

Vinnaren av första dagens distanser koras till svenska mästare.

Eskilstuna-Isstadion 20/21-02-1973

DAMER SPRINT		500m	1000m	500m	1000m	
1	Ann-Sofie Järnström IFK Göteborg	46.21 (1)	1.34.80(1)	46.20(1)	1.35.11 (1)	187.365
2	Ylva Hedlund IFK Lidingö	46.57 (2)	1.35.08(2)	46.77(2)	1.35.96 (3)	188.860
3	Sylvia Filipsson Katrineholms AIK	46.67 (5)	1.35.74(3)	46.89(4)	1.35.84 (2)	189.350
4	Lena Andersson IK Wega	46.59 (3)	1.37.82(4)	46.87(3)	1.36.67 (4)	190.705
5	Lena Tillqvist Mälarhöjdens IK	47.31 (7)	1.38.12(5)	46.96(5)	1.37.59 (5)	192.125
6	Gunnel Janson IFK Strömsund	46.63 (4)	1.39.26(8)	47.47(6)	1.39.14 (7)	193.300
7	Marianne Andersson IK Wega	47.08 (6)	1.38.78(7)	47.82(8)	1.38.86 (6)	193.720
8	Helene Engman IK Wega	47.58 (8)	1.38.64(6)	47.60(7)	1.48.20f(8)	198.600

Göteborg-Ruddalen 02/03-03-1974

DAMER SPRINT		500m	1000m	500m	1000m	
1	Ann-Sofie Järnström IFK Göteborg	47.0 (1)	1.39.5(1)	46.8(1)	1.39.7(1)	193.400
2	Lena Tillqvist IFK Göteborg	47.0(1)	1.40.9(2)	46.8(1)	1.39.9(2)	194.200
3	Elisabeth Fors IFK Kr.hamn	47.6 (3)	1.40.9(2)	47.4(4)	1.41.3(5)	196.100
4	Christina Larsson SK Pollux	48.2 (5)	1.41.8(5)	47.1(3)	1.40.5(3)	196.450
5	Sylvia Filipsson Katrineholms AIK	48.0 (4)	1.41.6(4)	48.8(5)	1.41.0(4)	198.100
6	Ann Gunnars Södermalms IK	78.0f(6)	1.45.6(6)	50.1(6)	1.45.7(6)	233.750

Karlstad 01/02-02-1975

DAMER SPRINT		500m	1000m	500m	1000m	
1	Ann-Sofie Järnström IFK Göteborg	47.3(1)	1.38.4(2)	45.8(1)	1.34.8(1)	189.700
2	Sylvia Filipsson Katrineholms AIK	47.4(2)	1.36.5(1)	46.2(2)	1.35.1(2)	189.400
3	Lena Tillqvist IFK Göteborg	47.8(3)	1.42.0(5)	46.9(4)	1.38.3(3)	194.850
4	Elisabeth Fors IFK Kristinehamn	48.0(4)	1.41.1(3)	47.1(5)	1.38.9(5)	195.100
5	Anna Lenner IK Wega	48.8(5)	1.42.6(6)	46.6(3)	1.39.1(6)	196.250
6	Christina Larsson SK Pollux	49.4(6)	1.41.7(4)	47.6(7)	1.38.6(4)	197.150
7	Gunnel Janson IFK Strömsund	49.7(7)	1.44.7(8)	47.1(5)	1.40.5(7)	199.400
8	Ingmarie Larsson SK Pollux	50.0(8)	1.44.0(7)	47.7(8)	1.40.8(8)	200.100

Göteborg-Ruddalen 10/11-01-1976

DAMER SPRINT		500m	1000m	500m	1000m	
1	Ann-Sofie Järnström IFK Göteborg	43.6(1)	1.32.4(1)	46.7(1)	1.37.9(1)	185.450
2	Sylvia Filipsson Katrineholms AIK	45.0(2)	1.34.0(2)	47.7(3)	1.38.2(2)	188.800
3	Anna Lenner IK Wega	45.0(2)	1.34.1(3)	47.0(2)	1.40.3(3)	189.200
4	Linda Palle IK Wega	45.1(4)	1.35.5(4)	49.4(4)	1.42.6(5)	193.550
5	Annette Karlsson Karlstads SK	46.4(5)	1.38.0(5)	49.7(5)	1.41.8(4)	196.000
6	Christina Larsson SK Pollux	47.3(7)	1.39.3(6)	49.7(5)	1.44.0(6)	198.650
7	Elisabeth Öhlin Katrineholms AIK	47.4(8)	1.41.6(7)	49.8(7)	1.47.5(7)	201.750
	Lena Tillqvist IFK Göteborg	46.5(6)	1.47.5(8)			

Örnsköldsvik 05/06-03-1977

DAMER SPRINT		500m	1000m	500m	1000m	
1	Anna Lenner IK Wega	46.25 (3)	1.35.18(4)	44.96(2)	1.33.6(2)	185.600
2	Ann-Sofie Järnström IFK Göteborg	46.31 (4)	1.38.67(7)	44.61(1)	1.33.1(1)	186.805
3	Annette Karlsson Karlstads SK	45.83 (1)	1.34.59(2)	46.38(4)	1.35.5(3)	187.255
4	Linda Palle IK Wega	46.05 (2)	1.34.47(1)	46.71(6)	1.35.7(4)	187.845
5	Lena Tillqvist IFK Göteborg	47.28 (6)	1.35.15(3)	45.47(3)	1.35.9(5)	188.275
6	Sylvia Filipsson Katrineholms AIK	46.38 (5)	1.36.66(5)	46.65(5)	1.36.5(7)	189.610
7	Elisabeth Öhlin Katrineholms AIK	47.63 (7)	1.37.42(6)	47.25(7)	1.37.9(8)	192.540
8	Karin Rybäck Eskilstuna IK	69.93f(8)	1.40.53(8)	47.54(8)	1.36.4(6)	215.935

Strömsund 11/12-01-1978

DAMER SPRINT		500m	1000m	500m	1000m	
1	Annette Karlsson Karlstads SK	44.5(1)	1.30.2 (2)	44.4(1)	1.31.6 (2)	179.800
2	Sylvia Filipsson Katrineholms AIK	44.7(2)	1.30.0 (1)	44.8(4)	1.31.6 (2)	180.300
3	Ann-Sofie Järnström IK Wega	45.0(4)	1.31.8 (3)	44.5(2)	1.31.2 (1)	181.000

4	Elisabeth Öhlin	Katrineholms AIK	44.8(3)	1.31.9 (4)	44.7(3)	1.32.9 (5)	181.900
5	Linda Palle	IK Wega	45.6(6)	1.32.9 (5)	45.2(5)	1.32.8 (4)	183.650
6	Lena Tillqvist	IFK Göteborg	46.0(7)	1.35.2 (6)	45.6(6)	1.36.1 (8)	187.250
7	Anna Lenner	IK Wega	45.5(5)	1.35.6 (8)	45.6(7)	1.38.7 (12)	188.250
8	Eva-L Gulbrandsen	IFK Göteborg	46.8(8)	1.35.7 (9)	46.1(8)	1.36.5 (9)	189.000
9	Marina Pöllä	Hagaströms SK	47.1(10)	1.35.3 (7)	46.8(11)	1.36.1 (7)	189.600
10	Christina Östling	Eskilstuna IK	46.9(9)	1.37.9 (11)	46.5(9)	1.37.8 (10)	191.250
11	Gunilla Hopstadius	IFK Strömsund	47.8(13)	1.37.6 (10)	47.4(13)	1.38.2 (11)	193.100
12	Annika Carlsson	IK Wega	48.1(14)	1.39.8 (12)	47.9(14)	1.39.1 (13)	195.450
13	Ann-Christine Ris	IK Wega	47.7(12)	1.40.7 (13)	47.4(12)	1.41.0 (14)	195.950
14	Lena Andersson	IFK Lidingö	47.6(11)	1.51.4f(16)	46.6(10)	1.34.9 (6)	197.350
15	Anette Andersson	IK Wega	48.8(15)	1.41.2 (14)	48.4(15)	1.43.2 (15)	199.400
16	Lena Mood	Sundsvalls SK	50.4(16)	1.45.7 (15)	49.4(16)	1.59.4f(16)	212.350

Eskilstuna-Isstadion 23/24-02-1979

DAMER SPRINT			500m	1000m	500m	1000m	
1	Ann-Sofie Järnström	IK Wega	<u>43.9(1)</u>	<u>1.30.4 (1)</u>	43.2(1)	1.30.3 (1)	177.450
2	Sylvia Filipsson	Katrineholms AIK	44.4(3)	1.30.9 (2)	44.3(3)	1.30.4 (2)	179.350
3	Annette Karlsson	Karlstads SK	44.1(2)	1.40.3f(8)	43.6(2)	1.30.4 (2)	183.050
4	Lena Tillqvist	IK Wega	45.3(5)	1.34.6 (3)	44.4(5)	1.32.2 (4)	183.100
5	Anna Lenner	IK Wega	44.7(4)	1.34.6 (3)	44.3(3)	1.34.2 (6)	183.400
6	Ann-Christine Ris	IK Wega	47.3(7)	1.39.6 (7)	46.8(8)	1.39.3 (7)	193.550
7	Anette Andersson	IK Wega	47.6(9)	1.40.5 (9)	47.9(11)	1.40.6 (9)	196.050
8	Christina Östling	Eskilstuna IK	47.5(8)	1.41.9 (10)	47.8(10)	1.40.4 (8)	196.450
9	Annika Carlsson	IK Wega	46.4(6)	1.35.1 (5)	46.0(6)	1.54.4f(12)	197.150
10	Marika Törzsök	SK Pollux	47.9(10)	1.42.0 (11)	47.5(9)	1.41.7 (10)	197.250
11	Annicka Adamsson	IK Wega	51.3(11)	1.44.7 (12)	49.4(12)	1.43.2 (11)	204.650
	Rose-Marie Karlsson	Karlstads SK	dq	1.36.4 (6)	46.0(6)	1.33.8 (5)	

Eskilstuna-Isstadion 05/06-03-1980

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Karlsson	Karlstads SK	45.44(2)	<u>1.32.92(1)</u>	43.92(2)	1.28.4(1)	180.020
2	Ann-Sofie Järnström	IK Wega	<u>45.18(1)</u>	1.33.49(2)	43.68(1)	1.29.0(3)	180.105
3	Sylvia Filipsson	Katrineholms AIK	45.47(3)	1.33.84(3)	44.38(3)	1.28.6(2)	181.070
4	Linda Palle	IK Wega	47.30(8)	1.34.30(4)	44.58(4)	1.30.3(4)	184.180
5	Karin Rybäck	Eskilstuna IK	46.49(5)	1.36.04(6)	45.48(6)	1.30.6(5)	185.290
6	Elisabeth Öhlin	Katrineholms AIK	46.29(4)	1.35.81(5)	44.96(5)	1.32.4(7)	185.355
7	Rose-Marie Karlsson	Karlstads SK	46.68(7)	1.37.37(8)	45.80(8)	1.30.6(6)	186.465
8	Kristina Ranudd	Karlstads SK	47.44(10)	1.37.28(7)	46.14(10)	1.32.8(9)	188.620
9	Annika Carlsson	IK Wega	47.41(9)	1.38.50(9)	46.67(11)	1.33.5(10)	190.080
10	Anette Andersson	IK Wega	47.57(11)	1.39.51(11)	47.67(15)	1.39.9(15)	194.945
11	Lena Gustafsson	Filipstads IF	48.73(12)	1.43.36(13)	47.34(13)	1.37.6(12)	196.550
12	Anette Hammarin	IK Wega	49.47(14)	1.41.74(12)	47.45(14)	1.38.1(13)	196.840
13	Ann-Christine Ris	IK Wega	48.82(13)	1.44.81(14)	47.17(12)	1.39.3(14)	198.045
14	Christina Östling	Eskilstuna IK	46.55(6)	1.56.27(16)	45.97(9)	1.35.9(11)	198.605
15	Carina Niit	IFK Göteborg	50.31(15)	1.48.01(15)	50.60(16)	1.44.9(16)	207.365
16	Lena Tillqvist	IK Wega	93.92(16)	1.38.82(10)	45.65(7)	1.32.4(7)	235.180

Göteborg-Ruddalen 23/24-01-1981

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Carlén	Karlstads SK	<u>43.74 (1)</u>	<u>1.29.44 (1)</u>	43.57 (1)	1.30.60(1)	177.330
2	Linda Palle	IK Wega	45.30 (4)	1.30.05 (2)	44.81 (3)	1.30.87(2)	180.570
3	Ann-Sofie Järnström	IK Wega	43.97 (2)	1.31.67 (3)	44.29 (2)	1.33.76(5)	180.975
4	Rose-Marie Karlsson	Karlstads SK	45.24 (3)	1.31.70 (4)	45.47 (5)	1.33.54(3)	183.330
5	Elisabeth Öhlin	Katrineholms AIK	45.33 (5)	1.32.82 (5)	45.08 (4)	1.33.75(4)	183.695
6	Lena Andersson	IFK Lidingö	46.61 (8)	1.33.76 (6)	47.24 (7)	1.35.70(6)	188.580
7	Kristina Ranudd	Karlstads SK	47.33 (12)	1.34.26 (7)	48.76 (12)	1.35.85(7)	191.145
8	Lena Gustafsson	Filipstads IF	46.51 (6)	1.36.52 (9)	47.27 (8)	1.40.34(12)	192.210
9	Anette Andersson	IK Wega	46.87 (10)	1.36.27 (8)	48.01 (10)	1.38.66(8)	192.345
10	Annica Ahlsten	Sandvikens SK	47.28 (11)	1.38.03 (11)	47.28 (9)	1.39.83(11)	193.490
10	Lena Tillqvist	IK Wega	46.77 (9)	1.41.44 (13)	46.41 (6)	1.39.18(9)	193.490
12	Ann-Christine Ris	IK Wega	47.62 (13)	1.40.22 (12)	48.22 (11)	1.41.29(13)	196.595
13	Yvonne Olofsson	Trollhättans SK	46.52 (7)	1.36.85 (10)	55.16f(16)	1.39.42(10)	199.815
14	Carina Niit	IFK Göteborg	49.45 (14)	1.43.02 (14)	50.47 (14)	1.42.48(15)	202.670
15	Ann-Sofie Eriksson	Uddevalla IS	49.90 (15)	1.43.25 (15)	50.93 (15)	1.44.46(16)	204.685
16	Ylva Fors	Södermalms IK	64.76f(16)	2.10.92f(16)	49.52 (13)	1.42.18(14)	230.830

Kristinehamn 16/17-01-1982

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Carlén	Karlstads SK	<u>45.07</u> (1)	<u>1.30.99</u> (1)	44.50 (1)	1.29.13 (1)	179.630
2	Elisabeth Öhlin	Katrineholms AIK	45.49 (2)	1.33.68 (4)	45.51 (2)	1.32.64 (3)	184.160
3	Rose-Marie Karlsson	Karlstads SK	46.68 (6)	1.32.99 (2)	46.15 (3)	1.32.90 (4)	185.775
4	Karin Rybäck	Eskilstuna IK	46.41 (5)	1.33.60 (3)	46.89 (7)	1.32.27 (2)	186.235
5	Jasmin Krohn	IFK Göteborg	46.99 (8)	1.34.69 (5)	46.61 (4)	1.34.84 (7)	188.365
6	Ylva Fors	Södermalms IK	46.19 (4)	1.35.96 (8)	46.70 (6)	1.36.75 (9)	189.245
7	Kristina Ranudd	Karlstads SK	48.05 (15)	1.35.91 (7)	47.28 (8)	1.34.18 (5)	190.375
8	Anette Hammarin	IK Wega	46.85 (7)	1.37.87 (12)	46.64 (5)	1.37.07 (10)	190.960
9	Yvonne Olofsson	Trollhättans SK	47.11 (9)	1.37.37 (11)	47.50 (10)	1.37.35 (11)	191.970
10	Annika Carlsson	IK Wega	47.30 (10)	1.36.70 (10)	48.24 (14)	1.36.32 (8)	192.050
11	Anette Andersson	IK Wega	47.72 (12)	1.40.03 (14)	47.52 (11)	1.38.08 (13)	194.295
12	Lena Gustafsson	Filipstads IF	47.84 (13)	1.38.87 (13)	48.05 (13)	1.40.60 (14)	195.625
13	Annica Ahlsten	Sandvikens SK	47.99 (14)	1.50.91f (15)	47.83 (12)	1.37.88 (12)	200.215
	Eva-Lotta Guldbrandsen	IFK Lidingö	dq	1.36.35 (9)	48.77 (15)	1.34.47 (6)	
	Lena Andersson	IFK Lidingö	47.42 (11)	1.34.83 (6)	47.31 (9)		
	Linda Palle	IK Wega	45.95 (3)				

Sundsvall 12/13-02-1983

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Carlén	Karlstads SK	<u>43.3</u> (1)	<u>1.28.72</u> (1)	43.32 (1)	1.28.37 (1)	175.165
2	Jasmin Krohn	IFK Göteborg	45.4 (2)	1.32.19 (2)	45.65 (6)	1.33.81 (3)	184.050
3	Linda Palle	IK Wega	45.6 (4)	1.33.51 (3)	44.96 (2)	1.33.84 (4)	184.235
4	Rose-Marie Karlsson	Karlstads SK	46.3 (6)	1.33.65 (5)	46.24 (7)	1.33.08 (2)	185.905
5	Ylva Fors	Södermalms IK	45.4 (2)	1.39.06f (12)	45.33 (3)	1.35.05 (6)	187.785
6	Kristina Ranudd	Karlstads SK	47.0 (11)	1.33.54 (4)	47.10 (9)	1.34.73 (5)	188.235
7	Eva-Lotta Guldbrandsen	IFK Lidingö	46.1 (5)	1.37.19 (9)	45.38 (4)	1.37.19 (9)	188.670
8	Annika Carlsson	IK Wega	46.9 (9)	1.33.81 (6)	47.25 (12)	1.35.93 (7)	189.020
9	Anette Hammarin	IK Wega	46.3 (6)	1.37.97 (11)	45.44 (5)	1.36.84 (8)	189.145
10	Yvonne Olofsson	Uddevalla IS	46.8 (8)	1.35.62 (7)	47.07 (8)	1.37.93 (10)	190.645
11	Marie Lengqvist	IK Wega	46.9 (9)	1.37.47 (10)	47.22 (11)	1.37.94 (11)	191.825
12	Lena Snihs	IF Thor	48.1 (13)	1.39.46 (13)	48.57 (14)	1.42.75 (15)	197.775
13	Marie Emanuelsson	IFK Rättvik	48.6 (15)	1.42.62 (15)	48.66 (15)	1.40.52 (12)	198.830
14	Charlotte Jonasson	IK Wega	48.4 (14)	1.41.87 (14)	48.55 (13)	1.42.61 (14)	199.190
15	Carina Niit	IFK Göteborg	49.2 (16)	1.42.94 (16)	49.61 (16)	1.41.41 (13)	200.985
	Annica Ahlsten	Hagströms SK	47.5 (12)	1.36.88 (8)	47.21 (10)	dns	

Karlstad 21/22-01-1984

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Carlén	Karlstads SK	<u>44.18</u> (1)	<u>1.28.38</u> (1)	43.84 (1)	1.27.85 (1)	176.135
2	Rose-Marie Karlsson	Karlstads SK	46.32 (2)	1.33.10 (4)	46.10 (4)	1.33.28 (2)	185.610
3	Annika Carlsson	IK Wega	47.33 (5)	1.33.03 (3)	46.67 (6)	1.34.43 (4)	187.730
4	Ann-Sofie Järnström	IK Wega	46.52 (3)	1.35.46 (5)	45.77 (3)	1.36.19 (6)	188.115
5	Yvonne Olofsson	Trollhättans SK	46.90 (4)	1.36.64 (6)	46.73 (7)	1.36.86 (7)	190.380
6	Ailen Andersson	IFK Göteborg	47.42 (6)	1.40.98 (11)	46.88 (8)	1.39.59 (10)	194.585
7	Marie Lengqvist	Trollhättans SK	48.35 (8)	1.38.54 (8)	47.55 (9)	1.39.02 (8)	194.680
8	Ylva Fors	Södermalms IK	56.25f (13)	1.32.37 (2)	45.60 (2)	1.33.76 (3)	194.915
9	Gunilla Östling	Eskilstuna IK	47.89 (7)	1.38.64 (9)	48.19 (10)	1.39.38 (9)	195.090
10	Nina Härlin	Motala AIF	49.48 (10)	1.40.48 (10)	49.30 (12)	1.39.69 (11)	198.865
11	Lena Snihs	IF Thor	48.37 (9)	1.42.72 (12)	48.70 (11)	1.43.16 (13)	200.010
12	Ann-Sofie Eriksson	Karlstads SK	51.02 (12)	1.43.29 (14)	50.37 (13)	1.42.08 (12)	204.075
13	Anette Hammarin	IK Wega	61.25f (14)	1.36.90 (7)	46.35 (5)	1.36.14 (5)	204.120
14	Anna-Lena Andersson	IF Thor	49.73 (11)	1.42.98 (13)	62.13f (14)	1.43.82 (14)	215.260

Sundsvall 02/03-03-1985

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Carlén	Karlstads SK	<u>44.75</u> (2)	<u>1.31.08</u> (1)	44.49 (1)	1.32.07 (1)	180.815
2	Ylva Fors	Södermalms IK	<u>44.74</u> (1)	1.35.58 (2)	45.64 (2)	1.35.35 (2)	185.845
3	Anette Hammarin	IK Wega	46.41 (3)	1.38.25 (4)	46.18 (3)	1.38.23 (4)	190.830
4	Lena Andersson	IFK Lidingö	47.20 (6)	1.36.86 (3)	47.89 (6)	1.38.28 (5)	192.660
5	Yvonne Olofsson	Uddevalla IS	47.00 (5)	1.39.54 (5)	47.03 (5)	1.38.15 (3)	192.875
6	Ailen Andersson	IFK Göteborg	46.88 (4)	1.40.35 (6)	46.56 (4)	1.40.15 (6)	193.690
7	Lena Snihs	IF Thor	47.36 (7)	1.42.28 (8)	48.50 (8)	1.43.82 (8)	198.910
8	Birgitta Ranudd	Karlstads SK	49.54 (9)	1.41.91 (7)	50.31 (12)	1.41.98 (7)	201.795
9	Madelene Edkvist	Hagströms SK	48.59 (8)	1.44.76 (9)	48.28 (7)	1.46.63 (12)	202.565
10	Anna-Lena Andersson	IF Thor	49.60 (10)	1.44.91 (10)	49.89 (9)	1.43.98 (9)	203.935
11	Anna Rusman	Karlstads SK	50.34 (11)	1.47.54 (11)	49.95 (10)	1.46.39 (11)	207.255

12	Jeanette Nässbjer	Sundsvalls SK	51.10 (15)	1.48.64(13)	50.88 (14)	1.46.25(10)	209.425
13	Karin Olofsson	IFK Strömsund	50.79 (13)	1.48.17(12)	50.44 (13)	1.50.19(13)	210.410
14	Katarina Rosell	IFK Göteborg	50.70 (12)	1.50.75(14)	50.98 (15)	1.50.31(14)	212.210
15	Marie Pettersson	IF Thor	50.93 (14)	1.52.94(16)	49.95 (10)	1.52.13(16)	213.415
16	Carina Niit	IFK Göteborg	53.13 (16)	1.51.84(15)	52.02 (16)	1.51.62(15)	216.880

Uppsala 18/19-01-1986

DAMER SPRINT			500m	1000m	500m	1000m	
1	Annette Carlén	Karlstads SK	43.20 (1)	1.27.60 (1)	44.88 (1)	1.27.60(1)	175.680
2	Rose-Marie Karlsson	Karlstads SK	45.03 (3)	1.31.32 (2)	46.82 (4)	1.30.93(2)	182.975
3	Anette Hammarin	IK Wega	44.55 (2)	1.32.91 (4)	45.87 (2)	1.34.38(3)	184.065
4	Ylva Fors	Södermalms IK	45.15 (4)	1.32.33 (3)	46.58 (3)	1.35.02(5)	185.405
5	Yvonne Olofsson	Uddevalla IS	45.59 (7)	1.33.99 (5)	47.62 (6)	1.37.47(7)	188.940
6	Birgitta Ranudd	Karlstads SK	47.43 (10)	1.35.70 (6)	49.15 (11)	1.34.67(4)	191.765
7	Annika Carlsson	IK Wega	47.72 (12)	1.35.84 (7)	49.01 (10)	1.37.53(8)	193.415
8	Annica Ahlsten	Hagatröms SK	47.64 (11)	1.38.10 (9)	48.51 (9)	1.40.28(9)	195.340
9	Marie Lengqvist	IK Wega	47.13 (9)	1.37.86 (8)	49.63 (13)	1.40.80(10)	196.090
10	Katarina Rosell	IFK Göteborg	48.20 (14)	1.40.06 (10)	49.61 (12)	1.44.00(11)	199.840
11	Madelene Edkvist	Hagatröms SK	47.82 (13)	1.41.50 (11)	49.70 (14)	1.44.67(12)	200.605
12	Jasmin Krohn	IFK Göteborg	45.47 (6)	2.04.80f(14)	47.67 (8)	1.37.30(6)	204.190
13	Angela Hansson	Uddevalla IS	48.99 (15)	1.42.99 (12)	50.48 (15)	1.47.04(13)	204.485
	Ann-Sofie Järnström	IK Wega	45.44 (5)	1.44.07 (13)	47.27 (5)		
	Lena Andersson	IFK Lidingö	45.88 (8)	dq	47.63 (7)		

Sandviken-Jernvallen 21/22-02-1987

DAMER SPRINT			500m	1000m	500m	1000m	
1	Ylva Fors	Södermalms IK	43.58 (1)	1.31.71(2)	45.80 (1)	1.30.70(1)	180.585
2	Rose-Marie Karlsson	Karlstads SK	44.56 (2)	1.31.28(1)	48.37 (4)	1.31.35(3)	184.245
3	Jasmin Krohn	IFK Göteborg	46.69 (3)	1.33.07(4)	46.88 (3)	1.31.33(2)	185.770
4	Marie Lengqvist	IK Wega	47.11 (4)	1.36.42(5)	49.52 (5)	1.35.75(5)	192.715
5	Anette Hammarin	IK Wega	56.03f(14)	1.32.12(3)	45.92 (2)	1.33.22(4)	194.620
6	Birgitta Ranudd	Karlstads SK	48.77 (8)	1.36.46(6)	50.91 (8)	1.39.16(7)	197.490
7	Lena Andersson	IFK Lidingö	48.47 (6)	1.36.90(7)	51.94 (12)	1.37.92(6)	197.820
8	Anna-Lena Andersson	IF Thor	47.30 (5)	1.37.93(8)	51.66 (11)	1.40.50(8)	198.175
9	Ann-Marie Engnell	Sollentuna SS	49.04 (10)	1.41.36(9)	51.59 (10)	1.43.77(9)	203.195
10	Elisabeth Hellberg	Hagatröms SK	48.80 (9)	1.43.57(10)	50.54 (7)	1.45.28(10)	203.765
11	Mia Folke	SK Pollux	48.55 (7)	1.43.57(10)	50.21 (6)	1.53.59(12)	207.340
12	Lena Folke	SK Pollux	49.46 (11)	1.43.65(12)	51.33 (9)	1.53.61(13)	209.420
13	Katarina Rosell	IFK Göteborg	50.40 (13)	1.44.95(13)	54.46 (13)	1.49.05(11)	211.860
	Maria Åberg	IFK Göteborg	50.34 (12)	1.46.20(14)			

Göteborg-Ruddalen 23/24-01-1988

DAMER			500m	1000m	500m	1000m	
1	Jasmin Krohn	IFK Göteborg	44.45 (3)	1.29.78 (1)	44.51 (3)	1.29.25(1)	178.475
2	Ylva Fors	Södermalms IK	44.37 (2)	1.30.95 (2)	44.42 (2)	1.30.98(2)	179.755
3	Anette Hammarin	IK Wega	44.20 (1)	1.30.99 (3)	44.24 (1)	1.32.24(3)	180.055
4	Rose-Marie Karlsson	Karlstads SK	45.71 (4)	1.32.80 (4)	45.91 (4)	1.32.28(4)	184.160
5	Lena Andersson	IFK Lidingö	47.00 (5)	1.33.89 (5)	47.40 (6)	1.34.95(5)	188.820
6	Marie Lengqvist	IK Wega	47.53 (6)	1.37.07 (7)	47.28 (5)	1.38.66(10)	192.675
7	Ann-Marie Engnell	Sollentuna SS	48.17 (9)	1.37.82 (8)	47.87 (8)	1.37.75(8)	193.825
8	Monica Liberg	Eskilstuna IK	47.61 (7)	1.39.13 (10)	48.13f(9)	1.38.10(9)	194.355
9	Birgitta Ranudd	Karlstads SK	49.14 (12)	1.36.43 (6)	49.00 (11)	1.37.66(7)	195.185
10	Elisabeth Hellberg	Hagatröms SK	49.30 (13)	1.39.02 (9)	49.59 (15)	1.39.42(11)	198.110
11	Annika Wilhelmsson	Bräcke SK	48.60 (10)	1.40.43 (13)	48.80 (10)	1.42.17(13)	198.700
12	Katarina Rosell	IFK Göteborg	48.89 (11)	1.40.42 (12)	49.30 (13)	1.40.72(12)	198.760
13	Helena Tillstrand	Hagatröms SK	49.80 (14)	1.39.72 (11)	50.17 (16)	1.43.36(15)	201.510
14	Eva Holmgren	Uddevalla IS	47.97 (8)	1.43.87 (15)	49.26 (12)	1.45.72(16)	202.025
15	Mia Folke	SK Pollux	50.02 (15)	1.43.80 (14)	49.34 (14)	1.42.69(14)	202.605
16	Karin Olofsson	IFK Strömsund	61.85f(16)	2.24.54f(16)	47.78 (7)	1.36.93(6)	230.365

1989-1994 samt 2007 korades mästarna på 500 m och 1000 m i samband med Distans-SM.

Sundsvall 11/12-02-1989

DAMER SPRINT		500m	1000m	500m	1000m	
1	Ylva Fors	Södermalms IK	45.60 (1)	1.38.56(1)	44.66(2)	1.34.25(1) 186.665
2	Anette Hammarin	IK Wega	45.90 (2)	1.40.45(3)	44.54(1)	1.34.49(2) 187.910
3	Rose-Marie Karlsson	Karlstads SK	47.49 (3)	1.39.98(2)	46.28(3)	1.35.28(3) 191.400
4	Birgitta Ranudd	Karlstads SK	49.18 (6)	1.40.50(4)	48.05(8)	1.38.27(5) 196.615
5	Ann-Marie Engnell	Sollentuna SS	48.52 (4)	1.45.16(7)	47.85(7)	1.37.91(4) 197.905
6	Christina Schön	SK Pollux	48.85 (5)	1.44.75(6)	47.73(6)	1.41.24(12) 199.575
7	Ulrika Turesson	Uddevalla IS	49.85 (8)	1.45.66(10)	48.16(9)	1.39.66(6) 200.670
8	Malin Järf	Eskilstuna IK	49.96 (10)	1.45.34(9)	48.96(12)	1.40.39(9) 201.785
9	Helena Liberg	Eskilstuna IK	50.09 (11)	1.46.85(12)	48.82(11)	1.39.99(7) 202.330
10	Anna-Lena Andersson	IF Thor	49.61 (7)	1.48.19(13)	49.00(13)	1.40.71(10) 203.060
11	Ingrid Claesson	IK Wega	50.88 (12)	1.45.27(8)	50.18(14)	1.40.05(8) 203.720
12	Eva Holmgren	Uddevalla IS	49.95 (9)	1.50.80(14)	48.41(10)	1.46.80(14) 207.160
13	Åsa Engstrand	Sandvikens SK	63.23 (13)	1.46.61(11)	47.52(5)	1.40.77(11) 214.440
14	Jenny Dahlström	Hagaströms SK	69.94f(14)	1.44.35(5)	47.40(4)	1.41.92(13) 220.475

Göteborg-Ruddalen 10/11-02-1990

DAMER SPRINT		500m	1000m	500m	1000m	
1	Anette Hammarin	IK Wega	44.76(1)	1.33.68(1)	44.67(1)	1.33.10(1) 182.820
2	Ylva Fors	Södermalms IK	45.92(2)	1.35.89(2)	46.73(2)	1.36.53(3) 188.860
3	Christina Schön	SK Pollux	47.79(3)	1.36.98(3)	48.08(3)	1.36.11(2) 192.415
4	Gabriella Kristoffers	SK Pollux	48.11(4)	1.37.28(4)	48.70(4)	1.37.68(4) 194.290
5	Ann-Marie Engnell	Sollentuna SS	48.88(7)	1.39.55(6)	48.85(6)	1.37.81(5) 196.410
6	Malin Järf	Eskilstuna IK	48.92(8)	1.38.83(5)	49.30(8)	1.39.14(6) 197.205
7	Annika Wilhelmsson	Bräcke SK	48.27(5)	1.41.55(10)	49.07(7)	1.39.50(7) 197.865
8	Malin Enfeldt	SK Pollux	48.45(6)	1.41.34(8)	48.72(5)	1.40.75(9) 198.215
9	Ingrid Claesson	IK Wega	49.73(11)	1.41.50(9)	49.87(9)	1.40.17(8) 200.435
10	Monica Liberg	Eskilstuna IK	50.04(12)	1.40.80(7)	50.69(11)	1.41.30(10) 201.780
11	Karin Olofsson	IFK Strömsund	49.35(10)	1.44.99(11)	50.09(10)	1.42.37(11) 203.120
12	Anna-Lena Andersson	IF Thor	49.15(9)	1.45.18(12)	51.59(13)	1.44.06(12) 205.360
13	Jenny Bäckström	Hagaströms SK	51.27(13)	1.47.51(13)	51.42(12)	1.46.26(13) 209.575
	Gabriella Odéhn	IK Wega	52.47(14)			

Hagaström 09/10-02-1991

DAMER SPRINT		500m	1000m	500m	1000m	
1	Annika Wilhelmsson	Bräcke SK	47.52(1)	1.38.56(2)	47.68(1)	1.39.15(1) 194.055
2	Malin Järf	Eskilstuna IK	48.18(2)	1.38.25(1)	49.05(2)	1.40.51(3) 196.610
3	Ingrid Claesson	IK Wega	48.56(4)	1.38.89(3)	49.10(3)	1.40.96(4) 197.585
4	Helena Liberg	Eskilstuna IK	49.11(6)	1.40.41(4)	49.33(4)	1.41.97(5) 199.630
5	Jenny Dahlström	Hagaströms SK	48.50(3)	1.40.65(5)	49.83(5)	1.43.77(6) 200.540
6	Jenny Bäckström	Hagaströms SK	49.21(7)	1.44.41(7)	50.60(6)	1.44.70(7) 204.365
7	Helena Häger	IFK Lidingö	50.01(8)	1.44.72(8)	51.02(7)	1.47.20(8) 206.990
8	Monica Liberg	Eskilstuna IK	48.61(5)	1.42.00(6)	64.54f(10)	1.40.11(2) 214.205
9	Gabriella Odéhn	IK Wega	52.89(10)	1.50.77(9)	53.43(9)	1.50.13(9) 216.770
10	Jannike Nilsson	Bräcke SK	51.10(9)	1.53.98(10)	52.24(8)	1.54.12(10) 217.390

Eskilstuna-Isstadion 22/23-02-1992

DAMER SPRINT		500m	1000m	500m	1000m	
1	Christina Schön	SK Pollux	47.82(2)	1.40.29(1)	47.18(1)	1.47.71(1) 199.000
2	Yvonne Lundin	Uddevalla IS	47.72(1)	1.43.93(2)	48.51(3)	1.50.62(5) 203.505
3	Annika Wilhelmsson	Bräcke SK	48.41(3)	1.48.89(7)	48.26(2)	1.47.78(2) 205.005
4	Malin Enfeldt	SK Pollux	49.95(6)	1.45.48(3)	51.44(6)	1.49.52(3) 208.890
5	Malin Järf	Eskilstuna IK	50.07(8)	1.46.98(4)	50.79(5)	1.53.11(6) 210.905
6	Linda Öhlund	Hagaströms SK	49.75(5)	1.50.33(8)	51.47(7)	1.50.49(4) 211.630
7	Monica Liberg	Eskilstuna IK	49.27(4)	1.48.05(5)	50.41(4)	1.58.27(8) 212.840
8	Jenny Bäckström	Hagaströms SK	50.03(7)	1.48.21(6)	51.72(8)	1.59.45(10) 215.580
9	Helena Liberg	Eskilstuna IK	51.06(10)	1.51.61(10)	53.12(10)	1.53.14(7) 216.555
10	Jenny Dahlström	Hagaströms SK	50.10(9)	1.55.65(11)	52.46(9)	1.58.61(9) 219.690
11	Anna Healy	Karlstads SK	52.90(11)	1.50.85(9)	53.94(11)	2.05.23(11) 224.880
12	Kerstin Nolkrantz	SK Trollhättan	57.11(12)	2.15.20(12)	58.36(12)	2.11.64(12) 248.890

Strömsund 13/14-02-1993

DAMER SPRINT		500m	1000m	500m	1000m	
1	Jasmin Krohn	IFK Göteborg	44.39 (1)	1.29.20 (1)	44.52 (1)	1.27.84 (1) 177.430
2	Christina Schön	SK Pollux	45.49 (2)	1.30.23 (2)	45.35 (2)	1.30.73 (2) 181.320
3	Sofia Larsson	IFK Kristinehamn	45.71 (3)	1.32.44 (3)	46.72 (4)	1.32.09 (3) 184.695
4	Yvonne Lundin	Uddevalla IS	46.11 (4)	1.34.79 (4)	46.05 (3)	1.34.14 (4) 186.625
5	Linn Eriksson	Askersunds SK	47.84 (6)	1.38.33 (5)	47.37 (5)	1.36.43 (5) 192.590
6	Linda Öhlund	Hagaströms SK	48.62 (7)	1.38.97 (6)	48.26 (7)	1.36.55 (6) 194.640
7	Jenny Dahlström	Hagaströms SK	47.70 (5)	1.39.09 (7)	48.14 (6)	1.38.88 (7) 194.825
8	Jenny Bäckström	Hagaströms SK	49.94 (8)	1.44.12 (9)	49.51 (8)	1.42.73 (9) 202.875
9	Anna Healy	Karlstads SK	50.70 (10)	1.42.43 (8)	50.74 (10)	1.41.61 (8) 203.460
10	Helena Bäckström	Hagaströms SK	53.77 (11)	1.51.24 (11)	53.22 (11)	1.50.23 (10) 217.725
11	Malin Enfeldt	SK Pollux	50.39 (9)	1.45.77 (10)	50.26 (9)	2.17.13f (11) 222.100

Sundsvall 26/27-02-1994

DAMER SPRINT		500m	1000m	500m	1000m	
1	Christina Schön	SK Pollux	45.2 (1)	1.31.4 (1)	44.2 (1)	1.30.3 (1) 180.250
2	Sofia Larsson	IFK Kr.hamn	47.7 (2)	1.36.1 (2)	46.2 (2)	1.32.6 (2) 188.250
3	Linda Öhlund	Hagaströms SK	48.1 (3)	1.38.8 (3)	47.6 (4)	1.37.3 (4) 193.750
4	Linn Eriksson	Askersunds SK	49.7 (5)	1.40.4 (4)	46.7 (3)	1.36.7 (3) 194.950
5	Monica Liberg	Eskilstuna IK	49.4 (4)	1.42.6 (5)	48.3 (5)	2.04.8f (6) 211.400
6	Malin Enfeldt	SK Pollux	51.0 (6)	2.18.3f (6)	48.6 (6)	1.42.7 (5) 220.100

Fr o m 1995 räknas SM på 500 m sammanlagt efter två lopp (inner- + ytterbana)

Karlstad 13/14-01-1995

DAMER SPRINT		500m	1000m	500m	1000m	
1	Sofia Larsson	IFK Kr.hamn	47.3 (2)	<u>1.31.86(1)</u>	47.72 (2)	1.34.37 (1) 188.135
2	Linda Öhlund	Hagaströms SK	48.4 (5)	1.36.17 (4)	49.92 (5)	1.41.71 (2) 197.260
3	Heidi Harman	Sollentuna SS	54.3 (7)	1.47.61 (5)	54.34 (7)	1.48.86 (3) 216.875
4	Tove Arvidsson	IK Wega	53.2 (6)	1.49.30 (6)	54.31 (6)	1.49.67 (4) 216.995
	Lina Eriksson	Filipstads SK	48.2 (4)	1.33.78 (2)	47.96 (4)	
	Linn Eriksson	Askersunds SK	47.5 (3)	1.36.03 (3)	47.86 (3)	
	Christina Schön	SK Pollux	45.6 (1)		45.62 (1)	

Sundsvall 27/28-01-1996

DAMER SPRINT		500m	1000m	500m	1000m	
1	Linn Eriksson	Askersunds SK	<u>45.83 (1)</u>	1.35.54 (2)	<u>47.03 (1)</u>	1.36.50 (1) 188.880
2	Anna Björemark	SK Trollhättan	46.09 (2)	<u>1.34.07 (1)</u>	47.53 (2)	1.39.57 (2) 190.440
3	Lina Eriksson	Filipstads SK	47.72 (4)	1.37.24 (3)	49.37 (3)	1.40.60 (3) 196.010
4	Alexandra Johansson	SK Winner	48.77 (6)	1.39.74 (4)	50.29 (4)	1.40.96 (4) 199.410
5	Linda Öhlund	Hagaströms SK	48.76 (5)	1.40.17 (5)	50.99 (5)	1.41.46 (5) 200.565
6	Frida Nolkrantz	SK Trollhättan	52.08 (7)	1.47.26 (6)	53.02 (6)	1.46.12 (6) 211.790
7	Veronica Eliasson	Sundsvalls SK	55.17 (8)	1.56.82 (7)	57.86 (7)	1.57.64 (7) 230.260
	Sofia Larsson	IFK Kr.hamn	46.81 (3)	dns		

Uppsala 15/16-02-1997

DAMER SPRINT		500m	1000m	500m	1000m	
1	Sofia Larsson	IFK Kr.hamn	46.57 (1)	<u>1.37.34 (1)</u>	47.07 (2)	1.35.62 (1) 190.120
2	Lina Eriksson	Filipstads SK	<u>46.66 (2)</u>	1.39.53 (3)	<u>46.28 (1)</u>	1.36.33 (2) 190.870
3	Linn Eriksson	Askersunds SK	46.84 (3)	1.38.59 (2)	47.10 (3)	1.41.77 (3) 194.120
4	Linda Öhlund	Hagaströms SK	48.70 (4)	1.58.30f (6)	50.81 (4)	1.42.69 (4) 210.005
5	Mia Folke	SK Pollux	52.68 (5)	1.56.55 (4)	53.57 (5)	1.58.08 (5) 223.565
	Veronica Eliasson	Sundsvalls SK	54.78 (6)	1.57.93 (5)	58.13 (6)	dns

Sundsvall 10/11-01-1998

DAMER SPRINT		500m	1000m	500m	1000m	
1	Anna Karlsson	Uddevalla IS	44.95(2)	1.30.33(2)	44.56(1)	1.30.44(1) 179.895
2	Anna Björemark	SK Trollhättan	44.68(1)	1.30.19(1)	44.92(2)	1.31.45(2) 180.420
3	Lina Eriksson	Filipstads SK	46.83(3)	1.35.17(3)	46.53(3)	1.35.43(3) 188.660
4	Yvonne Lundin	Uddevalla IS	47.16(4)	1.35.81(4)	46.97(4)	1.39.23(4) 191.650
5	Linn Eriksson	Askersunds SK	48.45(5)	1.42.30(7)	48.28(5)	1.40.35(5) 198.055
6	Jenny Ekström	Uddevalla IS	48.59(6)	1.39.80(5)	49.46(7)	1.41.59(6) 198.745
7	Veronica Eliasson	Sundsvalls SK	49.89(7)	1.42.26(6)	49.38(6)	1.42.95(7) 201.875
8	Anna Hånell	Hagaströms SK	51.39(8)	1.46.59(8)	50.42(8)	1.47.07(8) 208.640
9	Sofie Ullström	Hagaströms SK	52.25(9)	1.50.45(10)	51.29(9)	1.51.06(9) 214.295
10	Camilla Larsson	Hagaströms SK	53.49(10)	1.52.20(11)	53.42(10)	1.54.69(11) 220.355
	Anna Lundin	Sandvikens SK	dq	1.49.01(9)	53.78(11)	1.53.26(10)

Västerås-Råby 09/10-01-1999

DAMER SPRINT		500m	1000m	500m	1000m	
1	Anna Karlsson	Uddevalla IS	44.72(1)	1.30.25(2)	44.79(1)	1.30.06(2) 179.665
2	Anna Björemark	SK Trollhättan	45.23(3)	1.30.14(1)	44.83(2)	1.29.80(1) 180.030
3	Sara Andersson	IFK Kr.hamn	47.15(5)	1.34.87(4)	47.08(3)	1.35.60(4) 189.465
4	Johanna Andersson	Eskilstuna IK	46.51(4)	1.38.13(5)	47.16(4)	1.41.91(6) 193.690
5	Sofie Ullström	Hagaströms SK	50.31(6)	1.43.62(6)	49.18(5)	1.41.63(5) 202.115
6	Linnea Rosengren	IK Wega	51.52(9)	1.45.25(10)	50.74(6)	1.43.52(7) 206.645
7	Anna Hånell	Hagaströms SK	50.71(7)	1.44.72(9)	51.43(7)	1.45.37(8) 207.185
8	Veronica Eliasson	Sundsvalls SK	51.67(10)	1.43.63(7)	51.83(10)	1.46.26(10) 208.445
9	Frida Arvidsson	IK Wega	51.80(11)	1.45.44(11)	51.45(8)	1.45.74(9) 208.840
10	Anna Lundin	Sandvikens SK	50.82(8)	1.43.75(8)	51.64(9)	1.51.53(11) 210.100
11	Sofia Albertsson	IK Wega	44.85(2)	1.31.54(3)	73.64f(12)	1.32.73(3) 210.625
12	Camilla Larsson	Hagaströms SK	52.42(12)	1.51.42(12)	52.67(11)	1.52.74(12) 217.170

Uppsala 04/05-03-2000

DAMER SPRINT		500m	1000m	500m	1000m	
1	Sofia Albertsson	IK Wega	44.5(1)	1.28.82(1)	44.45(1)	1.29.03(1) 177.875
2	Anna Karlsson	Uddevalla IS	45.0(2)	1.30.72(2)	44.90(3)	1.31.78(2) 181.150
3	Sara Andersson	IFK Kr.hamn	45.3(4)	1.32.92(4)	45.24(4)	1.33.31(4) 183.655
4	Paulina Wallin	IK Wega	45.1(3)	1.34.55(6)	44.74(2)	1.34.08(5) 184.155
5	Anna Björemark	SK Trollhättan	46.0(5)	1.32.50(3)	45.72(5)	1.33.24(3) 184.590
6	Marita Johansson	Karlstads SK	48.7(8)	1.35.72(7)	48.45(7)	1.38.73(7) 194.375
7	Johanna Andersson	Eskilstuna IK	47.3(7)	1.39.06(8)	47.57(6)	1.40.77(10) 194.785
8	Sofie Ullström	Hagaströms SK	49.9(10)	1.41.54(9)	49.27(9)	1.39.26(8) 199.570
9	Karin Westerlund	Karlstads SK	48.8(9)	1.43.06(12)	48.74(8)	1.42.48(11) 200.310
10	Therese Nordvall	Hagaströms SK	50.5(11)	1.41.61(10)	50.63(12)	1.40.06(9) 201.965
11	Anna Lundin	Sandvikens SK	50.7(12)	1.44.70(13)	50.33(11)	1.46.48(13) 206.620
12	Jenny Ekström	Uddevalla IS	52.7(13)	1.47.30(15)	51.15(13)	1.51.93(15) 213.465
13	Linn Josefson	IK Wega	55.1(16)	1.45.61(14)	54.27(14)	1.46.94(14) 215.645
14	Sophie Friberg	Motala AIF	55.0(15)	1.52.47(17)	57.30(15)	1.57.99(16) 227.530
	Anna Hånell	Hagaströms SK	47.0(6)	1.34.49(5)	dq	1.36.55(6)
	Moa Wendt	IK Wega	dq	1.42.73(11)	50.21(10)	1.43.09(12)
	Veronica Eliasson	Sundsvalls SK	52.7(13)	1.50.48(16)	dns	

Stockholm-Östermalm 06/07-01-2001

DAMER SPRINT		500m	1000m	500m	1000m	
1	Sara Andersson	IFK Kr.hamn	45.25(1)	1.32.9(1)	44.25(1)	1.30.56(1) 181.230
2	Paulina Wallin	IK Wega	45.53(2)	1.35.0(2)	44.71(2)	1.33.67(2) 184.575
3	Anna Hånell	Hagaströms SK	46.93(3)	1.36.7(3)	47.00(3)	1.34.89(4) 189.725
4	Marita Johansson	Karlstads SK	47.60(5)	1.38.0(5)	47.38(4)	1.34.30(3) 191.130
5	Camilla Larsson	Hagaströms SK	47.66(6)	1.38.5(6)	47.38(4)	1.35.56(5) 192.070
6	Karin Westerlund	Karlstads SK	48.59(7)	1.42.5(8)	48.01(6)	1.38.91(6) 197.305
7	Sofie Ullström	Hagaströms SK	49.39(8)	1.41.8(7)	49.25(7)	1.41.10(8) 200.090
8	Linnea Rosengren	IK Wega	49.43(9)	1.45.9(9)	49.38(8)	1.41.03(7) 202.275
9	Anna Lundin	Sandvikens SK	53.00(12)	1.48.4(10)	51.81(10)	1.45.62(9) 211.820
10	Veronica Eliasson	Sundsvalls SK	52.40(11)	1.48.6(11)	51.52(9)	1.49.29(10) 212.865
11	Lisa Wentzel	IFK Göteborg	54.12(13)	1.53.2(12)	53.18(11)	1.49.34(11) 218.570
	Johanna Andersson	Eskilstuna IK	47.23(4)	1.37.3(4)	dns	
	Therese Nordvall	Hagaströms SK	51.15(10)	dns		

Stockholm-Östermalm 23/24-02-2002

DAMER SPRINT		500m	1000m	500m	1000m		
1	Sofia Albertsson	IK Wega	45.2 (2)	1.32.1 (1)	43.75(1)	1.26.99(1)	178.495
2	Paulina Wallin	IK Wega	45.1 (1)	1.35.3 (2)	44.10(2)	1.31.14(2)	182.420
3	Sara Andersson	IFK Kr.hamn	46.1 (3)	1.37.6 (3)	44.79(3)	1.31.76(3)	185.570
4	Anna Hånell	Hagaströms SK	47.5 (4)	1.38.6 (4)	46.61(5)	1.35.10(4)	190.960
5	Johanna Andersson	IK Wega	48.3 (5)	1.42.4 (5)	46.53(4)	1.38.80(5)	195.430
6	Anna Lundin	Sandvikens SK	49.9 (6)	1.45.3 (7)	49.24(6)	1.41.64(7)	202.610
7	Camilla Larsson	Hagaströms SK	51.6 (8)	1.44.9 (6)	49.34(7)	1.40.38(6)	203.580
8	Anna-Lena Gudmundsson	IF Thor	51.1 (7)	1.48.4 (8)	50.83(8)	1.42.66(8)	207.460

Göteborg-Rudhallen 25/26-01-2003

DAMER SPRINT		500m	1000m	500m	1000m		
1	Sofia Albertsson	IK Wega	42.12 (1)	1.24.57(1)	42.26(1)	1.24.36(1)	168.845
2	Emma Andersson	IFK Kr.hamn	43.44 (3)	1.28.19(3)	43.21(3)	1.28.13(3)	174.810
3	Sara Andersson	IFK Kr.hamn	43.21 (2)	1.29.10(4)	43.76(5)	1.27.93(2)	175.485
4	Marita Johansson	Karlstads SK	44.03 (5)	1.29.71(5)	44.35(6)	1.28.37(4)	177.420
5	Anna Karlsson	Uddevalla IS	43.93 (4)	1.30.17(6)	43.42(4)	1.30.21(7)	177.540
6	Karin Westerlund	Karlstads SK	45.48 (7)	1.30.17(6)	44.72(7)	1.29.89(6)	180.230
7	Claudia Wallin	IK Wega	44.81 (6)	1.33.96(8)	44.99(8)	1.33.89(8)	183.725
8	Anna Hånell	Hagaströms SK	46.66 (8)	1.34.52(9)	46.91(9)	1.35.60(9)	188.630
9	Helen Hadders	SK Skrinnares	47.75 (9)	1.36.62(10)	47.12(10)	1.36.43(10)	191.395
10	Paulina Wallin	IK Wega	99.22f(10)	1.27.74(2)	42.81(2)	1.29.70(5)	230.750

Göteborg-Rudhallen 03/04-01-2004

DAMER SPRINT		500m	1000m	500m	1000m		
1	Sofia Albertsson	IK Wega	43.53(2)	1.26.94(1)	43.36(1)	1.26.95(1)	173.835
2	Paulina Wallin	IFK Göteborg	43.26(1)	1.30.07(4)	43.40(2)	1.28.38(3)	175.885
3	Sara Andersson	IFK Kr.hamn	43.78(3)	1.28.40(2)	44.09(4)	1.27.67(2)	175.905
4	Emma Andersson	IFK Kr.hamn	43.86(4)	1.29.50(3)	43.94(3)	1.28.56(4)	176.830
5	Marita Johansson	Karlstads SK	45.44(7)	1.31.47(5)	45.77(7)	1.30.93(5)	182.410
6	Claudia Wallin	IFK Göteborg	45.34(6)	1.32.42(6)	44.71(5)	1.32.66(7)	182.590
7	Karin Westerlund	Karlstads SK	45.22(5)	1.33.41(7)	45.54(6)	1.32.18(6)	183.555
8	Johanna Östlund	Hagaströms SK	47.02(9)	1.35.82(8)	47.05(9)	1.34.63(8)	189.295
9	Anna Hånell	Hagaströms SK	48.09(10)	1.37.34(9)	47.18(10)	1.37.14(9)	192.510
10	Madeleine Wennberg	Hagaströms SK	49.80(11)	1.44.55(12)	50.16(11)	1.43.21(11)	203.840
11	Catrine Josefsson	Södermalms IK	52.12(13)	1.43.29(11)	51.47(13)	1.40.77(10)	205.620
12	Therese Lundin	Uddevalla IS	50.93(12)	1.44.93(13)	52.00(14)	1.43.63(12)	207.210
	Helen Hadders	IK Wega	46.53(8)	1.37.89(10)	46.73(8)	dns	
	Anna Skoog	Hagaströms SK	65.01(14)	1.51.00(14)	51.31(12)	dns	

Stockholm-Östermalm 04/05-02-2005

DAMER SPRINT		500m	1000m	500m	1000m		
1	Paulina Wallin	IFK Göteborg	42.58(1)	1.30.48(6)	42.17(1)	1.28.42(2)	174.200
2	Claudia Wallin	IFK Göteborg	42.99(2)	1.29.04(3)	42.94(2)	1.29.76(5)	175.330
3	Sara Andersson	IFK Kr.hamn	44.49(3)	1.28.02(2)	43.85(3)	1.27.37(1)	176.035
4	Helen Hadders	IK Wega	45.36(5)	1.29.15(4)	43.97(4)	1.28.67(3)	178.240
5	Marita Johansson	Karlstads SK	46.53(7)	1.29.84(5)	45.49(5)	1.29.69(4)	181.785
6	Karin Westerlund	Karlstads SK	46.70(8)	1.33.19(7)	46.00(6)	1.34.60(8)	186.595
7	Johanna Östlund	Hagaströms SK	46.30(6)	1.33.91(8)	46.72(7)	1.33.40(6)	186.675
8	Gabrijela Uvalic	IK Wega	47.35(9)	1.35.40(9)	48.17(8)	1.33.93(7)	190.185
9	Anna Hånell	Hagaströms SK	47.45(10)	1.36.38(10)	48.44(9)	1.36.71(9)	192.435
10	Emma Wallgren	Hagaströms SK	49.14(11)	1.37.83(11)	49.44(12)	1.38.13(10)	196.560
11	Josefin Wallin	IFK Sala	50.07(12)	1.40.50(13)	49.00(11)	1.42.62(11)	200.630
12	Anna Andersson	Hagaströms SK	51.17(15)	1.40.36(12)	48.68(10)	1.43.12(12)	201.590
13	Madeleine Wennberg	Hagaströms SK	50.08(13)	1.41.62(14)	52.21(15)	1.43.22(13)	204.710
14	Elin Forsberg	Hagaströms SK	52.05(16)	1.44.35(16)	49.65(13)	1.44.32(14)	206.035
15	Anna Skoog	Hagaströms SK	50.89(14)	1.43.76(15)	51.51(14)	1.46.31(15)	207.435
	Sofia Albertsson	IK Wega	44.58(4)	1.27.62(1)	dns		

Hagaström 07/08-01-2006

DAMER SPRINT		500m	1000m	500m	1000m		
1	Paulina Wallin	IFK Göteborg	42.37(1)	1.27.6(2)	42.96(1)	1.29.10(1)	173.680
2	Sara Andersson	IFK Kr.hamn	43.96(3)	1.30.5(3)	44.21(3)	1.31.55(2)	179.195
3	Emma Andersson	IFK Kr.hamn	44.35(4)	1.31.2(4)	44.96(4)	1.32.26(3)	181.040
4	Anna Hånell	Hagaströms SK	47.34(5)	1.34.5(5)	47.67(5)	1.35.27(4)	189.895
	Helen Hadders	IK Wega	43.20(2)	1.27.4(1)	43.61(2)	dnf	

SM på 500 m och 1000 m genomfördes i samband med Distans-SM i Karlstad 2007.

Stockholm-Östermalm 16/17-12-2006

DAMER SPRINT		500m	1000m	500m	1000m		
1	Paulina Wallin	IFK Göteborg	41.3 (1)	1.28.25(4)	41.87(1)	1.27.69(3)	171.140
2	Sara Andersson	IFK Kr.hamn	42.7 (4)	1.26.20(2)	42.71(2)	1.26.57(2)	171.795
3	Helen Hadders	IK Wega	42.6 (3)	1.27.69(3)	42.83(3)	1.30.02(4)	174.285
4	Anna Hånell	Hagaströms SK	70.3f(6)	1.37.61(5)	46.58(5)	1.38.25(6)	214.810
	Sofia Albertsson	IK Wega	41.8 (2)	1.24.50(1)	dq	1.25.55(1)	
	Claudia Wallin	IFK Göteborg	43.0 (5)	dq	43.36(4)	1.34.58(5)	

Uppsala 05/06-01-2008

DAMER SPRINT		500m	1000m	500m	1000m		
1	Paulina Wallin	IFK Göteborg	42.55(1)	1.32.93(4)	42.79(1)	1.28.42(1)	176.015
2	Sofia Albertsson	IK Wega	45.18(5)	1.29.97(1)	43.55(2)	1.29.62(2)	178.525
3	Sara Andersson	IFK Kr.hamn	43.93(2)	1.31.14(3)	44.30(5)	1.30.45(3)	179.025
4	Marita Johansson	Karlstads SK	44.54(3)	1.30.39(2)	44.13(4)	1.30.88(5)	179.305
5	Emma Andersson	IFK Kr.hamn	44.87(4)	1.33.07(5)	43.93(3)	1.30.81(4)	180.740
6	Johanna Östlund	Hagaströms SK	46.17(6)	1.35.08(6)	45.87(6)	1.33.26(6)	186.210
7	Anna Hånell	Hagaströms SK	48.36(7)	1.37.81(8)	46.47(7)	1.35.65(7)	191.560
8	Emma Wallgren	Hagaströms SK	48.38(8)	1.37.00(7)	47.19(9)	1.36.83(8)	192.485
9	Josefin Wallin	IFK Sala	49.19(9)	1.41.74(9)	47.15(8)	1.37.68(9)	196.050
10	Karolin Palmertz-Cerne	Sthlm Speedsk	53.54(11)	1.50.07(10)	51.64(11)	1.48.56(10)	214.495
	Anna Andersson	Hagaströms SK	51.38(10)	dns	49.11(10)	dns	
	Claudia Wallin	IFK Göteborg	dnf				

Göteborg-Rudhallen 03/04-01-2009

DAMER SPRINT		500m	1000m	500m	1000m		
1	Claudia Wallin	IFK Göteborg	42.08(1)	1.26.78(2)	42.66(1)	1.26.04(1)	171.150
2	Marita Johansson	Karlstads SK	43.30(2)	1.25.49(1)	43.89(2)	1.26.86(2)	173.365
3	Johanna Östlund	Hagaströms SK	45.21(4)	1.31.22(4)	45.86(4)	1.32.02(3)	182.690
4	Anna Hånell	Hagaströms SK	47.13(6)	1.33.74(6)	46.65(5)	1.34.09(4)	187.695
5	Emma Wallgren	Hagaströms SK	47.10(5)	1.33.38(5)	48.33(6)	1.35.99(5)	190.115
	Emma Andersson	IFK Kr.hamn	43.53(3)	1.27.56(3)	43.95(3)	dns	

Göteborg-Rudhallen 19/20-12-2009

DAMER SPRINT		500m	1000m	500m	1000m		
1	Claudia Wallin	IFK Göteborg	41.95(1)	1.25.54(2)	42.37(1)	1.26.54(2)	170.360
2	Marita Johansson	Karlstads SK	43.59(2)	1.25.15(1)	44.07(2)	1.26.19(1)	173.330
3	Johanna Östlund	Hagaströms SK	44.61(3)	1.30.28(3)	44.97(3)	1.29.68(3)	179.560
4	Linnea Sjöblom	SK Winner	46.92(4)	1.36.18(4)	47.19(4)	1.35.47(4)	189.935
5	Anna Hånell	Hagaströms SK	48.26(5)	1.37.25(5)	49.02(5)	1.38.95(5)	195.380

Stockholm-Östermalm 15/16-01-2011

DAMER SPRINT		500m	1000m	500m	1000m		
1	Johanna Östlund	Hagaströms SK	45.43(1)	1.31.63(1)	45.39(1)	1.32.25(1)	182.760
2	Karolin Palmertz-Cerne	Sthlm Speedsk	50.13(2)	1.39.38(2)	51.17(3)	1.41.70(2)	201.840
3	Anna-Lena Gudmundsson	IF Thor	50.46(3)	1.42.05(3)	50.57(2)	1.44.75(3)	204.430

Hagaström 14/15-01-2012

DAMER SPRINT		500m	1000m	500m	1000m		
1	Johanna Östlund	Hagaströms SK	43.39(1)	1.27.85(1)	43.75(1)	1.27.03(1)	174.580
2	Anna-Lena Gudmundsson	IF Thor	48.04(2)	1.41.65(2)	49.00(2)	1.38.61(2)	197.170
3	Anna Andersson	Hagaströms SK	50.04(3)	1.44.98(5)	50.49(4)	1.40.48(4)	203.260
4	Karolin Palmertz-Cerne	Sthlm Speedsk	52.03(4)	1.42.46(4)	50.74(5)	1.40.17(3)	204.085
5	Louise Wisting	Hagaströms SK	64.73f(5)	1.42.18(3)	50.26(3)	1.43.85(5)	218.005

Falun-Lugnet 25/26-01-2013

DAMER SPRINT			500m	1000m	500m	1000m	
1	Eva Lagrange	Gimonäs CK	46.23(1)	1.32.60(1)	46.34(1)	1.33.55(1)	185.645
2	Anna Hånell	Hagaströms SK	48.21(2)	1.36.59(2)	46.97(2)	1.35.86(2)	191.405
3	Anna Andersson	Hagaströms SK	49.35(4)	1.40.17(3)	49.31(4)	1.38.06(3)	197.775
4	Anna-Lena Gudmundsson	IF Thor	49.30(3)	1.40.57(4)	48.27(3)	1.40.11(4)	197.910
5	Anna Hakola	IFK Kr.hamn	50.86(5)	1.51.20(5)	49.31(4)	1.48.10(5)	209.820

Göteborg-Rudhallen 01/02-03-2014

DAMER SPRINT			500m	1000m	500m	1000m	
1	Johanna Östlund	Hagaströms SK	42.55(1)	1.24.95(1)	42.17(1)	1.25.04(1)	169.715
2	Caroline Karlsson	Hagaströms SK	45.41(2)	1.33.49(5)	45.18(2)	1.35.00(3)	184.835
3	Hanna van der Poel	SK Trollhättan	46.02(4)	1.32.45(2)	45.55(3)	1.35.27(4)	185.430
4	Amanda Hallberg	Hagaströms SK	46.14(5)	1.32.48(3)	46.39(5)	1.35.29(5)	186.415
5	Tilda Carlsson	SK Trollhättan	46.36(6)	1.33.08(4)	46.84(6)	1.34.63(2)	187.055
6	Malin Wickström	Hagaströms SK	45.90(3)	1.39.23(7)	46.27(4)	1.43.55(7)	193.560
7	Anna-Lena Gudmundsson	IF Thor	47.97(7)	1.39.14(6)	48.42(7)	1.38.74(6)	195.330
8	Cornelia Karlsson	Hagaströms SK	50.36(9)	1.45.26(8)	50.31(8)	1.46.56(8)	206.580
	Anna Andersson	Hagaströms SK	48.36(8)	dns			

Uppsala 20/21-12-2014

DAMER SPRINT			500m	1000m	500m	1000m	
1	Eva Lagrange	Sundsvalls SK	44.82(1)	1.29.77(1)	44.77(1)	1.30.80(1)	179.875
2	Amanda Hallberg	Hagaströms SK	47.09(2)	1.35.53(2)	48.00(3)	1.37.25(2)	191.480
3	Agnes Bozi	SK Trollh.	48.49(4)	1.36.75(3)	48.27(4)	1.38.49(3)	194.380
4	Anna Andersson	Hagaströms SK	49.37(5)	1.37.81(5)	49.63(5)	1.39.73(5)	197.770
5	Karolin Palmertz-Cerne	Södermalms IK	50.06(7)	1.38.86(6)	50.92(7)	1.39.35(4)	200.085
6	Anna-Lena Gudmundsson	IF Thor	49.59(6)	1.42.54(7)	49.76(6)	1.43.85(6)	202.545
	Caroline Karlsson	Hagaströms SK	47.45(3)	1.37.21(4)	47.67(2)	wdr	