

THE ROARK REPORT

This issue's Roark Report continues cataloguing the important dates in the history of the iron game. If any of these events strikes a memory in our readers, perhaps information such as newspaper clippings or personal correspondence could be shared with us. Please help by writing to *Iron Game History* or to me, Joe Roark, P.O. Box J, St. Joseph, IL 61873.

September 1:

1873 Dr. Dudley Allen Sargent was appointed at Harvard as "Director of the Gymnasium and Assistant Professor of Physical Training"

1909 Karl Swoboda "continentalled" & jerked 387.113 pounds.

1932 Hermann Goemer curled 110 1/4 pounds in each hand.

September 3:

1945 Bill Reynolds born.

September 4:

1951 Casey Viator born

1965 First National Powerlifting Championships.

September 5:

1952 Kurt Saxon died. Born March 11, 1884.

September 8:

1909 John Dawe born.

September 9:

1900 George Lurich set record in "belly toss" of 443 pounds.

1927 Joe Greenstein, "The Mighty Atom," began his vaudeville act.

September 12:

1851 Karl Abs born. Died Feb 18, 1895.

1876 Dr. George Barker Windship died. Born Jan 3, 1834

1896 Max Dauthage performed 50 squats with 220 1/2 pounds.

1907 Josef Steinbach jerks from shoulders 347.22 pounds for seven reps.

September 13:

1907 Maspoli performed a one arm snatch of 207 3/4 pounds.

1940 Bob Gajda born.

1949 John Davis cleaned & jerked the Apollon wheels.

September 14

1860 Emile Bruyere, known as "Limousin", is born. Died September 26, 1910.

September 15:

1919 Sieg Klein got his first barbell.

1924 Sieg Klein met (his future bride) Grace Attila.

September 16:

1927 Doug Hepburn born.

1983 Arnold Schwarzenegger became an American citizen.

September 17:

1978 Robert B. Snyder died. Born Feb 16, 1897.

September 19:

1905 Tony Sansone born. Died Jan 13, 1987.

1909 Walter Podolak born. Died Feb 16, 1984.

September 20:

1952 Dietrich Wortmann died. Born Jan 11, 1884.

September 21:

1989 John McCallum died.

September 23:

1967 Sanislaus Zbyszko died. Born Apr 1, 1880.

September 24:

1957 Harry Barton Paschall, author of the "Bosco" books, died.

September 26:

1916 Jack LaLanne born.

1972 Joseph Curtis Hise died.

September 28:

1849 Dudley Allen Sargent born. Died July 21, 1924.

September 29:

1863 Oscar Matthes born. Died Mar 23, 1950.

September 30:

1902 Frank Miller born.

October 1:

1888 Louis Cyr backlifted 3536 lbs. Approximately the same poundage was lifted by Minerva on April 15, 1895. One month later, on May 27, 1895, Cyr set his all-time record in the back lift-approximately 4300 pounds-at Austin and Strong's Museum in Boston.

1989 Chester Teegarden died.

October 3:

1943 Ellington Darden born.

October 6:

1925 Charles Rigoulot turned professional as he beat Parisian strongman Ernest Cadine in a 10 lift match.

1936 Bruno Sammartino born.

October 7:

1901 Meeting took place which later resulted in the forming of the British Amateur Weight Lifting Association.

October 8:

1961 Ben Cote deadlifted 750 pounds.

1977 Joe Greenstein died. Born July 15, 1893.

October 10:

1924 Siegmund Brietbardt died.

October 11:

1863 Louis Cyr born. Died Nov 10, 1912 (See the April 1990 *IGH* for a story on Louis Cyr.)

October 12:

1955 Bernarr Macfadden died. Born Aug 16, 1868.

October 14:

1925 Eugen Sandow died. Born Apr 2, 1867.

1954 Norbert Schemansky cleaned the Apollon wheels on his first attempt and jerked them three times.

October 16:

1948 Edwin F. Townsend died. Born Dec 18, 1877.

October 17:

1909 Peary Rader born.

1932 Paul Anderson born.

October 18:

1928 Louis Uni (Apollon) died. Born Jan 21, 1862.

October 20:

1891 Louis Cyr defeated Cyclops and Sandowe.

1935 Tom Sansone born. Died October 16, 1974 (one of the first deaths in the iron game said to be related to steroid use).

1940 John Grimek wed Angela.

October 21:

1921 Larry Barnholth began the American College of Modern Weightlifting.

October 25:

1866 Prof Theodore Siebert born. Died Apr 12, 1961.
1948 Ronald Walker died. Born Dec 22, 1909.

October 26:

1909 Maxick arrived in London as a professional strongman.
1923 Clancy Ross born.

October 27:

1906 Dick Bachtell born. Died 1990.

October 29:

1899 Louis Attila and Sandow jumped the stage and defeated Cyclops.
1916 Les Stockton born.
1954 Henry Gray carried the 340 pound Dinnie Stone 18 yards.

October 30:

1892 Charles Atlas (Angelo Siciliano) born. Died Dec 23, 1972.
1948 Sam Loprinzi opened his gym in Portland, Oregon.

October 31:

1930 Bill Pearl born.

November 1:

1907 Warren Lincoln Travis lifted 667 pounds with his middle finger, back-lifted 4140 pounds, harness-lifted 3985 pounds and reached 1778 pounds in a hand-and-thigh lift in an exhibition at the Brooklyn Athletic Club, Brooklyn, New York
1921 Ed Jubinville born.

November 3:

1903 Charles Rigoulot born. Died August 22, 1962.
1925 George Eiferman born.

November 4:

1911 Karl Swoboda lifted 409.18 pounds in a continental and jerk.
1968 Earle Liederman died. Born December 12, 1886.

November 6:

1879 Emile Schweitzer born.
1943 Ken Patera born.

November 7:

1944 Paul Von Boeckmann died. Born January 20, 1871.

November 8:

1948 Paul Baillargeon bent pressed the Rolandow dumbbell on his first attempt.
1968 Sieg Klein closed his gym for the first time in 40 years in order to attend Bob Hoffman's 70th birthday party.

November 9:

1898 Bob Hoffman born. Died July 18, 1985.
1917 Vince Gironda born.
1935 Don Howorth born.
1959 Lou Ferrigno born.

November 10:

1912 Louis Cyr died. Born October 10, 1863.

November 11:

1977: Jan Todd featured in *Sports Illustrated*. Fit powerlifter, male or female, to be featured in America's largest sports magazine.

November 13:

1933 David Gentle born.

November 14:

1922 Richard K. Fox died.

1947 Sieg Klein's first Stars of Strength show.

November 15:

1898 Edgar Mueller born.
1922 Roy Hilligen born.
1951 Mike Mentzer born.

November 16:

1936: Isaak Berger born.
November 20:
1937 John Davis' first weightlifting competition.

November 22:

1935 Tony Terlazzo became first American to make an International Weightlifting Federation world record.

November 23:

1878 Lionel Strongfort born.

November 27:

1897 Harry Paschall born.
1952 Gregory Paradise died.

November 29:

1883 Wilfred J. Diamond born. Died January 28, 1969.
1922 Joe Weider born.

December 1:

1913 Emile Bonet born.
1949 WGN television showed "The Mr. Tavern Pale Physique Contest." This contest was won by Leo Lederer.
1951 Norbert Schemansky became the third man to clean and jerk 400 pounds under official conditions.

December 6:

1940 G.W. Rolandow died. Born May 6, 1874.
1963 National AAU Convention voted to not reinstate Paul Anderson as an amateur.

December 8:

1927 Jim Park born.

December 10:

1870 William Bankier born. Died in 1949.

December 12:

1860 James Walter Kennedy born.

December 16:

1868 Pierre Gasnier born. Died in December 1923.
1917 Frank Gotch died.
1934 Edgar Mueller took Goerner's measurements.
1946 Mac Batchelor twice defeated Earl Audet in arm wrestling.

December 18:

1877 Edwin F. Townsend born. Died October 16, 1948.
1892 Apollon versus the Rasso Trio.

December 19:

1936 Sieg Klein and Bob Harley each bent press the Cyr dumbell.

December 20:

1920 John Terry born

December 23:

1891 George Jowett born. Died July 11, 1969.
1899 Larry Barnholth born. Died May 23, 1975.
1941 Serge Reding born. Died June 27, 1975.

December 25:

1901 Joe Bonomo born. Died March 28, 1978.
1943 Harold Poole born.

December 26:

1989 Kimon Voyages died. Born January 2, 1922.

December 27:

1952 Paul Anderson's first weightlifting contest. Anderson won with lifts of 275-225-300.

December 28:

1903 Luigi Borra's first performance under the name of Milo Brinn, the Cannonball King.

December 31:

1978 Steve Stanko died.

January 1:

1917 Henry Holtgrewe died at age 54.

1938 Terry Todd born in Beaumont, Texas.

1950 Charles A. Smith began working for Joe Weider.

January 2:

1953 Bruce Randall started lifting at the Norfolk Naval Air Station.

January 3:

1834 Dr. George Barker Windship born.

1980 K.V. Iyer died at age 82.

January 4:

1951 Zabo Koszewski arrived at Muscle Beach.

1960 Cory Everson born.

January 5:

1893 Karl Norberg born. Died 1983. On this same date, in 1973, at age 80, he bench pressed 300 pounds for three repetitions.

January 7:

1920 Harold Sakata born. Died July 29, 1982.

1942 Vasily Alexeev born.

January 11:

1893 Antone Matysek born. Died November 8, 1863.

1955 Fire destroys York Barbell foundry.

January 12:

1921 John Davis born. Died July 13, 1984.

1939 Bob Hoffman bent pressed the Rolandow dumbell.

January 14:

1866 Luigo Borra born. Died January 19, 1955.

1970 Father Lange of Notre Dame died.

1977 Dave Asnis died.

January 15:

1937 Josef Steinbach died. Born March 21, 1879.

January 16:

1921 Leo Robert born.

1926 Charles Rigoulot deadlifted 621.7 pounds.

January 17:

1930 Arthur Dandurand shouldered a 400 pound Ford engine.

1983 David P. Willoghby died. Born March 17, 1900.

January 18:

1892 Louis Cyr lifted his famous dumbell (273 1/4 pounds) overhead with one arm.

January 21:

1926 or 1927 or 1928 Steve Reeves born.

1952 Katie Sandwina died. Born May 6, 1884.

January 22:

1913 Sam Loprinzi born.

January 25:

1890 First article on any professional strongwoman—"Mademoiselle Victorine"—appears in *The National Police*

Gazette.

January 27:

1965 Jack Kent died at age 52.

January 30:

1897 St. Petersburg (in Russia) Athletic Club founded.

1941 Joe Bednarski (Ivan Putski) born.

January 31:

1913 Chester O. Teegarden born. Died 1990.

February 1:

1924 Ben Weider born.

February 2:

1961 Hoerman Saxon died.

February 3:

1940: Floyd Odom born.

February 4:

1937 Bill March born.

February 5:

1878 Wiliam Pagel born.

February 6:

1924 Edna "Connie" Rivers born.

February 9:

1889 Henry Milo Steinborn died. Born March 14, 1893.

February 10:

1736 Thomas Topham, then age 26, put on a strength exhibition in Derby, England.

February 11:

1897. Roy J. MacLean born. Died December 6, 1986.

February 13:

1942 John Farbotnik began exercising with weights at Fritsche's gym.

February 15:

1861 Martin "Farmer" Bums born.

1944 Joe Dube born.

February 16:

1936 Grimek bent pressed the Rolandow dumbell.

1984 Walter Podolak died. Born August 19, 1909.

February 18:

1895 Karl Abs died. Born September 17, 1851.

February 19:

1898 Ernest Edwin Coffin born. Died June 28, 1954.

1960 Paul Anderson's unsuccessful boxing debut.

1968 George Hackenschmidt died. Born August 2, 1978.

February 20:

1904 Bob Jones born. Died March 21, 1974.

February 21:

1876 Warren Lincoln Travis (Roland Morgan) born. Died July 13, 1941. On this same date in 1941, Travis celebrated his sixty-fifth birthday by lifting 1000 pounds 1000 times in thirty-nine minutes in his specialty, the harness lift.

February 26:

1898 Sandow "jumped the stage" on Saxon,

1906 Louis Cyr and Hector Decarie have a lifting contest.

February 28:

1964 Professor Adrian P. Schmidt died. Born March 4 (or 5) 1872.

1960 Al Treloar died. Born May 11, 1873.