



WARM LINE

SUPPORTING THE JOURNEY TO RECOVERY

Do you feel hopeless or alone?
Do you think that no one can “get” you or your struggles?
Do you just need to talk?

1-800-730-8375

SUPPORT IS JUST A PHONE CALL AWAY!

What is a WarmLine?

A WarmLine is a free and private phone service for any adult seeking help in dealing with some of life’s stressful events. It is a way for you to talk through life’s problems, and find support in moving past them.

A WarmLine is a non-crisis service that is staffed by people who may have had similar life struggles as you and who can support you in your journey to find recovery and hopefulness.

Here For You:

5:00 PM-10:00 PM

Daily



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HEALTH_{SM}