

Table 1.49A (REVISED) Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Persons Aged 18 to 22, by College Enrollment Status: Numbers in Thousands, 2010 and 2011

Past Year Mental Health Measure	Total¹ (2010)	Total¹ (2011)	Full-Time College Students (2010)	Full-Time College Students (2011)	Other Persons Aged 18-22² (2010)	Other Persons Aged 18-22² (2011)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	1,611	1,672	608	604	1,004	1,069
Made Any Suicide Plans	490	454	164	143	326	311
Attempted Suicide	290	301	84	73	206	228
Got Medical Attention for Suicide Attempt	123	116	38	22	86	94
Stayed Overnight or Longer in a Hospital for Suicide Attempt	79	76	25	13	54	63
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	3,905	3,976	1,648	1,656	2,257	2,317
Serious Mental Illness	852	819	349	347	504	472
Moderate Mental Illness	1,052	1,002	450	396	603	605
Mild Mental Illness	2,000	2,154	850	913	1,150	1,240
No Mental Illness	18,102	18,219	7,591	7,677	10,503	10,532
MAJOR DEPRESSIVE EPISODE⁵						
	1,827	1,848	828	809	998	1,039
MENTAL HEALTH SERVICE USE⁶						
Inpatient	256	250	62	46	194	203
Outpatient	1,227	1,317	588	667	639	649
Prescription Medication	1,725	1,835	687	804	1,038	1,029

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column are for all persons aged 18 to 22, including those with unknown enrollment status.

² Other Persons include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.49B (REVISED) Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Persons Aged 18 to 22, by College Enrollment Status: Percentages, 2010 and 2011

Past Year Mental Health Measure	Total¹ (2010)	Total¹ (2011)	Full-Time College Students (2010)	Full-Time College Students (2011)	Other Persons Aged 18-22² (2010)	Other Persons Aged 18-22² (2011)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	7.4	7.6	6.6	6.5	7.9	8.4
Made Any Suicide Plans	2.2	2.1	1.8	1.5	2.6	2.4
Attempted Suicide	1.3	1.4	0.9	0.8	1.6	1.8
Got Medical Attention for Suicide Attempt	0.6	0.5	0.4	0.2	0.7	0.7
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.4	0.3	0.3	0.1	0.4	0.5
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	17.7	17.9	17.8	17.7	17.7	18.0
Serious Mental Illness	3.9	3.7	3.8	3.7	3.9	3.7
Moderate Mental Illness	4.8	4.5	4.9	4.2	4.7	4.7
Mild Mental Illness	9.1	9.7	9.2	9.8	9.0	9.7
No Mental Illness	82.3	82.1	82.2	82.3	82.3	82.0
MAJOR DEPRESSIVE EPISODE⁵						
	8.4	8.4	9.0	8.7	7.9	8.2
MENTAL HEALTH SERVICE USE⁶						
Inpatient	1.2	1.1	0.7	0.5	1.5	1.6
Outpatient	5.6	6.0	6.4	7.2	5.1	5.1
Prescription Medication	7.9	8.3	7.4	8.6	8.2	8.0

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column are for all persons aged 18 to 22, including those with unknown enrollment status.

² Other Persons include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.50A (REVISED) Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Males Aged 18 to 22, by College Enrollment Status: Numbers in Thousands, 2010 and 2011

Past Year Mental Health Measure	Total ¹ (2010)	Total ¹ (2011)	Full-Time Male College Students (2010)	Full-Time Male College Students (2011)	Other Males Aged 18-22 ² (2010)	Other Males Aged 18-22 ² (2011)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	713	746	240	223	472	523
Made Any Suicide Plans	204	181	53	38	151	142
Attempted Suicide	118	131	25	29	93	101
Got Medical Attention for Suicide Attempt	48	62	15	12	33	50
Stayed Overnight or Longer in a Hospital for Suicide Attempt	37	36	12	7	25	29
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	1,484	1,577	559	569	925	1,006
Serious Mental Illness	282	277	95	102	188	176
Moderate Mental Illness	394	355	154	118	240	237
Mild Mental Illness	808	944	310	349	498	594
No Mental Illness	9,878	9,629	4,021 ^a	3,647	5,855	5,973
MAJOR DEPRESSIVE EPISODE⁵						
	578	623	225	241	353	382
MENTAL HEALTH SERVICE USE⁶						
Inpatient	135	128	32	24	103	104
Outpatient	430	431	183	185	247	245
Prescription Medication	634	699	245	277	389	421

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column are for all males aged 18 to 22, including those with unknown enrollment status.

² Other Males include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.50B (REVISED) Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Males Aged 18 to 22, by College Enrollment Status: Percentages, 2010 and 2011

Past Year Mental Health Measure	Total ¹ (2010)	Total ¹ (2011)	Full-Time Male College Students (2010)	Full-Time Male College Students (2011)	Other Males Aged 18-22 ² (2010)	Other Males Aged 18-22 ² (2011)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	6.3	6.7	5.3	5.3	7.0	7.6
Made Any Suicide Plans	1.8	1.6	1.2	0.9	2.2	2.1
Attempted Suicide	1.0	1.2	0.5	0.7	1.4	1.5
Got Medical Attention for Suicide Attempt	0.4	0.6	0.3	0.3	0.5	0.7
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.3	0.3	0.3	0.2	0.4	0.4
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	13.1	14.1	12.2	13.5	13.6	14.4
Serious Mental Illness	2.5	2.5	2.1	2.4	2.8	2.5
Moderate Mental Illness	3.5	3.2	3.4	2.8	3.5	3.4
Mild Mental Illness	7.1 ^a	8.4	6.8	8.3	7.3	8.5
No Mental Illness	86.9	85.9	87.8	86.5	86.4	85.6
MAJOR DEPRESSIVE EPISODE⁵						
	5.1	5.6	4.9	5.7	5.3	5.5
MENTAL HEALTH SERVICE USE⁶						
Inpatient	1.2	1.1	0.7	0.6	1.5	1.5
Outpatient	3.8	3.9	4.0	4.4	3.7	3.5
Prescription Medication	5.6	6.3	5.4	6.6	5.8	6.1

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column are for all males aged 18 to 22, including those with unknown enrollment status.

² Other Males include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

⁵ Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE were excluded.

⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.51A (REVISED) Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Females Aged 18 to 22, by College Enrollment Status: Numbers in Thousands, 2010 and 2011

Past Year Mental Health Measure	Total¹ (2010)	Total¹ (2011)	Full-Time Female College Students (2010)	Full-Time Female College Students (2011)	Other Females Aged 18-22² (2010)	Other Females Aged 18-22² (2011)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	898	926	367	381	531	546
Made Any Suicide Plans	286	273	111	105	175	168
Attempted Suicide	172	171	59	44	113	127
Got Medical Attention for Suicide Attempt	76	54	22	9	53	45
Stayed Overnight or Longer in a Hospital for Suicide Attempt	43	40	13	6	29	34
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	2,421	2,399	1,089	1,087	1,332	1,311
Serious Mental Illness	570	542	254	245	316	297
Moderate Mental Illness	658	647	295	278	363	368
Mild Mental Illness	1,193	1,210	540	563	653	646
No Mental Illness	8,225	8,590	3,571 ^a	4,030	4,648	4,559
MAJOR DEPRESSIVE EPISODE⁵						
	1,249	1,225	604	568	645	657
MENTAL HEALTH SERVICE USE⁶						
Inpatient	121	122	30	22	92	99
Outpatient	797	887	405	482	392	404
Prescription Medication	1,091	1,136	442	526	649	608

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column are for all females aged 18 to 22, including those with unknown enrollment status.

² Other Females include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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⁶ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.51B (REVISED) Suicide Behavior and Treatment, Level of Mental Illness, Major Depressive Episode, and Mental Health Service Use among Females Aged 18 to 22, by College Enrollment Status: Percentages, 2010 and 2011

Past Year Mental Health Measure	Total ¹ (2010)	Total ¹ (2011)	Full-Time Female College Students (2010)	Full-Time Female College Students (2011)	Other Females Aged 18-22 ² (2010)	Other Females Aged 18-22 ² (2011)
SUICIDE BEHAVIOR AND TREATMENT³						
Had Serious Thoughts of Suicide	8.5	8.5	7.9	7.5	8.9	9.3
Made Any Suicide Plans	2.7	2.5	2.4	2.1	2.9	2.9
Attempted Suicide	1.6	1.6	1.3	0.9	1.9	2.2
Got Medical Attention for Suicide Attempt	0.7	0.5	0.5 ^a	0.2	0.9	0.8
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.4	0.4	0.3	0.1	0.5	0.6
LEVEL OF MENTAL ILLNESS⁴						
Any Mental Illness	22.7	21.8	23.4	21.2	22.3	22.3
Serious Mental Illness	5.4	4.9	5.4	4.8	5.3	5.1
Moderate Mental Illness	6.2	5.9	6.3	5.4	6.1	6.3
Mild Mental Illness	11.2	11.0	11.6	11.0	10.9	11.0
No Mental Illness	77.3	78.2	76.6	78.8	77.7	77.7
MAJOR DEPRESSIVE EPISODE⁵						
	11.9	11.2	13.0	11.2	10.9	11.3
MENTAL HEALTH SERVICE USE⁶						
Inpatient	1.1	1.1	0.6	0.4	1.5	1.7
Outpatient	7.5	8.1	8.7	9.4	6.6	6.9
Prescription Medication	10.3	10.3	9.5	10.3	10.9	10.4

*Low precision; no estimate reported.

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^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column are for all females aged 18 to 22, including those with unknown enrollment status.

² Other Females include respondents aged 18 to 22 not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

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