



FEDERAL OCCUPATIONAL HEALTH

FOH Training Center

The Federal Occupational Health (FOH) Training Center offers a wide range of environmental, health, and safety training for Federal employees.

Where are FOH Training Centers?

Headquartered at the Hubert H. Humphrey Building in downtown Washington, DC, FOH provides training nationwide at regional Training Centers located in Atlanta, Chicago, Dallas, Denver, New York, Philadelphia, San Francisco, and Seattle.

Are employees required to go to the FOH Training Center to participate in courses?

No. FOH can also provide training at your facility, at one of our conveniently located regional offices, via Webinar, or teleconference.

What are some advantages of FOH training?

One of the many advantages FOH training offers is the ability to fully customize training topics and class lengths to suit your agency's unique needs. In addition, FOH uses the latest audio-visual technology and provides space for hands-on training exercises that require physical movement.

What are some of the courses FOH offers?

For a complete list of courses, please visit the Training and Education link on the FOH home page. Below is a representative list of courses.

Safety

- Accident Investigation
- Confined Space Awareness
- Electrical Safety
- Fall Protection
- Safety Committees
- Hazard Communication
- Laboratory Safety
- Lockout/Tagout
- Personal Protective Equipment (PPE)
- Powered Industrial Truck (Operator Safety)
- Respiratory Protection
- Safety Training for Federal Supervisors
- Scaffolding
- Slips, Trips, and Falls
- Welding and Cutting Safety

Environmental

- Asbestos Awareness
- Asbestos Inspector/Mgmt. Planner
- Asbestos Supervisor
- Hazardous Waste Management
- Lead Inspector
- Lead Supervisor
- Lead Worker
- Occupational Noise Exposure

Health

- Back/Lifting Safety
- Bloodborne Pathogens
- First Aid/Cardiopulmonary Resuscitation (CPR)/ Automatic External Defibrillator (AED)
- Indoor Air Quality
- Occupational Noise Exposure Awareness

What are the benefits?

- **Experienced instructors** able to make complex topics accessible to participants
- **Tailored lessons** incorporating agency-specific policies and procedures
- **Available** 24 hours a day, 7 days a week, 365 days a year
- **Simple and flexible** service delivery method using the Interagency Agreement (IAA)

“The training sessions on confined space help us in numerous ways – from requesting permits, to working safely in elevator shafts, crawl spaces, and tunnels. The training also addressed OSHA requirements.”

A/C Equipment Mechanical Work Leader
Architect of the Capital (AOC)

Fast Facts

- **Notification** – Receive immediate confirmation of class completion, via either e-mail or paper certificate.
- **Tracking** – Our database provides information on training topics and completion dates for each participant.
- **Convenience** – Per your agency's request, classes can be held at your worksite.

Safety and training at
your fingertips.

800-457-9808

FOH.hhs.gov



FEDERAL
OCCUPATIONAL
HEALTH