal behaviour, and must be closely monitored during treatment. A meta-analysis of placebo-controlled clinical trials of the use of antidepressants in adults displaying psychiatric disorders has revealed an increase in the risk of suicidal behaviour in patients under 25 years of age who were being treated with antidepressants compared to those receiving a placebo. Careful monitoring of patients, and particularly of high-risk patients, must accompany use of this medication, particularly at the beginning of treatment and at times of dose changes.

The patients (and their family and friends) must be alerted to the need to monitor for the onset of clinical worsening, the appearance of suicidal thoughts/behaviour and any abnormal change in behaviour, and to seek medical advice immediately if such symptoms present.

If general anaesthesia is necessary, the anaesthetist should be informed of the treatment, and the drug discontinued 24 or 48 hours prior to surgery.

In an emergency, surgery may be performed without an intervening wash-out period; perioperative monitoring should be performed.

As with all psychotropic treatments, this medicinal product should not be taken with alcoholic beverages or medicines containing alcohol.

As with all psychotropic agents, if the treatment is to be interrupted, the dosage should be gradually reduced over a period of 7 to 14 days.

If there is a history of drug dependence or alcohol dependence, the patients must be kept under very close surveillance in order to avoid any increase in dosage.

Do not exceed the recommended doses.

This medicinal product contains sucrose. Its use is contraindicated in patients with fructose intolerance, glucose and galactose malabsorption syndrome or sucrase-isomaltase deficiency (rare inherited diseases).

### **Paediatric population:**

Stablon is contraindicated in children and adolescents under 15 years old (see section 4.3) and should not be used in adolescents aged 15 to 18 years old. Suicidal type (suicide attempts and suicidal thoughts) and hostile type (mainly aggressiveness, opposition behaviour and anger) behaviour has been observed more frequently during clinical studies in children and adolescents treated with antidepressants compared to those treated with placebo. However, if treatment is clinically required, the patient must be closely monitored to detect the appearance of suicidal symptoms. Furthermore, there is no long term safety data in children and adolescents concerning the effects on growth, sexual maturation and cognitive and behavioural development.

## **4.5 Interaction with other medicinal products and other forms of interaction**

### ***Combinations that are inadvisable***

+ **irreversible MAOIs (iproniazide):** because of the risk of cardiovascular collapse or paroxysmal hypertension, hyperthermia, convulsions, death.

## **4.6 Pregnancy and lactation**

### **Pregnancy**

It is preferable to maintain a balanced maternal psychic equilibrium throughout pregnancy. If medical treatment is necessary to ensure this balance, treatment should be initiated or continued at the necessary dose throughout pregnancy and if possible as monotherapy.

Animal data is reassuring but clinical data is still insufficient.

In consideration of this data, it is preferable not to use tianeptine during pregnancy whatever the term. If initiation or continuation of treatment by tianeptine proves to be vital during pregnancy, the pharmacological profile of the molecule should be taken into account when monitoring the newborn baby.

### Lactation

Tricyclic antidepressants are excreted into breast milk, and thus breast feeding is not recommended during treatment.

### Fertility

A study demonstrated in rats a decrease in reproductive performance in females (increase in pre-implantation losses) at a maternotoxic dose. The clinical impact is unknown.

## **4.7 Effects on ability to drive and use machines**

Some patients may experience diminished alertness. The attention of drivers and machine-operators in particular should thus be drawn to the risk of drowsiness with this product.

## **4.8 Undesirable effects**

### **Metabolism and nutrition disorders**

Anorexia, hyponatremia.

### **Psychiatric disorders**

Nightmares, confusion, hallucinations.

Abuse, dependence, in particular in subjects under 50 years of age with a history of drug dependence or alcohol dependence.

Cases of suicidal thoughts or behaviour have been reported during tianeptine treatment or early after treatment discontinuation (see section 4.4.).

### **Nervous system disorders**

Insomnia, drowsiness, dizziness, headache, lipothymia, tremor, extrapyramidal symptoms, dyskinesia.

### **Cardiac disorders**

Tachycardia, extrasystoles, chest pain.

### **Vascular disorders**

Hot flushes.

### **Respiratory, thoracic and mediastinal disorders**

Dyspnoea.

### **Gastrointestinal disorders**

Gastralgia, abdominal pain, dry mouth, nausea, vomiting, constipation, flatulence.

### **Skin and subcutaneous tissue disorders**

Maculopapular or erythematous rash, pruritus, urticaria, acne, dermatitis bullous in exceptional cases.

### **Musculoskeletal and connective tissue disorders**

Myalgia, lumbar pain.

### **Hepatobiliary disorders**

Increase in liver enzymes, hepatitis that can, in exceptional cases, be severe.

### **General disorders and administration site conditions**

Asthenia, lump in the throat.

### **Reporting of suspected adverse reactions**

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system: French National Agency for Medicines and Health Products Safety (ANSM) and the Regional Pharmacovigilance Centres network.

[www.ansm.sante.fr](http://www.ansm.sante.fr)

## **4.9 Overdose**

### **Symptoms**

The experience concerning acute tianeptine intoxication cases (maximum quantity: 2250 mg, ingested in a single administration) have mainly revealed alertness disorders that may even cause coma, especially in case of multiple intoxication.

### **Treatment**

There is no known specific tianeptine antidote. In case of acute intoxication, a symptomatic treatment and routine monitoring must be implemented. Medical monitoring in a specialised setting is recommended.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1 Pharmacodynamic properties**

**Pharmacotherapeutic group: OTHER ANTIDEPRESSANTS**

**ATC code: N06AX14**

Tianeptine is an antidepressant.

In animals, tianeptine has the following properties:

- Tianeptine increases the spontaneous activity of pyramidal cells in the hippocampus and accelerates their recovery after functional inhibition,
- Tianeptine increases the rate of serotonin re-uptake by neurons in the cortex and hippocampus.

In man, tianeptine is characterised by:

- marked action on somatic complaints, especially gastrointestinal complaints related to anxiety and mood disturbances.

Moreover, Tianeptine has no effect on:

- sleep and alertness,
- the cholinergic system (no anticholinergic symptoms).

### **5.2 Pharmacokinetic properties**

Gastrointestinal absorption is rapid and complete.

Distribution is rapid, and is associated with a high level of protein binding (approximately 94%).

The molecule is extensively metabolised in the liver by the processes of beta-oxidation and N-demethylation.

The elimination of tianeptine is characterised by a short terminal half-life of 2½h and by essentially renal excretion of the metabolites.

In elderly subjects: pharmacokinetics studies performed in chronically treated elderly patients (aged over 70 years) demonstrated an increase of one hour in the elimination half-life.

In subjects with hepatic insufficiency: studies have shown that the effects of chronic alcoholism on the pharmacokinetic parameters are negligible, even when the alcoholism is associated with cirrhosis of the liver.

In subjects with renal insufficiency: studies have shown an increase of one hour in the elimination half-life.

### **5.3 Preclinical safety data**

A study demonstrated in rats a decrease in reproductive performance in females (increase in pre-implantation losses) at a maternotoxic dose of 45 mg/kg/day.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

D-mannitol, maize starch, talc, magnesium stearate.

Coating: ethylcellulose, glycerol oleate, SEPIFILM SE 700 White (povidone, sodium carmellose, anhydrous colloidal silica, talc, sucrose, polysorbate 80, titanium dioxide, sodium hydrogen carbonate), white beeswax.

### **6.2 Incompatibilities**

Not applicable.

### **6.3 Shelf life**

36 months.

### **6.4 Special precautions for storage**

This medicinal product does not require any special storage conditions (climatic zones I and II).

To be stored at a temperature below 30 °C (climatic zones III and IV).

### **6.5 Nature and contents of container**

10, 20, 28, 30, 40, 60, 90 or 100 tablets in blisters (Aluminium/PVC) (climatic zones I and II).

10, 20, 28, 30, 40, 60, 90 or 100 tablets in blisters (Aluminium/PVC) overwrapped in sachet (climatic zones III and IV).

### **6.6 Instructions for use, handling and elimination**

No special requirements.

## **7. MARKETING AUTHORISATION HOLDER**

## LES LABORATOIRES SERVIER

50, rue Carnot  
92284 SURESNES Cedex  
FRANCE

## 8. MARKETING AUTHORISATION NUMBER(S)

- 329 337.9 or 34009 329 337.9 2: 10 tablets in blisters (Aluminium/PVC).
- 329 338.5 or 34009 329 338.5 3: 20 tablets in blisters (Aluminium/PVC).
- 267 223-5 or 34009 267 223 5 7: 28 tablets in blisters (Aluminium/PVC).
- 329 339.1 or 34009 329 339.1 4: 30 tablets in blisters (Aluminium/PVC).
- 329 341.6 or 34009 329 341.6 4: 40 tablets in blisters (Aluminium/PVC).
- 329 342.2 or 34009 329 342.2 5: 60 tablets in blisters (Aluminium/PVC).
- 329 343.9 or 34009 329 343.9 3: 90 tablets in blisters (Aluminium/PVC).
- 558 336.0 or 34009 558 336.0 4: 100 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 417 228 7 or 34009 417 228 7 5: 10 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 417 229 3 or 34009 417 229 3 6: 20 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 267 224-1 or 34009 267 224 1 8: 28 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 417 230 1 or 34009 417 230 1 8: 30 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 417 231 8 or 34009 417 231 8 6: 40 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 417 232 4 or 34009 417 232 4 7: 60 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 417 233 0 or 34009 417 233 0 8: 90 tablets in blisters (Aluminium/PVC) overwrapped in sachet.
- 579 827 3 or 34009 579 827 3 7: 100 tablets in blisters (Aluminium/PVC) overwrapped in sachet.

## 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

[to be completed by the holder]

## 10. DATE OF REVISION OF THE TEXT

[to be completed by the holder]

## 11. DOSIMETRY

Not applicable

## 12. INSTRUCTIONS FOR THE PREPARATION OF RADIOPHARMACEUTICALS

Not applicable

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## PRESCRIBING AND DISPENSING CONDITIONS

List I.

Prescription limited to 28 days.

Prescription to be stated in full on secure prescription paper.

Overlapping forbidden unless explicitly stated on the prescription by the prescriber.

A copy of the prescription is to be kept by the pharmacist for a period of 3 years.

## APPENDIX II

### A. MANUFACTURER(S) OF THE BIOLOGICAL ACTIVE SUBSTANCE(S) AND MANUFACTURING LICENCE HOLDER(S) RESPONSIBLE FOR BATCH RELEASE

#### A.1. Name and address of the manufacturer(s) of the biological active substance(s)

LES LABORATOIRES SERVIER Industrie  
905, route de Saran  
45520 – GIDY  
France

#### A.2. Name and address of the manufacturer(s) responsible for batch release

Not applicable.

### B. CONDITIONS RELATIVE TO THE MARKETING AUTHORISATION

#### B.1. Prescribing and dispensing conditions or restrictions placed on the marketing authorisation holder

List I.

Prescription limited to 28 days.

Prescription to be stated in full on secure prescription paper.

Overlapping forbidden unless explicitly stated on the prescription by the prescriber.

A copy of the prescription is to be kept by the pharmacist for a period of 3 years.

#### B.2. Conditions or restrictions for a safe and efficient use of the drug

Not applicable.

#### B.3. Other conditions

Not applicable.

### C. COMMITMENTS OF THE MARKETING AUTHORISATION HOLDER

Not applicable.

### D. QUALITATIVE AND QUANTITATIVE COMPOSITION OF THE EXCIPIENTS

D-mannitol.....	101.000 mg
Maize starch.....	2.500 mg
Talc .....	6.500 mg
Magnesium stearate .....	2.500 mg

For one core tablet of 125 mg.

Ethylcellulose .....	0.247 mg
Glycerol oleate .....	0.123 mg
Povidone * .....	0.228 mg
Sodium carboxymethylcellulose * .....	0.158 mg
Anhydrous colloidal silica * .....	0.108 mg
Talc* .....	13.656 mg
Sucrose * .....	23.946 mg
Polysorbate 80* .....	0.135 mg



Titanium dioxide *	6.208 mg
Sodium bicarbonate *	0.077 mg
White beeswax	0.114 mg

\* In the form of SEPIFILM SE 700 White premix

For one coated tablet of 170 mg.

## APPENDIX IIIA

### LABELLING

#### PARTICULARS TO APPEAR ON THE OUTER PACKAGING AND ON THE IMMEDIATE PACKAGING

#### NATURE / TYPE Outer packaging or immediate packaging

Outer packaging.

#### 1. NAME OF THE MEDICINAL PRODUCT

**STABLON® 12.5 mg, coated tablet**

**Sodium tianeptine**

#### 2. STATEMENT OF ACTIVE SUBSTANCES

Tianeptine (sodium salt) ..... 12.5 mg  
For one coated tablet.

#### 3. LIST OF EXCIPIENTS

*Excipient with a known effect: sucrose.*

#### 4. PHARMACEUTICAL FORM AND CONTENTS

Coated tablet.

Box of 10, 20, 28, 30, 40, 60, 90 or 100.

#### 5. METHOD AND ROUTE(S) OF ADMINISTRATION

Oral route.

Read the package leaflet before use.

#### 6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE REACH AND SIGHT OF CHILDREN

Keep out of the reach and sight of children.

#### 7. OTHER SPECIAL WARNING(S), IF NECESSARY

Not applicable.

#### 8. EXPIRY DATE

EXP {MM/YYYY}

#### 9. SPECIAL STORAGE CONDITIONS

No special precautions for storage (climatic zones I and II).

To be stored at a temperature below 30 °C (climatic zones III and IV).

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

Not applicable.

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

**Holder**

**LES LABORATOIRES SERVIER**

50, rue Carnot  
92284 SURESNES Cedex  
France

**Distributor**

**LES LABORATOIRES SERVIER**

50, RUE CARNOT  
92284 SURESNES CEDEX

France

**Manufacturer**

**LES LABORATOIRES SERVIER INDUSTRIE**

905, ROUTE DE SARAN  
45520 – GIDY  
FRANCE

**12. MARKETING AUTHORISATION NUMBER(S)**

Drug authorisation no.:

**13. BATCH NUMBER**

Lot {numéro}

**14. PRESCRIBING AND DISPENSING CONDITIONS**

List I.

Prescription limited to 28 days.

Prescription to be stated in full on secure prescription paper.

Overlapping forbidden unless explicitly stated on the prescription by the prescriber.

A copy of the prescription is to be kept by the pharmacist for a period of 3 years.

**15. INSTRUCTIONS FOR USE**

Not applicable.

**16. INFORMATION IN BRAILLE**

Not applicable.

**PICTOGRAM WHICH MUST APPEAR ON THE OUTER PACKAGING OR, WHERE THERE IS NO OUTER PACKAGING, ON THE IMMEDIATE PACKAGING**

The pictogram must comply with the order of 8th August 2008 following application of article R.5121-139 of the public health code and relating to the affixing of a pictogram on the outer packaging of certain medicines and products.

**MINIMUM PARTICULARS TO APPEAR ON THE HEAT-SEALED BLISTERS OR HEAT-SEALED STRIPS**

**NATURE/TYPE Blisters / films**

Heat sealed blister (Aluminium/PVC)

**1. NAME OF THE MEDICINAL PRODUCT**

STABLON 12.5 mg, coated tablet

Sodium tianeptine

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

Holder

LES LABORATOIRES SERVIER

Distributor

LES LABORATOIRES SERVIER

**3. EXPIRY DATE**

EXP {MM/YYYY}

**4. BATCH NUMBER**

Batch {number}

**5. OTHERS**

Not applicable.

**MINIMUM PARTICULARS TO APPEAR ON SMALL IMMEDIATE PACKAGING UNITS**

**NATURE/TYPE Small immediate packaging**

Not applicable.

**1. NAME OF THE MEDICINAL PRODUCT AND ROUTE(S) OF ADMINISTRATION**

Not applicable.

**2. METHOD OF ADMINISTRATION**

Not applicable.

**3. EXPIRY DATE**

Not applicable.

**4. BATCH NUMBER**

Not applicable.

**5. CONTENTS BY WEIGHT, VOLUME OR UNITS**

Not applicable.

**6. OTHERS**

Not applicable.

## ANNEX IIIB

### PACKAGE LEAFLET: INFORMATION FOR THE USER

#### *Name of the medicinal product*

**STABLON 12.5 mg, coated tablet**

#### *Boxed text*

**Read all of this leaflet carefully before you start taking this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### *Leaflet contents*

##### **In this leaflet:**

1. What STABLON 12.5 mg, coated tablet is and what it is used for
2. What you need to know before you take STABLON 12.5 mg, coated tablet
3. How to take STABLON 12.5 mg, coated tablet
4. Possible side effects
5. How to store STABLON 12.5 mg, coated tablet
6. Additional information

#### **1. WHAT STABLON 12.5 mg, coated tablet IS AND WHAT IT IS USED FOR**

##### *Pharmacotherapeutic class*

ANTIDEPRESSANT.

##### *Therapeutic indications*

This drug is recommended in depressive states of mild, moderate or severe intensity.

#### **2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE STABLON 12.5 mg, coated tablet**

##### *List of information necessary before taking this medicine*

If your doctor informed you of an intolerance to certain sugars, please contact him/her before you take this medicine.

##### *Contraindications*

**Do not take STABLON 12.5 mg, coated tablet:**

- if you are allergic (hypersensitive) to tianeptine or any of the other ingredients of STABLON,
- in children and adolescents under 15 years of age,
- in combination with antidepressants of the irreversible MAOI class (see section "Taking or using other medicines"). If you must change your treatment from MAOIs to STABLON, you must stop taking the MAOI for two weeks before starting the STABLON treatment. If you must replace a STABLON treatment by a MAOI treatment, a transition period of 24 hours is sufficient.

IF YOU ARE IN ANY DOUBT, YOU MUST CONSULT YOUR DOCTOR OR YOUR PHARMACIST FOR ADVICE.

##### *Precautions for use, special warnings*

**Take special care with STABLON 12.5 mg, coated tablet:**

**Special warnings**

Prolonged use at high doses may lead to dependency.  
Do not exceed the recommended doses.

Patients with fructose intolerance, glucose-galactose malabsorption or sucrose/isomaltase deficiency (rare inherited diseases) should not take this medicine.

Avoid drinking alcoholic beverages or medicines that contain alcohol.

**Suicidal thoughts and worsening of your depression**

If you suffer from depression, you may sometimes have thoughts about self-harming (causing harm to yourself) or suicide. These signs can sometimes get worse during the early stages of treatment with an antidepressant, because drugs of this type do not act immediately but only after 2 weeks or more of treatment.

You are more likely to experience signs of this type in the following situations:

- if you have already had suicidal or self-harming thoughts in the past.
- if you are a young adult. Clinical trials have shown that the risk of suicidal behaviour was greater in adults under 25 years of age who had a psychiatric illness and were receiving antidepressant treatment.

If you experience suicidal or self-harming thoughts, contact your doctor immediately or go straight to the hospital.

You can seek help from a friend or relative by explaining that you suffer from depression and asking him or her to read this leaflet. You can ask this person to tell you if he or she thinks that your depression is getting worse, or if he or she is concerned about changes in your behaviour.

**Use in children and adolescents under 18 years old**

The use of Stablon is contraindicated in children and adolescents under 15 years old and inadvisable in adolescents aged 15 to 18 years old. It is also important to know that patients under 18 years old have a higher risk of side effects such as suicide attempts, suicidal thoughts and hostile behaviour (mainly aggressiveness, opposition behaviour and anger) when treated with this class of medicines.

However, your doctor may prescribe this medicine to patients under 18 years old, if he/she believes it is in the interest of the patient. Please contact your doctor if he/she prescribed this medicine to a patient under 18 years old and you would like to discuss it.

You must tell your doctor if one of the symptoms listed above appears or becomes worse in a patient under 18 years old treated with Stablon.

You must also be aware that the long term safety of this medicinal product concerning growth, sexual maturation and cognitive and behavioural development has not yet been established for this age group.

**Precautions for use**

Do not discontinue the treatment suddenly, but reduce the dosage over a period of 7 to 14 days.

If you must undergo general anaesthesia, it is advisable to notify the anaesthetist and to discontinue the treatment 24 or 48 hours before the operation.

Notify your doctor in case of renal insufficiency.

IF YOU ARE IN ANY DOUBT, YOU MUST CONSULT YOUR DOCTOR OR YOUR PHARMACIST FOR ADVICE

**Interactions with other medicines**

**Taking or using other medicines:**



Taking this drug in combination with certain drugs of the MAOI class (prescribed in cases of depression) may have very serious consequences; such as: high blood pressure, very high body temperature, seizures and death. In the event of the replacement of a treatment with an MAOI, wait two weeks before starting to take this drug.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

#### *Interactions with food and drinks*

Not applicable.

#### *Interactions with herbal medicines or alternative therapy products*

Not applicable.

#### *Use during pregnancy and breastfeeding*

##### **Pregnancy and breast-feeding**

The use of this drug should generally be avoided during pregnancy. If you discover that you are pregnant consult your doctor, he alone can decide whether the treatment should be continued or modified.

Ask your doctor or pharmacist for advice before taking any medicine.

#### *Sportsmen*

Not applicable.

#### *Effects on the ability to drive or operate machinery*

##### **Driving and operating machinery**

In certain patients a decreased level of alertness may occur. Attention is thus drawn to the risks of drowsiness associated with the use of this drug, especially in the case of vehicle drivers and machine operators.

#### *List of excipients with a known effect*

**List of excipients with a known effect:** sucrose.

### **3. HOW TO TAKE STABLON 12.5 mg, coated tablet**

#### *Instructions for a correct use*

Not applicable.

#### *Dosage, Method and/or route(s) of administration, Frequency of administration and Duration of treatment*

##### **Dosage**

The recommended dosage is 1 tablet three times a day, morning, midday and evening, at the beginning of the main meals.

In subjects aged over 70 years, and in subjects with renal insufficiency, the dosage should be restricted to 2 tablets per day.

Do not discontinue the treatment without consulting your doctor.

**ALWAYS TAKE THIS MEDICINE EXACTLY AS YOUR DOCTOR HAS PRESCRIBED.**

##### **Method of administration**

Oral route.

#### *Symptoms and instructions in the case of overdose*

If you took more Stablon than you should:

The symptoms of a possible overdose could include alertness disorders which may lead to coma, especially in case of multiple intoxication.

If you took more Stablon than you should, contact your doctor or pharmacist immediately. The Stablon treatment must be suspended immediately in such a case.

#### *Instructions for the omission of one or several doses*

Not applicable.

#### *Risk of withdrawal syndrome*

Not applicable.

## 4. POSSIBLE SIDE EFFECTS

#### *Description of side effects*

Like all medicines, STABLON 12.5 mg, coated tablet can cause side effects, although not everybody gets them:

- stomach ache, abdominal pain, dry mouth, loss of appetite, nausea, vomiting, constipation, flatulence,
- insomnia, drowsiness, extrapyramidal symptoms (rigidity, reduced movements), involuntary movements, nightmares, dependence, suicidal thoughts and behaviour, confusion, hallucinations, fatigue,
- cardiac disorders: palpitations, pain in the region in front of the heart, quickening of the heartbeat,
- dizziness, headache, malaise, tremor, hot flushes,
- difficulty in breathing, lump in the throat,
- muscle pain or lower-back pain,
- skin rash, itching, urticaria, acne, dermatitis bullous in exceptional cases,
- increased liver enzymes, hepatitis that can, in exceptional cases, be severe,
- hyponatremia.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system French National Agency for Medicines and Health Products Safety (ANSM) and the Regional Pharmacovigilance Centres network. [www.ansm.sante.fr](http://www.ansm.sante.fr). By reporting side effects you can help provide more information on the safety of this medicine.

## 5. HOW TO STORE STABLON 12.5 mg, coated tablet

Keep this medicine out of the reach and sight of children.

#### *Expiry date*

Do not use STABLON 12.5 mg, coated tablet after the expiry date which is stated on the box.

The expiry date refers to the last day of that month.

#### *Storage conditions*

No special precautions for storage (climatic zones I and II).

To be stored at a temperature below 30 °C (climatic zones III and IV).

#### *If necessary, warnings against visible signs of deterioration*

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6. ADDITIONAL INFORMATION

*Complete list of the active ingredients and the excipients*

**What Stablon 12.5 mg, coated tablet contains**

**The active substance is:**

Tianeptine (sodium salt).....12.5 mg  
For one coated tablet.

**The other ingredients are:**

D-mannitol, maize starch, talc, magnesium stearate.

Coating: ethylcellulose, glycerol oleate, SEPIFILM SE 700 White (povidone, sodium carmellose, anhydrous colloidal silica, talc, sucrose, polysorbate 80, titanium dioxide, sodium hydrogen carbonate), white beeswax.

*Pharmaceutical form and content*

**What STABLON 12.5 mg, coated tablet is and contents of the pack**

This medicinal product is presented in coated tablet form. Box of 10, 20, 28, 30, 40, 60, 90 or 100.

*Name and address of the marketing authorisation holder and the manufacturing licence holder responsible for batch release, if different*

**Holder**

**LES LABORATOIRES SERVIER**

50, rue Carnot  
92284 SURESNES Cedex

**Distributor**

**LES LABORATOIRES SERVIER**

50, rue Carnot  
92284 SURESNES CEDEX

**Manufacturer**

**LES LABORATOIRES SERVIER INDUSTRIE**

905, route de Saran  
45520 GIDY

*Names of the drug in the Member states of the European Economic Area*

Austria	STABLON
Bulgaria	COAXIL
Estonia	COAXIL
France	STABLON 12,5 mg
Hungary	COAXIL
Latvia	COAXIL
Lithuania	COAXIL
Luxembourg	STABLON
Malta	STABLON 12,5 mg
Poland	COAXIL
Portugal	STABLON
Czech Republic	COAXIL
Romania	COAXIL
Slovakia	COAXIL

Slovenia

COAXIL

*Approval date of the leaflet*

**This leaflet was last approved in {date}.**

*MA under exceptional circumstances*

Not applicable.

*On-line information*

Detailed information on this medicine is available on the Ansm (France) web site.

*Information reserved for healthcare professionals*

Not applicable.

*Other*

Not applicable.