



# 2016 Long Beach State Softball

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### Credits

The 2016 Long Beach State Softball Media Guide was written, designed and edited by Assistant Athletics Director Roger Kirk. Photography provided by John Fajardo, Stephen Carr, Steven Georges, Matt Brown, and Rob Burge. University Section completed by Steven Olveda and edited by Kirk.

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## LONG BEACH STATE QUICK FACTS

### GENERAL INFORMATION

Location.....Long Beach, Calif.  
 Founded.....1949  
 Enrollment.....36,288  
 Nickname.....49ers  
 Colors.....Black & Gold  
 Conference.....Big West  
 President.....Dr. Jane Close Conoley  
 Athletic Director.....Vic Cegles  
 SWA.....Cindy Masner  
 Faculty Athletic Representative.....Bonnie Gasior

### FACILITY INFORMATION

Home Field.....49er Softball Complex  
 Capacity.....500

### COACHING INFORMATION

Head Coach.....Kim Sowder (LBSU, 1993)  
 School Record.....300-195 (9 years)  
 Career Record.....Same  
 Assistant Coach.....Stephanie Brown, 13th year  
 Assistant Coach.....Panita Thanatharn, 6th year  
 Volunteer Assistant.....TBA  
 Softball Office.....(562) 985-2100  
 Head Athletic Trainer.....Jarrod Spanjer  
 Athletic Trainer.....Bailey Schentrup

### TEAM INFORMATION

2015 Overall Record.....28-24  
 2015 Conference Record.....15-6 (2nd)  
 2015 Home/Road/Neutral.....15-8 / 6-4 / 7-12  
 Letterwinners Returning/Lost.....15/8  
 Position Starters Returning/Lost.....7/2  
 Pitchers Returning/Lost.....3/3  
 Newcomers.....9

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## 2016 LONG BEACH STATE SOFTBALL

### RETURNING STARTERS (6)

Player	Yr.	Pos.	Avg.	R	H	2B	HR	RBI
Lauren Lombardi	Jr.	C	.346	29	54	13	10	52
Darian Tautalafua	Sr.	INF	.309	35	46	8	11	34
Julia Lombardi	So.	INF	.296	20	48	7	8	31
Haley Tobler	Sr.	UTL	.286	38	44	10	3	22
LT Torres	So.	INF	.261	22	31	2	1	15
Hannah Cookson	So.	OF	.236	11	25	5	1	11

### OTHER RETURNERS (4)

Player	Yr.	Pos.	Avg.	R	H	2B	HR	RBI
Irma Sanchez	So.	C	.245	1	12	4	1	4
Summer Pohl	So.	OF	.235	10	12	6	2	13
Lauren MacLeod	So.	C	.152	2	7	1	0	4
Mattie Scheele	Jr.	INF	.100	3	3	0	1	4
Rachel Loera	So.	OF	.000	15	0	0	0	0
Monique Dyer	Jr.	C	.000	0	0	0	0	0

### RETURNING PITCHERS (1/2)

Player	Yr.	W-L	ERA	APP	GS	IP	SO	BB
Christina Clermont	Jr.	20-7	2.35	36	28	190.2	179	64
--								
Selene Polamalu	Sr.	0-0	2.96	13	0	26.0	2	9
Lacey Alderman	So.	0-4	7.35	10	3	20.0	12	21

### NEWCOMERS (9)

Player	Yr.	Pos.	Hometown	Last School
Tierra Faló	Fr.	INF	San Diego, Calif.	Cathedral Catholic HS
Kelli Finan	Fr.	INF	La Quinta, Calif.	La Quinta HS
Nichole Fry	Fr.	INF	Lake Elsinore, Calif.	Corona HS
Brittany McConnell	Fr.	OF	Murrieta, Calif.	Murrieta Valley HS
Cielo Meza	Fr.	P	Fillmore, Calif.	Agoura HS
Skie Munoz	Fr.	P	San Bernardino, Calif.	Redlands HS
Jessica Nogosek	Fr.	INF	Roseville, Calif.	Woodcreek HS
Alley Perkins	Sr.	UTL	Huntington Beach, Calif.	Tennessee
Sophia Valenzuela	Fr.	INF	Rancho Cucamonga, Calif.	Etiwanda HW



# 2016 Roster

## NUMERICAL ROSTER

No.	Name	Yr.	Pos.	Ht.	B/T	Hometown	Last School
1	Jessica Nogosek	5-3	Fr.	INF	L/R	Roseville, Calif.	Woodcreek HS
2	Selene Polamalu	5-5	Sr.	P	R/R	Santa Ana, Calif.	Segerstrom HS
3	Summer Pohl	5-5	So.	OF	R/R	Granada Hills, Calif.	Granada Hills Charter HS
4	Hannah Cookson	5-2	So.	OF	L/L	La Crescenta, Calif.	Crescenta Valley HS
5	Darian Tautalafua	5-8	Sr.	OF	R/R	Carson, Calif.	Carson HS
6	Brittany McConnell	5-4	Fr.	OF	R/R	Huntington Beach, Calif.	Mater Dei HS
7	Lacey Alderman	5-8	So.	P	L/R	Murrieta, Calif.	Murrieta Valley HS
8	Mattie Scheele	5-7	Jr.	INF	R/R	Seal Beach, Calif.	Los Alamitos HS
9	Cielo Meza	5-7	Fr.	P	R/R	Fillmore, Calif.	Agoura HS
10	LT Torres	5-5	So.	INF	L/R	Tracy, Calif.	Kimball HS
11	Julia Lombardi	5-9	So.	INF	R/R	Stevenson Ranch, Calif.	West Ranch HS
12	Irma Sanchez	5-7	So.	C	L/L	Rancho Cucamonga, Calif.	Los Osos HS
13	Nichole Fry	5-4	Fr.	INF	R/R	Lake Elsinore, Calif.	Santiago HS
14	Sophia Valenzuela	5-3	Fr.	INF	R/R	Rancho Cucamonga, Calif.	Etiwanda HS
15	Tierra Falo	5-7	Fr.	INF	R/R	San Diego, Calif.	Cathedral Catholic HS
17	Alley Perkins	5-4	Sr.	UTL	B/R	Huntington Beach, Calif.	Tennessee
18	Monique Dyer	5-3	Jr.	C	R/R	Bakersfield, Calif.	North HS
19	Kelli Finan	5-7	Fr.	INF	R/R	La Quinta, Calif.	La Quinta HS
20	Rachel Loera	5-3	So.	OF	L/R	Yorba Linda, Calif.	Yorba Linda HS
21	Lauren Lombardi	5-6	Jr.	C	R/R	Stevenson Ranch, Calif.	West Ranch HS
22	Haley Tobler	5-6	Sr.	UTL	R/R	Vacaville, Calif.	Tennessee
23	Skie Munoz	5-6	Fr.	P	L/R	San Bernardino, Calif.	Redlands HS
24	Christina Clermont	5-8	Jr.	P	R/R	Carlsbad, Calif.	Syracuse
25	Lauren MacLeod	5-9	So.	C	R/R	Orange, Calif.	El Modena HS

## ROSTER BREAKDOWN

### BY CLASS

Freshman (8): Tierra Falo, Kelli Finan  
 Nichole Fry, Brittany McConnell, Cielo Meza  
 Skie Munoz, Jessica Nogosek,  
 Sophia Valenzuela  
 Sophomore (8): Lacey Alderman,  
 Hannah Cookson, Rachel Loera,  
 Julia Lombardi, Lauren MacLeod,  
 Summer Pohl, Irma Sanchez,  
 LT Torres  
 Junior (4): Christina Clermont, Monique Dyer,  
 Lauren Lombardi, Mattie Scheele,  
 Senior (4): Alley Perkins, Selene Polamalu,  
 Darian Tautalafua, Haley Tobler

### BY HEIGHT

5-2 (1): Hannah Cookson  
 5-3 (4): Monique Dyer, Rachel Loera,  
 Jessica Nogosek, Sophia Valenzuela  
 5-4 (3): Nichole Fry, Brittany McConnell,  
 Alley Perkins  
 5-5 (3): Summer Pohl, Selene Polamalu,  
 LT Torres  
 5-6 (3): Lauren Lombardi, Skie Munoz  
 Haley Tobler  
 5-7 (5): Tierra Falo, Kelli Finan, Cielo Meza,  
 Irma Sanchez, Mattie Scheele  
 5-8 (3): Lacey Alderman, Christina Clermont,  
 Darian Tautalafua  
 5-9 (2): Julia Lombardi, Lauren MacLeod

### BY POSITION

Catcher (4): Monique Dyer, Lauren Lombardi,  
 Irma Sanchez, Lauren MacLeod  
 Infield (8): Tierra Falo, Kelli Finan,  
 Nichole Fry, Julia Lombardi, Jessica Nogosek,  
 Mattie Scheele, LT Torres, Sophia Valenzuela  
 Outfield (5): Hannah Cookson, Summer Pohl,  
 Rachel Loera, Brittany McConnell,  
 Darian Tautalafua  
 Pitcher (5): Lacey Alderman, Christina Clermont,  
 Cielo Meza, Skie Munoz, Selene Polamalu  
 Utility (2): Alley Perkins, Haley Tobler

### PRONUNCIATION

Tierra Falo - tee-AIR-uh FAH-low  
 Kelli Finan - FIE-nan  
 Lauren MacLeod - mac-LOUD  
 Cielo Meza - SEE-ay-low MAY-sah  
 Jessica Nogosek - NO-go-seck  
 Mattie Scheele - SHE-lee  
 Darian Tautalafua - tah-oo-TAH-la-foo-uh

## 2016 LONG BEACH STATE SOFTBALL



Back Row (L to R): Darian Tautalafua, Tierra Falo, Kelli Finan, Christina Clermont, Julia Lombardi, Lacey Alderman, Lauren MacLeod, Haley Tobler  
 Middle Row (L to R): Skie Munoz, Brittany McConnell, Mattie Scheele, Cielo Meza, Lauren Lombardi, Summer Pohl, Irma Sanchez, Selene Polamalu  
 Front Row (L to R): Jessica Nogosek, Nichole Fry, Alley Perkins, Hannah Cookson, LT Torres, Rachel Loera, Sophia Valenzuela, Monique Dyer



# 2016 Schedule

## February

			<i>Sportco Kickoff Classic</i>	
Friday	12	South Dakota	Las Vegas, Nev.	11:15 a.m.
	12	Syracuse	Las Vegas, Nev.	1:30 p.m.
Saturday	13	Texas Tech	Las Vegas, Nev.	9 a.m.
	13	Minnesota	Las Vegas, Nev.	1:30 p.m.
Sunday	14	Oklahoma	Las Vegas, Nev.	9 a.m.
			<i>Stanford Touranment</i>	
Saturday	20	Stanford	Palo Alto, Calif.	12:30 p.m.
	20	North Dakota State	Palo Alto, Calif.	3 p.m.
Sunday	21	North Dakota State	Palo Alto, Calif.	9 a.m.
	21	St. Mary's	Palo Alto, Calif.	11:30 a.m.
			<i>Mary Nutter Collegiate Classic</i>	
Friday	26	Colorado State	Palm Springs, Calif.	1 p.m.
	26	Utah	Palm Springs, Calif.	6 p.m.
Saturday	27	LIU Brooklyn	Palm Springs, Calif.	5:30 p.m.
Sunday	28	California	Palm Springs, Calif.	2 p.m.
	28	Michigan	Palm Springs, Calif.	4:30 p.m.

## March

			<i>Judi Garman Classic</i>	
Thursday	3	Arizona State	Fullerton, Calif.	10 a.m.
	3	Michigan	Fullerton, Calif.	1 p.m.
Friday	4	Northwestern	Fullerton, Calif.	3 p.m.
	4	San Jose State	Fullerton, Calif.	7:30 p.m.
Saturday	5	North Carolina	Fullerton, Calif.	12:30 p.m.
<b>Sunday</b>	<b>6</b>	<b>Wisconsin</b>	<b>Long Beach, Calif.</b>	<b>9:30 a.m.</b>
			<i>Louisville Slugger Invitational</i>	
<b>Thursday</b>	<b>10</b>	<b>Utah Valley</b>	<b>Mayfair Park</b>	<b>7 p.m.</b>
<b>Friday</b>	<b>11</b>	<b>UCLA</b>	<b>Mayfair Park</b>	<b>7 p.m.</b>
<b>Saturday</b>	<b>12</b>	<b>Mississippi State</b>	<b>Mayfair Park</b>	<b>2 p.m.</b>
	<b>12</b>	<b>Iowa State</b>	<b>Mayfair Park</b>	<b>7 p.m.</b>
<b>Sunday</b>	<b>13</b>	<b>Princeton</b>	<b>Mayfair Park</b>	<b>12:30 p.m.</b>
			<i>San Diego Tournament</i>	
Thursday	17	BYU	San Diego, Calif.	1 p.m.
	17	Ohio State	San Diego, Calif.	3:30 p.m.
Friday	18	Illinois	San Diego, Calif.	9 a.m.
	18	Fresno State	San Diego, Calif.	2 p.m.
Saturday	19	Weber State	San Diego, Calif.	9 a.m.
Wednesday	30	Loyola Marymount (DH)	Los Angeles, Calif.	Noon

## April

Saturday	2	• at CSUN (DH)	Northridge, Calif.	1 p.m.
Sunday	3	• at CSUN	Northridge, Calif.	1 p.m.
Saturday	9	• at UC Davis (DH)	Davis, Calif.	1 p.m.
Sunday	10	• at UC Davis	Davis, Calif.	1 p.m.
<b>Saturday</b>	<b>16</b>	<b>• Cal Poly (DH)</b>	<b>49er Softball Complex</b>	<b>1 p.m.</b>
<b>Sunday</b>	<b>17</b>	<b>• Cal Poly</b>	<b>49er Softball Complex</b>	<b>1 p.m.</b>
Saturday	23	• at UC Santa Barbara (DH)	Santa Barbara, Calif.	1 p.m.
Sunday	24	• at UC Santa Barbara	Santa Barbara, Calif.	1 p.m.
Friday	29	• at Cal State Fullerton	Fullerton, Calif.	6 p.m.
Saturday	30	• at Cal State Fullerton (DH)	Fullerton, Calif.	2 p.m.

## May

<b>Saturday</b>	<b>7</b>	<b>• UC Riverside (DH)</b>	<b>49er Softball Complex</b>	<b>1 p.m.</b>
<b>Sunday</b>	<b>8</b>	<b>• UC Riverside</b>	<b>49er Softball Complex</b>	<b>1 p.m.</b>
<b>Friday</b>	<b>13</b>	<b>• Hawai'i</b>	<b>49er Softball Complex</b>	<b>2 p.m.</b>
<b>Saturday</b>	<b>14</b>	<b>• Hawai'i (DH)</b>	<b>49er Softball Complex</b>	<b>1 p.m.</b>

All Times Pacific  
Times Subject To Change

• Big West Opponent



# Head Coach Kim Sowder



## Kim Sowder

Head Coach - 10th Year

**School Record:** 300-195 (9)

**Overall Record:** Same

### Alma Mater

Long Beach State

### Coaching Career

Long Beach State

Head Coach

2007-Present

- 2-time Big West Coach of the Year
- 1 All-American
- 11 All-Region Selections
- 2 Big West Players of the Year
- 3 Big West Pitchers of the Year
- 70 All-Big West Selections

Long Beach State

Assistant Coach

1996-2006

Pacific

Assistant Coach

1994-96

### Playing Career

Long Beach State

1989-92

- 1991 All-American
- 1991 All-West Region
- Two-Time All-Big West Selection

In her nine seasons at the helm of the Long Beach State softball program, three-time Big West Coach of the Year Kim Sowder has continued a Beach tradition of winning and advancing to the NCAA Tournament. The 1998 inductee into the Long Beach State Athletics Hall of Fame has won over 60 percent of her games as the 49ers' head coach while leading LBSU to five NCAA Regional appearances.

Last season, Sowder reached 300 wins, becoming just the eighth coach in Big West history to reach that milestone, and the only current coach in the Big West to win that many games as a member of the conference. Overall, Sowder has compiled a 300-195 (.606) record, including a 129-60 (.623) record in Big West Conference games.

In addition to five trips to the NCAA Tournament, she has led the 49ers to a trio of Big West Conference championships in 2008, 2012 and 2014. Sowder has never finished a season with a losing record.

In three of the last five seasons, Sowder's club has won more than 35 games, posting a 39-19 overall record, winning the Big West and advancing to NCAA Regionals for the 22nd time in program history in 2014.

Two of her players received top honors in the conference, as sophomore Christina Clermont was Co-Big West Pitcher of the Year after posting a 20-7 overall record along with a 14-1 mark in Big West action. Senior Shayna Kimbrough also won a second-straight Big West Defensive Player of the Year award, closing out her stellar four-year career under Sowder as the program's record holder in batting average and runs scored.

Under Sowder, offensive team records have become the norm. The 2014 squad became the first to finish a season batting over .300 at .306, and also set new records in scoring (318 runs), RBI (237) and doubles (74) while finishing just behind 2013's record home run mark of 53.

Sowder earned Big West Coach of the Year honors in 2014 as Long Beach State outlasted UC Santa Barbara in a thrilling extra-inning victory to clinch a third Big West championship with Sowder at the helm. The 49ers have had 69 players received all-conference over the last nine years under Sowder.

Behind Sowder's leadership in 2012, the 49ers rallied from a slow start to win the Big West Conference title and an automatic bid into the NCAA Tournament. LBSU won 20 of its final 26 regular-season games, including a 16-5 Big West Conference record, to clinch the program's 21st NCAA Tournament berth.

In 2011, Sowder blended a core group of returning players with a talented group of freshmen into a Big West Conference title contender. The 49ers finished the season with a 38-18 record, including a 15-6 conference mark that allowed the 49ers to finish in second place, one game behind conference champion Pacific. The 49ers' season, which included wins over four nationally-ranked teams, (No. 6 Oklahoma, No. 21 Baylor, No. 23 Fresno State, and No. 23 Houston) ended with the school's 20th trip to the NCAA Tournament. The 49ers opened the tournament with a win over San Diego State in the first round before dropping a pair of games, one to eventual national-champion Arizona State.

Sowder saw her squad make its second straight trip to the NCAA Tournament in 2009. Long Beach State finished the season with a 35-21 record, marking its eighth consecutive winning season. Eight players were named to the all-conference team, while Jennifer Griffin was tabbed the Big West Field Player of the Year and Petty earned co-Freshman Pitcher of the Year honors.

In 2008, Sowder led LBSU to its sixth Big West Conference title and a NCAA Regional appearance. The 49ers reached the 40-win mark for just the eighth time in school history, finishing with a 40-17 record. LBSU was ranked 22nd and 23rd in the final USA Softball and NFCA polls, respectively. Sowder, who was tabbed the co-Big West Coach of the Year, also saw eight of her players earn all-conference recognition. In addition, freshman Brooke Turner, picked up All-America and All-West Region honors after being named the BWC Pitcher of the Year.

Along with on-field accomplishments, the 49ers have also earned a number of accolades off the field. In 2007, Sowder's first as head coach, Long Beach State had a record number of student-athletes honored academically, as six players were named NFCA Scholar All-Americans by the national coaching organization.

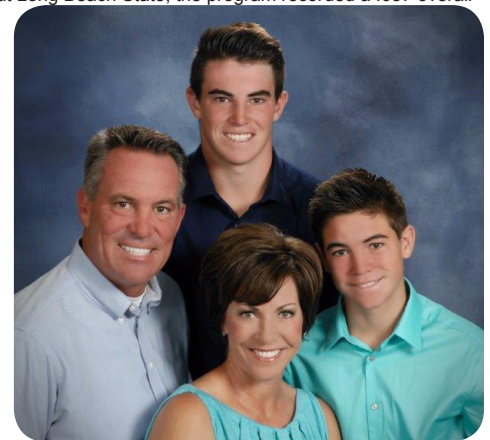
In Sowder's 11 years as an assistant and associate head coach at Long Beach State, the program recorded a .637 overall winning percentage, won five conference championships, and made nine NCAA appearances.

As the former Kim Kostyk, Sowder was a speedy, slick-fielding shortstop in her four years (1989-92) at LBSU. A 1991 third-team All-American, she helped the 49ers to three (1990-92) of their five trips to the NCAA Women's College World Series. She also earned second-team All-Big West honors as a junior in 1991 and was a Big West honorable-mention pick in 1992.

The school's all-time stolen base leader (50), Sowder's 19 thefts in 1991 still ranks as the 49ers' single-season high. She also ranks in the top 10 in career at-bats (860), runs (96), hits (204) and sacrifices (52). Defensively, she holds three of the top four 49er single-season assist marks with 243 in 1992, 233 in 1990, and 214 in 1991.

Sowder earned her undergraduate degree in marketing in 1993. She then went into the coaching ranks, serving two years as an assistant coach at Pacific.

A product of Wilson High School in Hacienda Heights, she resides with her husband, Shawn, and their two children, Zachary and Jacob, in Yorba Linda.



## Kim Sowder Coaching Record

YEAR	OVERALL	PCT	BWC	CONF. FINISH	POSTSEASON
2007	28-25	.528	11-7	3rd	
2008	40-17	.702	15-6	1st	NCAA Regional
2009	35-21	.625	15-6	3rd	NCAA Regional
2010	26-26	.500	10-11	T4th	
2011	38-18	.679	15-6	2nd	NCAA Regional
2012	29-25	.537	16-5	1st	NCAA Regional
2013	37-20	.649	17-7	2nd	
2014	39-19	.672	15-6	1st	NCAA Regional
2015	28-24	.538	15-6	2nd	
<b>TOTAL (9 Years)</b>	<b>300-195</b>	<b>.606</b>	<b>129-60</b>	<b>3 Big West Titles</b>	<b>5 NCAA Appearances</b>



# Assistant Coaches



Stephanie Brown, who works primarily with the pitching staff, is in her 13th season as an assistant coach at Long Beach State. During her 12 years at LBSU, Brown has acquired a deserved reputation for developing young arms and helping pitchers mature.

Brown has now helped six pitchers earn Big West Conference Pitcher of the Year awards, as Christina Clermont was named Co-Pitcher of the Year last season for the Beach. In 2015, Clermont went 20-7 overall, throwing 19 complete games and striking out 179 batters while posting a 2.35 ERA. In Big West play, Clermont led the conference in wins, strikeouts, and opposing batting average, going 14-1 against conference opponents.

Helping Long Beach State pitchers win the top award in three straight seasons, including co-honors for Meredith Cervenka and Marcel Torres in 2004 and 2005. Long Beach State has also had at least one pitcher named first-team All-Big West in 11 of Brown's 12 seasons as the 49ers' pitching coach. Clermont garnered the honor last season, following four straight seasons of dominance from Erin Jones-Wesley, who became just the seventh player in Big West history to earn first-team honors four times.

Brown has previously guided Beach players to three consecutive Big West Freshman Pitcher of the Year awards, and has helped four pitchers earn the honor in her time with Long Beach State. The first came in 2007, when Bridgette Pagano earned the award, and then Brooke Turner followed in her footsteps, while also earning second-team All-America and first-team All-West Region honors. Taylor Petty kept the streak going in 2009 as she was also a first-team all-conference selection. After one season without a freshman pitcher on the roster, Erin Jones-Wesley won the award in 2011, while also being named the Big West Conference Pitcher of



**Stephanie Brown**  
Assistant Coach - 13th Year

the Year, first-team All-Big West and second-team All-West Region.

Under Brown's tutelage, the 49ers have finished with an earned run average of over 3.00 only four times. In 2004, the 49ers posted a 1.22 season ERA en route to a Big West Championship run and a 51-13 overall record, the best under Brown, and in 2011, the 49ers set a school record with 361 strikeouts as a staff.

Brown, nee Swenson was a standout pitcher at UCLA under long-time former Bruin coach Sue Enquist. She was an honorable mention All-Pac 10 selection in 2000, posting a 10-1 record with five shutouts and three one-hitters. Brown finished the 2000 campaign with a 0.81 ERA in 77.2 innings pitched. After her playing days, Brown assisted the Bruin coaching staff with recruiting.



Panita Thanatharn is in her sixth season as an assistant coach at Long Beach State. Thanatharn assists with recruiting and conditioning while serving as the hitting coach, assisting head coach Kim Sowder with the offense.

With Thanatharn's assistance, the 49ers have posted the five highest batting averages in school history over the last five seasons.

In 2011, Long Beach State hit .279, and then was just behind that mark in 2012 at .277. After breaking four offensive school records as a team in 2013, the Beach set four more in 2014, scoring 319 runs, driving in 289 RBI, and hitting 74 doubles, while becoming the first team to hit over .300 for a season with a .306 team batting average. The batting average, RBI and scoring records all topped 2013's record marks, while the 53 home runs hit during 2013 remains the school record. Last season, the numbers continued to pile up, with the Beach hitting .281 with 40 home runs and 69 doubles.

**Panita Thanatharn**  
Assistant Coach - 6th Year

Thanatharn returned to Long Beach State for the 2011 season after spending two seasons as an assistant coach under former 49er head coach Pete Manarino at UNLV. During her career, she has helped teams to a pair of NCAA Tournament appearances, including the 2012 Long Beach State team. She also helped coach UNLV to the NCAA Tournament in 2009, while working with outfielders and hitters. She also served as the team's recruiting coordinator.

Thanatharn started her coaching career at Long Beach State in 2007 where she served as the team's director of operations/assistant coach for one season. She helped with coaching and administrative duties, while handling the conditioning program.

A four-year letterwinner (2002, 2005-07) at Long Beach State, Thanatharn earned a double major in exercise science and sport psychology and coaching in 2006.

She earned a master's in kinesiology with an option in sports management from Cal State University, Long Beach in 2008.



## Support Staff



**Amanda Hansen**

**Undergraduate Assistant Coach  
1st Season**



Amanda Hansen will continue to assist with the team following a four-year career at the Beach as a pitcher.

Hansen earned first-team All-Big West honors following the 2014 season, where she posted a 19-8 overall record with a 3.69 ERA.

Over four seasons at the Beach, Hansen posted a 34-28 record with a 3.88 career ERA in 102 appearances and 64 starts in the circle. She ranks in Long Beach State's Top 10 in career appearances, and is tied for third place at LBSU with six career saves.

Hansen is in the process of finishing her coursework at Long Beach State, majoring in recreation studies.



**Sarah Carrasco**

**Team Manager  
2nd Season**

A four-year starter with the 49ers, Sarah Carrasco returns to the Beach for a second season on staff as the team manager.

Carrasco was a three-time All-Big West selection with the 49ers, and played a variety of positions with the 49ers, starting at catcher, first base and both corner outfield spots while also spending time as the designated player.

Starting 150 games in her career, Carrasco hit .270 with 29 doubles and 12 home runs, making just eight errors in four years with the Beach. She was a second-team All-Big West selection in 2011, and then earned Honorable Mention All-Big West honors in 2013 and 2014.

Carrasco graduated with a bachelor's degree in Community Health Education last May.



## Support Staff



**Cindy Masner**

**Softball Administrator  
SWA**



**Bailey Schentrup**

**Athletic Trainer**



**Roger Kirk**

**Assistant Athletics Director  
Media Relations**

# Long Beach State Player Profiles

2015 Big West  
Co-Pitcher of the Year  
Christina Clermont

