

This Issue:

- p1 Modified Policy for General Anesthesia and Intravenous Sedation
- p3 Non-Intravenous Conscious Sedation (D9248)

Submitting a TAR/Claim to Denti-Cal for Intravenous Sedation and General Anesthesia Services

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Modified Policy for General Anesthesia and Intravenous Sedation

This article was updated on December 14, 2015

The Department of Health Care Services (DHCS) has developed consistent criteria and guidelines for Intravenous conscious sedation/analgesia (procedures D9241/D9242) and Deep sedation/general anesthesia (procedures D9220/D9221) that will be implemented across all delivery systems and programs. Effective November 1, 2015, providers will be required to submit Treatment Authorization Requests (TARs) for the provision of intravenous sedation and general anesthesia services. Submission and criteria requirements outlined in the Manual of Criteria (MOC) will not be updated until the implementation of CDT 15 occurs. However, providers are required to abide by the updated requirements outlined in this provider bulletin.

Intravenous Sedation and General Anesthesia Guidelines for Dental Procedures

Patient selection for conducting dental procedures under intravenous sedation or general anesthesia utilizes medical history, physical status, and indications for anesthetic management. DHCS expects that the dental provider will work collaboratively with an anesthesia provider to determine whether a Medi-Cal beneficiary meets the minimum criteria necessary for receiving intravenous sedation or general anesthesia. The need for intravenous sedation or general anesthesia should be evaluated using the clinical judgement of the provider(s) based on the criteria indications delineated below. The anesthesia provider must submit documentation outlining the patient's need for intravenous sedation or general anesthesia based on the criteria indications delineated below through a TAR and must receive approval prior to delivering the requested sedation or anesthesia services. Anesthesiologists enrolled as billing providers may submit TARs. If an anesthesiologist is not enrolled as a billing provider, an enrolled billing provider rendering the dental services may submit the TAR on behalf of the anesthesiologist. Additionally, if an anesthesiologist is part of a group practice, the group practice may submit TARs on behalf of the anesthesiologist.

Continued on pg 2.

Please note a TAR is not required prior to delivering intravenous sedation or general anesthesia as part of an outpatient dental procedure for a beneficiary who resides in a state certified skilled nursing facility (SNF) or any category of intermediate care facility (ICF) for the developmentally disabled.

Additionally, the dental provider must meet the requirements for chart documentation, which include a copy of a complete history and physical examination, diagnosis, treatment plan, radiological reports and images, the indication for intravenous sedation or general anesthesia and documentation of perioperative care (preoperative, intraoperative and postoperative care) for the dental procedure pertinent to the request.

Criteria Indications for Intravenous Sedation or General Anesthesia

Behavior modification and local anesthesia shall be attempted first, conscious sedation shall then be considered if this fails or is not feasible based on the medical needs of the patient.

If the provider provides clear medical record documentation of both number 1 and number 2 below, then the patient shall be considered for intravenous sedation or general anesthetic.

- 1. Use of local anesthesia to control pain failed or was not feasible based on the medical needs of the patient.
- 2. Use of conscious sedation, either inhalation or oral, failed or was not feasible based on the medical needs of the patient.

If the provider documents any one of numbers 3 through 6 then the patient shall be considered for intravenous sedation or general anesthetic.

- 3. Use of effective communicative techniques and the ability for immobilization (patient may be dangerous to self or staff) failed or was not feasible based on the medical needs of the patient.
- 4. Patient requires extensive dental restorative or surgical treatment that cannot be rendered under local anesthesia or conscious sedation.
- 5. Patient has acute situational anxiety due to immature cognitive functioning.
- 6. Patient is uncooperative due to certain physical or mental compromising conditions.

If sedation is indicated then the least profound procedure shall be attempted first. The procedures are ranked from low to high profundity in the following order: conscious sedation via inhalation or oral anesthetics, intravenous sedation, then general anesthesia.

Patients with certain medical conditions such as but not limited to: moderate to severe asthma, reactive airway disease, congestive heart failure, cardiac arrhythmias and significant bleeding disorders (i.e. continuous anticoagulant therapy such as Coumadin therapy) should be treated in a hospital setting or a licensed facility capable of responding to a serious medical crisis.

Providers shall adhere to all regulatory requirements (Federal, State, Licensing Board, etc.) for:

- Preoperative and perioperative care
- Monitoring and equipment requirements
- Emergencies and transfers
- Monitoring Guidelines

References:

- American Academy of Pediatric Dentistry (AAPD) www.aapd.org
- American Dental Board of Anesthesiology www.adba.org
- American Dental Society of Anesthesiology www.adsahome.org
- American Society of Anesthesiologists www.asahq.org
- American Association of Nurse Anesthetists www.aana.com/resources2/professionalpractice
- Dental Board of California www.dbc.ca.gov/licensees/dds/permits_ga.shtml

- National Network for Oral Health Access www.nnoha.org/nnoha-content/uploads/2013/07/White-Paper-Health-Centers-and-Hospital-Based-Dentistry.pdf
- Cochrane Database of Systematic Reviews 2012 www.update-software.com/BCP/WileyPDF/EN/cd006334.pdf
- National Guideline Clearinghouse www.guideline.gov/content.aspx?id=15258&search=General+Anesthesia
- US National Library of Medicine National Institutes of Health NIH www.ncbi.nlm.nih.gov/pubmed/23152234

Please continue to check the Denti-Cal website frequently for additional updates and program changes regarding the provision of intravenous sedation and general anesthesia services.

For more information please call the Denti-Cal Provider Service Line at 1-800-423-0507.

Non-Intravenous Conscious Sedation (D9248)

A dentist may not administer Non-Intravenous Conscious Sedation (D9248) to a patient unless the dentist possesses one of the following:

- A valid General Anesthesia permit;
- A valid Conscious Sedation permit; or
- A certificate as a provider of Oral Conscious Sedation from the Dental Board of California.

A provider who possesses a valid General Anesthesia permit or a valid Conscious Sedation permit can provide non-intravenous conscious sedation.

A physical evaluation and medical history shall be taken **before** the administration of non-intravenous conscious sedation to a beneficiary. Any dentist who administers or orders the administration of non-intravenous conscious sedation to a beneficiary shall maintain records of the physical evaluation, medical history, and non-intravenous conscious sedation procedures used as required by the board regulations.

The failure to document any of the above records has been deemed unprofessional conduct by the Dental Board of California. The failure to perform any evaluation or monitoring of the patient has been deemed negligence by the Dental Board of California.

Please review the Dental Board of California Website for statutes and regulations on the use of non-intravenous conscious sedation: http://www.dbc.ca.gov/lawsregs/index.shtml.

For questions regarding non-intravenous conscious sedation please call the Denti-Cal Provider Service line at 800-423-0507.

Submitting a TAR/Claim to Denti-Cal for Intravenous Sedation and General Anesthesia Services

This article was updated on December 14, 2015

Effective November 1st, 2015, prior authorization will be required for intravenous sedation (D9241/D9242) and general anesthesia (D9220/ D9221). To request prior authorization, the provider must submit a Treatment Authorization Request (TAR) along with the documentation indicated below to justify the medical necessity for intravenous sedation or general anesthesia.

A TAR can only be requested from an enrolled Denti-Cal provider. The anesthesiologist may submit TARs if they are enrolled as a billing provider. If an anesthesiologist is not a billing provider, the billing provider rendering the dental services may submit the TAR on behalf of the anesthesiologist rendering the anesthesia. Additionally, if an anesthesiologist is part of a group practice, the group practice may submit TARs on behalf of anesthesiologist.

Continued on pg 4.

If the provider provides clear medical record documentation of both number 1 and number 2 below, then the patient shall be considered for intravenous sedation or general anesthetic:

- Use of local anesthesia to control pain failed or was not feasible based on the medical needs of the patient.
- Use of conscious sedation, either inhalation or oral, failed or was not feasible based on the medical needs of the patient.

If the provider documents any one of numbers 3 through 6 then the patient shall be considered for intravenous sedation or general anesthetic:

- Use of effective communicative techniques and the ability for immobilization (patient may be dangerous to self or staff) failed or was not feasible based on the medical needs of the patient.
- Patient requires extensive dental restorative or surgical treatment that cannot be rendered under local anesthesia or conscious sedation.
- Patient has acute situational anxiety due to immature cognitive functioning.
- Patient is uncooperative due to certain physical or mental compromising conditions.

Exception for Prior Authorization of Intravenous Sedation and General Anesthesia

Prior authorization can be waived when Intravenous Sedation/General Anesthesia is medically necessary to treat an emergency medical condition. An "emergency medical condition" is defined in Title 22, Division 3, Subdivision 1, Chapter 3, Article 2, Section 51056 (b) of the California Code of Regulations as:

A medical condition (including emergency labor and delivery) manifesting itself by acute symptoms of sufficient severity, including severe pain, such that the absence of immediate medical attention could reasonably be expected to result in any of the following:

- Placing the patient's health in serious jeopardy.
- Serious impairment to bodily functions.
- Serious dysfunction of any bodily organ or part.

<u>Please note</u>: A TAR is not required prior to delivering intravenous sedation or general anesthesia as part of an outpatient dental procedure for a beneficiary who resides in a state certified skilled nursing facility (SNF) or any category of intermediate care facility (ICF) for the developmentally disabled.

TARs and Claims for Intravenous Sedation and General Anesthesia

- When an examination and radiographs can be rendered without sedation, the proposed treatment plan should be included on the same TAR for the intravenous sedation or general anesthesia along with all required documentation/radiographs.
- When an examination and radiographs cannot be rendered without sedation, only the intravenous sedation or general anesthesia should be requested on the TAR.
 - When the examination and treatment can only be rendered under sedation, the rendered treatment should be added to the approved Notice of Authorization (NOA) for the sedation when submitting for payment. Prior authorization will be waived for those applicable dental services with the exception of fixed partial dentures, removable prosthetics, and implants. The treatment, however, must meet the Manual of Criteria and all required documentation and radiographs will be required for payment.

Denied TARs and Claims for Intravenous Sedation and General Anesthesia

If a provider receives a denial:

- TAR: When services are denied, the provider can submit the denied NOA and request a re-evaluation.
- Claim/NOA: When payment is denied, the provider can submit a Claim Inquiry Form (CIF) and have the service re-evaluated.

All required documentation and radiographs must be submitted for the denied service for a NOA or CIF.

Submitting for payment of Intravenous Sedation and General Anesthesia

Submit the approved NOA for payment. The anesthesia report is required for payment of intravenous sedation and general anesthesia. Anesthesia report must include the following information:

- Signature of the rendering anesthesia provider
- Patient Name
- Start and stop time
- Anesthetic agent(s) used

If anesthesia extends beyond the authorized time, add additional time to the approved NOA. Do NOT submit a claim form.

Anesthesia time is defined as the period between the beginning of the administration of the anesthetic agent and the time that the anesthetist is no longer in personal attendance.

Questions related to this topic or the Medi-Cal Dental Program can be directed to the Provider Customer Service line at 1-800-423-0507.

Intravenous Sedation and General Anesthesia: Prior Authorization/Treatment Authorization Request and Reimbursement Scenarios

Scenario 1 – Dental Office

Beneficiary Enrolled in:	DMC Plan + MCMC	Medi-Cal Dental FFS + MCMC	DMC Plan + Medi-Cal Medical FFS	Medi-Cal Dental FFS + Medi-Cal Medical FFS
Medical Anesthesiologist	MCP pays anesthesiologist	MCP pays anesthesiologist	Medi-Cal Medical FFS pays anesthesiologist	Medi-Cal Medical FFS pays anesthesiologist
Submit Prior Authorization/Treatment Authorization Request to:	MCP for anesthesia fees	MCP for anesthesia fees	CAASD Field Office (ETAR) for anesthesia fees	CAASD Field Office (ETAR) for anesthesia fees
Dental Anesthesiologist	DMC Plan pays anesthesiologist	Denti-Cal pays anesthesiologist	DMC Plan pays anesthesiologist	Denti-Cal pays anesthesiologist
Submit Prior Authorization/Treatment Authorization Request to:	DMC Plan for anesthesia fees	Denti-Cal for anesthesia fees	DMC Plan for anesthesia fees	Denti-Cal for anesthesia fees

Scenario 2 - Dental Only Surgery Center

Beneficiary Enrolled in:	DMC Plan + MCMC	Medi-Cal Dental FFS + MCMC	DMC Plan + Medi-Cal Medical FFS	Medi-Cal Dental FFS + Medi-Cal Medical FFS
Medical Anesthesiologist OR Certified Registered Nurse Anesthetist	MCP pays anesthesiologist MCP pays facility fee	MCP pays anesthesiologist MCP pays facility fee	Medi-Cal Medical FFS pays anesthesiologist Medi-Cal Medical FFS pays facility fee if DOSC is an enrolled Medi-Cal provider	Medi-Cal Medical FFS pays anesthesiologist Medi-Cal Medical FFS pays facility fee if DOSC is an enrolled Medi-Cal provider
Submit Prior Authorization/Treatment Authorization Request to:	MCP for anesthesia and facility fees	MCP for anesthesia and facility fees	CAASD Field Office (ETAR) for anesthesia and facility fees if DOSC is an enrolled Medi-Cal provider	CAASD Field Office (ETAR) for anesthesia and facility fees if DOSC is an enrolled Medi-Cal provider
Dental Anesthesiologist	DMC Plan pays anesthesiologist MCP pays facility fee	Denti-Cal pays anesthesiologist MCP pays facility fee	DMC Plan pays anesthesiologist Medi-Cal Medical FFS pays facility fee if DOSC is an enrolled Medi-Cal provider	Denti-Cal pays anesthesiologist Medi-Cal Medical FFS pays facility fee if DOSC is an enrolled Medi-Cal provider
Submit Prior Authorization/Treatment Authorization Request to:	DMC Plan for anesthesia fees MCP for facility fees	Denti-Cal for anesthesia fees MCP for facility fees	DMC Plan for anesthesia fees CAASD Field Office (ETAR) for facility fees if DOSC is an enrolled Medi-Cal provider	Denti-Cal for anesthesia fees CAASD Field Office (ETAR) for facility fees if DOSC is an enrolled Medi-Cal provider

Scenario 3 – Ambulatory Surgery Center and General Acute Care Hospitals

Beneficiary Enrolled in:	DMC Plan + MCMC	Medi-Cal Dental FFS + MCMC	DMC Plan + Medi-Cal Medical FFS	Medi-Cal Dental FFS + Medi-Cal Medical FFS
Medical Anesthesiologist OR Certified Registered Nurse Anesthetist	MCP pays anesthesiologist MCP pays facility fees	MCP pays anesthesiologist MCP pays facility fees	Medi-Cal Medical FFS pays anesthesiologist Medi-Cal Medical FFS pays facility fees	Medi-Cal Medical FFS pays anesthesiologist Medi-Cal Medical FFS pays facility fees
Submit Prior Authorization/Treatment Authorization Request to:	MCP for anesthesia fees and for facility fees	MCP for anesthesia fees and for facility fees	CAASD Field Office (ETAR) for anesthesia fees and for facility fees	CAASD Field Office (ETAR) for anesthesia fees and for facility fees
Dental Anesthesiologist	DMC Plan pays anesthesiologist MCP pays facility fees	Denti-Cal pays anesthesiologist MCP pays facility fees	 DMC Plan pays anesthesiologist Medi-Cal Medical FFS pays facility fees 	 Denti-Cal pays anesthesiologist Medi-Cal Medical FFS pays facility fees
Submit Prior Authorization/Treatment Authorization Request to:	DMC Plan for anesthesia fees MCP for facility fees	Denti-Cal for anesthesia fees MCP for facility fees	DMC Plan for anesthesia fees CAASD Field Office (ETAR) for facility fees	Denti-Cal for anesthesia fees CAASD Field Office (ETAR) for facility fees

References:

- American Academy of Pediatric Dentistry (AAPD) www.aapd.org
- American Dental Board of Anesthesiology www.adba.org
- American Dental Society of Anesthesiology www.adsahome.org
- American Society of Anesthesiologists www.asahq.org
- American Association of Nurse Anesthetists www.aana.com/resources2/professionalpractice
- Dental Board of California www.dbc.ca.gov/licensees/dds/permits ga.shtml
- National Network for Oral Health Access www.nnoha.org/nnoha-content/uploads/2013/07/White-Paper-Health-Centers-and-Hospital-Based-Dentistry.pdf
- Cochrane Database of Systematic Reviews 2012 www.update-software.com/BCP/WileyPDF/EN/cd006334.pdf
- $National\ Guideline\ Clearinghouse-\underline{www.guideline.gov/content.aspx?id=15258\&search=General+Anesthesian}$
- US National Library of Medicine National Institutes of Health NIH www.ncbi.nlm.nih.gov/pubmed/23152234

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