## **IDAHO**

Table 35 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in *Idaho*, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2009-2010 NSDUHs

Past Year Marijuana Use Past Month Marijuana Use Past Month Use of Illicit Drugs Other Than Marijuana Past Year Cocaine Use Past Year Nonmedical Pain Reliever Use Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates  ALCOHOL Past Month Alcohol Use Past Month Binge Alcohol Use³ Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS	119 153 91 49 13 76 412 14	13 18 10 6 1 10 43 7	35 51 28 15 6 23 36 7	70 83 52 28 6 43 334	106 134 80 42 12 66 369
Past Year Marijuana Use Past Month Marijuana Use Past Month Use of Illicit Drugs Other Than Marijuana Past Year Cocaine Use Past Year Nonmedical Pain Reliever Use Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates <sup>2</sup> ALCOHOL Past Month Alcohol Use Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS	153 91 49 13 76 412 14	18 10 6 1 10 43 7	51 28 15 6 23 36	83 52 28 6 43	134 80 42 12 66
Past Year Marijuana Use Past Month Marijuana Use Past Month Use of Illicit Drugs Other Than Marijuana Past Year Cocaine Use Past Year Nonmedical Pain Reliever Use Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates  ALCOHOL Past Month Alcohol Use Past Month Binge Alcohol Use Past Month Binge Alcohol Use Preception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS	91 49 13 76 412 14	10 6 1 10 43 7	28 15 6 23 36	52 28 6 43	80 42 12 66
Past Month Marijuana Use Past Month Use of Illicit Drugs Other Than Marijuana Past Year Cocaine Use Past Year Nonmedical Pain Reliever Use Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates  ALCOHOL Past Month Alcohol Use Past Month Binge Alcohol Use Past Month Binge Alcohol Use Preception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS	49 13 76 412 14	6 1 10 43 7	15 6 23 36	28 6 43	42 12 66
Past Year Cocaine Use Past Year Nonmedical Pain Reliever Use Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates <sup>2</sup> ALCOHOL  Past Month Alcohol Use Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS	13 76 412 14 590	1 10 43 7	6 23 36	6 43	12 66
Past Year Nonmedical Pain Reliever Use Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates <sup>2</sup> ALCOHOL  Past Month Alcohol Use Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS	76 412 14 590	10 43 7	23 36	43	66
Perception of Great Risk of Smoking Marijuana Once a Month Average Annual Number of Marijuana Initiates <sup>2</sup> ALCOHOL  Past Month Alcohol Use Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20)  TOBACCO PRODUCTS	412 14 590	43 7	36		
Average Annual Number of Marijuana Initiates <sup>2</sup> ALCOHOL  Past Month Alcohol Use Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20)  TOBACCO PRODUCTS	14 590	7		334 1	369
ALCOHOL  Past Month Alcohol Use  Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More  Drinks Once or Twice a Week  Past Month Alcohol Use (Persons Aged 12 to 20)  Past Month Binge Alcohol Use (Persons Aged 12 to 20)  TOBACCO PRODUCTS	590	,	7	1	
Past Month Alcohol Use Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS					8
Past Month Binge Alcohol Use <sup>3</sup> Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) TOBACCO PRODUCTS					
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup> TOBACCO PRODUCTS	272	17	94	479	573
Drinks Once or Twice a Week Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20)  TOBACCO PRODUCTS		11	64	198	261
Past Month Alcohol Use (Persons Aged 12 to 20) Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup> <b>TOBACCO PRODUCTS</b>					
Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup> <b>TOBACCO PRODUCTS</b>	480	49	53	379	432
TOBACCO PRODUCTS	52 <sup>4</sup>				
	34 <sup>4</sup>				
	345	16	71	258	329
	294	12	62	220	283
Perception of Great Risk of Smoking One or More					
	817	85	103	629	732
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT <sup>6</sup>					
Illicit Drug Dependence <sup>1</sup>	27	4	10	14	23
Illicit Drug Dependence or Abuse <sup>1</sup>	39	6	14	19	33
Alcohol Dependence	43	3	12	28	41
Alcohol Dependence or Abuse	94	7	28	58	87
	120	11	37	73	110
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	35	6	13	16	30
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	87	6	27	53	81
PAST YEAR MENTAL HEALTH					
Had at Least One Major Depressive Episode <sup>8</sup>		12	17	67	85
Serious Mental Illness <sup>9</sup>			8	48	57
Any Mental Illness <sup>10</sup>			37	212	249
Had Serious Thoughts of Suicide			13	41	54

<sup>--</sup> Not available

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimates for any mental illness (AMI) and serious mental illness (SMI) presented in this table may differ from previously published AMI and SMI estimates because of revised estimation procedures. For details, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at http://samhsa.gov/data/default.aspx.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009 and 2010 (Revised March 2012; SMI and AMI Estimates Revised October 2013).

<sup>&</sup>lt;sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>&</sup>lt;sup>2</sup> Average annual number of marijuana initiates =  $X_1 \div 2$ , where  $X_1$  is the number of marijuana initiates in the past 24 months.

<sup>&</sup>lt;sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>&</sup>lt;sup>4</sup> Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.

<sup>&</sup>lt;sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

<sup>&</sup>lt;sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to produce an estimate for those aged 12 or older. For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2009-2010 NSDUHs*.

<sup>&</sup>lt;sup>9</sup> Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment.

<sup>&</sup>lt;sup>10</sup> Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

## **IDAHO**

Table 36 Selected Drug Use, Perceptions of Great Risk, Average Annual Rates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in *Idaho*, by Age Group: Percentages, Annual Averages Based on 2009-2010 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use <sup>1</sup>	9.56	10.06	20.56	7.48	9.50
Past Year Marijuana Use	12.30	13.96	29.75	8.89	12.10
Past Month Marijuana Use	7.29	7.63	16.49	5.56	7.24
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	3.91	4.61	8.49	2.98	3.83
Past Year Cocaine Use	1.07	1.03	3.55	0.63	1.08
Past Year Nonmedical Pain Reliever Use	6.09	7.52	13.20	4.59	5.92
Perception of Great Risk of Smoking Marijuana Once a Month	33.15	32.33	20.91	35.50	33.25
Average Annual Rate of First Use of Marijuana <sup>2</sup>	1.97	5.71	7.52	0.16	1.24
ALCOHOL					
Past Month Alcohol Use	47.46	13.15	54.67	50.98	51.55
Past Month Binge Alcohol Use <sup>3</sup>	21.89	8.08	37.30	21.03	23.54
Perception of Great Risk of Drinking Five or More					
Drinks Once or Twice a Week	38.65	37.07	30.82	40.31	38.84
Past Month Alcohol Use (Persons Aged 12 to 20)	$25.79^4$				
Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup>	$16.85^4$				
TOBACCO PRODUCTS					
Past Month Tobacco Product Use <sup>5</sup>	27.73	11.85	41.70	27.43	29.63
Past Month Cigarette Use	23.67	8.85	36.38	23.45	25.44
Perception of Great Risk of Smoking One or More					
Packs of Cigarettes per Day	65.77	64.43	60.34	66.95	65.93
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT <sup>6</sup>					
Illicit Drug Dependence <sup>1</sup>	2.18	2.80	5.80	1.44	2.11
Illicit Drug Dependence or Abuse <sup>1</sup>	3.14	4.56	8.30	2.00	2.98
Alcohol Dependence	3.48	1.93	7.21	3.02	3.66
Alcohol Dependence or Abuse	7.53	5.23	16.51	6.21	7.80
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	9.66	8.02	21.40	7.75	9.86
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	2.85	4.39	7.70	1.75	2.67
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	7.02	4.79	16.04	5.69	7.28
PAST YEAR MENTAL HEALTH					
Had at Least One Major Depressive Episode <sup>8</sup>		8.99	10.10	7.16	7.61
Serious Mental Illness <sup>9</sup>			4.87	5.15	5.10
Any Mental Illness <sup>10</sup>			21.47	22.61	22.43
Had Serious Thoughts of Suicide			7.71	4.35	4.87

<sup>--</sup> Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimates for any mental illness (AMI) and serious mental illness (SMI) presented in this table may differ from previously published AMI and SMI estimates because of revised estimation procedures. For details, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at http://samhsa.gov/data/default.aspx.

<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).

<sup>9</sup> Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009 and 2010 (Revised March 2012; SMI and AMI Estimates Revised October 2013).

<sup>&</sup>lt;sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

Appendix B of the Results from the 2005 National activity on B and Section Technology (2) Average annual marijuana initiation rate =  $100 * \{[X_1 + (0.5 * X_1 + X_2)] \div 2\}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of persons who never used marijuana. Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.

<sup>&</sup>lt;sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>&</sup>lt;sup>4</sup> Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.

<sup>&</sup>lt;sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>&</sup>lt;sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to produce an estimate for those aged 12 or older. For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2009-2010 NSDUHs*.

<sup>&</sup>lt;sup>10</sup> Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).