

TECHNOLOGY IS NOT AN OBSTACLE, IT'S A FORCE MULTIPLIER



ARMY 1ST SGT. PAUL B. SHELL *JTF PAO - Senior Enlisted Leader*

Technology helps us lead the way. A challenge for today's leadership in the military leveraging technology to accomplish the mission. The young warriors of today's military are high-tech ninjas with their personal electronic devices. The days of note pads, pens and

telephones have given way to smart phones, tablets and many other similar devices with unlimited applications. Leaders are more likely to communicate with service members through text messaging, Facebook, Snapchat or other social media outlets before a simple phone call. Capitalizing on technology and the skills of self-taught, high-tech warriors are a force multiplier for any leader at any level. The Army's Training and Doctrine Command has long recognized this fact.

The training of service members has moved into the 21st century. Military leaders have recognized the persistent use of PEDs by the younger generation and some military branches have implemented 21st century class concept into their learning institutions. The addition to the classroom of iPads, tablets, video games, smart boards and digital response systems give cadre instantaneous feedback, while enhancing the learning experience for the students. The students then take this experience back to their line units hoping to further the use of this technology.

Even leaders at the lowest level will need to follow suit or get left behind. Moving forward for garrison or field operations will require leveraging the same technology.

The 21st century military element will be equipped with toughbooks, or similar devices, loaded with maps, sea navigation devices, technical manuals and field manuals. Leaders will accomplish the mission using the tried and true military decision-making process accompanied with technology versus training aids and sand tables. This will empower subordinates to accomplish specific individual tasks to further aid the overall accomplishment of the mission.

Bill Gates once said, "As we look into the next century, leaders will be those who empower others."

The Department of Defense is investing in state of the art equipment and technology as the budget permits. Today's leadership will be required to leverage the use of this equipment and technology, while empowering their subordinates to do the same. Simply put, technology is not an obstacle for 21st century leaders, it's a force multiplier.

Article by

ARMY 1ST SGT. PAUL B. SHELL

JTF PAO - Senior Enlisted Leader



Dear Jane,

How thoughtful of you to communicate with me during my deployment, although I wish you had not sent a "Dear John" letter.

I thought we had a future together. When I left home to come out here, you seemed sorry to see me go. You said you'd wait for me. We've been in regular contact. Everything sounded good. You said you loved me. Now you're telling me there's someone new in your life. If you thought I would be angry or upset, you were correct! Not only is it impolite to break up with someone long distance, it's equally inconsiderate to choose someone else over me. Tacky!

DEAR JANE, I'LL BE JUST FINE

The good news is I'm surrounded by supportive people who care about me. A colleague noticed I didn't look so good the morning after your letter arrived. Although I normally don't discuss personal issues with co-workers, I told him what happened. He suggested I see a chaplain. I was reluctant to go since I'm not a religious person, but chaplains have confidentiality, and I needed to talk to someone privately and discretely. The chaplain helped by listening without interrupting or judging, reflecting my thoughts and feelings and devising strategies for moving forward with life without you. The chaplain said I could have follow-up counseling through the Fleet and Family Support Center or JSMART. I went to both. Fleet and Family Support Center has an office in the JTF chaplain's office—they were helpful. JSMART is great! They have massage chairs and dogs to pet and compassionate people who really care.

Everyone I talked to shares the same opinion: I'll be okay, and you lost. I wish you well, but if that's how you treat people, I'm glad we're not together.

Sincerely, John Trooper

Article bu

NAVY CHAPLAIN CMDR. SEAN A. COX

JTF GTMO Chaplain









LEADERSHIP & CHAPLAIN

Technology is not an obstacle for 21st century leaders, it's a force multiplier. Trooper John replies with a "Dear Jane" letter informing her that he is doing just fine.

GTMO NEWS / COVER PHOTO

Masters at Arms K-9 team members use their military working dogs to support JTF missions. Troopers pactice their skills for a Non-Compliant Vessel exercise.

PHOTO STORY

The 525th Military Police Detention Battalion holds their quarterly Vigilant Warrior competition at U.S. Naval Station Guantanamo Bay, Cuba, March 29.

ENTERTAINMENT

Whiskey Tango Foxtrot is a compelling movie that will keep you interested the entire time you are watching. It depicts the struggle of war correspondents.

SPORTS

The Flying Monkeys struggled to keep their first place position in the MWR kickball league game against Balsagna, March 31, but pulled through with an 11-10 win.

HEALTH & JSMART

The concept ACT helps us create a rich and meaningful life through the principles of accepting suffering while focusing our behaviors on positive intentions.

MOTIVATORS OF THE **WEEK**

AIRFORCE SENIOR AIRMAN **ADAM BRAND**

ARMY SPC. **TARA FORREST**

COVER PHOTO CAPTION

Navy chief petty officers from around Joint Task Force Guantanamo gather to celebrate the 123rd birthday of the chief petty officer rank, 1 April 2016.

WHEN THE ADVERSARY TARGETS OUR INFORMATION

When the adversary targets our information there is a process that is involved:

- 1) They establish a requirement for information.
- 2) They task someone to collect the information.
- 3) Collected information is processed.
- 4) Information is analyzed.
- 5) The final product is disseminated so terrorists or criminals can act on it.

When it comes to OPSEC, the main step that we are concerned with is number 2, the collecting of information. This is where OPSEC puts in place countermeasures to mitigate both risk and vulnerabilities to our critical information. So who is targeting you and what information can they collect?

The Wire is an authorized publication for members of the Department of Defense. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF GTMO. The contents of The Wire are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the U.S. Army, Air Force, Navy, Marines or Coast Guard. The editorial content of this publication is the responsibility of the Joint Task Force Guantanamo Bay Public Affairs Office. The Wire is printed weekly by the Defense Logistics Agency Document Services with a circulation of 1,025. It is distributed free to all personnel assigned to the Joint Task Force and is published online.



joint**task**force**guantanamo**







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ARMY CAREER ADVANCEMENT OFFERED AT GTMO

For the first time, the Army's Basic Leadership Course is now available at U.S. Naval Station Guantanamo Bay, Cuba. The 22-day course is the first leadership training a Soldier must complete in the Noncommissioned Officer Education System to move up in rank.

It all started with the senior enlisted leader of Joint Task Force Guantanamo, Command Sgt. Maj. David W. Carr's vision to meet the need for deployed Army Reservists and National Guard Soldiers stationed here to be able to attend BLC, said Army Staff Sgt. John Dalgleish, the senior instructor of BLC here. It is often difficult for those Soldiers to attend BLC at home due to state budgets and slot availability, which limits their career advancement.

After a Soldier completes BLC, they are then eligible to enroll in Structured Self-Development 2, which is now a pre-requisite for the Advanced Leadership Course, the next step in leadership development. NCOES alternates between the online SSD classes and institutional training levels until the Soldier



Students of the Army's Basic Leadership Course, conduct physical fitness training at U.S. Naval Station Guantanamo Bay, Cuba, March 30. This is the first time BLC has ever been available for Soldiers at GTMO.

reaches the highest enlisted rank: command sergeant major.

"The structure of the whole course is

divided up among three modules," said Dalgleish. "The first module teaches basic leadership. They learn communicative writing in how to write counseling statements, NCOER (Noncommissioned Officers Evaluation Reports), memos and awards. The second module of training instructs them on how to directly conduct training to their future Soldiers, such as oral briefs and classroom presentations."

BLC is non-specific to a Soldier's Military Occupational Specialty. First and foremost, a Soldier's primary mission is on the battlefield which is the foundation of the course curriculum.

"The last module is war fighting," said Dalgleish. "We as Soldiers have all come to realize, it doesn't matter what your MOS is; we are war fighters first. So, we then teach them basic battle drills, tactical reports and land navigation."

Normally, an NCO Academy hosts BLC with all Soldiers required to live in the barracks together. At GTMO, the classroom portion of BLC is held at the Sampson Elementary School and the Soldiers are authorized to live in their assigned rooms here. However, On Day Zero, the Soldiers are still expected to bring in all the required items listed on the packing list.

"A Soldier can better prepare themselves for BLC by learning to pay attention to detail," said Dalgleish. "In the past we have noticed that Soldiers always come with the best intention to make Commandant's List or make honors. Then the smallest little thing of forgetting one item will 'gig' them because they don't have all the required items in the packing list. If they want to be here they need to take it upon themselves to get their stuff straight as well."

A Soldier's decision to attend a leadership training school like BLC sets the tone for their future military career. By training a Soldier into becoming one of the Army's most professional leaders, an NCO, BLC creates a stronger and more adaptable Army and ensures our military's effectiveness for years to come, said Dalgleish.

Article and photos by ARMY SGT. SARAH E. KIRBY



Students of the Army's Basic Leadership Course, conduct physical fitness training at U.S. Naval Station Guantanamo Bay, Cuba, March 30.

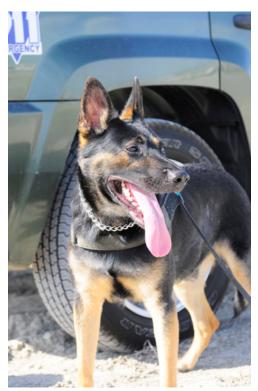
A BIG WOOF FOR OUR MILITARY WORKING DOGS

On the clear morning of March 31, Kalo, a Masters at Arms Detection K-9, eagerly sought out the training aids laid out for him by his handler, Petty Officer 2nd Class Chantle Correa. As they worked through their obstacles as a team, Kalo eagerly pulled forward, excited for the days training.

The Military Working Dog Kennel's mission on U.S. Naval Station Guantanamo Bay, Cuba is to support the naval station security and support Joint Task Force missions with K-9 detection capabilities.

The kennel has an assortment of detection dogs. The breeds here are mostly made up of

German Shepherds and Belgian Malinois. Each dog has gone through its own detection training, making them an essential and unique part of the mission here.



Kalo, a Military Working dog at US Naval Station Guantanamo Bay, Cuba, rests after completing early morning training, March 31



Petty Officer 1st Class Roberto Aguilar, a masters at arms stationed on U.S. Naval Station Guantanamo Bay, Cuba, rewards Gina, his K-9 partner, for finding a training device hidden for the exercise conducted March 31.

"We have a pretty awesome kennel here," said Correa. "The MA1's here are pretty awesome. They are all about teamwork. There is no competing against each other; you are competing for each other. You learn off of each other and push each other. I love that the leadership here gives me the opportunity to learn. This kind of leadership has really helped me learn how to be a 2nd Class."

Kalo and Correa are a new team, and are still in the process of building rapport with each other. Correa said she takes pride in spending extra time with Kalo to make sure they will have a strong bond as they continue working together. Rapport building is her specialty, said Correa. She spends time with Kalo each day, whether it is grooming him, sitting with him in the kennel or while they are out training.

"They (the kennel personnel and dogs) are very motivated," said Chief Fabian Salazar, NAVSTA Guantanamo Bay Security Department Kennel Master. "They are always looking for something new, a new mission or even volunteer opportunities."

The kennel recently went through the fiscal year 2016 Military Working Dog Security, Training, Assistance and Assessment visit in March. Petty Officer 2nd Class Michael Bowers and his K-9 partner Kili, received 100 percent in explosive detection, patrol and

aggression and the administrative portions of the inspection. Naval Station Guantanamo Bay kennel received an overall passing rate of 97 percent. They have received one of the highest scores for fiscal year 2015 and 2016 in the Commander, Navy Region Southeast. This placed them as the highest scoring kennel in their region for the third consecutive year.

"It's the best job in the Navy," said Petty Officer 1st Class Roberto Aguilar, a dog handler in the kennel. "We love what we do."

Aguilar and his K-9 partner, Gina, who have been together for the past six months, exhibit a strong bond. Rehearsing their training, Gina quickly responded to Aguilar's commands, and moved through the course in a quick and proficient pace. When she found her intended training aids, Aguilar rewarded her with a toy for a short playtime. Gina works hard and plays with equal enthusiasm when going from a serious working dog to a playful companion. When given the command, she quickly resumed her work and continued searching for her intended targets.

"When we are working together and we have had a bad day, she is always excited to see me the next day," said Aguilar. "It's the best bond."

Article and photos by

ARMY SGT. CHELSEA R. GARCIA

123RD BIRTHDAY FOR CHIEF PETTY OFFICERS



Navy chief petty officers from around Joint Task Force Guantanamo gather to celebrate the 123rd birthday of the chief petty officer rank, April 1. Navy chief petty officers around the world celebrate the day by sharing a cake.

Navy chief petty officers held a celebration for the 123rd birthday of the rank of chief petty officer, April 1 in front of Joint Task Force Headquarters on U.S. Naval Station Guantanamo Bay, Cuba. More than 30 Navy personnel of various ranks were in attendance including JTF-GTMO commander, Rear Adm. Peter Clark.

Chief Petty Officer Richard Martinez, a hospital corpsman assigned to JTF-GTMO, delivered a speech about the history of the chief petty officer.

"On April 1, 1893, two important steps were taken," Martinez said. "First, the grade of chief petty officer was established, and second, most enlisted men received a pay raise from \$50 to \$70 a month depending on the specialty they held."

Martinez explained that no one was the first chief petty officer, but most enlisted men with the grade of petty officer first class in 1885 advanced to the chief petty officer level.

Navy chief petty officers around the world celebrate the day by sharing a cake, per tradition, and a cutlass is used to cut the cake as a reminder that chief petty officers are a band of warriors committed to bearing arms so that the nation may live in peace, Martinez said.

Clark received the first piece of cake, and Senior Chief Petty Officer David Savoie, the oldest chief petty officer present, received the second piece. He then passed the piece of cake to the youngest chief present, Chief Petty Officer Jeffrey Jones.

Jones has been in the Navy for nine years, and is honored to now be a chief petty officer.

"This event means the world to me," he said. "It took a long time to get to the rank of chief petty officer. I held it in very high esteem as I was making my way up the ranks."

Jones advanced to the rank of chief petty officer in September 2015 aboard the USS America.

"It was a very special day because my brother, my father, my mother and especially my wife and daughter were able to come," he said. "My wife and my 7-year-old daughter were the ones who pinned the anchors onto my collar, which meant the world to me. You don't get to that rank by yourself -- you get there with your sailors and it takes a toll on your family."

Senior Chief Petty Officer Eddie Couillard, leading chief petty

officer of administration at the Joint Medical Group here, has been in the Navy for 24 years and, in 2003, advanced to chief petty officer.

Chief petty officers could not be where they are today if it were not for admirals, officers and junior enlisted sailors, Couillard said.

"Without their support through the years, throughout the traditions of the Navy, we couldn't uphold our traditions and continue on this legacy," he said. "The more that people see this, the more transparent we are in what we do. It's not a secret what chiefs do; we work as a team."

Every year the celebration is a little different, but it's not just about chief petty officers, it's about everyone at JTF, Couillard said.

"It's not just our celebration, it's everyone's celebration," he said.

Article by

ARMY PFC. LAUREN A. OGBURN Photos bu

ARMY STAFF SGT. MATHIEU PERRY



Senior Chief Petty Officer David Savoie, Rear Adm. Peter Clarke, and Chief Petty Officer Jeffrey Jones celebrate the 123rd birthday of the chief petty officer rank by using a cutlass to cut the cake, April 1. The cutlass is used to cut the cake as a reminder that chief petty officers are a band of warriors committed to bearing arms so that the nation may live in peace.

525TH MILITARY POLICE HOST: VIGILANT WARRIOR COMPETITION



Before the sun's bright rays peeked over the ocean's horizon and onto Cooper Field, Soldiers from the 525th Military Police Detention Battalion at U.S. Naval Station Guantanamo Bay, Cuba were already battling it out at the Vigilant Warrior Competition, March 29.

The 525th MP Bn's motto is "Vigilant Warrior."

Their distinctive unit crest is green and gold, unique to military police, and black for jurisprudence, and the theory or philosophy of law. The scroll is a symbol for a legal document and the written word, and refers to military police governing policies, administrative procedures, records and dossiers. The helmet is tournament-style and signifies traditional honor, while its bars allude to control, protection and retention.

Each Soldier will perform their duties and represent the unit as those who have before them. The Soldiers participating had strict standards they had to meet to take part in the competition.

"We all had to have a minimum PT (physical training) score of 240 or higher, as well as showing that we are currently enrolled in or have completed college courses or Military Correspondence courses," said one of the competitors.

The Vigilant Warrior compe-

tition consists of six events: a 100 meter sprint, pull ups, deadlifts, sit ups, pushups, a 3-mile run and two Army Warrior Tasks.

"My favorite event was the deadlift," said a competitor. "Just being able to get up there and knock out the weight real quick, with all the supporters looking on and

TRAIN
HARD
TO SHOW
THEM
WHAT YOU
GOT

cheering."

The events were scored on a points scale, set by a certain amount of repetitions to be completed in a given amount of time.

An example was the deadlift. For gold, males needed to complete 16 repetitions, and for females their maximum repetitions were 12. For silver, males had to reach 12 reps and females needed to complete 8

reps, and for bronze the minimum for males was 8 reps and females had to complete 4 reps.

It depended on the competitors' weight as to what they would have to deadlift. For males, they had to be able to lift 1 ½ times their weight and the females had to lift 100 percent of their body weight.

"This competition shows you where you are in your physical and mental ability as a Soldier," said one of the competitors. "Train hard to show them what you've got; a Soldier is how they train."

To ensure maximum effort was given by all participants, those who earned bronze received a Battalion Certificate of Achievement, as well as a three-day pass. Soldiers who earned silver received a Battalion Certificate of Achievement and a four-day pass. The top Soldiers who earned gold received an Army Achievement Medal and a four-day pass.

Events like the Vigilant Warrior Competition help bring units together by boosting morale through good, healthy competition. Win or lose, these competitions give the Soldiers a chance to get away from their work environment, let out some steam in the form of physical training and just have fun.

Article and photos by

ARMY SGT. MATT YOUNG



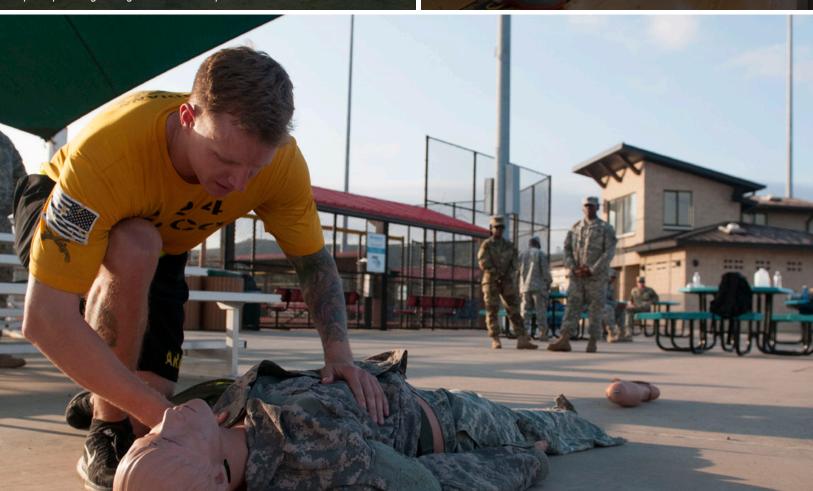
Soldiers with the 525th Military Police Detention Battalion race against the clock on their 3-mile run during the Vigilant Warrior Competition held at U.S. Naval Station Guantanamo Bay, Cuba March 29.



A Soldier with the 525th Military Police Detention Battalion completes multiple pushups during the Vigilant Warrior Competition.



Soldiers with the 525th Military Police Detention Battalion complete multiple deadlifts during the Vigilant Warrior Competition.



A Soldier with the 525th Military Police Detention Battalion treats a casuality as part of their Warrior Task during the Vigilant Warrior Competition.



Soldiers with the 525th Military Police Detention Battalion complete multiple situps during the Vigilant Warrior Competition.



A Soldier with the 525th Military Police Detention Battalion treats a casuality as part of their Warrior Task during the Vigilant Warrior Competition.



Soldiers with the 525th Military Police Detention Battalion complete multiple deadlifts during the Vigilant Warrior Competition.



Soldiers with the 525th Military Police Detention Battalion pose for a picture after competeing in the Vigilant Warrior Competition.

MISSION AT HAND, NON-VIOLENT, NON-COMPLIANT



Troopers from the 744th Military Police Battalion gathered on Windmill Beach as they practiced for a Non-Compliant Vessel exercise, March 29, on U.S. Naval Station Guantanamo Bay, Cuba.

Troopers from the 744th Military Police Battalion congregated on Windmill Beach as they prepared for a Non-Compliant Vessel exercise with the Coast Guard and Navy, March 29, on U.S. Naval Station Guantanamo Bay, Cuba, to practice joint communication and how to handle non-hostile, non-compliant situations.

Master Sgt. Lawrence Mawhinney, a noncommissioned officer for 744th MP Bn., was previously involved with similar exercises. The exercises effectively began with the concept of needing to learn how to communicate with other services.

"That went well, but we identified some issues," said Mawhinney. "We wanted to work off of their finds and help communication among the branches. We need to know how the Coast Guard talks, how the Navy talks, and they need to know how we talk (Army)."

Mawhinney was not the only one who wanted to see the branches work well among one another, so were the Troopers involved with the exercise.

"This is a good assignment to do," said Sgt. Gelono Joshua, a Trooper with the 744th MP Bn., "to get an idea of how all the parts come into play."

Joshua played the part of the protestor group. He was eager to see the exercise in action. The role-players had their mission and readily started heading toward the gate to face the guards. Guards and the quick reaction force put into practice all the training they received in how to handle the situation of a rowdy crowd of protestors.

"Between them having the boat come in and the rowdy crowd coming up at the same time," said Spc. John T. Walters, a Trooper with the 744th MP Bn., "it was a thrill."

As the crowd walked up the hill chanting, yelling, playing loud music and trying to cause chaos, the guards immediately started taking action and following directions as they called up to their command post. The guards began closing and locking the gate, relaying information to their higher headquarters about what they saw, telling the crowd to leave the area.

"Being compliant with SOPs and listening to what they said and what they were doing – you have to be pretty good at multitasking," said Walters.

While the QRF and the master-at-arms began interacting with the crowd and trying to get them to disperse, they practiced how to properly search, restrain and escort people away in an effort to keep order and peace. Instructors approvingly nodded their heads, with a few taking notes on improvements for future training exercises.

"Overall, we have a pretty solid plan," said Mawhinney. "It may not go exactly as envisioned, but we will address any issues we discover."

The exercise took around an hour to get both groups under control. Finally, the moment of truth of came out when officers-in-charge and noncommissioned officers-in-charge started conducting after action reviews.

It was clear from the feedback from different branches of the military felt communication was a huge success. Everyone felt eager and energized and cannot wait for the next one.

Article and photos by

ARMY SGT. MATTHEW J.J. TARPLEY



Troopers from the 744th Military Police Battalion congregated on Windmill Beach as they prepped for a Non-Compliant Vessel exercise with the Coast Guard and Navy, March 29, on U.S. Naval Station Guantanamo Bay, Cuba. Here a mastersat-arms goes over proper handcuffing procedures with a role-player protestor.

IN THEATERS THIS WEEK

The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.



The Perfect Match (New) R, 8 p.m. Eddie the Eagle PG13, 10 p.m.	The Divergent Series: Allegiant PG13, 8 p.m. 10 Cloverfield Lane PG13, 10:30 p.m.	Risen (LS) PG13, 8 p.m.	London Has Fallen R, 8 p.m.	My Big Fat Greek Wedding 2 PG13, 8 p.m.	The Witch (LS) R, 8 p.m.	Gods of Egypt PG13, 8 p.m.
4/8 FRIDAY	4/9 SATURDAY	4/10 SUNDAY	4/11 MONDAY	4/12 TUESDAY	4/13 WEDNESDAY	4/14 THURSDAY
10 Cloverfield Lane PG13, 8 p.m. Gods of Egypt PG13, 10 p.m.	The Perfect Match (New) R, 8 p.m. Zootopia PG, 10 p.m.	The Witch (<i>LS</i>) <i>R, 8 p.m.</i>	LYCEUM	Risen (LS) PG13, 8 p.m.	LYCEUM	Batman V Superman: Dawn of Justice PG13, 8 p.m.

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info.

★Concessions at Bulkeley are closed until further notice

Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

*Want to write a movie review for The Wire? Send your movie review to: thewire@jtfgtmo.southcom.mil

MOVIE REVIEW / WHISKEY TANGO FOXTROT





Whiskey Tango Foxtrot is a compelling movie that follows the disheveled life of Kim Baker (Tina Fey), a television journalist, who wants more than her day-to-day cubical job. When given the opportunity, she agrees to take a three month assignment as a war correspondent during Operation Enduring Freedom-Afghanistan.

When she arrives at Kabul International Airport, Fahim Ahamdzai (Christopher Abbott) greets her, and becomes her Afghan "fixer." Throughout the film, he does his best to help her and becomes a great friend to her. Upon reaching her assigned housing, she meets fellow journalists Tanya Vanderpool (Margot Robbie) and Iain MacKelpie (Martin Freeman).

After a short time, her assignment requires her to be embedded media with a Marine unit. At first, they take a dim view of her inexperience, but after she put herself in the line of fire, she earns their respect. She interviews many of the Marines, but from most she only receives sarcastic remarks.

Kim stays in Afghanistan longer than she had ever imagined; months turn into years, and after catching her boyfriend Chris (Josh Charles) on video chat in bed with another woman, she begins a sexual relationship with Iain. Eventually the relationship slowly evolvblossomses into a romance.

As Kim works through the struggle of being a woman in the male

dominated culture of Afghanistan, she also uses it to her advantage. She finds out that the women in a particular village are intentionally sabotaging a well built by the Marines during their daily walk to the river to get away from the men in the village. She also develops a friendship with an Afghan government figure, Ali Massoud Sadiq (Alfred Molina), who tries earnestly to sleep with Kim.

Even though she creates friendships with the other journalists, she is continuously competing with them for the most interesting stories. After flying back to New York to fight for her position in Afghanistan, she discovers that Tanya was being hired to take her place. In the midst of all this, Iain was kidnapped for ransom while he was covering a story a that he promised to help Kim cover.

Upon returning to Afghanistan, she blackmails Ali Massoud Sadiq into giving her information about Iain's whereabouts and uses her ties with the Marines to coordinate a rescue mission. The mission, covered by Kim's cameraman, is a complete success.

After the mission, Kim realizes her danger and returns home, ending the relationship with Iain. She searches for a wounded Marine friend (Evan Jonigkeit) because after one of her interviews, he was transferred. She tries to apologize to him for what she believed was her fault, but he simply tells her that she had to "embrace the suck," and move on.

As someone who deployed to the Kabul area, this movie was compelling and hit home in many ways. It was interesting to see the civilian aspect of the war during that time period. I give it four out of five banana rats because it kept me interested throughout and had some very humorous parts. I strongly encourage people to go watch the movie.

This movie received seven out of 10 stars on www.imdb.com.

Whiskey Tango Foxtrot is rated R for pervasive language, some sexual content, drug use and violent war images.

Movie Review bu

ARMY SGT CHELSEA R. GARCIA

MWR 2016 SPORTS SCHEDULE

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

MONTH / DAY

ACTIVITY

MOITIII, DAI	AGIIVIII
April 11	Flag Football League starts
April 16	Youth Swim Meet
April 18	Golf League
April 23	Olympic Triathlon
May 7	Color Run
May 9	Indoor Volleyball League
May 14	Adult 500 Yard Swim
May 14-15	GTMO Golf Open
May 20-21	Captain's Cup Events
June 4	Max Performance Games
June 11	JPJ 5 Miler
June18	Youth Summer Splash
June 25	Power Lifting Meet
June 27	Soccer League starts
July 2	Softball Tournament
July 2	Ridgeline Trail Run
July 4	Golf Tournament
July 11	Basketball League starts
July 16	Cable Beach Run
July 23	Adult Swim Sprint 300 Yard
July 25	Badminton League starts
August 6	Duathlon
August 8	Beach Volleyball League
August 13	Paddle, Pedal, Paintball
August 20	Back to School Splash
August 20	Fitness & Figure
August 22	Ultimate Frisbee League
August 27	All-Night Softball Trnmnt.
September 3	Sprint Triathlon
September 5	Golf Tournament
September 6	Co-Ed Softball League
September 11	9/11 Memorial Run
September 13	Flag Football League starts
September 17	Adult 100 Yard Swim Meet
October 22	Glow Run
October 29	Zombie Run
November 5	Olympic Triathlon
November 19	Max Performance Games
November 24	Thanksgiving Half & 5K
November 26	Across the Bay Swim
December 3	Power Lifting Competition
December 9	Army vs. Navy Game
December 23	Jingle Bell Fun Run
December 24	Holiday Basketball Trnmnt.

For questions contact the G.J. Denich Gym at x77262.



BASES LOADED IN FINAL MINUTES OF GAME



Kody Baslie, the pitcher for Balsagna, throws a fast ball toward Flying Monkeys next kicker at Cooper Field, March 31, for the Morale, Welfare & Recreation kickball game on U.S. Naval Station Guantanamo Bay, Cuba.

Two teams faced off at Cooper Field on U.S. Naval Station Guantanamo Bay, Cuba, for the Morale, Welfare & Recreation kickball game, March 31. The *Flying Monkeys* used their "have fun and be loose" strategy to defeat Balsagna, 11-10, holding on to their first place standing in the league.

"Our strategy is to go out there and have fun," said Miguel A. Burgos, coach of the *Flying Monkeys*. "Whenever we have the most fun and are loose is when we excel and the runs come."

The *Flying Monkeys* were the home team and never let their spirit down. They cheered on their fellow teammates, even after the second inning when *Balsagna* picked up three more runs, and the *Flying Monkeys* were unable to score any points.

"I felt like it was going to be a good game, but a challenge," said Justice M. House, the left center for *Balsagna*.



Jenna Layton, second base for Balsagna, yells for the ball as Micah Rivas, short stop for the Flying Monkeys, rushes to second base at Cooper Field, March 31, for the Morale, Welfare & Recreation kickball game on U.S. Naval Station Guantanamo Bay, Cuba.

Both teams knew the game would be a challenge, and a challenge it was. The game started out with *Balsagna* leading the first four innings, but they fell short of maintaining the lead in the final moments of the fifth inning.

"We have a good solid defense," said Burgos. "We have a lot of quick players and young guys that can cover a lot of ground, and I think that is what carries us through."

In the third inning, the *Flying Monkeys'* defense was able to hold back their opponent, resulting in no additional runs for the inning. When the teams switched positions and *Balsagna* took the field, the bases were loaded with two outs. This was the chance for the *Flying Monkeys* to catch up to their opponent. When the kick went into the air, House caught the ball ending the inning with no runs for either team.

The *Flying Monkeys* missed a lot of kicks they should have caught, while *Balsagna* caught a majority of the kicks, making the competition fierce between the two teams.

The *Flying Monkeys* stepped up their defense and offense in the fourth and fifth innings, proving why they were first place in the league here.

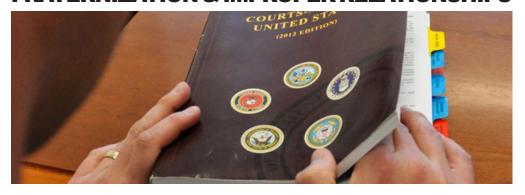
"We are in first place and we want to maintain that going off into the playoffs," said Burgos. "A win is a win -- we take it as we get it and look forward to seeing them (Balsagna) in the playoffs."

Article by

ARMY SGT. SHANNON BALL
Photos by
ARMY SGT. MATTHEW J.J. TARPLEY

MWR KICKBALL

FRATERNIZATION & IMPROPER RELATIONSHIPS



While at Joint Task Force Guantanamo, Troopers should be aware of JTF-GTMO Policy #14.5, Fraternization and Improper Relationships. Violations of this policy are some of the most common offenses seen at the Military Justice Section at JTF-GTMO. In general, JTF-GTMO Policy #14.5 defines an improper relationship as one that is unduly familiar and compromises, or appears to compromise, good order and discipline. This means that a relationship that in a reserve status is appropriate may nonetheless violate the policy, if it compromises or appears to compromise good order and discipline. Such relationships can occur between officers and enlisted, junior and senior officers, junior and senior enlisted, and even between service members within the same chain of command, regardless of rank.

For those in the National Guard and Army Reserves, fraternization is not something you hear about very often. In reserve status, an officer may be your best friend from college, who joined ROTC. Or maybe you began dating that special someone when you were both private first classes and now one of you is a specialist, and the other a sergeant. Or maybe your childhood friend is also your noncommissioned officer-in-charge. Although these situations seem commonplace and are sometimes allowable in reserve status, AR 600-20 and the local JTF-GTMO policies place restrictions on these situations.

Some types of prohibited relationships between groups are obvious, such as gambling, which is not permitted. However, some are less obvious, especially when compared to what is allowable as a reserve Soldier. For those of us in the National Guard and Reserves, AR 600-20, 14-4(c)(2) states that the general prohibition against improper relationships does not apply to "personal relationships between members of the National Guard or Army Reserve, when the relationship primarily exists due to civilian acquaintanceships, unless the individuals are on [active duty] (other than

AT) ..." Meaning in a drilling status, personal relationships are permissible between, for example, an noncommissioned officer and junior enlisted Soldier, if that relationship arose from primarily civilian interactions. While on active duty, JTF-GTMO Policy #14.5 and AR 600-20 prohibits personal relationships between those groups. Therefore, here at JTF-GTMO as an active duty Soldier, it is best to maintain personal relationships only with Troopers in your peer group.

It is important to know that an improper relationship encompasses both intimate relationships and friendships. Therefore, friends of significantly different ranks cannot hang out regularly to the exclusion of others, even if that friendship existed before entering active duty. That is not to say that Soldiers of mixed ranks can never spend time together. Team building is always encouraged and squads, platoons or companies may hold group events, so long as everyone is invited and respect of rank and grade is maintained. Again, the key is that relationships cannot create actual or perceived undue familiarity, which can prejudice good order and discipline.

Commanders have the discretion to determine whether you are in violation of JTF-GTMO Policy #14.5. Additionally, if the commander determines you are in violation, they possess wide discretion in how to handle the situation, meaning anything from informal counseling, non-judicial punishment or courts-martial. If you are unsure of whether you are in violation of JTF-GTMO Policy #14.5, please refer to AR 600-20, which explains fraternization and improper relationships. If you are still unsure, seek advice from your chain of command and avoid gray areas. Everyone should strive to leave Guantanamo Bay with the same or higher rank than when they arrived. To do this, avoid improper relationships and Soldier on!

Article courtesy of JTF-GTMO - Staff Judge Advocate

No.	Team Name	Standings
01	Flying Monkeys	13-1
02	Kicking Balls	11-3
03	Confusions	11-3
04	Ballsagna	10-4
05	Iguanamo	9-5
06	Cyclone Enforcers	9-6
07	BEEF	9-6
08	Blue Ballers	8-7
09	EWA	7-8
10	GTMO Latinos Plus	4-10
11	Ballz on Fuego	4-11

12 Ball Kickers

13 Mountain Maniacs

MWR SOCCER	
MALE	
Standinas	

4-11

3-12

No.	Team Name	Standings
01	Fire Department	14-0-0
02	Manchester City	12-1-1
03	XMart	11-4-0
04	Shamuri	8-5-1
05	Young Strikers	6-8-1
06	Manchesthair United	6-9-0

		FEMALE
No.	Team Name	Standings
01	MisFits	11-0-0
02	One Love	3-6-0
03	Soccer Bombers	0-8-0

MWR BASKETBALL

No.	Team Name	Standing.
01	Arch Angels Basketball	11-0
02	Spartans	9-1
03	Five-O	9-2
04	The Commission	8-2
05	Shottas	8-2
06	Guardians	7-4
07	Splash City	6-5
08	Tohma's Team	6-5
09	Sinag Pilipinas	5-6
10	Cross Level	3-8
11	Carolina Moonshiners	3-9
12	Finesse	3-9
13	Guerillas	2-9
14	The Goon Squad	1-9
15	Cavaliers	0-10

MWR ULTIMATE FRISBEE

No.	Team Name	Standings
01	Jusdisc League	5-0
02	Icemen	4-1
03	Disclexia	3-2
04	Netflicks & Chill	2-3
05	Ridiscoulously GL	1-4
06	Catch Em's	0-5





HISTORY

HONORING EON3 GEORGE DENICH JR.



Fifty-three years ago US Navy Reserve Seabee EON3 George J. Denich, Jr. was killed while driving a bulldozer in the construction of base fortifications. Denich died April 10, 1963, when the bulldozer he was operating overturned on "Denich Hill." He and his fellow Seabees were preparing defensive positions in the tumultuous years after the Cuban Communist Revolution and the severing of diplomatic relations between the Unites States and Cuba.

A monument was dedicated to EON3 Denich, and is located at the base of the hill where he was killed. It is at the end of Kittery Beach Road just before the Joint Task Force "Honor Bound" sign. The monument was dedicated June 26th, 1963. EON3 Denich's family was present, placing a plaque there to remind everyone of their loved one's sacrifice.

Twenty-nine years ago a new base gym was also named in honor of EON3 Denich. A rededication ceremony occurred on March 19th, 2007, when Seabees of NMCB-133 unveiled a plaque commemorating Denich once again.

Article by ARMY 1ST SGT. MICHAEL B. SHIMER ITF-GTMO



YOUR WAY TO EMOTIONAL WELL BEING

There are times that we may feel sad, upset, angry or not ourselves. When we recognize this, we look to find a way back to "happiness." We sometimes have an unrealistic belief that happiness leans toward being our default setting and immediately try to get back to that "happy place."

Our parents teach us this idea of "getting rid of" unpleasant experiences. Happiness is not a right and is instead something we have to work hard to achieve? Sounds depressing, right?

It's actually not, because in accepting this, we can learn to break free from psychological suffering and begin to live a purposeful life. This is the cornerstone of what Acceptance and Commitment Therapy (ACT) is all about. ACT helps us create a rich and meaningful life through the principles of accepting suffering while focusing our behaviors on positive intentions.

ACT consists of six principles,

which help us to increase psychological flexibility and contact with the present moment. Usually, in the present moment, we are okay. It's when our minds get to wandering about the past or worrying about the future that psychological suffering kicks in.

ACT teaches us that struggles are normal, and once we accept them as being a part of the human process, the elimination of suffering is possible. We can learn to honor these moments and what they teach us and continue to strengthen our lives by moving in the direction of our valued living.

For more information on Acceptance and Commitment Therapy and how to apply it, stop by JSMART. Also, stop by 09 APR 2016, 0800 to 1200 for Self Care Saturday!

Article by

NAVY PETTY OFFICER 3RD CLASS JONNI C. GILLISPIE

Joint Medical Group

NAVY RESPONDS TO FEEDBACK FROM THE FLEET REGARDING TATTOO POLICY



In response to feedback from the fleet and senior enlisted leadership, the Navy announced two changes to its uniform policy, March 31, in NAVADMIN 082/16.

First, the Navy is updating its tattoo policy and will authorize Sailors to:

- * Have one tattoo on their neck that does not exceed one inch in any direction.
- * Have visible tattoos below the elbow or knee -- no longer restricting their size or amount.
- * Allow Sailors with sleeve tattoos to be assigned to Recruit Training Command and Recruiting Command positions -- previously not allowed.

The Navy's tattoo content restrictions will remain the same: no tattoo located anywhere on the body can be prejudicial to good order, discipline and morale, or be of a nature that brings discredit upon the naval service.

This policy update is being made in response to the increased popularity of tattoos for those currently serving and in the population from which the Navy draws its recruits. It is also meant to ensure the Navy does not miss opportunities to bring in talented young men and women who are willing to serve.

More information on these changes, which go into effect April 30, can be found in NAVADMIN 082/16.

Complete information on Navy uniform policy and regulation can be found at http:// www.public.navy.mil/bupers-npc/support/ uniforms/Pages/default2.aspx

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/

Article courtesy of

CHIEF OF NAVAL PERSONNEL PUBLIC AFFAIRS

RELIGIOUS SERVICES ROMAN CATHOLIC (NAVSTA Chapel)

Saturday* 1700

Sunday* 0900 (Side Chapel)

Mon-Thurs* 1730&0900

PROTESTANT SERV. (JTF Troopers' Chapel)

Sunday* 0900&1900

Friday Friday night movie 1900

PROTESTANT SERV. (NAVSTA Chapel)

Traditional* Sunday 0900&1900 Annex Room 1

Contemporary* Sunday 1100 Main Chapel 1300 Main Chapel Gospel Sunday

OTHER SERV. (NAVSTA Chapel)

1315 Annex Room 2 Islamic Prayers Friday

0900 Annex Room 1 (Sabbath School) 7th Day Adventist Saturday

> Saturday 1100 Annex Room 1 (Sabbath Service)

Latter Day Saints Sunday 0900 Annex Room 19 Pentecostal Sunday 0800 Annex Room D

> Sunday 1700 Annex Room D

Christian Fellowship* 1800 Main Chapel (Non-denominational) Sunday

1930 Call JTF Chaplain for location* Jewish Study Friday

BIBLE STUDIES (JTF Troopers' Chapel)

Monday 1900 JTF Troopers' Chapel Wednesday 1800 JTF Troopers' Chapel

Movie/Pizza Night Wednesday 1900 JTF Troopers' Chapel

Holy Smokes Friday 1800 Plant Nursery

Game Night Saturday 1900 JTF Troopers' Chapel

DAVE RAMSEY'S FINANCIAL PEACE / MILITARY EDITION (JTF Troopers' Chapel)

Tuesday 1900 Taught by Navy Chaplain

ALCOHOLICS ANONYMOUS MEETINGS

Mon/Wed/Sat 1830 NAVSTA Chapel Annex, Room 16

These services are conducted by Army or Navy chaplains / For more information call ext. 2218*

FERRY SCHEDULE

Monday - Saturday

FERRY

Windward:

0630/0730/0930/1030/1130/1330/1530/

1630

Leeward:

0700/ 0800/ 1000/ 1100/ 1200/ 1400/ 1600

UTILITY BOAT

Windward:

1630/1730/1830/2030/2230/2330

Leeward:

1700/ 1800/ 1900/ 2100/ 2300/ 0000

Sunday & Holidays

FERRY

Windward:

0730 / 1330

Leeward:

0800 / 1400 UTILITY BOAT

Windward:

1030/ 1530/ 1730/ 1830/ 2030/ 2230

Leeward:

1100/ 1600/ 1800/ 1900/ 2100/ 2300

BUS SCHEDULE 05:00 - 01:00

Camp America:00/:20/:40 Gazebo:01/:18/:21/:38/:41/:58

Camp America NEX :02/:17/:22/:37/:42/:57

Camp Delta:04/:13/:24/:33/:44/:53

Camp 6:07/10/:27/:30/:47/:50

HQ Building:55/:15/:35

TK 1:01/:17/:21/:37/:41/:57

TK 2:02/:16/:22/:36/:42/:56

TK 3:03/:15/:23/:35/:43/:55 TK 4:04/:13/:24/:33/:44/:53

CC:00/:19/:20/:39/:40/:59

JAS:14/:34/:54 Windjammer / Gym

:02/:17/:22/:37/:42/:57

Gold Hill Galley :04/:15/:24/:35/:44/:55

NEX:06/:13/:26/:33/:46/:53 NEX Laundry :07/:27/:47

C Pool :10/:30/:50

Downtown Lyceum:11/:31/:51

EXPRESS BUS SCHEDULE 09:55 - 19:55

Camp America:48/:55

TK 1:05/:36

Windjammer / Gym:11/:31 Gold Hill Galley:14/:29

NEX:16/:27

Downtown Lyceum:17/:25

BEACHBUS (Saturday & Sunday only)

Windward Loop / E. Caravella:

0900/0930/1200/1230/1500/1530/1800/

1830

SBOQ / Marina:

0905/0935/1205/1235/1505/1535/1805/

1835 NEX:

0908/0925/1208/1225/1508/1525/1808/

1825 Phillips Park: 0914/1214/1514/1814

Cable Beach: 0917/1217/1517/1817 Return to Office: 0940/1240/1540/1840

Joint Task Force Guantanamo, Joint Meritorious Unit Award For those assigned or attached by official orders to JTF-GTMO Headquarters:

4 January 2002 - 31 October 2002 (JTF 160)

1 March 2002 - 31 October 2002 (JTF 170)

1 November 2002 - 1 November 2003

2 November 2003 - 1 November 2005

15 June 2007 - 15 June 2011

16 June 2011 - 30 June 2013

1 July 2013 - 30 Jun 2015-- JUST APPROVED 16 FEB 2016

Point of Contact is J1 Awards at DSN 660-8309 or 660-9717 or

j1@jtfgtmo.southcom.mil

