

56th NATIONAL INTER STATE Sr ATHLETICS CHAMPIONSHIPS -2016

HYDRABAD * 28th June TO 02nd July 2016 *

NEW NATIONAL RECORDS

1	NIRAJ KUMAR	RAJASTHAN	MEN	HAMMER THROW	70.73 M	29/06/2016
2	ANNU RANI	UTTAR PRADESH	WOMEN	JAVELIN THROW	59.87 M	02/07/2016

NEW MEET RECORDS

1	NIRAJ KUMAR	RAJASTHAN	MEN	HAMMER THROW	70.73 M	29/06/2016
2	KIRPAL SINGH	PUNJAB	MEN	DISCUS THROW	59.74 M	01/07/2016
3	NIRMALA	HARYANA	WOMEN	400M	51.48 Sec	01/07/2016
4	ANNU RANI	UTTAR PRADESH	WOMEN	JAVELIN THROW	59.87 M	02/07/2016