

List of Southeast Asian Games Records

SPORTS	GENDER	Event	Record	Name	Nationality	Date	Games	Place
ATHLETICS	MEN	100 m	10.17	Suryo Agung Wibowo	Indonesia	13-Dec-09	2009 Vientiane	Vientiane, Laos
ATHLETICS	MEN	200 m	20.69	Reanchai Seeharwong	Thailand	10-Aug-99	1999 Bandar Seri Begawan	Bandar Seri Begawan, Brunei Darussalam
ATHLETICS	MEN	400 m	46.05	Aktawat Sakoolchan	Thailand	10-Dec-95	1995 Chiang Mai	Chiang Mai, Thailand
ATHLETICS	MEN	800 metres	01:48.3	Samson Vellabouy	Malaysia	14-Aug-89	1989 Kuala Lumpur	Kuala Lumpur, Malaysia
ATHLETICS	MEN	1,500 metres	03:45.3	Nguyen Dinh Cuong	Vietnam	11-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	MEN	5,000 metres	14:09.0	Murusamy Ramachandran	Malaysia	15-Jun-93	1993 Singapore	Singapore
ATHLETICS	MEN	10,000 metres	29:19.6	Eduardo Buenavista	Philippines	7-Dec-03	2003 Hanoi	Hanoi, Vietnam
ATHLETICS	MEN	Marathon	20:27.0	Eduardus Nabunome	Indonesia	19-Oct-97	1997 Jakarta	Jakarta, Indonesia
ATHLETICS	MEN	110 m hurdles	13.72 (-0.3 m/s) NR	Jamras Rittidet	Thailand	19-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	MEN	400 m hurdles	49.76	Chanon Keanchan	Thailand	12-Dec-95	1995 Chiang Mai	Chiang Mai, Thailand
ATHLETICS	MEN	3000 m steeplechase	08:40.8	Eduardo Buenavista	Philippines	12-Dec-01	2001 Kuala Lumpur	Kuala Lumpur, Malaysia
ATHLETICS	MEN	High jump	2.24 m	Loo Kum Zee	Malaysia	14-Dec-95	1995 Chiang Mai	Chiang Mai, Thailand
ATHLETICS	MEN	Long jump	7.87 m	Henry Dagmil	Philippines	10-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	MEN	Pole vault	5.21 m	Kreeta Sintawacheewa	Thailand	16-Dec-09	2009 Vientiane	Vientiane, Laos
ATHLETICS	MEN	Triple jump	16.67 m (+1.3 m/s) NR	Nguyen Van Hung	Vietnam	19-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	MEN	Shot put	17.74 m	Chatchawal Polyiam	Thailand	13-Nov-11	2011 Palembang	Palembang, Indonesia
ATHLETICS	MEN	Discus throw	59.50 m	Wong Tuck Yim	Singapore	8-Aug-99	1999 Bandar Seri Begawan	Bandar Seri Begawan, Brunei Darussalam
ATHLETICS	MEN	Hammer throw	62.23 m NR	Tantipong Phetchaiya	Thailand	15-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	MEN	Javelin throw	76.30 m NR	Peerachet Jantra	Thailand	17-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	MEN	Decathlon	7558 pts 10.78 (100 m), 7.09 m (long jump), 11.83 m (shot put), 2.01 m (high jump), 49.10 (400 m) / 15.15 (110 m hurdles), 39.42 m (discus), 4.40 m (pole vault), 55.72 m (javelin), 4:40.77 (1500 m)	Vu Van Huyen	Vietnam	13–14 December 2009	2009 Vientiane	Vientiane, Laos
ATHLETICS	MEN	20 km walk	1:29:13	Harbans Singh Narinde	Malaysia	14-Oct-97	1997 Jakarta	Jakarta, Indonesia
ATHLETICS	MEN	4×100 m relay	38.95	Wachara Sondee Siriroj Darasuriyong Sompote Suqannarangsi Sittichai Suwonprateep	Thailand	10-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	MEN	4×400 m relay	03:05.5	Virod Sornhirun Chanond Keanchan Yuthana Thonglek Aktawat Sakoolchan	Thailand	15-Dec-95	1995 Chiang Mai	Chiang Mai, Thailand
ATHLETICS	WOMEN	100 m	11.28 NR	Lydia De Vega	Philippines	16-Sep-87	1987 Jakarta	Jakarta, Indonesia
ATHLETICS	WOMEN	200 m	23.3	Supavadee Khawpeag	Thailand	15-Sep-01	2001 Kuala Lumpur	Kuala Lumpur, Malaysia
ATHLETICS	WOMEN	400 m	51.83	Nguyen Thi Tnh	Vietnam	8-Dec-03	2003 Hanoi	Hanoi, Vietnam
ATHLETICS	WOMEN	800 metres	02:02.4	Hang Truong Thanh	Vietnam	8-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	WOMEN	1,500 metres	04:11.6	Hang Truong Thanh	Vietnam	7-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	WOMEN	5,000 metres	15:54.3	Triyaningsih	Indonesia	8-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	WOMEN	10000 m	32:49.5	Triyaningsih	Indonesia	17-Dec-09	2009 Vientiane	Vientiane, Laos
ATHLETICS	WOMEN	Marathon	2:34:29	Ruwiyati	Indonesia	13-Dec-95	1995 Chiang Mai	Chiang Mai, Thailand
ATHLETICS	WOMEN	100 m hurdles	12.85	Trecia Roberts	Thailand	9-Aug-99	1999 Bandar Seri Begawan	Bandar Seri Begawan, Brunei Darussalam
ATHLETICS	WOMEN	400 m hurdles	56.78	Reawadee Srithoa	Thailand	2-Dec-95	1991 Manila	Manila, Philippines
ATHLETICS	WOMEN	3000 m steeplechase	10:00.6	Rini Budiarti	Indonesia	12-Nov-11	2011 Palembang	Palembang, Indonesia
ATHLETICS	WOMEN	High jump	1.94 m	Noeng-ruthai Chaipech	Thailand	14-Dec-09	2009 Vientiane	Vientiane, Laos
ATHLETICS	WOMEN	Pole vault	4.21 m NR	Sukanya Chomchuende	Thailand	15-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	WOMEN	Long jump	6.71 m NR	Marestella Torres	Philippines	12-Nov-11	2011 Palembang	Palembang, Indonesia
ATHLETICS	WOMEN	Triple jump	14.17 m (-0.7 m/s) NR	Maria Natalia Londa	Indonesia	17-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	WOMEN	Shot put	18.20 m	Du Xianhui	Singapore	7-Dec-03	2003 Hanoi	Hanoi, Vietnam
ATHLETICS	WOMEN	Discus throw	56.77 m NR	Subenrat Insaeng	Thailand	19-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	WOMEN	Hammer throw	56.41 m	Tang Song Hwa	Malaysia	15-Dec-09	2009 Vientiane	Vientiane, Laos
ATHLETICS	WOMEN	Javelin throw	55.97 m	Buoban Pamang	Thailand	7-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	WOMEN	Heptathlon	5889 pts	Wassana Winatho	Thailand	11-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	WOMEN	20 km walk (road)	1:35:03 NR	Saw Mar Lar Nwe	Myanmar	15-Dec-13	2013 Naypyidaw	Naypyidaw, Myanmar
ATHLETICS	WOMEN	4×100 m relay	44	Sangwan Jaksunin Supavadee Khawpueak Orranut Klomdee Nongnuch Sanrat	Thailand	10-Dec-07	2007 Nakhon Ratchasima	Nakhon Ratchasima, Thailand
ATHLETICS	WOMEN	4×400 m relay	03:35.5		Thailand	3-Dec-91	1991 Manila	Manila, Philippines
SWIMMING	MEN	50 m freestyle	22.62	Daniel Eugenio Coakley	Philippines	13-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	MEN	100 m freestyle	49.99	Triady Fauzi Sidiq	Indonesia	13-Dec-13	2013 Southeast Asian Games	Naypyidaw, Burma
SWIMMING	MEN	200 m freestyle	01:49.2	Daniel Bego	Malaysia	14-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	MEN	400 m freestyle	03:54.0	Daniel Bego	Malaysia	12-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	MEN	1500 m freestyle	15:37.8	Ryan Arabejo	Philippines	13-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	MEN	50 m backstroke	25.62	I Gede Siman Sudartawa	Indonesia	16-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	MEN	100 m backstroke	55.59	I Gede Siman Sudartawa	Indonesia	15-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	MEN	200 m backstroke	02:01.0	Raymond Papa	Philippines	12-Oct-97	1997 Southeast Asian Games	Jakarta, Indonesia
SWIMMING	MEN	50 m breaststroke	28.25	Indra Gunawan	Indonesia	13-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	MEN	100 m breaststroke	01:01.6	Nguyen Huu Viet	Vietnam	11-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	MEN	200 m breaststroke	02:13.0	Nuttapong Ketin	Thailand	12-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	MEN	50 m butterfly	24.06	Joseph Schooling	Singapore	12-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	MEN	100 m butterfly	52.67	Joseph Schooling	Singapore	14-Dec-13	2013 Southeast Asian Games	Naypyidaw, Burma
SWIMMING	MEN	200 m butterfly	01:56.7	Joseph Schooling	Singapore	15-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	MEN	200 m individual medley	02:00.8	Joseph Schooling	Singapore	13-Dec-13	2013 Southeast Asian Games	Naypyidaw, Burma
SWIMMING	MEN	400 m individual medley	04:23.2	Ratapong Sirisanont	Thailand	6-Dec-03	2003 Southeast Asian Games	Hanoi, Vietnam

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SPORTS	GENDER	Event	Record	Name	Nationality	Date	Games	Place
SWIMMING	MEN	4x100 m freestyle relay	03:21.7	(50.68)	Singapore	14-Dec-13	2013 Southeast Asian Games	Naypyidaw, Myanmar
				Clement Lim				
				(50.57)				
				Danny Yeo (50.77)				
				Darren Lim (49.72)				
				Joseph Schooling				
SWIMMING	MEN	4x200m freestyle relay	07:26.7	(1:50.86)	Singapore	12-Dec-13	2013 Southeast Asian Games	Naypyidaw, Myanmar
				Joseph Schooling				
				(1:50.72)				
				Danny Yeo (1:53.17)				
				Pang Sheng Jun (1:51.92)				
				Quah Zheng Wen				
SWIMMING	MEN	4x100 m medley relay	03:41.3	I Gede Siman Sudartawa	Indonesia	17-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
				Indra Gunawan				
				Glenn Victor Sutanto				
				Triady Fauzi Sidiq				
SWIMMING	WOMEN	50 m freestyle	25.69	Amanda Lim	Singapore	16-Dec-13	2013 Southeast Asian Games	Naypyidaw, Burma
SWIMMING	WOMEN	100 m freestyle	56.03	Quah Ting Wen	Singapore	10-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	200 m freestyle	02:00.6	Quah Ting Wen	Singapore	13-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	400 m freestyle	04:10.7	Khoo Cai Lin	Malaysia	11-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	800 m freestyle	08:35.4	Lynette Lim	Singapore	12-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	50 m backstroke	29.37	Shana Lim	Singapore	14-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	WOMEN	100 m backstroke	01:02.1	Tao Li	Singapore	16-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	WOMEN	200m backstroke	02:14.8	Nguyễn Thị Ánh Viên	Vietnam	12-Dec-13	2013 Southeast Asian Games	Naypyidaw, Burma
SWIMMING	WOMEN	50 m breaststroke	32.49	Christina Loh	Malaysia	17-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	WOMEN	100 m breaststroke	01:09.8	Siow Yi Ting	Malaysia	11-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	200 m breaststroke	02:30.4	Siow Yi Ting	Malaysia	13-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	200 m butterfly	02:13.5	Tao Li	Singapore	14-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	200 m individual medley	02:14.6	Siow Yi Ting	Malaysia	10-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
SWIMMING	WOMEN	50 m butterfly	26.59	Tao Li	Singapore	17-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	WOMEN	100 m butterfly	58.84	Tao Li	Singapore	12-Nov-11	2011 Southeast Asian Games	Palembang, Indonesia
SWIMMING	WOMEN	400 m individual medley	04:46.2	Nguyễn Thị Ánh Viên	Vietnam	16-Dec-13	2013 Southeast Asian Games	Naypyidaw, Burma
SWIMMING	WOMEN	4x100 m freestyle relay	03:45.7	(56.61)	Singapore	11-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
				Mylene Ong (56.31)				
				Amanda Lim (56.62)				
				Lynette Lim (56.19)				
				Quah Ting Wen				
				(2:02.13)				
SWIMMING	WOMEN	4x200 m freestyle relay	08:11.7	Quah Ting Wen (2:00.83)	Singapore	10-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
				Lynette Lim (2:05.26)				
				Amanda Lim (2:03.53)				
				Mylene Ong				
				(1:03.37)				
				Shana Lim (1:11.74)				
SWIMMING	WOMEN	4x100 m medley relay	04:10.4	Roanne Ho (59.05)	Singapore	13-Dec-09	2009 Southeast Asian Games	Vientiane, Laos
				Tao Li (56.22)				
				Quah Ting Wen				