create your own

step one

Select one of our fresh lettuces

Spring Mix Iceberg Mix Romaine Spinach

step two

Choose up to one scoop of all your favorite "throw-ins"

Avocado Bacon Beets Banana Pepper Basil Black Beans **Black Olives** Bleu Cheese Broccoli Carrots **Candied Pecans** Cayenne Pepper Cheddar Cheese Chickpeas Cilantro Corn Croutons Cucumbers **Dried Cranberries** Edamame

Fried Onions **Goat Cheese** Green Bell Peppers Hard-Boiled Egg Hearts of Palm Jalapeño Kalamata Olives Mandarin Oranges Mushrooms Parmesan Cheese Raisins Red Cabbage **Red Onions** Roasted Red Pepper Sesame Seeds Sliced Almonds Strawberries Sunflower Seeds Tomatoes Tortilla Chips

step three

Feta Cheese

Add some personality with a protein

Additional charge for the proteins below

All Natural Chicken **Buffalo Chicken** Teriyaki Chicken Albacore Tuna

Turkey Breast Wild Alaskan Salmon

Carb Free Asian

Sesame Ginger

Fat Free Raspberry

Thousand Island

Garlic Vinaigrette

Spicy Chipotle BBQ Ranch

Fat Free Honey Raspberry

Vinaigrette

Sweet Herb

Wonton Strips

step four

Dress it up just the way you like it

Fat Free Honey Dijon House Italian **Buttermilk Ranch** Lite Caesar Caesar Bleu Cheese

Greek Fresh Lemon Squeeze Balsamic Vinegar Balsamic Vinaigrette

Spicy Asian Peanut Smokey Jalapeño Ranch

step five "Chop it up!"

to get more flavor out of every bite



classicpaninis

Napa Valley Veggie Italian Ciabatta Bread, Avocado, Hana's Black Bean Salsa and Ranch Dressing

Chicken Italiano

Multigrain Sunflower Panini Bread, All Natural Chicken, Mozzarella Cheese, Fresh Basil and Basil Pesto Mayo

Buffalo Chicken Caesar

Multigrain Sunflower Panini Bread, Buffalo Chicken, Bacon, Freshly Shaved Parmesan Cheese and Caesar Dressing

Spicy Southwestern

Italian Ciabatta Bread, All Natural Chicken, Mozzarella Cheese, Jalapeño Peppers, Hana's Black Bean Salsa and Smokey Jalapeño Ranch Dressing

Turkey Harvest

Multigrain Sunflower Panini Bread, Turkey, Cheddar Cheese, Bacon, Sprinkled with Dried Cranberries and Thousand Island Dressing

freshsoups

Ask about our daily selection

Hot and hearty

chili

desserts Chocolate Chip or

Oatmeal Raisin Cookie

beverages

Bottled Water Fountain Drinks

kid'smeals (ages 12 and under)

All meals served with baked lays and apple juice box

Grilled Cheese Quesadilla

12" Whole Wheat Wrap and Cheddar Cheese

"Junior Jr." Salad 🍑

Romaine, Turkey, Lettuce, Cheddar Cheese, Cucumber

Chef Recommended Dressing: Raspberry Vinaigrette

This menu item is part of the Kids LiveWellsM program and has been verified by the National Restaurant Association and Healthy Dining to meet specific nutritional criteria established by leading health organizations' scientific guidelines. Kids LiveWell is a service mark of the National Restaurant Association.



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Balsamic Orange & Bleu 9

Spring Mix, Candied Pecans, Mandarin Oranges and Bleu Cheese Crumbles

Chef Recommended Dressing: Balsamic Vinaigrette

The Wedge

Iceberg, Bacon, Fried Onions, Candied Pecans and Bleu Cheese Crumbles Chef Recommended Dressing: Bleu Cheese

Greekalicious 90



Romaine, Roasted Red Peppers, Feta Cheese, Kalamata Olives, Tomatoes and Hearts of Palm Chef Recommended Dressing: Greek

Spicy Veggie **©**



Spring Mix, Lime Juice, Cayenne Pepper, Cilantro, Tomatoes, Carrots, Cucumbers, Onions, Black Beans and Tortilla Chips Chef Recommended Dressing: Ranch

Caesar 90

Romaine, Croutons and Freshly Shaved Parmesan Cheese Chef Recommended Dressing: Caesar

signature







saladcreations premium







Chinese Chopstick

Spring Mix, Teriyaki Chicken, Mandarin Oranges and Wonton Strips Chef Recommended Dressing: Asian Peanut

Buffalo Chicken Caesar

Romaine, Buffalo Chicken, Tomatoes, Hard Boiled Egg, Croutons, Bacon, Freshly Shaved Parmesan Cheese and Hot Sauce Chef Recommended Dressing: Caesar

Thai Crunch W

Iceberg, Teriyaki Chicken, Cucumbers, Wonton Strips, Carrots, Onions and Edamame with a swirl of Asian Peanut Dressing

Chef Recommended Dressing: Sesame Ginger

Apple & Pecan



Chef Recommended Dressing: Raspberry Vinaigrette

Chipotle BBQ Chicken

Romaine, Chipotle BBQ Chicken, Black Beans, Corn, Cilantro, Tortilla Chips, Cheddar Cheese, Tomatoes, Fried Onions with a swirl of BBQ Sauce Chef Recommended Dressing: Ranch

Green Goodness ®



Spinach, Spring Mix, Broccoli, Goat Cheese, Apples, Hearts of Palm and Roasted Red Peppers Chef Recommended Dressing: Raspberry Vinaigrette

Chicken Caesar 100



Romaine, All Natural Grilled Chicken, Croutons and Freshly Shaved Parmesan Cheese Chef Recommended Dressing: Caesar

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Wild Alaskan Salmon 🤎







Spinach, Salmon, Tomatoes, Onions, Carrots, Feta Cheese and Sunflower Seeds Chef Recommended Dressing: Balsamic Vinaigrette

Derby Chicken Cobb

Romaine, All Natural Grilled Chicken, Bleu Cheese Crumbles, Bacon, Tomatoes, Avocado, Hard Boiled Egg, and Fried Onions Chef Recommended Dressing: Honey Dijon

Sophie's Strawberry Chicken



Spring Mix, All Natural Grilled Chicken, Strawberries, Mandarin Oranges, Cranberries, Candied Pecans and Goat Cheese

Chef Recommended Dressing: Raspberry Vinaigrette

Sesame Shrimp



Spring Mix, Ginger Shrimp, Mandarin Oranges, Sesame Seeds and Wonton Strips Chef Recommended Dressing: Asian Ginger

Ginger Glazed Salmon 🤎



Spring Mix, Salmon, Wonton Strips, Edamame, Cilantro and Red Onions Chef Recommended Dressing: Sesame Ginger

Baja Shrimp Cobb

Iceberg, Shrimp, Bacon, Tomatoes, Cheddar Cheese and Avocado Chef Recommended Dressing: Smokey Jalapeño Ranch

Turkey Chop **1**



Romaine, Spinach, Turkey Breast, Apples, Candied Pecans, Beets and Goat Cheese Chef Recommended Dressing: Balsamic Vinaigrette

Mexicali Burrito

Iceberg, Tomatoes, Cucumbers, Jalapeños, Tortilla Chips, Cheddar Cheese and warm Chili served over a tortilla Chef Recommended Dressing: Smokey Jalapeño Ranch

Shrimp Caesar 🧖



Romaine, Shrimp, Croutons and Freshly Shaved Parmesan Cheese Chef Recommended Dressing: Caesar

