

2015
IMPACT REPORT

N EXTENSION

Nebraska 4-H

Inspiring young Nebraskans to Reach Their Full Potential

The mission of Nebraska 4-H is to empower youth to reach their full potential working and learning in partnership with caring adults. Nebraska 4-H strives to help young people achieve their greatest potential by introducing high-quality youth development experiences into the lives of Nebraska youth and families. Engagement in 4-H results in youth who are making positive decisions related to their health and their future goals. Further, they are advocates and leaders determined to leave a lasting impact on Nebraska communities.

By taking part in Nebraska 4-H, youth are preparing for a successful future by focusing on **4-H Science, Agricultural Literacy, Career Development and College Readiness, Citizenship and Leadership, and Healthy Living**. Impact statements below represent youth responses collected at many county, district, and state programs. Approximately 3,250 responses were collected with state-level surveys. An additional 4,800 responses were collected using the National 4-H Common Measures instruments.

In Nebraska, 1 in 3 age-eligible youth across all 93 counties are enrolled in 4-H, for a total enrollment reaching approximately 140,000 youth.

Nearly 56,000 youth participated in school enrichment experiences.

Over 25,000 Nebraska youth were members of a 4-H club.

Nearly 8,000 youth and adults participated in 4-H camping programs.

12,000 volunteers share their time and resources with Nebraska 4-H.

→ Inspiring Young Scientists

Nebraska 4-H is developing Science interests, skills and abilities in the areas of agriculture, energy, environmental stewardship and technology. Signature program efforts include Outdoor Skills in partnership with Nebraska Game and Parks, GEAR-Tech 21 Robotics, Animals Inside and Out, Embryology, Corral Your Future, Animal Science Day Camps and Companion Animal programs. Programs were delivered to nearly **3,000** young people.

93% of youth in the GEAR-Tech 21 program are excited to learn more about science and 2 in 3 youth are interested in a career in science

75% of youth in Animals Inside and Out can successfully identify multiple animal by-products and **69%** reported an increased interest in Animal Science

94% of youth in the Outdoor Skills program agree that science is important in solving everyday problems and **86%** learned problem solving skills they can use in school.

→ Inspiring College and Career Readiness

Nebraska 4-H is helping youth focus on their future success and preparing youth to make informed decisions about their college and career path. Youth gain an understanding of the opportunities within their own communities and the importance of the choices they make in high school. Signature program efforts include Connecting the Dots, Big Red Summer Camps, Building Your Futures, Leap into Careers and other college readiness programming delivered to more than **4,550** youth across the state.

97% of youth participating in Connecting the Dots understand their opportunities for post-secondary education in Nebraska; a **22%** increase from before the program.

64% reported an interest in attending the University of Nebraska-Lincoln in the future

70% plan to live and work in Nebraska after college

 **4-H GROWS HERE**

→ Inspiring Agricultural Literacy

Nebraska 4-H ensures that youth have knowledge and an appreciation of Nebraska's largest industry. Signature program efforts included the Ag-Citing Science school enrichment program delivered to nearly **1,200** youth and Agricultural Literacy Festivals which reach more than **7,000** young people.

87% of youth were able to correctly identify the source for milk, vegetables, proteins and grains

72% of youth knew agriculture was the largest industry in Nebraska

79% of youth could identify someone they know who has a career in ag

→ Inspiring Community Citizens and Leaders

Nebraska 4-H is fostering youth's commitment and contribution to their communities. Signature program efforts include Build Your Future, LEAP into Careers, 7 Habits of Highly Effective Teens, We the People and Focus on Citizenship which reached approximately **1,600** young people.

80% of youth in the 7 Habits of Highly Effective teams have developed a personal mission statement and goals; an increase of **31%** from before the program

86% of youth in community engaged programs report that they value differences in others

94% of youth report having an opportunity through 4-H to contribute to their community

→ Inspiring Healthier Living

Nebraska 4-H helps youth understand the impact of personal decisions. Signature program efforts included 4-H Healthy U, the Healthy Living Skill-a-thon and a new 4-H Foods Contest at the Nebraska State Fair. These programs reached approximately 4,000. Additionally, hands-on activities in the areas of nutrition, physical activity, hand washing, food preservation, food preparation and decision making were delivered to nearly **18,000** youth.

89% know the value of a healthy, balanced diet

85% reported plans to encourage their families to eat meals together

92% learned how to deal with stress in positive way

→ Inspiring the Next Generation

Nebraska 4-H is committed to preparing youth to pursue a post-secondary education. Annually, former 4-Hers who participated through their high school career are surveyed regarding their post secondary plans after their first semester in college. Results for 2014 graduates are reported here.

96% are pursuing post-secondary education

22% are attending the University of Nebraska-Lincoln

4-H Shooting Sports Volunteers Making a Difference!

In 2015, approximately 400 volunteer shooting sports instructors reached more than 35,000 young people in Nebraska and delivered an impressive 41,500 hours of instruction. Nebraska 4-H is also the current host of the 4-H Shooting Sports National Championships expanding the reach of our volunteers to 500 more youth from across the country. Thank you Shooting Sports Volunteers!

Visit
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