

DIVING





Team GB diving squad

WOMEN	CLUB	COACH
Tonia Couch	Plymouth Diving	Andy Banks
Rebecca Gallantree	City of Leeds	Edwin Jongejans
Tandi Gerrard	City of Leeds	Adrian Hinchliffe
Stacie Powell	Southampton Diving	Lindsey Fraser
Hayley Sage	City of Sheffield	Chen Wen

MEN	CLUB	COACH
Blake Aldridge	Southampton Diving	Lindsey Fraser
Thomas Daley	Plymouth Diving	Andy Banks
Nick Robinson-Baker	City of Sheffield	Chen Wen
Ben Swain	City of Sheffield	Adam Sotheran
Peter Waterfield	Southampton Diving	Lindsey Fraser

STAFF

National
Performance
Director:
Steve Foley

Coaches:

Andy Banks
(Plymouth Diving)

Lindsey Fraser
(Southampton Diving)

Adrian Hinchliffe
(City of Leeds)

Chen Wen
(City of Sheffield)

Adam Sotheran
(City of Sheffield)



Event schedule

Day one: 10 August	EVENT	SESSION
	Women's Synchronised 3m Springboard	Final
Day two: 11 August	EVENT	SESSION
	Men's Synchronised 10m Platform	Final
Day three: 12 August	EVENT	SESSION
	Women's Synchronised 10m Platform	Final
Day four: 13 August	EVENT	SESSION
	Men's Synchronised 3m Springboard	Final
Day five: 15 August	EVENT	SESSION
	Women's 3m Springboard	Preliminary
Day six: 16 August	EVENT	SESSION
	Women's 3m Springboard	Semi-final
Day seven: 17 August	EVENT	SESSION
	Women's 3m Springboard	Final
Day eight: 18 August	EVENT	SESSION
	Men's 3m Springboard	Preliminary
Day nine: 19 August	EVENT	SESSION
	Men's 3m Springboard	Semi-final
	Men's 3m Springboard	Final
Day ten: 20 August	EVENT	SESSION
	Women's 10m Platform	Preliminary

<i>Day eleven:</i> <i>21 August</i>	EVENT	SESSION
	Women's 10m Platform	Semi-final
	Women's 10m Platform	Final

<i>Day twelve:</i> <i>22 August</i>	EVENT	SESSION
	Men's 10m Platform	Preliminary

<i>Day thirteen:</i> <i>23 August</i>	EVENT	SESSION
	Men's 10m Platform	Semi-final
	Men's 10m Platform	Final

BLAKE ALDRIDGE

Club: Southampton Diving

Coach: Lindsey Fraser

DOB: 4th August 1982

Height: 1.70m

Weight: 60kg

Born: London

Lives: Southampton



DIVING

Diver profiles men

Finest sporting moment: Winning gold at the FINA Diving World Series (2008) and winning bronze at the Beijing World Cup event.

Tip for the top: Work hard, aim high and never give up.

First GB selection year: 1995.

How did you get involved in diving: When I was 18 months old I was taken to the US, I used to run along the edge of the poolside and dive in head first. When I learnt to swim my parents saw an advert for diving so I went along, I started diving when I was 5 years old!

Sporting heroes: Jonathan Edwards.

Closest friend in sport: Peter Waterfield.

Favourite sport other than diving: Golf.

Three words that best describe you: Fun, loud and 'Up for a Laugh!!'

Most prized possession: A gold necklace and pendant that was made for my 21st birthday from my Mum and Nan.

Biggest influence on career: Mum and Dad.

Toughest opponent: Peter Waterfield

Biggest passion away from diving: To be rich.

Biggest disappointment: Qualifying for the Commonwealth Games and not being taken.

How do you prepare to compete: I prepare by trying to relax and not changing my routine.

Ultimate ambition: To win an Olympic gold medal.

Where do you see yourself in 10 years: Retired from diving or maybe winning a gold Olympic medal.

Achievements

FDWC08 10m Synchro Gold

FDWS08 (Sheffield) 10m Synchro Gold

WJSC99 10m Platform Gold

First Olympics



TOM DALEY

Club: Plymouth Diving

Coach: Andy Banks

DOB: 21st May 1994

Height: 1.37m

Weight: 34kg

Born: Plymouth

Lives: Plymouth

Occupation: Student

First sporting success: Becoming the youngest ever under 18 Platform champion in June 2004 at the Nationals. At the time, I don't think it really sank in. Looking back at it now I realise what it meant and what I achieved in doing so.

Finest sporting moment: Winning gold at the European Championships. It's amazing to stand on a podium at a major international competition, and something I want to do again. It was a surprise to win a gold medal there. My synchro hadn't gone great and I wanted to make sure that I pulled something out of the bag in the individual. I never thought I'd win, but to stand on the podium was fantastic. The only thing that could top that feeling is to do it at an Olympics - especially in London.

Tip for the top: Work and train hard and give 100% so that you can truly achieve your potential in your sport.

First GB selection year: 2005.

How and why get involved in diving: I was a good swimmer and wanted more of a challenge.

Sporting heroes: Dame Tanni Grey-Thompson and Sir Steve Redgrave. They are amazing Olympians and I really admire them.

Closest friends in sport: Tonia Couch - we train together at Plymouth.

Three words that best describe you: Keen, determined and talented.

Most prized possession: My first cuddly monkey.

Biggest influence on career: Andy Banks

Toughest opponent: Peter Waterfield. We always face each other in domestic and international competitions.

Biggest passion away from diving: Girls and my education.

Tips to relax: Music. I like all kinds of music but not rock. I like it to be happy music that you can dance to like R'n'B.

Education: I am at secondary school, and it's going really well. I don't have any favourite subjects. When I'm at school all of my friends treat me like they would anyone else, just really normal which is good.

Family: My Mum and Dad are called Debbie and Rob. I have two younger brothers called William and Ben. They are all really supportive and will be coming out to watch me in Beijing

Achievements

EDC08 10m Platform Gold

FDWC08 10m Synchro Bronze

FDWS08 (Sheffield) 10m Synchro Gold, 10m Platform Silver

First Olympics

NICK ROBINSON-BAKER

Club: City of Sheffield
Coach: Chen Wen
DOB: 24th June 1987
Height: 1.80m
Weight: 80kg
Trains: Ponds Forge
Born: Farnborough
Lives: Sheffield
Nickname: Manboy/Fish



First sporting success: Winning a gold medal at the Crystal Cup when I was about seven.

Finest sporting moment: Winning a silver medal at the European Junior Championships in Edinburgh.

Tip for the top: If you want to be the best you have to train like the best.

First GB selection year: 2000.

How and why get involved in diving: I've always liked water and when I was on a boxing camp near to Crystal Palace we all used to dive in the pool on the days when it was red hot, so it kind of came from there.

Sporting hero: Dmitriy Sautin.

Closest friend in sport: Tony Ally.

Favourite sport other than diving: Boxing and American football.

Three words that best describe you: Legend, peanut and beefcake.

Would most like to meet: Mike Tyson, Eddie Murphy and Liz Hurley.

Most prized possession: Russian Olympic tracksuit. My idol is a Russian Olympian. I eventually got to meet him and compete against him. Afterwards I spoke to him in Russian and he gave me his full kit.

Biggest influence on career: Tony Ally - he just has so much experience.

Toughest opponent: Ben Swain and the Chinese A team.

Biggest passion away from diving: Languages. I speak Russian, Albanian, Romanian.... and of course English.

Biggest disappointment: I injured my shoulder last year so I was out for 6 months. When I came back I trained really hard but just missed out on qualifying for the Commonwealth Games.

How do you prepare to compete: I prepare by trying to chill out as much as possible.

Tips to relax: Listen to your own mind. Put music on to clear your head. Deep breaths as well always help.

Ultimate ambition: To win an Olympic medal

Achievements

FDWS08 (Nanjing) 3m Synchro Silver
 FDWS08 (Sheffield) 3m Synchro Bronze
 FDWC08 3m Synchro 4th
 FDWS07 (Sheffield) 3m Synchro Bronze

First Olympics



BEN SWAIN

Club: City of Sheffield
Coach: Adam Sotheran
DOB: 31st March 1986
Height: 1.75m
Weight: 71kg
Trains: Ponds Forge
Lives: Sheffield
Occupation: Student
Nickname: Benny-boy!

First sporting success: When I got onto the Junior Olympic programme in 2001.

Finest sporting moment: Competing at the Beijing World Cup and the FINA medals I have won.

Tip for the Top: Work hard and enjoy what you do.

First GB selection year: 2003.

Sporting heroes: Greg Louganis.

Closest friend in sport: Craig Hallam.

Favourite sport other than diving: Gymnastics.

Three words that best describe you: Dedicated, loopy and supportive.

Would most like to meet: Greg Louganis.

Most prized possession: My bed.

Biggest influence on career: Tony Ally and my parents.

Toughest opponent: Myself.

Biggest passion away from diving: My family, friends and girlfriend.

Biggest disappointment: Failing to get the Junior Olympic Programme points in 2002.

Favourite venue and why: Ponds Forge, Sheffield because it's my home pool and it is very spacious.

Tips to relax: Breathe and daydream.

Education: I'm doing a degree in Sport and Exercise Science with Manchester Metropolitan University.

Family: My dad is called Steve and he is a Landlord. My mum is called Penny and she is a Councillor. I have a sister called Nicola and I also have two brothers called Darren and Phillip.

Ultimate ambition: To win an Olympic gold medal.

Where do you see yourself in 10 years: Representing Great Britain in all major competitions.

Achievements

FDWS08 (Nanjing) 3m Synchro Silver
 FDWS08 (Sheffield) 3m Synchro Bronze
 FDWC08 3m Synchro 4th
 FDWS07 (Sheffield) 3m Synchro Bronze

First Olympics

PETER WATERFIELD

Club: Southampton Diving
Coach: Lindsey Fraser
DOB: 12th March 1981
Height: 1.68m
Weight: 60kg
Trains: The Quays
Born: Walthamstow
Lives: Southampton



First sporting success: Winning gold at the European Junior Championships in 1995.

Finest sporting moment: Silver in Athens (2004) and gold at the Commonwealth Games (2002).

Tip for the top: Enjoy what you do and put in 100%.

First GB selection year: 1993.

How and why get involved in diving: I used to do lots of other sports, including swimming. Whenever I used to go swimming I used to watch the divers the other end of the pool and thought that it looked more exciting so I tried it!

Closest friend in sport: Leon Taylor and Blake Aldridge as well as all the guys we go away with.

Favourite sport other than diving: I like watching sport, particularly snooker, darts and football.

Most prized possession: My medals from the Olympics and Commonwealth Games.

Biggest influence on career: My dad, he's always been there, he's my number 1 fan!

Toughest opponent: Chinese, Australians and Canadians.

Biggest passion away from diving: Being a Dad.

Biggest disappointment: It is always disappointing when you don't do as well as you hoped.

How do you prepare to compete: I prepare by trying to stay relaxed. I don't think about what I'm about to do.

Favourite venue and why: The Athens Olympic pool.

Tips to relax: Chilling out at home.

Family: My son is called Lewis and he's 4, my wife is called Tania and I have another child on the way. My mum and dad are called Jackie and Jim.

Ultimate ambition: To win an Olympic gold.

Where do you see yourself in 10 years: Retired and hopefully a coach.

Achievements

OG04 10m Synchro Silver
 WDC05 10m Synchro Bronze
 EDC99 10m Synchro Bronze
 CG06 10m Platform Silver
 CG02 10m Platform Gold

Third Olympics



TONIA COUCH

Club: Plymouth Diving

Coach: Andy Banks

DOB: 20th May 1989

Height: 1.58m

Weight: 58kg

Trains: Plymouth

Born: Plymouth

Lives: Plymouth

Occupation: Student

Nickname: Twainy

First sporting success: Learning to dive.

Tip for the top: Coming third and fourth in the synchro at the Australian Youth Olympics.

First GB selection year: 2002.

How did you get involved in diving: I used to do gymnastics but I broke my arm and was a bit too scared to carry on so my mum suggested diving and here I am!

Sporting heroes: Laura Wilkinson.

Closest friend in sport: Claire Wonnacott and Jodie McGroarty.

Favourite sport other than diving: Dance.

Three words that best describe you: Happy, bubbly and dizzy!

Would most like to meet: Will Smith.

Most prized possession: Mobile phone.

Biggest influence on career: My mum and dad.

Toughest opponent: Stacie Powell.

Any pets: I had a cat called Jack but he ran away!

Biggest passion away from diving: Seeing my boyfriend and going shopping.

How do you prepare to compete: To prepare I try to focus my mind, get in the 'zone' and to keep moving.

Favourite venue and why: Ponds Forge, Sheffield because it's nice and big there.

Education: I'm doing a sports course at college.

Family: My Mum is called Sally and my Dad is called Chris. I also have a sister called Holly.

Ultimate ambition: To compete at the Olympics.

Where do you see yourself in 10 years: Settled down.

Achievements

FDWS08 (Nanjing) 10m Synchro 4th

WDC07 10m Synchro 9th

ECC06 10m Synchro Bronze

First Olympics

REBECCA GALLANTREE

Club: City of Leeds
Coach: Edwin Jongejans
DOB: 19th August 1984
Height: 1.65m
Weight: 54kg
Trains: Leeds
Born: Chelmsford
Lives: Leeds
Occupation: Student



DIVING

Diver profiles women

Favourite event: The 3m Springboard.

Finest ever performance/Why: The Canadian Grand Prix in 2008. I felt it was my best performance and showed consistency.

First senior international meet: The FINA Diving Grand Prix in Madrid, 2004.

Role models: Sir Steve Redgrave.

My aspirations are: I want to win an Olympic medal in front of a home crowd at London 2012.

Tip for the top: Train hard and always keep focused.

Life after diving: I'm not looking that far ahead at the moment!

Music: I'm a fan of Rock music.

If I wasn't a diver I would be: I've always only ever wanted to be a diver so I'm not really sure!

Describe yourself in three words: Dedicated, focused and happy.

Would most like to meet: Sir Steve Redgrave – he's an inspiration.

Most prized possession: My iPod.

Biggest influence on career: My parents.
Education: I completed a degree in Sport Science at Leeds University in 2005.

Achievements

FDWS08 (Tijuana) 3m Springboard 8th
FDWS07 (Sheffield) 3m Synchro 4th
CG06 3m Springboard 11th

First Olympics



TANDI GERRARD

Club: City of Leeds DC
Coach: Adrian Hinchliffe
DOB: 25th February 1978
Height: 1.57m
Born: Johannesburg
Lives: Leeds
Occupation: Teacher

First sporting success: Winning gold at the All Africa Games in 1995.

Finest sporting moment: Finishing fourth in the Athens Olympics Games 2004.

Tip for the top: Work hard and enjoy what you do.

First GB selection year: 2002.

How and why get involved in diving: It's fun and sociable!

Sporting heroes: Lance Armstrong.

Favourite sport other than diving: Squash.

Three words that best describe you: Motivated, determined and enthusiastic.

Would most like to meet: Steven Gerrard.

Biggest influence on career: My family and coach.

Toughest opponent: The Chinese divers.

Biggest passion away from diving: Coaching.

Biggest disappointment: Not qualifying for any individual events at the Athens Olympics.

How do you prepare to compete: I prepare by working hard beforehand and trying to stay relaxed.

Favourite venue and why: Barcelona because of the view.

Family: My mum and dad are called June and Malcolm. I have a sister called Lisa and a brother called Paul.

Ultimate ambition: To be the best I can be.

Where do you see yourself in 10 years: Settled down with children.

Achievements

FDWS08 (Nanjing) 3m Synchro Bronze
 CG06 3m Synchro Bronze
 OG04 3m Synchro 4th

Second Olympics

STACIE POWELL

Club: Southampton Diving
Coach: Lindsey Fraser
DOB: 18th December 1985
Height: 1.63m
Weight: 59kg
Born: Bristol
Lives: Southampton
Occupation: Student



First sporting success: Winning all 3 boards (1m, 3m and Platform) at the Nationals in 1996.

Sporting heroes: The Chinese divers because they are made to work so hard and achieve near perfection.

Biggest influence on your career: Starting international competitions.

Toughest opponent: Tania Cagnotto.

Tip for the top: Don't be afraid of your dives.

Favourite venue: The Manchester diving pool because the water is bright blue and it is easy to spot in my dives.

Favourite book: Memoirs of a Geisha.

Favourite film: Moulin Rouge.

Favourite saying: Ming Mong!

Ultimate ambition: To get as far as I can in diving - hopefully the finals of the Olympics - and to become a pilot.

Achievements

FDWS08 10m Platform 9th
 CG06 10m Synchro 4th, 10m Platform
 8th

First Olympics



HAYLEY SAGE

Club: City of Sheffield
Coach: Chen Wen
DOB: 1st August 1986
Height: 1.58m
Weight: 60kg
Trains: Ponds Forge
Born: Welwyn Garden City
Lives: Sheffield
Occupation: Student
Nickname: Sagey or Trigger

First sporting success: Making the British Team for the European Junior Championships when I was 14.

Finest sporting moment: Winning bronze at the Commonwealth Games (2006).

Tip for the top: Work hard, stay dedicated and you'll get your reward.

First GB selection year: 2001.

Sporting heroes: Kelly Holmes.

Closest friends in sport: Tandi Gerrard, Tony Ally, Nick Robinson-Baker and Stacie Powell.

Favourite sport other than diving: I like watching gymnastics and snowboarding.

Three words that best describe you: Truthful, dedicated and quirky.

Would most like to meet: Sharon Stone.

Most prized possession: Family.

Biggest influence on career: Derek Beaumont, Chen Wen, Tony Ally and Steve Foley.

Toughest opponent: The Chinese divers and myself.

Biggest passion away from diving: Fashion.

Biggest disappointment: Missing out on the European Juniors in 2002 and 2003.

How do you prepare to compete: I prepare by training hard and preparing well and making sure I enjoy the competition.

Favourite venue and why: Montreal because there are lots of boards, it's laid out really well and you also get a tan at the same time!

Family: My mum and dad are called Teresa and Chris. I have two brothers called Phillip and Nicholas and a sister called Samantha.

Ultimate ambition: To compete at the 2012 Olympics and maybe even in 2016, and to achieve a gold medal in them.

Where do you see yourself in 10 years: Retired.....taking some time out to travel.

Achievements

FDWS08 (Nanjing) 3m Synchro Bronze
 CG06 3m Synchro Bronze

First Olympics

Steve Foley:
*an insight by the
National
Performance
Director for
British Diving*

The past four years have progressed far above my expectations, it was a period of transition for us, where we needed to build and establish our younger divers on an international circuit before 2008 and we lost some of our experienced athletes to retirement along the way.

After the Athens Olympics in 2004, our established divers, like Leon Taylor and Tony Ally, began working towards the Commonwealth Games in Melbourne in 2006 and this meant that our younger athletes had people to target and work hard to beat and this meant we had a good competitive cycle within our sport.

I think Melbourne World Championships in 2007 proved to be a turning point for us, we had a blend of youth and experience and this is pretty much the same group we have had for the past 12-15 months. They have progressed quicker than I originally expected and are better than I thought they would be at this stage. But it is great to see where they are now and what they are about to learn from the Olympics.

In Beijing I want to see the divers perform as close to their personal bests as possible. I believe the Olympic Games is the biggest moment of any divers career and if they could get a personal best under that pressure that would be fantastic. This team is the nucleus of the team that we see competing in London 2012. It is a young, talented team that I think will benefit from the experience of competing in Beijing and flourish in time for London 2012.

When I first joined British Diving I think the staff and the divers lacked self-belief and thought mediocrity was an ok standard to work to. I think now they all have confidence in what they can do and they know that mediocre is not ok.

The performance at the World Cup in 2008 was very satisfying because the athletes achieved great results against all the odds. I also think that seeing the look on an athletes' faces when they get a result makes the hard work all worthwhile.



STEVE FOLEY

Position: National Performance Director
DOB: 01.07.57
Age: 51
Born: Melbourne, Australia
Lives: Chesterfield

Proudest moment of career to date: As a coach, to take Australia to their first ever Olympic gold diving medal. As NPDP the results we achieved in Athens 2004 and the results from this year's World Cup.

Ultimate Ambition: To see Britain win medals at London 2012.

Away from Diving I enjoy: travel, playing and watching sports.



ANDY BANKS

Position: Coach
DOB: 06.10.63
Age: 44
Born: London
Lives: Plymouth

Proudest moment of career to date: Getting two athletes onto the Olympic squad

Ultimate ambition: To win an Olympic medal in 2008 or 2012

Outside swimming I enjoy: Wakeboarding, and taking my boat out whilst sunning myself

LINDSEY FRASER

Position: Coach
DOB: 24.01.58
Age: 50
Born: Woolwich, London
Lives: Southampton
Club: Southampton Diving Academy



Proudest Moment of career to date: Pete Waterfield winning his Olympic medal.

Away from Diving I enjoy: Socialising, Cooking and Reading.

ADRIAN HINCHLIFFE

Position: Coach
DOB: 14.05.71
Age: 37
Born: Ely
Lives: Leeds



Proudest moment of career to date: Coaching Jane and Tandi in the 3m Synchro in Athens 2004 and just missing the Olympic medal.

Ultimate ambition: To have divers in five consecutive Olympic Games.

Away from diving I enjoy: Eating out and Socialising



CHEN WEN

Position: Head Coach
DOB: 20.09.41
Age: 66
Born: Beijing, China
Lives: Sheffield

Proudest moment of career: Coaching divers onto Olympic squads

Away from diving I enjoy: Relaxing and reading



ADAM SOTHERAN

Position: Coach
DOB: 20.09.71
Age: 36
Lives: Sheffield

Proudest moment of career to date: Watching the team at the Beijing World Cup (2008). After the first day of success it sent a great deal of momentum throughout the team. Everyone of them has worked so hard, and we achieved a record number of places.

Ultimate ambition: To do my bit to help British Diving achieve its goals

Away from diving I enjoy: Spending time with my daughter.

Newcomers guide to diving

The complexity of the dive is taken care of by its rating or difficulty, ranging from 1.2 for the easiest dive to 3.8 or more.

Flawless execution will include a strong initiation into the dive and vertical entry into the water without splash. Divers call this a "rip" entry. Between these parts of the dive, the body will be carried in what are known as "positions". These are the straight position (no bending at the hips or the knees), piked position (bending at the hips but not at the knees) or tucked position (body bunched up tightly, with the hands on the lower legs).

Feet must always be together and toes pointed. Sometimes the announcer speaks of the "free position" which implies some twisting combined with one or more, usually at least one or more, of the other positions.

The judge may award 1 to 10 points in half stage points. A table of the scores and how they should be awarded is as follows:

Very good	8.5-10
Good	6.5-8
Satisfactory	5-6
Deficient	2.5-4.5
Unsatisfactory	0.5-2
Completely failed	0

The highest and lowest marks are discarded and the sum of the reminding scores, multiplied by the degree of difficulty, which gives the total amount of points scored. For example, if a dive with a difficulty rating of 2.0 is awarded 4,5,5,5,6, then the 4 and 6 are discarded and the sum is the scores left is multiplied by 2.0 to give a total of 30 points.

Competition dives are performed from springboards set at 1 metre or 3 metres above the water, or from the 5 metre, 7.5 metre or 10 metre platforms. The number of dives varies from one competition to another.



Former British medal winners

YEAR	SWIMMER	EVENT	MEDAL
1912	Isabelle White	3m Springboard	Bronze
1920	Eileen Armstrong	10m Platform	Silver
1924	Harold Clarke	10m Platform	Bronze
1960	Elizabeth A.E.Ferris	3m Springboard	Bronze
	Brian E.Phelps	10m Platform	Bronze
2004	Leon Taylor	10m Synchro	Silver
	Peter Waterfield	10m Synchro	Silver



Former olympic medal winners

<i>Athens 2004 men</i>		
EVENT	MEDALLISTS	POINTS
3m Springboard	1. Peng Bo CHN	787.38
	2. Alexandre Despatie CAN	755.97
	3. Dmitriy Sautin RUS	753.27
10m Platform	1. Hu Jia CHN	748.08
	2. Mathew Helm AUS	730.56
	3. Tian Liang CHN	729.66
3m Synchro	1. Thomas Bimis & Nikolaos Siranidis GRE	353.34
	2. Tobias Schellenberg & Andreas Wel GER	350.01
	3. Steven Barnett & Robert Newbery AUS	349.59
10m Synchro	1. Tian Liang & Yang Jinghui CHN	383.88
	2. Leon Taylor & Peter Waterfield GBR	371.52
	3. Matthew Helm & Robert Newbery AUS	366.84

<i>Athens 2004 women</i>		
EVENT	MEDALLISTS	POINTS
3m Springboard	1. Gou Jingjing CHN	633.15
	2. Wu Minxia CHN	612.00
	3. Yuliya Pakhalina RUS	610.62
10m Platform	1. Chantelle Newbery AUS	590.31
	2. Lao Lishi CHN	576.30
	3. Loudy Tourky AUS	561.66
3m Synchro	1. Guo Jingjing & Wu Minxia CHN	336.90
	2. Vera Lylina & Yuloya Pakhalina RUS	330.84
	3. Irina Lashko & Chantelle Newbery AUS	309.30
10m Synchro	1. Lao Lishi & Li Ting CHN	352.14
	2. Natalya Gonchanorova & Koltunova RUS	340.92
	3. Blythe Harley & Emilie Heymans CAN	327.78

Sydney 2000 men

EVENT	MEDALLISTS	POINTS
3m Springboard	1. Ni Xiong (CHN)	708.72
	2. Fernando Fabricio Platas Alvarez (MEX)	708.42
	3. Dmitry Sautin (RUS)	703.2
10m Platform	1. Tian Liang (CHN)	724.53
	2. Hu Jia (CHN)	713.55
	3. Dmitry Sautin (RUS)	679.26
10m Synchro	1. Igor Loukachine & Dmitry Sautin (RUS)	365.04
	2. Hu Jia & Tian Liang (CHN)	358.74
	3. Jan Hempel & Heiko Meyer (GER)	338.88
3m Synchro	1. Ni Xiong & Hailiang Xiao CHN)	365.58
	2. Dmitry Sautin & Alexandre Dobroskok RUS	329.97
	3. Robert Newbery & Dean Pullar AUS	322.86

Sydney 2000 women

EVENT	MEDALLISTS	POINTS
3m Springboard	1. Fu Mingxia CHN	609.42
	2. Guo Jingjing CHN	597.81
	3. Doerte Lindner GER	574.35
10m Platform	1. Laura Wilkinson USA	543.75
	2. Na Li CHN	542.01
	3. Anne Montminy CAN	540.15
3m Synchro	1. Vera Ilina & Ioulia Pakhalina (RUS)	332.64
	2. Fu Mingxia & Guo Jingjing (CHN)	321.60
	3. Ganna Sorokina & Olena Zhupina (UKR)	290.34
10m Synchro	1. Li Na, Sang Xue CHN	345.12
	2. Emilie Heymans & Anne Montminy CAN	312.03
	3. Rebecca Gilmore & Loudy Tourky AUS	301.5

**Beijing 2008
Olympic Games
8 - 24 August**

**Diving
Selection
Policy**

General Information

Olympic Diving Events – men and women

3 metre springboard
10 metre platform
3 metre synchronised
10 metre synchronised

Athlete Quota – men and women

68 competitors in the men's events and 68 competitors in the women's events

A total of 136 divers attending the competition

Maximum of 34 competitors per individual event

Maximum of two divers per country in each individual event

Maximum of one synchro team per country in each synchronised event

NF/NOC Entries per Event

Individual event – up to two divers for each event, for which the divers and/or federation team is qualified. Divers of individual events must fulfil the qualification requirements of that event.

Synchronised event – two divers (one team) for each event, for which the divers and/or federation team is qualified.

Great Britain Olympic Qualification

There will be two phases for qualifying British Diving for 2008 Olympic Games:

1. FINA World Championships - Melbourne, Australia
17 March – 1 April 2007
2. 2008 World FINA Diving Cup – Beijing, China
19 – 24 February 2008 (dates to be confirmed)

British Diving Olympic qualification requirements

PHASE	INDIVIDUAL EVENTS	SYNCHRONISED EVENTS
1. FINA World Championships 17th March – 1 April 2007	The first 12 finalists	The top three teams excluding China
2. 2008 World FINA Diving Cup 19-24 February 2008	18 semi-finalists excluding those qualified through phase 1 plus extra qualifying day 6 competition	The first four additional teams excluding those teams previously qualified in phase 1

The British Olympic Association agrees to take up all qualified opportunities through both phase 1 and 2 as above provided British Divers can fulfil the selection criteria as set out below, but will not take unallocated further opportunities which occur through Nations not taking up their allotted allocation.

British Diving Individual & Synchronised Qualification for nomination to the British Olympic Team

Individual qualifying – Criteria 1:

Any diver that places in the top 12 at both 2007 FINA World Championships and 2008 FINA World Diving Cup will automatically be eligible for nomination to the Beijing Olympic Games Team subject to proving fitness.

Or

Any diver that places in the top 8 at the 2008 FINA World Diving Cup will automatically be eligible for nomination to the Beijing Olympic Games Team subject to fitness.

Individual qualifying – Criteria 2:

The selection for a qualified place based on the day 6 competitions can only be offered to an athlete considered to be a 2012 medal contender as recognised by British Swimming/BOA. A nominated list of these athletes is to be provided by British Diving Selectors to the BOA no less than four weeks prior to the 2008 World FINA Diving Cup. This place will be determined at the British Diving Olympic Trials.

Synchronised qualifying:

Any team that places top four at the 2007 World Championships must also be the British Diving qualified team competing in the 2008 FINA World Diving Cup, to be eligible for nomination to the Beijing Olympic Games Team.

If different teams compete in the 2007 World Championships and the 2008 FINA World Diving Cup, providing the country has qualified, then an Olympic Trial will be needed between the teams.

British Diving Olympic Trials

In an event of the need for Olympic trials, as outlined under section "Great Britain Qualifying", the following structure will apply:

Olympic Trials for British Diving will take place 28-29 June 2008

To be eligible to compete in the British Diving Olympic Trials divers must have achieved the following:

Individual Events:

Divers must have competed in any of the following events and achieved a score no less than the 18th place score from the 2007 World Championships:

2007 World Championships
 2008 FINA World Diving Cup
 Any 2007 FINA Grand Prix
 Any 2008 FINA Grand Prix

Trials for individual events will be held over three competitions as per Olympic format (preliminary, semi-finals and finals). All three scores will be added together and the top two placed divers will be nominated to the BOA for selection.

Synchronised Events:

Teams must have competed in any of the following events and achieved a score no less than the 7th place score from the 2007 World Championships:

2007 World Championships
 2008 FINA World Diving Cup
 Any 2007 FINA Grand Prix
 Any 2008 FINA Grand Prix

The National Performance Director at his sole discretion may invite other synchronised teams to participate in the trial if they are considered a real medal chance at Beijing.

Trials will be held as a one off event as per Olympic format (final only) and the winning team will be nominated to the BOA for selection.

Athlete De-selection & Replacement

12th July 2008:

A final performance and fitness trial will take place 12th July 2008 for the whole Olympic Diving Team.

All individual divers will be expected to be able to perform their list of dives to a high quality (average of 7's) and at least 3 times through.

All synchronised teams will be expected to perform their list of dives to a high quality (average of 8's) and at least 4 times through.

Any athlete with a serious injury at this trial may be de-selected from the team on medical grounds and a replacement diver added to the team at the sole discretion of the National Performance Director.

18th July 2008:

After the Delegation Registration Meeting (DRM) on 18th July 2008, de-selection and selection of a replacement athlete is only allowed in accordance with the IOC's Late Athlete Replacement Policy.

This policy provides for replacement in the case of injury and/or illness. In the event of there being a query over the ability of the athlete to be able to compete to the best of his/her ability due to an injury or an illness then the Team's Chief Medical Officer can require an athlete to undergo a medical examination to determine his/her fitness to participate.

If the athlete fails the medical examination he/she will be withdrawn from the Team and the NGB may nominate a replacement.

Athlete Replacement:

The replacement athlete must have competed in either the 2007 World Championships or the 2008 FINA World Diving Cup or placed 3rd at the Olympic Trials. If no trial has taken place the athlete must have competed in any of the following events and achieved a score no less than the 18th place score from the 2007 World Championships:

2007 World Championships
2008 FINA World Diving Cup
Any 2007 FINA Grand Prix
Any 2008 FINA Grand Prix

The replacement athlete, if for a synchronised team, must have partnered the other diver at a major competition in the last 18 months and have the same quality list of dives

Appeals

The Athlete Team Selection Appeals Procedure is available under the British Swimming Policy Manual under the British Swimming link from our website.

Any appeal will be handled by the British Swimming Legal Department.