130501

Table 1.35A Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2011 and 2012

| Location of Treatment/Counseling ¹ | Total (2011) | Total (2012) | Aged 18-25 (2011) | Aged 18-25 (2012) | Aged 26-49 (2011) | Aged 26-49 (2012) | Aged 50+ (2011) | Aged 50+ (2012) |
|---|-----------------|--------------|----------------------|----------------------|----------------------|----------------------|--------------------|--------------------|
| Outpatient Mental Health Clinic or Center | 3,645 | 3,634 | 511 | 465 | 1,782 | 1,823 | 1,352 | 1,347 |
| Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic | 8,559 | 8,514 | 1,246 | 1,368 | 4,585 | 4,382 | 2,729 | 2,764 |
| Doctor's Office - Not Part of a Clinic | 3,014 | 3,104 | 320 | 330 | 1,410 | 1,321 | 1,284 | 1,452 |
| Outpatient Medical Clinic | 1,161 | 1,012 | 119 | 136 | 478 | 408 | 564 | 469 |
| Partial Day Hospital or Day Treatment Program | 284 | 343 | 62 | 72 | 69 ^a | 183 | 153 | 88 |
| School or University Setting/Clinic/Center ² | 84 | 106 | 72 | 77 | 12 | 29 | * | * |
| Some Other Place ³ | 373 | 256 | 60 | 33 | 152 | 138 | 162 | 85 |

^{*}Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded.

130501

Table 1.35B Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2011 and 2012

| Location of Treatment/Counseling ¹ | Total (2011) | Total (2012) | Aged 18-25 (2011) | Aged 18-25 (2012) | Aged 26-49 (2011) | Aged 26-49 (2012) | Aged 50+ (2011) | Aged 50+ (2012) |
|---|--------------|--------------|----------------------|----------------------|----------------------|----------------------|--------------------|--------------------|
| Outpatient Mental Health Clinic or Center | 23.7 | 23.5 | 24.3 | 20.9 | 23.3 | 24.6 | 24.0 | 23.2 |
| Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic | 55.7 | 55.1 | 59.1 | 61.4 | 60.0 | 59.2 | 48.5 | 47.5 |
| Doctor's Office - Not Part of a Clinic | 19.6 | 20.1 | 15.2 | 14.8 | 18.5 | 17.9 | 22.8 | 25.0 |
| Outpatient Medical Clinic | 7.6 | 6.6 | 5.6 | 6.1 | 6.3 | 5.5 | 10.0 | 8.1 |
| Partial Day Hospital or Day Treatment Program | 1.9 | 2.2 | 2.9 | 3.3 | 0.9^{a} | 2.5 | 2.7 | 1.5 |
| School or University Setting/Clinic/Center ² | 0.6 | 0.7 | 3.4 | 3.5 | 0.2 | 0.4 | * | * |
| Some Other Place ³ | 2.4 | 1.7 | 2.9 | 1.5 | 2.0 | 1.9 | 2.9 | 1.5 |

^{*}Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Treatment/Counseling were excluded. Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.