

**Table 1.56A Substance Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Major Depressive Episode (MDE): Numbers in Thousands, 2009 and 2010**

Substance	Total <sup>1</sup> (2009)	Total <sup>1</sup> (2010)	MDE (2009)	MDE (2010)	No MDE (2009)	No MDE (2010)
<b>PAST YEAR USE</b>						
Illicit Drugs <sup>2</sup>	33,145	34,075	4,358	4,429	28,523	29,329
Marijuana and Hashish	25,182	25,806	3,106	3,169	21,915	22,445
Cocaine	4,557	4,261	669	597	3,797	3,623
Crack	988	853	209	205	755	631
Heroin	571	590	150	112	415	466
Hallucinogens	3,774	3,770	488	508	3,248	3,243
LSD	637	739	101	132	528	599
PCP	75	59	4	3	71	55
Ecstasy	2,383	2,179	286	297	2,062	1,868
Inhalants	1,134	1,149	179	159	947	984
Nonmedical Use of Psychotherapeutics <sup>3,4</sup>	14,120	14,219	2,323	2,361	11,644	11,702
Pain Relievers	10,789	10,691	1,880	1,848	8,822	8,711
OxyContin <sup>®</sup>	1,454	1,636	339	441	1,089	1,183
Tranquilizers	5,000	5,115	990	1,061	3,952	3,995
Stimulants <sup>4</sup>	2,727	2,563	543	459	2,140	2,073
Methamphetamine <sup>4</sup>	1,079	856	263 <sup>a</sup>	144	800	695
Sedatives	685	796	186	243	500	542
Illicit Drugs Other Than Marijuana <sup>2</sup>	18,165	17,822	2,744	2,817	15,217	14,829
<b>PAST MONTH USE</b>						
Daily Cigarette Use <sup>5</sup>	35,349	34,258	3,787	3,872	31,257	30,147
Heavy Alcohol Use <sup>6</sup>	16,612	16,522	1,362	1,266	15,139	15,194

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

<sup>a</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent persons aged 18 or older, including those with unknown past year MDE information.

<sup>2</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

<sup>4</sup> Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from new methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in NSDUH reports prior to the 2007 National Findings Report. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Daily Cigarette Use is defined as smoking on each of the past 30 days.

<sup>6</sup> Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple hours of each other) on each of 5 or more days in the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.

**Table 1.56B Substance Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Major Depressive Episode (MDE): Percentages, 2009 and 2010**

Substance	Total <sup>1</sup> (2009)	Total <sup>1</sup> (2010)	MDE (2009)	MDE (2010)	No MDE (2009)	No MDE (2010)
<b>PAST YEAR USE</b>						
Illicit Drugs <sup>2</sup>	14.6	14.9	29.5	28.6	13.5	13.8
Marijuana and Hashish	11.1	11.3	21.0	20.5	10.4	10.6
Cocaine	2.0	1.9	4.5	3.9	1.8	1.7
Crack	0.4	0.4	1.4	1.3	0.4	0.3
Heroin	0.3	0.3	1.0	0.7	0.2	0.2
Hallucinogens	1.7	1.6	3.3	3.3	1.5	1.5
LSD	0.3	0.3	0.7	0.9	0.3	0.3
PCP	0.0	0.0	0.0	0.0	0.0	0.0
Ecstasy	1.0	1.0	1.9	1.9	1.0	0.9
Inhalants	0.5	0.5	1.2	1.0	0.4	0.5
Nonmedical Use of Psychotherapeutics <sup>3,4</sup>	6.2	6.2	15.7	15.3	5.5	5.5
Pain Relievers	4.7	4.7	12.7	11.9	4.2	4.1
OxyContin <sup>®</sup>	0.6	0.7	2.3	2.8	0.5	0.6
Tranquilizers	2.2	2.2	6.7	6.9	1.9	1.9
Stimulants <sup>4</sup>	1.2	1.1	3.7	3.0	1.0	1.0
Methamphetamine <sup>4</sup>	0.5	0.4	1.8 <sup>a</sup>	0.9	0.4	0.3
Sedatives	0.3	0.3	1.3	1.6	0.2	0.3
Illicit Drugs Other Than Marijuana <sup>2</sup>	8.0	7.8	18.6	18.2	7.2	7.0
<b>PAST MONTH USE</b>						
Daily Cigarette Use <sup>5</sup>	15.6	14.9	25.6	25.0	14.8	14.2
Heavy Alcohol Use <sup>6</sup>	7.3	7.2	9.2	8.2	7.2	7.2

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

<sup>a</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2010 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent persons aged 18 or older, including those with unknown past year MDE information.

<sup>2</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

<sup>4</sup> Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from new methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in NSDUH reports prior to the 2007 National Findings Report. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>5</sup> Daily Cigarette Use is defined as smoking on each of the past 30 days.

<sup>6</sup> Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple hours of each other) on each of 5 or more days in the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality (formerly the Office of Applied Studies), National Survey on Drug Use and Health, 2009 and 2010.