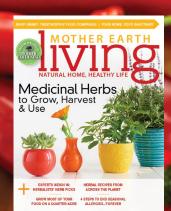
MOTHER EARTH NATURAL HOME, HEALTHY LIFE







Extend Your Brand to Women Determined to Live Well Naturally

Consumers are increasingly managing their own health by eating whole foods, using natural and herbal supplements, shopping organic, and avoiding household products with toxic synthetic chemicals.

- The dietary supplement market is projected to be the fastest growing segment of the nutritional food product market from 2012 to 2017.
- American consumers spent more than \$43 billion on organic in 2015. In fact, \$4.2 billion in organic sales were added last year, up from the \$3 billion recorded in 2014. This dollar increase in organic sales was the largest ever.
- 69 percent of the general population said one of the best ways to stay healthy is to keep the environment healthy.

Mother Earth Living appeals to women who are interested in creating a healthy home and lifestyle for themselves and their families – from table to yard, and everything in between. And we deliver these sustainable lifestyle consumers via one easy, targeted and effective buy.



AUDIENCE RESEARCH

THEY STAY HEALTHY NATURALLY

- 94% have purchased natural or organic food in the past 30 days
- 88% are willing to pay more for organic foods and products
- 76% use herbal supplements
- 95% participate in regular exercise

THEY FEED THEIR FAMILIES HOMEGROWN PRODUCE

- 98% feel it is important to use organic gardening methods
- 96% garden
- 87% grow herbs

THEY CARE ABOUT THE ENVIRONMENT AND FAIR TRADE

- 87% are willing to pay more for products that promote fair trade
- 88% are willing to pay a higher price for products and services that are environmentally friendly
- 80% consider the environment when purchasing a vehicle

THEY PAY ATTENTION TO THEIR NUTRITION

- 95% cook from scratch
- 85% use herbs in food preparation
- 85% bake from scratch

Source: 2016 Custom Study





Demographics & Audience

<u>HHI</u>

Average age: 45*

Average HHI: \$91,062

Average value of owned home: \$289,597

GENDER	% of rea	aders
Women		91%
Men		9%
EDUCATION Attended/graduated Postgraduate degree Graduated college pl Attended college		87% 17% 8% 62%
AGE		
18-24		10%
25-34		21%
35-44		20%
45-54		17%
55-64		21%
65 or older		11%
HOME		
Home owned		90%
Home value:		
\$500,000+		14%
\$200,000-\$499,999		41%
\$100,000-\$199,999		33%
\$50,000-\$99,999		8%
Less than \$50,000		4%

\$150,000 or more	11%
\$125,000-\$149,999	9%
\$100,000-\$124,999	9%
\$75,000-\$99,999	16%
\$50,000 - \$74,999	26%
\$40,000 - \$49,999	7%
\$30,000 - \$39,999	10%
\$20,000 - \$29,999	7%
Less than \$20,000	5%
A DE A OE DECIDENCE	

% of readers

REA OF RESIDENCE	
County size A	6%
County size B	24%
County size C	26%
County size D	44%

^{*} Google Analytics Source: 2016 Custom Study

Print Audience

245 641 1.4 1.5 K Average Monthly Unique Visitors

Average Monthly Page Views

Newsletter Subscribers



35_K Instagram Followers Twitter Followers

16_k 25.6_k Pinterest Followers

Total Audience:

Subscriptions: Single Copy Sales: **National Paid Circulation:**

Total Print Audience:

Average Monthly Unique Visitors:

* Print, online and newsletters

Source: 2016 publisher's own data

1.6 MIL* 62,500 25,000 87,500 245,000 641,000

EDITORIAL MISSION

Living Well Naturally

Mother Earth Living's mission is to help readers create naturally healthy homes and families. From learning about the most nutritious foods to living in greater synergy with the changing seasons, Mother Earth Living is the ultimate guide to living the good life – inspired by and connected with nature. In our modern world, it's easy to become overwhelmed by the vast amount of information, products and unproven claims. Mother Earth Living is here to help sort out the real, time-honored and scientifically backed practices that yield results – whether it's perfectly baked whole-grain bread, a better night's sleep, or an easy and productive herb garden.

- NATURAL HEALTH
- FOOD AND RECIPES
- ORGANIC GARDENING
- HEALTHY HOMES





CONSUMER EVENTS

Reach New Customers

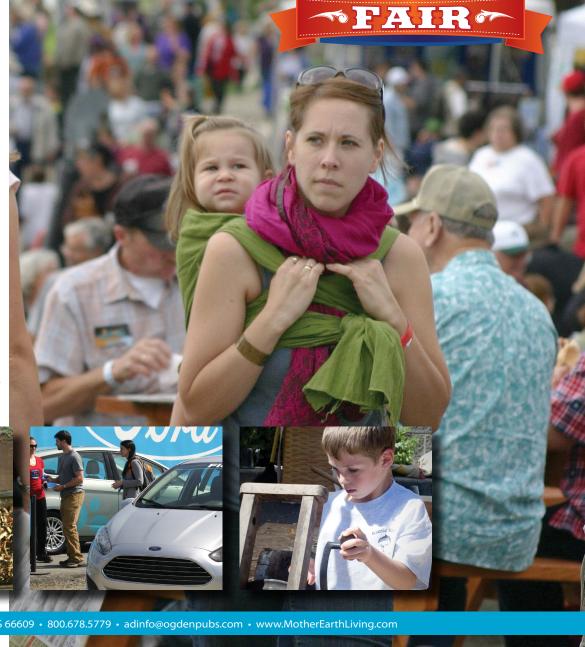
Mother Earth Living provides you with multiple channels to reach a unique and passionate audience of sustainable lifestyle consumers. In fact, you can meet them face to face via the Mother Earth News Fairs. Each year we bring thousands of excited people to our vast eco-friendly marketplace for familyfriendly fun and learning. They're looking for sustainable household and cleaning products, renewable energy systems, gardening supplies, organic food, quality farm equipment, property improvement materials, and much more.

2017 Schedule

Burlington, Vt. Belton, Texas Asheville, N.C. Feb. 18-19 May 6-7 June 10-11

Albany, Ore. Seven Springs, Pa. Topeka, Kan. Aug. 5-6 Sept. 15-17 Oct. 21-22

*All tentative dates and locations are subject to change until confirmed. For more information: www.motherearthnews.com/events





Reach Your Audience with Pinpoint Accuracy

Special issues are reference collections of articles on a single subject. Each special issue is 100 full-color pages of tips, information and instructions on the topics our audience of sustainable consumers want, and is strictly limited to only 10 pages of ads, giving your product or service high visibility and premium placement.

- Growing Herbs
- Natural Health
- Cooking Herbs
- Healing Herbs







Closing Dates

Jan/Feb 2017

Ad close: 10/12/16 Materials due: 10/19/16 On sale: 12/13/16

Mar/Apr 2017

Ad close: 12/16/16 Materials due: 12/22/16 On sale: 2/21/17

May/Jun 2017

Ad close: 2/10/17 Materials due: 2/16/17 On sale: 4/18/17

Jul/Aug 2017

Ad close: 4/14/17 Materials due: 4/20/17 On sale: 6/13/17

Sept/Oct 2017

Ad close: 6/9/17 Materials due: 6/15/17 On sale: 8/9/17

Nov/Dec 2017

Ad close: 8/11/17 Materials due: 8/17/17 On sale: 10/10/17

Special Interest Publications **HERB COMPANION SERIES**

Spring 2017

Ad close: 1/13/17 Materials due: 1/19/17 On sale: 3/14/17

Summer 2017

Ad close: 4/14/17 Materials due: 4/20/17 On sale: 6/13/17

Fall 2017

Ad close: 7/14/17 Materials due: 7/19/17 On sale: 9/12/17

Winter 2017

Ad close: 10/13/17 Materials due: 10/18/17 On sale: 12/12/17



We require all print ads to be supplied electronically to the following specifications:

PRINT FILE FORMATS: PDF/X-1a files or InDesign CS files are preferred. Do NOT send low-res PDFs.

Other acceptable files include Photoshop Tiffs and Illustrator EPS files (no Tiff-It, JPEG or GIF files, please). Send all support files that are incorporated into your ad (e.g., fonts, logos, images, etc.). All images must be at least 300 dpi. When submitting EPS files from Adobe Illustrator, be sure to convert all text to outlines before saving the file. We cannot accept TrueType fonts. Please note: All native files will be converted to PDF/X-1a files, and the publisher does not guarantee exact replication.

All colors must be in CMYK format: no RGBs, Pantones or spot colors. Any ads with noncompliant colors will be converted to CMYK, and color accuracy cannot be guaranteed.

Thin lines, fine serifs and medium to small type should be restricted to one color and not reversed. As a guideline, reverse type and line art should not be less than .007" (equivalent to a 1/2 pt. rule) at the thinnest part of a character or rule.

Rich blacks should not exceed 280% and 100% is recommended for the black channel. Using 4-color black type on small type is not recommended.

SUBMITTING MATERIALS:

Email: Ads (no larger than 10 megabytes) can be emailed to jsullivan@ogdenpubs.com. (Only PDF/X-1A files are acceptable for production.)

Hightail FTP site:

- · Visit www.Hightail.com.
- Enter recipient email address: jsullivan@ogdenpubs.com and your email address.
- · Select file and send it.

Ogden FTP Site:

- Install FTP software on your computer. (Filezilla from www.Download.com).
- · Log on to FTP address ftp.oweb.net.
- Enter login: ogdenpubs-guest (lower case).
- Enter Confidential Password: t017pa (lower case).
- Upload file/files in the Mother Earth Living folder within the ADS_IN folder.
- E-mail jsullivan@ogdenpubs.com or fax a hard copy to (785) 274-4316 to let us know the file has been uploaded with information about the software used.

Please note that any files sent through email or FTP must be compressed. Please verify receipt of all emailed/FTP ads.

CD-ROM or DVD: Submit ads on a Macintosh-formatted CD-ROM or DVD. They must be accompanied by an accurate digital proof.

All ads are electronically archived for two years. Materials not in compliance with our published requirements will be accepted only at the publisher's discretion. Additional production work for materials that do not meet our specifications may be billed at prevailing rates.

PRINT AD SPECIFICATIONS

Full page	7.5" x 10"
Full page with bleed	8.25" x 10.75"
2 pg spread, bleed	16.25" x 10.75"
1/2 pg spread, bleed	16.25" x 5.25"
1/2 pg horizontal	7" x 4.5"
1/2 pg island	4.5" x 7"
2/3 pg vertical	4.5" x 9.75"
1/3 pg vertical	2.125" x 9.75"
1/3 pg square	4.5" x 4.5"
1/6 pg vertical	2.125" x 4.5"
1/6 pg horizontal	4.5" x 2.125"
1/9 pg	2.125" x 3"
1/12 pg	2.125" x 2.5"
2 inches	2.125" x 2"
1 inch	2.125" x 1"

Image area of all full bleed ads must extend 1/8" minimum beyond trim. Live area must have 1/4" allowance from trim on all four sides. 2-page spreads should have live area 1/2" in from the trim on all 4 sides and gutters.

Trim size: 8" x 10.5"

ONLINE AD SPECIFICATIONS

RUN-OF-SITE ADVERTISING: FILE SIZE: 40kb or less at 72 dpi (larger for Flash) Leaderboard (728 x 90) ACCEPTED AD FORMATS: Skyscraper (160 x 600) GIF, GIF89, Animated GIF, JPEG. All ads should Double Skyscraper (300 x 600) include a click-through URL. All ads may include an Jumbo box (300 x 250) alternate text description. **NEWSLETTER ADVERTISING:** (Website only) HTML/JavaScript (DHTML)/Flash (URL embedded). Locally hosted on ad servers, these Banner Ad (468 x 60) Text Ad – logo (150 x 150) + 50 words HTML and JavaScript ads can consist of text, images, MOBILE ADVERTISING: pull-down menus and/or formats. VIDEO ADVERTISING FORMATS: Banner (300 x 50) Jumbo Box (300 x 250) .mp4 or .wmv; 4:3 aspect ratio

DIGITAL MATERIAL SUBMISSION: Send all ads to: lmathews@ogdenpubs.com. Within the email please note the following: Company name, contact name, contact number, website the ad will be running on and expected start date.



1503 SW 42nd St. • Topeka, KS 66609 800.678.5779 • adinfo@ogdenpubs.com www.MotherEarthLiving.com

